

UPA SABAT SIKUL ZIRLAI

Pathian ih duhdawtnak le diknak

John C. Peckham

**January, February, March
2025**

Sabbath School Lesson
ဖလမ်းချင်းဘာသာ

ပုံနှိပ်သူ
ဦးဖုန်းနိုင် (၀၀၃၅၄)
မန်နေဂျာ
ကင်းစောင့်ပုံနှိပ်တိုက်
၂၀၆ ရွှေသစ္စာလမ်း၊ ရန်ကင်းမြို့နယ်
ရန်ကုန်မြို့

ထုတ်ဝေသူ
ဦးဖိုးဖိုးလှ (၀၁၉၈၇)
ဥက္ကဋ္ဌ
မြန်မာပြည်သတ္တမနေ့ဥပုသ်အသင်းတော်
၆၈ ဦးဝိစာရလမ်း၊
ရန်ကုန်မြို့

အုပ်ချုပ် - ၃၅၀

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Pathian ih duhdawtnak le diknak

Pathian cu duhdawtnak a si. Curuangah 1 Johan 4:8 le 16 khalah a rak sim. Bible pumhlum cun himi thudik hi a theihpi thluh. Khristian zumnak cu duhdawtnak ih Pathian ziaza hmunpi bik a si. Duhdawtnak hi Pathian zo a si timi laimu, ziangkim kan zumnak ih laimu le kan ziangkim kan tuahnak ding a laimu bik sihramseh. Cuvek ciah in duhdawtnak kan theihthiamdan cun Kan tuahtuan mi le kan zumnak pumpi hi a run kaipeh thluh a si. Tahthimnak ah mi pakhat in Pathian duhdawtnak cu hlawhsuah lole lak suak a tul tiih a zum ahcun mi pakhat cun an sualnak nei le tling lonak nei an si ruangah annih cu Pathian in a duhdawt lo vekin a ruat men thei. Cule midang thawn pehtlahi awknak ahcun, mi pakhat cun vansiatnak ruangah duhdawtnak an co fangtin a beisei ding.

Hivek in le lamzin tampi khal in Pathian duhdawtnak cu kan zumnak le tuahnak hrangih um dingmi a si timi kan thei thiam. Cumi cingin, ziangsi duhdawtnak cu? Mi pahra pawl hnenah duhdawtnak simfiang dingih na ngen asile thuletnak pahra na dong ding. Khristian lak hmanah Pathian thudawtnak thu ah theihsuallak le thuanthu phuahcop men tamzet a um.

Thimnak ah hivek thusuhnak pawl hi Khristian pawl cun lamzin dangdang in an let ding: Pathian in peknak lawng hi a duh ih, ngah lam hi a duhdah lo maw si? Pathian duhdawtnak cu thianghlim zetih pumpek awknak ngaingai a si maw? Asilole Pathian hi minung in a lungawiter thei maw, lole a hnangam ter thei maw? Pathian duhdawtnak cu thinlung lam a si maw? Pathian in minung hi a ngaihsak ngaingai maw? Pathian duhdawtnak cu hnong theih asilole kuan cop theih a si maw? Pathian cu sersiam mi pawl

thawn duhdawtnak ah laicinawknak nei in a a hmailam le a dung lam in a khawr maw? Thinhengnak hi duhdawtnak thawn an kai aw thei lo maw si? Ziangtin saw duhdawtnak le diknak hi an feh tlang thei? Pathian cu duhdawtnak a si ahcun hi leitlun ah ziangah sualnak tamzet a um? Pathian ih a duhdawt vekin minung in Pathian a duhdawt thei maw? Duhdawt thei bangta sehla, ziangvek in saw a si ding?

Himi thusuhnak pawl mihrek khatih an letnak cu a dik zet vekin a lang men thei, asinan Pathian duhdawtnak lam ah khristian ah thu elawknak a um phahphah ding. Cule thuletnak tam zet cu theihtheih olsam zet an si, cumi khal cu Bible in Pathian duhdawtnak a rel mi thawn an milaw thei cuang lo.

Himi thusuhnak pawl cu tumkhat ah kan let thluh lo ding. Asinan himi pawl cu kan zoh leh dingih tui kuata ih thusuhnak pawl thawn kan zoh vivo ding. Cule Pathian duhdawtnak cu kan ruatnak hnaki a rak tumsawn zia khal kan hmu ding. Bible sungih Pathian duhdawtnak a lang mi cu kan leitlun ih “duhdawtnak” timi ruahmi ai hnakin a thuk in a sang deuh. A ra lai dingmi zarh ahcun Bible sungih a langmi a thupi zetmi Pathian duhdawtnak hrekkhat pawl fiang zetin kan zoh ding.

Cule, cutin kan peh vivo tikah Pathian duhdawtnak le diknak an rak pehzom awkdan pawl kan hmu ding. Bible ih Pathian cun diknak hi a duh zet(thimnak ah Isaiah 61:8). Cule Bible ih a phuanglang vek in Pathian duhdawtnak le diknak cu pakhat sangsang tel lo ih um thei lo vekin an um tlang ringring. Ziangatile Pathian cu duhdawtnak a si. Anih cun leitlun ih tuarnak le reldiknak thuhla hi a ngaihven zet, cule Amahten dekcok mi le natnak tuar mi, hivek tuarnak sung rori ih a lut duhtu, sersiamnak ih sualnak rah riahsiatnak tong duhtu vekin

a rel aw – Amah rori in nasa zet in tuarnak a nei, curuangah Pathian Amah rori cu sualnak ih hremsiatnak nasa bik ah a cang.

Bible pumhlum ahhin Pathian cu sualnak le tuarnak ruangah natnak le riahsiatnak a tong rero. Ziangatile Anih cun kan ruatnak ai hnakin bulpak tin in duhdawt a si. Mi pakhat cun Khrih in a mipi pawl a tahnak ahhin Pathian duhdawtnak thuk zet an hmu thei ding. Hitin a tah, “O Jerusalem, Jerusalem nang cu profet pawl a thattu le na hnenih run thlah mi pawl lungto ih a rak dengtu, arpi in a fale pawl a thla hnuaiih a finkhawm bangin, na fale pawl hi voi ziangzat saw finkhawm ka tum ih, nan rak duh lo!” (Matt. 23:37).

Duhdawtnak a si mi Bible ih Pathian cu Bible pumhlum ahhin thinlung kekkuai mi, duhdawtnak hlohnak le duhdawtnak hnong a sinak ihsin thinlung kekkuai le riahsiat thei a si zia a rellang theu. Cathianglim ih thuhla zaten Pathian ih thil a rak tuahzo mi le leitlun kil tin ih duhdawtnak tuahthar salnak ding thuhla pawl an si thluh. Himi pawl le hi ai hnaki tamzet pawl cu himi kuata zirlai ih thulu pawl an si.

John C. Peckman hi Adventist Review ih associate editor a si. Cumi lai ah himi hi a ngan, anih cu Andrew University ih Seventh-day Adventist Theological Seminary ih Theology le Christian Philosophy ih Professor a rak si dah zo.

ZIRLAI 1

December 28-January 3

PATHIAN CUN A LAKIN IN DUHDAWT**SABBATH SIIMLAM**

Tuizarh zirlai hrang siar ding: Suah. 33:15-22; Hosea 14:1-4; Thup. 4:11; Johan 17:24; Matt. 22:1-14; Johan 10:17, 18.

Bible cangken: “**An dungtolhna cu ka remtha ding, a lakin ka duhdawt hai ding: zianghatile an hnen ihsin ka thinhengnak cu a reh zo a si**” (Hosea 14:4, NKJV).

Jesuh ih a simcia vek ciah in Piter in voithum rori phatsan khal sehla (Matt 26:34), himi phatsannak cu thuanthu cemnetnak a si lo. Thihnak ihsin a thawhsal hnuah Jesuh cun Piter hnenah, “Hipawl hnakin I duhdawt sawn maw?” tiah a ti. Cule Piter cun, “A si, Bawipa, ka lo duhdawt ti na thei.” tiah a ti. Cule Jesuh cun, “Ka Tuu pawl kilkhawi aw” tiah a ti.

Cule Jesuh in Piter hnenah, “I duhdawt maw?” tiah a sut sal. Piter cun, “Si e, Bawipa; ka lo duhdawt ti na thei.” tiah a ti. Cule Jesuh in, “Ka Tuu pawl cawm aw.” tiah a ti. Cule a voithumnak Jesuh in Piter hnenah, “I duhdawt maw?” tiah a sut lala. Cule voithum rori, “I duhdawt maw?” tiah a sut hlam ruangah Piter cu a riah sia zet. Cule Piter cun, “Bawipa, nang in ziangkim na thei; ka lo duhdawt ti khal na thei” tiah a ti. Cule Jesuh cun, “Ka Tuu pawl kilkhawi aw” tiah a ti (Johan 21:15-17, NASB 1995). Piter in voithum rori Jesuh a phatsan vek ciah in, Jesuh cun, “I duhdawt maw?” timi a thupi zetmi thusuhnak hmangin Piter cu a remtha sal a si.

Kan dinhmun hi Piter ih dinhmun thawn ziangvek in danglam khal sehla, lamzin tamzet ahcun an bangaw. Jesuh in Piter hnen ih a thusuhmi cu Pathian in kan umnak hmun kip ih bulpak thusuhnak a neih mi netabik a si : I duhdawt maw?

Himi thusuhnak kan letnak ah ziangkim a thumaw thluh

NIKHAT NI

December 29

Ruahsannak lenglam

Pathian cun, “I duhdawt maw?” timi lawng in sut men lo ih, Amah Pathian rori in mikip in duhdawt thluh ih, a lak rori in in duhdawt a si. A ngaingai te cun nang le kei le bulpak tin ih kan ruahnak ai hnaki thuk sawn in in duhdawt a si. Cule himi duhdawtnak hi A mipawl ih thuanthu sungih a cangvaihdan ihsin kan thei a si.

Suah 33:15-22 **siar awla, himi bungcang ih a ummi thu pawl ruat in, an tikcu caan ih an langdan pawl ruat aw. Himi bungcang ahhin, a hleice in cang 19 ahhin Pathian ih duhdan le duhdawtnak thuhla ziangtin saw a langter?**

Ziangkim cu a hlo thluh vekin a lang. Izipt ram ih sal an tannak ihsin mangbangza in Pathian in a miphun pawl a runsuah hnu reilote ah Israel pawl cun Pathian an dokalh ih, sui ih tuahmi caw note lem an bia. Tlang par ihsin Moses a run tum tikah, an thil tuahmi cu a va hmu, cule Thukham pahra a ummi lungphek cu a vun deng ih, a kuai theh. Mipi pawl cun Pathian in a lakin thukam covo le thlawsuahnak a pek mi ziangvek khal hloh thluh hai khal sehla, thukam thlawsuahnak dong dingin an tlin lonak

pawl cu hnong sakin, ziangti lam khal in Pathian cun anmah thawn thukam laicin awknak nei dingin a hril thotho.

Suahlannak 33:19 ih tongkam, “Ka zangfah dingmi cu ka zangfah ding, lainatnak ka hmuh ter dingmi cu lainatnak ka hmuh ter ding’ (NKJV) timi thu hi Pathian in zangfah dingmi le lainat dingmi hrilcia mi a rak nei zo, midang pawl in an dong ve thei lo ding tiin an theisual pang theu. Ziangkhal sehla, a thu ahkhin Pathian in duhthu sam mi hrekkhat pawl zangfahnak le lainatnak a nei ding ih, asinan midang parah a nei lo ding timi a sawhkhiih lo. Cuvek cu Pathian hnatuandan khal a si lo, Pathian in hloral dingmi le kumkhua in thiamlo coter dingmi hrilcia mi a nei timi ruahnak hrekkhat pawl thawn an kalh aw zet.

Cuti asile, hitawk ih Pathian thuphuang mi hi ziangsaw a si? Pathian cu ziangkim sersiamtu a si vekin Anih cun zianghman phu ve lo mipi pawl par hmanah zangfahnak le lainatnak pe dingin diknak le thuneihnak a neih thu a phuangnak a si. Cule Anih cun hivek dinhmun ah cutin a run tuah, sui caw note lem bia ih, Pathian an dokalh hnu hmanah A mipi Israel pawl ih an phu ban lo mi zangfahnak cu a pe thotho a si.

Himi cu ruahsannak lenglam ih Pathian duhdawtnak le a cangvaihnak a langnak tampi lakih pakhat a si. kan zate hrangah thuthangtha a si mai lo sawm?

Ruahsannak lenglam ih Pathian in na parih a duhdawtnak a langterdan lamzin pawl cu ziangsaw an si?

NIHNIH NI

December 30

Rulh cawklo Duhdawtnak

Pathian in a thusia zo mi minung a duhdawtdan danglam zet cu Hosea thuanthu ah kan hmu thei. Pathian

cun profet Hosea hnenah, “Feh awla, hlawhhlwang pawl le hlawhhlwang pawl faate pawl lak ihsin nupi va thi aw. Ziangatile hi ram hin Bawipa tlansan in hurkhuannak maksak a tuah zo a si’ “ tiah thu a pek (Hosea 1:2). Hosea le rinum lo a nupi cu Israel ih rinumlonak le thlarau lam hlawhhlwang si cingin Pathian in a minung pawl a duhdawt zia zirlai ih an um a tul. Cumi cu Pathian duhdawtnak co dingih a phulo tu pawl hnenih Pathian in duhdawtnak a pekmi thuanthu a si.

A ngaingai cun, Pathian rinumnak le duhdawtnak um cing khal in mipi pawl cun Amah an doklah ih, voi tamzet cuvek in an umsan men theu. Curuangah Cathianghlim cun Pathian cu rinumlo nupa ih an ruhlet thei lo ding khawp ih duhdawttu a si tiah a phuang theu. Anih cun a mi pawl cu rinum zet le famkim zet in a duhdawt zo, asinan annih cun an hmuhsuam ih, pathian dang an biaksan ih, an rian, riahsia zet in an tuah ih, pehtlahi awknak pawl khal an bal thluh, cui thil cu tuahthat sak theih nawn lo ding vek tla in a lang.

Siar ding: Hosea 14:1-4. Himi bungcang pawl in Pathian in a minung pawl a duhdawtnak hnget zet ziangsaw a langter?

A mipi pawl in an dokalh rero hnuah Pathian cun hitin a phuang, “An dungtolhnak cu ka remtha ding, a lakin ka duhdawt hai ding’ “ (NKJV). Hitawk ih “a lakin” timi catlang tluan, ‘A lakin ka duhdawt hai ding’ timi hi Hebru tongfang (nedabah) ihsin letmi a si ih, cumi cu duhhril dingih pek mi a relnak a si. Cumi cu puanthlem thilhlan ih mai palung suak thilpek relnak khali hmanmi kha a si.

Hosea cabu, le ca thianghlim hmuahhmuah ahhin Pathian cun a mipi pawl hnenih a lainatnak ih a

pekawknak mangbangza pawl a hmuh a si. An duhdawtmi hnenah an feh leuhleuh ih, thukam laicin awknak an pahbal ih, tuahtthat sal theih nawn lo ding vekih a lang theimi nun tiang an hmang nan, Pathian in amai duhnak te thawn a lakin an parah duhdawtnak a langter a si. Mipi pawl cun Pathian duhdawtnak hi an phu lamlam lo; annih cun an co dingin cu an hnong ih, an hloh zo. Cumi cingin Pathian cun zianghman tihrimnak hmang riailoin a duhdawt peh vivo thotho. Hitawk ah le Cathianghlim hmundang khalah Pathian duhdawtnak cu a lakin le duhhrilnak thawn a langter vivo a si.

Mi tampi cun Pathian cu laireltu le thuthentu tha lo zet veki an ruat theu. Ziangtin saw koppi rinum lo duhdawttu veki Pathian hmuhsuam le riahsiatnak langternak cun Pathian cu danglam deuh ih na hmuh theinak dingin a lo bawm thei ding? Ziangtin saw Pathian thawn nan pehtlah awknak na hmuhdan a thleng danglam thei ding?

NITHUM NI

December 31

Duhdawtnak a lakih pek a si

Israel pawl in Pathian dokalh rero cingin Pathian in a lakin Israel pawl a duhdawt thotho. Cuvek ciah in kannih khal misual kan si cingin Pathian in in duhdawt vivo hrih lai. Pathian duhdawtnak hi kan phu lo zet. Kan hlawhsuak thei dah zik lo. Pathian khalin in tul fawn lo. Bible ih Pathian cuN zianghman hi a tulsam ve dah lo (Tirh 17:25). Nang le kei, le midang pawl hmuahhmuah a duhdawtnak hi amai duhhril ruang ah a si sawn.

Siar ding: Thup 4:11 le Saam 33:6 **hi tahthim aw. himi bungcang in Pathian duhnak le sersiamnak thuhla ziangsaw a rel?**

Hi leitlun hi Pathian in a duhdan in a sersiam. Himi ruangah Pathian cu sunlawinak, upatnak le huham cotlak a si. Leitlun dang sersiam a mamawh nawn lo. Leitlun hramtoh a din hlan ihsin, Pathian cu Pathian sinak ahhin duhdawtnak ih laicin awknak nuam zet a rak nei zo.

Siar ding: Johan 17:24. **Leitlun um hlan ih Pathian duhdawtnak thuhla ziangsaw himi in a rel?**

Pathian cun a duhdawt dingmi thilnung tivek hi a mahmawh hran cuang lo. Asinan Amah kha duhdawtnak ih khat a si ruangah Pathian in leitlun sersiam dingin a hril ih, thilnung pawl thawn duhdawtnak ih laicin awknak nei dingin a rung lut.

Pathian in a duhdawtnak pe suak dingin hi leitlun hi a lakin a sersiam lawng hman si loin, Pathian in minung pawl khal Eden hmuah ih an tluksiat hnu le bulpak ih sualnak kan neih hnu khalah a lakin in duhdawt peh vivo lai.

Eden ih tluksiatnak a um hnuah Adam le Eve cu Pathian duhdawtnak dong in, nung peh vivo dingin diknak zianghman an nei lo. Asinan Pathian, “A huham ih kamsuak thu hmangin” (Heb 1:3) ziangkim kai hngget tu cun A duhdawtnak, zangfahnak le ngilneihnak nasa zet sungah an nun a cawm ih, duhdawtnak sungah amah thawn pehawknak nei theisal dingin minung pawl thawn rualremnak lamzin a tuah a si. Cuvek ciah in, cui rualremnak cun kanmah pawl khal in telh thluh a si.

Hi leitlun sual ih tlu le sualnak nei hi Pathian in a duhdawt peh vivo lai ih, cumi in Pathian duhdawtnak le ziaza ziangsaw in sim? Ziangin saw himi thudik in Amah duhdawt kirsal thei dingih in tuah thei ding?

NILI NI**January 1****Mi tampi sawm an si, mi malte hril an si.**

Pathian in amai palung duhhrilnak in a mipi pawl a duhdawt lawng siloin Amah duhdawt let dingin a sawm hai a si. Pathian cun Khrih ih mo lomnak tahthimnak ahkhan Pathian duhdawtnak an hnong ding maw, asilole an rak pawm ding timi zalen zetiN duhril theinak a pe timi a langter.

Siar ding: Matthew 22:1-14. **Himi tahthimnak ih sullam ziangsaw a si?**

Neihawknak ruai kil ding thuhla ih Khrih ih a tahthim mi ahkhan siangpahrang pakhat cu a fapa ih nupi neihnak ding a timlam ih, a siahhlawh pawl cu ‘Mopuai ih sawmmi pawl va ko ding in’ a thlah hai. Asinan “ ‘Annih cu an ra duh lo’ “ (Matt 22:2,3). Voikhat lawng hman siloin siangpahrang cun cumi pawl ko dingin a siahhlawh pawl a thlah, asinan siangpahrang ih kawhnak cu an rak hnong, thil tha lo sinsin a suak, a siahhlawh pawl an dekcok ih, an that (Matt 22:4-6).

Cumi a siahhlawh pawl rak thattu pawl thawn an dawrawk hnuah siangpahrang cun a suahhlawh pawl hnenah, “Mo lomnak cu timlam thluh a si zo. Asinan sawmmi pawl cu ra zawh tlak an si lo. Curuangah lamzin pi ah va feh uhla, mo lomnak ah naN hmuh zatzat rak sawm uh” a ti (Matt 22:8,9). Mo puan sin loin mi pakhat a um ruangih dawi suah a si hnuah mo lomnak ih tel dingin mo puan sin ding mi siangpahrang hnen ihsin don hi a thupi zia a lang thluh hnu cun Jesuh cun mawi zetin tahthimnak thuanthu a khar ih, sullam nei zetin himi thu a rel, “ Mi tampi sawm an si, asinan mi malte lawng hril an si” tiah ti (Matt 22:14)

Himi sullam hi ziangsaw a si? A netnak ih “hrilmi” pawl cu neihawknak ih Bawipa ih a sawmnak rak cohlangtu pawl an si. Tahthimnak ih “Kawh” le “Sawm” timi tongfang hi Grik tong Kaleo (ko, sawm) timi a si ih, Cumi cun a netnak ah zosaw “hril” (elektos) ih a um ding timi cu mi pakhat in zalen zetin sawmnak cu a cohlang maw ti hi a si.

A ngaingai ahcun Pathian cun mo puai ih tel dingin mi hmuahhmuah a ko. Ziangkhal sehla, kan lakih zo khal in Pathian duhdawtnak kan hnongsan thei. Duhdawtnak ahcun duhhrilnak hi a thupi tuk. Pathian cun zo ih tlun hman ah a duhdawtnak cu hranhram in a ret dah lo. Riahsiatthlak zetin Pathian thawn duhdawtnak ih pehtlaih awk ding cu kan rak hnong thei a si.

“Hril mi” pawl cu sawmnak a cohlang tu pawl an si. Pathian duhdawttu pawl hrangah Pathian cun kan ruatban lo tiangin mangbangza thil a timlam a si. Himi pawl hmuahhmuah cu duhdawtnak le duhdawtnak sungih zalennak a ummi thusuhnak lam ah a feh sal thluh a si.

Mo puai sawmnak cohlang in, mo puansin in na ra timi na nun ah ziangtin a lang thei ding?

NINGA NI**January 2****Kan hrangah khenbet a si**

Pathian cun mi hmuahhmuah cu amah thawn duhdawtnak ih pehtlai aw thluh dingin a sawm. Asinan sawmnak cu zalen zetih rak cohlang tu pawl lawngin kumkhaw nunnomnak an nei ding. Mo puai tahthimnak ih kan hmuh vekin siangpahrang ih a sawm mi tam zet cu “ ‘ An ra duh lo’ “ a si kha (Matt. 22:3, NKJV).

Cuvek in Khrih cu thinglamtah ih khenbet a si hlan te ah a tap ih, “Maw Jerusalem, Jerusalem, nang profet pawl a thattu le na hnenih run thlahmi pawl lungto ih a

rak dengtu, arpi in a fale pawl a thla hnuaiih a finkhawm bangin, na fale pawl hi voi ziangzat saw finkhawm ka tum ih nan rak duh lo! ’ “ (Matt. 23:37, NKJV). Khrih cun hmunkhat ih an um ding a duh zet. Asinan annih cun an duh lo. Grik tong ih “duh” (thelo) timi hman tamzet mi cu Khrih in rundam a duhnak le rundam ding si an rak duh lonak tivek ih hman a si(Himi cu Matt 22:3 tlun lam khalah hman a si).

Cucing in, hi minung pawl le kan hrangah Khrih cun thinglamtah a pan. Mangbangza duhdawtnak rori a si! Minung sualnak cun thih a phu, Pathian amah rori in a man a pe ih, van le leitlun karlak pehzom awknak a sia zo mi cu lamzin a tuahtsa sal. Cuvek tuah dingih Amah in zalen zetih a pumpek awknak lenglam ah zianghman tuah ding nei lo khal sehla, kan parih in duhdawtnak cu a um ter ringring lai.

Siar ding: Johan 10:17, 18 le Galati 2:20 **zohthim aw. Himi bungcang sungah hinah kan hrang thuchah zingsaw um?**

Pathian ih duhdawtnak a langter netabik – Thinglamah ahhin, Khrih cun Amah duhhrilnak in kan hrangah a pumpe aw timi kan hmu. Khrih cun a nunnak cu, “Amah duhhrilnak” hmangin a hlan a si. Zohman in Amah hnen ihsin a nunnak an la thei lo; leitlun semsuaah a si hlan van ih rundam khawkhannak ih lungkimnak a um vekin Anih cun a lak in a pe suak a si.

“In tlennak ding hrangih khawkhannak hi Adam a tluksiat hnu ih ruat cop mi men a si lo. Cumi cu ‘thu thup, kumkhua ih thuhmi’ phuansuaknak sawn a si (Rom 16:25). Cumi cu kumkhua ih Pathian tohkham lungphum a rak si mi thupi pawl tarlangnak a si. A hramthok ihsin Pathian le Khrih cun Satan ih fehsualnak, fehsualnak dinpi tu bumnak huham ruangih minung tluknak rung um ding

pawl an rak thei thluh. Sual hi rung um ding in Pathian ih a remruat cia mi a si lo ih, asinan a rung um ding timi cu an hmu cia thluh. A rung um tikah manhlap thil tuahtan pawl khal a timlam thluh. Curuangah Pathian in leitlun a duhdawt zet ruangah a fapa neihsun pe dingin a tiam, “Amah a zumtu pawl cu hloral lo in kumkhaw nunnak an neih theinak dingah” a si.’ John 3:16.”—Ellen G. White, *The Desire of Ages*, p. 22.

NIRUK NI

January 3

Ruat bet ding: siar ding Ellen G. White, “ ‘Mo neitu hmu dingin,’ “ pp. 405–421 in Christ’s Object Lessons.

“Pathian theih lonak thim sah zet cun leitlun hi a khuh thluh. Minung pawl cun A mizia theihnak pawl khal an nei nawn lo. Theih sualnak le simfiangnak diklo hliir a si. Himi tikcu caan ahhin Pathian hnen ihsin thuchah cu phuung ding a si, cumi thuchah a umnak hmun ih tleunak le thiltitheinak ih rundamnak cu a si. A ziaza cu theiher in a um ding. Leitlun thim zet sungah A sunglawinak, A thatnak, zangfahnak le thudik eng cu tleu ter ding a si.

Himi cu Profet Isaiah ih tongkam a si, “Maw Jerusalem, thazang thawn na aw suah aw; suah aw, tih aw hlah; Judah khua pawl hnenah, Nan Pathian zoh uh! Zohhnik uh, Bawipa Pathian cu kut cak thawn a ra ding ih, a baan in a aiah a uk ding: ngaihnik, a lawmman cu a hnenah a um ih, a hnatuan khal a hmaiah a um a si.’ Isa. 40:9, 10.

“Mo neitu a rat ding rak hngaktu pawl cun mipi pawl hnenah, “Nan Pathian hi zoh hnik uh,’ tiah an ti ding. Zangfahnak tleu netabik, leitlun ih pek mi zangfahnak thuchah netabik cu duhdawtnak ih a ziaza tarlangnak a si. Pathian fale pawl cu A sunglawinak langter tu ding an si. Anmah bulpak nun le ziaza ahhin an hrang Pathian zangfahnak ih tuahsak mi hi an langter ding a si.

“Dingfelnak ni eng cu hnatuan tha tuahnak ah – thudik ah le thianghlimnak ah a tleu suak ding a si” — Ellen G. White, Christ’s Object Lessons, pp. 415, 416.

RELKHAWM DING THUSUHNNAK PAWL

1. Pathian a um lo timi hnakh ruatnak rapthlak sawn cu Pathian in in hua a si timi ruatnak hi a si. Cumi cu thudik si bangta sehla, ziangvek leitlun danglam zet ahsaw kan um ding le?

2. Tuisan kan nun ahhin Pathian mizia theihusualnak tampi a ummi hi ziangruangih um saw an si tin na ruat? Duhdawtnak ih Pathian ziaza mipi in fiang sinsin ih an hmuh theinak dingah na bom theidan ding ruat awla, rel khawm uh.

3. Tuisan ih Pathian ziaza thuhla phuang dingih a ummi thuchah cu ziangsaw a si? Pathian duhdawtnak a rak theidah lotu mi pakhat hnenah ziangtin saw na simfiang ding? Pathian duhdawtnak le mangbangza a ziaza pawl cu a ngaingai ih hmuh thei dingin ziangmi saw na hman ding?

4. Pathian duhdawtnak rel cu thil pakhat a si. Cui duhdawtnak cu kan nun ih a langdan cu thildang a si. Ziang mi “thianghlim tuahnak” in saw kan kiangkap ih um pawl hnenah Pathian duhdawtnak a langter thei?

ZIRLAI 2

January 4–10

THUKAM DUHDAWTNAK

SABBATH SIIMLAM

Tuizarh zirlai hrang siar ding: 2 Pit. 3:9, Daan. 7:6–9, Rom. 11:22, 1 Johan 4:7–20, Johan 15:12, 1 Johan 3:16.

Bible cangkan: “Jesuh in a let ih, a hnenah, **Mi pakhat in keimah i duhdaw a si ahcun, ka thu pawl a thlun ding: cuticun ka Pa in anih cu a duhdaw ding ih, a hnenah kan ra ding, cutin a hnenah kan um ding a si’** “ (Johan 14:23, NKJV).

Mi tampi in Grik tong ih **Agape** timi cu Pathian duhdawtnak danglam hleice lawng a zoh ter ih, duhdawtnak dang relnak ih hmanmi **phileo** tivek pawl cu duhdawtnak phunphun relnak ah hman a si ih, **agape** duhdawtnak hnakin a kim lo deuh tin an zirh aw theu. Mi hrekkhat pawl in **Agape** cu khat lam lawngih tuah mi duhdawtnak a si tiah an ti. Cui duhdawtnak cu peknak lam lawng, rak dongnak lam tel ve lo, minung ih rak letnak zianghman tel lo duhdawtnak a si tiah an sim.

Ziangkhal sehla, Cathianghlim hmuahhmuah ah Pathian duhdawtnak hi raling zetih zirnak hin khavak ruahnak pawl cu a tlangpi ih hman mi si khal sehla, a dik lo timi a tarlang a si. A hmaisabik ah **Agape** timi in Pathian duhdawtnak lawng a rel lo ih, minung duhdawtnak khal a rel, khuimaw caan ahcun minung duhdawtnak lamzin dik lo khalah hman a si (2 Timote 4:10). A pahnihnak, Cathianghlim hmuahhmuah ahhin Pathian duhdawtnak

relnak ah **Agape** a hman lonak khal tampi a um. Thimnak ah, Jesuh cun, “Nannih in kei in duhdawt (**Phileo**) ruangah, Pa Amah rori in a lo duhdawt (**phileo**) a si’ “ (Johan 16:27, NASB). Hitawk ah Grik tong **Phileo** timi hi minung duhdawtnak lawngah siloin Pathian in minung a duhdawtnak khalah hman a si. Curuangah **phileo** timi cun a famkim lo deuhmi duhdawtnak tivek lam a khihhmuh lo ih, Pathian duhdawtnak rori a khihhmuh sawn a si.

Cathianghlim cun Pathian duhdawtnak hi khatlam lawng duhdawtnak si lo in, thukzet ih laicin awknak lam sawn a si timi in zirh. Minung in Pathian duhdawtnak hi Amah Pathian duhdawtnak le midang duhdawtnak ah an langter kem maw timi ah Pathian ah danglamnak nasa zet a thlen a si.

NIKHAT NI

January 5

Pathian ih kumkhaw duhdawtnak

Cathianghlim hi a felfai tuk : Pathian cun hmuahhmuah a duhdawt. Cathianghlim sungih bungcang larbik cu Johan 3:16 a si ih, cumi ahcun himi thudik phuangsuah a si : “Pathian in leitlun hi a duhdawt tuk ruangah a fapa neihsun a pe ih, zokhal Amah a zumtu pohpoh cu thi lo in kumkhaw nunnak an neih theinak dingah a si’ “ (NKJV)

Siar ding: Saam 33:5 le Saam 145:9. **Himi bungcang pawl in Pathian duhdawt ngilneihnak, lainatnak le zangfahnak cu ziangtluk in a kau timi ziangsaw in zirh?**

Mi hrekkhat pawl cun duhdawtmi si lo vekin an ruat, asilole Pathian in mikip a duhdawt, asinan annih cu a duhdawt ve lo vekin khua an ruat men thei. Asinan Bible

cun fiangzetin mi bulpak tin hi Pathian duhdawt mi an si thu a phuang. Pathian ih a duhdawt ve lo mi zohman an um lo. Pathian in mi hmuahhmuah a duhdawt thluh ruangah mi hmuahhmuah rundam an si thluh ding khal a duh a si.

Siar ding: 2 Piter 2 Piter 3:9, 1 Timote 2:4, le Ezekiel 33:11. **Pathian in mi hmuahhmuah rundam an si ding a duh thuhla ah himi bungcang pawl in ziangsaw in sim?**

Johan 3:16 theh hnu ih a rung ummi cang cun himi a run bet: “ Ziangatile Pathian in leitlun thiam lo coh dingin leitlun ah a Fapa a thlah lo; amah ihsin leitlun rundam a si theinak dingah a thlah sawn a si’ “ (Johan 3:17, NKJV). Pathian thu lawng in fehpi ding bangta sehla, mi hmuahhmuah in a duhdawtnak hi kan pawm thluh dingih, rundam kan si ding. Asinan Pathian cun amah duhdawt dingin hranhram in zo hman a nor ve lo. Mi hmuahhmuah cun A duhdawtnak pawm dingin le hnong dingin zalennak an nei thluh.

Hrekkhat pawl in an hnong hmanah Pathian cun anmah a duhdawtnak cu a cawlhsan cuang lo. Jeremiah 31:3 ahcun a mi pawl hnenah hitin a phuang: “ ‘A si, kumkhaw duhdawtnak in ka lo duhdawt; curuangah duhdawt lainatnak in ka lo hruai kirsal” (NKJV). Bible hmundang khal ah Pathian duhdawtnak cu kumkhua in a hmun timi a zirh leuhleuh theu (thimnak ah Saam 136). Pathian duhdawtnak cu cemni a nei ve dah lo. Kumkhua a hmun mi a si. Himi thil cu kan hrangah theithiam a har tuk, ziangatile midang va duhdawt ding kan harsat tuk theu ruangah a si, kan si cio lo sawm?

Ziangkhalsehla, cui duhdawtnak ngaingai cu bulpak in hmuhtonnak ih kan zir tikah – kanmah ten

Pathian duhdawtnak kan thei thiam ding – Kan nundan le midang kan zohdan pawl ah danglamnak a um zia kan theithiam ding a si.

Pathian in mi hmuahhmuah a duhdawt a si ahcun, himi sullam cu Anih cun mi hrekkhat, mi hmuhsuam hmang pawl khal a duhdawt ding tinak a si. Ziangatile hmuhsuam hmang mizia nei(a ngaingai cun tamzet an um) tampi an um ruangah a si. Hi minung pawl Pathian in a duhdawtdan ahhin anmah pawl thawn kan pehtlaih awk theidan ding ziangsaw in zirh?

NIHNIH NI

January 6

Thukam duhdawtnak

Bible cun Pathian in kanmah thawn laicin awknak duhdawtnak hleice a neih mi cu innsang lole sungkhat tivek tongthimnak in a hmang theu, a hleice in pasal le nupi karlak lole fale hrangih nui' thatnak tivek tahthimnak hmangin a simfiang theu. Himi tahthimnak pawl cu Pathian le A thukam pi mi a miphun karlak ih pehtlaih awknak ah a hleice ih hman mi an si. Himi cu thukam duhdawtnak pehtlaih awknak a si. Cumi cu Pathian in a mi pawl a duhdawtnak lawng a si lo ih, himi duhdawtnak hi mipi pawl in an rak pawm ih, Amah an rak duhdawt ve theinak (pakhat le pakhat duhdawt awknak) ding ruahsannak khal a tel.

Siar ding: Daanpeksalnak 7: 6-9. **Himi bungcang ahhin Pathian thukam a tuahnak le Pathian duhdawt ngilhneihnak karlak laicin awknak thuhla ziangsaw in zirh?**

Daanpeksalnak 7:9 ahcun Pathian in A thukam pi mi pawl thawn duhdawtnak a neihmi a tarlang. Cumi pehtlaih awknak cu rinum in an um ringring ding le um ringring lo ding timi ah a thum aw a si. Pathian duhdawtnak

cu thildang tul bet mi a si lo. Asinan A mi pawl thawn thukam laicin awknak ahcun a tul a si.

