

**KHANGCING SABBATH SCHOOL  
LAISIANGTHO SINNA**

***Pasian' Itna leh Thutanna***

***John C. Peckham***

ရေးသားသော

***God's Love and Justice***

စာအုပ်အေား

သိက္ခာတော်ရဓမ္မဆရာ ဦးမှူးခိုင်ငိုဝင်္ဂနီးမှ  
တီးတိန်ချင်းပြန်ဆုံးသည်။

Sabbath School Lesson  
တီးတိန်ချင်းဘာသာ

ပုံနှိပ်သူ  
ဦးဖုန်းနိုင် (၀၀၃၅၄)  
မန်နေဂျာ  
ကင်းစောင့်ပုံနှိပ်တိုက်  
၂၀၆ ရွှေသွာလမ်း၊ ရန်ကင်းမြို့နယ်  
ရန်ကုန်မြို့

ထုတ်ဝေသူ  
ဦးဖိုးဖိုးလှ (၀၀၅၈၉)

ပုံကြော  
မြန်မာပြည်သူ့အနောက်ပုံမှန်သော  
ဒေသ ဦးဝိစာရလမ်း၊  
ရန်ကုန်မြို့

အုပ်ရေ - ၁၂၀၀

ဓမ္မဒါန

ပထမအကြံမ်

**January, February, March  
2025**

## ASUNG A OM THUTE

<b>01.</b>	<b>Pasian in Manngenlo in hong It</b>	
	(Dec. 28-Jan. 3) .....	<b>7</b>
<b>02</b>	<b>Kithukimtuah Itna</b>	
	(January 4-10) .....	<b>17</b>
<b>03</b>	<b>Pasian Lungdamsaknang</b>	
	(January 11-17) .....	<b>27</b>
<b>04</b>	<b>Pasian Khasiabaih Hehpihbaih</b>	
	(January 18-24) .....	<b>37</b>
<b>05</b>	<b>Itna Hangin Pasian' Hehna</b>	
	(January 25-31) .....	<b>47</b>
<b>06</b>	<b>Pasian in Thutang It</b>	
	(February 1-7) .....	<b>57</b>
<b>07</b>	<b>Gitlohma Hangin Buaina</b>	
	(February 8-14) .....	<b>67</b>
<b>08</b>	<b>Deihteeina, Itna leh Pasian' Vaihawmna</b>	
	(February 15-21) .....	<b>77</b>
<b>09</b>	<b>Vantung Leitung ah Kidona</b>	
	(February 22-28) .....	<b>87</b>
<b>10</b>	<b>Nasepna Thukhunte</b>	
	(March 1-7) .....	<b>97</b>
<b>11</b>	<b>Bang Hihsakbeh Theilai Ding Kahiam?</b>	
	(March 8-14) .....	<b>107</b>
<b>12</b>	<b>Itna leh Thutang: A Lianpen Thukham Nihte</b>	
	(March 15-21) .....	<b>116</b>
<b>13</b>	<b>Itna in Thukham Picingsak</b>	
	( March 22-28) .....	<b>126</b>

## Itna leh Thutanna Pasian

Pasian in itna hi. 1 John 4:8 leh 16 in cihi. Laisiangtho buppi in tuathu teci pang hi. Christian upna zong Pasian hong itna nasep teng bulphuh hi. Itna pen Pasian ahihna laigil, eite' upna laigil, eite sep leh bawl khempeuh' laigil hiding hi. Itna eima' teldan tawh kizui in eima upna leh sepna hong piang hi. Eima hoihna manphatna tawh Pasian hong itna tha-lawh zo dingin i up peuhmah leh; mawhneite peuhmah Pasian' itna angah dingin kilawm kisa lo ding hi. Midangte tawh kizopna ah ahihleh, hoihna tawh itna thalawh ding pen – lauhuaina hi zawsop hi.

Tua bangin, Pasian hong itna eima teldan tungtawn in upna leh gamtatna a nam tampi hong piangkhia hi. Tua ahihleh itna i cih bang a hiam? Itna gentel ding mi sawm cial lecin dawnna tuamtuam hong om ding hi. Christian lak mahmah ah Pasian hong itna telkhialh zia nam tampi om ziazua hi.

Christian te in dawnna tuamtuam a piak dotnate empak leng:

*Pasian in itna piakhia bek a sang ngeilo hiam? Pasian hong itna pen pumpi ki piak khatna maw, aihke'h Pasian in mihing ading hong kipia nuam tanghial maw? Pasian' hong itna in lawp deuh hun nei maw? Pasian in mihing hong awlmauh taktak maw? Pasian hong itna kinial thei ki pampaih thei maw? Pasian in a baulsa nate tawh itna ki it-thuk thei maw? Hehna in itna tawh tuiton thei hiam? Itna leh thumaanna koibang in tonkhawm thei hiam? Pasian pen itna hi cinapi hang a, banghang in leitung ah gitlohma tampi om lel thei hiam? Pasian hong it bangin mihing in zong hong it thei diam? A hihtheih leh koibang daan aitam?*

Hih dotna teng a dawn kikna teng pen kitelcian mahmah lel ding hinapi, Christian te lakah Pasian hong itna kinial ngeatngiat uhhi. Tua a kitelcian mahmah lel dawnna tampi takmah pen, a thukzaw deuh dingin pheet uh a, Laisiangtho bang tawh kingeihlo sakzo liang uhhi.

Hih dotna teng tu tadih in enpah naikei ni in, hihteng banah dotna dang tuamtuan zong tua quarter sung teng hun la in kisin ding hihang.

Tua hileh Pasian hong itna pen ei upmawh peuh sangin na lianzaw tham cih mu ding hihang. Tulai leitung in “**itna**” a cihcih uh sangin, Laisiangtho sung a Pasian hong itna in, na tungnung zawtham ding hi. Kaal masalam tengin, Laisiangtho sunga om, a kilang veva Pasian hong itna pawlkhat telsin mahmah ding hihang.

Sin tohtoh kawmin Pasian hong itna leh thumaanna in ki kai-ok cip a hihlam mu ding hihang. Laisiangtho Pasian itna thumaan deih hi (*Isa. 61:8*). Laisiangtho in acih mah bangin, Pasian’ itna in thumaan tawh ki tuiton a, khat lalosa in khat kaikhia theilo ding hiteh.

Pasian in itna a hihman mahin, hih leitungah thumaanol takin thuksiatna te tungah lunglut mahmah a, piansak sate in abawl uh gitlohma hang a natna dahna nenniam thuakte thuakpih mahmah hi. Amah ngiat in tam thuakpen zawtham a, gitlohma in a bawlsiat pipen in Pasian mah hipah zawsop hi.

Laisiangtho sung tawntung ah, Pasian in mimalkim hong itna pen ei upmawh sangin na lianzaw tham ahih manin hong thuakpih ngeungau kinken hi. Jerusalem leh a mite a dingin Zeisu’ kahna kammalte sungah Pasian’

hong itna a thukzia muthei ding hihang: “*Jerusalem, Jerusalem aw, kamsangte na that a, Pasian sawl kamtaite na denglum hi. Akpi in a kha tawh a note a huai mahbangin na mite ka huai nuam tawntung a, ahi zongin na ut kei hi.*

Itna ahi Laisiangtho Pasian pen, a itna kinial ahih manin lungsim kitam in dah ci in ki pulak tawntung hi. Laisiangtho sunga Pasian pen vannuai a itna kiu teng leh a khaang teng puahpha dingin ki pulak hi. Tua quarter sinna thulu pen hih khengval lai hi.

*John C. Peckman pen Adventist Review endik pawl ah khat ahi hi. Hih lai a gelh laitak in, Andrew University Theological Seminary ah Theology leh Christian Philosophy Professor khat ahi hi.*

**Lesson 1***December 28-January 3***PASIAN IN MANNGENLO IN HONG IT****SABBATH NITAKLAM**

**Tukalsung Simding:** *Pai. 33:15–22; Hosea 14:1–4; Mang. 4:11; John 17:24; Mate. 22:1–14; John 10:17, 18.*

**Kamngah:** “**Ka mite tungah heh nawnlo kahih manin, Ka kiangah Ka mite Ka samkik ding a, lungsim takpi tawh Ka mite ka itding hi**” (*Hosea 14:4*).

Peter in *Mate 26:34* sunga Zeisu’ genkholhsa mah bangin, thumvei nial hitaleh tua nialna tetawh a tangthu tawpsak nailo hi. Zeisu in a thawhkik khit ciangin Peter kiangah “*Hih mite sangin nong itzaw hiam?*” ci in dong hi. Peter in zong “*Topa kong it a, kong it zong theilel teh*” ci’n dawng hi. Zeisu in “*Ka tuuno te kem in aw*” cihi. Khatvei Zeisu in “*Nong it hiam?*” ci in dongkik leuleu a, Peter in “*Topa kong it a, kong it zong theilel teh*” ci leuleu hi. Tua ciang Zeisu in “*Ka tuute cing in aw*” ci leuleu hi. Khatvei mah a thumvei na Zeisu in Peter kiangah “*Nong it hiam?*” ci in dong leuleu ahih manin; Peter in “*Nong it hiam?*” cihi thumvei dong liang zawzen cihpen lungsim nasa ahih manin, “*Topa aw, na khempeuh na thei hi. Kong it zong na thei lel hi*” ci in dawngta hi. Tua ciangin Zeisu in zong “*Ka tuute kem in aw*” (*John 21:15–17*) ci leuleu hi. John in thumvei sitset Zeisu na nial ahih manin, Zeisu in zong a sihkhauh mahmah dotna “*Nong it hiam?*” ci in thumvei sitset mah dongpha kik hi.

Eima dinmun pen Peter tawh kibang keiphial taleh, a thukhun paipi kibang peuh hi. Peter tungah Zeisu in a dot dotna thupi mahmah pen mah bangin: Pasian in zong eite eimau hun tawh kituak in hong dong hi “**Nong it hiam?**”

Na khempeuh eima dawnna tungah kinga khin hi.

**SUNDAY***December 29***Eima lam-etna te Galkhat ah**

Pasian in “*Nong it hiam?*” cihi hong dong beklel hilo a, Manngenlo in mimal kim hong it hi. Eite’ ngaihsut phakzah galkhat pek ah nang leh kei Manngenlo in hong it hi. Amah in manngen hetlo takpi in nang leh kei banah mikhempeuh ngaihsut phakloh in hong it hi. Tua hong itna zong Ama’ mite tangthu sunga Ama’ sepna te tungtawn in telthei hi hang.

**Paikhiatna 33:15–22 sim inla, a sung a thu om  
leh kihona teng koibang hi nasa hiam? A diakin taang  
19 in Pasian deihna leh a itna na koici muh hiam?**

.....

Israel te in sal panin a lamdang Pasian hotkhiatna tawh Egypt khut sungpan a suahtak khit sawt nai hetlopi in, tuateng mangngilh mansuah in bawngno’ lim biakpiakna tawh Pasian langdo pah uhhi. Mualtung pan Moses hong tuaksuk in, amaute’ gamtatna teng a muh ciangin, Thukham sawm teng a kigelhna suangpeek tawh deengsuk pah in, amaute’ kithehthang sak hi. Ki thutuahna tungtawn in Pasian in a Manngenlo in a piak ding thupha teng khempeuh saan theihna ding dinmun teng taisan nusia uh hi tase leh, Pasian in amaute tawh ki thutuahna

thupha teng mah tawh amaute kilawm hetlo hi tase leh manngen lo in amau mah teel teitei hi.

Paikhiatna 33:19 sungah “Keima’ hoihna na mai ah ka paisak ding a, namai ah Keima’ min ‘Topa cih ka pulak ding hi. Ka dik nop mite tungah ka dik ding a, ka hehpih nop mite ka hehpih ding h’ a cihpen: telkhialhna tawh Pasian in thupaipi bang omlo in Ama hehpih ding mite Ama’ deihbang in teel lel hi ci uhhi. A thupaipi taktak bel, Pasian in Ama’ hoihakte hehpih in a dangte mudah cihna hituanlo hi. Tulai pawlkhat te upna bangin, Pasian in mi pawlkhat pen tawntung beina sungah a mangthang dingin sekhin cihbang in Pasian nasem lo hi.

Hiteng ah Pasian in bang a cinuam hiam? Pasian in na khempeuh Piangsakpa hi a, a kilawm lo pen khat mah zong thupha piaktheihna thu nei ahihna pulakna ahi hi. Tuamah bangin, bawngno’ lim a biak khit nangawn in zong kilawm hetlo pimah ahi Israel mite hehpih teitei lai hi. Hipen eite’ lam-et zah khengval in Ama’ itna Pasian in hong lahna tampi lakah khat ahi hi.

#### **Pasian in nangma lam-et loh zah dong Ama’ itna koibang in hong lak zelzel hiam?**

**MONDAY**

**Loh Ngeiloh Itna**

Pasian in a puk mihing a it teiteina Hosea’ tangthu sungah om hi. Pasian in kamsang Hosea kiangah, “Hih gam mite Kei tungah citaklo in pasian dangte bia uh ahih manin, nang zong hong tulpih loding numei paktat khat tenpih inla, tuanu tawh ta nei in” (Hos. 1:2) cih sawl hi. Hosea leh a citaklo a zi pen, tualai in khalam a paktat Israel mite a dingin Pasian itna lim nungta khat ahi hi. Pasian’ itna in

a kilawm hetlo mite tungah zong man ngenlo in hong luang cihna ahi hi.

Pasian in cihtakna tawh it hinapi, mite in langdo zelzel uhhi. Laisiangtho in Pasian pen a citaklo zi nangawn a it tentan pa cih hong lak hi. Amah in bel a mite itna citak tawh it hinapi, amaute in ahihleh pasian dangte biaksan in simmawh bawl in, a kipuahpha thei nawnlo ding zah in kizopna sutat uhhi.

#### **Hosea 14:1–4 simin. Hih munteng in a kipkho Pasian’ itna bangteng lak hiam?**

---

A mite’ langdo kinken khit ciang nangawn in Pasian in; “Amau’ nungtolhna teng ka damsak ding a, lungsim takpi tawh amaute ka itding h’ ci hi. “Lungsim takpi tawh” a cihpen Hebrew pau nedabah a kiletkhia hi a, piaknopna taktak, manngen lo cihna ahi hi. Biakbuk sunga piaknopna piakkhat sumpi a cihna tawh Akibang ahi hi.

Hosea’ laibu sunga kihona sungah, Pasian in a mite tungah a kipiakna leh veiina lamdang lak hi. Amaute un lawmngaih dang neihsan zel in kizopna sutat in puahphat theih ding bang zong ahih nawnlo in thuciam palsat hitaleh; Pasian in Ama’ deihsaik itna mah tawh it tentan lai hi. Mite in Pasian’ itna tawh kilawm loliang dingin, amau’ gam teng nusia in nial uhhi. Tua pipi mah in Pasian in amaute’ nolh hetlo in itna luan tawntung hi. Hihteng bek hilo mun tuamtuam ah zong Pasian hong itna pen manngen lo leh lungsim takpi tawh itna hong luan ci hi.

#### **Mi tampi in Pasian pen a gamlapi panin khauhtak in mihing ukcip cihbang in ngaihsun uh hi. Hihteng ah a**

**citaklo zi khat tungah beitheilo in it teitei cihthu na muh ciangin; Pasian na muhna koibang in hong kilamdang hiam? Tua thu in Pasian na muhzia leh Amah tawh na kizopna koibang in khel thei hiam?**

**TUESDAY**

*December 31*

**Itna Khawnkhong in Hongpia**

Pasian in a langdo Israel mite manngen lo in it bek hilo in, mawhna a dim eite zong manngen lo mah in hong it hi. Pasian hong itna tawh bel kilawm hetlo hang a, zong thalawh zo selo ding hihang. Lehgen leng, Pasian in eite hong kisapna om selo hi. Laisiangtho Pasian in kisap bangmah neilo hi (*Sawl. 17:25*). Pasian in nang, kei leh mi khempeuh a itna pen Ama' lungsim suak hilel hi.

**Mang. 4:11 leh Late 33:6 enkak in. Pasian leh Ama' piantsak sate koibang in suakta takin kizom uh hiam?**

---

Pasian in manngen lo in leitung bawl hi. Tua hang mahin, Pasian in minthanna, pahtawina leh vanglatna tawh kilawmpen hi. Leitung a pianma pek panin, Pasian lutang Pasian teng kikhawlhna sungah lungnuam khinzo hi.

**John 17:24 simin. Leitung pianma pek panin Pasian in hong bangci it ci hiam?**

---

Pasian in a it dingin piantsak nate kisam hetlo hi napi, itna a hihna dungzui in, leitung bawl in, a piantsak sate tawh ki-itna sungah hong lut hi. Pasian in Ama' itding in hih leitung piangsak bek hilo lai in, mihing zong

manngen hetlo in hong itlai, Eden ah mawhna a tuk khit, tu mahmah in mimal mawhnei te zong hong itlai hi.

Adam leh Eve in Eden ah hong puk uh ciangin Pasian' itna saan theih na'ng thu nei nawnlo ta uhhi. Ahihhang "na khempeuh Ama'kammal tawh a kipsak" (*Heb. 1:3*) Pasian in itna, lainatna leh hehpihna lianpi tawh amaute nungta sak kenkon in, mihing in Ama' itna sung hong zuankik ding in lampi honsak hi. Tua lampi honsakna sungah eite zong hong huamsak hi.

**Pasian in pukna gitlohma te kheng in leitung ah itna hong luansak denna hang in Pasian hong itna tawh a nasep bang peuh hong musak hiam? Hih thumaan in koibang in Pasian hong it-thuk sakthei naci hiam?**

**WEDNESDAY**

*January 1*

**A Sapmi Tam, A Teelmi Tawm**

Pasian in lungsim takpi tawh hong it ciangbek hilo, Amah it-thuk dingin hong samlai hi. Tua hang mahin Pasian in hong itna sang ding nial ding cih suakta tak in teel theih thu hongpia hi cihipen Christ in mopawi thu gentehna leh mundang dang ah zong om hi.

**Mate 22:1-14 simin. Hih thu gentehna a khatna bang hiam?**

---

Christ' thu gentehna mopawi sungah, kumpi khatin a tapa' mopawi hongpai dingin "a nasemte sawlkha in a sapsa mite va zaunsak hi napi, amaute hong pai nuamlo uh" hi (*Mate 22:2, 3*). A nasemte paikhia sakin khatvei sang tamzaw zawnsak zel mahleh, amaute un awlmawhlo in, a nasemte manin that uhhi (*Mate 22:4-6*).

A nasemte pawlkhat a ki thahlup sak khit ciangin, kumpipa in a nasemte kiangah “*Mopawi a baihsa in omkhin a, ahi zongin ka sap mite in a ne dingin a kilawmlo mite a suak uhhi. Tua ahih manin lam lianpi ah vapai unla, mi na muh zahzah uh hong sam un*” (*Mate 22:8, 9*) aci hi. Tawlkhhat khit ciangin mopawi puan a silhlo mikhat a pualam ah lawnkhia sak a cihpen in; tua mopawi kihel theih nadingin kumpipa kiangpan mahin mopawi puan ngah ding kisam cihpen khatna thukpi anei kammal “*a sapmi tam, a teelmi tawm*” (*Mate 22:14*) cih tawh Zeisu in thu khup hi.

Bang a cihnopna hiam? Mopawi ah kihel dingin a nunungpen Topa’ “*teelsa*” te “*teeltuam*” te ahi uhhi. “*Sam, cial*” a cihpen, Greek pau ah **kaleo** hi a; a nunungpen in aki “*teeltuam*” (*eklektos*) hi a, sapna cialna angah sitset sate ahi uhhi.

Tua pen Pasian in, mopawi ah mi khempeuh a sapna a cialna ahi hi. Hitei napi, Pasian’ hong itna kinial theilai hi. It theihna dingin suahtakna kipia hi. Pasian in Amah it dingin kuamah zawhthawh sawl lo hi. A dahhuai thu ah, Pasian tawh ki-it takin kikholt ding nial thei lel hihang.

“*Teeltuam*” cihpen sapna cialna ngahte ahi uhhi. Pasian a it-mite a dingin, Pasian in, eite ngaihsut phakloh nalamdang tampi takmah bawlkholt zo hi.

**Tua ban ah, tua thute in itna leh itna pan ih luahsuk suahtakna sungah hong kigawmkhawm hi.**

**Sapna cialna sangsa na hihna mopawi puan zong silh khin na hihlam nangma nuntakna in hong lak hiam?**

**THURSDAY**

**Eite a dingin Kikhai**

*January 2*

Pasian in itna sungah Amah tawh kikhawl dingin mimalkim hong sam hinapi, lungsim takpi tawh a sang mite bek in tawntung nopsakna ngah ding uhhi. Mopawi thu gentehma sungah, kumpipa sapmi tampi om hinapi “*hong pai nuamlo uhhi*” (*Mate 22:3*).

Christ in a kikhai madeuh in a kahtam kammal sungah “*Jerusalem, Jerusalem aw, kamsangte na that a, Pasian sawl kamtaite na denglum hi. Akpi in a kha tawh a note a huai mahbang in na mite ka huainuam tauntung a, ahi zongin na ut kei hi!*” (*Mate 23:37*) cih. Christ in huainuam mahmah napi, utlo uhhi. Tua “**ut**” cih pen Greek kammal **thelo** hi a, Christ in a hotkhat nopna leh amau hotkhat ding a ut lohna uh munnih ah kizang khawm hi (*Mate 22:3 ah zong kizang lai hi*).

Hinapi, Christ in tua mite a ding mahin singlamteh ah pai hi. A lamdang itna! Mihing’ mawhna in sihna bek thalawh hinapi, Pasian in Christ tungtawn in man hong piak sak a, vantung leh leitung kikal a kisiasa kizopna zong puahphat nading lampi hong honsak hi. Tuabang pipi mah in eite hong it teitei a, eitung ah bangmah hong baalo napi Ama’ lungsim sungtawng panin hong piang tawm ahi hi.

**John 10:17, 18 simin. Galati 2:20 tawh enkak in. Eite a ding bang thupuak om hiam?**

---

Pasian hong itna sangpen – singlamteh tungah Christ in Ama’ deih teelna tawh hong kipia hi. Christ in Ama’ nuntakna piakhia in hong “**bulpat sak**” hi. Kuamah

in Ama' nuntakna laksak lo hi; leitung pianma pek panin vantung ah thukimna omsa bangin, lungsim takpi tawh Ama' piakkhat hizaw hi

*"Ei hong hotkhiatna ding vaipen a ki nung-ngaihsut hi hetlo a, Adam puk khit peuh khaung cianga ki geeltaum hilo hi. Tanglai panin a ki-iimcip thute tu ciangin a ki-pholak ahi hi (Rom. 16:25). Khang tauntung a Pasian tokhom' tauphahphi hong kipulak ahi hi. A kipatcil panmah in Satan' lampialna pen Pasian leh Christ in thei khin uh a, tua lampialna mah tawh mihing ana khemtuk ahi hi. Pasian in mawhna om theihna ding thu pialo hinapi, mukhol khin ahih manin, tua a phutna ding un nawh kigin mahmah uhhi. Leitung itlua a hih manin, a Tapa neihsun piak ding hong kamciam a 'Amah a ummi peuhmah kisia hetlo in tawntung nuntakna ngah hi'" John 3:16."—Ellen G. White, *The Desire of Ages*, p. 22.*

#### FRIDAY

January 3

**Ngaihsutbeh Ding: Ellen G. White lai Christ's Object Lessons laimai. 405-421, "To Meet the Bridegroom" simin.**

*"Pasian i telkhialhna in leitung tuamcip in mialsak hi. Pasian' tatleh hekzia mite'n mansuah ta uhhi. Ki telkhial in ki pulakkhial gawp hi. Tua laitak in Pasian in hong hotkhiat ding a vangliatna pulak ding thupuak hong pia hi. Pasian tatleh hekzia pulaksak ding hi hang. A mialcip leitung ah Ama' minthanna, a hoihna, hehpihna leh thumaan khuavak taang sak ding hihang.*

*"Hihthu pen kansang Isaiah in eite nasep ding cih a gualhna sungah, 'Jerusalem aw, mualsang dawn ah kahto in lungdamna thu kiko in. Zion aw nakpi takin awng inla, lungdamna thu tangko in. Nakpi takin kiko inla lau kei in. Judah gam khuapite tungah, 'Na Pasian uh hong paita hi' ci in genta un" Isa. 40:9, 10.*

*"Mopa hong pai ding a ngakte in mipi tungah a gen dinguh thu in "Na Pasian uh en un. Hong hehpihna khuavak, leitung a dingin Ama' hong itna hong itna hong pulakna a hihi. A tate in Pasian' minthanna kilangh sak ding uhhi. Amau' nuntakzia leh tatleh hekna sungah, Pasian in Ama' hong lainatna tawh hong bawlsaksa teng kilangh sak ding uhhi. Dikna Nitaang khuavak in gamtat hoihna sungah taang ding a - thumaan kammal leh siangtho gamtatna sungah kilangh sak ding uhhi" —Ellen G. White, *Christ's Object Lessons*, pp. 415, 416.*

#### Kikup ding Dotnate:

1. **Pasian in ei hong mudah hi cih ngaihsutna in; Pasian omlo hi cih ngaihsutna sangin siazaw hi? Tua thu in thumaan hi peuhmah leh, I leitung bangzah in a tuampi khat hong hi tammaw?**
2. **Tuni i leitung in nakpi takin Pasian telkhial uh cih banghang in umthei na hiam? Pasian omzia a kitelzaw in mipite na hilhcian theihna ding lampi zong in.**
3. **Tuni in i pulak ding Pasian' omzia thupuak in bang peuh a hi diam? Pasian hong itna tawh aki uitui nailo khatpeuh tungah koibang in hihthu telkheh thei ding nahi hiam? Pasian hong itna leh a nasepna nangma tungah bangpeuh a om hiam?**
4. **Pasian hong itna kikup pen thu khat hi a, midang tungah tua itna lengkik sak cih zong thu dangkhat mah ahi hi. "Bang siangthona" eite kiim leh paam tungah Pasian hong itna kilangh sak thei hiam?**

**Lesson 2***January 4–10***KI-THUKIMTUAH ITNA****SABBATH NITAKLAM**

**Tu Kalsung Sim ding:** *2Pet. 3:9; Thu. 7:6–9; Rom. 11:22; 1John 4:7–20; John 15:12; 1John 3:16.*

**Kamngah:** “**Kei hong itte in Ka thu zui ding uh hi; Ka Pa in zong it ding a, Ka nih un ama’ kiangah pai in, amaut tawh ka omkhawm ding uhhi**” (*John 14:23*).