Daanpeksalnak 7:9 ih *hesed* timi “duhdawt lainatnak” asilole “Zangfahnak” tiih letmi hi Pathian duhdawtnak thukam lam hoizawng ih a relmi a si. Hesed timi cu a nasa zetmi Pathian ih duhdawtnak, thatnak le zangfahnak simfiangnak ih hman a si theu. Ziangdang ai hmanin hesed timi cu duhdawt lainatnak, lole a hnget mi duhdawtnak, midang thawn duhdawtnak ih pehtlaih awknak tivek pawl ah hman a si. Himi laicin awknak hi midang pawl in duhdawt lainatnak an neihzia an langter ve theinak dingih ruahsan mi a si. Pathian ih *hesed* cun a duhdawt lainatnak cu rinsantlak zet, hngetzet le kumkhua ih a hmunmi a si timi a langter. Asinan cuti rualrual in, hesed ih hlawnak don ding ahhin thildang tul bet mi a um, a mipi pawl in mai palung suak duhrilhnak in a thu an ngai ih an laicin awknak a netiang ih an um a tul a si (Zoh aw 2 Sam. 22:26, 1 Siang 8:23, Saam. 25:10, Saam. 32:10, 2 San. 6:14).

Pathian duhdawtnak hnget zet cu duhdawtnak ih pehtlaihawknak hmuahhmuah ih thumawknak a si, Cui duhdawtnak cu kan tluk ve theidah zik lo. Pathian in a lak rori in umnak ding in pek lawng hman siloin, Khrih ah Amah rori kan hrangah a pe aw a si. “Mi pakhat in a rualpi hrangih a nunnak a liam hnakih tum sawn duhdawtnak zohman in an nei lo” (Johan 15:13). Pathian ih duhdawtnak nasa zet hi Bawipa cu ‘minung vek pianzia nei in hmuh a si, hnuai a dor ih, thihnak tiang zawnlung in a um, thinglamtah ih thihnak cu”(Filip 2:8) timi ahhin a langfiang zet.

Na ruahnak ih Pathian duhdawtnak ngaingai na kilhim thei dan lamzin cu ziang pawl saw an si? Ziangahsaw cuvek ihtuah cu a thupit?

NITHUM NI**January 7****Thu karcep nei pehtlaih awknak**

Pathian cun mi hmuahhmuah hi Amah thawn duhdawtnak ih laicin awknak hnget nei dingih a sawm ih a ko thluh (Matt 22:1-14). Himi kawhnaak rak cohlangnak ahhin Pathian duhdawt dingih le midang duhdawt dingih Pathian thupek thlunnak khal a tel (Matt. 22:37-39). Himi Pathian thawn laicin awknak ih hlawknak pawl ah mi pakhat in nuam a ti maw, timi cu zalennak a neih mi ahkhan Pathian duhdawtnak pawm dingih lole hnong dingih thutluknak a tuahnak ah a thum aw a si.

Siar ding: Hosea 9:15, Jeremiah 16:5, Rome 11:22, le Jude 21. **Himi bungcang pawl in Pathian duhdawtnak ih hlawknak thuhla ah hnong theih a si le si lo thu ziangsaw in zirh?**

Himi pawl le hmundang khalah Pathian thawn duhdawtnak ih laicin awknak hlawknak cu Minung in a duhdawtnak an rak cohlang dan ahhin a thum aw timi a langter a si. Asinan Pathian in mi hmuahhmuah a duhdawtnak a cawlhsan a si tivek zawngin kan ruat sual ding a si lo. Kan hmuh zo vekin Pathian duhdawtnak cu kumkhua daih a si. Hosea 9:15 ah Pathian in a mi pawl hnenah, “ka duhdawt nawn hai lo ding” ti khal sehla, cumi hnuaah cui cabu thotho ahcun Pathian in a mi pawl hnenah, “Ka duhdawt hrimhrim hai ding” (Hos 14:4) tiih a run sim mi hi kan theih ringring a tha. Hosea 9:15 hi Pathian in a minung pawl a duhdawtnak a cemter thluh tinak a si lo. Himi cun Pathian thawn duhdawtnak ih laicin awknak hlawknak asilole thil ziangsimaw ruangih a rung um ding a relnak tivek a si in a lang sawn. A duhdawtnak kan cohlan dan hi laicinawknak kan neih peh vivo theinak ding hrangih thil thupi zet a si.

“ Ka thupek pawl a nei ih a thluntu cu keimah i duhdawttu a si: cun keimah i duhdawttu cu ka Pa in a

duhdawt ding, kei khalin ka duhdawt ve ding ih, a hnenah ka lang ding a si’ “ (Johan 14:21, NKJV). Cuvek ciah in, Jesuh cun a dungthluntu pawl hnenah, “ ‘Nannih in kei in duhdawt ih, Pathian hnenah ihsin a rami ka si ti in zum ruangah, Pa amah rori in a lo duhdawt hai a si’ “ (Johan 16:27) tiah a phuang.

Himi le cangan mi dang pawl cun Pathian thawn laicin awknak ah kan um ringring kem maw timi cu Pathian duhdawtnak kan rak cohlangnak ahhin a thum aw a si timi in zirh thluh. Himi ruangah Pathian duhdawtnak cu a reh thei tinak a si cuang lo. Ni sa hi kan cemter thei lo ih, asinan kanmah sawn kha nihnem ah kan um thei, cuvek ciah in Pathian duhdawtnak cemter dingih kannih in zianghman kan ti theimi a um lo, asinan kanmah sawn in Pathian thawn laicinawknak kan hnong thei, kumkhaw nunnak in tiammi tiang khal in kanmahten kan hloh phah thei a si.

Mi in Pathian duhdawtnak cu an cohlang simaw, cohlang duh lo simaw, miin Pathian duhdawtnak ngaingai an theih ih, an ton ih, an hmuh theidan ding lamzin cu ziangsaw a si? Thimnak ah, Ziangtin saw sual a um hnu ih Pathian duhdawtnak leitlun ih a lang suahdan?

NILI NI**January 8****Zangfahnak hlohsal**

Pathian duhdawtnak cu kumkhua daih a si. Phu ban lo duhdawtnak a si. Ziangkhalsehla cumi cu minung in a hnong thei. Cumi duhdawtnak cohlang lole hnong theinak kan nei. Cumi cu Pathian in thil ziangkim kan tuah hlanah kumkhaw duhdawtnak, A famkimnak thawn a lakih in duhdawt ruangah a si (Jer 31:3). Pathian kan duhdawtnak hi kan dil hlanah ihsin in rak pek zo mi parih ka letnak a si.

Siar ding: 1 Johan 4:7-20, A hleice in **cang 9** le **19** kha zoh aw. **Himi ahhin Pathian duhdawtnak ih a ngai thupi zetmi thuhla ziangsaw in sim?**

Pathian duhdawtnak cu a um hmaisa ringring theu. Pathian in in duhdawt hmaisa lo sehla, kan duhdawt thei zik lo. Pathian cun duhdawt dingah le duhdawt theinak nei dingih in sersiam laiah, Pathian Amah rori cu duhdawtnak hmuahhmuah ih bulhram a si. Ziangkhalsehla kannih cun kan pawm dingih kan nun ah kan langter kem maw timi duhhril ding kan nei. Himi thudik cu Khrih in ngaidam theihlo siahhlawh tahthimnak a rel mi khan a rak zohter a si. (zoh Matt. 18:23-35).

Tahthimnak ahcun siahhlawh pakhat in a pu hnenih a bak mi a rulh theinak ding lamzin zianghman a um lo timi kan hmu. Mathai 18 ih a langdan vek a sile, siahhlawh cun a pu cu talents 10,000 a bak. Talent pakhat cu Denari 6,000 tluk a si. Cule Deneri pakhat cu mi pakhat ih nikhat sung nisa hlawh man tluk a si (Matt 20:2). Cuti a si ruangah hnatuan tu pakhat in talent 1 ngah dingin ni 6,000 hna a tuan tul tinak a si. Cawlh ding ni pawl siar thluh hnu khalah kum khat sung ih Danari 300 ngah dingin hnatuan tu in ni 300 sung hna a tuan a tul. Cuticun hnatuantu pakhat in talent khat ngah dingin kum 20 sung rori hna a tuan tul tinak a si. Talent khat ah Danari 6,000 a um ($6000/300=20$). Talent 10,000 ngah ding cun hnatuan tu cun kum 200,000 sung hna a tuan tul tinak a si ding cu! A tawi zawng in, siahhlawh cun ziangti lam khal in a leiba a pe thei lo. Asinan A pu cun a siahhlawh parah lainatnak a nei ih, a leiba tam zet cu a lakin a ngaidam thluh.

Ziangkhal sehla, ngaidam zo mi siahhlawh cun a siahhlawh pi lakih pakhat leiba mal sawn, amah denari 100 a baktu cu a va ngaidam duh lo ih, leiba ruangah thawnginn ah a thlak. A pu cu a thinheng tuk ih

zangfahnak thawn a ngaidamnak cu a hlitsak thluh sal. Siahhlawh cun a pu ih ngaidamnak le duhdawtnak cu a hloh thluhsal. Pathian ih lainatnak le zangfahnak cu cemral dah lo khal sehla, mi pakhat cun a hnong thei ih, Pathian ih zangfahnak le lainatnak ih hlawknak pawl cu a hloh thluh thei a si.

Ngaidam na si zonak le Jesuh ih a lo ngaidamnak cu ziangtluk mankhung saw a si timi ruat aw. Himi in midang ngaidamnak thuhla ziangsaw a lo sim?

NINGA NI

January 9

A lakin nan ngah: a lakin pe uh

Siahhlawh in a pu hnenih a leiba a pek dah lo vek ciah in kannih khal in Pathian hnenah ka pe dah lo. Pathian duhdawtnak kan phu lo ih, kan hlawksuak thei dah lo. “Pathian in a duhdawtnak cu kan hnenah a langter, cuticun misual kan si laiah Khrih cu kan hrangah a thi” (Rom 5:8). Mangbangza duhdawtnak a si! 1 Johan 3:1 “Pathian ih fa tiih kawh ding khop in kan hnenih a thlenter mi Pa ih duhdawtnak maksakzia hi zohhnik uh”.

Curuangah Kan tuah theimi le kan tuah ding mi cu kan ti theitawh in Pathian duhdawtnak hi midang hnenih va thlen ding hi a si. Cuvek ih a nasa zetmi zangfahnak le lainatnak kan don ahcun, midang parah ziangtluk in saw zangfahnak le lainatnak kan thlen sinsin ding? Siahhlawh pakhat, a siahhlawh pi parah zangfahnak le lainatnak a langter duh lo ruangih a pu ih zangfahnak le lainatnak a hloh tu kha run ruat sal aw. Pathian kan duhdawt ngaingai ahcun midang hnenah a duhdawtnak thlen ding hi kan hlawhsam lo ding.

Siar ding: Johan 15:12, 1 Johan 3:16, le 1 Johan 4:7-12. **Pathian duhdawtnak, Pathian kan duhdawtnak le midang duhdawtnak karlak ih laicinawknak thuhla ah himi bungcang pawl in ziangsaw in zirh?**

Johan 15:12 a theh veten Jesuh cun a dungthluntu pawl hnenah, “ Thu ka lo pekmi hmuahhmuah nan tuah ahcun ka rualpi nan si” tiah a ti (Johan 15:14). Ziangtin saw Jesuh in thu a pek? Thildang pawl hmuahhmuah lakah Jesuh cun anmah a duhdawt vekin annih khal midang duhdawt ve dingin thu a pe a si. Hitawk le hmundang khalah Bawipa cun Pathian duhdawt ding le pakhat le pakhat duhdawt aw dingin thu in pe a si.

A tawi zawng in, A cem thei dah lo dingmi leiba ah ngaidam in kan um zo timi kan theih ringring a tha. Cumi cu kan rulh theidah lo dingmi, thinglamtah parih kan hrangih pek mi leiba a si. Curuanghai Pathian thangthat in kan duhdawt ding ih, duhdawtnak thawn nun hmangin, a zangfahnak cu midang hnen khalah kan thlen ding a si. Luka 7:47 ih in zirh vek ciah in, tam deuh ngaidam mi cun tam deuh a duhdawt ding, asinan, “ ‘malte lawng ngaidam a si mi cun, a duhdawt dem deuh’ “ (NKJV). Kanmah lakah zosaw ziangtluk ih ngaidamnak co saw a si timi thei lo um ding?

Pathian duhdawtnak cun midang duhdawt telnak a kengtel a si ahcun tongkam le tuahnak hmangin Pathian duhdawtnak thuchah cu manhlap zetin kan phuang ding a si. A tu rori ah, hitawk ahhin midang pawl ih an nitin nun ah kan bawm ding a si. Cule Pathian duhdawtnak luangsuaqnak si kan tum ding ih, soal le thihnak ih a siatsuah thluh mi, riahasiat za in Pathian duhdawtnak hnon ih a umnak hi leitlun ihsin sersiam thar thluh mi – leithar le vanthar ih kumkhaw nunnak an hnenih a tiamtu kan khihmuh ding a si.

Midang pawl duhdawtnak thawngin Pathian duhdawt thei dingin ziangthil saw na ti thei? Midang hnenah Pathian duhdawtnak langter dingah le kumkhaw nunnak thutiam neih ih sullam nuam zetih hmang dingih

sawm dingin tuini ah le a ra lai dingmi ni ah ziangsaw na tuah thei mi um?

NIRUK NI

January 10

Ruatbet ding: Siar ding Ellen G. White, “The Privilege of Prayer,” pp. 93–104, in Steps to Christ.

“Na duhnak, na lungawinak, na riahasiat mangbangnak, na tihnak cu Pathan hnenah thlen aw. Anih cu na bangter in na zonzai ter thei lo ding. Na samzat hman siar theitu cun a fate duhzawng a lo pe lo ding sawm. “Bawipa cu zangfahnak le duhdawtnak ih khat a si” James 5:11. A duhdawtnak thinlung cun kan harsatnak le mangbangnak kan sim mi cu a rak ngai a si. Na harsatnak le na mangbangnak cu a hnenah fehpi awla, a lo sawng ding. A hrangah phurrit a um lo. Anih cu leitlun kiltu le thureltu a si. Kan hngamnak ding cun ziangkim tuah a huam. A hrangah kan theih fiangnak dingih siar dingin thimtukti a um lo. A hrangah buainak tifel ding harsa tuk a um lo. A fate lak ih te bik khal vanduinak le mangbangnak in a tlak buai ding a siang lo. Lungawi zetin kan um ih, ka kaa in thlacamnak aw a suak ringring ding a duh a si. Van ih kan pa hi in hmuh loin simaw, in ngaihsak loin simaw a um dah lo. “ Riahasiatnak tuar cu a tidam ih, an hliamhma cu a tuamsak theu’ Saam 147:3. Pathian in a mi pawl a pehzomnak ah danglam le duhsak bik a nei lo ih, mi hmuahhmuah hrangih a fapa a peknak ahhin a fiang a si.”—Ellen G. White, Steps to Christ, p. 100.

RELKHAWM DING THUSUHNAK PAWL

1. A tlun ih ca tlangtluan : “Pathian in a mi pawl a pehzomnak ah danglam le duhsak bik a nei lo ih, mi hmuahhmuah hrangih a fapa a peknak ahhin a fiang a

si”. Ziang hnangamnak saw himi in a lo pek, Pathian in a lo ngaihsak ih, na kiangah a um a si timi thei cingin ziangtin saw nun na hman? Ziangtin saw a ngaingai ih mangbangza thutiam pawl ah nung dingih na zir dan? Vun ruat awla, nikhat hnu nikhat, cui thil cu na zum ngaingai a si.

2. Tuizarh zirlai ahhin ziangtin saw Saam 103:17,18 hi na theihthiam dan? Pathian duhdawtnak cu kumkha daih a si lam ziangtin an langter, cule A duhdawtnak kan cohlangnak ah thum aw in Pathian thawn laicin awknak ih hlawknak cu ziangvek saw an si?

3. Himi theihnak in Pathian thawn nan laicinawknak ah ziangvek danglamnak lamzin saw na theih mi? Midang pawl ih lungsiatnak na ruahnak ah ziangtin saw cumi in hnawng a neih theidan?

ZIRLAI 3

January 11-17

PATHIAN LUNGAWINAK DINGAH

SABBATH SIIMLAM

Tuizarh zirlai hrang siar ding: Luka 15:11-32, Zefa. 3:17, Efisa. 5:25-28, Isa. 43:4, Rom. 8:1, Rom. 5:8, Marka 9:17-29.

Bible cangken: “Na lakih Bawipa na Pathian cu micak a si; a lo sanhim ding, lungawi in na parah a ai a puang ding; a duhdawtnak ah a cawl ding, hla sak in na parah a lung a awi ding a si. (Zefaniah 3:17, NKJV).

A hnuai ih thuanthu ummi hi ruat hnik aw: Kum 5 mi nauhak te pakhat cun pai’ ni ah a pai’ hnenah laksawng titham lote a run keng ih, lungawi zetin a pai’ hnenah a pek. A pa cun, “Ka fapa, na laksawng ka ngai thupi lem lo. Ka lungawi theinak dingah zianghman in pek thei mi a um lo. Ziangkim in pek mi hi keimahten ka lei thei mi an si. In pek mi ziangkim hi ka paisa ih lei mi, asilole thilri man ka pek cia mi ih leimi a si ding. Curuangah na laksawng cu nangmah in kawl tha men aw. Ka mamawh lo ih, ka duh fawn lo. Ziangkhal sehla, ka lo duhdawt tuk sokhaw” tiah a ti.

A pa ih a rak cohlang dan khi ziangtin na ruat? Tongkam, “thinlung nei lo,” “sual” “ruatnak nei lo” tivek hi thinlung ah a rung lang ding. Cuvek cu Pathian in in rak letdan a si kem maw? Pathian lung kan awiter ngaingai thei pei maw? Ruah ding a har zet, sual ih siatsuah mi, a tlusia zo mi le sualnak tuahduh mi si cingin Pathian lungawi dingin kan tuah thei! Phundang in kan sim ding

asile, Pathian hnenah laksawng kan ken tikah nauhak pai' pa vek thinlung neiin Pathian cun in rak zoh ve lo. Khrih fehtlang lawng in Pathian lung kan awiter thei a si.

NIKHAT NI

January 12

Na ruahnak hnakih man nei sawn

Zirlai hmaisa lam ih kan hmuh vekin Pathian cun misual le misual bik khal a duhdawt ih, duhdawt lo mi a nei lo. Cule kan ruahnak ai hnakih nasa sawn in Pathian ih in ngai thupit ruangah soal ahhin lungawinak a nei lo. Ziangah tile in duhdawt ih, soal in kan parih a thiltuah mi khal a thei.

Siar ding: Luke 15: 11-32. **Fapa tlanhlo tahthimnak in Pathian ih zangfahnak le duhdawtnak thuhla ziangsaw a tarlang? Inn ih rak um, fapa dang sawn tu vekih a ummi pawl hrangah ziangvek ralrinnak saw pek ih a um?**

Jesuh ih relmi thuanthu ahkhan mi pakhat ih fapa cun tuan zetah a roco ding a dil, cumi cun a pa le a pa ih innsang pawl a hnong timi a langfiangter zet. Fapa tlanhlo cun a roco mi a hmangral thluh ih, farahnak in a tlakbuak ih, vokkuang ih vok pawl ih an rawlei mi tiangin a daw. A pai' inn ih siahlawh pawl cun rawl khawpkham ei ding an neih kha a vun mangsal, siahlawh hnatuan ve mai dingah inn lam ih tlungsal dingin thutluknak a tuah.

A hnu ih thil rungum mi hi huham nasazet a si. Pa hrekhat pawl cun cuvek fapa cu a ra tlunkirsal tikah an dungtunsan men ding. "Na roco ding pawl na la zo ih, ka inn ihsin nangmah ten na tlan. Hitawh hmun ahhin inn na nei nawn lo" timi tongkam le ruahnak pawl cu a rung suak ding, a si ko lo maw? Nu le pa hrekhat pawl ih mit ahcun fapa cu a fehsual hla tuk zo ih, a hleice in inn lam ah fapa ngaingai vek in an pawm thei zik lo.

Asinan tahthimnak ahcun Pa (Amah Pathian relduhnak) cun kha tivek in a rak let lo. Cu hnakin, "Hlapi

ih a um laiah(fapa tlan hlo), a pa in a hei hmu ih, a thin a zun zet, cule a va tlan ih, a hngawng in a va kuah ih, a hnam' " (Luka 15:20, NKJV). Cutivek caan ih Inn neitu bik in mi pakhat hmu dingih va tlansuah cu mawi lo vek ih ruat sikhah sehla, pai' zangfahnak cun a fapa hmu dingin a tlansuak ter a si. Cuhnakih thinlung tham zet mi cu a inn ah a lawmlut sal ih, puai sunglawi zet a tuah sak. Cumi cu fehsual pawl hrangih Pathian ih zangfahnak nasazet le inn lam ih mi pakhat te a ra kirsal hman ih a lungawidan pawl tilangtu a si. Pathian hi a va tha lawmmam ve.

Fapa dang ih cangvaihdan hi ngaihven a hlawh zet. Ziangahsaw himi cangvaihnak hi minung cangvaihnk, a hrekhat cu an dik vek ih a lang thiam? Himi zawnte ih thuanthu cun minung ruatdan in kan hrangih Pathian duhdawtnak asilole Thuthangtha ih a thukzia a theihthiam theilo dan thuhla ziangsaw in zirh?

NIHNIH NI

January 13

Lungawinak thawn aipuannak

Kan hrang ahcun vun ngaihtuah ding cu a harsa zet, Pathian in mikip zawn a ruat ih, a ngai thupi thluh. Curuangah mi pakhat vial hman rundam a sinak ah a lungawi zet.

Siar ding: Zefaniah 3:17. **Ziangtin saw himi bungchang in fapa tlanhlo tahthimthu hi tleunak a vun pek thei?**

Zafeniah 3:17 ahhin Pathian in a tlencia a minung pawl parih nasa zetih a lungawizia a tarlang. Hebru tong ih lungawi le hlimnak tongkam pawl hmuahhmuah cu himi bungchang ahhin an funkhawm aw thluh, A tlencia mi pawl parih Pathian ih lungawizia relnak a si. Cui ni ah Pathian lungawizia phuanglangnak ahhin tongkam pakhat lawng hi a famkim tawh lo in a lang.

Hminsaw, himi bungchang ahhin khuitawh ahsaw Pathian a um – A mi pawl "lakah" a um a si. Duhdawtnak

ih laicinawknak ihsin a ra suakmi rualremnak cu Pathian umnak ihsin a ra mi a si. A fapa hmunhla zet ih a hmuh tikah, pa a va tlansuah vek ciah in – hitawk ahhin Pathian cu a mi pawl lakah a um a si.

Isaiah 62:4 ahkhan cutivek cu neihawknak vekin a run tahthim. Isaiah 62:4 (NKJV) ih a umdan vek asile, Pathian minung pawl cu, “Hephzibah tiih kawh an si ding” cumi sullam cu, “Ka lungawinak cu amah ah a um” cule leiram cu “Beulah” tiah kawh a si ding. Cumi sullam cu “neihawknak” ti a si. Ziangruangah? Ziangahatile, “Nangmah ah Bawipa a lungawi, na ram cun pasal a nei ding” tiah thungan mi a um. Pathian ih lungawinak sangbik cu tuahthatsalnak ding ni hrangih ret hrih hi a si. Cumi ni ahcun a mi pawl a rak lawm ding ih, a pa in fapa tlanhlo parih lungawinak a neih vek ciah in kan parah lungawinak a nei ding.

Siar ding: Efisa 5:25-28. **Himi in duhdawtnak phun dangdang phuanglang dingih kawh kan sinak thuhla ziangsaw a rel?**

Himi bungcang ahcun pasal pawl in an nupi pawl duhdawt dingin a forhfial, “Khrih in kawhhran a duhdawt ih, a hrangih a pek awk vek in” an nupi pawl “anmai taksa vek ih” duhdawt dingin a forh hai a si (Efisa. 5:25, 28, NKJV). Himi bungcang cun pasal in a nupi cu duhamnak tel lo, le pumpekawknak in a duhdawt ding thulawng a run tarlang lo ih, Khrih Amah rori hmanin a taksa hrekkhat vekin a mipi (kawhhran) a duhdawt timi a run tarlang a si.

NITHUM NI

Pathian lungawi thei kem?

Lei le van ih Pathian cun cemni nei lo van dumkulh pi lakih a fate zet mi leitlun ih a ummi minung menmen ahhin ziangtin saw lungawinak a neih thei ding?

F-3

Zianghman tulsam mi nei lo le huham hmuahhmuah nei thluhtui’ hrangah ziangtin minung hi an thupi thei ding? Himi thusuhnak cu hmunhnih ah then a theih. Pakhatnak cu ziangtin saw Pathian, amah rori cu a lungawi thei ding? Pahnihnak ah, a hleice in kan sualnak vun ruat cun ziangtin minung in a lungawinak kan thlen thei ding? A hmaisa thusuhnak cu tuini ih kan zirlai thulu a si ding ih, a pahnihnak cu thaizing ah kan zir ding.

Siar ding: Isaiah 43:4. Saam 149:4; le Thuf 15:8,9.

Pathian in a minung ah a lungawi thuhla ziangsaw in sim?

Mizan ih kan zir zo vekin minung in Pathian lung a awiter thei, ziangahatile mi zokhal in midang ngaihsak ih an duhdawt vek ciah in Pathian in a minung pawl ih thatnak ding ruat phah in a duhdawt hai a si.

Cumi kalh ciah in, A mi pawl in thiltha lo an tuahnak ah Pathian a lungawi lo. A ngaingai te cun Thufim 15:8,9 ah in rak zirh, “thawinak” le misualral “lamzin” cu “Bawipai’ hrangah tenumza a si,” Cule “Miding ih thlacamnak cu a lungawi zawng a si” cun “dingfelnak a thluntu cu a duhdawt” (NKJV). Himi bungcang in Pathian cu sualnak ah a lungawi lo thu lawng a rel lo ih, thatnak ih a lungawi thu khal a rel tel. Pathian lungawinak le duhdawtnak cu pakhat la pakhat an mil aw zet, Pathian duhdawtnak le a lungawinak karlak pehzom awknak thukzet a langter. Cumi cu Bible sung hmuahhmuah khalah a lang thluh a si.

Saam 146:8 ih a um vek asile, “Bawipa cun mi dingfel a duhdawt” (NKJV). 2 Korin 9:7 ah a bet ih, “Pathian cun lungawi zetih petu cu a duhdawt” (NKJV). Hmingsin aw, a hmaisa tu ah ziangmi saw a rel lo mi? Pathian in midingfel le lungawizet ih a petu pawl lawng a duhdawt tiin a rel lo. Asinan himi thu cun ziangkim a run sim thluh, cumi sullam cu Pathian cun “dingfel” le “lungawi zetih a

petu” cu lamzin hrekhat ah a duhdawt zet ti hi a si. Thufim 15:8,9 ih kan hmuh mi cun a simfiangnak a run pe: Pathian in hi pawl le a dang pawl cu lungawinak lam ah a duhdawt zet hai a si.

Lei le van a tuahtu Pathian cu thinlung khal in kanmah thawn pehzom aw ih a um theinak dingah lei le van hi ziangmi tluk ih nai aw te saw an si timi ruat aw. A hleice in himi ruatnak in harsatnak na ton caan ah ziang ruahsannak saw a lo pek?

NILI NI

January 15

A mankhung mi

Ziangtinsaw kannih sual ih tlu zo, misual in a thianghlim Pathian lung kan awiter thei ding?

Siar ding: Rome 8:1 le Rome 5:8. **Himi bungcang in Pathian hmaihi kan din thuhla ziangsaw in sim?**

Minung zo khal ih an let hlanah Pathian cun minung pawl parah zangfahnak a pe hmaisai. Ziangkim kan rel lole kan buah hlan ah Pathian kan hnenah a ra thleng ih, a duhdawtnak pawm ding le hnong thei ding caan tha in ra pe. Rome 5:8 ih a ret veki, “Pathian in a duhdawtnak cu kan hnenah a langter, cuticun misual kan si laiah Khrih cu kan hrangah a thi” (NKJV; Jer. 31:3 thawn zoh tlang aw). Kan tlentu hnatuahnak fehtlang in zumnak thawngin Pathian hnenah kan ra thei ih, Pathian thawn kan rualrem aw thei.

Siar ding: 1 Piter 2:4-6 le Hebru 11:6 **hi zoh tlang aw. Himi in Pathian lung kan awiter dan ding ziangtin saw in sim?**

Pathian telpinak tel loin, a tlusia mi minung pawl cun Pathian hnenah thiltha zianghman an keng thei lo. Asinan Pathian cun a duhdawtnak le zangfahnak sungah Khrih ih hnatuannak fehtlang in lamzin a buah. A hleice

in “Jesuh Khrih ih zarah” kannih cu, “Pathian cosan tlak thlarau lam thawinak hlantu” kan si (1 Pit. 2:5, NKJV). “Zumnak tel loin A lungawiter a theih lo” (Heb 11:6) tin um khal sehla, Khrih ih hnatuannak thawngin Pathian cun zumtu pawl cu “Jesuh Khrih zarah, a mithmuh ih lungawi zawng cu nanmah ah tuan in, hnatuan tha pohpoh ah amai duhzawng buah dingin lo ti famkim hram seh; a hnenah kumkhua ih kumkhua in sunlawinak um hram. Amen” (Heb. 13:21, NKJV). Zumnak thawn Pathian rak cosang tu pawl cu Khih ih relpinak thawngin Amah (Pathian) ah mi dingfel tihi kawh an si ding. Cui dingfel pawl lawng hi pawmtlak an si ding a si. Cule Pathian duhdawtnak rak lettu pawl cu Khrih ih relpinak thawngin cotlak ih ruah an si ding (Luka 20:35), cule Anih cun Amah vek bangtukin a danglamter hai (1 Kor. 15:51-57, 1 Johan 3:2). Pathian ih tlennak hnatuan hi kan hrang lawngah asilo ih, kan sung khalah a um a si.

Ziangruangah saw vanram ah Khrih ih a lo relpi (dinpi)nak hi thazang laknak thazet a si thei?

NINGA NI

January 16

Hmuitin tlak

Pathian zangfahnak leh relpinak hnuai ah Pathian cun a duhdawtnak rak cosangtu hnenah a lungawi. Duhdawtnak le Amah dingfelnak famkim cotlak mi pakhat fehtlang in, kan zaten mi dingfel ah siar kan si ih, kumkhua in Amah thawn duhdawtnak famkim ih nun hmangtu ding Pathian duhdawttu pawl lakah kan tel a si. Himi cu tlennak ih ruahsannak ropi zet a si, cumi ahcun Khrih in kan hrang vanram ih a hnatuannak khal a tel a si.

Asinan kei teh ka rak tel kem maw tin na ruat men thei? Ka rak that taw lo asile ziangtin saw a si ding?

Zumnak ka rak nei tawk lo tin ka thinphang sehla ziantin saw a si ding?

Siar ding: Marka 9:17-29. **Thuanthu ahkhan Pathian in mi pakhat cu ziangtin saw a let? Ziangtluk zumnak neih saw a tawk?**

Dungthluntu pawl cun khawsia an dawisuak thei lo; ruahsannak pawl hmuahhmuah a hlo thluh vekin a lang. Asinan Jesuh a ra ih, khawsia molh mi ih a pai' hnenah, "Na zum thei a si ahcun, a zumtui' hrang ahcun ziangkim a cang thei a si' " (Marka 9:23) tiah a ti. Cule a pa cun tih zet cingin a let ih, "Bawipa, ka zum a si, ka zum lonak hi in bawm hram aw" tiah a ti (Marka 9:24).

Hminsaw. Cupa hnenah Jesuh cun, "Zumnak na neih tam deuh tikah ra kirsal aw" tiah a ti lo. Cupa cun tap phah in, " 'Ka zum lonak hi in bawm aw" a timi kha a tawk tuk zo.

Zumnak lo cun Pathian lungawiter a theih lo (Heb 11:6), cun zumnak fate khal Jesuh cun a pawm a si. Zumnak hmangin (Khrih ih relpinak thawngin) kan lungawiter thei. Zumnak le kan ai-awih ih Khrih hnatuannak ruangah Pathian lung kan awiter thei ding, cumi cu Nauhak pakhat in a pai hnenah laksawng santlailote a run ken tiki a pa a lungawidan thawn an bangaw a si.

Kan hmuitin mi "Pathian lungawi zawng" kan tuah theinak dingah Paul ih thuron kan thlun a tul (2 Kor. 5:9, 10, NKJV; himi thawn tahstim aw Kol. 1:10, 1 Thess. 4:1, Heb. 11:5). Cule Pathian hnenah kan duhdawt zetmi khal tel in kan ngaihsak mi thil pawl thleng danglam ter dingin le duhdawtnak ih kan thansoh theinak dingah kan dil ding a si. Cuticun midang khal kan duhdawt thei ding a si. "Unau duhdawtnak thawn pakhat le pakhat zangfahaw zetin lainataw cio uh; upat awknak ah pakhat le pakhat

duhsakaw uh; Hnatuannak ah ze hlah uh; thlarau ah thahnem ngai uhla; Bawipa cu rian uh; Ruahsannak ah lungawi uh; harsatnak ah tuar tento uhla, thlacamnak ahcun cat bang loin thlacam uh; Mi thianghlim pawlih tul sammi kha nan neihmi rak hlawm uhla, khual tha si uh" (Rom. 12:10-13, NKJV).

Khrih fehtlang in Pathian in in rak pawm a si ahcun, midang cu ziangtluk in saw kan pawm sinsin ding? Nangmah na duhdawt awkvek in na venghnen duhdawt aw timi thupek ah ziang tleunak a um(Pui. 19:18, Matt. 22:39) and cule na parah tuah haiseh ti na duh vekin midang parah tuah aw timi thupek cun hi ruahnak ah ziang mi tleunak saw a pek?

FRIDAY

January 17

Ruahbet ding: Siar ding: Ellen G. White, " 'Let Not Your Heart Be Troubled,' " pp. 662-680, in The Desire of Ages.

" Bawipa cun a minung pawl cu anmah ten zianghman lo ih an retawk hi poi a ti thei zet. An mankhung zia a retsak vek in a hrilcia mi pawl in rak ngaithupi hai sehla a duh zet. Pathian in a duh hai a si, cumi silo sehla anmah tlen dingin hivek lawmman ih hna harsa tuan dingah a fapa a run thlah lo ding. Hmantlak an si a thei ih, Amah ah sang zetih an thumawk tikah a lungawi zet, cuticun a Hmin an sunloih thei ding a si. A thu pawl ah zumnak an neih phawt cun thil ropi zet an beisei thei ding a si.

"Khrih hmin ih thlacamnak cun sullam tamzet a nei. Cumi sullam cu a ziaza kan pawm, a thinlung vek kan nei ih, a hnatuan vek kan tuan ve tinak a si. Rundamtu ih thutiam cun karcep mi a nei : I duhdawt ahcun, ka thupek pawl thlun aw'. Minung hi an sualnak ah a rundam lo ih, an sualnak ihsin a rundam sawn a si. Amah duhdawttu

pawl cu thuawihnak hmangin an duhdawt zia an langter ding a si.

“Thuawihnak dik hmuahhmuah hi thinlung ihsin ra suak mi an si. Khrih thawn hna a tuan tlangmi thinlung a si. Kan rak lungkim ahcun kan ruahnak le kan tumtahnak pawl in theihpi ding ih, cumi ahcun kan thinlung le ruatnak cu a thinlung thawn milaw in in tuahsak ding, cuticun a thu awih cu kan mizia ah a rung cang lan ding a si. Kan duh mi cu thianghlimter le thianfai ter a si ruangah A hnatuannak ah lungawinak sangbik kan hmu ding a si. Kan theih ding vekih Pathian theihnak kan neih hnu ahcun kan nun cu thuawihnak nun ah a um vivo ding a si. Khrih ih ziaza ih lungawinak le Pathian thawn pawlkom awknak thawngin sualnak cu kan hrangah huat umza ah a cang ding a si”—Ellen G. White, *The Desire of Ages*, p. 668.

RELKHAWM DING THUSUHNAC PAWL

1. “Duham lo ih donnak” timi sullam ziangsaw a si? Peknak le donnak ih laicin awknak cu leithar le vanthar ah ziangtin a um ding tin na ruat?

2. Van hmundang ihsin a ra – James Webb Space Telescop’mit hmuh ban ai hnakih hla ih a ra mi – vancung thucah kengtu cun Profet Daniel cu Chamudot, “Duhdawt mi, duh um, sunglawi” tiah a ti. Voithum rori an ti. Daniel 9:23 ah Gabriel cun Ki Chamudot attah “Nang cu nasa zetih duhdawt mi na si” tiah a ti. Daniel 10:11 vanlam ihsin (Gabriel thotho a si men thei) Daniel cu ish Chamudot “ Duhdawt zetmi pa” tiah a run ko. Lehnu ah Daniel hnenah a ko sal (Daniel 10:19). Pathian thuhla ziangtin a rel ih, ziangtluk in Anih cu kan naih ah a um

timi ruat aw. Himi thudik ihsin nangmah ten ziangmi ruahsannak saw na lak thei ding?

3. Tui zarh zirlai thupi pawl thawn pehpar aw in Hebru 11 ih zumnak ih mi ropi pawl ziangtin a rel? A hleice in, cuvek zoththim ding pawl ah zumnak in ziangtin saw mi pakhat in “Pathian lungawiter” theidan a run tarlang? Cuvek ih zumnak le rinumnak zoththim ding ihsin nitin na nunnak ah ziangsaw na hman ih na zir thei ding?