**Mi** tampi in Greek laimal ***agape*** pen Pasian hong itna bek hi a, itna dangdangte a hihleh, ***phileo*** hi in, ***agape*** sangin a niamzaw hi ci uhhi. Pawlkhat leuleu in, it-thuk kikna a om ngeilo piakkhat itna bek hi a, mihing’ it-thukna omhetlo itna hi ci uhhi.

Laisiangtho deihtak in encian leng hibang upna laang pen khial zawtham hi. Greek pau ***agape*** in Pasian hong itna bek hilo in, mihing ki-itna zong hi a, khatveivei ki-it khialhna zong hithei lailai hi (*2Tim. 4:10*). A ***nihna***, Laisiangtho sung tawntung ah Pasian hong itna zong ***agape*** lo tawh a pulakna mun omlai hi. Gentehna pak in Zeisu in, “*Note in Kei nong it (***phileo***) mahbang un Pa mahmah note hong it (***phileo***)*” (*John 16:27*). Tua hi a, ***phileo*** cihpen a niamzaw a cingtaak lo itna hi tuanlo in, Pasian mahmah in hong itna zong hi veve hi.

Pasian hong itna pen lang-itna bek hilo in, kizopna thupi hi a, Pasian hong itna mihing in a thukkikna T-2

tungtawn in kilamdang ahi zongin mihing in hong itna lengkik sak lo hiphial mahleh hong it veve cihna ahi hi.

**SUNDAY****Tawntung Pasian Hong Itna***January 5*

Laisiangtho kician lel ei: Pasian in mimalkim hong it ci. A minthang pen mun in John 3:16 hi a: “*Pasian in a Tapa neihsun a piak dongin leitung hong it a, A Tapa a ummi peuhmah kisialo in tawntung nuntakna ngah thei ding uhhi*” ci hi.

**Late 33:5 leh Late 145:9 simin. Hih munte in Pasian hong itna dikna, veiina leh hehpihna in bangzah ciang huam ci hiam?**

.....

Pawlkhant in amah ithuai kisa lo in, Pasian in midangte a it hangin amau it lo ci in um uhhi. Laisiangtho in mimalkim mah hong it cizaw hi. Itloh tuam hong neilo hi. Mimal kim hong itman mahin mimalkim hong honkhia nuam hi.

**2Peter 3:9; 1Tim. 2:4, leh Ezekiel 33:11 simin. Hihmun tengin mimalkim Pasian in hong hotkhat nopna thu bangci gen hiam?**

.....

John 3:17 ah “*Pasian in a Tapa hi leitung ah hong sawlna pen mawhsak thukhen dingin hongpai sak hilo in, leitung mite a honkhia dingin hong paisak hizaw ht*” (*John 3:17*) cihi. Pasian deihbang lian bek hileh, mimalkim in Ama’ itna sang ding uh a, hotkhat hiciat ding uhhi. Tua pimah zong Amah itding in kuamah sawlengawh lo ding hi. Saan ding leh nial ding amau lungsim thu ahi hi.

Pawlkhate in nialphial mah taleh, Pasian in Ama' itna tawnga saklo hi. Jeremiah 31:3 sungah Amite tungah: "Nang kong it tawntung a, tua ahih manin nang tungah kong thumaan tawntung hi" cihi. Mundang dangah zong Pasian hong itna in kip tawntung cihi (*Late 136*). Pasian hong itna bei ngeilo a, om tawntung hi. Eimah'n midangte it zolo ihih manin Pasian' itna telhak kisa hi. A mimal in hih Pasian itna eima a dingin ciamkha hipeuh mah leng – midangte tungah i hihdante bangzah in hong kilamrang ding hiam?

**Pasian in mimalkim hong it ahih leh, a huathuai gamta mi tampite zong itding hi. Hibang mite zong Pasian in it a hihleh eite'n zong amaute koici bangin kizoppih thei ding ihi hiam?**

**MONDAY**

*January 6*

### **Ki Thukimtuah Itna**

Laisiangho in Pasian hong itna pen innkuan ki-itna, banah nupa ki-itna leh nu-hoih khat in a ta-ngeek a itna khawng tawh hong lak hi. Hih tehpihnate pen Pasian in a thukim-tuah mite tawh a kizopna tuam hisak phadiak hi. Tua in ki-thukimtuah itna acih pen hi a, Pasian in amite hong itna bek hilo, tua itna pen mite in zong sang ding a, mi khatleh khat zong ki-itding deih hi.

**Thuhilhkikna 7:6–9 simin. Hih munteng in Pasian hong bawl thukimtuah na leh Pasian' itna dikna koibang in kizomsak hiam?**

Thuhilhkikna 7:9 sungah Pasian in amite tawh thukimtuah itna leh amau' thumaan cihtakna tungtawn in kizopna cihte pulak hi. Pasian hong itna in a hun zui hilo napi, Amite tawh thukim-tuah itna ahihleh hunzui ahi hi.

Thuhilhkikna 7:9 sungah "itna kip" leh "hehpihna" cihpen **hesed** hi a, tua pen Pasian itna sungah kitukimtuah na ahi hi. **Hesed** pen Pasian' liatna, hehpihna hoihna leh itna ahi hi. **Hesed** cihpen itna leh hoihna kip hi a, thuhkik ding a kisam itna sungah kizopna ahi hi. Hih itna pen, a langkhat lam panin zong itna thukkik ding a kisamte a cihna ahi hi.

Pasian' **hesed** cih in, muanhua, kipkho leh om paisuak hi. **Hesed** pen a hunzui a pai hi a, Ama' mite in tua kizopna zom paisuak nuam maw nuamlo cih tungah kinga hi (*2Sam. 22:26, 1Kumpi 8:23, Late 25:10; 32:10, 2Khang. 6:14*).

A kipkho Pasian hong itna in itna sungah kizopna khempeuh' tawphah hi a, tua itna pen eite'n baan zolo hi hang. Pasian in eite nuntak hun a khawnkhong in hong pia bek hilo, Ama' pumpi mahmah zong manngenlo in hong piakhia hi. "Lawmte taang ding sih ngamna sang in lawmte itna a lianzaw itna om naunlo hi" (*John 15:13*). Pasian' hong itna lahkhat na lian penpen in "Amah hong kiniamkhat taum a singlamteh nangaun ah sih ding a ut hi" (*Phil. 2:8*).

**Pasian' hong itna taktak nangma lungsim sungah koibang teng in kem khinkhian thei ding nahi hiam? Banghang in tuabang in hih ding thupi hiam?**

**TUESDAY**

*January 7*

### **A Hunzui a Kizopna**

Pasian in mikhempeuh Amah tawh kinai takin kikhawl in ki it dingin hongsam hi (*Mate 22:1-14*). Tua sapna hoiktak a dawng te in Pasian thukham mang ding, Pasian itding midang zong itding uhhi (*Mate 22:37-39*). Khatpeuh in tua Pasian tawh kikhawlha sungah nuamsa

in a hamphat ding pen Ama' itna sang maw nial maw cih tungah kinga ahi hi.

**Hosea 9:15; Jeremiah 16:5; Rom. 11:22 leh Jude 21 simin. Hihmun tengin Pasian hong itna hangin hamphatna kinial thei ki nusia thei cihtu bangteng hong pulak hiam?**

---

Hiteng leh mundang ah zong, Pasian tawh ki-itna sungah hamphatna pen, mipling mahin Ama' hong itna dawng thukkik daan zui hi cih pulak hi. Cihteihang Pasian in hong itna tawlnge sakthei cih upkhialhna peuhmah neilo ding hihang. Pasian' itna pen kipkho cih i theihsa ahi hi. Hosea 9:15 ah zong Pasian in Amite kiangah "Amaute ka it naunkei ding ht" ci napi, a nungciang in tua laibu sungmah ah "Ka lungsim takpi tawh amauta ka itding ht" (Hos. 14:4) zong cileuleu hi. Hoses 9:15 in Pasian in amite a itna beisiang a cihna zong hi tuanlo hi. Pasian tawh itna sungah a kizom mite omzia khuahun zui hiding hi. Ama' hong itna koibang in ki dawngthuk hiam cih thupi hi.

"Keima thupiakte sangin a zuite in Keimah hong it a hi uhhi. Kei hong it mite pen Ka Pa in zong itding a, Keimah in it in, amau tungah ka kilangh ding ht" (John 14:21). Tua mahbang in Zeisu in zong "note in Kei hong it in, Pa kiangpan hongpai ka hihna thu um na hih manun, Pa mahmah in note hong it ht" (John 16:27).

Hibang tengin Pasian tawh kizopna hang manphatna sungah a kipkho nadingin Pasian hong itna a saan uh kul ding a, tua itna tawh a gamtang hiding uhhi. Hihthu in zong Pasian' hong itna tawlnge paisuak hi a cihnopna hilo

hi. Ni in a taanna pen eite'n khawlsak theilo iihh hang, tua nitaang eite'n kipelh thei ahih mahbang in: Pasian' hong itna kip ki-tawlnge sak theilo ahih hang, Pasian tawh kikhohling ding kinial thei a, Ama' hong piakte pelh in tawntung nuntakna kamciam zong kipelh thei hi.

**Pasian hong itna pen, it-thei maw/theilo phial mahleh; mipling in koibang in muthei in ki ciamkha thei ding hiam? Gentehna in, leitung in mawhna a neih khit nangawn in, koibang in Ama' hong itna pulak sakthei ding hiam?**

**WEDNESDAY  
Hehpjhna Taan**

*January 8*

Pasian hong itna in kipkho a, thalawh theih hilo hi napi mipling in kinial thei hi. Tua itna pen Pasian kiangpan manngenlo in hong it ahih manin, ki-sangthei, ki-nialthei a, tua itna kip in eite na khatpeuh iihh mapek in omkhin zo hi. Pasian i itna pen, bangmah i ngetma in Amah in hong it masakna thuhkikna ahi hi.

**1John 4:7-20 sim inla, taang 7 leh 19 na bulphuh phadeuh in. Pasian hong itna mah masak den ding cih bangteng hong hilh hiam?**

---

Pasian in hong it masa den hi. Amah'n hong it masa keileh eite'n zong it-thuk theilo ding hihang. Pasian in hong bawl lai in it-theihna leh a ki itding in hong bawl hi a, Pasian mahmah in itna khempeuh bulpi ahi hi. Eite'n saan ding leh eima' nuntakna sungah lengkik sak ding cihpen eima teeltheih ahi hi. Hihthu mah pen Mate 18:23-35 sungah mawhna a maisak nuamlo nasempa gentehna sung ki telcian mahmah hi.

Tua gentehna sungah, nasempa in a topa tungah a leibaa pen cikmah in lohzo ngeilo ding hi. Mate 18 cihna bang ahihleh nasempa in a topa tungah *talent* 10,000 baa hi. *Talent* khat ciangin *denarii* tulguk ahi hi. *Denarii* khat mikhat ii nikhat thaman cihi (*Mate 20:2*). Nasem mi khat in ni 6,000 a sep ciangin *talent* khat ngahpan hi. Tawngakni teng dok khin leng, kumkhat in ni 300 nasem leh *denarii* 300 thalawh ding hi. Nasem mikhat in *denarii* 6,000 apha *talent* khat a lohna ding in (6,000 / 300 =20) kum sawmnih sawt ding hi. Tua a hih manin *talent* 10,000 a lohna dingin kum 200,000 sawt ding hi. Tomgen leng nasempa in lohzo ngeilo ding hi. Hinapi, a topa in hehpih mahmah ahih manin lungsim takpi tawh tua leibaa lianpipi maisak hi.

Tua hinapi, hih maisakna a ngah nasempa in ama' tungah a leibaa themcik *denarii* 100 bek pen maisak zolo in, a naseppih leibaa neipa thong sungah koih ahih manin, a topa in ama' maisaksa teng thu lumlet kik cihi. Tua nasempa in a topa itna tawh maisakna awlmawh nawnlo hi. Pasian hong lainatna beingelo citateu zong in, kinial kha thei a, ki mangngilh thei hi.

**Nang hong kimaisak teng leh, tua hong maisakna dingin Zeisu in man bangzah pia cih ngaihsun in. Midangte zong maisak theih ding bangthu peuh hong hilh hiam?**

**THURSDAY**

*January 9*

**Manngenlo in Ngah; Manngenlo in Piakhia**

Nasempa in a topa tunga a leibaa a loh zawh loh mahbang in, Pasian tungah loh zo ngeilo ding hihang. Pasian'itna zong thalawh zo ngeilo ding hang. "eite mawhnei iih laitak in eite a dingin Christ hong si ahih manin Pasian in

*eite hong it mahmah na thu hong lak khinzo hi*" (*Rom. 5:8*). A lamdang itna! *1 John 3:1* in, "Pa Pasian in eite bangzah takin hong itna thu thei un. Ama' hong itna lian mahmah ahih manin, eite pen Ama' tate hong ci hi" cihi.

Eite hihtheih sun leh hih ding pen, midangte muhna ah iihh theih zah in Pasian' itna lengkik sak ding ihi hi. Hih zahta in a lian lainatna leh maisakna ngah iihh ciangin, midang te tungah lainatna leh maisakna bangzahta in piak huai nasa hiam? Nasempa in a topa lainatna leh maisakna teng a lawm naseppih pa a piak sawn ding mangngilh cihtu phawk in. Pasian it takpi iihhleh, tua hong itna midang tungah lengkik sak hamtang ding hihang,

**John 15:12; 1 John 3:16; leh 1 John 4:7 sim in. Hih munte in Pasian itna, eite'n Pasian ih itna leh eite'n midangte ih itna cihteng a kizopna bang hong gen hiam?**

"Na lunggulhnate, na nopnate, na dahnate, na lungkham nate leh launate Pasian kiang tun in. Amah vangik suan theilo ding; amah gimsak theilo hihang. Na luzaang a samzang teng zong a simkhinpa in A tate haksatna zong simkhin zo hi. "Topa in dikna leh hehpihna nei hi" James 5:11. Hong itna lungtang in eite' dahnate leh thuumna te in sukha mahmah hi. Na lungsim hong subuai khempeuh Ama' kiangah paipih in. Ama' aa dingin a puak-haklua a lianlua bangmah omlo a, vannuai leitung khempeuh Amah'n uk hi.

*Eima' lungnopna khatpeuh Ama' theih zawhloh dingin neulua cih omlo hi. Eima phutkhak thute Ama' aa dingin khuamial lua cih omlo; Ama siansuah dingin lungkhamna lianlua omlo hi. Ama' tate a neupen zong a tuksak zo buaina bangmah omlo a, bang lungkhamna peuhmah in kha-lausak*

*zolo; bang nuamna peuh in zong Amah nuamsak zo tuanlo, lungsim taktauh thungetna a theih zawhloh leh a phawk khakloh bangmah omlo hi. ‘Amah in lungsim kitamte damsak a, a meima-te tuamsak hi’ Late 147:3. Mimal khat sim leh Pasian kikal a kizop zia pen, leitung ah Pasian in a kep ding A Tapa a piak khat ding kha dang khat peuhmah a om nawnlo bang liang zah in kinai in kician mahmah hi.”—Ellen G. White, Steps to Christ, p. 100.*

#### Kikup ding Dotnate:

1. Atunga laigual teng lungngai kik lecin: “**Kha-mal khat sim leh Pasian kikal a kizop zia pen, leitung ah Pasian in a kep ding A Tapa a piak khat ding kha dang khat peuhmah a om nawnlo bang liang zah in kinai in kician mahmah hi.**” Pasian in nang hong awlmawh mahmah cih natheih manin, bang lungnopna hongpia a, koibang in nuntakpih thei ding na hiam?
2. Tukalsung sinna tungtawn in Late 103:17, 18 pen koibang in na telcian hiam? Pasian hong itna in kipkho hi cih koibang in hong lak a; Pasian leh eimah kizopna tungtawn in hamphatna peuhmah pen, Hong itna eima’ saandan tungah kinga cih koibang in hong hilh hiam?
3. Pasian tawh na kizopna koibang in hong ki lamdang sak cih bangci theih nahiam? Midang te’ dahna khawng koibang in hong lainatpih sak thei hiam?

#### Lesson 3

January 11–17

#### PASIAN LUNGDAMSAK

##### SABBATH NITAK LAM

**Tukalsung Simding:** Luka 15:11–32; Zeph. 3:17; Eph. 5:25–28; Isa. 43:4; Rom. 8:1; Rom. 5:8; Maku 9:17–29.

**Kamngah:** “**Topa na Pasian un note hong ompih a, Ama’ vangliatna in hong gualzo sak hi; Note tungah Amah lungkim ding a, Ama’ hong itna tawh hong thakbawl ding hi. Note hangin Topa lungdam in lasa ding hi**”(Zephaniah 3:17).

A tunga thupiang lungngai inla: kum nga bek apha pan tano khat in aki gina-tuam mello Pa’ Ni letsong khat tawi in hong pai hi. A pa tungah piakhia hi.

A pa in hibang in cileh, “*Ka ta aw, na letsong thupisa ke’ng. Kei lungdam theihna ding nang hong piaktheih bangmah omkei. Nang nong piak banglel te ke’n zong leithei lel, keimah’n kong piaksa sum teng mah tawh nalei hi peuh lomaw! Nangmah’n tangkik zaw inla, bangbang hitaleh hong it veve ing mau*”.

Mawk aw! A pa’ dawnna na koici ngaihsut a le? Lunglut mello, om ngeungau, nuamna mel theilo. Pasian in hong tuacih hiam? Pasian i lungdam sakthei takpi diam? Mi puksa, mawhna kidim, gilo lailai iih manin, ngaihsut haksa – aihhang, Pasian ki lungdam sakthei takpi hi! Thukhat panin Pasian in, naupangpa’ pa bangin, eimah hong en selo, eima’ letsong ken en selo hi. Pasian ki

lungdam sakthei i cita zong in, Christ tungtawn bekmah ahi hi.

**SUNDAY**

*January 12*

**Nang Ngaihsutzah Sangin na Manphazaw**

I sinna teng sungah, mawhnei penpen a gilo pente zong Pasian in a itloh kuamah omlo ci hihang. Pasian in ei' ngaihsutzah sangin mihindin na manpha sakzaw a, mawhna in ei tungah bangteng hong bawlsia cih thei ahih manin mawhna hangin lungdam theilo hi.

**Luka 15:11-32 simin. Tapa phengtatpa thu gentehna sungah Pasian hong lainatna leh itna koici hong lah hiam? Inn ah a om khinkhian tapa dang tawh a kibang mite a ding bang vauna hong pialai hiam?**

---

Hih tangthu sungah, Zeisu in, tua tapa in a pa' innkuan leh a pa mahmah nial in, ama' gamh ding ngen baih mahmah cihi. Tua tapa phengtatpa in, a gamh teng thaangzat ziahziah ahih manin, zawnna leh gilkialna sung tung a, vok' ankuang sungpan vok' an nangawn haza liang cihi. Apa' inn sunga nasem lelte in zong amah sangin annekk kicing zaw cih a phawkkik ciangin, inn ah ciahkik ning in, sila khat peuh hong koih lai khak leh cita hi.

Hong piang thu bel khauhpai ei! Pa pawlkhat khawng hileh, "Na gamh na la khin zo a, ka inn panin na taikhia zo hi. Hitak ah nang inn om naunlo hi." ci ding uhhi. Zo ngeina bang hileh cihhuai lel nasa uh hia le? Pate zong mihindin hiphop lel ihih manin, tua tapa phengtatpa zong inn tawh kigamla luata lel ding hi.

Tua thu gentehna sungah, a Pa in Pasian' limpuakna hi a, tuabang dan in dawng hetlo hi. Tua sangsik in "a Pa

*in gamlapi panin tapa phengtatpa hong ciah amuh ciangin laina mahmah ahih manin, delhphei in, a ngaung ah kawi in nam hi* (Luke 15:20). Mikhat tawh kimu dingin innkuan lutangpi khat tai panpan liang cih khawng vangneu huai phial taleh, a Pa inbel, lainatna lianpi tawh, a tapa dawn ding in vatai liang, bek thamlo, innkuan-lai sungah khum kik, banah, pawikham sak lailai: tuateng in, Pasian hong mi vakthap lel khat hong lainatna lianpi leh inn hong ciahkik mimbal khatsim a ding lungdam ahihna hong lak hi. Pasian' limpuakna lianpi hi.

**A u pa in a dawnthukna lunglut huai lua. Mihing khat in thumaan takin liangko kikim in hihbang in a dawnthuk lel pen tazaa lel nasa hiam? Hih unau tegel' tangthu in tulai mihindte liangko kikim takin om ding ngaihsutna in, Pasian hong itna lungdamthu a thukna tawh ki tehkak thei vetlo hi.**

**MONDAY**

*January 13*

**Lungdamna sungah Nuam mahmah**

Ngaihsut hak a kisa mahmah thu, Pasian in mimalsim in, tehpiah zawklo in hong manphasak a, kha khatbek hotkhiatna sung nangawn ah nuam mahmah hi.

**Zephaniah 3:17 simin. Hihmun in tapa phengtatpa gentehna tungah bang khuavak hong taan naci hiam?**

---

Zephaniah 3:17 in, hotkhiat mite tungah Pasian nuam mahmah cihi. Hebrew pau in lungnopna, lungdamna cihte, hih tangkhat sungah kikoih a, Pasian lungdam lungnuam cihi. Tuani a Pasian lungdam lungnop ding zia pulakna dingin lei kammal khat zong picing zolo cih ding hileh hi.

Zephaniah 3:17 in, Pasian in Amite “*lakah*” koimun santak ah om cih hong lak hi. Pasian hong kihelna pan kipan in, kizopna ki puahphat kikna hong kipan lian hi. A Pa in gamlapi ah a tapa hong ciah amuh ciangin hong taipei – Pasian zong Amite’ *lakah* tuabang lianmah ahi hi.

Isaiah 62:4 sungah zong, mopawi thu om hi. Isaiah 62:4 cih dan hileh, Pasian’ mite pen “**Hephzibah**” ‘*tua nu sungah ka lungkim*’ cihtheih dinmun hi a, amau tenna gam zong “**Beulah**” ‘*aki tenpih zi*’ cihtheih ding ahi hi. Banghang hiam? A Laisiangtho kammal in “*Nang tungah Topa lungkim a, na leitang pen a ki tenpih zi tawh kibang ding h̄*” cihi. Pasian lungdamna sangpen a khuumdawn in, ki puahphat kik ni, Ama’ mite sangin eitung ah a lungdam ni, a pa in a tapa phengtatpa tungah a lungdam ni ahi hi.

**Ephet 5:25–28 simin. Eite’n zong i lakhhiat ding itna pen koibang dan itna hiding ci hiam?**

---

Hih mun ah pasalte in zite itding hanthawn a, “*Christ in a pumpi pawlpi a ding a kipiak dong in it h̄*”, tua mahbang in, pasal in zong “*a zi ama’ pumpi bangin itding*” (Eph. 5:25, 28) cihi. Hihmun ah Christ in Ama’ pumpi piakhia liang in Amite a it mahbang in, pasal in zong angkhual hetlo in zi itding a cihna ahi hi.

**TUESDAY**  
**Pasian Lungdamsak**

Mihing lel sungah koibang a Pasian lungdam zo aitam maw; tuimal leh sazang thagui peuh kigawm khawm lel: genzawhloh a zai vannuai a leitung neucik khat tunga

om lel peuh khawng? Kisapna bangmah a neilo liang, vangliatna khempeuh a neipa pen, mihing lelpeuh in koibang in lungdam sakthei mawk ding hiam? Hih dotna pen thunih in kidawng thei hi. *Khatna*, Pasian mahmah koibang in ki Lungdamsak thei ding hiam? *Nihna*, Ama’ lungdamna dingin mihing in koibang in hih thei ding, mawhna kidim kihi leltak e? Dotna khatna pen tuni kisin ding thulu hi a, dotna nihna pen zingciang maw.

**Isaiah 43:4; Late 149:4; leh Paunak 15:8, 9 simin.  
Hiteng in Pasian, Amite tungah lungdam cih bangteng hong gen hiam?**

---

Zanni in, Pasian pen mihing in lungdam sakthei cih sin kiau hang a, tua zong pen, amau’ hihtheih tawp in midangte don in a kemte Pasian in it hi cihi.

A lehlam ah, Pasian in gitlohma bawlte tungah lungdam lo hi. Paunak 15:8, 9 in zong, Topa in migilote “*biakpiakna, gamtatna*” kihhuai sa a; “*thumaan mite’ thungetna thukim in it h̄*” cihi. Hihmun ah Pasian in gitlohma ah lungdam lo a, hoihna sungah lungdam cihi. Pasian lungdamna leh itna in ki tuiton mahmah a, Pasian’ itna leh lungdamna in thuktak in kizopna nei cih hong lak hi.

Late 146:8 ah “*Topa in thumaan mite a it h̄*”. 2Corinth. 9:7 in zong, “*Pasian in piaknopna lungsim tawh apia te it*” ci hi. Hihmun in a genloh thu khat phawk masa in. Pasian in midikte bek it ahi a, lungsim takpi tawh piate bek it ahi zongin ciло hi. Pasian in mi khempeuh it hi. A puatham pan enpak leng Pasian in “*midik*” leh “*lungsimtak tawh pia*” it cih ding mah hiphot hi. Paunak 15:8, 9 in zong

lampi hong honsak a: Pasian in hih a tung a tegel leh a dangte zong Amah a lungdamsak khempeuh it cihi.

**Vannuai leitung buppi a bawlpa Pasian in hong kinai kholpih mahmah manin vantung leh leitung in naitak mahin kihenkop thei cih ngaihsun in. Hihthu na lungngaih ciangin, haksat hun na kantan laitak nangawn in bang lam-et theihna khawng hong neisak thei naci hiam?**

**WEDNESDAY**

*January 15*

**A Nungta Suangte**

Eite a puk mawhneimi lellel in, a siangtho Pasian lungdamsak zo ding maw?

**Rom. 8:1 leh Rom. 5:8 simin. Pasian' maiah koibang in ding hong ci hiam?**

---

Mihing in a dawnthuk mapek in Pasian hehpihna hong luangsak hi. Bangmah a kigen a kibawl mapek in, Pasian in hong baan masa in hong itna saan theihna leh nial theihna hong pia masa zo hi. Rom. 5:8 in, “eite mawhnei iihh laitak mahin eite a dingin Christ hong sihna tawh Pasian in eite hong it mahmah na thu hong lakkhin zo hi” (Jer. 31:3 etbeh lai in) cihi. Hong Honkhiapa hong sepsakna tungtawn in Pasian tawh ki lemtuah bek thamlo lungdamsak theilai ding hihang.

**1Peter 2:4–6 leh Heb. 11:6 enkak in. Pasian aki lungdamsak theihna ding bang peuh gen hiam?**

---

Pasian hong lutvat lo hileh, mihing in Pasian' maiah na manpha bangmah keng zolo ding hi. Pasian' hong hehpihna mah tawh Christ in lampi khat hong honsak hi. A kician khat “*Christ tungtawn in Pasian saantheih biaknate pia ding*” (1Pet. 2:5) cihi. “*Upna lo tawh kuamah in Pasian lungkimsak zolo*” (Heb. 11:6) a cihteih hang, Christ in hong palaina hangin, Pasian in thu ummi khempeuh “*Ama' deihna bangin na a septheih nading un, a kisam thuhoih khempeuh note tungah hong guanin, Ama' lungkim bangin gamtat theihna dingin, Zeisu Christ in eite sungah na hong sem henla, Christ in a tawntung in minthanna ngah paisuak tahan, Amen*” (Heb. 13:21).

Upna tawh Pasian a dawngthuk kik mi peuhmah, santakcing dikna a nei Christ' palai sepna hangin midik in hong kisim hi. Amah tawh kibang dingin zong hong puahpha hi (1Cor. 15:51–57; 1John 3:2). Pasian hong hotkhiat nasepna pen *eite a ding hibek lo, eima' pumpi* sungmah ah hong sem hi.

**Christ in vantung tawh hong palaina hangin banghang in thangah thei tuam nahi hiam?**

**THURSDAY**

*January 16*

**A Ngahtaak Ngiimna**

Pasian hehpihna leh palaina nuaiah, Ama' itna a dawngthuk peuhmah a neupen nangawn zong Pasian lungdam hi. Khatbek a om a it-taak leh dikna a picingpa hangin, eite mimalkim zong midik in hong kisim a, Pasian in a it mi te, Ama' itna picing sungah om tawntung ding in hong sim hi. Tua pen Christ in vantung ah eite a dingin hong sepsak den eite lam-et lianpen hotkhiatna ahi hi.

*Kei ka kihel zo tammau cihpeuh zong lungkham ding hiteh. Kei lah hoihlo a maw! Keima upna in a kicing zolo peuh ahi tam maw cikha ding hiteh.*

**Maku 9:17–29 simin. Tua tangthu sunga pasal pa Pasian in bangci dawnkik hiam? Upna bangzah ciangin upna kicing ahi tam?**

Nungzuite in dawi hawlkhia zolo uh a; cih na'ng thei nawnlo uhhi. Zeisu hongpai in a pa kiangah “A umte a dingin na khempeuh hithei hilo ahi hiam?” (Maku 9:23) cih. Tua ciangin a pa in zong nehno sa in “Topa aw, ka um hi, ka upna a kicin nading hong huh in” (Maku 9:24) aci hi.

Phawk ding in, Zeisu in “Na upna a kicin ciangin hong paikik in aw” cilo hi. “Ka upna a kicinna ding in hong huh in” cihziau zong kicing peuh hi.

Upna omlo in, Pasian ki lungdamsak zolo (Heb. 11:6) ahiihang, Zeisu in a neupen upna zong hong sang a, Christ' hong palaina hang mahin Pasian lungdam thei hi. Upna hangin Christ in eite a ding hong sepsakna tawh, Pasian ki lungdam sakthei a, tano khatin a pa ading bangmah manphatna a nei mello letsong hong paipih ciangin a pa a nuam mah bang hilel hi.

Tua mahbang in eite' ngiim ding pen Paul in “Pesian lungdamsak ding” (2Cor. 5:9, 10; Col. 1:10; 1Thess. 4:1; Heb. 11:5 enkak in) cih. Eima' lunglut nate zong eima itte a dingin a hoihpen ding temah lunglut dingin Pasian hong puahphat ding leh eite' itna in amaute a phakzawhna ding thungen ding hihang. “Unau lungsim ki itna nei unla, khat leh khat ki zahtak bawl ding lamsang kidem un. Thadah kei unla nakpi takin nasem un. Lam-etna na neihna hangun lungdam in om tauntung unla, na thuak uh ciangun lungduai takin thungen tauntung un. Na Christian pihte uh kisapna bangin na neihsa te uh hawm unla, lengla do siam mite nahi ta un” (Rom. 12:10–13).

**Pesian in Christ hangin eite hong saan mahbang in, eite'n mite bangzah saanhui hiam? Nangma pumpi na it bangin vengte itding cihthu leh** (Siam. 19:18; Mate 22:39) **nang tungah hong kibawl ding na deih bangin mi' tungah zong bawl ding cih thukhun tungpan bang khuavak na muthei hiam?**

**FRIDAY**

*January 17*

**Ngaihsutbeh ding: Ellen G. White, *The Desire of Ages* lai. 662–680 “Let Not Your Heart Be Troubled” simin.**

“A mite amau leh amau tualniam a kisak uh manin Topa dah hi. Ama’ teel tuamna gamh ngahna dingin man tampi a piaksa ahih manin, amau’ manphatna theisak nuam hi. Pasian’ deihna hi a, hikei peuhmah leh A Tapa sawl liang in, amau tatna dingin tua zah man tampipi piakhia loding hi. Topa minthan sakna dingin amau tungah a kikal amau’ hihtheih zah ahihna tungtawn in Topa lungdam mahmah hi. Topa’ kamciamna sungah upna kip peuhleh nalianpipi lam-et ding om hi.”

“Christ min tawh thungetna vanglian hi. Ama’ gamtatna, Ama’ lungsim leh Ama’ sepnae sang ding hihang. Honpa’ kamciamna pen eima’ omzia tungah kinga hi. ‘Kei nong it uhleh Ka thukhamna zui un’. Topa in mawhna sungmah ah hong hon hilo a, mawhna sungpan in hong honkhia hi a; Amah a itte peuhmah in amau’ itna uh itna mahleh thumanna tawh lakhhia ding uhhi.”

“Thumanna diktak pen lungsim sungpan ahi hi. Christ tawh kop in lungsim nasep khopna hi. Eimah lungkim hipeuh leng, eima ngaihsutna leh ngiimna sungah Amah kilangh sak ding a, eima’ lungsim pen Ama’ lungsim tawh luang khawm sak in; Ama’ thu manna sungah eima’ sepnopna hong omsak ding hi. A kisiansuah eima deihna in, Ama’ na sepna sungah

*lungkimna sangpen ngah ding hi. Pasian i theihkhak hampha i kisak ciangin, eima' nuntakna in thuman tawntungna nuntak hiding hi. Christ' gamtatna manphat sakna leh Pasian tawh kikhawlhna hangin mawhna pen hong huathuai mahmah ta ding hi.*”—Ellen G. White, *The Desire of Ages*, p. 668.

#### Kikupding Dotnate:

1. **“Angkhuallo takin ngah” cihpen bang a cihna aitam? Piakkhiatna leh ngahna tegel kizopna in vantung leh leithak ah koibang ahi tammaw?**
2. **James Webb Space Telescope vantung gamla etna lawngpi sangin a hatzaw thampek vantungte galkhat panin hongpaipa in—Daniel pen *ki chamudot*, “ithuai, deihhuai, manpha” thumvei sitset na cihi. Daniel 9:23 ah, Gabriel in *ki chamudot attah*, “nakpi takin hong ki it hi” cihi. Daniel 10:11 ah zong, vanmi khat (Gabriel hihtuak) in *ish chamudot*, “a ki it mahmah pa” ci a, Daniel (*Dan. 10:19*) ah zong omkik hi. Pasian tawh kisai bang kici a, eitawh bangzah hong nai-om cihngaihsunpha in. Bang lam-etna hong guan naci hiam?**

#### Lesson 4

January 18–24

#### PASIAN KHASIA BAIH IN HEHPIHBAIH

##### SABBATH NITAKLAM

**Tukalsung Simding:** Late 103:13; Isa. 49:15; Hos. 11:1–9; Mate 23:37; 2Cor. 11:2; 1Cor. 13:4–8.

**Kamngah:** “Nupi khat in ama’ nawi atEEP naungek mangngilh thei ding ahi hiam? Mangngilh kha thei mah ding hi; Ahi zongin Keimah in note kong mangngilh kei ding hi” (Isa. 49:15).

**Lungsim** phawktheihna pen pelhuai hetlo kisaciat hi. Pawlkhat in tua phawktheihna pen pianpih zong hi khollo ahiih manin, mi khat hoihna pen tua phawktheihna tawh khen ziau ding zong hituanlo a ci om uhhi. Tanglai Greek thupilna sungah “*theih theihna*” pen khasiatna lamah tung pahpah lo a, ama’ phawktheihna khawng a thulian lualo-te ah a kemcing zo tepen etteh huai ci uhhi.

Phawktheihna kamkaih kei leng buaina hong tun thei hi. Pasian in mihing hong bawl ciangin phawktheihna hong guan a, Pasian mahmah zong Laisiangtho sungah tua phawktheihna mah nei in phawk baih mahmah zaw hi. Laisiangtho in Pasian in zong tua phawktheihna thukpi mah nei ci ahiih manin, a sia pianpih hetlo ding hi – Pasian pen hoihna picing leh pilna picing tawh kidim Laisiangtho in cihi.

A thuk mahmah phawktheihna tawh a kidim Pasian hong itna panin kaihkhop theih ding thumaan thu hoih tampi om hinapi; a kidophuai thu khat pen, Pasian hong itna in a picing itna ahiah manin mihing in tua bang linlian neithei lo ding cih thu ahi hi.

**SUNDAY**

*January 19*

### **Nukhat Hong Itna Khengval**

Mihing a dingin itna lianpen in tano tungah nulehpa' itna ahi hi. Laisiangtho in zong nulehpa-tano kizopna pen, mihing tungah a lamdang mahmah Pasian in nakpi takin hong hehpihna tawh ki tehkak a, Pasian hong hehpihna hilhcian theihna dingin a kinaipen a thuk pen leh a hoihpen hilhcianna dingin a kizang ahi hi.

**Late 103:13; Isa. 49:15 leh Jeremiah 31:20 simin. Hihmun tengin Pasian hong hehpihna omzia leh a thukna bangteng hong lak hiam?**

---

Hihmun tengah, Pasian in eite pen a it mahmah a tano te, nuhoih khat pahoih in a tano te a it bangin hong it cihi. Hinapi, Isaiah 49:15 in mihing nu khatin “*a tano mangngilh*” ama’ naubu sungpan in a piangkhia tapa mangngilh phial mahleh, Pasian in a tano te mangngilh ngeilo, hong hehpihna kiam ngeilo hi (*Kahla 3:22*). ..

Hebrew kammal **raham** pen hehpihna ci in kizang a, mun dang tampi ah Pasian hong hehpihna kicing mahmah cihna in kizang hi. Tua kammal pen Hebrew pau in naubu **rehem** panin hongpai hiding in ki um hi. Pasian hong hehpihna pen “**naubu bang nu-itna**” ci in laisiamte in tehkak liang uhhi. A taktak in cileng, mihing lel

khatpeuh hong hehpihna leh nu’ khat in a tangeek a hehpihna sangin a lianzaw thampek ahi hi.

Jeremiah 31:20 ah zong, Pasian in a kamciam mite in Amah langdo den a lungkham sakden hinapi “**ka it Ka tapa, Ka ngaihno**” ciliang hi. Bek thamlo Pasian in “*amah ka lunggulh mahmah a, amah ka hehpih taktak ding hi*” cihi. Hiteng ah “*hehpih*” a cihna pen Pasian hong hehpihna in a kizang **raham** ahi hi. Tua banah, “*Ka lunggulh*” a cihzong pen “*Ka sungkua haam in kiko*” zong kici hi. Hih kammal tepen Pasian’ sungkua suntawng pan in phawktheihna a cihna hi a, Ama’ mite tungah a thuk mahmah Pasian hong hehpihna a pulakna ahi hi. Amau’ cihtak lohna enlo in, amau’ lam-etna khengval in Pasian in Ama’ hong hehpihna lianpi hong luangsuk sakden hi.

**Pawlkhhat bangin, Pasian hong hehpihna pen, nulehpa’ itna thuk tawh kinai sak uhhi. Ahihtei hang, mi pawlkhat te, nulehpa’ itna leh hehpihna a ngah ngei khalo zong om uhhi. Pasian hong hehpihna pen bang thudang peuh tawh a ki tehkak theilai tam maw?**

**MONDAY**

*January 20*

### **Gilpi Gilzang Natlawh liang Itna**

Tehpihbei Pasian in mihing hong itna pen Hosea laibu sungah hong pulaak hi. Hosea kiangah Pasian in “*Hih gammite citaklo in pasian dangte bia uh ahiah manun, Pai inla, hong tulpihlo ding numei paktat khat tenpih in*” (Hosea 1:2,) ci in sawl hi. Hosea 11 in Pasian leh Ama’ mite kizopna a pulakna ah pa in a tano a itna tawh pulaak hi.

**Hosea 11:1-9 simin. Hihmun ah Pasian in Ama’ mite it in a khoina koibang in hong pulaak hiam?**

---

Pasian in Amite hong itna pen nulehpa in a tano a lainatna mahbang ahi hi. Tua pen Laisiangtho in naupang khat lampai hilhna; i it naupang khat pomna; a kisam bangbang kem in khoina cihte tawh lim hong lak hi. Pasal khatin “*a tano a taw*” tawh zong lim hong laklai hi (*Thuhilhkik 1:31*). “*Ama’ itna leh hehpihna tawh amaute honkhia a, a beisa hun khempeuh ah amaute hoihtakin kem hi*” (*Isa. 63:9*).

A hoi dengdang ngeilo Pasian cihtakna pen, Ama’ mite pen citaklo den uh a, Pasian nawlkhiin uh ahih manun, Pasian khasiat liang dongin thukhenna thuak liang uhhi. Pasian pen hehpih thei mahmah ahitei hang, thukhenna sungpan pampaih pah tuanlo hi. Mailam a sinna te sungah itna leh thumaan tonkhawm i mu ding uhhi.

Na gilpi kitok gawp liang dongin naheh a suak ngei hiam? Tua mah pen Pasian in Amite’ tungah a lungsim puak hong lahna ahi hi. Hehpihna thosak cihpen (**kamar**) hi a, tuapen kumpi Solomon kianga hongpai, naungek khatpen kei aa hi a ci tentan nupi nihte gel tangthu sungah kizang hi. Solomon in tua naungek phelnih suah ding (naupang suksiat nopman hilo) acih ciangin, naupang nu takta sunga hong piang lainatna a cihna ahi hi (*1 Kumpite 3:26; leh Pian. 43:30 enkak in*).

**Nulehpa ahi sa peuhmah in tua tangthu in bang gennuam cih tel peuhmah uhhi. Leitung ah tehkak theih ding itna dang om tuanlo hi. Pasian hong itna taktak, leh hong piaktheih lungnopna hih tungtang ah bang peuh omthei ding hiam?**

TUESDAY

January 21

**Zeisu Hong Hehpihna**

Pasian hong hehpihna limpua dingin Laisiangtholui in a zat tengmah Laisiangthothak in zangpha kik hi. Paul in Pa pen “*hehpihna a neipa leh kisapna khempeuh hong huhp*” (*2Cor. 1:3*) naci hi. Paul mahin Ephet 2:4 sungah “*hehpihna lian mahmah*” ahih manin, “*hong itna lianpi tawh Ama’ it mite tankhia*” cihi.

Gentehna dangah zong, Christ in awm sungpan, gilpi gilzang natlawh liangin itna tawh Pa Pasian hong hehpihna lim hong lak hi (*Mate 18:27; Luka 10:33; Luka 15:20*). Haksatna thuakte Zeisu in veii in a hehpihna pen Laisiangtholui leh a thak in a zat kammal teng mah Gospel laibu teng in zong zangkik uhhi.

**Mate 9:36; Mate 14:14; Maku 1:41; Maku 6:34  
leh Luka 7:13 simin. Mate 23:37 simbeh in. Hihmun  
tengin Mihingte’ tuaksiatna tungtang ah Zeisu in  
koibang in veii hi ci hiam?**

---

Mihingte haksatna leh kisapna sungah Christ in hehpih mahmah ahihlam Gospel laibu sungah ki pulak phapha hi. Hehpihuai sak ciang bek hilo, amau kisap nate zong vahawmsak lai hi.

Zeisu in Amite kahlai hi. Christ’ mit pan hong luang khitui pen khuapi a et manin a luang cih phawk ding hihang. “*Akpi in a kha tawh a note a huai mah bangin na mite kahuai nuam tawntung a, ahi zongin na utkei hi*” (*Mate 23:37*). Hiteng a Christ kahna kammal tengin, Laisiangtholui sung tawntung a Pasian mah hong

phawksak hi. Hih vasapi in a note huai cihpen, tualai nisuhna gamte in Pasian bekmañh limpua in a zatzel uh ahi hi. Thuhilh kikna 32:11 sungah Pasian pen, a note tungah a kha a zap, a khate zak in a note a man, a kha tawh a note a pua muvanlai tawh limpuasak uhhi.

**Pasian hong hehpihna lian pen, itna lianpi hong lahkhiatna Zeisu longal bangmah dang tawh tehpikh theih ding omlo hi. Ahihang, Christ in Pasian' limpua picingpa bek hilo, mihing' limpua picingpa zong ahi hi. Eite'n zong midangte kisapna don in, Pasian hong itna tangko bek hilo kician takin hong itna lim ciing zaw in Christ nung zui dingin eima nuntakna koibang in puahpha thei ding ihi hiam?**

**WEDNESDAY**

*January 22*

### **A Haza Pasian**

Laisiangtho Pasian pen “*hehpihna kidim Pasian*” ahi hi. Hebrew pau in Pasian pen ***el rahum*** (*Thuhilhkik* 4:31) ci uhhi. “***El***” cihpen “*Pasian*” hi a, ***rahum*** a hihleh, hehpihna ***raham*** panin kammal dangkhat ahi hi. Tua hi a, Pasian pen hehpihna kidim Pasian bek hilo in, a ***haza*** Pasian, ***el qana*** zong hilai hi. Thuhilhkikna 4:24 in zong “*Topa na Pasian uhpen a kangtum thei meikuang, a haza Pasian ahi hi (el qana)*” (*Thuhilhkik* 4:24; 6:15; *Joshua* 24:19; *Nahum* 1:2).

**1Cor. 13:4 in zong “itna in hazalo” cih. Hithei ding maw, Pasian lah “a haza Pasian” cizel? 2Cor. 11:2 sim inla, Laisiangtho sung tawntung ah Pasian’ mite cihtak lohna teng ngaihsun pha in (Late 78:58 enin). Hihteng panin Pasian “hazatna” tawh kisai bang khuavak na mu hiam?**

.....

Pasian’ “***hazatna***” kitelkhialsak den hi. Nupa kikal zi leh pasal kihazatna bangin ngaihsun le cin, ki zahtak tuahna in mu khollo ding hiteh. Hazatna cih limlim a hoihlo lamta in ki ngaihsun zaw tek hi. Laisiangtho leuleu in, hazatna peuhmah a hoihlo lamin zang hetlo hi. A thumaan itna nei pasal khat in a zi tawh a kizopna ah thudang bangmah a lutsak loh bang ahi hi.

Itna neite in hazalo (*1 Cor. 13:4*) ci hinapi; *2 Cor. 11:2* ah hazatna siangtho zong na omzel leuleu hi. Paul in tua hazatna siangtho pen “*Pasian hong hazatna*” (*2Cor. 11:2*) cih. Pasian hong hazatna bekmañh thumaan hi tawntung a, hong hazatna itna cih ding hizaw hi.

Pasian’ hazatna (***qana***) pen Amite a lunggulh luatna ahi hi. Pasian in midang kihello in Amite tawh kizom nuam hi; amaute’ Pasian Amah bek hinuam hi. Pasian pen a ngaihnu a taai paahpah pa hi a, Ama’ itna pen Hosea bangin sum tawh liau a kul hetlo itna siangtho ahi hi (*Hosea* 1-3; *Jer. 2:2*; *Jer. 3:1-12*). Tua hi a, Pasian hong “*hazatna*” leh “*lunggulhna*” in hehna beisiang hi deklo a, mi ginalo te peuhmah amau tawh kituak thukkikna om ngiat hi. Pasian hong hazatna pen lunggulh hazatna hi a mihing’ hazatna bangin a sialam khat beek zong kihel kilkel lo hi. Deihgawhna om hetlo a, Amite’ mailam leh a hoihna dingin zawl kikal ah sial thawl sak nuamlo hi.

**Pasian in eite hong “hazatna” mahbang in eite’n midangte tungah koibang in haza siam thei ding ihi hiam?**

**THURSDAY**

**Hehpihbaih Khasiabaih**

*January 23*

Laisiangtho Pasian pen hehpihbaih in khasiabaih a, tuamah pen Zeisu Christ sungah nakpi takin hong kilak

hi. Pasian in hehpih siampa hi a (*Isa. 63:9; Heb. 4:15*), Amite' dahna hangin khakham veii in (*Thukhente 10:16; Luka 19:41*), amau' thumna za nuam, dawng nuam in hehnem nuam hi (*Isa. 49:10, 15; Mate 9:36; Mate 14:14*).