ZIRLAI 4**January 18–24**

**PATHIAN CU LAINATNAK NEILE
DUHDAWT THIAM MI A SI**

SABBATH SIIMLAM

Tuizarh zirlai hrang siar ding: Saam. 103:13, Isa. 49:15, Hos. 11:1–9, Matt. 23:37, 2 Kor. 11:2, 1 Kor. 13:4–8.

Bible cangkén: “ ‘Nunau in a sul ih fapa parah lainatnak nei loin, hnawifawp lai a fa cu a theih hngilh thei ding maw si? A si, an theih hngilh thei tla a rak si men thei, asinain kei cun ka lo theih hngilh dah lo ding a si.’ “ (Isa. 49:15, NKJV).

Thinlung natnak hi duh nung um lo le hnong ding tin an thlir theu. Mi hrekkhat hrangah thinlung natnak cu khawruahnak fim lo a si. Nunau le mipa that zet pawl cu “Thinlung lam natnak nei” tiih kawh an si dah lo. Hlanlai Grik mifim hrekkhat pawl cun “thuruat thei” duhdawthiam mi, lole thinlung natnak nei lo ruatnak hmangin thinlung a uk theitu cu thil thabik a si tin an ruat.

Thinlung natnak cun buainak a suah theu. Si e, Pathian in minung a tuah ahkhan thinlung natnak um thei dingin a tuah. Amah Pathian rori hman Bible hmuahhmuah ah thinlung natnak nasa zet tongtu vekin a tarlang. Bible ih a tarlang vekin Pathian cun thinlung natnak thukzet a neih thei ahcun thin natnak cu thil tha lo zet lole athlak zet thil a si thei zik lo – Ziangah tile Bible ih um Pathian cu thatnak lamah a famkim ih, fimnak lam famkimnak neitu a si.

Ngaingai te cun, Pathian ih in duhdawtnak hi thinlung lam duhdawtnak thuk zet a si timi theihthiamnak

ihsin thudik mawi zetzet lakkhawm ding a um. Asinan Pathian duhdawtnak cu famkim khal sehla (thinlung lam simaw, a dang zawngin simaw) minung ih an hmuhton mi thin natnak vekih ruat ding mi cu a si lo.

NIKHAT NI**January 19****Nu ih duhdawtnak hnakin**

Minung ih a hmuhton mi duhdawtnak nasa bik cu nu le pa in fate an duhdawtnak hi a si men thei. Bible cun Pathian in a mipawl hrangih mangbangza lainatnak a neih zia relnak ah nu le pa le fale laicin awknak hi tahthimnak ah a hmang theu. Cumi cun Pathian zangfahnak cu milai ih thinlung duhnak thukzet le hmuntonmi ai hnakin a nasa sawn thu a run rel.

Siar ding: Saam 103:13, Isaiah 49:15, **le** Jeremiah 31:20. **Himi bungcang pawl in Pathian lainatnak sullam le thuk zia thuhla ziangsaw an run rel vivo?**

Himi bungcang pawl ih a langdan vek asile Pathian cun a fale vekin in duhdawt, Nu le pa thazet in an fale an duhdawt vek ciah in in duhdawt a si. Asinan Isaiah 49:15 ahcun nunau in “hnawi fawp lai a fa” a theihhnilh men thei, lole “A sul ih fapa parah lainatnak nei loin a um” men thei (NKJV), asinan Pathian cun a fale a theihhngilh dah lo ih, lainatnak cu a hlawhsam ter dah lo (Tah 3:22) ti thuhla in simfiang.

Hminsintlak zetmi cu Hebru tong **raham** timi hi, hitawk ah lainatnak ti in a run hmang ih, cule Bible hmundang tamzet sungah Pathian lainat duhdawtnak tiin a run simfiang. Himi cu Hebru tong ih naute (rehem) ihsin rasuak mi a si tiih zummi a si. Bible thiam pawl cun Pathian lainatnak cu “Naute nu ih duhdawtnak” vek rori a si tiah an ti. A ngaingai te cun cui thil cu minung ih lainatnak, Nu in a fa suak pekte a lainatnak ai hnakin a nasa sawn a si.

Jeremiah 31:20 ih a ummi vek asile, Pathian cun a minung pawl hin dokalh in, riahsia in tuah hai khal sehla a thukam pi minung pawl cu “duhdawtmi fa” le “fa duhnung” tin a hmu thotho. Curuangah Pathian cun, “Ka thinlung in a ngai ih” “A parah lainatnak Ka nei hrimhrim ding” tiah a ti. Hitawk ih lainatnak timi hi A tlun ih lainatnak (raham) timi thotho kha a run hmang. “Ka thinlung in a ngai” timi khal a ngaingai te cun, “ka sung muril a rum” tinak a si. Himi simfiangnak cu Pathian thinnatnak tongfang, A miphun pawl hrangih Pathian ih lainat duhdawtnak thuk zia tarlangnak a si. Annih cu rintlak lo sikhah sehla, Pathian cun A mipi pawl parah zangfahnak le lainatnak a nei vivo ih, ruah ban lo tiangin a duhdawt hai.

Kan lakih hrekkhat hrangah kan hrangih Pathian lainatnak cu duhdawttu nu simaw, pa simaw thawn an bangaw a si timi va theihthiam ding cu a har zet ding. Ziangkhal sehla, mi hrekkhat pawl cun harsa an ti zet ding, ziangatile an nu le pa pawl ih duhdawtnak an co lo ruangah a si. Ziangvek lamzin in saw Pathian in anmah pawl parah lainatnak a neih zia a langter?

NIHNIH NI

January 20

Kaihngget mi duhdawtnak

Pathian in minung a duhdawt lainatnak thuk zet cu Hosea cabu ah a phuanglang thluh. Pathian cun Profet Hosea hnenah, “ ‘Feh awla, hlawhhlawng pawl le hlawhhlawng pawl faate pawl lak ihsin nupi va thi aw. Ziangatile hi ram hin Bawipa tlansan in hurkhuannak maksak a tuah zo a si’ “ (Hos. 1:2, NKJV). Cumi hun Hosea 11 ah Pathian cun a minung pawl thawn an laicinawknak a felhiang, Asinan pa in a fa a duhdawtnak vek ciah in tahthimnak a hmang.

Siar ding: Hosea 11:1-9. Ziangtin saw himi bungcang pawl in Pathian in a minung pawl a ngaihsakdan le a duhdawtdan vek in nun an run hmandan?

Pathian in a minung pawl a duhdawtdan cu nu le pa in an fa an duhdawtdan vek ciah hi a si. Cathianghlim cun nauhak feh zirh, duhdawtmi nauhak ban ih kaih ih, natnak damter le bawmnaek pek tihi tahthimnak ah a run hmang, cumi silole a minung pawl a ngaihsak timi tahthimnak a hmang. Bible cun Pathian in, “mi pakhat in a fapa a cawi vek in” a minung pawl cu “a cawi” ve thu khal a ngan (Daan. 1:31, NKJV). “A duhdawtnak le a zangfahnak in a tlen hai” cule “hlan lai ni hmuahhmuah ahkhan annih pawl cu a rak thlir ih a rak cawi hai” (Isa. 63:9, NASB).

Pathian ih rinumnak hi a sawn aw dualdo ve dah lo. A minung pawl an rinum lo ih, Pathian an hnong, anmai par lala ah thuthennak an thlen, Pathian cu riahsia zetin an tuah. Pathian cu lainatnak neitu a si. Asinan diknak ah a telchih dah lo (Zirlai ah kan hmu le ding, duhdawtnak le diknak an feh tlang timi hi)

Thil ziangmaw, na pum a nat vutvo tivek ahkhan na riah a sia dah maw? Cuvek cu A minung pawl parah Pathian thin natnak thukzet hrangih hmanmi tahthimnak a si. Thinlung pakhat cu rung thleng aw in, lainatnak ih a rung cang tikah cumi cu thinnatnak thukzet tongfang a si. Cumi ciah cu Pathian le minung ih an hmanmi cu a si.

Himi lainat ngilneihnak cu Solomon hmaiih a ra tu nunnau pahnih ih thubuai ahkhan hman a rak si. An pahnih in naute cu anmai fa a si thu an phuang veve. Solomon in naute cu hmun 2 ih sat phel dingih thu a pek tikah (Naute siahsuah duhnak siloin), A nu diktak ih thinnat cangvaihnak cu a ra langfiang (1 Siang 3:26; zohkop aw Sem. 43:30).

Nu le pa rak si dah zo pawl cun zirlai ih a relmi hi an theithiam ding. Leitlun duhdawtnak ziangvek khal ih tahthim ban ding a si lo. Himi in ziangtin saw kan hrangih Pathian duhdawtnak ngaingai theithiam ding in bawm, cule himi theithiamnak ihsin ziangmi hnangamnak saw kan lak thei ding?

NITHUM NI

January 21

Jesuh ih lainatnak

Thukam thar ah hlanlai ih hman mi Pathian lainatnak thotho kha hman a si: Paul cun Pa Pathian cu, “Lainatnak ih Pa le hnangamnak hmuahhmuah ih Pathian” tiah a ti (2 Kor. 1:3, NKJV). Paul cun a run sim vivo sal ih, Efesa 2:4 ah Pathian cu, “lainatnak neitam” ti in le “Kanmah in duhdawtnak cui a duhdawtnak maksak ruangah” minung a tlen tiah a ti.

Tahthimnak tamzet sungah Khrih Amah rori in Pa Pathian lainatnak tarlangnak ah thinlung duhnak hnget zet tongkam pawl a hmang (Matt. 18:27, Luka 10:33, Luka 15:20). Cumi tongkam thotho, Thukam hlun le Thukam thar sung ih Pathian lainatnak ih tarlang mi cu thuthangtha cabu sungah thinlung rethei pawl hnenih Jesuh ih lainatnak tarlangnak ih hman mi a si.

Siar ding: Matt 9:36, Matt 14:14, Marka 1:41, Marka 6:34, le Luka 7:13. **Cule** Matt 23:37 **khalah zoh aw. Himi bungcang pawl in ziangtin saw dinhmun harsa mipi pawl fehtlang in Khrih a cangvaihdan tleunak an pek?**

Thuthangtha cabu ah Khrih cu mi rethei le tulsam mi pawl hnenih lainatnak a neih thu a run rel lang rero. A lainat lawnghman siloin, mipi ih tulmi khal a bawm a si.

Jesuh cu a mipi par khalah a tap. Khrih in khawpi a vun thlir tikah a mit ah thlirin a um tin mi pakhat cun a vun ruat thei ding – “Arpi in a fale pawl a thla hnuaiih a

finkhawm bangin, na fale pawl hi voi ziangzat saw finkhawm ka tum ih nan rak duh lol’ “ (Matt. 23:37, NKJV). Hitawk ih kan hmuh theimi cu Khrih a tahnak cu Thukam hlun fehtlang ih Pathian phuanawknak thawn an milaw zet a si. A ngaingai ahcun Bible zirsang tamzet pawl cun a fale a ngaihsaktu vate cu hlansan ih Pathian relnak ih hman mi a si tiah an pawm thluh. Hitawk ah Daanpeksalnak 32:11 ih ummi cu mi tampi in an hmu thiam thluh, Pathian cu a fale ngaihsak, kilkhawi ih a thla ih a khuhtu vate vekin an theithiam thluh.

Kan hrangih Pathian lainatnak nasazet cu Jesuh Amah rori, duhdawtnak phuangsuak in kan hrangih a pe aw tu ai haikih ropi sawn tahthim ding dang zianghman a um lo. Asinan Khrih in Pathian hmuihmel famkim lawng a nei lo ih, minung sinak famkim khal a nei a si. Ziangtin saw kan nun hi Khrih nun vekin midang tul sammi ngaihsak in le Pathian duhdawtnak phuang men loin, lamzin ngaingai ka kawh hmuh theidan ding?

NILI NI

January 22

Thikthusia Pathian a si maw?

Bible sungih Pathian cu “Lainatnak Pathian a si” Hebru cun Pathian cu **el rahum** tiah an ko (Daan 4:31). “**el**” timi cu “**Pathian**” tinak a si ih, **raham** timi cu lainatnak(raham) timi bulhram ihsin tuah mi a si. Asinan Pathian cu lainatnak Pathian ti lawng ih kawh a si lo ih, Thikthusia Pathian, **el qana**’ tiih kawh khal a si. Daanpeksalnak 4:24 ah, “ ‘Bawipa na Pathian cu mi kangraltu meisa, thukthusia (**el qana**) Pathian a si’ “ (zoh aw Daan. 4:24, Daan. 6:15, Josh. 24:19, Nah. 1:2.)

1 Korin 13:4 ahcun “Duhdawtnak cu a thikthusia lo”(RSV) tin a run rel. Asicun ziangtin saw Pathian cu “Thukthusia Pathian” a si thei ding. 2 Korin 11:2 siar awla,

cule Bible ah Pathian minung pawl in A parih an rinum lo dan pawl kha ruat aw (thimnak ah, Saam 78:58). Himi bungcang cun Pathian “Thikthusiatnak” theithiam dingin ziangmi tleunak saw a pek?

Pathian ih “thikthusiatnak” hi theihsual pang a si theu. Thikthusia pasal simaw, nupi simaw vekih mi pakhat na rel ahcun, na lungawipinak a si lem zik lo. Thikthusia timi hin tong phun tamzet ah sullam tha lo zet a nei theu. Asinan Bible ahcun Pathian ih thikthusiatnak in sullam tha lo zianghman a nei lo. Pasal pakhat cu a nupi thawn laicinawknak ding ih a duhdawt zet cu thiltha zet a si.

Duhdawtnak kalh zawngih thikthusiatnak (1 Korin 13:4) a um lai ah 2 Korin 11:2 vek asile “thikthusiatnak” ahhin thiltha le dik a um a si. Paul cun “Pathian ih thiknak in ka lo thik hai” (2 Korin 11:2) tiah a ti. Pathian thiknak cu dingfel ngilneihnak a si ringring ih, A minung hrangih Pathian lainat duhdawtnak tin rel sehla a fuh deuh men ding.

Pathian in a minung pawl a lainatnak(qana) cu anmah pawl a duhdawtnak thuk zet ihsin ra suak mi a si. Pathian cun a minung pawl thawn laicin awknak hnget zet neih a duh; Amah lawng hi an Pathian a si ding. Asinan Pathian cu duhdawttu mitkem umza, duhdawtnak lehrulh thei lo tiih tarlang a si theu. (zoh aw Hosea 1-3, Jer. 2:2, Jer. 3:1-12). Asinan Pathian ih “thiknak” lole “lainatnak” cu thinthoter loin a um dah lo, asinan thiltha lole mitha lo pawl cu a let theu. Pathian thiknak (lole lainat “duhdawtnak”) cun minung ih thiknak vekih thiltha lo a nei ve dah lo. Cumi cu huatawknak a si lo ih, asinan a minung pawl thawn laicinawknak thazet neih le an thatnak ding a duhnak sawn a si.

Ziangtin saw Pathian in kan parih a langter mi, “thiknak” tha zet cu midang parah kan langter thei ve ding?

NINGA NI

January 23

Lainatnak le duhdawt thiamnak

Bible sungih Pathian cu lainatnak le duhdawttiam mi a si. Himi Pathian thinlung hi Jesuh Khrih ah zoththim ding sang zet a um. Pathian cu zangfahthiam mi a si(Isa. 63:9, Heb. 4:15), A mi pawl ih riahasiatnak in a ciahneh (Thut. 10:16, Luka 19:41), cule theih duh, let duh, le hnem duhzettu a si (Isa. 49:10, 15; Matt. 9:36; Matt. 14:14).

Siar ding: 1 Korin 13:4-8. Himi in ziangvek lamzin in saw midang pawl kan laicin awknak ah Pathian lainatnak le mangbangza a duhdawtnak langsuak ter dingih in kawh?

1 Korin 13:4-8 ih a simfiang mi duhdawtnak phun thawn tahthim tlak ih um mi pakhat thawn laicin awknak neih kan duh zet. Asinan midang parah ziangtluk tiangsaw hivek ih nun hman ding hi kan duh? Tuarfainak, hngilneihnak tivek kanmah ten kan nei thei lo; nahsuak lo dingin, porh aw lo dingin, hngal lo dingin, le puarthau lo dingin kanmah ten kan tuah aw thei lo. Kanmah ahhin, “Thil ziangkim a zawi hramhram ih, thil ziangkim a zum , thil ziangkim a ruahsan ih, thil ziangkim a tuarsuak ih” cule “ hlawhsam dah lo” duhdawtnak kan kawl lo. (1 Kor. 13:7, 8, NKJV). Cuvek duhdawtnak cu Thlarau rah vekin kan nun ah zoththim tlak in a um thei ding a si. Cule Thiang thlarau in Pathian duhdawtnak cu zumnak thawngin Khrih Jesuh ih um pawl thinlung ih a burh ruangah Pathian thangthat uh si (Rom. 5:5).

Pathian zangfahnak le Thiang Thlarau ih huham thawng in ziangvek lamzin in saw Pathian thinnatnak a

langsuaq mi, asinan ziangtik lai khal ih fel famkim le thinlung fimzet duhdawtnak hi kan langter ih, ka let ve thei ding? Cumi letdan ding pakhatnak ahcun duhdawtnak a simi Pathian cibai buk ding hi a si. A pahnihnak. Pathian duhdawtnak hi midang parih duhdawt zangfahnak le lainatnak langter ih, tuahtuannak in ka let ding a si. Kan Khristian zumnak men in kan hnem kual ding a si lo ih, midang pawl hnangamnak pe thei dingin kan cangvaih a tul. A netnak ahcun, Kan thinlung kan thleng thei lo ih, Pathian lawngin a thleng thei timi kan theih a tul.

Curuangah, Pathian hnenah Amai hrang le midang hrang ah – A thianghlimmi le duhdawtnak thianghlimter tu, thiltha cawisang tu le thiltha lo hlit theitu thinlung thar in pe dingin dil duh si.

Kan thlacamnak cu, “Pakhat le pakhat duhdawtnak ah le mi hmuahhmuah duhdawtnak lam ah Bawipa in lo thangter in, lo neitam ter hram seh...Cuticun mi thianghlim hmuahhmuah thawn kan Bawipa Jesuh Khrih a rat tikah, Pathian kan Pa ih hmaiah nan thinlung cu thinghlimnak ah soisel ding um loin a lo hngetter ding a si” timi hi si hram seh. (1 Thess. 3:12, 13, NKJV).

Kanmah le kanmah, kan duhamnak le kan thinlung thatlonak pawl thihter thluh hi Ziang ahsaw hivek duhdawtnak langternak lamzin umsun a si? Himi thihnak hi Amahten a hloh theinak dingah ziangvek thil tuah ding duhhrilnak saw kan neih?

NIRUK NI

January 24

Ruahbet ding: siar ding: Ellen G. White, “The Beatitudes,” pp. 6–44, in Thoughts From the Mount of Blessing.

“ An thlarau retheihnak thukzet a thei ih, anmah ah zianghman thatnak a um lo ti a theitu pawl cun Jesuh an F-4

zohnak ihsin thazang cahnak le dingfelnak an hmu ding a si. Anih cun, “ Thilrit a phur mi le zonzaih a tuartu pawl ka hnenah ra uh; colhdamnak ka lo pe ding” tiah a ti (Matt 11:28). Anih cun na retheihnak cu A zangfahnak ih lennak pawl ah a lo thleng sak. Kannih cu Pathian duhdawtnak cotlak kan si lo, Asinan Khrih, kan aamahkhan cu cotlak a si ih, A hnenih ra pantu zaten a rundam thei a si. Na nun hmaisalah ziangvek hmuhton mi na neih hmanah, a tu ih riahsiatza thil na neih hmanah, nangmah na sidan vek in thazang cak lo, bomtul, thinharnak tivek pawl thawn Jesuh hnenih na pan ahcun, lainatnak nei, in rundamtu cun lamzin ropi zetah a lo hruai ding ih, duhdawtnak kut in a lo kai ding ih, dingfelnak a korfual in a lo tuam ding. A mai ziaza thuamhnaw var thawn in thuam ih pa hnenah in feh pi. Kan ai-awih in Pathian hnenah ngennak a nei ih: Misual dinhmun ka luah theh zo. Himi ih diklonak zoh aw hlah la, keimah in zoh aw. Satan cun kan thlarau dokalh zawngin ring zetin au in, sual in puh ih, amai ta ah in tuah tum, asinan Khrih ih thisen cun huham nasa sawn in in ngensak a si.”—Ellen G. White, Thoughts From the Mount of Blessing, pp. 8, 9.

RELKHAWM DING THUSUHNNAK PAWL

1.A tlun ih thu um hi zoh awla, ziangtluk saw Jesuh ih kan lungawi ding thuhla a rel. Kannih cu Pa hmaisah kan ding: “A mai ziaza thuamhnaw var thawn in thuam ih pa hnenah in feh pi”. Kan mawhsualnak ah ziangtluk in riahsiatnak kan ngah khalah, asilole Pathian in kan parih duhdawtnak a burh mi midang hnenih kan va langter theu lo caan khalah Jesuh in “ A mai ziaza thuamhnaw var thawn in thuam ih pa hnenah in feh pi” ruangih Pa ih cohlang mi kan si timi thuthang

mangbangza ahhin ziangah saw kan kir sal tengteng a tul?

2. Naute kha an fa tiih reltu Solomon hmai ih a dingtu nunau pahnih thuhla ih Nu ih thinlung ruatnak kha vun ruat aw. 1 Siang 3:26 ih ummi tongfang kha vun ruat sal aw. Ziangtin saw himi in Hosea 11:8 ih um A minung pawl hrangih Pathian lungput tongkam pawl kha tleunak a va pek thei?

3. Thuthangtha cabu hmuahhmuah ah Jesuh cu a tulsam minung pawl ih cangvaihter in a um thu kan hmu leuhleuh. Cule ziangsaw a tuah? Mipi ih tulsam dan vekin hna a tuan a si. Bulpak zawngin si maw, pawlkom zawngin simaw mi hnem tul pawl ih tulsam mi ziangtin kan hmu thei ding?

ZIRLAI 5

January 25–31

PATHIAN DUHDAWTNAK IH THINAITHOHNAK

SABBATH SIIMLAM

Tuizarh zirlai hrang siar ding: Saam 78; Jonah 4:1–4; Matt. 10:8; Matt. 21:12, 13; Jer. 51:24, 25; Rom. 12:17–21.

Bible cangkan: “Asinain anih cu zangfahnak ih khat a si bangin, an diklonak cu a ngaidam ih a siatsuah hai lo: a si, voi tampi a thin a suup ih, a thin aithawhnak cu a zate’n a coktho lo.” (Saam 78:38, NKJV).

Pathian ih zangfahnak hi lungawi um zet si khal sehla, mi tampi cun A thinhengnak in a ti buai tiah an ruat. Pathian hi duhdawtnak a si ahcun, a thinaithoknak langter ding a si lo tiah an ruat. Ziangkhal sehla, himi ruahnak cu a dik thei lo. A thin ai-thoknak cu a duhdawtnak ihsin a ra suak mi a si.

Mi hrekkhat pawl cun Thukam hlun ih Pathian cu thinheng hmang Pathian a si ih, Thukam thar ih Pathian cu duhdawtnak Pathian a si tiah an ti. Asinan Pathian pakhat lawng a um, cule Anih cu Thukam hlun le Thar ih a langtu kha a si. Duhdawttu Pathian cu sualnak ah a thinheng theu – Asinan cuvek ih a umnak cu Duhdawttu a si ruangah a si. Jesuh Amah rori hman in sual donak ih a thinheng zia nasa zet in a langter, cule Thukam thar cun Pathian thin aithoknak ih lungawinak le dingfelnak thuhla voitam zet in zirh.

Pathian thinhengnak cu duhdawtnak le Adiknak in sualnak le diklonak a letnak hi a si ringring. Pathian thin ai-thoknak cu a thatnak famkim le duhdawtnak in a

cangvaihter mi thinhengnak a si. Cumi cun sersiammi pawl hmuahhmuah ih thansohnak a hawl a si. Pathian thinhennak cu sualnak le diklonak kha duhdawtnak ih a letnak a si. Sualnak cu soal a tuartu pawl duhsaknak le soal a tuahtu pawl parah Pathian a thinheng a si. Cuvek a si ahcun Pathian thin aithoknak cu Pathian duhdawtnak langternak dang pakhat a si.

NIKHAT NI

January 26

Sual ih riahsiatter

Bible ih Pathian cun diknak a duhdawt ih, soal a hua. Curuangah Soal le sualnak cun zangfahnak lam ah Pahian cu a hruai lut, cui zangfahnak cu hrem a tuartu le hmuhsuam a tuartu pawl ai-awh ih rel suah duhnak a si. Pathian in soal a hua, ziangahatile sualnak cun a sersiammi pawl a nater ih, amah le mah khal a tuahmawh aw a si. Pathian cu Bible lam mithiam pawl in dokalh kual mi tiih an rel vekin thinhengnak a suahter theu a si.

Himi dokalh kual mi cu a hnuailam vekin a si:

Mipi pawl cun Pathian an dokalh ih, thilsual an tuah, khuimaw caan ahcun tenumza thil an tuah ih, cuvek cu raithawinak ih nauhak hman le Pathian hmai ih thil borhbah dang an tuahmi pawl a si.

Minung ih duhhrilnak vekin Pathian a dungtawlh theu.

Mipi pawl cu ramdang mi pawl in an hmuhsuam.

Pathian ih a runsuahnak theinak ding hrangah mipi pawl an au.

Pathian zangfahnak in mipi a run suak.

Mipi pawl cun Pathian an dokalh kual rero. A hlan hnakin an luar deuhdeuh.

Hivek in sualnak le diklonak um kual rero khal sehla, Pathian cun minung rinum lo zet pawl a tong ih,

cemni neilo rinumnak, tuarfainak le mangbangza zangfahnak le lainatnak thuk zet thawn a tong hai theu a si.

Siar ding: Saam 78. Himi thu ahhin Pathian in Amah dokalh leuhleuh tu a mi pawl a letdan thuhla ziangsaw a tarlang?

Bible ih a langdanvek asile, duhdawtnak le diknak cu a ngerh aw ringring mi an si. Pathian thinhengnak cu duhdawtnak in soal a dokalhnak hi a si, ziangahatile soal cun Pathian duhdawtmi pawl a natter ruangah a si. Bible sung ahhin Pathian cu midang zawn ruat loin thin aithok, lole thinheng, lole dik lozetih a lungawilonak tivek zianghman a um lo.

Pathian minung pawl in Amah an phatsan le an hnong lai caan ah Pathian cun a kumza tel in thinsau zetin ruahban lo tiangin lainatnak a langter vivo (Neh. 9:7-33), Himi cu A duhdawt zangfahnak le thinsau zetih a tuarfainak pawl thuk zetih tarlangnak a si. A ngaingai te cun Saam 78:38 vek asile, Pathian cu, "Zangfahnak ih khat a si bangin, an diklonak cu a ngaidam ih a siatsuah hai lo: a si, voi tampi a thin a suup ih, a thin aithawhnak cu a zate'n a coktho lo" tiah a ti

Na thinheng tuk ruangah midang parah thil tha lo na tuah zo ko ding. Himi thinlung khawruahnak in ziangtin saw soal lam ih Pathian thinhengnak theithiam dingin a lo bawm?

NIHNIH NI

January 27

Pathian cu thinheng har mi a si

Pathian cu duhdawtnak a si ruangah soal ih thinheng mi ah a hungcang. Pathian cu lainatnak le zangfah thiammi a si. Cumi ruangah Bible ih profet pakhat cun Pathian in zangfahnak a neih tam tuk ruangah soal mawh a puh riangri.

Jonah thuanthu kha vun ruat awla, Jonah 4:1-4 sungih Pathian zangfahnak cun Nineveh mi pawl a ngaidamnak ah Jonah ih cangvaihdan kha ruat aw. Himi cun Jonah thu le Pathian thuhla ziangsaw in sim? (Zoh aw.. Matt. 10:8.)

Pathian zangfahnak ah Johan ih ngaihdan cangvaihdan cu lamzin pahnih ih simrel a si: Pakhatnak, Jonah ih thinlung haknak a langter. Assiria pawl in Israel pawl parih an thil tuahzo mi ruangah a hua zet, Pathian in an parih zangfahnak a langter ding khal a duh lo.

Kan hrangah ziang zirlai so um? Himi ruahnak hi ziangtluk in theithiam theih mi si khal sehla, kan ralring ding a si. Pathian ih zangfahnak dongtu hmuahhmuah cun zangfahnak an phu lo zia a hleice in an theithiam ding ih, midang hnenih zangfahnak karhzai ter an duh ding a si.

A pahnihnak ahcun, Jonah ih ngaihdan cangvaihdan cun amai nun ziaza ah Pathian zangfahnak le lainatnak a tam zia a tarlang. Jonah cun Pathian duhdawtnak cu a theifiang zet ih, curuangah- Pathian cu “Ngilnei Pathian le lainat thiam” le “thinhenhar le duhdawt lainatnak maksak neitu” (Jonah 4:2) a si timi Jonah in a theih tikah Nineveh khua tlun ih thuthennak thlen ding cu Pathian in a colhsan ding timi a thei. Pathian cun dik zet le zangfahnak thawn mi hmuahhmuah le miphun hmuahhmuah hi a zoh a si.

Hebru tong ih, “thinhenhar” asilole “thinsau” timi cu a ngaingai ten lelin ahcun “Hnar sau” tinak a si. Hebru tong thinnak ah thinhengnak cu hnar thawn pehpar aw ih tahthimnak a si, cule hnar sau lam ih tongthimnak cun mi pakhat ih thinheng hardan lam a zohter a si.

Pathian cu “hnar sau” tiih a ti tikah, cumi cun Pathian thinheng hardan le thinsaudan a tarlang a si. Minung hrangah thinheng dingin tikcu caan hman rei a

tul lo laiah, Pathian cu thinsau, tuarfai zet a si ih, a lak in le cemni nei loin zangfahnak a pe ih, asinan soal cu thiamlo cangter ta loin, dik lonak mit a cawter cuang lo. Pathian Amah rori in soal le soalnak hrangah thinglamtah ah remnak a tuah, cuticun Amah a zumtu pawl cu thiam a coter thei ding a si (Rom. 3:25, 26).

Na parih thil soal tuahtu zo si maw hnenah zangfahnak asilole lainatnak tivek na langter dah maw? Pathian in cemni neilo zangfahnak a lo pekmi letnak dingah midang parih zangfahnak nei deuhdeuh tu ih na suah theinak dingah Pathian in na hrangih a tuah theh zo mi ziangtin saw na theih ringring thei ding? Cule ziangtin saw lainatnak le zangfahnak hi soal tuah ding lole midang hremnak pe ding ih siannak teloin kan tuah thei ding?

NITHUM NI

January 28

Thinhengnak dik

A tha lomi thinhengnak tamzet a um laiah, Bible cun “Thinhengnak dik” a um thu in rak zirh.

Nu pakhat cun bualrawn ih a lek rero tu a fanu kum 3 mi cu a zoh ringring, cule rinlopi in mipa pakhat cun a fanu cu a ra tibuai timi vun mitthlam aw. Cui’ nu pakhat cu thinheng loin a um ding maw si? A thinheng tuk ding. Hivek caan ahcun thinhengnak cu duhdawtnak langternak a si. Himi tahthimnak cun Pathian ih “thinhengnak dik” theithiam dingin in bawm a si.

Siar ding: Matt 21:12, 13 le Johan 2:14, 15. **Biakinn an hmandan thuhla ah soalnak ih Pathian thinhengnak thuhla Jesuh in cangvaihdan kha ziangsaw in sim?**

Himi ahhin Jesuh cun nuhmei, hngaktah, le mi rethei pawl ih co ding mi hlawknak pawl laksak duhnak ruangih Pathian biakinn cu “rukru pawl ih inn” ih a suahtu misual pawl dokalh in thinhengnak dik in “Pathian

ngaihsaknak” cu a langter a si (Matt. 21:13; himi thawn zoh aw Johan 2:16). Pathian zangfah ngaidamnak le misual pawl A thiangfaiternak zohter tu Biakinn le khawmnak cu mi rethei hrekkhat pawl nekrawknak le bumnak ah an hmang sawn riangri. Himi borhbahternak ah Jesuh hi thinheng loin a um ding maw si?

Marka 10:13, 14 le Marka 3:4,5 ahcun A thinhengnak dik tapi tahthimnak a um. Mipi in Jesuh hnenah nauhak pawl an hruai tikah, “dungthluntu pawl cun anmah run hruaitu pawl an kaw” Jesuh cu “a thin a heng tuk” – a tongfang cun “Thinheng zet” ti a si. Anih cun an hnenah, “ Nauhak pawl kha ka hnenah rat siang uh” tiah a ti (Marka 10:13, 14, NKJV).

Hmundang ahcun, Sabbath ni ih Jesuh in mina a damter ih Sabbath daan buar tiih Farasi pawl ih soal mawh puh dingih an hngak lai ah Jesuh cun, “ ‘Sabbath ni ah thiltha tuah maw, asilole thiltha lo tuah a tha deuh? Nunnak runhim maw, asilole thah a tha deuh?’ “ tiah thu a sut (Marka 3:4, NKJV). Anih cun, “A kiangkap ih um pawl cu thinheng zet in a zoh, an lungruh tuk ruangah a riah sia zet”, cumi theh hnuah mina pa damter hna a tuan (Marka 3:5, NKJV). Hitawh ih Khrih ih thinhengnak cu an lungnah ruangih riahsiatnak thawn a cem cih thluh: himi cu Thukam hlun ih Pathian hnenih a um theu thinhennak cu duhdawtnak ih a dikmi thinhengnak a si vek ciahin duhdawtnak ih a dikmi thinhengnak a si. A hleice in sualnak in duhdawtnak a natter tikah Ziangtin saw duhdawtnak cu sualnak in a tibuai lo ding?

Ziangtinsaw kan thinhengnak cu “thinennak dik” vekin mah le mah thiamco awter lo dingih kan ralrindan ding? Cuvek cu rak olsam zet bangta sehla, ziangtin saw cuvek thang ngaingai lak ihsin kan kilhim awk thei ding?

NILI NI

January 29

Pathian cu a duh hrimhrim ruang ih zawnzaiter a si fawn lo

Bible pumhlum ah Pathian cun a lainatnak cu nekrawk tuar le hmuhsuam tuar pawl hnenah a langter ih, misual pawl le sualnak tuahtu pawl dokalh in thinhengnak dik a neihmi thawn khal in an mil aw zet. Soal hi rak um lo bangta sehla, Pathian hi a thinheng zik lo. A thinhengnak cu a sersiammi siatsuah theitu dokalh hi a si ih, a si ringring ding.

Tahhla 3:32,33 ih a langdan vek asile, Pathian cu a duh hrimhrim ruangih zawnzaiter a si fawn lo (a ngaingai te ahcun, Pathian cu “a thinlung ihsin” natter mi a si lo). Thilsual tuahtu pawl parih thuthennak thlen a duh lo ih, asinan duhdawtnak cun a netnak ah diknak a ngen a si.

Himi thudik cu Pathian in a mi pawl a ngaidam thei ringringnak le soal sirnak le Amah thawn rualremnak nei dingih tikcu caan tha a peknak ah hmuh theih a si. Profet fehtlang in Pathian cun a mi pawl cu a ko leuhleuh, asinan annih cun an rak ngai duh lo (zoh Jer. 35:14–17, Saam. 81:11–14).

Siar ding: Ezra 5:12 le Jeremiah 51:24,25,44 **hi zohtim aw. Himi bungcang pawl in Babilon mipun pawl fehtlangin Jerusalem ih thuthennak a ra thleng mi thuhla ziangsaw a simfiang?**

Ezra 5 ih ummi vek asile, mipi pawl in Pathian thinheng ternak an bansan duh lo ih, an sirawh duh lo hnuah, a netnak ah Pathian cu a dungtlawh ih “Babilon siangpahrang Nebuchadnezzar kut ah” a mipi pawl cu “ A pek’ “ (Ezra 5:12, NKJV). Asinan “thatter theih nawn lo” hnuah hivekin Pathian in a tuah a si (2 San. 36:16), cumi hnuah Pathian cun Judah ram an siatsuahnak ruangah Babilon cu thuthennak a tuahsak (Jer. 51:24, 25, 44; himi thawn zoh aw Zekha. 1:15).

Cathianghlim in a dang thuthennak tamzet, Pathian ih a run thlenter mi tiih a relmi cu Pathian in a mipi pawl cu anmai ral kut ih a “peknak” (Thut. 2:13, 14; Saam. 106:41, 42) vekih simfiang a si, cumi cu mipi in Bawipa tlansan in hnamdang “pathian pawl” bia dingih thutluknak an tuahnak vekin a si (Thut. 10:6–16, Daan. 29:24–26). Pathian thinhengnak cun soal a dokalh, cumi cu a netnak ah soal hmuahhmuah cu kumkhaw hrang voikhat siatbal theh a si leh ding. Cumi cu a netnak ih leitlun a that theinak ding duhsaknak le duhdawtnak hmuahhmuah thawn a rung suak mi a si ih, cumi cu anmahten soal le dokalhnak le sualnak ih thusuhnak pawl hmuahmuah ah hmual a nei a si.