**1Cor. 13:4–8 simin. Pasian in hong hehpihbaihna leh hong itna tawh hong kizoppihna teng midang tungah koibang in lengkik sakthei ding ihi hiam?**

---

1Cor. 13:4-8 sunga om itna bang tawh midangte kizoppih nuam hihang. Tuabang mi ahi dingin bang tanvei ki hanciam ngei hiam? Lungduai theilo, migi theilo hihang; deihgawhna, kisaktheihna, ngongtatna leh angkhualna cihte vengsak zolo hihang. “*Lung kiatna, upna, lam-etna, lungduaina leh kipkhona cihte*” (1Cor. 13:7, 8) eima' lungsim sungah kaikhawm mahmah lo hi hang. Tuabang itna pen Kha Siangtho gah in eima nuntak na sungah kinei thei bek hi. Tua Kha Siangtho mahin, Christ sungah upna a nei mite sungah Pasian hong itna hong guansuk ahih manin Pasian phat hihang (*Rom. 5:5*).

Pasian' hehpihna leh Kha Siangtho vanglatna tawh; a dik a thutang den tawntung Pasian lungsim puak leh omzia taktak koibang in dawngthuk thei ding ihi hiam? *Khatna*, itna ahi tua Pasian tungah biakna pia leng a hoih pen dawnthukna hipah hi. *Nihna*, midang tungah hehpihna kidim leng tua Pasian' itna a dawngthuk mah ahi hi. Christian upna sungah lungnuam hithiat lelpueh lo in midang te'n zong tua upna tawh a lungnop theihna ding hanthawn ding hihang. A nunungpen in, eima' lungsim eimah'n khel theilo hang a, Pasian bekmah in hong khelthei cih phawk ding hihang.

Tua hi a, Pasian ading midangte a ding lungsim thak, a siangtho itna leh pumpi sung a buahbang teng a ki siansuah lungsim ngen ding hihang. Eima thungetna limlim zong “*Note khatlehkhat na ki itna uh leh mikhempeuh na itna uh hong liansak semsem tahan la; i Topa Zeisu a misiangtho te khempeuh tawh hongpai ciangin, Pa Pasian' maiah kisuanna om hetlo in lungsim siangtho takin na omthei ding uhhi*

 (1Thess. 3:12, 13).

**Hihbang itna lakhhiat theihna dingin, banghang in, eima lunggulhna pianpih gitlohma teng sihsak phot tadihdih kulthei hiam? Eima' pumpi deihna sihsak phot dihdih nadingin bangteng teeltheih omlai hiam?**

FRIDAY

January 24

**Ngaihsutbeh Ding: Ellen G. White, *Thoughts from the Mount of Blessing* laimai. 6-44 ah “The Beatitudes” simin.**

“Amau' kha zaung mahmah cih thei, amau' sung hoihna bangmah omloh lam a thei mite khempeuh in, Zeisu a etna tungtawn in dikna leh thahatna ngah ding uhhi. Zeisu in ‘vangik pua a gim mite aw Kei kiangah hongpai un’ (*Mate 11:28*) cihi. Nomau' zawnna leh Ama' hehpihna sungah hauhna tawh khek dingin hong zol hi. Eite Pasian' itna ngah taaklo ihih teihang, eite' lungmuanna Christ in kilawm ahih manin, Ama' kiang hong pai mi peuh mah hong honkhia hi.

*Hun beisa sunga bangpeuh nahi a, tu in zong lungkiathuai dinmun ah om ta lecin, thanem, huhpa neilo, lungkia in na om hang, nahih bangin Zeisu kiang nongpai nakleh; hehpihna kidim Honpa in gamlapi panin hong delh in dikna puan tawh hong tuam ding a, hong itna a khut tawh hong kawi ding hi. Ama' gamtatna hoihna puapak tawh hong*

*tuam in Pa kiangah hong pulaak in; Hih mawhneipa' dinmun Keimah' lakkhiatsak zo ing ci ding hi. Hih a vakthap naupang en ke'na, Keimah hong en in ciding hi. Eima' khate langkhat ah Satan in kiko in hong mawhsak banah, ama' mite ci in hong huam nuam mahmah napi'n, Zeisu' sisan kikona in vanglian zautham hi" —Ellen G. White, *Thoughts from the Mount of Blessing*, pp. 8, 9.*

#### Kikupding Dotnate:

1. Eite pen a Pa kiangah hong ki-aap ding cih lungngai pha in. "Ama' gamtatna hoihna puanpak tawh hong tuam in Pa kiangah hong pulaak ding hi". Eima mawhna khialhna teng hangin, lungkiathuai mahmah phial taleh, Pasian in eite hong luansuk Ama' itna bang itna mi tungah lengkik sak zo kei zongin; Zeisu in "Ama' gamtatna hoihna puanpak tawh hong tuam in Pa kiangah hong pulaak" ahih manin, Pasian ing hong sang cih lungdamthu kiang banghang in zuankik zelzel ding hiam?
2. Solomon kiangah naupang khat ii nu dingin hong pai nupi nihte lakpan anu taktak dingin kingaihsun in. 1Kumpite 3:26 sunga kammal teng a paukhianu lungsim ding ngaihsun in. Hosea 11:8 sunga Pasian in Amite ading kampauna te tawh koibang hi nasa a, bang khuavak nangah lawh hiam?
3. Lungdamthu sungah Zeisu in Amite ki tangsapna teng veii mahmah hi. Amah'n bang hih hiam? Amite ki tangsapna teng vahawmsak hi. Nangma mimal ahi a, SS khan bup na hi uh zongin tangsapna neite leh hehnep kisamte na koici huhthei ding hiam?

#### Lesson 5

January 25–31

#### ITNA HANGIN PASIAN' HEHNA

##### SABBATH NITAKLAM

**Tukalsung Simding:** Late 78; Jonah 4:1–4; Mate 10:8; Mate 21:12, 13; Jer. 51:24, 25; Rom. 12:17–21.

**Kamngah:** "Amah in hehpihna lungsim nei ahih manin, amau' khialhna te maisak in, amaute susia lo hi; Amah in a hehna ipp zelzel a, a hehna khempeuh phongkhia lo hi" (Late 78:38).

**Pasian'** hong hehpihna icihcih teihang, Ama' hehna buaipih zellai hihang. Pasian in itna ahih manin hehna peuhmah pulak keileh ci uhhi. Tua ngaihsutna khial hi. Ama' hehna zong Ama' itna panmah in hong piang ahi hi.

Pawlkhant leuleu in Laisiangtholui Pasian pen a heh Pasian hi a, Laisiangthothak Pasian ahihleh, itna Pasian ci uhhi. Pasian khatbek om a, alui athak a kibang hi. Itna Pasian in gitlohma tungah heh hinapi – tomgen leng Amah itna ahihman hizaw hi. Gitlohma tunga Zeisu' hehna in thuthuk taktak hi a, Laisiangthothak in zong midikte leh akul kisam bangin Pasian' hehna tamveipi pulak hi.

Pasian' hehna cihpen gitlohma leh thumaan lohna langkhat ah Ama' dikna leh itna tawh dawnthukna ahi hi. Pasian' hehna pen, Ama' hoihna leh itna hangin thumaan lungkim lohna hi a, piansaksa khempeuh tungah om ding hi. Gitlohma leh thumaan lohna a dawnthuk na ahi hi. Gitlohma in a matsa mite leh tua migilote in Pasian' hehna

thosak hi. Pasian' hehna icih in Lamkhat panin Pasian hong itna mah ahi hi.

**SUNDAY**
*January 26*
**Gitlohma in Dahsak**

Laisiangtho Pasian in thumaan it a gitlohma mudah hi. Mawhna leh gitlohma in Amah khasiasak a, tua khasiatna pen nenniam leh bawlsiat thuakte banah, mikhat' gitlohma in amahmah sukha kik lailai man ahi hi. Gitlohma in Pasian piansak sate susia a, tua a gilopa mahmah zong susia ahih manin Pasian in gitlohma mudah hi. Lasiangtho sungah, Pasian pen langdona in phin kinken cihi.

Mihing in Pasian langdo in gilo uh, a lauhuai a mulkimhuai naupang biakpiakna khawng tawh Pasian' maiah kihuina bawl uhhi.

Pasian in mihangte khensatna ombang in nungkin hi.

Mihingte gamdang mite in nengniam uhhi

Mihingte in zong Pasian kiangah hotkhiat ding kiko uhhi.

Pasian in hehpihna lianpi tawh suahtak hi.

Mihingte in Pasian langdo leuleu uh a, nunga sangin suukzaw thamtham lai hi.

Hih mihangte langdona leengpei kipei sungah ngongtat, tatsia den uh a, Pasian in zong mihang' gitlohma bekbek phukha den hinapi; mongneilo cihtakna lungduai takin thuak tentan na, a lamdang hehpihna leh a thuk mahmah lainatna pia den zawsop hi.

**Late 78 simin. Amite' langdo kinken na pen Pasian in a dawn thukkikna hihmun in bangteng gen hiam?**

.....

Laisiangtho sungah, itna leh thumaanna in kihual khawm hi. Pasian' hehna cihipen gitlohma in a sukhak Pasian in a itmi khatpeuh a dingin itna tawh dawnthukna ahi hi. Laisiangtho sungah thumaanlo pipi in Pasian a hehna munkhat zong omlo hi.

Pasian' mite Amah nusia in a khem zel uhpen kum zalom tampi mah hi a, bangbang hitaleh thusia lasia tampi khangin Pasian in lungduai takin hehpihna piateitei (*Neh. 9:7-33*), bangmah tawh a kiteh theilo hong hehpihna leh thuak zawhna tawh itna honglak hi. Late 78:38 ah Pasian in, "*hehpihna lungsim nei ahih manin, amau' khialhnate maisak in, amaute susia lo hi. Tamveipi mah a hehna hemkhia in a sin sosak pahpah lo hi.*"

**Mite tungah gitlohma a kibawl peuhmah nahehsuak mahmah hi. Tua mahbang in gitlohma tungah Pasian a heh dingdan koibang in hong telsiam sakthei hiam?**

**MONDAY**
*January 27*
**Pasian Hehhak**

Pasian in itna ahih manin gitlohma tungah heh hi. Pasian lungduai luat man leh a hehpih theih luat manin a taigawp Laisiangtho kamsangpa khat tungah Pasian in hehpihna lianpi mah pia hi.

**Jonah' tangthu lungngai inla, Nineveh mite tungah Pasian' hehpihna leh maisakna tungah, Jonah in a dawnthukna ngaihsun in, Jonah 4:1-4. Jonah, leh Pasian tangthu bangteng gen hiam? (Mate 10:8).**

.....

Jonah in Pasian' hehpihna lam nih tawh dawngkik hi. *Amasa* in Jonah' lungsim khauhna pulak masa hi. Assyria minamte in Israel mite tungah a ngongtatna teng hangin amau mudah mahmah ahih manin Pasian in tua mite a hehpih ding deih saklo hi. Ei a ding in pilhuai mahmah hi. Tuabang lungsim peuhmah neihkhak lohding kikep huailua hi. Pasian' hehpihna a sangsa mikhempeuh in, ei thalawh tawh a hihatlo tua hehpihna peuhmah pen midang hawmsawn nuam hamtang ding hihang.

*Anihna*, Jonah' dawnthukna in, Pasian' lainatna leh hehpihna pen Ama' omzia cih hong lak hi. Jonah in Pasian hehpihna tawh ki tanau liang khinzo a, Pasian pen "hehpihna tawh a kidim, a hehhak in a migi mahmah" (*Jon. 4:2*) nahi hi cihi. Pasian in Nineveh tungah thukhen na'ng pan kisik teitei ding cih Jonah in thei gige hi. Pasian in mikhempeuh minam khempeuh tungah thumaan leh hehpihna tawh thukhen hi.

Hebrew kammal panin a kilet "hehhak, lungduai" cihte pen "**naksau**" ci in let ding hi zawsop hi. Hebrew kamthuk sungah hehna pen nak tawh genteh uh a, naksauta zahzah pen hehhakna ci uhhi. Pasian "**naksau**" a cihnak vualeh, Pasian hehhak in lungduai a cihna ahi hi. Mihing' hehna dingin hun tampi la khol hetlo lel ahiihang, Pasian pen lungduai in thuakzo khialua, hehpihna pen a khawnkhong in hong luangsak, siansuah nailohpi khawng mawhna hong muhmawh bawlsak mai hi. Bek thamlo, mawhna gitlohma siansuah nadingin singlamteh tungah lampi hong hon in, tua mipa a um peuhmah siangtho ding cihi (*Rom. 3:25, 26*).

**Nang tungah hong khial khatpeuh hehpihna laklo in na omkha hiam? Pasian in nang hong hehpih**  
T-4

**mahbang in, nang zong mi na hehpih theih ding nang tungah Pasian hong bawlsa teng koibang in phawkkik thei ding nahi hiam? Mawh theih na'ng thu pia iih hetloh hang, mi tungah koibang in hehpihna lainatna lakthei ding ihi hiam?**

TUESDAY

January 28

#### A Thumaan Lungkimlohma

Hehna hoihlo tampi a omtei hang, Laisiangtho in zong "*a thumaan lungkimlohma*" zong pulak hi.

Nu khat in, kumthum a phapan a tanuno tualpi ah kimawl a et laitak in, papi khatin a tanuno hong galbawl pak dingin ngaihsun in. Tua nupi heh loding hiam? Hehmah el! Hehna pen itna panin hong piang dawnthukna namkhat ahi hi. Hih gentehna panin "*a thumaan Pasian' lungkimlohma*" telpha pah niteh.

**Mate 21:12, 13 leh John 2:14, 15 simin. Biakinn a ki thaangzatna hangin Zeisu' dawnthuk kikna tungtawn in; gitlohma tungah Pasian' hehna koibang in hong telsak hiam?**

.....

Hih tangthu sungah, a thumaan lungkimlohma tawh Pasian' biakinnpi khawng "guta buluhte kua" suaksak a, meigong tagah leh mizawngte tungpan a meet bawlnuam te tungah, Zeisu in "*a siangtho laupna*" a lakhkhatna ahi hi (*Mate 21:13; John 2:16*). Biakinn nasep khempeuh pen, Pasian hehpihna, maisakna, mawhneite siansuahna mun kimlai, mi zawngkhal pente zawhthawh bawlna mun peuhin kizang hi. Hih kihhuaina tungah Zeisu a heh ding mah hilo hiam?

Maku 10:13, 14 leh Maku 3:4, 5 cihte in Zeisu' a thumaan lungkimlohma dangte zong hong laklai hi. Mite in naupangte Zeisu kiang hong paipih ciangin "nungzuite in tua naupang hong paipihte taigawp" ahih manun; Zeisu a "hehsuak" a cihteh – "**Lungkimlo**" cihna ahi hi. "Tua naupangte Ka kiangah hong paisak un" (Maku 10:13, 14) cizaw hi.

Mundang ah zong, Zeisu in Sabbath ni in cina a damsak manin, Sabbath palsat hi ci-in a mawhsak uh ciangun, Zeisu in zong, "Sabbath ni in a hoih maw asia bawl ding, honkhia ding maw that ding" (Maku 3:4) ci in dawngkik hi. Zeisu in "hehmai tawh akim apam teng en kawikawi in, ahihhang, amau' khialhna leh thu phawk theihlohma hangin khasiat huai sazel" ahih manin, cinapa damsak sawm hi (Mark 3:5). Christ' hehna pen, amau' lungsim khauhna hang in khasiatna tawh kithuah hi a; itna hangin thudik hehna, Laisiangtholui sunga Pasian in itna pen gitlohma in a va sukkhak ciang in a hehna mahbang ahi hi. Itna in gitlohma tungah banghang in heh theilo tuan ding, itna in a itmi gitlohma in sukha mawk hiven?

**"A thumaan lungkimlohma" khawng zong selo dingin koici kikep theih ding hiam? Tuabang zon ding banghang in baihlam mahmah a, tua a khelmei thaang pan koibang in kikem thei ding ihi hiam?**

**WEDNESDAY**

*January 29*

#### **Pasian in Lungsim Tawngpan Hong Gawtlo**

Laisiangtho sungah, totcil leh nenniam thuakte a khasiatna leh tuabang in a tatsia mite tungah thumaan lungkimlohma lak den hi. Gitlohma omkei leh, Pasian zong hehlo ding hi. Ama' hehna peuhmah Ama' piansak sate a susiate tungah heh ahi hi.

Kahla 3:32, 33 sungah, Pasian in lungsim tawngpan hong Gawtlo (*lungsim takpi*). Gitlo gamtate thukhen nuam hetlo hinapi, itna thukhenna mah hong kal hi. Pasian in Amite maisak zelzel in kisikna tawh Ama' kiang hong zuatkik na'ng hunhoih pia zelzel main hih atung a thupen thumaan ahihna honglak den hi. Kamsang khatkhit khat tawh, Pasian in Amite samkik zel hinapi, amau un nialzel uhhi (Jer. 35:14–17; Late 81:11–14).

**Ezra 5:12 leh Jeremiah 51:24, 25, 44 simkak in. Babylon hunlai in, Jerusalem tungah a tung thukhenna koibang in hong telciansak nasa hiam? (2Khang. 36:16.)**

---

Ezra 5 sungah, kisik vetlo in Pasian hehsak den uh ahih manin, Pasian nungkin liang in, Amite "Babylon kumpipa' khutsungah pia" (Ezra 5:12) cihi. Tua zong Pasian' hehna a "dam zawnh naunloh ciang" (2Khang. 36:16) cipan lai a, tua nung ciangin, Pasian in Judah mite a bawlsia Babylon tungah thukhen hi (Jer. 51:24, 25, 44; Zech. 1:15).

Pasian in Amite tungah a thukhenna dang tampi takmah Laisiangtho sungah om a, galte' khutsungah Amite "**pia**" (Thukhente 2:13, 14; Late 106:41, 42) a, tua zong mite in Topa nusia in minamdagte "**pasiante**" biak ding a khensatna uhtawh kizui cilai hi (Thukhente 10:6–16; Thuhilhkik. 29:24–26). Pasian' hehna pen gitlohma thuhilhna hi a, a tawpna ah gitlohma khempeuh ki susiasiang ding ahih mahbang in, tua hehna zong, mawhna, langdona leh gitlohma khempeuh a ki suksiat siangna ding, khua vannuai a hoihna dingin Pasian hong itna hong kilahna ahi hi.

**Pasian in mi khatpeuh tungah thukhen nuamlo  
cihthu hangin, Pasian hehna tawh kisai koibang in hong  
telcian saktuam hiam? Pasian zong hehhak ahih manin,  
ei zong eima kimlehpam tungah thuakzawhna  
lungduaina neihhuai lomaw? Bawlsiat thuakte kepcin  
kawmin koibang in kidophuai nasa hiam?**

THURSDAY

January 30

**Hehpihna Lak**

Pasian' hehna pen "**lauhuai**" mahmah hinapi, ngongtatna cikziat lohna kihello hi. Laisiangtholui leh thak sungah gitlohma langkhat ah Pasian hehna peuhmah pen hong itna hang hizaw den hi. Guksim in a gamta den gitlohma tungah, hoihna sianthona tawh Pasian' hehna in lauhuai khia mahmah hi.

Pasian pen lo-thei-lo itna hi a, hehna bel kisamlo lel hi. Gitlohma leh diktat lohna a omlohma ah; hehna omlo pah hi. A tawp a banna ah Pasian' itna lianpi in vannuai panin gitlohma a hepkhiet siang ciangin, hehna zong heemsiang tading hi. Tua pan kipan gitlohma leh thu diklohma in cikmah hunin piang ngei nawnlo ding hi. Tawntung lungnopna, itna picing leh thumaanna tawh kikhawl ding uhhi. Tualai ah Pasian' hehna kisam nawnlo ding hi. Lamdang taktak ei maw!

**Pawlkhate'n Pasian hehleh, mihindung tungah  
thukkikna hong pia denkeei thei ding maw cih lungkham  
uhhi. Thuhilhkikna 32:35; Paunak 20:22; Paunak 24:29;  
Rom. 12:17-21 leh Hebrew 10:30 simin. Hihmun tengin  
mihindung phu kilak ding koibang in hong kemcing hiam?**

---

Laisiangtho bangin, Pasian in thukhen theihna thu nei a, thu a khen ciangin zong, thumaanna picing takin khen hi. Laisiangtholui leh a thak in, thukkikna pen Pasian a ding in kikohi hi cih. Paul in Rom. 12:19 sungah "Kong itte aw, na hehna uh kuamah tungah thukkik kei un. Pasian thukkik dingin koih lel un," Laisiangtho sungah, "PHULAKNA LEH THUKKIKNA KEI AA HI" (Thuhilhkikna 32:35) cih.

Pasian in thumaan lohna leh gitlohma tungah thukhen ahih manin, Christ in Amah a ummi a ding lampi khat bawlsak hi. "Zeisu in hong tung ding Pasian hehna panin hong honkhia" (1Thess. 1:10; Rom. 5:8, 9) cih. Pasian' geelna bang hileh: "Pasian in Ama' hoihna a thuak dingin ei hong teel hilo a, i Topa Zeisu Christ hangin hotkhiatna a ngah ding in a hong teel ahi hi" (1Thess. 5:9) cih. Pasian hehna pen a kimawk nawlkhiin hilo; Zeisu a ummi peuhmah Christ hangin tua hehna panin suakta ding hi.

**Christ' hong thoihna in thumaan lamto kawmin,  
Pasian hehna pan hong khakhchia hi. Nang mawhna  
khempeuh pampaih in, nang a ding tua zah hong  
vaihawm sak ahihleh, nang zong midangte tungah  
bangzah hehpih siam thei ding nahi hiam?**

FRIDAY

January 31

**Ngaihsutbeh ding: Ellen G. White, *Patriarchs and Prophets* laimai 315-330, "Idolatry at Sinai" simin.**

Bawngno lim tawh kisai in, Ellen G. White in, "Israel mite in amau hamphatna dingin Kumpipa in apiak thute lungkim takin thumang ding hi ung cih a kamciamsa pelhna tawh mawhna lianpi bawlha uhhi. Pasian' ukna a kip nakleh thu palsat khempeuh thumaan in thukhen teitei ding hi. Tua kaumkal mahah Pasian hehpihna hong lailut hi. Thukham a kipsak laitak mahin, kisik theih ding hun deitheel theihna pia

dihdih zen hi. A kisusia miteng ahih leh a langdo paisuak teng ahi uhhi."

"Hih mawhna pen kigaam teitei ding a, kimlehpam minam dangte in milim biakna peuhmah, Pasian deihloh lam a theihna dinguh ahi hi. Mawhneite tungah thumaan thukhen na tawh, Pasian' khutzatpa Moses in, amau' mawhna nialna in mipi maiah laitawh ciameh ding cihi. A nungciang in Israel mite in amau vengte milim biak khaung mawhsak khaleh, a galte un zong; No zong Jehovah ka Pasian uh ci napi, Horeb ah nomau zong bawngno lim bawl nabia ta vevua leh ci ding uhhi. Tua thumaan a theihna dingun ki sawlngawh phial hita mahleh, Israel tate in zong a mawhneite kigapna lakhchia thei a, tua tungtawn in amauta mawhna ki tuamkoih tuan hetlo cih a theihna ding uh ahi hi."

"Itna in thumaan sangin neuzaw tuanlo ahih manin, hih mawhna thu kikhen teitei ding hi. Mi awntampi tungah thukhenna a tun lohna dingin mi tul tampi mahin thukhenna thuak kul hi. Tampi a hotkhiatna dingin a tawmzaw gawt kul hi."—Ellen G. White, *Patriarchs and Prophets*, pp. 324, 325.

#### **Kikupding Dotnate:**

- 1. Pasian' hehna tawh mi tampi lungsim abuai uhpen na bangci ngaihsut hiam? Bang in tuathu hong telsiam sak hiam?**
- 2. Pasian in zong khatvei beek a zon ngeiloh thukkik na'ng hun na zonzon ciangin bang buaina piang zel hiam?**
- 3. Israel mite'n bawngno' lim tawh a langdona hangin thukhenna in, koibang in Pasian hehpihna hong phawksak hiam? Pasian' thukhenna pen hong itna tawh nasepna mah ahihna Laisiangtho mundang koiteng ah om hiam?**

#### **Lesson 6**

*February 1-7*

#### **PASIAN IN THUTANG IT**

##### **SABBATH NITAKLAM**

**Tukalsung Simding:** Late 33:5; Late 85:10; Thuhilhkik. 32:4; James 1:17; Titus 1:2; Pai. 32:14; Mate 5:43-48.

**Kamngah:** "A kisattheite in, Keimah, leitungah migitna, thumaan leh thutang a zang kahihna, leh tuate sungah nuam a sapa kahihna thu hong theihna sungah kisathei uh hen. Topa in hihthu hong genkin hi cihi." (Jer. 9:24).

Tanglai Nisuahna lam a "pasiente" pen a kipmello pasiante, zualzang, theihkhola neilo, kihhuai lunggulhnna naupang biakpiakna cihang te kal uhhi.

Thuhilhkikna 32:17 ah, hibang pasiante' nungah dawite om cihi (*1Cor. 10:20, 21*). Amau' biakpiakna peuhmah angkhualna vive hi a, mipite ading khalam khua mialsak zawsop hi.