Ziangtinsaw Pathian in thuthennak ih mikip thlen a duh lo timi thudik in Pathian thinhengnak le thinaithoknak theithiam dingin a lo bomdan? Pathian hi thinheng har mi rak si cun kan kiangkap mi pawl hnenah thinsau le tuarfai in kan um ding a silo sawm? Cuvekin ziangtin kan tuah thei ding, cumi rual in ziangtin saw diklonak tuartu pawl kan ngaihsak ih kan kilkhawi thei ding?

NINGA NI

January 30

Lainatnak langter aw

Pathian thin ai-thoknak cu “rapthlak zet” thil a si laiah ziangti lam khal in duhdawtnak tel lo asilole mizia tha lo lam a si dah lo. Thukam hlun le thar ahcun Pathian cun A duhdawtnak ruangah soal ahhin thinhengnak a langter. Pathian thinhengnak cu Pathian ih ropitnak le a thianghlim mi thatnak kalh ciah in soal ahhin a rapthlak a si.

Himi ahhin duhdawtnak cu Pathian hrangah a thupit tuk; thinhengnak cu a si ve lo. Sualnak le diklonak

a um lonak hmun ahcun thinhengnak a um dah lo. A netnak ah Pathian in a duhdawtnak nasa zet cangvaihnak in leitlun ihsin sualnak a cemternak ahhin thinhengnak le thin ai-thoknak khal a cemter ding a si. Cule cumi cu ziangtik lai caan khal ih diklonak le sualnak a um nawn lo ding ruangah a si. Curuangah a famkim mi duhdawtnak ih laicin awknak ahhin diknak le lungawinak lawng hi kumkhua in a um ringring ding a si. Cutawk ahcun Pathian thinhengnnak hi a um sal nawn lo ding, ziangahatile cumi um dingih a tul nawn lo ruangah a si. Ruatnak maksak zet a va si so!

Mi hrekhat cun Pathian thinhengnak cu tum lo deuh ih minung phuleisam siannak pek vek a si men thei tin an ruat. Siar ding: Daanpeksalnak 32:35, Thufim 20:22, Thufim 24:29, Rom 12:17–21, le Hebru 10:30. **Himi bungcang pawl in minung phuleisamnak ziangtin an kilkhawi?**

Cathianghlim ih langvek asile Pathian cun thuthennak thlen thei dingin diknak a nei ih, a fehpi ahcun diknak famkim thawn a si ringring. Thukam hlun le thar ah Pathian hrangih phuleisamnak cu fiangzet in a ret a si. Paul in Rom 12:19(NASB) ih a ngan vek in, “Duhdawt zetmi tla, nanmahten phuleisam dah hlah uh, asinan Pathian thinhengnak hrangah hmun ret sawn uh. Ziangahatile hiti ih ngan a si, “PHULEISAMNAK CU KEIMAI TA A SI, KEIMAH IN KA THUNGRUL DING tiah Bawipa in a ti” (Daanpeksalnak 32:35 ih ta lakmi a si).

Anetnak ah Pathian in soal le diklonak ah thuthennak a thlen laiah, Khrih cun Amah a zumtu pawl hrangah lamzin a rak tuah. A ngaingai te cun, himi cu, “a ra lai dingmi thinhengnak ihsin in runsuaktu cu Jesuh a si” (1 Thess. 1:10, NKJV; zohtlang aw Rom. 5:8, 9). Cule himi cu Pathian khawkhannak a si: “Ziangahatile Pathian

in thinheng dingah in ruat lo. Asinan kan Bawipa Jesuh Khrih zarah rundamnak co dingin in ruat sawn a si” (1 Thess. 5:9, NKJV). Pathian thinhengnak cu a siatral thei lo. Asinan Jesuh ih zumnak neitu pawl cu Khrih ruangah cuvek thinhengnak ihsin rundam an si ding a si.

Ziangvek lamzin in saw Khrih in thinhengnak ihsin in runsuah laiah rualrem awknak ih diknak cu a kaihnget? Na hrangah khawkhannak tuah a si ih, na tlin lonak um cingin ziangtluk in saw midang hnenah na zangfahnak na langter ding?

NINGA NI

January 31

Ruahbet ding: siar ding: Ellen G. White, “Idolatry at Sinai,” pp. 315–330, in Patriarchs and Prophets.

Sui caw note lem sualnak thuhla ah Ellen G White cun hitin a ngan: “Israel fate pawl cu phatsanak ih sual ah an um zo, cule cumi cun hlawknak thawn an umnak hmun ih a rettu le A thuneihnak an thlun dingih a tiamtu Siangpahrang pakhat an dokalh a si. Pathian cozah hi diknak ih a um thei ringringnak dingah phatsantu pawl cu hrem ding an si. Cucing khal in hitawk ah Pathian zangfahnak cu tarlang in a um. A daan a kilkhawi that lai ah, Anih cun duhhril thei zalennak a pe ih, sual sir pawl hmuahhmuah hrangah caan tha a pe a si. Dokalhnak bansan duhlo tu pawl cu hlawnhlo an si.

“Himi sualnak cu hrem tengteng ding a si, cumi cu an kiangkap miphun pawl hnenah Pathian in milem biaknak a huatzia langternak ding a si. Thiam lo co pawl parah thuthennak dik hmang in, Moses, Pathian mi hman cun sual hremnak mipi vantlangin an relsiatnak cu uluk zetin a hmnsin tha ding a si. Himi hnuah Israel pawl in an kiangkap ih um milem bia hnamdang pawl thiamlo an coter tikah an doral pawl cun Johovah hi an Pathian tiih a ti awtu miphun pawl in Horeb ih cawlem cibai an buk kha an

rak phorhsuak ve ding a si. Cule thudik lungawi um lo zet theihter an si hnu hmanah an tuarnak rapthlak zet le an sualnak cu ngaizam le ngaidam theih men mi a si lo zia an rel ding”

“Duhdawtnak cun thuthennak dik a ngen ih, sual cu hrem ding a si... Pathian zangfahnak cu mi thawng tamzet in tuar mai ko hai seh, mi ting tamzet parih thuthennak a thlen ding ai hnakin... Minung tamsun kan run theinak dingah mi malte cu a hrem a tul a si” —Ellen G. White, *Patriarchs and Prophets*, pp. 324, 325.

RELKHAWM DING THUSUHNAK PAWL:

- 1. Mi tampi in Pathian thinhengnak pomdan ahhin harsatnak tamzet an neihnak san hi ziangah saw na si na zum? Cumi theithiam dingin ziangin saw lo bawm?**
- 2. Pathian in a hawl caan ih rak um dah lo, mi ih an phuleisamnak an hawl tiki a um ringring theumi buainak kha ziangsaw a si?**
- 3. Israel pawl in sui caw note lem bia in Pathian an dokalh ahkhan Pathian ih zangfah thuthennak kha ziangvek saw a si? Pathian thuthennak cu duhdawtnak ih cangvaihnak a si timi khihmuh tu Bible cang zohthim ding dang ziangsaw um?**
- 4. Pathian cu dik zetin sual ah a lungawi lo ih, diknak famkim thawn thuthennak a thlen a si timi kan theihthiam khalah ziangtluk in saw midang pawl thiamlo co ter lo hi kan hrangih a thupit? Himi tak hi 1 Korin 4:5 zoh phah in rel khawm uh si.**

ZIRLAI 6**February 1-7****DIKNAK IH PATHIAN DUHDAWTNAK****SABBATH SIIMLAM**

Tuizarh zirlai hrang siar ding: Saam. 33:5, Saam. 85:10, Daan. 32:4, James 1:17, Titas 1:2, Suah. 32:14, Matt. 5:43-48.

Bible cangkan: “ ‘Kei Bawipa cu leitlun ah duhdawt zangfahnak, thuthennak, le dingfelnak a hmangtu ka si timi in theithiam ih in theihnak ahhin a uangawtu cun uangaw sawn seh: ziangahatile hi pawl ahhin ka lung a awi a si, Bawipa in a ti.” (Jer. 9:24, NKJV).

Hlansan ih nisuaknak lam um miphun pawl ih “pathian pawl” cu danglam zet, nuncan tha lo, hmailam thu simcia thei lo lawng hman siloin nauhak raithawinak tivek siatvatnak ding thu pe theu pawl an si. Cuvek si khal sehla, pathian dang biatu pawl cun an harsatnak an siar ngam lo ih, an hnamdan “pathian pawl” cu an phatsan thei lo.

Daanpeksalnak 32:17 ih ummi vek asile, cuvek “pathian pawl” phen ah khawsia pawl an um a si (himi ahtla zoh aw 1 Kor. 10:20, 21). An biaknak pawl cu fehsualnak ah a pitling ih, mipi pawl cu thlarau lam le nun tu khawsadan thatlonak thim zetah an um.

Bible ih Pathian cu hivek khawsia forhfialnak ihsin nasa zetin danglam loin a um lo. Yahweh cu tha famkim le a nun thlengdah lotu a si. Cule Pathian thatnak ruang lawngin a tu le kumkhua hrangah ruahsannak ziangvek khal kan nei thei a si.

Hlansan leitlun ih a diklo mi pathian pawl le a tuisan ih “pathian pawl” thawn khal in danglam zetin Yahweh cun sualnak, tuarnak, diklonak, nekrawknak tivek pawl thu a ruat zet ih – cuvek pawl hmuahhmuah cu fiang zetin, nasa zetin a mawthluk a si. Cule a thupibik cu nikhat nini ah Anih cun a cemral ter thluh leh ding.

NIKHAT NI**February 2****Duhdawtnak le diknak**

Bible hmuahhmuah ah duhdawtnak le diknak cu an fehtlang ringring. Duhdawtnak dik cun diknak a tul ih, diknak ngaingai cu duhdawtnak in a uk ih, hlawhtlinnak a pe a si. Himi ruahnak pahnih hi a rual ih vun ruat hna kan thiam lo, ziangahatile duhdawtnak le diknak a pahnih in minung ih an danglamter tukruangah a si.

Siar ding: Saam 33:5, Isaia 61:8, Jeremiah 9:24, Saam 85:10, le Saam 89:14. **Ziangtinsaw a tlun ih bungcang ummi pawl in a dikmi Pathian in diknak a ngai thupit zia an langter?**

Himi bungcang pawl in Pathian in diknak a duh timi a fiangter zet (Saam. 33:5, Isa. 61:8). Cathianghlim ah duhdawtnak le diknak cu an pehzom aw a si. Pathian duhdawtnak le Pathian dingfelnak cu an fehtlang, cule Anih cun hi leitlun ahhin dingfelnak le diknak a um theinak dingah a ngaihsak zet.

Cule san le vang tha zet a um ruangah profet pawl cun diklonak pawl hmuahhmuah, daan dik lo, tahfung dik lo tivek khal tel in, diklonak le rethei pawl nekrawk in, nuhmei le mi harsa pawl an run rel lang. Minung pawl cu sualnak le dik lonak tamzet ah lut khal sehla, Pathian cu ‘leitlun ah duhdawt zangfahnak, thuthennak, le dingfelnak a hmangtu’ a si ringring ’ “ (Jer. 9:24, NKJV). Cuvekin ca thianghlim hmuahhmuah ah Pathian ih rin um pawl cun

Pathian thuthennak ropi hi thil a tha zet mi tin an rak hmu, ziangah tile sual tuahtu le nekrawk hmang pawl hrang hremnak a thlen ih, cumi cun dik lo zetih ih puhnak le nekrawk tuar pawl hrangah diknak le runsuaknak a run keng tel a si.

A ngaingai te cun dingfelnak le diknak cu Pathian cozah ih thumawknak bik a si. Pathian duhdawt thatnak cozah cu diknak le dingfelnak a si ih, cumi cu mai' bulpak huham le hlawnak duh ruangih dik lonak ih a lut tu hi leitlun cozah thawn cun a danglam aw zet. Pathian ahcun, "zangfahnak le thudik an tong aw; dingfelnak le daihnak an hnamaw" (Saam. 85:10).

Cule Pathian in kan lakah ziang duh ti cu a relfiang zet: "Maw minung, thiltha cu a lo hmuh zo; cun dik zetih thil tuah ding, le lainatnak ngainat ding, le Pathian thawn hnuaidortei' feh ding ti siarlo ah ziang saw Bawipa in a lo fial?" (Mikah 6:8, NKJV). Pathian ziaza kan langter dingmi a um a si ahcun, duhdawtnak - le cumi ihsin a ra suak mi diknak le zangfahnak hi - a laimu bik ih a um ding mi a si.

A tu ahcun minung diknak a silo zawngih ummi zohthim ding a ummi cu ziangsaw a si? Cuti asile, ziangtin saw nikhat ni ah Pathian diknak famkim hrangah au suak lo ih kan um thei ding?

NIHNIH NI

February 3

Pathian cu dingfel le tha zet a si

Pathian cun diknak duhdawt dingin le mipi pawl in duhdawtnak le diknak tuah dingin a ko men lo ih, Amah Pathian rori cun khativek ziaza pawl cu famkim zet le hnget zetin a zohter a si. Cathianghlim cun Pathian cu Thianghlim, rinum, dingfel, le duhdawtnak a si zia a zirh. Pathian Amah lawngin duhdawtnak, dingfelnak, le diknak a tuah ih, a tuah ringring. Thildik lo a tuah dah lo.

F-5

Siar ding: Daanpeksalnak 32:4 le Saam 92:15. **Himi bungcang pawl in Pathian ih rinumnak le dingfelnak thuhla ziangsaw a zirh?**

Himi pawl le Bible bungcang dang tamzet cun Pathian cu diknak le duhdawtnak a si timi a rel fiang - "Amah ahcun dingfellowak zianghman a um lo" (Saam. 92:15, zohkop aw Saam. 25:8, Saam. 129:4). Pathian cun "diklonak a tuah dah lo. Zingtin a dingfelnak cun tleunak a run thlen; a pelh dah lo, asinan diklonak cun ningzak hna a thiam lo" (Zef. 3:5, NKJV). Pathian ziaza cu diklonak a ngaina tu pawl thawn an dokalh aw a si timi hmingsin aw.

Pathian cun mi hmuahhmuah hrangih a thabik ding a thei ih, mi hmuahhmuah hrangih a thabik ding a duh, cule cumi ih a teltu pawl hmuahhmuah hrangah thil thabik a hung suak theinak dingah hna a tuan peh vivo.

Siar ding: Saam 9:7, 8 le Saam 145:9-17. **Himi bungcang in Pathian thuhla ziangsaw a zirh?**

Bible ih Pathian cu "thuthentu dik" a si (Saam. 7:11, NKJV), cule Amah ah sual zianghman a um lo (Saam. 5:4). 1 Johan 1:5 ih in zirh vek in, "Pathian cu tleunak a si, cule Amah ah thimnak zianghman a um lo" (NKJV). A ngaingai te cun, Pathian hi a tha famkim men lo ih, James 1:13 ih a um veki, "Pathian cu sual in a thlem thei lo a si" (Zoh kop ding Hab. 1:13).

Himi pawl ah Pathian thatnak le sunlawinak cu phawih theih lomi pehawkak a si. Mi tampi in huham an neihduh lai ah Pathian cu huham zaten neitu a si, asinan A huham cu duhdawtnak le diknak lamzin tivek lawngah a hmangsuak a si. Moses in Pathian hnenah, " 'Na sunlawinak in hmuh aw' " a ti khal kha thil umpang mi men a si lo. Pathian cun hitin a rak let, "Ka thatnak hmuahhmuah cu na hmaiah ka langter ding" (Suah. 33:18, 19, NKJV).

Cuvek lawmmam ih mitha Pathian cun ziangah leitlun ah soal nasa zet um dingin a siang? Na letnak cu Sabbath sikil zirnak ah rel aw.

NITHUM NI

February 4

Pathian ziaza thleng aw dah lo

Siar ding: Malakhi 3:6 **le** James 1:17. **Himi bungcang pawl in Pathian ziaza ziangsaw an zirh?**

Malakhi 3:6 ah Pathian cun, “Keimah cu BAWIPA ka si, ka thleng aw dah lo’ “ (NKJV) tiah a ti. Mi hrekkhat in himi bungcang hrekkhat fangte an siar ih, himi sullam cu ziangvek lam khal in Pathian cu a thleng aw dah lo tinak a si tiih an zum lai ah, himi bungcang ih a tanglaimi pawl le a sungthu um pawl cun hitawk ih thlengaw dah lo Pathian timi nemhnggetnak cu Pathian ziaza thlengaw dah lo relnak a si timi a rung langter. Bungcang dang pawl cun Pathian cu laicinawknak ah a thleng aw men thei timi a run rel, ziangah tile Pathian cun, “Curuangah Jakob ih fapa pawl, cimit in nan um lo’ “ tiah a ti. Cumi theh ciah cang ahcun Pathian in a minung pawl hnenah hitin a phuang, “Ka hnenah ra kir uhla, kei khal nan hnenah ka ra kir ve ding” (Mal 3:7).

Curuangah Pathian cu a sersiammi pawl thawn laicin awknak ah dung le hmai ah a um, asinan laicinawknak ah dung le hmai in, lole ziangkim khalah Pathian ziaza cu a dinghngget ringring. Cumi cu James 1:17 ah a run nemhngget vekin, thilpek famkim le tha hmuahhmuah cu Amah ih thlengawknak um lo Pathian hnenah ihsin a ra mi an si timi a phuang. Pathian cu soal bulhram a si lo.

Hitawk le hmundang ah cathianghlim cun Pathian ziaza cu thlengaw dah lomi a si ti a zirh. Phundang ih kan rel ding asile, Bible cun mawi zet in Pathian cu thatnak ih

thlengaw dah lo mi a si timi a zirh. Asinan Pathian cun sersiammi pawl let phah in laicinnak ngaingai ah a luhpi, asinan duhdawtnak le diknak thawn a si ringring.

Siar ding: 2 Timote 2:13; Titas 1:2; **le** Hebru 6:17,

18. Himi bungcang in Pathian thuhla ziangsaw a zirh?

Pathian cu Amah ten a hnongaw thei lo, Pathian cun thuphan a per dah lo, cule Pathian ih thutiamkam mi cu a pelhsawlh dah lo. Bible ih Pathian cu Kan hrang thinglamah ih Amah duhnak thawn a pe aw tu Pathian (Khrih) thotho kha a si timi zum hnggetnak kan nei. Anih cu rinsantlak Pathian a si. Cule hmailam hrangah ruahsannak le rintlak ngamnak kan nei thei, ziangah tile Hebru 13:8 ih a rel vekin, “Jesuh Khrih cu mizansun, tuisun le kumkhua in a hmun a si” tiah a ti. (NKJV).

Ziangtin saw na nun ih thil thalo zet a thlen lai khalah Pathian thatnak rinsan dingih na zir thei ding? Thinglamtah parih Amah Pathian thatnak rinsan dingih na zirnak ah ziangsaw a lo bawm thei?

NILI NI

February 5

Siraw Pathian?

Pathian hi a “sir aw” thei maw si? Cuvek asile cumi ih sullam ziangsaw a si ding? Pathian ziaza cu a thlengaw dah lo ti kan hmu zo fawn si. Asinan Bible hrekkhat ah Pathian cu “sirawknak nei” lole “thin dai deuh” vekin an rel. Asilobik in minung hrangah sirawknak cun thil tuah dik lo a kengtel ti theih ringringnak a si. Cun, ziangtin saw Bible hrekkhat pawl ah Pathian cu “siraw mi” vekih an suah thiam?

Siar ding: Suahlannak 32:12 **le** himi cu Jeremiah 18:4-10 **zoh kop aw. Himi ih Pathian “thindaihnak” a rel mi hi ziangsaw na ruat dan?**

Hitawk le Bible hmundang tamzet ah Pathian cu mipi ih thlacamnak lole soal sirnak hrekhat pawl a letnak ih thuthennak ah a sirawk theu hi a relfiang zet. Pathian thutiam cu Mipi pawl cu an thatlonak ihsin an kirsal a si ahcun, Pathian cun a khawkhan mi thuthennak ihsin a dungtawlhsal ding a si. Minung sualsirnak let in thuthennak thlen ding mi ihsin Pathian a dungtawlhsal hi Cathianghlim fehtlang ih thil umdan kel a si hrimhrim.

Siar ding: Mipum 23:19 le 1 Samuel 15:29. **Pathian hi a “siraw” simaw, a “thindai” tivek thuhla ah himi bungcang cun ziangsaw an zirh?**

Himi bungcang pawl ah fiangzet in Pathian cu, “siraw dingin, minung a si lo” (1 Samuel 15:29) tin le “Thuphan per dingin Pathian cu milai a si lo; siraw dingin minung fapa khal a si lo: a sim zomi cu buah loin a um ding maw? Asilole a tong zo mi cu buah tha loin a um ding maw?” (Mipum. 23:19, NKJV). Bible cang dang thawn milaw in siaraw, himi bungcang hmangin Pathian cu “siraw” mi a si lo tihi lak thluh a theih zik lo. Zianghatile cuvek pawl cun Pathian cu minung ih buahdan veki “siraw” in a um lo timi a tarlang a si. Pathian cun a thutiam a kaihngget ringring ih, minung pawl ih sualsirnak let dingih a thlengawk tum lai ah A kamsuak thu le a thatnak thawn in asidan ding veki a buah ringring a si. Pathian cu sualsirnak let dingin thuthennak ihsin a thindai theu, zianghatile A ziaza cu a tha, a dik ih, duhdawtnak le zangfahnak hli a si.

Pathian a “siraw” tihi Bible ih a langmi pawl in ziangsaw thupitnak an neih? Himi in Pathian cu Amai hrangih danglamnak thlen ngaingai tu thilpek le laknak laicinawknak diktak ih a lut rualin Pathian ziaza ih a nnggetzet mi thuhla ziangsaw a tarlang?

NINGA NI

February 6

Duhdawtnak le diknak kha kaihngget aw

Cathianghlim cun rualrem zetin himi a zirh: “Bawipa na Pathian cu Pathian a si ti thei aw, amah a duhdawtu le a thupek pawl a thluntu pawl par ahcun san thawngkhat tiang thukham le zangfahnak kimturu a si” (Daan. 7:9). Duhdawtnak le thatnak ih a ziaza cu Jesuh in thinglamtah ahkhan sangzet in a tarlang (zoh aw Rom. 3:25, 26; Rom. 5:8). Saam 100:5 vek asile, “Bawipa cu a tha: A duhdawtnak cu kumkhua in a hmu, cule san hmuahhmuah ah a rin um” (ESV; zoh tlang aw Saam. 89:2). Culawng hman siloin, Pathian cu rinsan tlak a si; Anih cun A fale hnenah thilpek tha lawng a pe (James 1:17; zohthim aw Luka 11:11–13). A ngaingai te cun, A doral vekih a buah aw tu pawl hnen hmanah thiltha a pe a si.

Siar ding: Matt 5:43-48. Himi in Mangbanga Pathian thuhla ziangsaw in zirh? Himi Jesuh ih zirhmi tleu ahhin ziangtin midang tlunah kan tuahtuan ding?

Mathai 5 ahcun Pathian duhdawtnak cu a famkim mi duhdawtnak veki a tarlang. A famkim lomi duhdawtnak cu nangmah a lo duhdawttu pawl lawng kha duhdawt aw timi duhdawtnak kha a si. Asinan Pathian duhdawtnak cu amah huatu, A doral dinhmun ih a buah aw tu pawl hman a duhdawt a si. A duhdawtnak cu a him ih, curuangah a famkim a si.

Pathian ih duhdawtnak le lainatnak cu ruahsan ban lo tiangin kau zet khal sehla, diknak cu ziangsiar loin le pahbal men in a um lo. Cuvek lamlam hlah khaw, cumi cun diknak le lainatnak cu a rual in a kengtela si (Saam. 85:10). Cuvek ciah in Bible khalin in forh ve a si: “Lainatnak le diknak cu kilkhaw awla, a tlaitluan in na Pathian hngak aw” (Hos. 12:6, NKJV). Bible dang ahcun “duhdawtnak le diknak kha kaihngget aw” tiah a um (Hos. 12:6, ESV; Zoh tlang aw Luka 11:42).

A netnak ahcun, Pathian Amah rori in diknak famkim a run keng ding. Rom 2:5 cun A “thuthennak dingfel cu a lang leh ding” (Rom. 2:5, ESV) tiah a ti. A netnak ah tlencia pawl cun hlasak in : “Bawipa Pathian Ziangkimtithi, na thil tuahmi pawl cu an ropi in an maksak; nang mithianghlim pawlih Siangpahrang, na lamzin pawl cu an fel in an dik a si. Maw Bawipa, zo saw a lo tihzah lo ding ih, na hmin sunlawih lo ding? Ziangahatile nangmah lawng na thianghlim: na thuthennak pawl cu langter an si ruangah mipahun hmuahhmuah na hmaiah an ra ding ih an lo be ding a si, tiin.’ “ (Thup. 15:3, 4, NKJV; zoh kop aw Thup. 19:1, 2).

Isaiah 25:1 ahcun hitin a relfiang: “Maw Bawipa, nang cu ka Pathian na si; ka lo cawimawi ding, na hmin ka thangthat ding; mangbangza thil pawl na tuah zo; khuahlan ih na khawkhannak pawl cu rintlak le thudik an si”. Riahsiat caan khalah ziangtin saw Pathian thangthatdan kan zir thei ding? Ziangvek lamzin in saw na nun hi ahhin diknak kaihzarter in Pathian thangthat dingih nun hlannak ih na um thei ding?

NIRUK NI

February 7

Ruahbet ding: siar ding: Ellen G. White, “God’s Love for Man,” pp. 9–15, in Steps to Christ.

“Pathian kamsuak thucun A ziaza a rung langter. Amah rori in a a dai thei lomi a zangfahnak le duhdawtnak a run phuang a si. Moses in, “Na sunlawinak i hmuh aw” a ti ahkhan Pathian cun, “Ka thatnak hmuahhmuah cu na hmaiah ka langter ding” tiah a ti (Suahlannak 33:18,19). Himi cu a sunlawinak a si. Bawipa cu Moses hmaiah a feh, cule “Bawipa, Bawipa Pathian, mi zangfahthiam le ngilnei, mithinsau, le thatnak le thutak ih khat, Mi thawng tampi parih lainatnak nei” tiah a phuang (Suahlannak 34:6,

7). Anih cu ‘Thinheng har, le nasa zetih ngilnei mi a si’ ziangahatile Anih cu lainatnak ah a lungawi’ Jonah 4:2; Micah 7:18.

“ Lei le van ih a hmainsinnak siarcawk loin Pathian cun a hnenah kan thinlung a tawnih, milai in Amah kan pehzom theinak dingin leiltun thil ihsin a run phuangsuak a si. A thil tuah miin a duhdawtnak an tarlang kim thei hrih lo. Thil tamzetin a duhdawtnak thu run phuang khal sehla, Setan cun Pathian cu thuthen thiam lo a si tin an hmuh theinak dingin minung thinlung sungah hna a tuan ringring. Curuangah mi tampi in Pathian cu ngaidamnak nei lo, le misual zetah an ngai theu. Setan cun Pathian cu mi siakha, phuba lak hmang le thuthentu dik lo tiih ngaiter in tum theu a si. Milai parih thuthennak a thlen theinak dingah sersiamtu Pathian in milai diklonak le tuahsualnak cu hmuh tum in a zoh ringring tiin Setan cun a zum a si. Hivek ruahnak dik lo rehter ding le Pathian duhdawtnak dai thei lo leitlun ih a run phuan tum ruangah Jesuh cu milai hnenah um ve dingin a rungter a si. Pathian fapa cu van ihsin pai sinak langter dingin a rung a si”— Ellen G. White, Steps to Christ, pp. 10, 11.

RELKHAWM DING THUSUHNAK PAWL

1.Ziangruangah saw Pathian sunlawinak cu a thatnak thawn an pehzom aw timi hmainsin hi a thupit? Ziangtin saw himi in Pathian ziaza le duhdawtnak ngai thupi loin thiltitheinak huham lawng ngai thupi tu Pathian thuzir pawl hi a remthat thei ding?

2.Pathian thatnak ahhin thusuhnak na nei dah maw? Leitlun ih soal a um thluh ruangah lole Pathian thluntu vekih rel aw pawl ih cangvaihnak ruangah Pathian ih

thatnak a sut theu zotal na theih mi an um maw? Cui thusuhnak cu nangmai' hrangah ziangtin saw na tuah, cule Pathian thatnak thuhla ih thusuhnak nei ih buai pawl kha ziangtin saw na bom thei ding? Hmaizarh zirlai ah zoh aw.

3.Nan zirlai zirnak hmun ah NIHNIH NI zirlai ih thusuhnak kha let uh. Doawknak maksak cun a tu ahhin leitlun ahsual a um a si timi a takram ih theithiam ding in bawm?

ZIRLLAI 7

February 8–14

THILTHA LO IH BUAINAK

SABBATH SIIMLAM

Tuizarh zirlai hrang siar ding: Job 30:26; Matt.27:46; Job 38:1–12; Saam 73; Sem. 2:16, 17; Thup. 21:3, 4.

Bible cangkan: “ ‘Cun Pathian in an mit ih mitthli hmuahhmuah cu a hnul-faisak ding; cuticun thihnak a um nawn lo ding, riahsiatnak siseh, tahnak siseh, natnak siseh, a um nawn lo ding: ziangahthil thil hmaisa pawl cu an hlo thluh zo a si, tiin’ “ (Thup 21:4, NKJV).

Khristiannak ih an tong rero mi buainak nasa zet cu thil tha lo ih buainak a si men thei – Pathian cu a tha famkim, duhdawtnak a si timi thudik le hi leitlun ih soal thudik hi ziangtin saw an rualrem awk thei ding. A tawkwawng cun Pathian hi ziangkim ah tha bangta in, huham hmuahhmuah nei thluh bangta sehla, ziangah saw soal a um, cui soal cu tam zet a um?

Himi cu cazirnak ih buainak menmen a si lo, asinan mi tamzet ih ziangsimaw buainak thuk zet le mi hrekkhat hrang ih Pathian duhdawtnak le Pathian theihnak ding rak dawnkham tu a si.

“Mi tamzet thinlung ahcun soal ih bulhram le cui soal a umnak san cu buainak nasazet thlentu a si. Annih pawl cun soal hnatuan an hmu, cumi ih rahsuak mi cu rapthlak zet, lungsiatnak a si timi khal an hmu. Cemni neilo fimnak, thiltitheinak, le duhdawtnak neitu mi pakhat ih uknak hnuaiah hivek pawl ziangtin an um thei timi thusuhnak an nei. Hitawkw ahhin simfiangnak an hmuh

lomi thuthup a um”—Ellen G. White, *The Great Controversy*, p. 492.

Pathian um zumlotu pawl cun thil tha lo ih buainak hi Pathian um zumlotu an sinak ih san le vang ah an ngai aw. Asinan tuizarh le a ralai dingmi zarh pawl ih kan hmuh leh ding veki, Bible ih Pathian cu a tha ih, Amah kan rinsan thei a si – A tlusia mi kan leitlun ih soal um cing khal in Amah cu kan rinsan thei a si.

NIKHAT NI

February 9

“Aw Bawipa, ziangtik tiangsaw a si ding?”

Thiltha lo ih buainak cun caan khat thu men lawngah a aw a suah lo ih, Bible sung rori khalah a aw a suah a si.

Siar ding: Job 30:26, Jeremiah 12:1, Jeremiah 13:22, Malakhi 2:17, le Saam 10:1. **Ziangtin saw himi bungcang pawl cun thiltha lo ih buainak cu minung hmuhton hmaihruaitu ih a luh pi theidan?**

Himi bungcang thu um mi cun tuini tiangih kan hnenih a um ringring mi thusuhnak tamzet a suahpi. Ziangruangah saw mi thalo pawl an neihnung, cule misual pawl in soal an tuahnak ihsin hlawknak an ngah, hivek hi um ringring lo khalah a um tawktuk zo vekih a lang thiam? Ziangruangah saw mi dingfel pawl in nasa zetih harnak an ton? Soal a thawh caan ah Pathian khuitawk ahsaw a um? Ziangruangah saw Pathian cu kan hnen ihsin hmun hla zet ah, lole a relh veki khuimaw caan ih a lang theu?

Hivek thusuhnak pawl le thil tha lo ih buainak tlangpi pawl ziangvek ih kan rel khalah soal hi a menmen mi a si tin kan ruat ding a si lo. Leitlun ih soalnak hi paisa in simaw, ngilneihnak langternak tivek in simaw kan relfel men ding a si lo. Soal cu a tha lo tuk – cule

kannih hnakin Pathian in a hua sawn. Curuangah leitlun ih diklonak le soalnak tampi pawl letnak ahhin Bible pumhlum ih aihramnak aw a suah mi ah kan tel ve ding a si: “Maw Bawipa, ziangtik tiangsaw a si ding?”

Siar ding: Matt 27:46. **Himi Jesuh tongkam hi ziangtin saw na theihthiam? A langfiang zetmi lamzin ah soal in Pathian a thamdan kha ziangtin saw an tarlang?**

Thinglamtah ah Jesuh Amah rori in thusuhnak aw a suah: “ ‘Ka Pathian, Ka Pathian, ziangruangah saw in fehsan?’ “ (Matt 27:46). Hitawk ahhin a hleice in Pathian Amah rori cu soalnak ih a thamdan kan hmu thei, mangbangza thudik huham nasa zet cu thianglamtah parih Khrih a thihnak le tuarnak cun an langter a si. Cutawk ahcun leitlun ih soalnak hmuahhmuah cu a parah a um a si.

Asinan hitawk khalah ruahsannak a um thotho. Thinglamtah parih Khrih ih a thiltuah mi cun Satan, soalnak bulhram cu a do neh ih, a netnak ahcun soalnak pawl cu a kekkuai ter thluh. Cui tongkam pawl cu Jesuh cun Saam 22:1 ihsin a la suak ih, saam dang hmuahhmuah pawl cu nehnak co in netkhar an si thluh.

Thinglamtah ahkhan cuti lai ih a hmuh thei lomi ruahsannak cu a thlir. Kan hmai ih ummi ruahsannak kan hmuh thei lo caan ah Jesuh ih hmuhtonmi ihsin ziangtin thlangamnak kan laksuak thei ding?

NIHNIH HI

February 10

“Kan theih lomi tampi a um”

Leitlun sancemnak cu soal parih duhdawtnak ih a nehnak thawn a ra ding. Asinan cumi lai ah thusuhnak buaithlak zet tampi a um. Ziangtin saw thil tha lo buainak ih bawm awk theidan ding thuhla kan ruat ih kan rel theidan ding?

Siar ding: Rom 38:1-12. **Thil tha lo ih buainak ahkhan Pathian in Job kha ziangtin a let? Thil langlo lam ah ziangthil a thei ding timi ziangtluk kan thei ih, ziangmi tluk kan thei lo?**

A thuanthu ahcun Job cun na a tuar zet ih, ziangruangah tuarnak le sualnak pawl a hnenah a thleng timi thu ah Amah ten thusuhnak tamzet a nei. Vanlam thuthennak ih thil ummi zianghman thei ban loin a thusuhnak pawl lettu ding Pathian hnenah ngennak a nei. (Zoh aw. Job 1–2).

Pathian in Job a letnak cu a langtlang zet: A hleice in, “ Bawipa in phusing lak ihsin Job cu a run let ih, Theihnak a tel lomi tongkam hmang tahratih khawkhannak thimtertu hi zosaw a si?’ “ (Job 38:1, 2, NKJV). Tong letnak dangah cun hitin a um : “Malte lawng thei in, ziangah tampi na rel?” (Job 38:2, CEV). Cule Pathian cun Job 38:4 ah a run bet ih, “Leilung lungphum ka rak phum laiah khuiah saw na rak um? Theihthiamnak na neih asile rel hnik” tiah a ti.

Siar ding: Job 42:3. **Job ih a letnak cun ziangtin saw kanmai dinhmun thuhla theithiam dingin fianternak in pek?**

Job thuhla ih a va letnak hmang in Pathian cun Job ih a theihthiam lo, le a theih lomi thil tampi a um ti Job hnenah a fiangter. Kannih khal Job vek ciah in leitlun ih thil man neizet ummi pawl theithiam in, cumi lenglam ah zianghman theihmi kan neih lozia hi kan pawm thiam a tul. Kan thusuhnak ih letnak zianghman kan theih lo ruangah letnak tha a um lo tinak asilo ih, nikhat nini ah ziangkim simfiang thluh in a um leh ding a si. Cumi hlan sung cu Pathian thatnak kan rinsan a tul, cumi cu lamzin tampi in kan hnenih a langter rero zo mi pawl an si.

Ziangthil khal kan theih malzia hi vun ruat aw. Asicun ziangtin saw thu harsabik : sual le tuarnak timi thuhla ih thusuhnak let hrih lo mi pawl zir vivo dingin nun kan hman ding?

**NITHUM NI
Pathian um rinhmainak**

February 11

Pathian cun Isaiah 55:8,9 ah hitin a phuang, “ Zianghatile ka ruahnak cu nan ruahnak a si lo, nan lamzin khal ka lamzin a si fawn lo, Bawipa in a ti. Zianghatile van pawl khi leilung hnaki sang sawn an si bangin ka lamzin pawl cu nan lamzin pawl hnakin an sang sawn ih ka ruahnak pawl khal nan ruahnak hnakin an sang sawn a si ’ “ (NKJV).

Pathian ih ruahnak cu kan ruahnak hnakin an sang sawn. Santhuanthu hrang Pathian khawkhan ih harsat zia ding pawl khal kan ruat ban lo. Hivek vun ruat ahcun ziangruangah saw Pathian ih tuah mi lole dinhmun dangdang ih A thiltuah lonak san tivek pawl theithiamnak dinhmun ih ding dingah ruahsannak kan neih theu?

Thiltha lo ih buainak reh ter dingin thil malte kan theihnak ih kan thumawk theu hi “Pathian um rinhmainak” tiih kawh a si. Pathian um rinhmainak timi cu Pathian in a thil tuah mi ahhin san le vang tha zet a nei tiih zumtu a si, asinan kan theihnak cu bikiah nei ih pek a si ih, cui a thiltuah mi san le vang pawl ziangmi ciah saw a si timi theihtheinak dinhmun ahhin kan ding ding a si lo.

Pathian um rinhmainak cu hi leitlun ih um sualnak thawn pehpar aw in Pathian ih san le vang a neihmi cu famkim zetih thei dingin minung pawl ih theihtheinak tivek thawn pehpar aw in rinhmainak neihnak hi a si. Tahthimnak ah kan kiangkap boruak ih

natnak hrik a ummi cu mi pakhat in a hmuh thei lo ruangah natnak hrik hi kan kiangkap ah a um lo tinak a si lo. A ngaingai te cun mi pakhat in Pathian ih thil a tuahnak san a theih lo ruangah Pathian in thiltuah duhnak san thazet a nei lo tinak lam a si lo.

Siar ding: Saam 73. **Saam cangantu cun a kiangkap ih diklonak le sualnak cu ziangtin saw a va naih? Thlirnak bangaw lo theithiam dingin ziangsaw a hmuh?**

Saam cangan tu cun leitlun ih sualnak cun a lung buai ter zet. A kiangkap a zoh ih, mi diklo pawl an thansoh a hmu. Ziangkim hi a dik lo in a lang thluh. Cumi letnak ding khal zianghman a nei lo. Pathian zum le a hnatuan teh hi a phu kem maw ti tiangin a ruat. Hmun thianghlim lam a hoi hlan sung cu mangbangin a um.

Hmunthianghlim cun thil tha lo ih buainak tawhfung pakhat a rak pe – Cumi cun Amai tikcu te ih diknak le thuthennak a run kengtu ding, thuthentu dingfel a um timi a theiher.

Ziangtin saw Adventist pawl in thuthennak le hmunthianghlim thuzirnak hi thiltha lo ih buainak ahhin an theihthiam thei? A tu ahhin thusuhnak tamzet kan neih lai ah, a netnak ahcun thuhla felfai zet le Pathian thuthennak dik a langsuak leh ding timi na theih hi na hrang a tangkai maw?

NILI NI

February 12

Zalen zetih duhhrilnak kilhimdan

Pathian lamzin le ruatnak pawl cu kan theihthiam ciamco lem lo hmanah, Cathianghlim cun thiltha lo ih buainak relfel theidan ding hrekhat pawl a tarlang. Thil tha lo ih buainak thuhla sullam neizet relfel dan ding lamzin pakhat cu Zalen zetih duhhrilnak kilhimdan tiih theihmi hi a si.

Zalen zetih duhhrilnak kilhimdan timi cun sual cu thil sersiam mi hman zik lonak ihsin a ra suak mi a si tiin a hmu. Curuangah sual ahhin Pathian mawthluk ding a si lo. Zianghatile sualnak cu Pathian in a thil sersiam mi tha zet ih hman dingih in pekmi hmansualnak ih rah a si. Asi ahcun ziangahsaw Pathian in mai palung suak duhhrilnak in pek? Himi thawn pehpar aw in C. S. Lewis cun hitin a rak ngan dah, “Zalen zetih duhhrilnak cun sualnak tuah theinak nei khal sehla, duhdawtnak, thatnak lole lungawinak tivek um dingih a tuah theinak umsun khal a si thotho. A mahte ih a cangvai thei – cet vekih hnatuan thei sersiam mi leitlun – ih thil sersiam mi cu man a nei zik lo. Pathian in a sersiam mi pawl hrangih lungawinak Pathian ih a retmi cu zalen zet ih lungawinak, zalen zetin Amah le pakhat le pakhat pumkhat awknak neih hi a si. Cumi hrang ah an zalen ding a si hrimhrim.”—Mere Christianity (New York: MacMillan, 1960), p. 52.

Siar ding: Semtirnak 2:16, 17. **Himi bungcang in Evi le Adam hnen ih zalennak thazet an pek mi ziangtin saw an tarlang?**

An hramthok ah duhHril theinak an neih lo ahcun ziangahsaw thupek an si? Evi le Adam cun khap mi theirah an ei, cumi hnu cun kan leitlun cu sualnak in a khat thluh. Sual tluknak thuanthu a um hnu ih bung a rung ummi Semtirnak 4 ahkhan sualnak ih lehnu rahsuak mi cu Abel kha a unau pa ih that a tuarnak ahkhan hmuh a theih. Sual ih tluknak thuanthu cun Evi le Adam in zalen zetih duhhrilnak an hmang sual ruangih kan leitlun ih sualnak le sual a ra lutdan pawl in hmuh a si.

Cathianghlim fehtlang thluh in, zalen zetih duhhril theinak dik kan hmu thluh a si (Zohaw Daan. 7:12, 13; Josh. 24:14, 15; Saam. 81:11–14; le Isa. 66:4.) Nitin kan nunnak ah sersiamtu ih in pek mi zalen zetih duhhril

theinak cu kan hmang thei ringring. Zalen zetih duhhril theinak tel lo cun minung kan si hman kan thei aw zik lo. Cek asilole ruahnak nei lo cek zuknung vek men fang kan si ding a si.

Sony Corporation cun Aibo tiih kawh mi uico cetzung an tuah. Uico ngaingai vek ciah a si, asinan a na thei lo, uihli a nei lo, mi a keu thei lo, cule hmul khal a keuh thei lo. Aibo hrangah na taksa le thisen cu na zuar ding maw si? Asilo cun, Ziangtin saw na duhhrilnak cun Pathian in phannak um cing khal in – zalen zetih duhhril theinak thawn in sersiam timi theithiam dingin a lo bom thei ding?

NINGA NI

February 13

Duhdawtnak le sualnak

Pathian cun sersiam mi pawl cu duhhril theinak a pek, zianghatile cumi cu duhdawtnak hrangih a thupit tuk ruangah a si; himi zalen zetih duhhril theinak hmangsualnak cu thil tha lo suahpi tu a si. Thusuhnak tamzet a um lala. Pathian cun that lonak a hnong lai ah, sual um a siang (caan reilote sung); zianghatile cumi hlawn hlo cun duhdawtnak khal hlonhlo a tul ding, cui thil cu a tikcu hlan ih siatsuah cun duhdawtnak hrangih a tulmi rinsannak khal a siatsuah ding a si.

“Pathian ziaza dik zet hmuh sual ruangah lei hi thim in a run tuam thluh. Thimnak dawitlan dingin le leilung hi Pathian kut ih ret a si theisalnak dingah Setan bumnak huham hi kekkuai ter thluh a tul. Asinan cumi cu thazang hmangih hlawhtlin ter theih mi thil a si lo. Thazang hmanna cun Pathian lairelnak a kalh a si. Anih cun duhdawtnak lawng ih hnaturan a duh; duhdawtnak cu thupek vek a si thei lo; thazang in simaw, thuneihnak hmangih simaw ih neih theih mi a si lo. Duhdawtnak cun

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duhdawtnak lawng a kaihhrach thei a si. Pathian theihnak cu Amah duhdawtnak hi a si; Pathian ziaza, Setan mizia ihsin danglam zet hi nun ahhin langter in a um ding a si.”—Ellen G. White, *The Desire of Ages*, p. 22.

Zalen zetih duhhril theinak a um lo ahcun duhdawtnak khal a um zik lo, cule Pathian cu duhdawtnak a si ahcun duhdawtnak um dingmi rak hnong cu Pathian hrangah thil cang thei a si lo timi a fiang zet. Mi pakhat cun Pathian vek ciah in thil ziangkim hi a thok ihsin a net tiang thei thluh bangtasehla, kan zalennak ihsin Pathian a suah ding hi kan duh zik lo timi a vun ruat thei. A ngaingai te cun zosaw duhdawtnak nei lo leitlun ih um duh roero ding?

Siar ding: Rom 8:18 le Thup 21:3, 4. Ziangtin saw himi bungcang in kan leitlun ih sualnak pawl um cing khal in Pathian ih thatnak ah rinsannak nei dingin ringam awknak in pek?

Thim lak ihsin kan hmuh thei lo caan khalah Pathian in a hramthok ihsin a net tiang a hmu thei. Anih cun Jesuh ih zumnak neitu pawl hrangih kumkhaw lungawinak ding thutiam khal a hmu thei thluh. Rom 8:18 vek asile, “Tui caan ih tuarnak pawl hi cu kan hnenih a lang leh dingmi sunlawinak thaw cun tahthim tlakah ka ruat lo” tiah a ti. Himi mangbangza thutiam hi zum dingin rinnak le zumnak kan nei maw?

Cule, thianghlimnak ih bulhram bik cu duhdawtnak a si, cule duhdawtnak ih a ummi zalennak cu kan hnen ih pek ding hnnon hnakin Jesuh cun thinglamtah ah a fehpi ding ti a thei, cutawak ahcun nasa zetin a tuar ding a si. Cuvek cing khal in Anih cun himi zalennak ih man khung zia thei cingin ziangtizawng khal in kan hnenah in pek. Zianruangah saw hivek ruahnak thupi zet hi kan hmailam ih kan kilkhawi ringring a tul?

Ziangtin saw Pathian in duhhril thei zalennak in pe timi thinlung ih theinak cun ziangkim thil a thleng mi pawl hmuahhmuah hi Pathian duhdan a si thluh timi ruat lo dingih in kilkim?

NIRUK NI

February 14

Ruahbet ding: Siar ding: Ellen G. White, “Why Was Sin Permitted?” pp. 33–43, in Patriarchs and Prophets.

“Van ihsin dawī suah a si lai ahkhan cemni nei lo fimnak cun Satan cu a siatsuah thei lo. Duhdawtnak ih hnatuannak lawng Pathian in a cohlang ruangah a sersiammi pawl ih rinumnak cu A diknak le a thiltha tuahduhnak an hmuhdan ah an thum aw ding a si. Van le leitlun pawl ih a um tu pawl cun sual le a rah sullam ngingai cu an theih ban lo ruangah Pathian in setan siatsuah loih, a diknak cu an theithiam hrih lo ding. Satan cu copcilh in hloral ter hngal sehla, mi hrekkhat cun duhdawtnak ihsin siloin tihnak ihsin Pathian an bia ding a si. Bumtu ih hnatuannak pawl cu siatsuah thluh theih asiloih, dokalhnak thinlung khal cimit ter thluh a theih lo. Kumkhaw hrangah leitlun hmuahhmuah ih a thatpi theinak dingah a tumtah mi cu pitlinter lawlaw sehla, Pathian cozah a dokalhnak ih an sinak diktak cu sersiammi pawl hmuahhmuah in an hmu thei ding. Pathian ih zangfahnak le diknak le a daan thlengaw theidah lo cu thusuhnak lenglam pawl hmuahhmuah ah kumkhua in a um thluh ding.

“Setan ih dokalhnak cu a ra lai dingmi san hmuahhmuah fehtlang ih zirlai um ding mi a si – sual le cumi ih rahsuak mi rapthlak zia pahnih cu theihpi tu an si ding. Satan ih hnatuan daan cun vancungmi pawl le milai ah poinak a va nei ih, Pathian thuneihnak ihsin sirlam ih um ih rah suak cu fiangzetin langter a si. Cumi

cun Pathian cozah ih um pawl cu A thiltuah sersiammi hmuahhmuah thatnak ding a si timi a relfiang a si. Himi dokalhnak rapthlak zet a ra suak mi hi, mi thianghlim pawl bum ih an um lonak dingah le daan buarnak le sual ah tlu lo ding ih kilkhawi tu a si kumkhua ding”.—Ellen G. White, *Patriarchs and Prophets*, pp. 42, 43.

RELKAWM DING THUSUHNAC PAWL:

1. “Theodicy” ti hi sual hmai ah Pathian thiamcoternak hrangih hman mi a si. Asinan amah sual thiamcoternak lam a si lo. Vun ruat awla, vanram ih um mi pakhat cun hitin a ti: “Oh, Jesuh, ziangruangah saw ka sungkua pawl cu ka hmuh rori ah hmuhsuam le thah tiang an tuar timi tu ahcun ka theifiang zo. A si, tu ahcun sullam nasa zet a nei thluh. Ka lungawi Jesuh”. Cui thil cu a cang thei hrimhrim lo. Ziangtin saw sualnak siloin Pathian sawn cun doawknak maksak ah a dik timi a langter ding ti hi kan theihthiam thei ding?(zirlai 9 ah zoh aw)

2. Job vekin na um dah maw? Nangmah le na duhdawtmi mi pakhat ih nan tonteh mi ruatnak hangah simfiangnak tha zianghman a um lo timi ruat dingih thlemnak na tong dah maw? Ziangtin saw Job in, “A theithiam lomi” kha “ a zaten a rel suak thluh” (Job 42:3) timi a netnak ah kan thusuhnak pawl thawn pehpar aw in kan dinhmun ih a ra tlak thei ve dan?

ZIRLAI 8**February 15–21****DUHHRILNAK, DUHDAWTNAK, LE PATHIAN UKNAK****SABBATH SIIMLAM**

Tuizarh zirlai hrang siar ding: Luka 13:34; Jer. 32:17–20; Heb. 1:3; Daan. 6:4, 5; Efe. 1:9–11; Johan 16:33.

Bible cangken: “ ‘Keimah ah hnangamnak nan neih theinak dingah, hi thu pawl hi ka lo sim a si. Leitlun ah harsatnak nan nei ding: asinain hnangamtein um uh; kei in leitlun ka neh zo a si, tiah a ti.’ “ (Johan 16:33, NKJV).

Uknak (kilkhawinak) timi cu leitlun ih Pathian cangvaihnak pawl relnak ih hman mi a si. Pathian kilkhawinak kan ruatdan ahhin Pathian thawn kan pehtlaih awknak, midang kan va pehtliahnak le thiltha lo ih buainak thuhla tivek kan ruahnak pawl ah danglamnak nasa zet a tuah a si.

Khristian pawl cun Pathian kilkhawinak ah theihthiam dan phunphun an nei. Mi hrekkhat pawl cun an hnaturan vekin thil ziangkim thleng dingah Pathian in a huham a hmang a si tiah an zum. Anih cun zosaw rundam si ding timi le zosaw hloral ding timi khal a hril thluh tiah an zum. Himi ruahnak ahcun Pathian thusuak ti lo cu mipi in duhhril ding dang an nei thei lo tinak a si. A ngaingai te cun hivek ih a zumtu pawl cun minung ih duhnak pawl khal hi Pathian ih tumtah cia thluh mi a si tiah an ti.

Cumi kalh ciah in Bible cun Pathian cun thil a cang mi hmuahhmuah hi a tumtah (remruat) cia thluh mi an

si lo timi hngetkhoh zet in a tarlang. Anih cun mipi in duh an hril theinak dingah a tuahsak ih, anmah (le van cungmi)pawl rori hman in A (Pathian) duhdan thlun duh lo in duhhrilnak an nei thei a si. Sual tluknak thuanthu ahkhan sualnak cu duhhril theinak hmangsual ruangih a ra suakmi cangvaihnak le lungsiat thlakza thil a si. Rundam khawkhannak cu duhhrilnak hman diklonak ih a rahsua mi riatsiatnak thawidamnak ding ih din mi a si.

NIKHAT NI**February 16****Kan Pathian cungnungbik**

“Pathian cu cungnungbik a si” timi thuhla mino pastor pakhat in tlawng ah a zirh. “Cumi sullam cu ziangkim a cangmi ah Anih cun a kilkhawi thluh a si” tiah a ti. Tlawngta pakhat cun hitin thu a sut, “Ka uite a thih ahcun Pathian in a kilkhawi thei lo maw si? Ziangahsaw Pathian in ka uite a thah?” tiah a ti.

Himi thusuhnak let tum in pastor cun, “Himi cu thil harsa zet a si. Asinan khuimaw caan ahcun Pathian in harsatnak paltlang ding in siang theu, cuticun hmailam caan ih a ra um ding harsat tuarnak ding hrang timlamnak tha kan nei thei ding a si. Ka uite a thih lai ih ka tuar nat zia kha ka vun mang suak. Asinan cumi harsat ka tuarnak cun a hnu ih harsa sinsin ka pi a thih ih tuarnak ka neih dingah in rak bawm a si. Cumi cun sullam a lo nei ter maw?” tiah a let.

Reizet an cawlh hnuah tlawngta pakhat cun, “Asicun Pathian in ka pi a thah tiki, tuarna lo dingin ka timlamnak dingah Pathian in ka uite a that tinak maw si?” tiah a let.”—*Marc Cortez, quoted in John C. Peckham, Divine Attributes: Knowing the Covenantal God of Scripture (Michigan: Baker Academic, 2021), p. 141.*

Mi tampi in ziangkim thil a cang mi pawl hi Pathian ih thlengter a duh ruangah a si. Leitlun ih thil a thlengmi ziangkim hi Pathian ih thlengter a duh ruangah a si. A ngaingai cun Pathian cu ziangkim tuahtheitu a si. Asi ahcun ziangtin saw Pathian ih thlengter a duh lo mi thil cu a thleng thei ding? Ziang thil khal thleng khal sehla, ziangvek in siatnak thleng khal sehla, cumi cu Pathian duhdan a si thluh tiah an ti theu. Cuvek thu pawl cu himi theology (Pathian thu zirnak) hin a zirh a si.

Siar ding: Saam 81:11–14; Isaiah 30:15, 18; Isaiah 66:4; le Luka 13:34. **Himi bungcang pawl in Pathian duhzawng hi tuah ringring in a um maw timi thusuhnak thuhla ziangsaw an rel?**

Mi tampi in Pathian cun a duhmi a ngah ringring tiih an zum lai ah Bible cun thu dang deuhin a rel. Cathianghlim cun Pathian cu dukkim ngah famkim tonnun nei theilotu vekin a sim leuhleuh. Cumi cu thil a thlengmi pawl hi Pathian in thleng dingih a duh ngaingai mi thawn an kalh aw theu tinak a si. Thil tamzet ahhin thil a cangmi tam zet hi A duhdan kalh zawng an si thu Pathian in famkim zetin a tarlang. A mi pawl pawl hrangah thusuak pakhat a duh ih, asinan annih cun thildang an rak hril. Pathian Amah rori a tap ih, “Ka mi pawl in ka aw an ngai duh lo... Aw, Ka mi pawl in ka thu rak ngai in, Israel in ka lamzin pawl rak zawh sehla aw! An doral cu ka nehsak lohli ding” tiah a ti’ “(Saam. 81:11, 13, 14, NKJV).

Ziangkim thil a thlengmi hi Pathian duhdan hlir a si tiih Pathian thu zirnak ziangvek khal vun ruat hnik aw. Cuvek Pathian thu zirnak cun a hleice in sual thuhla ah ziangvek buainak thuk zet saw a tuah ding?

NIHNIH NI

Pantokrator (ziangkim ti thei)

Bible pumhlum ah Pathian ih huham mangbangza cu phuanglang in a um. Bible ahhin A huham hnatuannak

February 17

le mangbangza hnatuannak pawl hmuh ding a tam zet. Cuti si cingin Pathian ih a duh lo mi thil tampi a thleng a si.

Siar ding: Thuphuan 11;17, Jeremiah 32:17-20, Luka 1:37, le Mathai 19:26. **Hebru 1:3 khal zoh aw. Himi bungcang pawl in Pathian huham ziangsaw an rel?**

Himi bungcang le bungcang dang pawl cun Pathian cu huham hmuahhmuah neitu le A huham thawn leilung a kilkhawi theitu a si thu in zirh. A ngaingai te cun, Thuphuan cun Pathian cu, “ Ziangkim ti thei Bawipa Pathian” tiah a rel nolh sal rero. (*thimnak ah*, Thup. 11:17; *himi thawn zoh kop aw* 2 Kor. 6:18, Thup. 1:8, Thup. 16:14, Thup. 19:15, Thup. 21:22) Cule “Ziangkim tithei” (pantokrator) timi tongfam lehlin mi sullam ngaingai cu, “ huham hmuahhmuah neitu” tinak a si. Huham hmuahhmuah neitu Pathian cu a tongkam pawl lawngah a dingngat men lo ih, Pathian in a mi pawl a runsuaknak asilole leitlun ih mangbangza a umnak tivek pawl ah a huham a hmannak mangbangza tampi ahhin a rung langsuak a si.

Asinan Pathin cu, “huham zate neitu” tiih relmi cun Pathian in a duhduh ziangkim a tuah thei timi sullam a nei cuang lem lo. Cathianghlim cun Pathian ih a tuah thei lomi hrekkhat pawl a um thu in zirh; thimnak ah 2 Timote 2:13 ahcun Pathian cu, “Amah le Amah a hnong aw thei lo” tiah a ti.

Cuvek ciah in Khristian tam sawn cun Pathian cu huham zate neitu (ziangkim tithei) a si tiah an pawm, cumi sullam cu Pathian cun a duhdan thawn a kalhaw lomi ziangkhal tuah theinak huham a nei thluh tinak a si- Cumi cu Pathian sinak thawn a cang theimi le a rualrem aw mi thil ziang khal a tuah thei a tinak a si. Thil hrekkhat cu Pathian thawn a cang thei lomi a um, ziangatile Pathian duhdan thawn a kalh aw mi thil a um ruangah a si. Cumi

cu Gethsemane hmuan ih Khrih ih thlacamnak ahkhan a lang. Khrih cun, “Pathian thawn thil ziangkim a cang thei thluh” (Matt 19:26) tiih a nemhnget lai ah, thinglamtah ih khenbetnak ding a naih thlang tikah Pai hnenah hitin thla a cam, “ Maw ka Pa, a cang thei asile hi no hin i lan hram seh; sihmansehla keimai’ duhdan vek si loin, nangmai’ duhdan vekin si sawn seh, a ti.’ “ (Matt. 26:39, NKJV).

A ngaingai te cun Pa cun thinglamtah parih Khrih ih tuarnak cu a huham thawn runsuak thei dingin thuneihnak a nei ko, asinan himi cu misual pawl rundam lai ah a tuah thei lo. Cumi cu Pakhat lole a dang a ti a tul, a pahnih cun a si thei lo.

Cathianghlim cun Pathian in mi hmuahhmuah rundam a duh thu khal in zirh (Thimnak ah 1 Tim. 2:4–6, Titas 2:11, 2 Pet. 3:9, Ezek. 33:11), asinan mi hmuahhmuah hi rundam an si lo ding. Himi thudik cun duhhril theinak ngaingai le duhhril theinak peknak ih Pathian huham bikhiah ih a ummi thuhla ziangsaw in zirh?

NITHUM NI

February 18

Pathian duhdawt dingah

Pathian cu huham hmuahhmuah neitu a si timi cun A hrangih thil cang theilo mi khal a tuah thei thotho tinak a si lo. Cuvek ciah in Pathian cun zalen zetih Amah duhdawt dingin mi pakhat cu a umter thei lo. Zalen zetih thil ziangmaw tuahnak timi sullam cu thil ziangsimaw tumtahnak tel riailo ih tuahnak a si ahcun, cumi simfiangnak ah zalen zetin mi pakhat thil tuahter ding cu a cang thei mi a si lo. A tawizang in kan rel ding asile, kan hmuh zo vekin, kan ngai thupi zet ding mi cu – Pathian cun Amah duhdawt dingin zovek khal hranhram in a tuah dah lo, cuvek ih a tuah ahcun duhdawtnak a si nawn lo tinak si ko.

Siar ding: Matthai 22:37 le Daanpeksalnak 6:4, 5. Himi bungcang cun duhhril theinak ngaingai ziangsaw a zirh?

Pathian duhdawt ding timi thupek ropi bik cun mi hmuahhmuah in Amah an duhdawt ding hi Pathian in a duh a si timi a nemhnget. Asinan mi hmuahhmuah in Pathian an duhdawt lo. Asile ziangruangah saw mi hmuahhmuah ih an duhdawt dingin Pathian in a tuah men lo? Himi cu duhdawtnak ruangah a si, duhdawtmi si ding cun zalen zetih pekawk a tul a si.

Siar ding: Hebru 6:17,18 le Titas 1:2. Himi bungcang in Pathian thuhla ziangsaw a zirh?

Mipum siarnak 23:19 vek asile, “Thuphanper dingin Pathian cu milai a si lo’ “ tiah a ti (ESV). Pathian cu thuphan a per dah lo (Titas 1:2); Pathian cu a tongkam ah a rinum ringring ih, a thutiam a pahbal dah lo (Heb. 6:17, 18). Cuvek ciah in, Pathian in thil ziang simaw ah thuthiam a nei, lole a pumpe aw a si ahcun hmailam caan ih a tuah dingmi cu cui a thuthiam in a bikhiah a si.

Cumi sullam cu Pathian in a sersiammi pawl hnenah Pathian duhzawng hnakin thildang duhhril theinak zalennak a pek ahcun, minung ih duhhrilnak cu Pathian thu a si lo tinak a si. Pathian cun a sersiammi pawl hnenah duhhril thei zalennak pe dingih a pekawk a si ahcun minung in Pathian duhdan thiltha zet kalh zawngin an zalen duhhril theinak an hmang thei tinak a si. Vansiatthlak zetin mi tampi cun hivek zawngin an zalennak hi an hmang theu, cutivekin, Pathian duh lo zawng thil tampi a um, asinan fek zetih rel ding cun Pathian thu a si lo.

Pathian in tuah dingih a lo duh lomi na tuah zo mi a um maw? Himi cun duhhril theinak ngaingai le - cumi ih rahsuakmi rapthlak zetzet ziangsaw a zirh?

NILI NI**February 19****Pathian duhdan tha le tuahtthat duhdan**

Siar ding: Efesa 1:9-11. **Himi cun remruat cia (Pathian remruat cia theh) thuhla ziangsaw a rel? Mi hrekkhat cu rundam si dingah le a dang cu hloral dingah ruatcia mi an si maw?**

Hitaw k ih “Remruat cia” timi Grik tong ih let mi le Cathianghlim (prohorizo) hmundang ih a ummi pawl cun san thuangu hi Pathian tumtah remruat cia thluh mi a si timi a zirh lo. Grik tong ih a sullam ngaingai cu, “a hlankhan in thutluknak tuah” timi men fang hi a si.

Mi pakhat cun thil pakhat cu amai lam hawi zawngin a hlan khan in thu a relcat thei timi cu thudik a si, asilole mi pakhat cun midang in zalen zetih thutluknak tuah pawl ruat phah in, thurel catnak a tuah thei. A neta sawn hi Pathian in a tuah a si timi cathianghlim cun a zirh a si.

Hitaw k ah le hmundang khalah (Thimnak Rom 8:29,30), “remruat cia” ti lehlin mi cun sersiammi pawl in zalen zetih an thutluknak thawn pehpar aw in Pathian ih a theihcia mi pawl a ruat thluh hnuih Pathian in hmailam hrangih khawkhannak lam a kihhmuh a si. Cuvek in, Pathian cun duhdawtnak ih pehzom awknak diktak nei thei dingih a thupi zetmi sersiammi zalennak cu upat zet phah in, thil ziangkim a duh thusam ih tha ten a um theinak dingah san thuanthu cu a kai hruai a si.

Efesa 1:11 ahcun Pathian cun, “thil ziangkim a duhdan vekin a tuah” ti a phuang (NKJV). Himi sullam cu A duhdan vekin thil ziangkim cangsuak dingah Pathian in a remruat cia tinak maw si? Efesa 1:9-11 hi siar awla, himi ruatnak hi a nemhnget men thei. Asinan himi simfiangnak cun a hlan ih Bible bungcang kan rak hmuh rero zo mi, khuimaw caan ahcun mipi pawl in “Pathian duhdan” an hnong tiih a langmi pawl thawn a kalh aw ding

a si (Luka 7:30, NKJV; zoh kop aw, Luka 13:34, Saam. 81:11-14). Bible hi amah le mah a kalh awk thei lo ahcun himi thuhla hi ziangtin saw pakhat le pakhat rualrem aw zetih theihthiam a si thei ding?

Himi bungcang cu Pathian ih “Duhdan tha” timi le Pathian ih “tuahtthat duhdan” tiih kan kawh mi karlah bangaw k lonak theihthiam ahcun sullam famkim zet a nei a si. Pathian ih “duhdan tha” timi cun Pathian in cang suak ngaingai sehla tiih a duh mi a si, cumi cu Pathian duhdan vekin mi hmuahhmuah ih an tuah ringring asile a cang suak thei ding a si. Khatlam ah Pathian ih “tuahtthat duhdan” timi cu khuimaw caan ih Pathian duhdan ihsin a pialtu sersiammi pawl ih zalen zetih duhhrilnak khal tel in, thildang a rak um cia zo mi pawl Pathian ih tuatthatsal duhnak hi a si. Efesa 1:11 cun Pathian ih “tuahtthat duhdan” lam hi a run kihhmuh in a lang.

Huham cu Pathian in hmailam a theihtheinak hi a si, duhhrilnak hmuahhmuah, mi ih an tuah dingmi duhhrilnak tha lo khal tel in a thei thluh ih, “thil ziangkim a thatnak dingah” hna a tuan thei (Roma 8:28 CEB). Himi thudik ihsin ziangmi hnangamnak saw na lak thei ding?

NINGA NI**February 20****Khrih in leitllun a neh**

Pathian duhdan tha (duhthusam) vek in thil ziangkim hung cang thluh bangta sehla, sual a rak um lo dingih, duhdawtnak le rualremnak ah lungawinak famkim lawng a um ding. A netnak ahcun leitllun hi Pathian duhdan vek ciah in tuahtthat sal thluh a si leh ding. Cumi laiah Pathian cun a sersiammi pawl in zalen zetih thutluknak an tuah laiah Pathian cun a duhdan vekin hna a tuan rero a si.

Sang tuah zuamawknak ih a teltu pawl hmuahhmuah cun an cawkrawi ih telh ding mi pawl cu pek in an um thluh, asinan cumi tlun ah an duhdan vek ciah in thaw zetih sang an tuah theinak dingah a rawi dingmi thildang an bet thei timi hi vun mitthlam aw. A netnak ahcun sang tuahtu in ziangvek sang a tuah khalah a silobikin a hrekkhat cu sang tuahtu in a rawi dingih a hril lomi ah a thum aw a si.

Cuvek ciah in Pathian cun duhdawtnak hrangih a tul mi zalennak phun dangdang upat dingih Amah a pek ruangah, leitlun thuanthu suahter tu “cawk rawi mi thil” tamzet hi Pathian hril mi a si lo, a ngaingai te cun Pathian duhdan kalh zawng hliir an si.

Hivek ruahdan ahcun Pathian kilhimnak cu Pathian in khalam lawng ih thil thleng pawl kilkhawi vekin tahnak pakhat lawng ih tah men ding a si lo. Asinan himi cun Pathian kilkhawinak tahnak pahnih (asilobik in) tal a tul. Leitlun ih thil hrekkhat cu Pathian ruangih cang mi an si, asinan khatlam sawn cu sersiammi pawl ih zalen zet thutluknak ih rahsua mi pawl an si. Pathian ih a duh lo mi thil tampi a thleng theu.

Siar ding: Johan 16:33. **Himi bungcang in harsatnak a um laifang khalah ziangmi ruahsannak saw in pek?**

Tuarnak le hniksaknak tikcu caan a um tikah, a tu ahhin Pathian cun hniksaknak le tuarnak pawl ihsin in runhim ding timi zumnak dik lo an kaihnhget ruangah mipi tam zetih zumnak cu a hlovai ding. Asinan Jesuh cun thu danglam zet in sim, A dungthluntu pawl hnenah hi leitlun ah harsatnak le hniksaknak an ton ding thu ralrinnak a rak pe. Asinan Khrih in leitlun a neh zo ruangah ruahsannak a um (Johan 16:33).

Tuarnak le hniksaknak sungih kan um hi Pathian in kan hrang ih duhbikmi a si tinak a si lo. Doawknak

maksak timi hi kan thinlungah kan ret dingding a tul. Asinan sualnak ih thatnak hrangih thil tulmi a si lo lai ah Pathian cun sualnak hmun ihsin thatnak a run suahti thei timi cu kan theih a tha. Cule Pathian kan rinsan ahcun kan tuarnak le hniksak kan sinak pawl cu Amah naih deuhdeuhnak ah le midang ngaihsak ih lainatnak kan neih theinak dingah a hmang thei a thei.

NIRUK NI

February 21

Ruahbet ding: Siar ding: Ellen G. White, “ ‘God With Us,’ “ pp. 19–26, in The Desire of Ages.

“In tlennak ding hrangih khawkhannak hi Adam a tluksiat hnu ih ruat cop mi men a si lo. Cumi cu ‘thu thup, kumkhua ih thuhmi’ phuansuaknak sawn a si (Rom 16:25). Cumi cu kumkhua ih Pathian tohkham lungphum a rak si mi thupi pawl tarlangnak a si. A hramthok ihsin Pathian le Khrih cun Satan ih fehsualnak, fehsualnak dinpi tu bumnak huham ruangih minung tluknak rung um ding pawl an rak thei thluh. Sual hi rung um ding in Pathian ih a remruat cia mi a si lo ih, asinan a rung um ding timi cu an hmu cia thluh. A rung um tikah manhlap thil tuahtan pawl khal a timlam thluh. Curuangah Pathian in leitlun a duhdawt zet ruangah a fapa neihsun pe dingin a tiam, “Amah a zumtu pawl cu hloral lo in kumkhaw nunnak an neih theinak dingah” a si.’ John 3:16.”—Ellen G. White, The Desire of Ages, p. 22.

RELKHAWM DING THUSUHNNAK PAWL:

1. Pathian in a duhmi a ngah ringring lo asi ahcun, hitawk leitlun ih thil a cangmi thuhla ahhin ziangsaw himi thudik in na ruahdan a danglamter? Pathian duhdan a fimkim lo timi theihthiamnak in ziangsaw tangkainak a neih?

2.NINGA zirlai ih sang tuah thuhla ahkhan va fehsal sehla, “Pathian le Khrih cun Satan ih fehsualdan an thei” thei khal sehla, ziangruangah saw hmailam pan in ziangti lam khal in kanmah hi in tuah thotho timi kan thei thiam. Duhdawtnak cun cawkrawi hi a hua, duhdawtnak cu zalennak a si. duhdawt thei ih nung dingah sersiam kan si lo ih, Pathian cun duhdawtnak kan neih theinak dingah in sersiam a si, asinan cuvek pawl hmuahhmuah cu a nettiang a thei thluh, cule cui thil cun Jesuh cu thinglamtah ah a hruai a si. Duhdawtnak sungih phum aw zaletnnak kan co dingmi hnon ih a um ding hnak cun Khrih cu thinglamtah parah a tuar ding, himi cun duhdawtnak cu Pathian cozah ih bulhram a si zia le a thianghlim zia ziangsaw in sim?

3.Hi leitlun ih tuarnak le sualnak ruangah kan tap theu, asinan voiziat saw Pathian Amah rori hman a tap ih, sual le tuarnak ruangah riahsia in a um ve timi ruatnak ih tikcu caan na hman? Sual ruangah Pathian Amah rori hman a tuar ve timi na vun theih tikah sual le tuarnak na rak theihdan ah ziangmi bangawk lonak saw um?

4.Ziangtin saw himi thudik – hi leitlun ih thil thleng tamzet cu Pathian duhdan a si lo – timi in nangmai tuarnak, thil tha zianghman um lo le sullam nei lo vekih a umcaan ah a lo bawm?

ZIRLAI 9

February 22–28

VANLAM DOAWKNAK

SABBATH SIIMLAM

Tuizarh zirlai hrang siar ding: Matt. 13:24–27; sem. 1:31; Ezek. 28:12–19; Isa. 14:12–15; Matt. 4:1–11; Johan 8:44, 45.