Laisiangtho Pasian ahihleh tua dawi' thahatna tetawh hong kibanglo ding hi. Yahweh Pasian in hoih a, kikhel ngeilo hi. Tua Pasian' hoihna kipkho hangmah in eite'n zong tawntung ading lam-etna neithei hihang.

Tanglai a pasian diklo teleh, tuhun a "pasiente" tawh enkak leng, Yahweh Pasian in, gitlohma, thuaksiatna, thumaan lohna leh nenniamna cihte awlmawh mahmah a, a vekpi in mawhsak gai hi. Bek thamlo khatvei ciangin tuate khempeuh heemsiang ta ding hi.

**SUNDAY****Itna leh Thutang**

Laisiangtho sung tawntung ah, itna leh thutang tonkhawm den hi. itna dikta in thutang kal niat a, thutanna dik pen itna sung bekma ah omthei hi. Hih tegel tawh kisai kuamah'ki ngaihsun kha hetlo ahihang, tua itna leh thutang peuhmah pen mihing te in thu-kawng hei niat uhhi.

**Late 33:5; Isa. 61:8; Jer. 9:24; Late 85:10 leh Late 89:14 simin. Hihmun tengah Pasian in thutang deih ahihna koibang in khuavak hong pia hiam?**

---

Hihmun ah Pasian in thutang it cihi (*Late 33:5; Isa. 61:8*). Laisiangtho sungah itna leh thutang pen a ki kai-okcip ahi hi. Pasian hong itna leh Pasian' dikna luangkhawm den a, hih leitung ah zong dikna leh thutang om ding deih mahmah hi.

Tanglai kamsangte in zong thutang lote, thukhun hoihlo, tehna diklo, thumaanlo takin mizawng cimawh meigongte bawlsia nengniam cih peuhmah talsik in langdo sisen uhhi. Mihing in gitlohma leh thutanglo vive zang uh hitaleh, Pasian bekma "leitung ah migitna thumaan leh thutang a zangpa hi" (*Jer. 9:24*). Pasian' thukhenna in gitlohma bawlte leh mi a nengniamte tungah gapna pia ahih manin, Ama' tungah a citak mite in a thukhenna hoihsa uhhi.

Dikna leh thutang pen Pasian' ukna gam thu tawphahpi ahi hi. Pasian' itna gam ki ukna lungsim-puak pen thutang leh thudik hi a, leitung kumpite in thumaanlo

takin amau hoihna ding bek hanciam uh ahih manun Pasian gam tawh kibang theilo hi. Pasian sungah "*Itna-kip leh dikna kigau in, thumaan leh kilemla kihual ding uhhi*" (*Late 85:10*).

Eite' lam-etna pen Pasian in ki telcian sak mahmah hi. "*Topa in note tungpan in hong kakh thu in: thumaan thutang sem ding a, itna-kip nei tauntung in, kiniamkhatna tawh Pasian' thu man ding ahi hi*" (*Micah 6:8*). Pasian' omzia khatpeuh lengkik sakthei ding hileng; itna leh tua sungpan hong selkhia a thutanna, lainatna – hiteng pen a bulpi ding ahi hi.

**Mihing te'n thutang a pampaihna lahtheih ding bang peuh om hiam? Pasian' thutanna picing pen koibang in ngen thei ding ihi hiam?**

**MONDAY****Pasian Hoih Kicing in Thudik**

Pasian in thutang it ding leh itna tawh thutang ding in mi samziau hilo in, Pasian mahmah in kicingtak leh sawi hetlo in tuate hong lak hi. Lasiangtho in Pasian pen avek khawzang sangtho, citak, thudik in itna ahi hi.

**Thuhilhkikna 32:4 leh Late 92:15 simin. Hihmun tegel in Pasian' Cihtakna leh Thudikna bangteng gen hiam?**

---

Hite bek thamlo a dang tampi in Pasian thutang in itna ci a – "*Ama' sungah thumaan lohna omlo*" (*Late 92:15 leh etkak ding Late 25:8; Late 129:4*) cihi. Pasian in "*thumaan lo in gamta ngeilo a, a thumaan lote in maizum theilo*" (*Zeph.*

3:5) cihi. Pasian in a thumaan a gamtatna leh thumaan a itlote' gamtatna enkak dih in.

Pasian in mimalsim a ding a hoihpen thei a, mimalkim zong hoihsak nuam in, mi khempeuh kihelkim na tawh a hoihpen suaksak nuam hi.

**Late 9:7, 8 leh Late 145:9–17 simin. Pasian tawh kisai bang gen hiam?**

---

Laisiangtho Pasian pen “*a thutang thukhenpa*” (Late 7:11), Ama’ sungah gitlohma omlo hi (Late 5:4). 1John 1:5 in “*Pasian in khuavak hi a Ama’ sungah khuamial omlo ht'*”. Pasian in hoih kicing bek hilo, James 1:13 in “*Siatna tawh Pasian ki ze-et theilo*” cihi (Hab. 1:13 enkak in). Tua hi a, Pasian’ hoihna leh minthanna zong a kikai-okcip ahi hi. Milim tampi in vanglian teleh Pasian in vanglian kicing a, ahiihang Ama’ vangliatna pen a thutang leh a ithuai te a ding bek ahi hi. Moses in kuama nget ngei hetloh, “*Na vangliatna hong lak in*” acih ciangin, Pasian in “*Keima hoihna khempeuh namai ah kapai sak ding ht'*” (Pai. 33:18, 19) cihi.

**Hizah ahoih kicing Pasian in banghang in hih leitungah gitlohma omding in phalthei hiam? Kikum un.**

TUESDAY

February 4

**A Kikhel Ngeilo Pasian’ Omzia**

**Malachi 3:6 leh James 1:17 simin. Pasian’ omzia bangteng gen hiam?**

---

Malachi 3:6 sungah, Pasian in “*Keimah Topa Kahi a, Ka kikhel kei ht'*” cihi. Pawlkhat inbel Pasian pen bangbang

hitaleh kikhello ngeilo ci-in a um zong om a, anuai simsuk suak leng Pasian kikhel thei cih thu: “*Jacob suan leh khakte aw, note na beimang kei uhhi*” Azom lianah Pasian in Amite kiangah, “*Kei kaingah hong ciahkik un, Kei zong note kiangah kong kihei ding ht'*” (Mal. 3:7 ZSV) cihi.

Pasian in a piansak nate tawh kinai takin hong kikhawl a, tuabang in hong kinai kholh mahmah hang, Ama’ omzia pen kipden hi. James 1:17 in zong tua thu kip-sak a, a hoih thu leh na khempeuh Pasian kiangpan hong pai hi a, kuamah deidan neilo hi. Pasian in gitlohma bul hilo hi.

Hihteng leh mundangte ah zong Pasian’ gamtatna kikhel ngeilo ci hi. Tomgen leng Laisiangtho in Pasian’ omzia kikhel lo cihi. Tua hi a, Pasian in A piansak sa, Ama’ itna leh thutang a sangte tawh kikhawl taktak thei hi.

**2Tim. 2:13; Titus 1:2; Heb. 6:17, 18 simin. Pasian’ thu bang gen hiam?**

---

Pasian Amah leh mah kinial ngeilo; zuau ngeilo; a kamciamte pelh ngeilo hi. Tua Laisiangtho Pasian pen singlamteh tung Christ sungah Amahmah hong kipiakhiapa mah ahi hi. A muanhua Pasian hi a, bangmah siit neilo in, eite mailam a ding muanna leh lam-etna neih ding ahi hi. Hebrew 13:8 in zong, “*Zeisu Christ in zanni, tuni, a tauntung kibang ht'*” cihi.

**Nangma nuntakna sungah a sia penpen na tuahkhak ciangin zong Pasian’ hoihna koibang in muang teitei theilai ding nahi hiam? Singlamteh tungah Pasian**

**lim a koipen in Ama' hoihna hong muangsak thei pen nasa hiam?**

**WEDNESDAY**

**A Kisik Pasian?**

Pasian “**kisik**” thei ding maw? Kisik ahihleh zong bang a cihna aihia? Pasian omzia kikhel ngeilo lah i cikhin si a! Laisiangtho mun pawlkhat in bel Pasian “*kisik, kikhel*” peuh ci uhhi. Mihing tading in, kisikna pen hih khialhna khat peuh hang ahi hi. Tua ahihleh Laisiangtho mun khatkhat ah Pasian “*kisik*” acih koici bang hiam?

**Pai. 32:14 Jeremiah 18:4–10 simkak in. Pasian in koibang in “*kikhel*” hiam?**

.....

Hiteng leh mundangdang ah, a kisik leh a kipalaisak mite a dingin Pasian a lungsim kikhel in thukhen nawnlo cih. Mite in amau’ gitlohma pan un, hong kiheikik peuhleh, Ama’ ngiimna omsa thukhenna pan Amah kihei ding cih hong kamciam hi. A kisik mihing tungah thukhenna pan Pasian kihei cihthu pen Laisiangtho’ thukhunpi ahi hi.

**Gam. 23:19 leh 1Samuel 15:29 simin. Hihmun te in Pasian “*kisik, kikhel*” cih a omleh omloh bang gen hiam?**

.....

1Sam. 15:29 ah Pasian in “*a kisik dingin, mihing hilo hi*” cih. “*a zuau dingin Pasian in mihing hilo, a kisik dingin mihing’ tapa hilo hi*. Amah’n a genkhit leh a gensa bangin hih

*ding hilo hiam? Amah’n a cihnak leh a cih bangin tangtung sak ding hilo hiam?*” (Gam. 23:19).

Hih munteng sim kawikawi khitteh, Pasian “*kisik*” vetlo cihna hi zawlo a, mihing bangin Amah “*kisik*” in lungsim “*kikhel*” ziauziau hilo cihna hizaw hi. Tua sangsik in Ama’ kamciamte kem citak a, mihing’ kisikna dungzui in Amah’n lampi khelsak thei a, tuate zong Ama’ Thu leh Hoihna tawh hong hihsak ahi hi. Pasian in’ thukhenna peuhmah kisikna tungtawn in “**kikhel**” in, tua zong Amah hoihna, dikna, itna leh hehpihna hang ahi hi.

**Laisiangtho in Pasian a “*kikhelna*” koitak ah kiteltak in gen hiam? Tuathu in, Pasian pen kipkho paisuak ahihtei hang, piak-leh-lak tawh hong kikhawlpih ahih manin, tua in Amah tumdangsak thei cih bang tawh hong lak hiam?**

**THURSDAY**

**Itna leh Thutang Lenkip in**

Laisiangtho in “*Topa na Pasian uh Amah bek Pasian hi a, Amah it in a thupiak a zuite tungah khang tulhat dongin thuciamna leh itna kip len in a thumaan Pasian*” (Thuhk. 7:9) cih. Ama’ hoihna leh itna pen Zeisu in singlamteh tungah honglak khinzo hi (Rom. 3:25, 26; Rom. 5:8). Late 100:5 in zong “*Topa hoih a, hong itna kipkho tawntung in Ama’ thumaanna a khang khangin kip*” (Late 89:2 enkak in) cih. Tua hi a, Pasian muanhua hi; A tate tungah ahoih khempeuh Amah’ pia hi (James 1:17; Luka 11:11–13 enkak). Ama’ gal dinmun a omte nangawn zong a hoihmah pia veve lai hi.

**Mate 5:43–48 simin. A lamdang Pasian’ itna bang honglak hiam? Hih Zeisu thuhilhna khuavak tungtawn in midang tungah koi hihthei ding ihi hiam?**

Mate 5 in Pasian' itna kicing honghilh hi. A kicinglo itna ahihleh nang hong itte bekmaht it-thukna ahi hi. Pasian ahihleh Amah a mudah te nangawn it a, Ama' gal dinmun a omte zong itlai hi. Ama' hong itna in kicing in hoihkim hi.

Pasian hong itna leh hehpihna in ei' lam-et sangin a saantham cin-na khatah, cikmah in thutang kheng ngeilo hi. Lehgen bilbel leng, thutang leh hehpihna hong tun hi (*Late 85:10*). Laisiangtho hong hanthotna NKJV ah "Hong hehpihna leh Ama' thutang zui unla, Pasian ngak tawntung un"; ESV leuleu in, "Itna leh Thutang Lenkip in" (*Hos. 12:6* leh *Luka 11:42* enkak in) cihi.

A tawpna ah, Pasian in a picing thukhenna hong tun ding hi. Rom. 2:5 in zong Ama'"thumaan thukhenna hong kilang ding" (*Rom. 2:5, ESV*) cihi. A nunungpen in tatsa te in "A vanglian Topa Pasian aw, na nasepna te lamdang in lian mahmah hi. Khang tawntung a Kumpipa aw, na nasepna te ah thumaan in na thutang hi. Topa aw kua in Nang hong kihtalo ding a, Na liatna hong phatlo ding ahi hiam? Nang bek Na siangtho hi. Thumaan in na sepnae mi khempeuh in mu uh ahih manin, minam khempeuh Nang kiangah hong pai in Na maiah hong bia ding uhhi" (*Mang. 15:3, 4; Mang. 19:1, 2*) ci in lasa ding uhhi.

**Isaiah 25:1 ah, "Topa aw Nang pen keima Pasian Nahi hi. Nangmah kong liansak ding a, Nangma min kaphat ding hi. A lamdang nate Na semkhin a, tanglai pek a Na geelnate a kip a kho takpi ahi hi."** cihi. Hizah hun-siapi lakah Pasian phat thei ding maw? Eima' nuntakna pen Pasian ading phatna biakpiakna koibang

**in suakthei ding a, nangma huzaap in koibang in thutang hithei ding hiam?**

**FRIDAY**

*February 7*

**Ngaihsutbeh Ding: Ellen G. White, Steps to Christ laimai 9–15 "God's Love for Man" simin.**

"Pasian' kammal sungah a gamtatzia lak hi. Mong neilo hong itna leh hehpihna Amah tekin honglak khin hi. Moses in *'Na vangliatna honglak in' ci in a nget leh; 'Keima hoihna namai ah ka paisak ding hi'* (*Pai. 33:18, 19*) cihi. Tua in Pasian minthanna ahi hi. Topa in Moses' mai ah apai ciangin, "Topa, Topa, hehpihna nei akip Pasian, lungduai in itna kip tawh a kidim, mi tultampi a dingin itna kip anei, mawhna thu palsatna leh khialhna maisakpa" (*Pai. 34:6, 7*). Amah pen 'a hehhak, a mitigna lian neipa' hi a, 'Amah hehpih siampa' (*Jonah 4:2; Micah 7:18*) ahi hi.

"*Pasian in vantung leh leitung ah sim zawhloh token tampi tawh eite' lungtang hong hen hi. A piansom nate leh leitung in honghen theihna thukpen tetungah, eite tungtaun in Amah ki pulakkha hi. Ahihang tuate limpuakna in Ama' itna lak kim zololai hi. Hizahta thukip teng kawmkal ah, hoihna galpa in mihing lungsim humcip sak ahih manin, amaute un Pasian pen kihtak ding bekin mu uh a; Amah pen a lipkhaphuai mawh maisak theilopa ci in um uhhi.*

*Satan in Pasian' omzia pen a khauh mahmah thutangpa ci in musak a, a khauh, a hi gemgam, a hiteeltaal thukhenpa ci in mihing te in musak hi. Piangsakpa pen a piansom sate tungah, hazatna mittang tawh en giugiau in mawhna a muh phetleh thukhenna pia paahpah cihbang in musak hi. Mong neilo Pasian hong itna leitung ah lakkha in, leitung ah Zeisu mihing lak ah hong teeng ahihna pulak in a*

*tunga khuamial pen hepkhiat ding ahi hi.*"—Ellen G. White,  
*Steps to Christ*, pp. 10, 11.

### Kikupding Dotnate:

1. Pasian' minthanna leh A hoihna tegel in ki henkop cih banghang in theihhuai hiam? A tunga thu in, Pasian pen itna bulphuh selo in Athu khel mengmeng cih upna koibang in hong puahphatsak hiam?
2. Pasian' hoihna na lunghiang ngei hiam? Leitung gitlohma tawh kizui in Pasian nasepna khatpeuh hangin, Pasian' hoihna a lunghiang mi khatpeuh namu ngei hiam? Tua dotna tungtawn in nangma a ding na bangcih a, midang Pasian' hoihna a lunghiang khatpeuh a dingin na koici huhtheih ding hiam? Maikal sinna ah maw.
3. Monday' dotna lakhia in kikum un. Kidona Lianpi omzia taktak in, tulai a gitlohma te koibang in hong telpha sak thei hiam?

### Lesson 7

February 8–14

### GITLOHNA HANGIN BUAINA

#### SABBATH NITAKLAM

**Tukalsung Simding:** *Job 30:26; Mate 27:46; Job 38:1–12; Late 73; Pian. 2:16, 17; Mang. 21:3, 4.*

**Kamngah:** "Amaute' mit panin khitui khempeuh nulsak ding hi. Thu luisate maimang khin ding ahih manin sihna dahna leh nasa a kahna cihte om nawnlo ding hi." (*Mang. 21:4*).

**Christian** te' thuak buaina lianpen in gitlohma mah hi a – ahoih kicing leh itna neipa Pasian pen tua gitlohma tawh koici leptuah theih ding cih ahi hi. Tomgen leng, Pasian pen hoih kicing a vanglian kicing napi, banghang in gitlohma tuazah beek thei veve hiam? Hih thu pen lai pilna theih zawh pak ding hilo a, Pasian hong itna theih zawhlohma dingin lungsim hong humcip thu khatmah hipah hi.

"Mawhna kipatna bulpi pen mihing tampi tak ading in lungsim a ciakniak sak mahmah thu khat ahi hi. Gilopa' nasepna pan hong piangkhia suksiatna khempeuh muthei uh ahih manun; hih Khatbek a om vang lianpenpa, pilna kicing leh itna Pasian' khut sungah hibang thusia koici piantheih hiam cih lungkham uhhi. Amau' muhkhiat zawhloh thuthuk khat bel om ngel hi"—Ellen G. White, *The Great Controversy*, p. 492.

Pasian omlo cih a umte in tuathu mah a uplohma thu bulpi ahi hi. Mai kallam a kizom in Laisiangtho Pasian hoih kicinna i sin ciangun, gitlohma in bang zahta in leitung susia taleh Amah muangta ding hihang.

**SUNDAY**

*February 9*

**“Topa aw, Bangtan Sawtlai Ding Hiam?”**

Tua gitlohma pen khang tawntung in a om denden a, Laisiangtho in zong ciamteh sitset hi.

**Job 30:26; Jer. 12:1; Jer. 13:22; Mal. 2:17; Ieh Late 10:1 simin. Hihmun tengin gitlohma buaina pen mihind a dingin a sangpen buaina koibang in hisak hiam?**

---

Hihteng in tuni ciang dong mah in dotna omsak lai hi. A tawntung a hikei zongin a om zelzel mi tatsiate nuamsa in migilote in banghang in hampha thei hiam? Midikte leuleu banghang in thuaksia hiam? Gitlohma a om laitak Pasian koi ah om hiding hiam? Gitlohma a pian laitak, banghang in, Pasian in a buu bang liangin hong gamlat thei hiam?

Hih gitlohma tawh kisai dotna teng khempeuh gawmkhawm in ngaihsun lecin, tua *gitlohma tengpen neuseh luat ding hihetlo* hi. Gitlohma bangzah om a, bangzah pha cih tawh neubawl lua kei ni. Gitlohma in siahuai lua ahih manin – ei sangin Pasian in mudah zaw tham hi. Laisiangtho sunga gitlohma leh thutang lohna hangin kikona awging te, eite'n zong zawp ngeingai ding hihang: **“Topa aw, Bangtan Sawtlai Ding Hiam?”**

**Mate 27:46 simin. Hih Zeisu kammalte na teldan koibang hiam? Gitlohma in koibang in Pasian sugiaigiai cih himun in hong pulak hiam?**

---

Singlamteh tungah, Zeisu in zong tua dotna mah kiko in “*Ka Pasian, Ka Pasian aw, banghang in Kei hong nusia nahiam?*” (Mate 27:46) cihi. Singlamteh tungah Christ hong thuakna leh a sihna hangin, Pasian mahmah zong giropa in sugiaigiai cihna ahi hi.

Lam-etna omlai lel e. Singlamteh tungah Christ' nasepna in gitlohma bulpipa, Satan, a bul abaal in lawnkhia khinzo hi. Late 22:1 sunga kammal te Zeisu in a zang kik hi a, Late a tawpna lamteng peuhmah gualzawhna ahi hi.

**Singlamteh a, Zeisu in A muhphak nailoh hun hong pai ding khat lam-en hi. Eite'n zong li muhbaan nailoh mailam hun khat ading koibang in lungmuanna nei thei ding ihi hiam?**

**MONDAY**

*February 10*

**“I Theihloh Na Tampi Omlai”**

Hun tawp ciangin giropa tungah gualzawhna hita ding hi. Tua masiah inbel dot ding buaina tam lualai hi. Tua gitlohma buaina vai in eite noptuamna ding bang omthei ding hiam?

**Job 38:1-12 simin. Pasian in Job a dawnna kammal in gitlohma tungah bang khuavak hong taan hiam? Eite' theih phaklohma ah bangteng om cih bangzah thei maw theilo ihi hiam?**

---

Job in thuaksia lua lawmlawm ahih manin, hizah gitlohma in bang dingin ama' tung ah hong tung hiam cih dotna tampi pia hi. Ama' theih phaklohma mun vantung ah bangthu om cih theilo pipi khawng, ama' dotna teng a dawng dingin mipi leh Pasian to hi (*Job 1-2 simin*).

Pasian' dawnkikna bel khauhbak hi. Khat envat leng, Huihpi lakpan in Topa in Job dawngkik a: “*Kei' pilna hong nial dingin nang kua nahi hiam? Na theihlohlam a kilangsak nahi bek hi?*” (*Job 38:1, 2*) cihi. Letkhiatna khat leuleu ah “*Na theihna taum mahmah a na gennop lah tamlua maw?*” (*Job 38:2, CEV*) cihi. Tua banah Pasian in “*Leitung tawphah Ka phahlai in nang kaw'h om na hiam?, Pil na kisak leh hong genin*” cihi.

#### **Job 42:3 simin. Job' dawnkikna in eima' dinmun tungah a phawkhuai bang khuavak hong taan naci hiam?**

---

Pasian in Job a dawnna panin, Job in a theihloh leh a telloh thu tampi omlai cih telcian sak hi. Job mahbang in eite zong, leitung ah thu tampi piang ngeingai napi, tuate nun glam ah bang om cih eite'n theilo hihang. Eima' dotna ading dawnna in bangteng cih i theihloh manin; nakhempeuh bawlhat ni ciangin ei a ding dawnna hoih om nawnlo cihna zong hi tuanlo hi. Tua ahih manin, lam tampi taktawh hong kilaksa Pasian hong itna muang ding hihang.

**Eite theihna a tawm luat lam ngaihsun in. Sinna a haksa penpen ahi gitlohma leh thuksiatna tetawh kisai in dawnna i ngahloh dotnate koibang in nuntakpih thei ding ihi hiam?**

TUESDAY

#### **Pasian Up Phatlohma**

Isaiah 55:8, 9 sungah Pasian in “*Keima' ngaihsut nate nomau' ngaihsutna bang hilo a, Keima' paizia te nomau paizia bang hilo hi. Vantung pen leitung sangin a sanzawk mah bangin Keima' paizia te nomau paizia sangin sangzaw a, Ka ngaihsut nate zong nomau ngaihsutna sangin sangzaw hi.*”

Pasian' ngaihsutna in ei a sangin sangzaw hi. Eima' tangthu dingin Pasian' ngiimna pen telhaklua mahmah hi. Thu tuamtuan a dingin Pasian in a sepding seploh ding cihte banghang in theihpih nuam sese ding ihi hiam? Eima' theihna neucik lel tawh tua gitlohma buaina i vanawk zel theihna khat pen, “*Pasian tungah lunghianna*” ahi hi. Pasian tungah lunghiang mi khat in; Pasian in nahoih semthei mah hi taleh, ciangtanh om eima pilna hang in, nahoih hong sepsakna ding a hang thute kithei zolo ci uhhi. Pasian tungah lunghiang mite in, hih leitung' gitlohma tetawh a kisai Pasian' lungsim pen mihing in telcian zolo cihi. Huihlak a lungno lengte eimah'n mutheilo ihih man peuhin kimlehpam huihlak ah lungno omlo peuh hi tuanlo hi. Pasian' ngaihsutna eima theihloh man peuh in, Pasian in eitung ah lungsim hoih hong pualo hi mawkmawk lo hi.

**Late 73 simin. Laphuakpa in ama' kimlehpam a gitlohma teng koibang in phu hiam? Ama' telzia pen a tuampi khat ahihna koibang in guang hiam?**

---

Laphuakpa in leitung' gitlohma hangin lunggim mahmah hi. A kimlehpam a et ciang in migilote daupai cih mu hi. Na khempeuh thutang lo thumaan salo hi.

February 11

Pasian upna leh biakna sangin kiman zawtham sa hi. Tua pen biakinnpi sung a et masiah ahi hi.

Biakinnpi in tua gitlohma thubuai phut theihna ding lampi honsak a – tua pen a thumaan Thukhenpa khat om a, thutang takin thukhen ding cih muta hi.

**Thukhenna leh biabuk nasepna teng Adventist te telcian danin gitlohma tawh buaina tungah koibang in khuavak hong taan naci hiam? Theihnop dot ding tami kawmkal ah, Pasian in thutang takin a thukhenna tangthu in nang a dingin bangzah thupi nasa hiam?**

**WEDNESDAY**

*February 12*

**Teeltheihna in Keem**

Eite'n Pasian' paizia leh Ama' ngaihsutna i tel zawhloh hang, Laisiangtho in gitlohma buaina tawh kisai pawlkhat hong lahsa om hi. Tua gitlohma buaina phut zawhna ding lampi khat pen teeltheihna in hong keem cih ahi hi.

Teeltheihna in hong keem cih muhna pen, gitlohma cih peuhmah teeltheihna zangkhial cihna ahi hi. Tua teeltheihna pen a hoihlam a zat dingin Pasian hong piak ahii manin, gitlohma tawh kisai Pasian i mawhsak ding hilo hi. Tua aihihleh Pasian in banghang in teeltheihna hong pia hiam?

**C. S. Lewis** in, “*‘teeltheihna’ in gitlohma hong bawl sakthei hi mahleh, itna, hoihna lungnopna cihte zong amah bek in hong neisak thei lai hi. Hih leitung ah a taangtaum thei kidim a – setvan gannung bangin taang vive kibawl ta hi. Mihing a ding Pasian limsuaih lungdamna pen suakta takin lungdam ding, Amah leh mi khatlekhkhat ki pumkhat dingin*

*hong suaih ahi hi. Tua hileh amaute suakta ding uhhī*”—*Mere Christianity* (New York: MacMillan, 1960), p. 52.

**Pian. 2:16, 17 simin. Hihmun te in Adam leh Eve tunga Pasian piak lungsim suahtakna koibang in hong lak hiam?**

---

Deihteealna neilo lah hilo bang dingin tuathu pia aitam? Adam leh Eve in thukham singgah hong nekpan kipan, hi leitung ah gitlohma hong dimta hi. Mihing' pukna tangthu teng khit, Piancil 4 sungah, a mawhna sulzui teng in zuipah a, Cain in a nau Abel a thahna hipah hi. Adam leh Eve pukna tangthu in deihteealna zatkhalh manin hih leitung ah gitlohma hong tung cih honglak hi. Laisiangtho mun tami ah lungdeih teelna tami om hi (*Pai. 7:12, 13; Josh. 24:14, 15; Late 81:11–14; leh Isa. 66:4*). Eima nisim nuntakna sungah, eima hihtheih ciangciang, Piangsakpa hong piaksa deihteealna kizang thei lel hi. Deihteealna lo tawh mihing kihi theilo ding hi. Setvan khawng peuh, set milim peuh tawh kibang ding hihang.

**Sony Corporation in set uilim khat bawl in Aibo minvawh hi. Ui taktak mah bang sam napi cina theilo, lii neilo, pet theilo, mitot kulselo, a mul kia selo hi. Aibo uilim lellel ading na taksa na sisan napiakhia nuam diam? Ahih keileh, nangma' teelna in deihteeal theihna tawh Pasian in hong piensak koibang in natel semsem zaw thei diam?**

**THURSDAY**

*February 13*

**Itna leh Gitlohma?**

Pasian in deihteeal theihna hong piak pen it theih na'ng hi a; hih deihteealna zangkhial leng gitlohma piangpah

hi. Dotna tampi omlai e. Pasian in gitlohma (*tawlkhhat*) phal a, hehsa pi in mudah in, tua omlo lehlah itna hong omlo zel a, susia baih zen lehlah, it theihna ding muanna kisia zel ding ahi hi.

*"Pasian telkhialhna tawh leitung khuamial in tuam hi. Khuamial liim teng tangsak in, leitung pen Pasian kiangah tungsak kik ding leh, Satan khem zawhna teng suktan ding ahi hi. Ki zawhthawh bawl theilo ding hi. Zawhthawh bawlna limlim Pasian' ukna thukhun hilo a; itna tawh sepkhiat bek Amah'n deih a; zawhthawh thu leh ukzawhna tawh kizo theilo ding hi. Itna bek in itna phong thei hi. Pasian theihna zong Amah itna hi a; Ama' gamtatzia limlim pen Satan gamtatzia tawh saikak kul limlim h"—Ellen G. White, *The Desire of Ages*, p. 22.*

Deihtelna lotawh, itna om theilo, Pasian in itna ahih manin, Pasian in hong it nading a nial na'ng thu hilo in, itna hong omtheihna dingin suahtakna ahi hi. Mikhat in a patna pan a tawpna dong Pasian bangin theikhhol thei hileh, eima suahtakna sungpan Amah pampaih nuam hetlo ding hi. Ki-itna om keeilo leitung ah kua teengnuam peuhmah ding hiam?

**Rom. 8:18 leh Mang. 21:3, 4 simin. Leitungah gitlohma bangzah tam teleh Pasian' hoihna muantheihna dingin hih munteng in koibang in hong huhthei naci hiam?**

---

E'n khuamial sung nangawn i muh theihloh hang, Pasian in a kipatcil pan a tawp dong mu thei hi. Zeisu sungah upna tungtawn in tawntung nopsakna zong hong

muhkhol sak hi. Rom. 8:18 sungah "Tuhun a i thuakna tepen Pasian in a hong piak ding minthanna tawh ka ngaihsut khop ciangin gentham kasa hetkei hi" cihi. Hih a lamdang kamciamna upna leh muanna i nei beek hiam?

A siangtho mahmah, a bulkip mahmah itna, leh itna sungmah ah i luah suahtakna, eite a dingin a nialloh zawkna in, Zeisu in singlamteh tung tun ding a, thuaksia mahmah ding cih thei gige hi. Ama' pumpi suplawh ding cih thei gige pi in, tua suahtakna mah hong pia teitei hi. Hih thuthukpi masuan tawntung ding hihang.

**Pasian in deihteel theihna hong pia cih lungsim sungah kemcing tawntung inla; na khempeuh Pasian deihna bangin piang hi cih upna pan koibang in hong kemthei ding hiam?**

FRIDAY

February 14

**Ngaihsutbeh Ding: Ellen G. White, *Patriarchs and Prophets* laimai 33–43, "Why Was Sin Permitted?" simin.**

*"Satan vantung pan a kihawlkhiat ciangin, mong neilo itna Pasian in amah susia pahlo hi. Pasian in itna bektawh Ama' na aki sepding leh Amah aki biak ding deih ahih manin, a bawlsa te'n a thudikna leh a mitgina a theihcian uh kul hi. Vantung leh leitung dang a teng khempeuh te in mawhna omzia leh mawhna thaman omzia thei zolo ahihman un, Pasian in Satan susia pah mawk leh, Pasian' thudikna koi hiam cih theilo ding uhhi. Amah ki susia pah mawk leh, Pawlkhat in Pasian' na pen itna omlo in kihtakna tawh sem ding uhhi. Tua hileh zuau khempa huzaap ki beimang sak zolo ding a, langdona lungsim zong beisiang zolo ding hi. Hong pailai ding sim zawhloh khang tampa sunga vanpi leh leipi hoih zawkna dingin Satan leh ama' deihna teng picin sak kul hi. Tua hileh*

*Pasian' mi giitna a thudikna leh a thukham kikhel theihlohma pen cikmah hunin kuamah in mawhsak ngei nawnlo pan ding hi.*

*“Satan’ langpanna pen vantung leitung ading in hongpai ding khang tawntung hun sungah theih den ding kihilhna thu khat ahi hi. Satan’ deih thu in leimi leh vanmi a suplawh sak manin Pasian thukham ki pampaih leh bangci ding cih hong thehsakna ahi hi. Pasian’ ukna a omlai siyah a sunga omte’n lungmuang takin omthei uh cih kilangsak hi. Hih langpanna a ki picinsak manin, hong pailai ding hunah mi siangtho te’n mawhna bawlnuam nawnlo, langpang nuam nawnlo, mawhna thaman thuak nawnlo ding uhhi”*—Ellen G. White, *Patriarchs and Prophets*, pp. 42, 43.

#### Kikupding Dotnate:

- 1. “Theodicy” cih kammal pen gitlohma lakah Pasian in mawhna hong maisakna cihna ahi hi. Gitlohma amah bel maisak theih hilo hi. Mikhat in vantung ah, “Zeisu aw, keima muhtang in ka innkuanpih te kibawlsia in a kithahna thu telcian zo ing. Lungdam ing Zeisu aw?” ci in kiko hileh, Khiatna neikei lua. Hih kidona lianpi sungah a tawpna a gualzo dingpa pen gilopa hilo, Pasian hi cih koibang in telcian thei ding ihi hiam? (Sinna kuana enin).**
- 2. Job bangin na thuak ngei hiam? Nang leh na tanau itte’ thuakna tawh kisai hilhcianna hoih om nawnlo cihbang liangin na khasia ngei hiam? Job in ama’ phunkhiat tengpen a “telloh man” (Job 42:3) cih theikik a, tuathu in eimah leh i tanaute lungkhamna tungah koibang in khuavak hong taanthei hiam?**

#### Lesson 8

February 15–21

### DEIHTEELNA, ITNA LEH PASIAN’ VAIHAWMNA

#### SABBATH NITAKLAM

**Tukalsung Simding:** Luka 13:34; Jer. 32:17–20; Heb. 1:3; Pai. 6:4, 5; Eph. 1:9–11; John 16:33.

**kamngah:** **“Keimah tawh na kipawl manun lungnopna na neihtheih na’ng un hihthu a hong gen kahi hi. Leitung gimna nathuak ding uhhi. Ahi zongin Keimah in leitung nate zokhin kahih manin lungnuam in om un”** (John 16:33).

**Pasian** in leitung ading vaihawm in hong sepsak hi. Pasian’ vaihawmna tungah eima muhzia in Pasian tawh kizopna, mitawh kizopna leh gitlohma tungah muhzia hong tumdang sak hi.

Christian te in Pasian vaihawmna muhzia tuamtuan nei uhhi. Pawlkhat in Pasian in Ama’ vangliatna tawh na khempeuh a pian bangbang pen Pasian ciangtansa ci uhhi. Amah in hotkhat leh mangthang ding zong teel khinzo ci uhhi! Tua muhzia tawh hileh, Pasian sehsa tungsiah mihing in teeltheihna neilo hi. Tua bang upna neite in, mihing’ lung gulhna zong Pasian’ sehsa vive mah hi ci uhhi.

A langkhat ah, Laisiangtho thupiangte panin Pasian in na khempeuh sekhhol lo cih honglak hi. Tua sangsik in mihingte deihteel theihna pia zawsop a, vanmite

nangawn in Ama' deihna langpan in teelthei lai cih honglak hi. Mihing in mawhna leh gitlohma sung a pukna pen tua deihteehl theihna mah zatkialhna hang ahi hi. Hotkhat na'ng ngiimna leuleu in deihteelna zatkialhna hang a thupiang teng bawldamna hi leuleu hi.

**SUNDAY***February 16***Sangpen Eima Pasian**

*"Pasian sangpen hi"* ci in pastor khangno khat sangnaupangte hilh hi. *"Amah in a piang ding nakhempeuh uk hi"* a cihleh, naupang khatin dawngkik in *"Ka uikhawi a sihlai in Pasian mahin uk ding cileng, bang dingin ka ui hong thahsak hiam?"* cihi.

Tua dotna khangno siapa in dawng a *"Thu haksa khat hi ei. Khatveivei Pasian in, i mailam ah a haksa zaw hunte a ding kisakkholna in haksatna hong kantan sakthei hi. Keima ui hong sihlai in zong na kasa mahmah hi. Tua ka kantan khit zawh ciang aihlel, a haksa zaw kali hong sikh takciang in phadawm zawdeuh pah hi. Na sangthei hiam?"* a cihi.

Tawlkhhat a daihkhit ciangin, *"Kapi a thahni a ding kisakkhol dingin Pasian in ka ui that masa aive maw"* cikik hi.—Marc Cortez, quoted in John C. Peckham, *Divine Attributes: Knowing the Covenantal God of Scripture* (Michigan: Baker Academic, 2021), p. 141.

Mi pawlkhat in nakhempeuh Pasian deihbang in piang dingin um uhhi. Leitung thu piang khempeuh pen a huam in Pasian deihna mah tawh piang ahi hi. Pasian pen vangliatna khempeuh neipa hi napi, bang dingin Ama' deih lohpi khawng piang thei ding hiam? Bang thu piang a, bangzah siahuai taleh, Pasian' deihna mah ahi hi. Tua pen hih upna in a hilhcianna ahi hi.

**Late 81:11–14; Isa. 30:15, 18; Isa. 66:4; leh Luka 13:34 simin. Hihmun tengin Pasian' deihna peuhmah piang den hi cih koibang in honglak hiam?**

---

Mi tampi in, Pasian' deihna peuhmah picing ding ci uh a, Laisiangtho genna leuleu a tuampi ahi hi. Laisiangtho in Pasian deihna picing mello cih gengen zel hi. Tua zong, Pasian' deihna langpang vive in piangzaw cihna ahi hi. Thu a piang tampi takte in Pasian' deihna langpang in piang cih Pasian mahin tamveipi telgen sitset hi. Amite a ding thu khat deih sak; A mite'n thudang khat teelzaw uhhi. Pasian' kah la *"Ka mite in Keima' thu hong ngailo uhhi ... Ka mite in Ka thu hong ngai uh henla, Keima' deihbang in gamta uh hileh maw! Amau' galte khempeuh Ka zawh sak pak ding hi"* (Late. 81:11, 13, 14) cihi.

**Na khempeuh Pasian' deihna bang bekbek in piang hi cih upna lungngai pha in. Thuthuk buaina, a diak in gitlohma tawh kizopna ah tua bang upna in bang piangsak thei ding hiam?**

**MONDAY***February 17***Vanglianpenpa**

Laisiangtho sung tawntung ah Pasian' vangliatna kipulak den hi. Na lamdang lianpi tetawh Ama' vanglian a lakhkhatna tamveipi om hi. A tuate kawmkal mahah Pasian' deihloh thu tampi zong piang lailai hi.

**Mang. 11:17; Jer. 32:17–20; Luka 1:37; leh Mate 19:26 simin. Heb. 1:3 zong lungngai in. Hihmun tengin Pasian' vanglian koibang in pulak uh hiam?**

---

Hihmun teng banah a dangdangte in zong Pasian pen vangliatna kidim a, hi leitung zong A vangliatna tawh kemcing cihi. Mangmuhna in zong “*Vanglian Topa Pasian*” (*Mang. 11:17; 2Cor. 6:18; Mang. 1:8; Mang. 16:14; Mang. 19:15; Mang. 21:22*) ci a, tua vanglian pen (**pantokrator**) “*vangliatna khempeuh ner*” cihna ahi hi. Pasian in vangliatna khempeuh nei cihpen kammal bektawh zong hilo, thupiang tuamtuan, vangliatna tawh leitung ngeina palsat in Amite a hotkhiatna zong om liang hi.

Pasian in vangliatna khempeuh nei citateu zongin, nakhempeuh bawl paephah samlo hi. Laisiangtho sunga Pasian in a bawl theihloh thukhat; 2Tim. 2:13 ah “*Amah leh Amah kikhem theilo*” cihi.

Tua mahbang in, Christian tampi in Pasian pen vangliankim (Omnipotent) ci uh a, leitung paizia ngeina bang ahilo khat zong Pasian a dingin a ngeina pianzia khat mah bang hilel hi. Pasian in ahih theihloh thu pawlkhat paizia tawh a kilehbulh om a, Gethsemane huan a Christ’ thungetna tua thute ahi hi. Christ in “*Pasian in nakhempeuh hihthei hi*” (*Mate 19:26*) ci in, singlamteh a zuatkuan in Pa tungah a thungetna ah “*Pa aw a hithei ding ahihleh hih thuakna tawh hong kipelh sakin. Ahi zongin Keima deihna hilo Nangma deihna bang hizau taken*” (*Mate 26:39*) cihi.

Pa in ahihleh singlamteh tunga thuakna pan Christ suahtak theilua zen hinapi, mawhneite hotkhiatna dingin tuabang hihlo hi. Khat teitei ahih kulta hi.

**Laisiangtho in mikhempeuh Pasian in honkhia nuam citei napi** (*etpak ding, 1Tim. 2:4–6; Titus 2:11; 2Pet. 3:9; Ezek. 33:11*), **mikhempeuh hotkhiat hilo ding hi. Hihthu in deihteel theihna leh tua deihteelna tungah**

### **Pasian vangliatna ki ciangtanna koibang in hong hilh naci hiam?**

**TUESDAY**  
**Pasian It Ding**

*February 18*

Pasian in vangliankim citateu zongin a kilawm lopi khawng zong bawlpah cihna hilo hi. Pasian in, a hangthu khat omlo in mi khatpeuh in suakta takin Amah it ciло hi. Suakta takin nakhat sepna pen, tua na sem ding ngaihsun lopi in sem hileng, suakta takin nakhat sem kici theilo ding hi. Tomgen leng, Pasian in zawhthawh thutawh kuamah in Amah itsak lo hi; zawhthawh bawl hileh, itna hi nawnlo ta hi.

**Mate 22:37 leh Thuhilhk. 6:4, 5 simin. Hihmun tengin deihteelna koibang gen hiam?**

---

A lianpen thukham, Pasian itding cihpen in, Pasian in Amah hong itsak nuam cihna ahi hi. Himahleh mikhempeuh in Pasian it tuanlo uhhi. Banghang; Pasian in Amah a itding in mikhempeuh bawllo maw? It theih ding, hong ki-it ding cihte suakta takin hihding vive ahi hi.

**Heb. 6:17, 18 leh Titus 1:2 simin. Hihmun te in Pasian’ thu bang gen hiam?**

---

Gamlakvakna 23:19 sungah, “*A zuau dingin Pasian in mihing hilo*” cihi. “*Pasian zuau ngeilo*” (*Titus 1:2*); Pasian in kamciam kip den in ciampel ngeilo hi (*Heb. 6:17, 18*). Pasian in kamciam khat a piakkhiat khit nakleh, tuakhit a nasepna peuhmah tua kamciam bangin sempah hi.

Pasian in piansakna khempeuh deihtelna pia a, Pasian deihna khengval zong teel thei hinapi, tuabang a teel leh zong Pasian mawhpuak hituanlo hi. Pasian in a bawlsa te deihtelna piakhin ahihleh, mihing in zong Pasian' deihna langdo in a telnop uhleh amau' suahtakna mah hizel hi. Mi tampi in amau' suahtakna tuabang in zang uh a, Pasian in a deih hetloh zong bawl uhhi.

**Pasian in nang hih dingin a deih hetloh, nahih khak bangpeuh a om hiam? Hihthu in deihtelna panin hong piang a lauhuai sulzui bang peuh om ci hiam?**

**WEDNESDAY**

*February 19*

**Pasian Hong Lunggulhsakna leh Cidam na'ng Hong Deihsakna**

**Ephet 1:9–11 simin. Hihmun in sehkholna tawh kisai bang gen hiam? Mi pawlkhat hotkhat ding leh pawlkhat mangthang dingin kisehkhол hiam?**

Greek kammal “sehsa” a kici pen, Laisiangtho sung a prohorizo hi a, Pasian in tangthu ding geelkholt khin cihna hilo hi. Tua Greek pau in “khensat khol” cihna hipeuh hi. Nakhat peuhpeuh pen a masiah in kilang khensat khol thei a, ahih keileh zong midang tawh zong kipawlkhawm in kikhensat khol thei hi. Pasian in a nunung zaw zang cihni.

“Sehsa” (*Rom. 8:29, 30*) kammal pen *piansaksa tengin amau' deihtelna uh tawh a hih ding uh teng a theikholt manin Pasian in a ngiimna teng a cihna ahi hi*. Tuabang in itna siangtho ahih theihna dingin deihtelna a kisap kawmkal mahah, Pasian in mikhempeuh ading a hoihzaw dingin tangthu pen Amah'n makai ngiat hi.

Ephesians 1:11 in zong, Pasian in “*Na khempeuh Pasian' deihna leh a geelsa bangin a piang hi*” cihni. Tuapen Pasian in Ama’lunggulh bang bek in piangsak a cihna maw leh?

Ephet 1:9–11 in hih muhdan kipsak tuak hi. Hih letkhiatna pan bel mihing in “*Pasian' deihna nial*” thei cih pulak hi (*Luka 7:30; Luka 13:34; Late 81:11–14*). Laisiangtho in kikingkalh lo ahihleh, hih munte in koibang in kibanglo thei hiam?

Hihmun teng panin Pasian in “**hong lunggulh sakna**” leh “**cidam na'ng hong deihsakna**” cih namnih om hi. Pasian “*hong lunggulh sakna*” cihpen Pasian’ deihtbang lian in gamtatna pan hong piang thu ahi hi. Pasian in “*cidam na'ng hong deihsakna*” ahihleh, Pasian’ deihna a tuamtuan leh piansaksa khempeuh’ deihtel theihna hi a, khat veivei Pasian’ kiangpan a piakhia zelzel pen a cihnopna ahi hi. Ephet 1:11 pen Pasian in “*cidam na'ng hong deihsakna*” hihtuak zaw hi.

**Pasian in a theikholt na vanglian mahmah a, mite teel ding zong theikholt liang hinapi, Amah in “nakhempeuh a hoihzaw in piangsak” cihni. (*Rom. 8:28*). Hih thumaan panin bang lungnopna nangah thei hiam?**

**THURSDAY**

*February 20*

**Christ in Leitung Zokhin hi**

Pasian hong lunggulh sakna bangin nakhempeuh piang leh, gitlohma omlo ding a, itna leh ki thantuakna bek om ding hi. Hih vannuai buppi zongpen Pasian lunggulhnna bang in ki puapha kik ding hi. Tua kawmkal mahin Pasian in Ama’ deihna pen piansak sate’ deihtelna ngaihsut sak kawmin semkhia hi.

Khomun em kidemna sungah a kihel khempeuh in, hel ding teng khempeuh banah, amau' deihdeih zong hel in amau' emnop khomun nam em thei cihi. A tawpna ah, khomun empa khat in ama' em bangbang hilel ding a, a helnop helthei, hel noplöh zong hello thei lel hi.

Tua mahbang in Pasian in Ama' piansak te' ki-it theihna'ng, suahtak na'ngin, leitung' tangthu ading Ama' teel hetloh, Ama' deihna a langpan natampi mah hong kihelkha hi.

Hi muhdan sungah, Pasian' vaihawmna in lampi khatbek zui ngeungau lo a, Pasian in na langsep hetlo in uk hi. Tua hi a, Pasian' vahawmna pen lampi nih omthei hi. Hih leitung thu pawlkhat pen Pasian hangin piang hi napi, a dang teng ahihleh, piansak sate' deihna bangin gitlohma zong a piang ahi hi. Pasian deihloh thu tampi tak zong piang veve hi.

**John 16:33 simin. Gimna tampi kawmkal mahah, bang hong pia naci hiam?**

---

Thuaksiatna tampi kawmkal ah, mihing te in umkhial uh ahih manun, a upna uh ki liing ding uh a, thuaksiatna pan ka suakta beek diam ci in lungkham ding uhhi. Zeisu in a tumdang mahmah tangthu khat hong gen a, Ama' nungzuite in thuaksiatna tampi thuak dinguh hi napi, Christ in leitung zokhin ahih manin, amau' ading lam-etau omveve cihi (*John 16:33*).

Thuaksiatna haksatna khawng aki phutphut pen Pasian hong lunggulh sakna bang hi lianlo hi. I lungsim sungah kidona lianpi phawkden ni. Hoihna dingin gitlohma

a kisam masa phot zong hilo napi, Pasian in tua gitlohma sungpan mahin hoihna zong hong piang khia sakthei lel hi. Pasian na muan nakleh, eima' thuaksiatna teng mah zong Amah tawh kinaih theihna ding leh midang zong lainat theihna dingin Pasian in zang thei veve hi.

#### FRIDAY

February 21

**Further Thought: Ellen G. White, *The Desire of Ages* lai. 19-26, “God with Us” simin.**

“*Ei hong hotkhiatna ding vaipen a ki nung-ngaihsut hi vetlo a, Adam puk khit peuh khaung ciang aki geeltaum hilo hi. Tanglai panin a ki iimcip thute tu ciangin a ki pholak ahi hi (Rom. 16:25). Khang tauntung a Pasian tokhom’ tauphahpi hong ki pulak ahi hi. A kipatcil panmah in Satan’ lampialna pen Pasian leh Christ in thei khin uh a, tua lampialna mah tawh mihing ana khemtuk ahi hi. Pasian in mawhna om theihna ding thu pialo hinapi, mukhol khin ahih manin, tua a phutna ding un nauh kigin mahmah uhhi. Leitung itlua a hih manin, a Tapa neihsun piak ding hong kamciam a ‘Amah a ummi peuhmah kisia hetlo in tauntung nuntakna ngah hi. John 3:16.*”—Ellen G. White, *The Desire of Ages*, p. 22.