Bible cangkem: “ ‘Cun nangmah le nunau lakah siseh, na cithlah le a cithlah lakah siseh, ralawknak ka ret ding; anih in na lu a lo durhter dingih nang in a kedil na durhter ding, a ti’ “ (Semtirnak 3:15, NKJV).

Pathian thu zirnak Bible laimi bik cu doawknak maksak, Khrih le satan karlak doawknak hi a si. Pathian le vanlam tlusia zo karlak ah vanlam doawknak um khal sehla, Pathian dokalhnak cu cathianghlim ih a langfiang zet mi a si (Matt. 13:24–30, 37–39; Thup. 12:7–10) cule, Khristian nunphung ah Khristian tamzet cun cui ruahnak cu an hnong asilole an ngahthah mi khal a si thotho.

Asinan Bible thlirdan ihsin Pathian uknak cu khawsia le a vancungmi pawl ih an dokalhnak vanlam doawknak thupi cu Bible ih nganmi tamzet kan hmuh lo ahcun rak hnong men ding rual a si lo. Thuthangtha cabu lawng hi Pathian dokalh tu khawsia le ram huai thuhla relnak in a khat thluh.

Tuizarh zirlai hramthoknak dingah a hnuaiih thusuhnak pahnih hi Bible bungcang thupi zetzet hrekkhat in an let theidan ding pawl kan sim ding:

- (1) Khuitawk ahsaw Cathianghlim in Pathian le Satan karlak vanlam dodawknak a um thu a zirh?
- (2) Cathianghlim vekin doawknak hi ziangsaw a si?

NIKHAT NI**February 23****Ral in himi a rak tuah**

Siar ding: Mathai 13:24–27. **Ziangtin saw himi tahthimnak in kan leitlun ih soal thuhla theithiam dingin in bawm?**

Jesuh cun loram neitu, a lo ih thaici tha lawng a tuh tu ih thuhla a rel. Asinan fang lakah fanglem a keuh. Himi a hmuh tikah, lo neitu ih siahlawh cun, “ ‘Ka pu, Na lo sungah thlaici tha na vorh silo maw? Khuilam in saw fanglem an rak um ve?’ ” ‘ tiah a ti(Matt 13:27). Himi cu thiltha lo ih buainak thuthawn pehpar aw in thusuhnak an sut theumi thawn a bangaw : Pathian in leilung hi tha famkim in a tuah ahcun, zianruangah cutawak ah soal a um?

Siar ding: Matt 13:28-30 **cu** Mathai 13:37-40 **ih Khrih ih simfiangnak tleu ahhin siar aw. Himi khal in ziangtin saw vanlam doawknak umdan a langter?**

A siahlawh thusuhnak let in a pu cun: “ ‘Ral in a tuah a si hi’ ” ‘ tiah a ti(Matt. 13:28, NKJV). Jesuh cun “ ‘thlaici tha a tuh tu” cu “milai fapa” Amah Jesuh rori a si thu a rel (Matt. 13:37, NKJV), cule, “loram cu leitlun” a si thu a rel fiang ih(Matt. 13:38), cule, fanglem “a rak tuhtu” cu “Khawsia” a si thu khal a sim (Matt. 13:39, NKJV), Khrih le Satan karlak vanlam dodawknak cu famkim zetih phuangin a um. Ziangahsaw leitlun ah soal a um? Soal cu a pu dokalh tu doral ih rahsuak mi a si. “ ‘Ral in a tuah a si’ ” (Matt. 13:28, NKJV).

Asinan himi letnak cu a hnuai ih thusutnak in a run langter, “ ‘Va feh ih va lakkhawm thluh dingah in duh

maw?” phundang cun ziangahsaw zamrang zetin soal cu hruai hloh a si lo? “ ‘Aii’ ” tin a pu cun a let ih, “ Fanglem nan phawi zawngah fangkung tha nan phawi ngah pang ding. Rawl lak a cut hlanlo thang tlang ko hai seh’ ” tiah a ti (Matt. 13:29, 30, NKJV; *zohtlang aw* Mark 4:29). Tahthimnak vek asile Pathian cun a netnak ah soal a center ding ih, asinan a cu hrih lo ih phawi cun a thami pawl siatsuah thluh tu danglam thei lo siahnak a thlen ding a si.

A tu ih fangkung tha ihsin fanglem phawi dingih tihunnak hrekhat pawl ziangsaw an si? Cumi rualin, ziangruangah saw himi cu thiltha lo kan tonmi hnongnak men a si timi sullam a neih lo?

NIHNIH NI**February 24****Leilung ih doawknak maksak um thokdan**

Tathimnaknak thusuhnak bangaw zet a um – Loram neitu in thlaici tha lawng a tuh ahcun ziangah saw thlaici tha lo a suah? – thusuhnak dang cu : Pathian in leitlun hi tha pumhlum ih a tuah thluh ahcun ziangtin saw hitawak ah thiltha lo a um thei?

Siar ding: Semtirnak 1:31. **Pathian kamsuak thu in Pathian in sersiamnak a theh tiki sersiammi umdan thuhla ziangsaw a langter, cule cumi thuletnak cu ziangah saw a thupit?**

Semtirnak 1:31 ahcun Pathian in leitlun a sersiam theh tikah, “A tha ngaingai” tiah a ti. Semtirnak 1 ah Pathian in leitlun a tuah ahkhan thiltha lo a um thu zianghman a lang lo. Asi ahcun ziangtin saw thiltha lo cu minung tonhmuh mi ahhin a um thei?

Siar ding: Semtirnak 3:1-7. **Hitawak ahhin leilung ih thilthalo a ra um thuhla himi in ziangsaw in sim? Himi in vanlam doawknak a ummi ziangsaw a langter?(siar thotho aw** Thup. 12:7–9.)

Himi thuhla ahhin Thuphuan 12:7-9 ih ummi amah setan (“Rul tar” NKJV) tiih theih mi, rul ihsin Pathian ziaza thuhla ih bumnak a suaipi mi kan hmu thei. Rul cun Pathian thupek mi ah rinhlelnak neiin thusuhnak a hmang hmaisabik, a thusuhnak ahcun Pathian thupek mi a danglamter zikte. Cule rul in Pathian ih thupek mi kalh zawngin Evi hnenah, “ ‘Nan thi ngaingai lo ding’ “ tiah a ti (Sem. 3:4, NKJV).

Pathian asilole rulpi, pakhat sangsang in Evi an bum si ko, tu ahcun Pathian ih sim mi a zum ding maw, asilole rul ih simmi a zum ding timi ah duhril ding a nei thlang.

Hitawk le Cathianghlim hmundang khalah doawknak ahhin zosaw na zum deuh ding timi hi a bulhram bik a si, cumi cu duhdawtnak thawn a peh aw mi a si. Mi pakhat thuhla na zumnak thu ah, ziangvek minung a si, rinsantlak a si maw si lo, cumi cu na duhdawt in na rinsan thei ding maw thei lo ding timi ahhin cumi pa ih thurel mi cu na ngai a tul a si.

Semtirnak 3:15 siar aw. Pathian in rul hnen ih nunau cithlah a timi cu Messiah a relnak a si ih, cumi cun rul ih lu a kekkuai ter ding timi cu Cathianghlim sung ih thuthangtha hmaisabik relnak a si. Ziangtin saw himi pahnih in doawknak ngaingai suak dingin le cumi karlak ih kan hrang ruahsannak in pekdan?

NITHUM NI

February 25

Vanram ih doawknak maksak um thokdan

Semtirnak 1-3 lawng hman in Adam le Evi an tluk hlan ihsin thiltha lo a um zo timi an langter. “sia le tha theihnak thing” (Sem 2:9,17) timi ahhin “thiltha lo” a rak lang zo. Cule rul cun Pathian cu thuphanper tu ah a puh, a ngaingai te cun amah rulpi kha thuphanper tu a si. Rulpi a um cun (Thup 12:9) a thuphanpernak khal a um cih,

cutawk ahcun thiltha lo (sual) a lang a si. Cule tluksiat hlan Eden hmuan khal ah thiltha lo a umdan cu a langter a si.

Siar ding: Ezekiel 28:12-19 hi Suah 25:19, 20 zoh phah in siar aw. Himi tluksiatnak hi ziangsaw a si?

Himi thuhla ih a langdanvek asile, thilthalo le vanlam doawknak cu vanram ihsin a thok a si.

A tluksiat hlan ahcun Satan tiih theihlar miih rungchang tu cu Cherub khuhtu a si. Himi Cherub tiih theih a sinak lenglam ah anih cu “ ‘Tha famkim, fimnak ih khat, le mawinak ih famkim’ “ tiin le “ ‘Pathian hmuan, Eden ih um’ tiih theih a si’ “ (Ezek. 28:12, 13, NKJV). Hivek pawl hi Taiar siangpahrang minung thuhla rel mi a si lo. Curuangah hitawk ahhin Lucifer ih tlukdan thlirsalnak pekin kan um ti kan thei.

Siar ding: Isaiah 14:12-15. Hitawk ahhin doawknak maksak hung suahdan ziangdang saw a langter?

Isaiah 14 ih a langdan vek asile Lucifer cun amahten khaisangawk ih Pathian tlukih tuahawk a tum. Himi bungchang cun Ezekiel 28 ih kan hmuh zo mi pawl a “mawinak” ruangah a “ thinlung a puar thau” (Ezekiel 28:17) timi cu a run fangkim ter ih, cumi cun mawi zetih a tuahtu Pathian sunlawihnak dingah a hruai sawn hi a si. Cuvek hnak ih hlah khaw, a puar thau sawn riangri. Cu hnakih poisawn cu himi puarthaunak ahhin, Pathian dinhmun lak a tum ih, Pathian relsia dingin a tuah aw a si. Ezekiel 28:16 ih “sumdawnnak” timi hrangih hman mi Hebru tong hi “reelsiatnak” timi sullam a nei thotho, Satan in Pathian le kanmah in dokalhdan a tarlang a si.

A tlusia mi Lucifer cu a hramthok ahcun sersiam a si “ni ihsin.... Mi famkim” a si ih, “Amah ah thatlonak hmuh a si hlan tiang”(Ezekiel 28:15) timi thudik cu ziangtin saw kan theihthiam thei ding? Zalennak nuntha

zet “famkim” a tel lo ahcun ziangtin saw famkim tlu loin a um thei ding?

**NILI NI
In biak ahcun**

February 26

Satan in Pathian Bawi tohkham laksak a tumnak cu Mathai 4 le Luka 4 sung ih thlemnak thuhla khalah a lang. Thlemtu le Jesuh karak thubuai ahhin doawknak ngaingai thuhla tamzet a lang a si. Hitawk ahhin Khrih le Satan karlak doawknak maksak cu a ngaingai in kan hmu thei, asinan fiah zet le langfiang zet in a um.

Siar ding: Mathai 4:1-11. **Ziangtinsaw hitawk ah Khrih le Satan karak doawknak maksak hi a tarlang?**

Thlarau cun Jesuh cu “satan thlemnak” ih um ding tumtahnak langternak ah Jesuh cu nelrawl ah a “hruai” (Matt 4:1). Hivek a ton hlanah Jesuh cu ni 40 sung rawlul in a um zo. Cuti cun Stan a rat tikah Jesuh ih rilrawng lutuknak cu remcang ah la tahrat in lungto kha sang ih cangter dingin a thlem. Asinan Jesuh cun himi thlemnak cu Bible hmangin a dokalh ih, satan ih a cangvaihnak cu a hlawhsam.

Cule Jesuh cu mah le mah zum hnget aw zetih umter tum in, Satan cun biakinn lu zim ihsin dawp thla dingin Jesuh a thlem. Jesuh hi Pathian fapa a si ngaingai ahcun vancungmi pawl in Amah an humhim ding timi thuron pe in Cathianghlim a run hmang. Asinan Cathianghlim dik zet siarnak thawn Jesuh cun thlemnak cu a doneh leh sal.

Thlemnak pathumnak ahcun Satan ih a tuahsuak tummi ngaingai cu fiang zet in a lang. Jesuh in cibai a buk ding a duh a si. Pathian lawngih neih theimi cibai biknak cu Satan cun laksak a tum.

Cuticun satan cun Jesuh hnenah, “Leitlun ram uknak hmuahhmuah le an sunlawinak” pawl a hmuh ih, cule “ ‘Bokkhup in i biak ahcun hi thil hmuahhmuah hi ka lo pe ding a si’ a ti (Matt 4:8, 9). A ngaingai te cun Matthai thawn milaw zetmi thungan mi pakhat Luka 4:6 ahcun satan cun hitin a rel, “Hi thuneihnak hmuahhmuah le an sunlawinak tla hi ka lo pe ding: ziangatile cucu ka hnenih pek a si ih, ka pek duhmi pohpoh hnen ah ka pe ding’ “ (Luka 4:6, NKJV). Jesuh cun Cathianghlim hmangin thlemnak a do lehsal ih, cule satan cu a hlawhsam lala.

Himi thlemnak pathum ah Jesuh cun doral ih donak cu cathianghlim hmangin a kilhim a si.

Efesa 6:12 cun, “kan buan mi hi tisa le thisen an si lo, lalnak pawl, thuneihnak pawl, hi leitlun thim ukto pawl, hmun sangih thlarau soal pawl tla an si sawn” tiah in rak sim thei sal. Tihphannak ih nun kan hmang lo hmanah ziangahsaw kan kiangkap ih buainak ngaingai pawl hi kan theih ringring a tul?

**NINGA NI
Vanlam doawknak umdan**

February 27

Pathian le Satan karlak vanlam doawknak thu zirhnak Bible bungcang hrekkhat pawl kan hmu thluh zo. Asinan cuvek buainak cu ziangtin saw a um thei? Ziangtin saw ziangkim tithei Pathian cu mi in an dokalh thei ding? Vanlam doawknak hi thilti theinak ih khat luan thluh mi si bangta sehla, a hram thok hlan hman in a cemral zo ding. Cuvek siloin thildang deuh a si ko ding. A ngaingai te cun Cathianghlim cun doawknak cu Pathian ziaza thuhla ih elawknak – Pathian dokalh in (thildang lakah) Anih cu thatnak le duhdawtnak ih khat a si lo tin Satan ih relsiatnak ihsin a hungsuakmi a si ti a langter. Cuvek relsiatnak cu huham asilole ruatnak nei lo hranhram ih

norawknak tivek ih neh theih thil a si lo. Mi pahnih ih nun tahthim zuamawknak ih neh theih thil a si.

“Sual a donak ahhin, Pathian cun dingfelnak le diknak lawng a hmang. Pathian ih a hman thei lomi Satan cun a hmang thei – porhawknak le bumawknak hi a si. Vancungmi pawl hmaiah Pathian kamsuak thu le A cozah ukawknak ih khawkhannak cu dik lozet in sual a puh tum ih, Pathian cu vanram ih a umtu pawl kaihhruainak dan le daan a um mi ah a dik lo, A sersiammi pawl ihsin thuawihnak le pumpekawnak a duh ih, Amahten khaisang awknak ding a hawl rero men a si tiah sual a puh. Curuangah vanram ih a ummi pawl hmuah le a thusia mi leitlun pawl hmaiah Pathian uknak hi a dik ih, A daan hi a famkim a si timi phuangsuak ih a um tengteng a tul. Satan cun amah rori in leitlun thatnak ding a hawl tum timi a langter. Hranhram ih mi sinak laksak tum tu ih mizia diktak, a tumtah mi ngaingai cu mi hmuahhmuah in an theih a tul. A hnatuan tha lo zet ihsin amahten phuangawknak ding tikcu caan a nei tengteng ding a si.”—Ellen G. White, *The Great Controversy*, p. 498.

Johan 8:44, 45 **hi** Thuphuan 12:7-9 **ih tleunak ah siar aw. Himi bungcang cun satan ih nuntu zia le khawkhannak thuhla ziangsaw an langter?**

A hramthok ihsin Satan pa ih khawkhannak cu sersiammi pawl in Pathian cu duhdawtnak le diknak nei ngaingai lo tu, le A daan cu anmah nekrawktu le nater tu men an si timi zumter a tumnak hi a si. Jesuh in satan cu, “thuphanper tu” le “thuphan ih pa” a rak ti khal hi mangbang ding a si lo (Johan 8:44, NKJV). Cumi kalh ciah in Jesuh cu, “Thudik theihter dingah’ “ a ra (Johan 18:37, NASB) cule Satan ih relsiatnak le thunphanpernak cu a do ih, a neh ih, a netnak ahcun satan le a huham cu a siatsuah thluh (1 Johan 3:8, Heb. 2:14).

Thuphuan 12:9, 10 ah Satan cu (1) “rul tar” (2) Vanram ih Pathian minung pawl a zuar thlaitu (3) leitlun bumtu rulhreng tiah a fiangter. Grik ting ih “Khawsia (satan)” timi cu “relsiatu” tinak a si ih, doawknak cu Pathian nunzia thuhla zumnak khal tel in, zumnak tlun ih doawknak a si timi a angter.

NIRUK NI

February 28

Ruahbet ding: Read Ellen G. White, “The Origin of Evil,” pp. 492–504, in *The Great Controversy*.

“Sual luhnak ahhin Pathian in mawhphurnak zianghman a nei lo ti ai hnakin fiang sawn hi Cathianghlim ah hmuh ding a um lo; Pathian zangfahnak ah mumal lo ih dungtolhnak zianghman a um lo, Pathian uknak ah kim lo zianghman a um lo, dokalhnak suahter thei ding zianghman a um lo tihi cathianghlim in a zirh. Sual cu sawm lo ih lut a si ih, an umnak ding pek khal in an um lo. Himi thuthup, fiangter theih lo mi hi, kham theih lo mi a si...Amah (satan) kha a umnak ihsin hloral ter hngal sehla, annih (vanram ih um pawl le leilung dang ih um pawl) cun duhdawtnak ihsin siloin tihnak thawngin Pathian an rian ding. Bumtu ih luahnehnak cu a hloral thluh lo ding ih, dokalhnak thlarau khal cemral ter thluh an si lo ding. That lonak cu A pitling ding siansak a tul. Leitlun pumpi that thluh theinak dingah Satan cun a kaihhruainak pawl cu a luahkhat ter hmaisa a tul ih, cuti cun sersiammi pawl hmuahhmuah in Pathian cozah a dokalhnak pawl mizia diktak cu an hmu thei thluh ding ih, cuticun Pathian ih zangfahnak le diknak le danglam ve dah lo a daan cu kumkhua in thusuhnak lenglam ah a um thluh ding a si.”—Ellen G. White, *The Great Controversy*, pp. 492, 493, 499.

RELKHAWM DING THUSUHNAK PAWL:

1. Mi tampi cun sual nei loih tuah mi Lucifer cu ziangah saw a sual thei tiah an mangbang zet. Ziang ruangah saw sualnak cu “thuthup” le “Fiangter theih lo” mi a si? Ziangtin saw sualnak hmaisabik hi phuahhlam um loin le thiamco tercop tivek um loin kan simfiang thei ding?

2. Ziangruangah saw Pathian in Satan cu a hlohral ter men lo? Ziangah saw “thatlonak cu pitling ter ding ih sian” a sinak san? Himi “Leitlun pumpi that theinak dingah” ziangtin saw a si ding?

3. Pathian le satan karlak doawknak maksak cu huham nasa zet siloin mizia bangaw lo doawknak a si ti mi theih hi ziangahsaw a thupit? Mizia doawknak ahhin ziangtin saw huhma nasa zet doawknak in sullam a neih theilonak ding?

4. Ziangtin saw doawknak theihthiamnak in nangmai nun ah vanlam doawknak lam ih na um thei? Ziangvek lamzin in saw tu ahhin himi doawknak ngaingai na ton? Khuitawk lam deuh ahsaw na um timi langtertu lamzin cu ziangtin saw na let ding?

ZIRLAI 10**March 1-7****DOAWKNAK DAAN****SABBATH SIIMLAM**

Tuizarh zirlai hrang siar ding: Dan. 10:1-14, Thup. 13:1-8, Job 1:1-12, Job 2:1-7, Johan 12:31, Johan 14:30, Marka 6:5, Marka 9:29.

Bible cangken: “Zokhal sual a tuahtu cu khawselal ih ta a si; ziangahatile khawselal cun a tir ihsin thil a ti sual. Pathian Fapa a rung langnak san cu khawselal hnatuan pawl siatsuah dingah a si” (1 Johan 3:8).

Vanlam doawknak huham nasa zet cu 1 Siang 18:19-40 ih Karmel tlangih um Elijah ahhin hmuh a theih. Cutawk hmun ahcun Pathian cun “miphun dang pathian pawl” tiih an kawh mi cu a tarlang. Asinan himi “pathian pawl” thuhla hi pathian dang biatu pawl ih suangtuahnak menmen hnak aihn hmuh theihlo lam ah thuhla a ngah deuh. A ngaingai te cun Israel hnam kiangkap ih um pawl in an bia tiih an ngai mi “pathian pawl” phen ahcun thildang a um a si.

“Pathian hnenah si loin an theih lomi pathian, nan pale pawlih rak tihzah lomi, a ra suak tharmi pathian thar khawsia pawl hnenah rai an thawi” (Daan. 32:17, NKJV). Paul cun a bet ih, “Zentel pawlih thawinak pawl cu Pathian hnenah si loin, khawse pawl hnenah an thawi sawn ka tinak a si: khawsia pawl thawn pawlkomnak nan neih ka duh lo.” (1 Kor. 10:20, NKJV).

Miphun pawl ih “pathian pawl” phenah khawsia pawl an um a si. Curuangah milem biaknak le ramdang pathian

pawl biaknak thawn cathianghlim ih a nganmi hmuahhmuah hi “vanlam doawknak” thuhla an si tinak a si.

Himi hmangin vanlam doawknak thupi cu kan theithiam deuh ding. Hi thudik cu himi doawknak sullam le thiltha lo soal a suahdan theihthiamnak neihnak dingah thil thupit zet a nei.

NIKHAT NI

March 2

Vancungmi pakhat a tlai

Kan hmuh zo vek in miphun dang pawl ih a dik lomi “pathian pawl” cu khawsia pawl an si. Van tlunlam ih khawsia hruaitu pawl cu khuimaw caan ahcun leitlun hruaitu pawl phenah an um ti kan theithe. Pathian ih a thlahmi vancungmi pakhat hman doral in an rak kham a si.

Siar ding: Daniel 10:1-14 **ahhin cang** 12,13 **hi thuk deuh in ruat aw. Himi bungcang in vanlam doawknak thawn a kaih aw mi ziangsaw an zirh? Pathian ih a thlah mi vancungmi cu ni 21 sung “rak kham” a si timi hi ziangsaw na ruatdan?**

Ziangtin saw Pathian ih thlahmi vancungmi pakhat cu zarh 3 sung rori “kham” ih a um thei? Huham hmuahhmuah neitu a si vek in Pathian cun a duh ahcun Daniel let hngal theinak huham a nei a si. Cuvek ih buah hman hmang bangta sehla, vancungmi cu Daniel hnenah a thleng thei hngal ding. Asinan Pathian ih thlahmi vancungmi pakhat cu zarh 3 sung rori “Persia lalram ih lal in a rak kham a si”. Hitawk ahhin ziangsaw cang?

“Zarhthum sung rori Gabriel cu thimnak ih huham pawl thawn an buan aw ih, Siangpahrang Sairas ih thinlung buaiter tu cu lak hlohsak a tum. Pathian minung pawl ai-

awih in van in a buah thei mi hmuahhmuah cu buah in a um ih, a netnak ahcun nehco an co. Doral pawl cu Sairas dam sung hmuahhmuah le a fapa Cambyses dam sung hmuahmuah kham in an um.”—Ellen G. White, Prophets and Kings, p. 572.

Cuvek doawknak cu a pung vivo theinak dingah Pathian cun a huham hmuahhmuah a hmang ding a si lo. Doral cun duhrilhnak ngaingai le laksak theih lo mi huham a tul a si, asinan khat lam veve ih an theihthiam mi rikihah pawl cu an thlun a tul (Felfai zetin kan hnenah phuang in a um lo). A langdah ahcun Pathian vancungmi pawl hman ih an thlun dingmi, vanlam doawknak hman ah rikihah a um vekin a lang, cumi cu zirlai a rung um ding mi ah “doawknak daan” tinmi ah rel lang a si leh ding.

Pathian cu duhdawtnak lawng in hna a tuan, cui duhdawtnak cu titer hrimnak a si lo ih, Pathiam ram uknak lungphum a si timi ruahnak kan kaihnhget phawt cun, himi rikihah (tahfung) hi theihthiam a har sa lo men thei. Himi ruahnak, Pathian cun duhdawtnak ihsin ra suak mi kaihhruai awknak lawng hmangin hna a tuan timi cun dokawknak maksak theithiam deuh ding in bawm men thei.

Ziangtin saw hranhram ih tuahternak siloin duhdawtnak ih bulhram thawng lawng in hnatuan theinak rikihah na ton? Huham ih rikihah thuhla ziangmi zirlai saw na zir ngah?

NIHNIH NI

March 3

Thuphuan ih rulhreg

Vanlam doawknak ih vanlam hruaitu pawl pawmdan tlangpi cu thuphuan cabu ahhin ngan lut in a um, cutawk ahcun satan cu Pathian dokalh tu “Rulhreg pi” le “Leitlun pumpi bumtu” tiih tarlang a si (Thup. 12:9, NKJV).

Siar ding: Thphuan 13:1-8. **Himi in rulhreg ih thuneihnak huamsung a kauh thuhla ziangsaw a tarlang?**

Rulhreg (Satan) cun Pathian (Thup 12:7-9) le A siahlawh pawl (Thimnak ah Thup 12:1-6) lawng hi a do lo ih, san tinkip ih Pathian minung pawl hrem rero tu leitlun ramuknak hruaitu pawl phen ih a um thu khal tarlang a si.

Rulhreg cun, “A huham, a bawi tohkham le thuneihnak nasa zet” cu tiffinriat sung ihsin ra suak sahrang hnenah a pek (Thup. 13:2, NKJV; zohtlang aw Thup. 13:5; Thup. 17:13, 14). Himi tiffinriat ihsin Sahrang cu “thil maksak zetzet pawl le Pathian thangsiatnak tongnak kaa cu a hnenah pek a si; cun thla sawmli le thla hnih sung cangvai dingin thiltitheinak a hnenah pek in a um” (Thup. 13:5, NKJV).

Cumi a si ruangah Satan (Rulhreg) cun huham le thuneihnak pawl cu sahrang hnenah a pe (Leitlun ih biaknak lam huham). Himi huham hi Pathian lawng ih neih theimi cibai buknak va cuhsaknak ih hman a si. Sahrang cun Pathian hmin a thangsiat; Pathian mi thianghlim khal a dokalh ih, caan reilote sung cu nehnak a co. Hi leitlun pumpi thuneihnak le thuneih theinak cu himi leitlun uktu, rulhreg ihsin pek in a um.

Asinan Satan le a kaihruai mi pawl par khalah rikhih mi cu a um thotho : “Cuiruangah nannih van pawl, le nannih a sungih um pawl tla, nan lung awi uh. Leilung le tiffinriat a luahtu pawl tla, nan hmakhua a pit! Ziangatile khawselal cun caan tawite lawng a nei ti a theih ruang ah thinhengnak nasa zet thawn nan hnenah a rung tum a si, tiin’ “ (Thup. 12:12, NKJV).

Satan cun “ caan tawite lawng a nei ti a thei” (Thup 12:12), cule Thuphuan ih um thil a thlengmi pawl simfiang

mi cu tikcu reizet ihsin profet simcianak feh rero kha a si ih, cumi cun himi thilthalo pawl ih umnak rikhih pawl a tarlang thluh a si (Thup 12:14, Thup 13:5)

A ngaingai ahcun Pathian in a netnak ah nehnak a co. “ ‘Cun Pathian in an mit ih mitthli hmuahhmuah cu a hnul-faisak ding; cuticun thihnak a um nawn lo ding, riahsiatnak siseh, tahnak siseh, natnak siseh, a um nawn lo ding; ziangatile thil hmaisai pawl cu an hlo thluh zo a si, tiin’ “ (Thup. 21:4, NKJV).

Tu ahcun kan hmuh a harsa men thei, a netnak ahcun thiltha in kumkhua in thiltha lo a neh ding a si. Himi mangbangza thuthiam theihngilh lo ding hi ziangruangah saw a thupit?

**NITHUM NI
Job thuhla**

March 4

Job cabu ahkhan doawknak maksak ih thil thleng mi ngaingai hrekkhat pawl pek in kan um.

Siar ding: Job 1:1–12 le Job 2:1–7. **Hitawk ih kan hmuh thei mi dodawknak maksak ih thu bulhram cu ziangsaw a si?**

Himi bungcang ihsin thil thupi tam zet kan la suak thei a si. **A pakhatnak ah**, Pathian le Satan karlak biakawknak men siloin, vanram ahkhin lairelnak ziang simaw hrekkhat a um in a lang; cumi ahcun vanlam ih um pawl khal an tel a si.

A pahnihnak ahcun, thu elawknak hrekkhat a um, cumi cu Pathian in Satan hin Job hi a ruat ngaingai maw timi thusuhnak in a langter. Zianghrang ahsaw Job cu a ngaihtuah ding? Thusuhnak cun thuelawknak feh rero lai ahhin sullam nasa zet a nei a si.

Pathumnak ah, Pathian cun Job cu relsiat ding um lo, midik, le Pathian tihmi tiih a tarlang lai ah, Satan cun

Job cu Pathian in a humhim ruangah Pathian tih vekin a lang men a si tiah soal a puh. Himi cun Pathian le Job ih ziaza dokalh in a relsia a si (Zoh kop aw Thup. 12:10, Zekhariah 3).

A palinak ah, Pathian in Job a humhim cu a dik ciah lo tiin a puh ih, cumi a puhnak cu satan hrangah ziangti lam khal in a langfiang ter thei lo. Himi cu Satan parah rikihah a um timi hrekkhat a langter (doawknak daan), cule Satan in Job siatsuah a tum in a lang.

Pathian cun van mipi pawl hmaiah Satan ih sualmawh puhnak (heknak) cu a let ih, satan cu a ruahnak hmang dingin siannak a pek, asinan rikihah neih mi sung lawngah a si. A hmaisai in “A (Job) neih mi hmuahhmuah” tlun ah Satan cu huham a pek, asinan Job thuhla ah bulpak siatsuahnak ding cu khamsak a si (Job 1:12, NKJV). Cumi hnuah, Job cun amah lawng a ruat aw tiih Satan ih soal a puh hnuah, Pathian cun Satan cu Job ih bulpak buainak thlen ding a siang, asinan Satan cun a nunnak a zuah ding a si (Job 2:3-6).

Satan cun Job innsang ah siatnak tamzet a thlen, asinan thubuai tinkim ah Job cun Pathian hmin a thangthat lai thocho (Job 1:20-22, Job 2:9, 10), Satan ih puhnak cu a dik lo a si.

Hitawk ah thil tamzet kan zir, vanlam doawknak ahhin doawknak daan a um ti pawl kan zirh ngah. Pathian duhdawtnak bulhram thianghlim zet, Pathian cozah lungphum le leitlun le a sungih um pawl a kaihhrainak daan pawl pahbal cuang siloin Pathian dokalh soal mawh puhnak reifel theidan hi vanlam lairelnak hmun ahkhin tafung a um.

Hivek vanlam doawknak (sia le tha doawknak) Job cabu ih thil a thlengmi pawl cun dodawknak maksak a um ngaingai timi le leitlun ah ziangtin a rung um timi pawl in hmuh a si.

NILI NI

March 5

Hi leitlun hruaitu (reilote sung)

Zirlai hmaisai ahkhan vanlam doawknak ah Satan le a kaihhruai mi pawl cu hi leitlun ahhin reilote sung cu thuneihnak thupi zetzet pek an si thu kan hmu zo, doawknak daan hrekkhat hmangin rikihah neihsak a si.

Himi doawknak daan rikihah cu doral- satan le a kaihhruai pawl cangvaihnak lawngah rikihah siloin – doral thuneihnak sungih tlutu thiltha lo (reilote sung) siatsuahthluh dingih Pathian cangvaihnak ding khalah rikihah neih a si. Bawipa in a thuthiam a pahbal dah lo ruangah doawknak daan cu a lungkim - curuangah Satan in reilote sung thuneihnak a neih ding cu a sian sak – Pathian cu hmailam caan ih a cangvaihnak ding ah rikihah a nei a si (A huham malter pah cuang loin)

Siar ding: Johan 12:31, Johan 14:30, Johan 16:11, 2 Korin 4:4, **le** Luka 4:6. **Himi pawl in hitawk leitlun ih doral ukawknak thuhla ziangsaw an zirh?**

Thukam thar ahhin lalram kalh aw mi, engnak le Setan le a kaihruai mi pawl ihsin a ra mi thimnak lalram a run tarlang. Khrih hnatuan hrekkhat cu Setan ih lalram do neh ding hi a si: “Pathian Fapa a rung langnak san cu khawselal hnatuan pawl siatsuah dingah a si” (1 Johan 3:8).

Cuvek cing khal in Pathian in a cozah thu bulhram pawl kai hnget pah cingih a thil tuah thei mi pawlah rikihah (khamtu) “Daan” a um a si. Himi rikihah pawl cu a silobik in (1) Sersiammi pawl hnenih duhhril thei zalennak pek (2) doawknak daan thukamnak, a tu ih kan theih fiang thei hrih lo mi khal a tel a si. Cuvek Pathian cangvaihnak parih rikihah le dawnkhamtu cun Pathian in hi leitlun sualnak malter deuh asilole zamrang zet ih siatsuahnak dingah thatnak tamzet a nei a si. Cutin thil

thalo le tuarnak a um vivo kan hmu ih, mi tampi in Pathian a um lo maw si, asilole a thatnak teh a um lo maw si timi thusuhnak an neih phah a si. Asinan doawknak maksak dunglam thu um pawl voikhat kan theih hnuah le Pathian in Satan a donak dingih rikhhiah a neihmi kan theih hnuah Pathian in thilthalo parih nehnak netabik a umter hlan sung cu thil hi a sidan vekih an umnak san hrekkhat kan theifiang thei ding a si.

Ziangtin saw Jesuh in Satan cu hi leitlun “uktu” tiih a kawhnak cun a silobik in a tu ih leitlun ih thiltha lo a umdan kan theihtiam theinak dingah in bom? Tikcu reilote sung lawng lalnak a nei ding timi theih hi a va thlangam thlak ve!

NINGA NI

March 6

Rikhhiah le daan pawl

Vanlam doawknak bulhram bik cu Pathian ziaza thuhla ih thu elawknak hi a si bik mai. Setan in Pathian thatnak, diknak le a cozah relsia in sual a puhnak ihsin ra suak mi a si. Himi doawknak cu vanlam thubuui phunkhat vek khi a si!

Cuvek doawknak cu huham(thuneihnak) cakzet thawn relfel theih a siloih, phuangsuaq awknak a tul a si.

Huham nei zettu mi pakhat parih sual puhnak nasazet ih thlen a si ahcun sualpuhnak neh theidan thabik (himi lawng si men thei) cu zalennak, tihnak le thuhla hliakhlainak tivek pawl siansaknak hi a si. Sual puhnak cun cozah pumhlum (duhdawtnak) ah tihphannak a tuah ahcun olsam zetin zial hnuai ih phiat hloh theih men mi a si lo.

Himi pawl hmuahhmuah in vanlam doawknak le thiltha lo buainak thawn pehparmi theihthiamnak dingah ziangsaw sullam a neih? Pathian in thutiamnak a tuah

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ahcun, A thiatbal sal ding maw si? Thiatbal lamlam lo ding. Pathian in doawknak daan a pawm ahcun hmailam tikcu caan ih a cangvaihnak dingah rikhhiah a um ding. Cuvek a si ruangah thiltha lo hrekkhat pawl cu thimnak lalram ih ukawknak reilote sungah a tlu thei ding a si.

Siar ding: Marka 6:5 le Marka 9:29. Pathian cangvaihnak khal zumnak le thlacamnak thawn a pehaw mi a si zia himi bungcang in ziang saw an langter?

Himi pahnih ahcun rikhhiah le doawknak daan hmun hrekkhat ah a um veki a lang. Cumi cu zumnak le thlacamnak thawn an pehtlaih aw a si. Hmundang ahcun thlacamnak in hi leitlun ahhin danglamnak a thlen timi tampi kan hmu. Cumi cun Pathian cangvaihnak theinak lamzin a on a si, cuvek si lo sehla a um lo men thei. Asinan zumnak le thlacamnak lawng rori in hivek a cangter thei a si timi kan ruat ding a si lo. Kan theih lo thil tampi a um men thei.

Himi cun a hlan ih doawknak daan timi thu kan hmu zo mi thawn an milaw zet. Pathian cun dodawknak daan hrekkhat cu a lungkim asilole pekawknak hrekkhat a pawm ahcun hmailam caan ih a thiltuah ding mi ah rikhhiah a um ding a si. Cuvek a si ruangah thilthalo hrekkhat pawl cu thimnak ih lalram uknak reilote sungah an tlu theu.