#### Kikupding Dotnate:

**1. Pasian in Ama' deihna bang piang denkeei mawk leh, Leitung thupiang te nangma muhna koibang a hizaw thei diam? Pasian' deihna zong a kicing zolo pawlkhat om cih teelsiamna in bangteng hiding hiam?**

**2. Thursday sinna khomun emna enkik dihdih leng, “*Pasian leh Christ in Satan langdona telsitset*” hinapi eite hong bawl ding khawllio in zom paisuak veve hi. Itna kihel hamtang ding a, tua itna in suahtakna hiding hi. A it theilo dingin hong bawl liang sangsik in, it thei ding**

**mahin Pasian in hong bawl a, tuathu in Zeisu Calvary tun ngeingei ding cihzong thei gige hi. Itna bangzah in siangtho a, Pasian ukna a dingin bangzah in kisam a, tua suakta takin it theihna tawh hong nial lelpeuh lo in Christ in singlamteh tungah a thuaklawh liangna thu bang ahi hiam?**

**3. Hi leitung thuaksiatna hangin thuum in tau den hinapi hang a, tua thuaksiatna te hangmah in bang tanvei Pasian thuum in tau in om cih na ngaihsun ngei kha hiam? Pasian nangawn in hong thuaksiatpih cih na theih ciangin, tua thuaksiatna te na telcian zia bang hong kilamdang vat hiam?**

## Lesson 9

February 22–28

### VANTUNG LEITUNG KITUKALH

#### SABBATH NITAKLAM

**Tukalsung Simding:** Mate 13:24–27; Pian. 1:31; Ezek. 28:12–19; Isa. 14:12–15; Mate 4:1–11; John 8:44, 45.

**Kamngah:** “**Nang leh numei kikal, nasuan nakhakte leh, ama' suan leh khakte kikal ah kilangneihna ka omsak ding hi. Amah in na lutang hong sunim ding a, nang in ama' khetul na sunim ding hi**” (Piancil 3:15).

**Laisiangtho** tangthu sungah Christ leh Satan kidona lianpi in thubulpi ahi hi. Hih vantung leh leitung a piansaksa a puksate in Pasian tawh a kitukalhna mah pen Laisiangtho thubulpi mah hipah a (Mate 13:24–30, 37–39; Mang. 12:7–10), Christian te' ngeina leh Christian tampi in anial uhleh a pumpaih uh thu ahi hi.

Laisiangtho muhna bang hileh, tua vantung leitung kitukalhna pen, dawimangpa leh a vanmite in Pasian' gam a langdona hi a, Laisiangtho kammal tampi takte tawh mawk pampaih thei ding hilo hi. Lungdamthu teng sungah Pasian a langdo dawimangpa leh a dawite thu tawh kidim in om hi.

Tukal pan kipan in, a nuai a dotna tengpen Laisiangtho tawh kituak in dawn sawm ding hihang.

(1) Pasian leh Satan kidona om cih bang Laisiangtho munin honghilh hiam?

(2) Laisiangtho in, tua kidona koibang in pulak hiam?

**SUNDAY**

**Galpa Hih Ahi hi**

**Mate 13:24–27 simin. Hih gentehna in leitung gitlohma koibang in hong telsiam sak hiam?**

Zeisu in khaici hoih bekmah a vawh lo neipa khat tangthu gen hi. Hi napi, mangbuh lakah tahum hong pokhia cidihdih hi. Tua amu lo neipa' nasemte in "Sia aw, lo sungah khaici hoih bek vawh hilo na hiam? Koibang in tahum omthei hiam" (Mate 13:27) ci in dong uhhi. Tuhun gitlohma buaina sungah tua dotna mahtawh a kibang: Pasian in hih leitung a hoih kicing in bawl hinapi, banghang in gitlohma omthei hiam? ci uhhi.

**Mate 13:28–30 pen Mate 13:37–40 sung Christ hilhcianna tawh enin. Hih in vantung leitung kitukalhna tungah bang khuavak hong taan naci hiam?**

A topa un nasemte' dotna dawngin "Galpa hih ahi hi" (Mate 13:28) cihi. "Khaici hoih a vawhpa pen, Mihing' Tapa" hi a, Zeisu Amah kici (Mate 13:37) in, "Lo ahihleh leitung" (Mate 13:38), "tahum a vawh galpa" ahihleh "dawi gilo" (Mate 13:39), cihbang in vantung leitung a Christ leh Satan kidona teng limsuai suk hi. Banghang in leitungah gitlohma omthei hiam? Tua gitlohma pen galpa tua topa a langdo (*dawimangpa*) nasepna ahi hi. "Galpa sepna ahi hi" (Mate 13:28).

Hih dawnna panin dotna khatmah hong omzel a, "Kote kuan in tahum te kava bot ding uhhiam?" Gitlohma ki lawnkhia menglo ding hiam? a cihna uh ahi hi. A topa in "No" cihi. "Tahum te bot le uhcin, mangbuh tawh na botkhaum kha ding uhhi. Anlak hundong a namnih mahun po-khaum phot taken" (Mate 13:29, 30; Maku 4:29) cihi.

A thu gentehna bang hileh, gitlohma pen a tawpna ciangin Pasian in hemsiang ding a, khankhin nailopi in bawhkhiat manin, a gei a om a hoihte nangawn suksiat khak ding lauhuai cihi.

**Tuhun in mangbuh lak panin tahum te bawhkhiat theihna bang peuh a omthei diam? Tua banah, i galdo zel gitlohma ki theihloh bawlna peuh a hihlohma bang hiding hiam?**

**MONDAY**

**Leitungah Kidona a Bulpatna**

Hih gentehna sunga dotna mahbang in – a neipa in khaici hoih vawh napi khaici sia a om mahbang in – dotna dang khat omlai hi: Pasian in a hoih kicing in a bawl leitung ah, koibang in gitlohma omthei hiam?

**Pian. 1:31 simin. Piansakna a zawh siangna Pasian kammal in bang gen a, tua kammal banghang in thupi thei hiam?**

Pian. 1:31 sungah, Pasian in leitung bawl a zawh siangna kammal "hoihlua" cihi. Piancil 1 sungah, Pasian bawlsa leitung ah gitlohma themcik zong omlo hi. A koibang in gitlohma mihing sung hong tung thei hiam?

**Pian. 3:1-7 simin. Hihmun in gitlohnna leitung hong tunsuk dan koibang ci hiam? Leitung kidona tungah bang khuavak hong taan naci hiam?** (*Mang. 12:7-9*).

---

Hih kihona sungah Pasian' omzia gulpi, dawimangpa tektek gulpi in kithawi in, (*tanglai gulpi*) a zuaupi gen hi (*Mang. 12:7-9*). Pasian thupiak muanlah theihna ding tua thupiak lumlet phial in dotna khat gulpi in dong hi. Gulpi in Pasian' kammal tona khat ahi "Na si taktak kei ding uhhi" (*Pian. 3:4*) cihi.

Khat zawzaw, gulpi maw Pasian in Eve khem a, tu in Pasian genna lam leh gulpi genna lam khat peuhpeuh a teel kulta hi. Hiteng leh mundang ah, hih kidona pen kua zaw um ding, itna mah tawh a kihelkhawm tuak cihthu ahi hi. Nang in zong mikhat na upna, na uppa' bangci mi, muanhui maw huailo cihte pen; amah na itna bangzah in thuk cih tungah kinga a, hih munah Ama' gen thu ngaih kul hi.

**Pian. 3:15 simin. Pasian in gulpi tungah a thupiakna ah numei' suan acihpen, Messiah hi a, tua in gulpi' lutang sunim ding cihpen zong, Laisiangtho sungah lungdamthu masapen mah hipah hi (*protoevangelium*). Hih thu in langnih kidona omzia koibang in hong telpha semsak in tua kawmkal mahah bang lem-etna hong guan hiam?**

TUESDAY

February 25

**Vantung ah Kidona a Bulpatna**

Piancil 1-3 bekah Adam leh Eve Puk mapek in siatna omkhin cihi. I saansa mah bangin "siatna" piang

khin a, "sialehpha theihna singkung" (*Pian. 2:9, 17*) minpua ahi hi. A zuau genpipa zaw gulpi in Pasian zuau gen minpua sak pongmawk hi. Gulpi om ahihna (*Mang. 12:9*), a zuau genna in tualai pekin siatna omkhin cih ahi hi. Eden huansung a Pukna masiah pek in siatna omkhin zo hi.

**Ezekiel 28:12-19 leh Pai. 25:19, 20 enkak in. Hih pukna omzia bangpeuh ahi diam?**

---

Hihteng ah a genna bang ahihleh, siatna bulpi vantung leitung kidona pen vantung pan hong kipan ahi hi

Satan a kicipa in, a pukma in sathau a kinilh *cherub* ahi hi. Cherub cihpen a kitel zaw dingin "*a kicing etteh pha, pilna leh hoihna tawh a kidim*" hi a, "*Pasian' huan Eden*" (*Ezek. 28:12, 13*) ah zong omkhin zo hi. Tyre kumpipa cihpen mihing kumpi khat peuh tungah kici theilo hi. Hipen Lucifer a pukna lim hong lak ahi hi.

**Isaiah 14:12-15 simin. Hihmun in kidona lianpi bulpatna thu bang khuavak hong taan hiam?**

---

Isaiah 14 sungah Lucifer in amah mah Pasian bangin ki lamto nuam hi. Hih mun mah pen Ezekiel 28:17 sunga "*na mel hoihna na kisaktheihpih kha h*" a cih in amah a hoih dingin a bawlpa Pasian phat ding cihnopna ahi hi. Amah hong kisathei ta hi. A suukzaw kanlai in a kisaktheihna tawh Pasian gensia in Pasian' munah om nuam hi. Hebrew pau in "*sumbawlna*" (*Ezekiel 28:16*) a cihpen in "*gensia*" ci a, Satan in eite leh Pasian langkhat pan hong langdona a cihnopna ahi hi.

**A puk Lucifer pen a cilai in “a kicing in a piang”  
hi a “gamtat siat ding a kipat ding a suahpan kipan in  
paubaanna khat beek neilo” (Ezek. 28:15) cih koibang in  
i tel hiam?**

**WEDNESDAY**

**Kei Nong Biak Leh**

Satan in Pasian tokhom a buluh nopna pen Mate 4 leh Luka 4 sungah kicianlua mahmah hi. Zeisu leh zuau khempa ki talsikna tengpen kidona sungah ki pulak hi. Tua sungah Christ leh Satan kidona lianpi omzia taktak teng omsuk a, a khauh mahmah leh kician takin kilak hi.

**Mate 4:1-11 simin. Christ leh Satan kikal a  
kidona lianpi hiteng ah koibang in ki pulak hiam?**

---

Zeisu pen “dawimangpa in a zia-et theihna dingin” Khasiangtho in Zeisu gamlak ah “paipih” (Mate 4:1) hi. A kigeelsa galpa tawh a kimuhma in ni sawmli sung sitset Zeisu in an-ngawl in omkhin hi. Dawimangpa hong tun takciang in bel, Zeisu’ gilkialna mah matlak in, suangte khomun suaksak ziau dingin zia-et hi. Hi taleh Zeisu in hih zia-etna pen Laisiangtho tawh do ahih manin, Satan’ thaang in guallel ta hi.

Tua ciangin, Zeisu in upmawhna peuh tawh a hihkhak leh ci in, dawimangpa in, biakinn dawn zumna pan lengsuk ding zia-et leuleu hi. Satan in, Laisiangtho kammal khut tung lumleh bangin hei in, Zeisu pen Pasian’ Tapa ahih takpi leh bel, vanmite in Amah kem lel ding cihi. Ahihhang Laisiangtho kammal diktak in simna tawh Zeisu in tua zia-etna nawk suak theita hi.

A thumna zia-etna bel dawimangpa in ama’ hanciamna picing taktak dingin a ngiimna kician mahmah hi. Zeisu in amah biasak nuam hi. Pasian bekin a neih biakpiakna pen Satan in buluh sawmta hi.

A tua ding in, Satan in, leitung gamteng leh a minthanna teng lak in, “*kamai ah kunin hong bia hi lecin, hihte khempeuh Nangma khutsungah ka hongpia ding hi*” (Mate 4:8, 9) cihi. Luka 4:6 sung a kammal in Mate sung a tawh a kibang hi a: “*Hihte khempeuh keima’khutsungah hong kipia khin ahih manin, ka piaknop peuhpeuh tungah kapia thei hi. Hih vangliatna leh hauhna khempeuh te nangma tungah ka hongpia ding hi*” (Luka 4:6) a cihi. Khatvei kikmah Zeisu in tua zia-etna pen Laisiangtho kammal mahtawh nawkkhia leuleu ahih manin, Satan guallel leuleu hi. A thumvei mahin Zeisu in Laisiangtho kammal zangin, galpa dona tengpan kidal hi.

**Ephet 6:12 sunga “Eite do pen leitung mite hilo  
a, vantung huihlak a om ukna aana neite, hih leitung  
khuamial a ukte tawh a kido ihi hi” cih hong phawksak  
hi. Lauhuaina sungah a ki omloh tei hang, eima kimkot  
teng mahah kidona om cih banghang in phawk den huai  
nasa hiam?**

**THURSDAY**

**Vantung Leitung Kidona Omzia**

Pasian leh Satan kikal kidona honpi khat mah mukhin hihang. Koibang in tuabang piangthei hiam? Vanglianpen Pasian khawng koici do theih uh hiam? Tua leitung vantung kidona pen aana kituhna ahih nakleh, tua masiah pek panin a kipan khinsa hiding hi. A tuamdang khat hihtuak zaw hi. Laisiangtho in, Pasian’ omzia a nasepzia a kituhna panin a kido hizaw – Pasian

*February 27*

tungah cihtak theihlohma dingin mawhmatna hizaw a, Amah hoikim lo in itna kicing neilo cih. Tuabang mawhmatna pen thahatna leh vangliatna peuh tawh zawhtheih hilo a, amau nih hong kidem toto leh bekmah hithei hi.

*“Mawhna vai limlim pen, Pasian in dikna leh thumaanna bekmah zang hi. Pasian in a zatloh penpen-zuau khemna pen Satan in zang hi. Vantung mite’ maiah Pasian’ thu leh Ama’ ukna gam khialsak in, vanmite a ukna thukhun bawlna sungah Pasian thutang zolo; Ama’ bawlsa te in ukna sangin thumang ding cih khawng pen, Amah aki pahtawi noppna hilel peuh cih. Tua ahih manin Pasian’ ukna gam leh a thukhamna in thutang thumaan ahihna vanmi khempeuh leimi khempeuh theihcian dingin pulaak khat kulta hi. Satan in vannuai leitung bup a hoihtheihna ding bawl ding bangin kilangsak hi. Buluhna gamtatzia leh ama’ vanzat peuhmah pen mipi in theihTEL mahmah kul hi. Ama’ gamtat siatna tengin amah hong pulaak khia ding hi” —Ellen G. White, *The Great Controversy*, p. 498.*

**John 8:44, 45 leh Mang. 12:7-9 enkak in. Hih mungel in dawi gilo gamtatna leh a paizia bang pulaak hiam?**

---

Acil apat in dawi gilo ngiimna pen, Pasian pen thutang zo taktak lo, hong it zo taktak lo a, Ama’ thukham in zong mipi hong gawt bawlna hi ci in piantsaksa khempeuh in umsak ding ahi hi. Zeisu in dawi gilo pen “zuau khempa zuau’ pa” (*John 8:44*) ana cihzong ahi ding mah ahi hi. A lehbulh in Zeisu in “thumaan tec i pang ding” (*John 18:37*) acih thu in Satan’ zuauthu pen talsik bak lel

in, dawimangpa’ vangliatna peuhmah suksiat siangsak sitset hi (*1 John 3:8; Heb. 2:14*). Mang. 12:9, 10 in zong Satan pen (1) “**tanglai gulpi**”, (2) vantung ah omngei a Pasian’ mite a mawhsakpa (3) leitung khem in a uk gulpi cih. Greek pau in “dau” a cihna pen “khempa, zuupa” a hih manin, tanglai panin kidona pen; Pasian’ omzia a kihel upna kituhna ahi hi.

**FRIDAY**

*February 28*

**Ngaihsutbeh Ding: Ellen G. White, *The Great Controversy* pp. 492-504, “The Origin of Evil” simin.**

*“Mawhna hong lutna limlim pen Pasian vaipuak bangmah om vetlo ahihna sangin a kitelcian zaw thudang Laisiangtho sungah omlo; Pasian in hong hehpihna nungkin kik cihzong omlo; langdona a pian theihna dingin ukna bit zolo cihzong omlo hi. Mawhna pen hong pumlut hi a, a hangthu gen ding zong omvetlo hi. Theih zawhloh thu thukpi hi. Satan bang pen ki hemkhia vatlian leh, vanmi leimi leh leitung dang a ommi khempeuh in, itna kihello launa bek tawh Pasian’ maiah nasem ding uhhi. Zuau khempa huzaap teng beisiang nailo ding a langdona zong ki hemsiang theilo ding hi.*

*Gitlohma ki khankhin sak phot hi. A bei ngeilo khang tauntung in vantung leinuai buppi hoih theihna dingin, Satan in zong ama’ thukhun khangto sak ding a, Pasian’ ukna a mawhpaihna teng zong, piantsaksa khempeuh in hong mukhia ding uh a: Pasian’ thutang leh hong hehpihna, Ama’ thukham kipkhona cihteng in dotna khempeuh vengsak ding hi” —Ellen G. White, *The Great Controversy*, pp. 492, 493, 499.*

**Kikupding Dotnate:**

**1. Lucifer in mawhna hong bawl masak theih pen mi tampi in lamdang salua uhhi. Banghang in mawhna in**

**“thuthukpi” leh “tel zawhloh” hithei hiam? Hih mawhna masa pen siansuah lopi in koibang in ki hilhcian thei ding ahi hiam? A bulpi hilhcianna mah in siansuahna banghang in hithei ding hiam?**

**2. Banghang in Pasian in Satan hemkhia pah ziau lo hiam? Banghang in gitlohma “ki khankhin sak” hiam? Banghang in hiithu in “vantung leitung buppi hoihna ding hithei hiam”?**

**3. Pasian leh Satan kikal a kidona pen ukna aana kituh hi zawlo, thudangpi khat a nahihna theihtel ding banghang in thupi nasa hiam? Gamtatzia kituhna pen ukna aana kituhna ahihloh theihna koibang hi nasa hiam?**

## Lesson 10

March 1-7

### NASEPNA THUKHUNTE

#### SABBATH NITAKLAM

**Tukalsung Simding:** Dan. 10:1-14; Mang. 13:1-8; Job 1:1-12; Job 2:1-7; John 12:31; John 14:30 Maku 6:5; Maku 9:29.

**Kamngah:** “A kipatcil panin dawimangpa in mawhna bawl tawntung ahih manin, mawhna a bawl khempeuh zong dawimangpa’ mi ahi hi. Hih dawimangpa’ nasepna a beisak dingin Pasian’ Tapa a hongpai ahi hi.” (1John 3:8).

**A vanglian** mahmah tangthu, vantung leh leitung kidona khat pen 1Kumpi 18:19-40 sungah om a, Carmel mualtung ah Elijah tungtawn in Pasian in “namdangte’ pasian” a pholaakna ahi hi. Tua “pasiente” nungah milim biate’ upna leh ngaihsutna om hi. Israel mite kimkot a minamte in amau’ biak pasian pen a omtaktak ding mahin ngaihsun uhhi.

“Amaute un Pasian ahilo dawi ahi, amau zong un a theihloh pasian thakte, a pu a pa te’n zong a theihloh te bia uhhi” (Thuhilhk. 32:17). Paul in “Lawki te in gangawh biakna a piak uh ciangin dawi abia uh hi a, Pasian’ biakna hilo hi. Dawi biakna ah note na kihel dinguh ka deih kei hi” (1Cor. 10:20) cihi. Tua minamte’ “pasiente” pen dawi kimeelseel hipeuh hi. Tua milim teng leh pasian dang khempeuh tepen “vantung leitung a kidona” a omsak pen ahi hi.

Tuathu tawphah peuhleng vantung leitung kidona thu kitel siang lel hi. Tua thumaan mah in hih vantung

leitung kidona leh gitlohma buaina tungah khuavak hong taan hi.

**SUNDAY**
**Vanmi Khat Ki Ziakaisak**

I muhsa mahbang in namdangte' pasiante in dawi kimeelseel hipeuh hi. Tua banah vantung a uk dawite mahmah in leitung kumpite nungah om khinkhian uhhi. Vanmite nangawn thupuak in hong paikhak ciangin galte in nado thei uhhi.

**Daniel 10:1–14 sim inla, taang 12 leh 13 awlmawh phadiak in. Hih mungel in vantung leitung kidona tawh a kibang bangthu gen hiam? Pasian in a sawl vanmipa pen ni sawmnih leh khat sung “kinial” cihpen na bangciah diam?**

---

Pasian in a sawl vanmipa pen kaalthum sung koibang in “kinial” hiam? Vanglian mahmah a, Daniel dotna dawng theilua ding hinapi vanmi sawl zaw hi. Amah'n hihnuam peuhleh, Daniel kiangah vanmi paisak ziau thei lel hi. Hinapi, Pasian in a sawl vanmipa pen, Persia gam a cing vanmipa in kaalthum sung nial keei hi. Bang a cihnopna hiam?

*“Gabriel in, Cyrus a huzaap nuam khuamial vangliatna tawh kaalthum sung sitset kilai hi. Pasian’ mite a dingin vantung in a hihtheih khempeuh hih khinzo hi. A taupna ah gualzawhna ngah hi. Galpa thahatna teng khempeuh zong Cyrus leh Cambyses khutsungah kikem cip hi”—Ellen G. White, *Prophets and Kings*, p. 572.*

Hibang kidona te ciang pholakna ding lel ahihleh, Pasian in Ama' vang neizah saal khat kul samlo hi. Galpa T-7

in zong suahtakna taktak ngahkha a, zong ki lakkhiat sakpah lo hinapi, ciangtanh khat bel om sam hi. Vantung leitung kidona sungah Pasian' vanmite nangawn panla uh ahih manun, ciangtanh a om ding mah ahi hi. Tua hi a, hong pailai ding sinna tengah zong “galphual kuante a ding thukhun” cihte hiding hi.

Hih ciangtanh teng tel peuh leng, Pasian in itna tungtawn in, aana zang hetlo Ama' gam ukna tawphah bawl cihpen telhak nawnlo hi. Pasian in itna thukhun tung bekah nasem cih theitelnna in kidona lianpi omzia hong telpha sakzaw hi.

**Itna thukhun sungah sawlengawhna omlo in ciangtanna tawh nasepna naphawk kha ngei hiam? Tua vangliatna ciangtan om panin bang theihbehna nanei thei hiam?**

**MONDAY**
**Mangmuhna Gulpi**

Vantung leitung kidona sunga vantung huihlak a ukte' vangliatna teng Mangmuhna sungah kikhum sitset a, dawimangpa pen “**gulpi**” Pasian a langdo leh “*leitung a khempa*” (*Mang. 12:9*) kici hi.

**Mangmuhna 13:1–8 simin. Hihmun in gulpi’ thuneihna bangteng hong lak hiam?**

---

Gulpi Satan in Pasian langdo (*Mang. 12:7–9*) bek hilo, Ama' silate zong langdo lai (*Mang. 12:1–6*) a, khang tawntung a Pasian' mite a bawsia kinken kumpite nungah ukpipa in omden hi.

Gulpi in, tuipi sungpan hong kahto sapi tungah “ama’ vangliatna, a tokhom leh aana lianpi” (*Mang.* 13:2; *Mang.* 13:5; *Mang.* 17:13, 14) apia hi. Tuipi pan hong kahto sapi tungah “kiphatsakna leh kam khel nono pauteihna ding kha sawmli leh nih sung aana zat theihna ding thu kipia hi” (*Mang.* 13:5).

Satan (*gulpi*) in vangliatna leh ukna aana sapi tungah pia (*leitung a biakna leh ukna aana*) hi. Hih vangliatna in Pasian bek tungah a om biakpiakna buluhna ding ahi hi. Sapi in Pasian’ min daisak; misiangthote, Pasian misiang te, tawlhat sing do in zogawp lai hi. Hih leitungbup ukzawhna leh thuneihna pen gulpi in amah apiak hi a, leitung ukzawhna teng a buluhna ahi hi.