Siar ding: Rom 8:18 le Thuphuan 21:3, 4. Ziangtin saw himi bungcang in kan theih lo mi thil tampi um khal sehla, Pathian in thil thabik a thei, thiltha bik a duh, cule thiltha lo cemral ter in kumkhaw lungawinak a run thlen leh ding a si timi zumnak in pek?

NIRUK NI

March 7

Ruahbet ding: siar ding: Ellen G. White, “The Power of Satan,” pp. 341–347, in Testimonies for the Church, vol. 1.

“Tuizo minung cu Setan daan vekih sal ih kaih a si. Khrih ih hnatuan cu doral nasa zet thiltitheinak ihsin runsuah ding hi a si. Minung hin lungsi deuh in Satan thuron thlun duhnak a nei ih, cule Khirh, nehnak cotu cu a sungah um in, a duhdanin kai hruai ih, cahnak a pek lo ahcun doral sual zet rak khamnak ah hlawhtlinnak a ngah thei lo ding. Pathian Amah lawngin Satan ih huham ah rikhih a tuah thei. Anih cu leitlun dung hmai ah a feh, tlunlam hnuai lam ah a feh kual. Thlarau siatsuahnak tikcu caan tha a hloh ding a phan tuk ruangah caan khat te khal cawl duhlo in a ralring ringring. Pathian minung pawl in an theih ding hi a thupi zet. Cutin a thang ihsin an luat thei ding a si. Pathian minung pawl a dokalhnak netabik ahhin amah a si lam an theih lonak dingah Satan cun a bumnak ding a timlam. 2 Korin 11:14 ah ‘Cun mangbang ding a um lo; ziangah tile Setan amah rori hman eng ih vancungmi ah a thleng aw a si’. Bumngah mi thlarau hrekkhat pawl cun amah a um ngaingai lo tiih an ti lai ah anih cun sal ah a hruai ih, anmah feh tlang in nasa sinsin in hna a tuan. Pathian minung pawl cun Khrih ih an cahnak a um ahcun anih cu an huham in an neih thei ding timi cu annih hnakin Setan in a thei sawn. Ral nehtu hnenah bomnak an dil ih, thudik lam zumnak cak lo bik khal in Khrih ah fek zetih a thumawk tikah Setan le a kaihhruai mi pawl cu an neh thei ding a si. Anih cu a hrokhrawl tuk ih a mi thlemnak thawn ngamhuai zetin a feh; Khristian caknak ihhmu cu a tho ih, rundamtu nasa zet le cak zet ahcun a thum aw ding. Asinan theihthiam loin a lut ih, Pathian ngaihsak vekin rel aw in, thuawih lo fale fehtlang in thupthiar zetin hna a tuan”—Ellen G. White, Testimonies for the Church, vol. 1, p. 341.

RELKHAWM DING THUSUHNAK PAWL

- 1. “Setan daan vekih sal ih kaih” timi sullam ziangsaw a si? Himi sullam cu setan cu minung thawn a duh mi poh a tuah thei tinak maw si? Cuvek a si lo le, ziangvek? Ziangtin saw himi cu vanlam doawknak ih, “doawknak daan” tiih kan kawh mi thawn pehzom awknak an neih?**
- 2. Ziangruangah saw Pathian in setan hnenah caan reilote sung khal sikhal sehla, vanlam doawknak ahkhan thuneihsak ziangvek khal a pek? Pathian in Setan ih phiarthupnak let a tumdan thuhla ziangsaw in sim?**
- 3. Khristian khal si khal sehla Setan cu a ngaingai ih a ummi a sin lo timi reltu hi ziangtin saw na let ding? Setan a um lam langter thei lo khal sehla, bumnak nasa zetih rak um zo mi pakhat na bom theinak dingah ziang tarlang ding saw na khawl khawm thei ding?**

ZIRLAI 11**March 8–14****KA TUAH BEET THEI DING ZIANGSAW UM LAI?****SABBATH SIIMLAM**

Tuizarh zirlai hrang siar ding: Johan 18:37, Rom. 3:23–26, Rom. 5:8, Isa. 5:1–4, Matt. 21:33–39, Isa. 53:4, Rom. 3:1–4.

Bible cangkan: “Curuangah Pilate in a hnenah, cuti asile siangpahrang maw na si? a ti. Jesuh in, Na sim vekin siangparhang ka si. Himi ruangah ka suak ih, hi thu ruangah leitlun ah ka ra a si, thutak theihertu ka si theinak dingah. Zokhal thutak ih ta a simi cun ka aw a ngai, tiah a let” (Johan 18:37).

Kum ziangmaw tizat liam ahkhan thuthang makazin cahmai ahhin nauhak pawl thuanthu an ret. Thuanthu cun Denis timi nauhak pate ih thuanthu a hmutin bik, anih hi hngaktah a si ih, sungkua pakhatin fa vekih an lak mi a si. Danis cun an umnak ih ram ukto siangpahrang hi a hua tuk, ziangah tile a nu le pa an dam lo ahkhan anih cu ralkap pawl in an hruai ih, cutin a nu le pa a hmu nawn lo. Caan reilote hnu lawngah siangpahrang in natnak raphlak zet ihsin a minung pawl a thenhrang timi a vun thei fang. Siangpahrang thuhla cun Denis in a nun sung hmuahhmuah ih a huatnak ihsin a suah zalen thei. Siangpahrang cun ziangvek buainak khal ah a mipi pawl duhdawt in a cangvai theu a si.

Tuini ah mi tampi cun Denis in siangpahrang a hmuh vekin Pathian an hmu ve. Thiltha lo an hmuhton

mi asilole an theih mi pawl cun Pathian hua dingin asilole Pathian ngaihsak lo dingin a hruai. Harsat tuarnak a um laiah khuitawak ahsaw Pathian a um? Pathian cu mi thazet rak si bangta sehla, ziangruangah saw thiltha lo tampi a um? Vanlam doawknak cun himi a thupi zetmi thubuai hi a fiangter zet, asinan thusuhnak tampi a tanglai. Asinan kan thuletnak hmuahhmuah cu duhthu sam in a um lo tikah thinglamtah parih Jesuh kan zoh thei, cule a tu ah thusuhnak pawl let in um thluh lo khalah Pathian cu rinsan tlak a si zia Amah ah kan hmu thei ding a si.

NIKHAT NI**March 9****Khrih nehnak**

Khrih Amah rori hman in “hi leitlun uk tu” tiih a rel mi doral cu hnatuannak ah um khal sehla leitlun ih siangpahrang diktak cu Jesuh Khrih hi a si. Khrih cun kan hrangah nehnak a co, harsatnak le tuarnak karlak hmanah Amah ahcun nehnak kan co thei. A ngaingai te cun Khrih ih hnatuannak cun doral fehnak kipah a dokalh a si.

Cathianghlim in Setan a fiangterdan kan hmu zo:

(1) A hramthok ihsin leitlun pumpi bumtu a si (Thup. 12:9, Matt. 4:3, Johan 8:44, 2 Kor. 11:3, 1 Johan 3:8).

(2) Pathian le vanram ih um A mi pawl zuarthlai ih relsiattu a si (Thup. 12:10; Thup. 13:6; Job 1–2; Zekh. 3:1, 2; Juda 9).

(3) Hi leitlun uknak latu (Johan 12:31, Johan 14:30, Johan 16:11, Tirh 26:18, 2 Kor. 4:4, Efe. 2:2, 1 Johan 5:19).

Siar ding: Johan 18:37. **Himi in Khrih ih doral bumnak do dingih Khrih ih hnaturan thuhla ziangsaw a rel? Jesuh cu Siangpahrang a si timi sullam ziangsaw a si?**

Cathianghlim in Setan cu bumtu lubik, relsiat hmang, zuarthlaitu, le hi leitlun ukto sinak laksaktu tin

in zirh khal sehla, Jesuh cu lamzin ziangkim ah Setan nehtu a si thu in zirh thotho.

- (1) Jesuh cu “ ‘thutak theihtertu a si theinak dingah leitlun ah a ra’ “ (Johan 18:37, NASB),
- (2) Thinglamtah ihsin Jesuh cun Pathian dingfel famkimnak le duhdawtnak sang zet a tarlang (Rom. 3:25, 26; Rom. 5:8), Cumi cun setan ih sualpuh relsiatnak cu a dik lo a si timi a tarlang (Thup. 12:10, 11).
- (3) “A caan reilote lawng a tang timi thei” tu setan ih lalram cu Jesuh cun a netnak ah a siatbal thluh leh ding a si (Thup. 12:12, ESV; compare with Rom. 16:20), cule Khrih cun “kumkhua in kumkhua tiang a uk ding” (Thup. 11:15, NLT).

A netnak ahcun Setan in ziang a buah khalah anih cu ral sungtu a si zo, cule ka hrangih tawhfung cu kanmai hrangah nitin, a tu le tu ah Khirh nehnak co ding hi a si, cule kan hrangih pek mi thinglamtah ih thuthiam khal kan co ngah tum ding a si.

Doawknak maksak ahkhan khui lam saw cak deuh ti kan thei. Nitin kan nun ih duhhrilnak ahhin a netnak ah khuilam ah kan um ding tihi ziangtin kan buah ding? A tu rori khalah ziangtin saw nehnak cotu lam ah kan um timi kan theihtheih dan ding?

NIHNIH NI

March 10

Diknak le thiamcoternak

A herkualnak ih kipah Khrih cun Setan ih hnantuan cu a neh thluh. 1 Johan 3:8 vek asile Jesuh, “a rung langnak san cu khawselal hnantuan pawl siatsuah dingah a si” (1 Johan 3:8, NRSV) cule “Thihnak huham neitu Setan siatsuah ding khalah a si” (Heb. 2:14, NRSV). Asinan doral ih kaihhruainak zaten nehnak cu hmun hnih ah a thleng.

Pakhatnak cu thinglamtah fehtlang in Khrih cun Setan ih sualpuh relsiatnak cu a dik lo timi a langter. Cule neta ahcun Setan le a lalram pawl cu siatsuah thluh an si leh ding.

Siar ding: Rom 3:23–26 le Rom 5:8. Himi ahhin Khrih in setan ih sualpuhnak a nehndan lamzin thuhla ziangsaw a tarlang?

Kan hmuh zo vekin, doral cun Pathian in dingfelnak le duhdawtnak famkim a nei lo tiah a ti. Asinan Khrih ah Pathian cun Pathian dingfelnak le duhdawtnak ih netabik phuolangnak a buah, cumi cu Thinglamtah fehtlang in a si.

Jesuh a thih hnuah, “Setan cun mibum duhuh a hmeltupnak cu a tlek darh thluh ti a thei. A kaihhruainak pawl cu vanram pumpi hmai ah le soal ih tlu ve lo vancungmi pawl hmaiah tarlang in a um. Amahten mithat tu a si lam a phuung aw. Pathian fapa ih thisen thehsuak mi thawngin vanmi pawl ih zangfah lainatnak ihsin amahten a phawi hlo aw a si.”—Ellen G. White, *The Desire of Ages*, p. 761.

Siar ding: Thuphuan 12:10-12 hi Semtirnak 3:15 thawn siar kop aw. Ziangtin saw himi thuhla in thinglamtah ih Khrih netnak vanlam thupitnak cu a tarlang?

Tlennak thuanthu cun Pathian in a netnak ah a buaipu tu pawl hmuahhmuah hrang thiltha zet a um theinak ding hrangah hna a tuan rero theu timi kan zum theinak dingah thil tamzet a langter. Cathianghlim ih Pathian cun Doawknak maksak sung khalah a hrangih lamzin pek ih a ummi thiltha le duhnung um a buah ringring theu. (Daan. 32:4, 1 Sam. 3:18, Saam. 145:17, Dan. 4:37, Heb. 1:13, Thup. 15:3, Semt. 18:25).

Zianghawsaw vanlam doawknak ah Pathian ih dingfelnak le duhdawtnak tarlang hi a thupit?

Thinglamtah le tlennak ih khawkhannak Pathian hnatuan hmuahhmuah na thlir tikah ziangtin saw hniksaknak le tuarnak karlak khalah Pathian duhdawtnak sungah Pathian hnatuannak in rinsannak a lo pek?

NITHUM NI

March 11

Ka duhdawt ih hla

Mangbangza in Pathian cun A duhdawtnak le dingfelnak cu vanlam doawknak karlak ah a tarlang. Asinan mi hrekkhat cun Pathian in thiltha lo hlon / lole kilhim ding ah a tuan ding zat hnakih tam a tuan a tul ding maw si? tin an sut men thei. Vanlam doawknak ahkhan Pathian cun Amah le minung karlak duhdawtnak ih laicinawknak a thansoh vivo theinak ding hrangah a thupi zet mi zalennak ngai thupi dingin a cangvai timi kan hmu. Culawng hman siloin, A ziaza thu ih vanlam thuelawknak a si mi, A duhdawtnak tarlangnak lawng ih relfel theih mi ahhin doawknak awknak daan asilole ziaza thatnak sungah a cangvai a si.

Siar ding: Isaiah 5:1-4. **Himi bungcang ih a tongtu hi zosaw a si? Isaiah in zo ih thu pawl saw a rel? Sabit hmuan kiltu le neitu khan zo saw an khihhmuh? Sabit hmuan neitu in Sabit hmuan ai-awih ih a cangvaihnak ih sullam cu ziangsaw a si? A rahsuak mi cu ziangsaw a si?**

Himi bungcang ahhin Isaiah cun a duhdawt mi, sabit hmuan ih hla a sak. Sabit hmuan neitu cu Amah Pathian a si, sabit hmuan cun Pathian minung pawl a khihhmuh (Thimnak ah zoh Isa. 1:8, Jer. 2:21). Asinan hitawk leitlun ih Pathian hnatuan kauhzia thawn tahthim cun a kau sawn a si. Himi bungcang ih a langdan vek asile sabit hmuan neitu (Pathian)cun A sabit hmuan a thangso theinak dingih ruahsannak um thei mi hmuahhmuah a

tuah thluh zo. Sabit hmuan cun sabit rah tha tamzet suah ding a si nan “ram sabit rah” lawng a suah, cumi cu tongdang letlin mi ahcun “man nei lo” tiah an ti. A ngaingai te cun hitawk ih Hebru tong cu asidan vekih let ding cun theirah-uuh tinak a si. Pathian ih sabit hmuan cun sabit tawt a suah a si.

Isaiah 5:3 ah Pathian Amah rori ih a tongmi a um, mipi pawl cu Amah le Sabit hmuan karlak ih thuthen tu dingah a “sawm” hai a si. Cule Isaiah 5:4 ah Pathian Amah rori in thusuhnak thupi hmuahhmuah a tuah: “Ka sabit hmuan ahhin ka rak tuah hrih lomi, tuah beet theih ding ziang saw a um lai? Ziangah saw sabit rah a rah ding tiih ka beisei laiah ram sabit rah lamlam a rah?” (NKJV). A tuahbet ding ziangsaw um? A thil tuah zo mi midang pawl ih thuthen dingin a ngen hi thinlung a va neh ve!

Kan sualnak hrangih Pathian in Amah a pekawknak thinglamtah na zoh tikah, ziangtin saw a thurel mi, “Ka sabit hmuan ahhin ka rak tuah hrih lomi, tuah beet theih ding ziang saw a um lai?” timi in mangbangza sullam nasa zet a neih?

NILI NI

March 12

Sabit hmuan thu ih Khrih tahthimnak

Mathai 21 ih Sabit hmuan neitu tahthimnak ahkhan Jesuh cun Isaiah 5 ih a hlah mi, A sabit hmuan ai-awih ih Sabit hmuan neitu ih ziaza le thiltuah mi (cangvaihnak) cu a run tarlang.

Siar ding: Matthai 21:33-39 **hi** Isaiah 5:4 **ih um thusuhnak kha thinlung ah ret in siar aw. A thiltuah zo mi tlunah ziangsaw a tuah bet theimi um?**

Khrih ih tahthimnak hmaisai Sabit hmuan neitu le A sabit hmuan thuhla cu Isaiah 5 ih um mi hla a run la. Cule Jesuh cun a bet ih, sabit hmuan neitu cun “hmuan

kiltu pawl a saan ta ih, amah cu ram hlapi ah a tlawng” (Matt. 21:33) tiah a ti. Asinan sabit hmuan neitu in a rah ra khawm dingin A siahlawh (profet pawl) pawl voihnih rori a thlah tikah A sabit hmuan kiltu pawl cun an rak thawi ih, A siahlawh pawl cu an rak that (Matt. 21:34–36). A netnak ahcun A fapa (Jesuh) a thlah ih, “ ‘ Ka fapa cu an zah deuh ding’ “ tiah a ti (Matt. 21:37, NKJV). Asinan A fapa khal an rak that thotho ih, “Hi pa hi rocotu ding a si, ra uh, that uh sila, a ro hi laksak uhsi, an ti. Cuticun anih cu an kaih ih, sabit hmuan lengah an hlon ih, an that”(Matt. 21:38, 39).

Ziangsaw a tuahbet thei ding? Pa cun in duhdawt tuk ih a Fapa neihsun hman in pe zo (Johan 3:16). Vanlam doawknak hi hitawk ih thuron phun vek a si ahcun Pathian huham cangvaihnak hmangin a tikcu hlan ih relfel theih thil a si lo, asinan mipi vantlang hmai ih Pathian ziaza phuanawk hmais a tul a si. Himi phuangawk cu Khrih ih hnatuannak ahkhan a um zo a si (Rom. 3:25, 26; Rom. 5:8). A diknak le duhdawtnak famkim cu kai hnget phah in thiam in coter theinak ding ah Pathian (Khrih ah) cun kan hrang thi dingin Amahten a pe aw ih, cumi tlun ah kan dil bet ding ziangsaw um lai?

Thinglamtah ih thilthleng mi cun Pathian in thiltha lo (sualnak) a cemralter theinak dingah a tuah theizat pawl a tuah thluh zo ti a phuanglang. Asinan duhdawtnak ngaingai hung thangso dingin a thupi zetmi a siatsuah lo ti a fiang. Pathian hnenah duh hril deuh mi lamzin um bangta sehla, cui thil cu a hril ko lo ding sawm? Himi vanlam dodawknak ah mipi in nasazet ih an tuar lai ah, Pathian Amah rori cu a tuar nasa tu bik a si. A ngaingai te cun Thinglamtah kan zoh tikah soal in Pathian hnenah ziangvek tuarnak le natnak saw a thleng timi kan hmu thei. Asinan duhdawtnak ih a ummi zalennak cu a

thianghlim zet ih, Cumi cu kan ai-awh in Khrih in tuar hramhram dingin a duh a si.

Siar ding: Isaiah 53:4. **Zo pawl ih “ninghannak” le “riahsiatnak” saw Khrih in thinglamtah parih a phur? Himi in kan hrang Pathian tuah zo mi le rundamnak hi ziangtluk a man khung timi thuhla ziangsaw in sim?**

NINGA NI

March 13

Pathian hmin phuanawknak

A netnak ahcun Pathian hmin cu a phunphun in phuangsuak in a um. Tlennak khawkhannak ih Pa, fapa, le Thiang Thlarau hnatuannak fehtlang in Pathian duhdawtnak le dingfelnak famkim cu zianghman rinhmainak um riai loin tarlang a si (zoh aw Rom. 3:25, 26; Rom. 5:8).

Siar ding: Rom 3:1-4 cu Isaiah 5:3,4 **thawn thlir phah in siar aw. Himi in Pathian Amah rori cu vanlam doawknak ih thiamcoter a si zia thuhla ziangsaw a zirh?**

Rom 3 le Isaiah 5 ah Pathian ziaza thuthen dingah diknak zianghman nei lo khal sehla Pathian in sersiam menmen mi pawl kha A ziaza ih thuthen dingin a sawm ti kan hmu. A netnak ih, “cabu pawl” hmuahhmuah on a si tikah Pathian ih diknak le dingfelnak famkim tarlangnak cu kan hmu ding a si. Pathian cun sersiammi pawl hmuahhmuah hmaiah Amah ten a phuang aw ding.

Siar ding: Thuphuan 15:3 le Thuphuan 19:1–6. **Himi bungcang in a netnak ih Pathian hmin phuang a si ding thuhla ziangsaw in zirh?**

Cathianghlim hmuahhmuah ahhin Pathian in A hmin a ngaithupi zia a langter. Ziangruangah saw? A ziaza na huat mi asilole na rinsan lo mi, mi pakhat thawn cun duhdawtnak ih laicinawknak thuk zet na nei thei lo ding. Mi pakhat in na koppo simaw, na koppo ding hnenah na

thuhla diklo le rapthlak zetzet in rak rel bangta sehla, cuvek thurel mi pawl cu rak dokalh dingin na theih tawp na suah ding ih, cuvek siloin cui thurel mi cu zum a si ahcun nan duhdawk laicinnak cu an lo siatsuah thei ding a si. A netnak ahcun Pathian cun thinglamtah le tlennak khawkhannak pawl hmuahhmuah fehtlang in a tarlang a si. A netnak ahcun Pathian cu thinglamtah le tlennak khawkhannak pawl hmuahhmuah fehtlang in thiamcoter in a um. Thuthen sungnak ahkhan Pathian cu leitlun pumpi hmaiah thiamcoter in a um a si.

Cule hmailam caan ih thuthennak ahcun tlencia pawl cun “vancungmi pawl hman thu an thensak” lai ding (1 Korin 6:2,3). Himi thuthennak a um lai ah tlencia pawl hnenah Pathian cangvaihnak pawl hmuahhmuah ngankhum mi zoh theinak tikcu caan pek an si ding ruangah Pathian cu thiamcoter a si. Pathian ih thuthennak cu duhdawtnak le dingfelnak famkim a si ringring timi anmahten an hmu ding a si. Kan lak ahhin zosaw let digmi thusuhnak tampi nei lo um? Ziangkim ti fel thluh a si hlanah thusuhnak pawl hmuahhmuah ih letnak kan nei ding a si (zoh aw 1 Kor. 4:5).

A netnak ahcun, khuk hmuahhmuah an bil ding ih, lei hmuahhmuah in Jesuh cu Bawi a si ti an phuang ding (Filip. 2:10, 11). Himi pawl hmuahhmuah hi Pathian ziaza tarlangnak hrekkhat an si thluh.

NIRUK NI

March 14

Ruahbet ding: Siar ding: Ellen G. White, “The Reward of Earnest Effort,” pp. 285–288, in Testimonies for the Church, vol. 9.

“Pathian kilkhawinak ih in mangbangtertu hmuahhmuah cu leitlun rung um dingah fiangter thluh a si ding. Theihhar sa mi thil pawl khal simfiangnak hmuh

a si ding. Zangfahnak thuthup cu kan hmaiah tarlang in a um ding. Kan thinlung in buainak le thuthiam pahbalknak pawl lawng a hmuhnak hmun ah lungawinak mawizet le famkim zet a hmu ding. Cemni neilo duhdawtnak cun hmuhton mi harsa bik ding vekih a langmi khal a ret thatdan kan hmu ding. Kan thatnak ding hrangih ziangkim tuantlang tu ih mi a ngaihsaknak pawl kan hmu cun sunlawinak ih khat le relfiang theih lo lungawinak thawn hlim zetin kan um ding.”—Ellen G. White, Testimonies for the Church, vol. 9, p. 286.

Relkhawm ding thusuhnak pawl:

- 1. Pathian kilkhawinak theihthiam tum in thinlung mangbangin na um dah maw? A netnak ahcun ziangkim cu fiangzetih tuah an si thluh leh ding timi na theihnak in ziangtin saw hnangamnak a lo pek?**
- 2. Hi leiltun hrangih thi ding in le minung ih ra cang dingin Khrih ih a tanta mi ruat aw. Pathian duhdawtnak le Pathian rinsan tlak le tlak lo thuhla ziangsaw in sim?**
- 3. Ziangahsaw Pathian “hmin” thuhla hi a thupit emem? Himi in kanmahten Khristian tiih ko aw pawl hrangah ziangsaw thupitnak a neih? Ziangvek zawngin saw Khristian pawl in Khrih ih hmin an thangsiat theu, cule Khrih thluntu ih umdan ding hi kan kiangkap ah zohter dingin ziangsaw kan ti thei?**
- 4. A netnak ahcun, thiltha lo buainak thawn pehpar aw ih kan “thu letnak” tha bik hman hi tu ahcun a famkim hrih lo. Pathian lawngih a run thlen theimi thiltha lo buainak relfelnak netabik, Khrih ratsalnak kan hngak**

laiah hi leitlun ih tuarnak a tongtu pawl hnenah kan feh theinak dingah ziangsaw kan ti thei mi um?

5. Isaiah 53:4 ih Khrih cun kan “ninghannak” le “riahsiatnak” a phur timi thudik ahhin cambang hrih lawk aw. Rundam khawkhannak le in rundam dingah Pathian in zianghmuah a cemral timi theithiam dingih in bomtu thinglamtah ah ziangthil saw thleng?

ZIRLAI 12

March 15-21

DUHDAWTNAK LE DIKNAK : THUPEK ROPI ZET PAHNIH

SABBATH SIIMLAM

Tuizarh zirlai hrang siar ding: Matt. 22:34-40, Zekh. 7:9-12, Saam 82, Mikah 6:8, Matt. 23:23-30, Luka 10:25-37.

Bible cangkan: “ **Mi pakhat in, Pathian ka duhdawt ti si in, a unau a hua a si ahcun cupa cu thuphanper a si: ziangah tile a hmuhmi a unau hman a duhdawt lotu cun a hmuh lo mi Pathian cu ziangtin saw a duhdawt thei ding?**” (1 Johan 4:20, NKJV).

Pathian in a netnak ahcun thil ziangkim dik zet in a tuah thluh leh ding timi zumnak hnget zet nei khal sehla, Khristian kan si vekin hitawh ah le tu ahhin ziang kan tuah timi hi a thupi tuk lai thotho. Tu ahhin Pathian ih a cemralter hrih lomi diklonak le thiltha lo tam zet khal sehla (vanlam doawknak ih tahfung ah) Himi cu tuarnak le thiltha lo kan ton mi pawl ah kan theitawh in zia um deuh ding in zianghman kan tuah thei lo tinak lam a si lo. A ngaingai te cun Khristian kan si vekin diknak tuah ding kan si.

Kan hmuh zo vekin duhdawtnak le diknak cu an fehtlang ringring, annih cu then aw thei an si lo. Pathian cun diknak hi a duh zet. Cuvek ciah in Pathian kan duhdawt ahcun, kannih khal in diknak kan duh ve ding a si.

Cuvek ciah in Pathian kan duhdawt ahcun pakhat le pakhat kan duhdawt aw ding a si. Pakhat le pakhat duhdawt awknak cu kan kiangkap ih um pawl thatnak ding

ngaihtuah pi hi a si. Farahnak, namnehnak, asilole diklonak ziangvek khal in midang nun ah buainak a thlen ahcun kan ngaihsak ding a si. Midang cu nekrawk ih an um tikah kan mit ka sin san men ding a si lo. Cu hnakin kan leitlun kekkuai siazet ahhin kan Bawipa felnak le duhdawtnak ziaza famkim tarlang thei ding khawp ih Pathian duhdawtnak le diknak ih thangso vivo thei dingin bulpak le pawlkom dangdang pawl in ziangsaw kan tuah thei mi um tiin kanmah ten kan sut aw sawn ding a si.

NIKHAT NI

March 16

Thupek ropi zet pahnih

Kan leitlun ahhin Pathian duhdawtnak le diknak a thansoh theinak dingih pawlkom le bulpak khal ih kan tarlang theinak ding ahcun Pathian in kan hnenih thu in pek mi hmuitinnak ihsin bulhram thok sehla fuh bik ko ding.

Siar ding: Matt 22:34-40. **Daan thiampa ih thusuhnak kha Jesuh in ziangtin a let?**

Amah Jesuh ih a reldan vek asile, “ ‘ A hmaisabik le thupek thupi bik’ “ cu “ ‘ “Bawipa na Pathian cu na thinlung zate, na nunnak zate, le na ruahnak zatein na duhdaw pei” ’ ’timi hi a si. Cule Jesuh cun a bet sal ih, “ ‘a pahnihnak khal cuvek thocho a si: Nangmah na duhdawt awk vekin na inn hnen na duhdawt pei” ’ “. Asinan himi thupek hi amah te lawngin a ding lo. Jesuh cun a rel bet ih, “Hi thupek pahnih ahhin daan thu le profet thu zatein a khaikhawmaw thlul a si, a ti.” (Matt. 22:37–40, NKJV). A ngaingai te cun, annih pawl cu Thukam hlun ihsin laksuah mi an si.

Siar ding: Mathai 19:16–23. **Ziangtin saw Jesuh in milian tlangval pakhat ih thusuhnak a letnak le Mathai 22 ih um daan thiam pakhat ih thusuhnak a letnak thawn pehawknak an neih?**

Hitawk ahhin ziangthil saw cang? Ziangahsaw Jesuh in himi pa hi a tuahdan vekih a let? Himi hmuhton awknak hin kan dinhmun le ka nun thawn pehpar aw in ziangsaw in sim?

“ Khrih cun hi tlangvalpa in Khristian nunzia tha famkim a neih theidan umsun a khihhmuh tum a si. Thlun dingih a fialmi pawl cu harsa lutuk vekin a langtla a si men thei, asinan A tongkam cu fimnak tongkam hlir a si. Cumi rak pawm le thlun hi milian tlangvalpa ih rundamnak ruahsan ding umsun a si. A dinhmun sang zet le a neih hlawnthil cun a nun an ei sia rero zo. A lungsung ih a ret ringring ahcun a sumpai ngainatnak in Pathian a thleng thei ding a si. Pathian hnen ih pek ding hnakin a thil neihmi amal simaw, a tam simaw a kai hnget tu cun a thatnak le hnatan taimaknak a cak ter lo thei a si. Leitlun thilri ih lungawinac cu man nei lo le sullam nei lo khal sehla, thinlung le ruatnak luahkhat tu a si thocho.”—Ellen G. White, *The Desire of Ages*, p. 520.

A tu ih kan neih mi hi zuar thei lo khal sehla, himi milian tlangval vekin nangmah rori ih thlah duh lomi, na kumkhaw nunnak siat suah thei ding cu ziangsaw a si?

NIHNIH NI

March 17

Sual rapthlak pahnih

Jesuh amah rori ih a reldan vek in, thupek thupi zet pahnih cu Pathian duhdawt le pakhat le pakhat duhdawtawk hi a si. Cule himi thupek cun midang hnenih duhdawtnak langter ih, pumpek awknak khal a keng tel. Cumi cu Jesuh dungthlun hi a si.

Tu ahcun thupek thupi zet pahnih cu Pathian duhdawt le midang duhdawt a si ahcun, sualnak rapthlak zet pahnih teh ziangsaw a si ding?

Siar ding: Saam 135:13-19. **Himi ahhin Cathianghlim pumhlum in sual menmen hman a ngai thupit dan ziangsaw a tarlang?**

Thukam hluan ahcun ziangdang pawl hnakin Pathian duhdawtnak a thupitdan a run ngai thupi vivo (Zoh aw Daan. 6:5). Himi cu milem biaknak sual raphlak zet thawn a nai aw zet mi a si, cumi cu Pathian duhdawtnak dokalh hi a si.

Siar ding: Zekhariah 7:9-12. **Himi thu ahhin Profet Zekhariah ih ruahdan vek sile, Pathian in ziangsaw a relsiat? Ziangtin saw milem biak sualnak le thupek ropi pahnih in pehawknak an neih thiam?**

Himi cu Pathian in duhdawtnak ih thinkengnak thawn milem biaknak a letnak men a si lo, asinan bulpak le pawlkom zawng khal in a mi pawl zoh that lonak ruangih a letnak a si. Pathian cu duhdawtnak a si ruangah diklonak ah a thin a heng.

Thukam hlun hmuahhmuah ih thupi zetih a retmi sual raphlak pahnih cu thupek ropi pahnih : Pathian duhdawt ding le pakhat le pakhat duhdawt awk ding timi thawn pehkai awknak ah a hlawhsam a si. Sual raphlak pahnih cu duhdawtnak ah an tlasia. A tawi zawngin cun midang pawl na duhdawt thei lo ih, Pathian na duhdawt thei lo ahcun thukam na thlun thei lo tinak a si.

A ngaingai ahcun 1 Johan 20:20,21 ah : “Mi pakhat in, Pathian ka duhdawt ti si in, a unau a hua a si ahcun cupa cu thuphanper a si: ziangah tile a hmuhmi a unau hman a duhdawt lotu cun a hmuh lo mi Pathian cu ziangtin saw a duhdawt thei ding? Cun, Pathian a duhdawttu cun a unau khal a duhdawt ding, timi amai’ hnen ihta thupek kan nei” tiah a ti.

Pathian va duhdawtnak le midang va duhdawtnak hi ziangruangah an thenaw thei lo ti hi ziangtin saw na

simfiang ding? Himi a thendarh aw thei lomi pehawknak hi ziangtin saw na theihthiam?

NITHUM NI

March 18

Pathian cu diknak a duh

Cathianghlim cun Pathian in diknak a duh ih, thiltha lo a hua timi a fiangter (thimnak ah, Saam. 33:5, Isa. 61:8), cule Diklonak a tuartu pawl hmuahhmuah aiawh ih a dikmi thinkengnak a suakter tu diklonak cu a ngaihsak zet. Thukam hlun le Thukam thar hmuahhmuah ah Pathian cun hmuhsuammi le nekrawk a tuartu pawl parah zangfahnak nasa zet a nei ih, hmuhsuamtu le nekrawktu pawl parah thinkengnak dik a langter a si.

Siar ding: Saam 82. **Ziangtin saw himi Saam in Pathian in hi leitlun hrangih diknak a ngaihsak zia a tarlang? Cumi cu tui kan san ah ziangsaw sullam a neih ding?**

Bible simfiangtu tamzet ih an theihthiamdan vek in himi thuhla cun khawtlang ih diklonak hrang tuanvo neitu leitlun hruaitu pawl a mawhthluk ih, cule Pathian in leitlun hruaitu pawl le thuthenthuthu siava pawl phen(Khawsia cangvaihnak) ih um vanlam hruaitu pawl(khawsia pawl) thu a thennak khal a si thotho. A hleice in, hruaitu pawl hnenah, “Ziangtik tiangso diklo zetin thu nan then ding ih, misualral pawl cu nan duhsak ding?” tiah thusut an si” (Saam. 82:2, NKJV).

Hitin nor an si: “Misiatha le mifarah cu hum uh: harsat a tuarmi le mitlasam parah diknak tuah uh. Misiatha le mitlasam cu run uh: misualral kut ihsin luatter uh” (Saam 82:3,4) ti hi a si. Hitawk le hmundang khalah Thukam Hlun ih Profet pawl cun thuthennak dik an hlamdan an tarlang. Himi cu Cathianghlim in thupi lo deuh in a ret hrang cuang lo; Thukam Hlun hmuahhmuah

ih profet pawl ih thucah laimu bik a si ih, cule hitawk hmun ah tisa ih Jesuh a um lai ih a thurel mi thupi bik a si.

Pathian in Amah duhdawt le A thungai dingih a relaw tu pawl hnen ihsin ziangmi a duh timi le ziangmi a fial timi hi thuthup a si lo. Cumi Mikah 6:8 ahhin fiangzet in a simfiang (hmun dang khalah hivek ciah in a um thotho): “Maw minung, thiltha cu a lo hmuh zo; cun dik zetih thil tuah ding, le lainatnak ngainat ding, le Pathian thawn hnuaidortei’ feh ding ti siarlo ah ziang saw Bawipa in a lo fial?”

Himi ruahdan hi Cathianghlim hmuahhmuah ah a thang thluh. Thimnak ah Jesuh cun, “Pakhat le Pakhat nan duhdaw aw asile, himi ihsin mi hmuahhmuah in ka dungthluntu nan si zia an lo thei ding a si’ “ tiah a ti(Johan 13:35 zohkop aw 1 Johan 4:8–16).

Mikah 6:8 hi ngunngaih zetin kan zoh ih, a thu um pawl cu tumruh zetih kan tuah ngaingai ahcun kan kawhhran le innsang pawl cu ziangvek in saw a um ding? Ziangvek ih na um khalah hivek thuhram pawl nunpinak in ziangtin saw tha zetih a langter thei ding?

NILI NI

March 19

Diknak din dingih kawhnak

Cathianghlim sungih profet pawl cun khawtlang nun ih diknak a um theinak ding hrang Pathian kawhnak cu an rel peh vivo theu. Cathianghlim cun diklonak le nekrawk awknak ih thubuai pawl cu a hlon thla cuang lo. A ngaingai te cun thuthennak um dingih Pathian hnenih dilnak neitu pawl cun Pathian in diknak a din theinak dingah an ko a si.

Thimnak ah profet Isaiah cun a tikcu lai ih Israel sungih diklonak thuhla kha a rel menmen lo. A tongkam pawl le thuthennak um dingih a kawhnak cu tuisun ah

kan hna ah fiang le ringzet in a on ding a si: “Thiltha tuah zir thlang uh; thuthennak hawl uh, namneh tu pawl cu nun sim uh, pa nei lo pawl thu thensak uh, nuhmei pawl tla tan uh’ “ (Isa. 1:17, NKJV). Cui hlei ah, “Riahsia uh” nannih “thusuah dik lo suahtu” pawl le “ ‘mitlasam pawl diknak ruksak tu” tin a phuang ih (Isa. 10:1, 2, NKJV)ralriangnak pe in: “Cuticun hremnak ni, le lam hlapi ihsin a ra thleng dingmi tiaudarhnak ni ah ziang nan tuah ding? Bomnak dil dingin zo hnenah saw nan tlan ding? Nan sunlawinak teh khuiah saw nan tanta ding?’ “ tiah a ti(Isa. 10:3, NKJV).

Cuvek ciahin profet Jeremiah khal in Pathian thucah phuang in: “ ‘Dingfel lonak in a inn a sak ih, diklonak in a khaan pawl a tuahtu, hlawhman pe loin a innhnen thazang a sor ih, a tuan man a pe lotu.... Na pa cun a ei in a in ih, thuthennak dik le diknak a rak tuah ih a lam a tluang a si lo maw? Misiatha le mitlasam pawlih thuhla a relsak; cuticun a lam a tluang; hihi a si lo maw keimah theih timi cu? Bawipa in a ti” tiah a ti(Jer 22:13, 15, 16)

Siar ding: Matthai 23:23-30. Hitawk ahhin ziangsaw a thupibik timi thuhla Jesuh in ziangsaw a zirh? Jesuh in “A thupi sawn” tiih a relmi in ziang a sim duh tin na ruat?

Mi pakhat in diklonak cu Thukam Hlun ih profet pawl lawngin an ngaihsak tiih a ruat lonak dingah hitawk le Jesuh hnatuannak hmundang khalah fiangzet in Khrih Amah rori in a ngaihsak zia kan hmu thei. Hitin A ti: “Daanthiam le Farasi midepde pawl nan hmakhua a pit! Ziangah tile putinan, khakuan, le thiing ti pawl cu thenhra thenkhat nan pe ih, daan thu ih thupi sawn, thuthennak, lainatnak le rinnak ti pawl cu nan thlauthla men; hi pawl hi, a dang tuah tloh cuang loin, rak tuah ding nan si ’ “

tiah a ti(Matt. 23:23). Thuthangtha Luka sungih thuhla bangaw mi ah annih in, “Pathian ih duhdawtnak le diknak an kaan” ruangah Jesuh cu a riahsia zet (Luka 11:42, NKJV).

Tuini ahhin “A thupi sawn” na hmuitin bangta awla, kan hmuitin ding sawn ih a langmi “Putinan, khakuan, le thing pawl ih thenhre thenkhat” thawn kalhaw mi cu ziangvek saw a si ding?

NINGA NI

March 20

Zosaw ka inn hnen?

Luka ahkhan Jesuh in thupek thupibik pahnih, Pathian duhdawt le inn hnen duhdawt ding timi a relfiang thluh veten, daanthiam pakhat cun, “amah le amah thiam a coh awk duh ruangah Jesuh hnenah, Asile ka innnen cu zo saw a si? a ti.’ “ (Luka 10:29, NKJV). Himi letnak ah Jesuh cun a tu ih kan theih zo mi, sinan a tikcu lai ih thu danglam zet, Samaria mitha tahthimnak a sim.

Luka 10:25-37 **ih um Samaria mitha tahthimthu kha siar aw. Minung thuanthu feh vivo ahhin “midang pawl” par ih mipi in diklonak phun dangdang an tuah theumi pawl le Profet pawl in zangfahnak le diknak ngah dingih an aunak pawl ziangsaw himi thuhla in a rel?**

Jesuh cun diknak thuhla lawng a rel lo. Cuithil run keng dingih a ra. Anih cu profet pawl in thuthennak duh ih, an kawhna pawl famkim ter tu a rak si zo ih, a si vivo lai ding (zoh aw Luka 4:16–21 hi Isaiiah 61:1, 2 thawn siar aw). Anih cu hnamtin ih duh mi a si, a hleice in rundam an tulzia a theifiang aw tu pawl ih duh zetmi a si.

Huham le Pathian Bawi tohkham laksak tum tu doral thawn kalh aw zetin, Jesuh cu Amahten a hnuaidor ih, sualna, diklonak, le namnehnak hnuai ih um pawl hnenah a phuang aw (sual in a kai ve lo), cule Anih cu

midik le a zumtu pawl hmuahhmuah thiamcoter theitu a si vekin thuthennak dik dinsuah a si theinak dingah duhdawtnak sungah Amah le Amah pumpek awknak hmangin doral cu a neh. Khrih in daan ih a thupi sawn mi a timi kan ngaihsak lo a si ahcun ziangtin saw Khrih thihnak ahcun daan a thupi tuk timi ruahnak nei dingin kan um thei ding?

Saam 9:8, 9 ahcun, “Anih cun leitlun hi dingfelnak in thu a then ding, mipi pawl hnenah diknak in thu a then ding. BAWIPA cu namneh mi pawl hrangah himnak khal a si ding ih, harnak ton caan ih himnak a si ding” tih a ti. Cuvek ciah in Saam 146:7–9 cun a run bet ih, Pathian cu “Dehcokmi pawl hrangih thuthentu” le “rilrawng pawl tla rawl a petu a si. BAWIPA cun thawngtla pawl a suah: BAWIPA in mitcaw pawl ih mit a vanter: BAWIPA in a kunmi pawl cu a thoter: BAWIPA in midingfel pawl cu a duhdawt: BAWIPA in mikhual pawl cu a humhim ih, pa nei lo le nuhmei cu a tanpi: asinain misualral pawl ih lamzin cu a ling a lehsak” (CKJV).

Kan kiangkap ih mitlasam le natnak a tuartu pawl hnenih bomnak kan pekdan ding thuhla thawn pehpar aw in Pathian kamsuak thu cun ziangtluk ih fiang in saw a rel?

Mitlasam pawl hnen ih va thlengdan ding thuhla ah Jesuh ih nun le hnatuannak ihsin ziangsaw kan zir thei mi um? A tuahvekin mangbangza kan tuah thei lo khalah, natnak tuar tamzet pawl hrangah ziangtin saw kan bomnak cu “mangbangza” vek ih ruah a si thei ding?

NIRUK NI

March 21

Ruahbet ding: siar ding: Ellen G. White, “The Sabbath,” pp. 281–289, in The Desire of Ages.

“Thlingthla tu pawl cun mipi hmaiah Jesuh cu an let ngam lo, ziangahatile harsatnak ih anmahten va tel ve

an duh lo ruangah a si. Jesuh cun thudik a rel ti an thei. An pupa daan siatsuah ding hnak cun mi pakhat ih a tuar ding an duh deuh, ramsa cu an run suah lo ahcun a neitu in a neih nawn lo phah ding ti an theih ruangah runsuah an duh fawn si. Ngaihsaknak nasa zet cu minung, Pathian hmuahmel kengih tuah mi ah siloin ramsa ah an langter sawn. Himi thu cu biaknak fehdiklo hnatuannak pawl hmuahhmuah a khihhmuh a si. Pathian tlun ih khaisang awk an duhnak cu minung ihsin ra suak mi a si ih, asinan a rahsuak mi cu ramsa hnuai ih minung umternak hi a si. Pathian lalram dokalh tu biaknak hmuahhmuah pawl cun sersiam thok ih minung in sunlawinak a don mi, Khrih hnen ih pek leh ding mi cu a eisiat sak thluh a si. Biaknak diklo pawl hmuahhmuah cun minung ih tlaksammi, tuarnak, le diknak pawl cu zianghman ah an siar lo. Thuthangtha cun minung pawl hi Khrih ih thisen mannei zet thawn lei an si ruangah minung ih tlaksammi le tulmi thawn pehpar aw in ngaihsak dingin a zirh. Bawipa cun hitin a ti “Minung cu sui tha hnakih sunglawi sawn ah ka tuah ding; minung rori hi ofir sui khentio hnak khalih sunglawi sawn ah ka tuah ding” (Isaiah 13:12).

“Jesuh in Sabbath ni ah thiltha tuah maw, thil tha lo tuah, nunnak runhim maw that a tha deuh timi thusuhnak thawn Farasi pawl umnak lam a hawi tikah, an tumtah mi thiltha lo zet pawl a theih thu a va theihter phah a si. Mipi pawl hnenah hlimnak thlen le nunnak runhim hna a tuan laiah annih cun an huattuk ruangah a nunnak laksak tum in an pel rero a si. An thiltuahtum mi vekin Sabbath ni ih mithah maw tha, Anih a tuan rero vekih mina damter? Bawipa ni thianghlim ah thinlung thup ih mithat tu si maw, asilole mi hmuahhmuah duhdawt ih, an parih zangfahnak langter?”—Ellen G. White, *The Desire of Ages*, pp. 286, 287.

RELKHAWM DING THUSUHNAK PAWL

1. Ziangruangah saw, ziangtin saw “Biaknak diklo pawl hmuahmuah cun minung tulsammi ngaihsak lo dingin an zirh thuh” tihi a dikmi a si thei? Ziangtin saw kan kawhhran le lenglam khalah khavak ih ngaihsak awklonak kan hrial theidan ding?

2. Kan inn hnen cu zosaw a si? Na inn hnen cu zo saw a si? Ziangvek lamzin in saw Khrih thlunnak cun amai tikcu lai ih ramri pahbal khawp ih duhdawtnak langter tu Samari vekih in suah ter thei ding?

3. Pathian in diknak le zangfahnak a duh ngaingai ahcun Pathian hrangih thil thupi bik cu ziangtin saw kan tuah thei ding? Jesuh in “daan ih a thupi sawn mi” tihi a kawhmi ahkhan ziangtin saw kan thinlung kan pek tam deuh thei ding?

4. Thuthennak thuhla kan rel ih kan ruah tikah Jesuh in thuthennak a reldan vekin a hleice in hmuhsuam le namneh a tuartu pawl kan duhdawt maw timi ziangtluk in saw kan ngai thupi theu? Matthai 25:31-46 zoh aw.

ZIRLAI 13**March 22–28****DUHDAWTNAK CU DAAN FAMKIMTERNAK A SI****SABBATH SIIMLAM**

Tuizarh zirlai hrang siar ding: Suah. 20:1–17; Rom. 6:1–3; Rom. 7:7–12; Jer. 31:31–34; Matt. 23:23, 24; James 2:1–9.

Bible cangkan: “**Pakhat le pakhat duhdawtawk ding siarlo ah zo hnen hmanah thil ziang khal leiba nei hlah uh: ziangahatile midang a duhdawttu cun daan a famkimter a si**” (Rom 13:8).

Kawhhran member thuhla ih an buai rero laiah Church Board ih mi pakhat cun pastor hnenah, “lainatnak ih thum aw in thutluknak kan tuah thei lo ding” tiah a run ti. Kan tuah thei lo ding maw? Himi pa in Pathian daan le Pathian a theihthiam dan cu ziangvek saw a si tin pastor cun a ruat. Thiltisual pawl kan biakdan ahhin Lainatnak cu a laimu bik ih um ding mi a si. Lainatnak cu duhdawtnak peng pakhat a si. Cule Rom 13:8 ahcun inn hnen duhdawt cu daan thlun famkimnak a si thu in sim.

Duhdawtnak hi daan famkimternak a si ngaingai ahcun duhdawtnak ihsin thenhrang aw vekin daan hi ruat lo dingin, asilole Daan thawn pehawknak nei lo vekin duhdawtnak hi ruat lo dingin kan ralring a tul. Cathianghlim ah duhdawtnak le daan cu an feltlang ringring a si. Daan petu Pathian cu duhdawtnak a si, cuvek ciah in Pathian daan cu duhdawtnak ih daan a si. Ellen G. White ih reldan vekin, Pathian ziaza tarlangnak a si.

Pathian daan cu thu bulhram um lo a siloih, kan thansoh theinak ding ih zirhawknak thupek a si. Pathian

daan hi Amah Pathian rori in a langter vekin duhdawtnak tarlangnak a si.

NIKHAT NI**March 23****Duhdawtnak Daan**

Pathian daan cu thu bulhram kaihhruai awknak um loih tuah mi a si lo; Pathian daan cu laicinawknak tarlangnak a si. Himi cu Thukam 10 ahkhan famkim zetin hmuh a theih. Thukam 10 ih bulhram bik cu Eden hmuan ah ret in a um zo, cumi cu Pathian le minung karlak, minung le minung karlak ih laicinawknak kaihruaitu ding duhdawtnak bulhram cu a si.

Suahhlannak 20 ih lungphek parih Thukam 10 ngan a si lai ahkhan, thukam laicinawknak thawn pehpar aw in Israel pawl hnenih pek a si. Thukam 10 cu Pathian in Izip ram ihsin Israel pawl a hrui suak thluh hnuih ngan mi a si, cule thukam pawl cu Pathian duhdawtnak le miphun hnenih a thuthiamkamnak ih thum aw a si (Zoh aw Suah. 6:7, 8 le Pui. 26:12). Mi pakhat cun Thukam 10 ih thenhran mi hmun 2 cu Pathian thawn minung laicinawknak le pakhat le pakhat laicinawknak ih thangsohnak ding a si timi a hmu thei ding.

Siar ding: Suahlannak 20:1-17. **Himi hin ziangtinsaw thu bulhram pahnih, Pathian duhdawt ding le pakhat le pakhat duhdawt ding timi a tarlang?**

A hmaisai thukam 4 pawl cun minung le Pathian laicinawknak a rel ih, a neta paruk cun minung le minung karlak laicinawknak a rel. Pathian le midang pawl thawn kan laicinawknak cu Pathian daan bulhram ihsin a si a tul.

Himi daan peng pahnih hi Jesuh in thukam ropi zet pahnih a rel mi thawn an mil aw zet – “ ‘Bawipa na Pathian cu na thinlung zatein na duhdaw pei’ ” (Matt 22:37 NKJV; Daan 6:5 *thawn tahthim aw*) cule “ ‘Nangmah na

duhdawt awk vekin na inn hnen na duhdaw pei” ’ “ (Matt 22:39, NKJV; Pui 19:18 *thawn tahthim au*).

A hmaisai thukam pali cu kan sinak zaten Pathian kan duhdawt ding tinak lam a si ih, a neta paruk cu kanmah le kanmah kan duhdawt awk vekin pakhat le pakhat duhdaw ding tinak a si. Jesuh cun himi duhdawtnak thupek pahnih ropi zet hi daan thawn pehzom awknak an nei ti fiangzet in a rel. “ ‘ “Hi thupek pahnih ahhin daan thu le profet thu zatein a khaikhawm aw thluh a si, a ti.” (Matt. 22:40, NKJV).

Pathian ih daan cu Pathian duhdawtnak ah a phum aw thluh. Pathian ih daan le duhdawtnak cu thenhran theih an si lo. Mi in, daan thlun a tul lo, Pathian duhdawt le midang kan duhdawt lawng hi a tul, tiah an ti kan thei theu. Cuvek ruahnak cun ziangah sullam a nei lem lo?

Thukam 10 lak ih pakhat te hman kan pahbal ahcun ziangtin saw Pathian duhdawt le midang duhdawtnak hi kan langter ding?

NIHNIH NI

March 24

Daan cu a thianghlim, a dingfel ih, a tha

Duhdawtnak cu Pathian ih daan lungphum a si. Pathian in daan a kaihnget cun duhdawtnak khal a kaihnget a si. Himi ruangah misual pawl rundam dingin Jesuh a thi, cuticun kan hnenah zangfahnak a run thlen rero lai hmanah daan hi a kaihnget a si. Curuangah Anih cun Amah zumtu pawl cu diknak le thiamcoter theinak a nei kop a si (Rom. 3:25, 26). Duhdawtnak langternak a va si ciang ve aw! Cuvekin tlennak cun daan a cemter lo ih, a nemhnget sawn a si.

Siar ding: Rom 6:1-3 le Rom 7:7-12, a hleice in cang 12 kha siar aw. **Jesuh thih hnu khalah himi bungcang in daan thuhla ziangsaw in sim?**

Mi hrekkhat in zangfahnak le tlennak hin daan a cemter tiih an zum laiah Paul cun zangfahnak a karh theinak dingah soal ah kan um peh vivo ding a si lo timi fiangzet in a rel. Zumnak thawngin Khrih ih a umtu pawl cu “A thihnak ah tihnim in an um” ih, curuangah soal lamah thi in Khrih lamah nung ih siar an si.

Pathian ih daan hi soal a si lo, asinan (thildang pawl lakah) cumi cun soalnya le kan soalnya kan hmuh awk theinak dingin an langter sawn a si. Curuangah, “Daan cu a thianghlim, thupek cu a thianghlim, a dik ih, a tha fawn” ti a si. (Rom 7:12 NKJV). Cumi cun tlennak le rundamnak nasa zetih kan tul zet mi - Khrih hnen lawng ihsin a ra mi tlennak le rundamnak cu a tarlang a si. Cuvek in “rinnak ruangah daan hi zianghman lo ah kan can maw si? Si lamlam hlah: a si, daan kan fekter sawn a si” (Rom. 3:31, NKJV).

Khrih cu daan hlawnhlo dingin a ra lo ih, daan le profet pawl ih simmi thutiam famkimter dingin a ra a si. Curuangah Anih cun himi a ngai thupi zet, “Lei le van a hlohral hlanlo, daan sungih um cafang fatebik pakhat asilole thaimi fatebik pakhat khal a zatei’ a famkim thluh lai hlanlo ziangtilam hman in a hloral lo ding a si.” (Matt. 5:18).

Pathian ih daan cun Pathian thianghlimnak – duhdawtnak ih a ziaza famkim, dingfelnak, thatnak, le diknak tivek pawl a zoh ter (Pui. 19:2; Saam. 19:7, 8; Saam. 119:142, 172). Himi thawn pehpar aw in, suahlannak 31:18 vek a sile Pathian cun Thukam 10 cu Amah rori in lungphek parah a ngan timi hi a thu pi tuk. Himi daan, lungphek ih ngan mi cu a thleng aw dah lo mi Pathian ziaza le duhdawtnak ih hmuhsuak mi A cozah uknak tha theihternak a si – doawknak maksak ih thupi laimu bik cu a si.

Ziangtin saw himi duhdawtnak le daan karlak pehzawknak in Jesuh ih tongkam, “Keimah i duhdawt a si ahcun ka thupek pawl na thlun ding” (Johan 14:15, NASB) **a timi theihthiam deuh ding in bawm thei?**

NITHUM NI

March 25

Duhdawtnak le zangfahnak

Kan hmu vek in duhdawtnak le zangfahnak cu pakhat le pakhat an kalh aw lo. Cu hnakin, Pathian diknak le duhdawtnak thawn hna dangdang an tuan sawn a si. Dan le zangfahnak karlak danawknak cun Pathian ih daan pekmi cu Pathian zangfahnak nasat zia tarlangtu a si timi a hmutu hlansan Israel pawl cu an mangbangter zet. An kiangkap ramdang mi pawl ih “pathian pawl” cu thleng aw leuhleuh le hmailam caan zianghman rel thei lo, “pathian pawl” duhzawng le an lungawi terdan ding khal mipi pawl hnen ih zianghman sim thei lotu an si laiah, Bible ih Pathian cun a mipi pawl hnenah Amah lungawiter dan ding thuhla fiangzet in a zirh hai. Cule Amah lungawiter cu A mipi, pawlkom le bulbak khal ih an thatnak ding netabik a si.

Asinan daan cun sual lak ihsin in rundam thei lo ih, kan thinlung khal a thleng thei fawn lo. Kan suahkeh sualnak ruangah thlarau thinlung thleng kan tul a si.

Siar ding: Jeremiah 31:31-34. **Himi hin Pathian in thinlung thar in pek ding thutiam thuhla ziangsaw in zirh? Khrih in Johan 3:1-21 ih Nikodemas hnen ih piantharnak thuhla a relmi thawn tahthim aw.** *Cule Heb 8:10 ah zoh aw.*

Thukam 10 cu Pathian amah rori in lungphek par ih a ngan mi a si (Suah. 31:18), asinan daan cu Pathian minung pawl ih thinlung khalah ngan in a um (Saam. 37:30, 31). Duhdawtnak ih Pathian daan cu kan lenglam ah siloin kan sunglam ziaza ahhin a um sawn a si. Pathian amah

lawngin minung thinlung ah A Daan a ngan thei, cule A thukam minung pawl hnenah cuvek ih tuah ding in a tiamkam a si (Zoh aw Heb. 8:10).

Daan thlunnak in kanmah ten kan rundam aw thei lo. Asinan zumnak thawngin zangfahnak ih rundam kan si, kanmai tilam a si lo ih, asinan Pathian laksawng a si (Efesa 2:8). Rundam kan si theinak dingah daan kan thlun lo ih, rundam cia zo mi kan si ruangah daan kan thlun sawn a si. Duhdawtmi kan si theinak dingah daan kan thlun lo ih, duhdawtmi kan si zo ruangah a si sawn. Curuangah Pathian le midang duhdawtnak kan nei a si. (zoh aw Johan 14:15).

Cumi rualrual in Daan cun kan sual in hmuh (James 1:22–25, Rom. 3:20, Rom. 7:7), Tlentu kan tul zia in hmuh ih (Gal. 3:22–24), nun tha bik ah in kaihruai ih, duhdawtnak ih Pathia ziaza a tarlang a si.

Thuthennak ah ziang ruahsannak saw na neih? Taima le rinum zetih daan na thlunnak maw, asilole Khrih dingfelnak in saw lo khuh thluh ding? Na letnak cun Pathian daan thawn pehpar aw in a tuah thei, le tuah thei lo thuhla ah ziangsaw a lo sim?

NILI NI

March 26

Duhdawtnak cu Daan famkimternak a si

Daan le duhdawtnak karlak laicinawknak hi rel uar tuk theih thil a si lo. A ngaingai te cun Cathianghlim vek asile duhdawtnak cu Daan femkimternak a si.

Rom 13:8-10 ah Paul cun, “duhdawttu cun daan a famkimter a si” tiah a zirh (Rom 13:8). Thukam 10 ih a neta paruk cu voi tamzet angai hnuah Pual cun himi pawl cu “Nangmah le nangmah na duhdawtawkw vekin na innhnen na duhdaw pei, timi hin a khaikhawm thluh a si” tiah a fiangter (Rom. 13:9, NKJV). A ngaingai te cun, Paul

cun famkim zet in, “duhdawtnak cu daan thlun famkimnak a si” tiah a ti (Rom. 13:10, NKJV). Cule Galatia 5:14 ah Paul in a simfiangsal ih, “daan zatein hi tongkam khat, Nangmah na duhdawtawkw vekin nan innhnen duhdaw aw, timi ah a famkim a si” tiah a ti’ “ (Gal. 5:14). Asinan ziangvek duhdawtnak in saw daan famkimter? Cuvek duhdawtnak cu ziangvek saw a si?

Siar ding: Matt 23:23, 24. **“daan thu ih thupi sawn” timi cu ziangsaw a si? Daanpeksalnak 5:12-15 le** Isaiah 58:13,14 **siar aw. Ziangtin saw himi bungcang pawl in daan (A hleice in Sabbath thupek) le runsuaknak le diknak hrangih Pathian ngaihsaknak karlak laicinawknak a tarlang?**

Jesuh cun “daan thu ih thupi sawn” cu “Diknak, zangfahnak le zumnak” a si tin a tarlang. Cule a hleice ih um daan pakhat – Sabbath- khal Cathianghlim sungah runsuahnak le diknak thawn pehzom awknak an nei ti kan hmu thei.

Daanpeksalnak 5 ahkhan Sabbath thupek cu Pathian in Israel pawl an saltannak ihsin a runsuahnak thawn a pehzom aw a si. Cumi cun Sabbath cu sersiamnak theih ringringnak lawng a si lo ih, saltannak le namneh tuarnak ihsin runsuahnak theih ringringnak khal a si ti a fiangter. Cule Bawipa ah lungawinak ihsin Sabbath cu hlimnak tiah ko ih, mai nom tizawng hoisin in(Isaiah 58:13,14), a ngai thupi zet mi cu thiltha tuah, rilawng mi pawl rawl pek, umnak ding neilo pawl hrang umnak ding ngaihtuahsak, midang hrangih diknak le duhdawtnak thawn hnatan hi a si. (Zoh aw Isa. 58:3–10).

Himi zirhnak hmuahhmuah (a dang tam zet khal) ahhin duhdawtnak thawngin daan thlun famkim a duhtu pawl cun tuahsual mi sualnak lawng ruat lo in, tuah lo mi sualnak khal an ruat ding a si. Duhdawtnak cu daan thlun

famkimnak a si timi ahhin sual tuah lonak ding men ih daan thlun menmen lawng hi a tel lo ih, asinan thiltha tuah cangvaihnak tivek khal a tel thluh – zumnak dik le zangfahnak karhzai tertu duhdawtnak hnatan tivek khal an tel a si.

NINGA NI

March 27

Hipawl tlun ah Pakhat le Pakhat duhdawt aw duh

Duhdawtnak hi daan thlun famkimnak a si ahcun thil dik lo tuah lonak men cun Pathian daan hi a thlun thei lo. Duhdawtnak daan cun thiltha lo tuah lo dingin thu in pe men lo ih, daan cun Pathian hnenih Pathian duhdawtnak tarlang theitu thil tuah dingah in ko a si – kawhhran member lawngah siloin leitlun pumpi ah, Khristian thudik theihternak a tul zettu pawl hnen khalah kan tuah ding a si.

Siar ding: James 2:1-9. **Hitawk ahcun ziangvek thucuh thupi zet saw in pek?**

Hitawk ahhin James cun khawtlang nun ih diklonak pawl cu nasa zetin a relsia ih, a hleice in mi rethei zah lonak le milian hrekkhat pawl ih namnehnak a tarlang a si. Cule mai inn hnen hrang ih duhdawtnak daan nei dingin a ko hai ih, himi daan nan thlun famkim ahcun, “Nan ti tha” tiah a ti (James 2:8, NKJV).

Ellen G white khal in himi hi a rak tarang: “Milai duhdawt hi leitlun ih Pathian duhdawtnak phuangsuhnak a si. Himi duhdawtnak phun hnget dingin le innsang khat in in finkhawm dingin le kanmah thawn pumkhat si dingin sunlawinak siangpahrang cu a ra a si. Cule a fehzawng ih a thusimmi, “Ka lo duhdawt vekin, pakhat le pakhat duhdawt aw duh” timi a thlen famkim ih (Johan 15:12); Anih in leitlun a duhdawt vekih kan duhdawt ve tikah, kan hrangih a hnatan cu a famkim ding a si. Kan thilungah

vanram kan neih zo ruangah vanram vanram kai tlak dingih tuah kan si”—Ellen G. White, *The Desire of Ages* p. 641.

Khrih in leitlun a duhdawt vekih leitlun kan duhdawt tikah vanram kaitlak kan si tinak a si. Jesuh dungthluntu timi sullam tarlangnak huham nasa zet a si!

Jesuh cun a dungthluntu pawl hnenah “Ka lo duhdawt hai” vekin “Pakhat le pakhat duhdawt aw ve uh” tiah thu a pe (Johan 13:34, NKJV). Jesuh khal in, “Pakhat le pakhat nan duhdawt awknak ihsin mi hmuahhmuah in ka dungthluntu nan si ti an lo thei ding a si” tiah a ti’ “ (Johan 13:35, NKJV). Khristian pawl ih zumnak laimu bik cu duhdawtnak hi a si, ziangah tile Pathian cu duhdawtnak a si (1 Johan 4:8, 16). Cule Pathian ka duhdawt a titu cun pakhat le pakhat an duhdawt aw ding a si (*zoh kop aw* 1 Johan 3:11; 4:20, 21).

Cuvek in 1 Piter 4:8 ah Khristian forhfialnak a um: “Cun thil dang hmuahhmuah hnakin nan lakah duhdawtnak nasa zet nei uh: ziangah tile duhdawtnak cun soal tampi a khuh a si.” (*cule himi khalah zoh aw* Heb. 10:24 le 1 Thess. 3:12).

Khrih in leitlun a duhdawt vekin leitlun duhdawt ding timi ahkhan ruatnak tam deuh vun hmang aw. Himi cun Khristian famkimnak thuhla le kumkaw nunnak ngah tlak ih tuah mi kan sidan theithiam deuh dingin ziangtin saw in bawm? Sabbath zirlai zirnak ah na thuletak rung keng tel aw.

NIRUK NI

March 28

Ruahbet ding: Siar ding: Ellen G. White, “The Least of These My Brethren,” pp. 637–641, in *The Desire of Ages*.

“Midang hrangih hnaturan tu pawl cu Tukhaltu hruaitu lubik in an hna a tuansak ve ding. Anmah rori in nunnak tidai an din ding ih, an lungawi zet ding. Nuamsipnak lam asilole an nun ih thleng danglamnak hrekkhat tivek men ah an thinlung an pe lo. An ngaihven zet mi cu a hloral mi thlarau rundam dan ding hi a si. Khawtlang ih pawlkom awknak in hlawknak a suaapi ding ih, Tlentu ih duhdawtnak cun pumkhat ih khawm dingin thinlung pawl a hip khawm thluh ding.

“Pathian thawn hnaturan tlang mi kan si timi kan vun theih awk ngah hnu cun A thutiam pawl ziang siar loin kan rel menmen zik lo. Kan thinlungah meisa vekin a kang dingih, kan hmur ah a alh suak ding. Thu awih lo, dokalh tu mipi hnenah hnaturan dingih Moses kawh a si ahkhan Pathian cun thu a tiamkam, “Ka lo umpi vivo dingih, cawlhnak ka lo pe ding’ cule Anih cun, ‘Ka lo um pi rori ding’ tiah a ti. Suah. 33:14; 3:12. Himi thuthiamkam hi Khrih ai awhtu, harsatnak le natnak tuar pawl hrang hnaturan pawl hmuahhmuah hnen khalah pek a si.”—Ellen G. White, *The Desire of Ages*, p. 641.

RELKHAWM DING THUSUHNAK PAWL

- 1. Siar ding 1 Korin 13:4-8. Ziangtin saw 1 Korin 13 cun kan sinak ding phun dangdang pawl a tarlang?**
- 2. Matthai 25:31-46 ih um tuu le mee hi ziangin saw thenhran an si? Hitawk ih Jesuh relmi ahhin ziangtin saw tuahtuannak ihsin rundamnak thuzirhnak tivek a um lo dan kan theihthiam thei ding?**
- 3. Himi hi na hrangah ziangsaw sullam a neih, “Anih ih leitlun a duhdawt vekin leitlun kan duhdawt tikah kan**

hrang a hnatuan a theh ding a si. kan thinlung ah vanram kan neih zo ruangah vanram kaitlak ih tuah mi kan si”(Ni nga ni zirlai)? Himi hin Pathian sinak le vanram thuhla ziangsaw a tarlang? Hitawk ahhin Pathian sinak neitu vekin Namneh mi pawl hnenih diknak le engnak thlennak lamzin ah Pathian duhdawtnak phuang suak dingin ziangtin saw nun kan hmang thei ding? Nan khawtlang nunah duhdawtnak le diknak hrangih Pathian ngaihsaknak tarlang dingin nan kawhhran pawl in ziangvek karbak saw an feh pi ding? Nan khawtlang ah ziangsaw na tuah that mi? Na hmuitin duhmi le thansoh na duhmi ziangsaw a si? Pathian diknak le duhdawtnak thuhla kan zirzo mi vek in bulpak le pawlkom khal in ziangvek thil hmuh theihmi saw nan tuah thei mi um?

MORNING WATCH
(Nitin Bible siar ding)
JANUARY

- | | |
|-----------------------|-------------------------|
| 1. Nili ni | Saam 145:17 |
| 2. Ninga ni | Isaiah 1:18 |
| 3. Niruk ni | Seem 3:15 |
| 4. Sabbath ni | Thupuan 13:8 |
| 5. Nikhat ni | Seem 4:4 |
| 6. Nihnih ni | Seem 5:22,24 |
| 7. Nithum ni | Hebru 11:7 |
| 8. Nili ni | Seem 8:13 |
| 9. Ninga ni | Rom 1:20 |
| 10. Niruk ni | Seem 11:5 |
| 11. Sabbath ni | Seem 12:1 |
| 12. Nikhat ni | Rom 4:3 |
| 13. Nihnih ni | Seem 22:8 |
| 14. Nithum ni | 1 Tim 6:9 |
| 15. Nili ni | Amos 3:3 |
| 16. Ninga ni | Seem 27: 3-4 |
| 17. Niruk ni | Seem 28:15 |
| 18. Sabbath ni | Seem 32:26 |
| 19. Nikhat ni | Mathai 7:21 |
| 20. Nihnih ni | Seem 39:9 |
| 21. Nithum ni | Seem 45:4-5 |
| 22. Nili ni | Tirhthlah 7:25 |
| 23. Ninga ni | Suahlannak 7:1 |
| 24. Niruk ni | Suahlannak 4:22-23 |
| 25. Sabbath ni | Suahlannak 14:31 |
| 26. Nikhat ni | Saam 78:15-16 |
| 27. Nihnih ni | Suahlannak 19:6 |
| 28. Nithum ni | Suahlannak 32:1 |
| 29. Nili ni | Isaiah 51:7 |
| 30. Ninga ni | Suahlannak 25:8 |
| 31. Niruk ni | Isaiah 5:20 |

MORNING WATCH
(Nitin Bible siar ding)
FEBRUARY

| | |
|-----------------------|--------------------------|
| 1. Sabbath ni | Suahlannak 19:5-6 |
| 2. Nikhat ni | Daan 1:15 |
| 3. Nihnih ni | Mipum 14:2 |
| 4. Nithum ni | Mipum 16:1-3 |
| 5. Nili ni | Nehemiah 9:19-21 |
| 6. Ninga ni | I Korin 10:4 |
| 7. Niruk ni | Johan 6:37 |
| 8. Sabbath ni | Daan 3:2 |
| 9. Nikhat ni | 2 Piter 2:15-16 |
| 10. Nihnih ni | Thufim 7:26 |
| 11. Nithum ni | Daan 3:25-26 |
| 12. Nili ni | Daan 34:5-6 |
| 13. Ninga ni | Joshua 1:5 |
| 14. Niruk ni | Hebru 11:30 |
| 15. Sabbath ni | Daan 11:19 |
| 16. Nikhat ni | Joshua 9:15-16 |
| 17. Nihnih ni | Joshua 10:40,42 |
| 18. Nithum ni | Joshua 23:3, 24:31 |
| 19. Nili ni | Pui 27:30 |
| 20. Ninga ni | Daan 15:1 |
| 21. Niruk ni | Suahlannak 23:14 |
| 22. Sabbath ni | Thuthentu 1:28 |
| 23. Nikhat ni | Thuthentu 14:3 |
| 24. Nihnih ni | 1 Sam 1:17 |
| 25. Nithum ni | 1 Sam 2:22,34 |
| 26. Nili ni | 1 Sam 7:12 |
| 27. Ninga ni | Thufim 9:10 |
| 28. Niruk ni | 1 Sam 8:19-20 |

MORNING WATCH
(Nitin Bible siar ding)
MARCH

| | |
|-----------------------|----------------------|
| 1. Sabbath ni | 1 Sam 12:13 |
| 2. Nikhat ni | 1 Sam 16:1 |
| 3. Nihnih ni | 1 Sam 16:18 |
| 4. Nithum ni | 1 Sam 22:2 |
| 5. Nili ni | 1 Sam 24:6 |
| 6. Ninga ni | 1 Sam 28:12 |
| 7. Niruk ni | 1 Sam 10:13-14 |
| 8. Sabbath ni | 2 Sam 1:11-12 |
| 9. Nikhat ni | 2 Sam 5:10 |
| 10. Nihnih ni | 1 Sam 19:13 |
| 11. Nithum ni | Thufim 14:12 |
| 12. Nili ni | 2 Sam 12:7,9 |
| 13. Ninga ni | 1 Sam 21:17 |
| 14. Niruk ni | Jerimiah 9:23-24 |
| 15. Sabbath ni | 2 San 6:1-2 |
| 16. Nikhat ni | Daan 17:17 |
| 17. Nihnih ni | 2 San 9:5,6,8 |
| 18. Nithum ni | Thusimtu 2:10-11 |
| 19. Nili ni | 1 Siang 12:13-14 |
| 20. Ninga ni | Ezekiel 33:11 |
| 21. Niruk ni | 2 San 14:11 |
| 22. Sabbath ni | 2 San 7:13-14 |
| 23. Nikhat ni | 1 Siang 17:9 |
| 24. Nihnih ni | 1 Siang 18:21 |
| 25. Nithum ni | 1 Siang 19:7 |
| 26. Nili ni | 1 Siang 19:18 |
| 27. Ninga ni | 1 Korin 10:11 |
| 28. Niruk ni | 2 San 20:20 |
| 29. Sabbath ni | 2 San 23:21 |
| 30. Nikhat ni | 2 Siang 2:8 |
| 31. Nihnih ni | 2 Siang 2:21-22 |