Ahhhang, Satan leh a khutzatte tungah ciangtan khat om a, tawmvei sung bek cihi. “Vantunte leh tuate sunga a teng khempeuh aw, lungdam un! Vantung panin dawimangpa hong kilawnsuk a, hun tomno bek neilai ahihlam thei ahih manin leitung leh tuitung ah omte a dingin lauhuai mahmah ding hi” (*Mang.* 12:12) cihi.

Satan in “ama’ hun tom cih thei” (*Mang.* 12:12), Mangmuhma sunga genkholna hunte pen hun saupi huam a, ciangtan lianlian in hih gitlohma vangian a maan hun ding (*Mang.* 12:14; *Mang.* 13:5) honglak hi.

A tawpna ah, Pasian gualzo teitei hi. “*Pasian in amau mit panin khitui khempeuh nulsak ding hi; Thu luisa te maimang khinta ahih manin, sihna, dahna leh nasa in kahna cihte om naunlo ding hi*” (*Mang.* 21:4) aci hi.

**Tu tadih in i muh theihloh hang, a tawpna ah hoihna in gitlohma tungah gualzo ding hi. Hih kamciam mangngilh loh ding banghang in thupi nasa hiam?**

TUESDAY

March 4

**Job’ Tangthu**

Job laibu sungah, kidona lianpi omzia taktak muhna thak hong kipia hi.

**Job 1:1-12 leh Job 2:1-7 simin. Kidona lianpi sungah bang thukhun lian hong pholaak hiam?**

---

Hiteng panin zong thu kician pawlkhat kaikhawm theilai ding hihang. Amasa in, Pasian leh Satan bek peuh ahilo, vanmi tuamtuam tetawh kimuh khopna omtuak hi.

Anihna, kam kinialna zong omtuak, Job tungtang Satan’ muhna leh Pasian’ muhna kinial uhhi. Job koici ngaihsut nahiam? Tua dotna kiukiau panin thu zaipi khat hong suak hi.

A thumna, Pasian in Job paubaang lo, thutang, Pasian kihta ci a; Satan inbel, Pasian in amah kemcip ahih manpeuh in Pasian kihta tawh a kibang hilel cihi. Tuapen Pasian leh Job omzia gensiatna ahi hi (*Mang.* 12:10 leh *Zechariah* 3 enkak in).

A lina, Pasian in Job a huutna in ama’ kiim ah dai a khan sak zong thutang hilo a, Job’ cihtakna zong ki sittel theilo cihi. Tuathu in Satan’ nasepna sungah ciangtanh kipia ahih manin, Job sukha theilo cihna ahi hi.

Satan’ mawhsakna teng pen Pasian in vantung kikhopna mipi’ maimah ah, Satan in Job sittel thei ding cinapi, ciangtanh khat pia hi. Job’ “neihsa khempeuh” tungah Satan nasep theihna ding phalna pia masa hinapi

“ama’ pumpi sukha theilo ding” (Job 1:12) cihi. Anunung pen in Satan in, Job pen ama’ pumpi bek awlmawh hi acih sese lai ciangin Pasian in, ama’ pumpi zong sawk inla, a nuntakna sawk ke’n cita hi (Job 2:3–6). Tuabang in Satan in Job’bangkua sungah thusia tampi tun hinapi, mawhsak theihna ding Satan bawl thusia khatsim tungah Topa’ min phat hi.

Hiteng panin zong vantung leitung kidona sungah thukhun mah om veve cih hong kilang sak hi. Vantung thukhenna sungah Pasian langdona te vengsak na dingin daai kikaai a, Pasian in itna tawh a khunsa thukhun te palsat theilo ding, tuate pen vantung leitung leh asung a teeng khempeuh a ukna thukhun ahi hi.

Job’ laibu sunga thupiang teng in, kidona lianpi omzia leh leitungah koibang kidona mainawt cih hong telcian sak hi.

**WEDNESDAY**

*March 5*

### **Tawlhat Sung Leitung Ukpa**

Nunga sinna sateng panin kidona lianpi sungah, Satan leh a pawlte pen, hih leitung tawlhat sung uk dingin, daaikaih pawlkhat tawh phalna kipia cih muhsa ahi hi.

Hih thukhun tengin galpa’ dawimangpa leh a pawlte’ nasepna bek ciangtanh hilo in, Pasian’ nasepna mahmah zong galpa khutsungah tawlhat om ahih manin, kikhiam in neusak pah hi. Pasian in tua nasepna sung ading in a piaksa kamciamte peuhmah palsat lo ding a – dawi mangpa ukzawhna dingin tawlhat a kipia khin ahih manin – Pasian in zong Ama’ vanglian kiamsak hetlo pimah in Ama’ nasep tawmkhat ciangtanh la pah hi.

**John 12:31; John 14:30; John 16:11; 2Cor. 4:4  
leh Luka 4:6 simin. Hihmun tengin leitung ukpa’  
tungtang thu bangteng gen hiam?**

---

Laisiangthothak in kumpi nih kido, khuavak kumpi leh khuamial kumpi Satan leh a langdona thu hong pulakkha hi. Christ’ nasepna khenkhat zongpen Satan’ gam suksiatna ding mah hi a: “Hih dawimangpa’ nasepna teng a beisak ding mahin Pasian’ Tapa hongpai ahi hi” (1John 3:8) cihi.

Cihtei hang, Pasian in Ama’ ukna thukhun tungah a kipkho te a ding ciangtanh “thukhun” bawlhei veve hi. Tua ciangtanh sungah (1) deihteel theihna (2) nasepna sungah kamciam thukhun tepen, ei’ kamkup theih zong hilo hi. Tua Pasian’ nasepna te awksak khak-hal na’ng ciangtanna te in leitung gitlohma vengsak nading Pasian’ lungsim thakhauh sak zawsop hi. Hinapi, gitlohma leh thuakna kizom toto in mitampi in Pasian hoihna leh Ama’ omlam a lunghiang bang zong om uhhi. Hih kidona lianpi leh tua gitlohma a maiphut ding dan na telcian nakleh, leitung thute hibang in a piantheihna thu zong na telcian pah ding a – a neopen in gitlohma tungah Pasian gualzo teitei ding cih nathei ding hi.

**Zeisu in, Satan pen leitung “ukpa” a cihthu in,  
tumah mah in leitung gitlohma koibang in hong telsiam  
sakthei naci hiam? Tawlhat sung bekmah cih na  
theihna in koibang in hong lungnuam saktuam nasa  
hiam?**

**THURSDAY****Ciangtante leh Thukhunte**

Vantung leitung kinialna pipen Pasian' gamtatzia, Pasian' hoihna, thutangna leh a ukzawhna tungah dawimangpa in a mawhmatna teng ahi hi. Vantung leh leitung kamciam thukham thu ahi hi. Vantung leitung a ding ki ukna thukhun ahi hi. Hibang thusia peuhmah pen vangliatna tawh kizo theilo a, sepkhiatsak phot kul hi.

Mi khat' vangliatna tungah mawhmatna khat peuh a om ciangin, thu veng sakna dingin, hong mawhmat mite suakta tak leh thutang takin semkhia sak ding a, mipi muh in thu dawp ding hihang. Tua mawhsakna in ki ukna (*itna tawh*) lokzo phial ahihleh, amah ninbung sungah ki mawkpaih theilo hi.

Kidona lianpi telcianna in gitlohma buaina telcianna tawh koibang in kizom hiam? Pasian in kamciam apiak leh a palsat diam? Tuabang hilo hi. Pasian in a nasepna sungah thukhun om ding a thukim mahbang in, Ama' mailam nasepna peuh ah ciangtanna neipah ding hi. Tuabang ciangin, khuamial ukna nuai ah tawlhat sung gitlohma omthei mah ding hi.

**Maku 6:5 leh Maku 9:29 simin. Hih munte in Pasian' nasepna peuhmah upna leh thungetna tawh ki sawhhel ding cih bangteng tawh hong lak hiam?**

---

Hihmun tegel in, nasepna peuhmah ciangtan om hamtang ding a, thungetna leh upna tawh tonkhawm ding cihi. Mun khempeuh ah thungetna in thu lamdangsak cih muhsa hi a, Pasian' nasep theihna ding lampi honsak maw ahih keileh zong kisang zolo maw cih hipah hi. Ahihang,

*March 6*

upna leh thungetna bekmah tawh cih tentan tawh khialhna bawlloh ding thupi hi. I Phawkkhak loh theih ding thu tampi mah omlai hi.

Hipen bel i muhsa ahi nasepna ading thukhun ahi hi. I nasepna ading thukhun te Pasian hong thukimpiah a omnakleh, Ama' mailam nasepna ah ciangtan zang pah ding hi. Tua mahbang in khuamial ukna gam sungah zong gitlohma nasepna tawlhat sungteng ompah ding hi.

**Rom. 8:18 leh Mang. 21:3, 4 simin. Hihmun te tungtawn in, ei theih khakloh thu tampi om a; Pasian in a hoihpen ding thei, a hoihpen zong deih pah a, gitlohma tawpsak in tawntung nopna sung hong tun ding cih bang lungmuanna ki neitheci hiam?**

**FRIDAY***March 7*

**Ngaihsutbeh Ding: Ellen G. White, *Testimonies for the Church*, vol. 1. laimai. 341-347, “The Power of Satan” simin.**

“A puk mipa pen Satan’ galmat ahi hi. Christ’ nasep ahihleh, tuapa, galpa vangliatna pan hotkhiat ding ahi hi. Mihing pianpih limlim, Satan’ deihna a zuisa ahi hi. Gualzo penpa Christ, ama’ sungah hong omin ama’ deihna makaih leh bek tua gal lauhuai dozo pan ding hi. Pasian bekin Satan’ vangliatna ciangtan thei hi. Tua Satan leitung mun khempeuh vak kawikawi hi. Hun themkhat zong mawk beisak lo a, kha te a suksiat khakloh ding lau mahmah hi. Tuathu Pasian’ mite in telcian in, ama’ thaangzaak pan suahtak kul hi. Satan in Pasian’ mite hong khemna ding a nunungpen pilna in, amah ahihlam kuamah’n thei saklo hi. 2Cor. 11:14 sungah: “Tuapen lamdang sak ding hilo hi, Satan nangawn Pasian’ vanmi tawh a kibang in ki bawltawm thei h” cihi.

*Khem thuaksa kha pawlkhat in amah omlo ci uh a, tua zong ama' galmatna mah, amau' sungah tangzai takin nasem thei hi zawsop hi. Pasian' mite in Christ sungah a neih khinkhian uh thahatna pen Satan in telzaw thampek hi. Gualzo penpa tungah ki niamkhiat takin ki-aap tentan peuhleh, upna sungah a thanem penpa nangawn, Christ tungah kip takin om tinten leh, Satan leh a pawlte tungah gualzo thei veve hi. Satan in ama' zia-etna tawh hangsan tak, langtang tak leh pilvang takin hong paithei ahih manin: a lusu Christian te hong khanglo ding a, Honkhiapa thahatna tungah kinga thei ding uhhi. Theihloh kal in hong pai khilkhial a, ki melseelsa in Pasian um a kineih thumanglo mite tungtaun in na hong sem hi*—Ellen G. White, *Testimonies for the Church*, vol. 1, p. 341.

#### **Kikupding Dotnate:**

- 1. “Satan’ galmat” cihteh bang a cihna hiam? Satan in mihindung tungah ama’ sepnop bangpeuh semthei cihna maw leh? Ahih keileh zong, banghang hilo? Kidona lianpi sunga “nasepna ah thukhunte” cihtawh koibang in kizopna nei hiam?**
- 2. Tawkhat sungbek a hitei ta zong in hi kidona sungah ukzawhna aana pen Satan tungah Pasian in banghang in pia hiam? Satan’ mawhmatna teng Pasian in koibang in dawn sawm hiam?**
- 3. Satan om takpi lohi aci Christian tampite tungah koibang in na dawng tammaw? Satan omtakpi cih lahtel theihloh hang, amah nakpi takin khemthuak ahihlam bang tawh na lakthei tam maw?**

#### **Lesson 11**

*March 8–14*

#### **BANG HIHSAKBEH THEILAI DING KAHIAM?**

##### **SABBATH NITAKLAM**

**Tukaalsung Simding:** *John 18:37; Rom. 3:23–26; Rom. 5:8; Isa. 5:1–4; Mate 21:33–39; Isa. 53:4; Rom. 3:1–4.*

**Kamngah:** “Tuaciang in Pilate in, ‘Nang kumpi nahi hiam’ acih leh Zeisu in ‘Nangmah in Kumpi hi nong ci hi. Hih thumaan genkhia dingin mihindung suak in leitung ah hongpai Kahi hi. Hih thumaan tawh a kizom mi peuhmah in Keima thugen hong zui uhhi’ aci hi.” (*John 18:37*).

**A beisa** kum tawmno lai in, **Guide** magazine sungah naupang tangthu hoih khat hong suak hi. Hun laizang hunlai a innkuuan khat in a kep tagah Denis kicipa’ tangthu ahi hi. Denis’ nulehpa cidamlo pipi in kumpipa’ galkapte in puakhia uh a, tuani pan kipan a nulehpa mu ngei nawnlo ahih manin, in amau’ gam kumpipa mudah lua mahmah hi. A nung ciangin, pulnatna panin a damlai leh a dam nawnlo te, kumpipa in a khen khiatna ahihlam hong theikhia hi. Tuathu in ama’ khang tawntung kumpipa tungah a hehna tengpan suakta sakta hi. Kumpipa in a mite a dingin itna takpi tawh nasem tawntung hi.

Tuni mahmah in zong Denis in kumpipa tungah a muhdan bang muhdan tampi om hi. Dawimangpa in Pasian muhdah theihna ding leh kikhen khiat theihna ding vive bawl hi. Thuaksiat laitak in Pasian koiah om hiam? Pasian hoih napi banghang in gitlohma tam hiam? Vantung leitung

kidona lianpi in bel khuavak hong taan mah hiven, dot ding zong tampi mah om veve lai hi. Eite' dawnna khempeuh lungkim huai zolo ahihang, tu a hong ki dawng nailo dotna khempeuh tawh singlamteh tunga Zeisu en peuh leng Pasian hong muangsak pah ding hi.

**SUNDAY***March 9***Galzopa Christ**

Christ in, buluhna tawh “*leitung ukpa*” a cih mahbang in, Vantung leitung ukpa in Zeisu Christ om gige napi, galpa in zong na semsem hi. Zeisu in eite ading in galzo khin a, eite'n zong haksatna thuaksiatna sungah tua galzawhna neihpih theihna ding hong huh hi. Christ' nasepna in galpa' nasepna munteng ah talsik ding ahi hi.

Laisiangtho in dawimangpa thu hibang in gen hi:

(1)a kipatcil panin leitung bup a khempa (*Mang. 12:9*  
*Mate 4:3; John 8:44;*  
*2Cor. 11:3; 1John 3:8*).

(2) Vantung ah Pasian leh amite a mawhmat denkeeipa (*Mang. 12:10; Mang. 13:6; Job 1-2; Zech. 3:1, 2; Jude 9*).

(3) Leitung ukna a buluhpa (*John 12:31; 14:30; 16:11; Saul. 26:18; 2Cor. 4:4; Eph. 2:2; 1John 5:19*).

**John 18:37 simin. Christ in galpa' khemna nasepna teng a talsikna himun in bangteng gen hiam? Zeisu in Kumpipa cih in bang khatna nei hiam?**

.....

Laisiangtho in Satan pen zuaukhempa, mawhzongpa, ukna buluhpa a cih mahbang in, Zeisu pen Satan tungah galzopa cihzong hong hilh lailai hi. (1) Zeisu

pen “*hii thumaan genkhia dingin hongpai*” (*John 18:37*) cih. (2) Singlamteh tungtawn in Zeisu in Pasian' kicinna, thumaanna leh itna hong lak (*Rom. 3:25, 26; Rom. 5:8*) a, dawimangpa' zuauthu tawh mawhmatna teng a manlohma zong honglak pah (*Mang. 12:10, 11*), (3) Atawpna ah Zeisu in dawimangpa' gam susia ding a, dawimangpa in zong “*hun tomno khatbek nei*” ahihlam phawk (*Mang. 12:12; Rom. 16:20*), Christ in “*a tauntung, tauntung in mang ding hi*” (*Mang. 11:15*) cih.

Atawpkhakna ah, Satan pen gallelpa hita a, Christ' galzawhna zong eite aa hita ding a, singlamteh tungtawn in hunkhat khit hunkhat in hong kamciamsa Ama' kamciam te ei a hita ding hi.

**Kidona lianpi sungah koilam in zozaw cih theilel hihang. Nisim in eima' teelna in koilam ah pang cih koibang in hong lak hiam? Tumahmah in galzolam a om iih lam koibang in telcian thei ding ihi hiam?**

**MONDAY***March 10***Thutang leh Thutangsakpa**

Munkim panin Christ' nasepna in dawimangpa' nasepna teng guaksuah hi. 1John 3:8 in zong “*Hii dawimangpa' nasepna teng a susia ding mahin Zeisu hong pai ahi hi*” hi a, Hebrew 2:14 ah zong “*sihna a uk dawimangpa a suksiat theihna dingin*” cih. Hinapi, galpa' ukzawhna a suksiat siang nading zong cialnih omlai hi. Khatna, Singlamteh tung tawnin, Christ in Satan pen mawhmat theipa ahihna pulak khia a, tua banah Satan leh ama' ukna gam ki susia ta ding hi.

**Rom. 3:23-26 leh Rom. 5:8 simin. Hihmun te in dawimangpa'n eite hong mawhmatna teng koibang in Christ in susia ci hiam?**

Galpa in, Pasian pen thutang cinglo itna picinglo ci in a mawhmat i theihsa ahi hi. Christ leh a Singlamteh tungtawn in Pasian in, Ama' dikna leh hong itna hong hawmkhia hi.

Zeisu a sihkhit ciangin “*Satan in ama' kimeelseel teng ki hawkkhiat sakta cih muta hi. Ama' ukna pen a puksa vanmite leh vantung leitung muh dingin ki hongkhia hi. Amah mi thatpa ahilam hong kiphawk ta hi. Pasian' Tapa' sisan a luansak manin, vanmite veiina pan in amah kilawnhia ta hi*”—Ellen G. White, *The Desire of Ages*, p. 761.

**Mang. 12:10–12 pen Piancil 3:15 lungngai in simin. Hihmun in Singlamteh tungah Christ' gualzawhna teng koibang in khuavak hong taan hiam?**

Tatkhiatna tangthu in, a tawpna ah na khempeuh a dingin a hoih in Pasian in hong vaihawmsak cih lungmuanna hong guan hi. Laisiangtho Pasian in a hoih nate bek hong bawlsak den a, kidona lianpi sung mahah Amah kiang zuat theihna ding lampi hong sialsak den hi (*Thlk. 32:4; 1Sam. 3:18; Late 145:17; Dan. 4:37; Hab. 1:13; Mang. 15:3; Pian. 18:25*).

**Hih vantung leitung kidona lianpi sungah Pasian' dikna leh a itna pulakkhiat ding banghang in thupi thei hiam? Singlamteh tunga Pasian' hong sepsak khempeuh khuavak lengsak kik ciangin, haksatna thuaksiatna kawmkal ah Pasian hong itna in koibang in lungmuanna hongpai naci hiam?**

**TUESDAY**  
**Ka Itpa' La**

Hih kidona sungmah ah Pasian in, Ama' dikna leh a itna lamdang takin honglak hi. Hinapi, *Pasian in dawimangpa a daal nading in hih a sepsa teng banah a dang sepbeh lai a neilai tam maw cikha ding uhhi*. Vantung leitung kidona sungah Pasian in Amah leh mi kikal ah itna tawh kizopna a khantoh theihna dingin deihteelna ultung sakpen cih i muhsa uh ahi hi. Ama' itna lakhhiatna bek tawh a veng thei ding kidona sungah, mipite in amau' lungsim kizawhna tantan leh nasepna sunga thukhun te zuihna tungtawn in nasem bek hi.

**Isa. 5:1–4 simin. Hiteng ah kua pau hiam? Isaiah' in kua' thu gen hiam? Lenghuan leh lenghuan neipa cihte kua hiam? Lenghuan leh lenghuan neipa' nasepna a thupi bang om hiam? Bangthu piang hiam?**

Hihmun ah Isaiah in ama itpa, lenghuan' la sa hi. Lenghuan neipa pen Pasian mah hipah a, lenghuan ahihleh Pasian' mite ahi hi (*Isa. 1:8; Jer. 2:21*). A mawhna hong pulakna bel leitung ah Pasian' nasepna tangzai zaw sakthei ding hi. Hiteng ah lenghuan neipa Pasian in Ama' lenghuan hoihna ding a kisam khempeuh bawlsak cihi. Lenghuan in lenggah hoih a gah ding hinapi, “**gam lenggah**” gah mawk hi. Tua gam lenggah pen lailet dangte in “**a manneilo**” ci uhhi. A bulpi Hebrew pau sungah tua kammal pen “**gah-uuh**” cihna ahi hi. Pasian lenghuan in **lengmuat** gah ta hi.

Isaiah 5:3 in, Pasian mah pausak a, Amah leh Ama' lenghuan kikal ah “**thukhen**” dingin mipite samsak hi. Isa. 5:4 in zong dotna phamawh pawlkhat dong sak a: “*Ka lenggui lo a dingin kahih nailoh kahih ding bang omlai hiam?*

*March 11*

*Lenggah hoih a gah ding Ka lam-et laitak in, banghang in **gam** lenggah hong gah mawk hiam?* cihi. Topa in bang hihsak thei lai ding hiam? Ama' nasepna thukhen dingin midang a sapliang pen in lungsim hong la mahmah hi.

**Singlamteh en lecin, ei' mawhna tangin Amah hong kipiax khatna ah, Ama' kammal** “*Ka lenggui lo a dingin kahih nailoh kahih ding bang omlai hiam?*”—**hihthu tawh kisai thu kician khat gen in.**

**WEDNESDAY**

**Christ' Thugentehna Lenghuan**

Mate 21 sunga lenghuan neipa thugentehna sungah, Isaiah 5 in a nutsiat teng gen a, lenghuan neipa in Ama' lenghuan sungah a sep teng hong behlap sak hi.

**Mate 21:33–39 pen Isaiah 5:4 sunga dotna lungngai sa in simin. A hihsa teng banah bangteng hihlai ding hiam?**

*March 12*

Christ' thugentehna a patna lam teng pen Isa. 5 sunga lenghuan leh lenghuan neipa' thuteng sutkik phot hi. Lenghuan neipa in “*khawhlawhte tungah Ama' lenghuan aap in, Amah gamdang ah pa!*” (Mate 21:33) cihi. Lenghuan neipa in Ama' nasemte (*kamsangte*) ama' ngah ding teng la dingin nihvei paisak in ahihleh, saatgawp in Ama' nasemte that uhhi (Mate 21:34–36). A nunungpen in Ama' Tapa (*Zeisu*) sawl a, “*Ka Tapa zahtak buang sam unteh*” (Mate 21:37) ci in a paisak leh “*Hihpa gamluahpa hi ei, thatlum ni in, Ama' gamh teng sut ding hihang*” ci in “*Ama' Tapa lenghuan pualam ah kaikhia in thahlup sak uh*” (Mate 21:38, 39) cihi.

Bang hihbeh theilai ding? Pa in hong itlua in A Tapa neihsun hongpia hiven (John 3:16). Vantung leitung kidona

pen tuabang lian ahih nakleh, khankhin nailopi in, Pasian vangliatna tawh ki vengsak theilo ding a, Pasian gamtatna leh omzia lahkhiait limlim phot kul hi. Tuapan zong Christ hong sepsakna sungah kicing takin hong ki lakkhia hi (*Rom. 3:25, 26; Rom. 5:8*). Pasian in paulam zong hetlo in, Ama' thutang leh hong itna tawh eite a dingin Christ hong sihsakna banah, bang dang ngetbeh lailai ding ihi hiam?

Mawhna leh gitlohma a beisiang nadingin, Pasian in kul leh kisam teng hong hihsak khinzo cih Singlamteh in hong lakkhia zo a, itna siangtho a khantoh theihna ding munteng hong suksiat saklo hi. Hih sangin a deihhuai zaw lampi dang om hileh, Pasian in teelkhin lo ding maw? Mihing in kidona lianpi sungah a thuksiat laimah in, Pasian in eite sangin thuksia kanlai hi. Singlamteh en peuhleng, Pasian tungah thuksiatna bangzah in tung cih theipah lel hihang. Christ in eite mahmah zong Amah bangin thuakzo thei dingin itna tawh hong deihsak hi.

**Isa. 53:4 simin. Kuate' “dahna” leh “gimna” teng Christ in singlamteh tungah thuak hiam? Hihthu in Pasian hong sepsak teng leh hotkhiatna in Pasian tungah bangzah man hiam cih bangteng tawh hong theisak hiam?**

**THURSDAY**

**Pasian' Min Dikna Lahkhiaitna**

Pasian min dikna pen lam tampi in ki lakkhia hi. Pa' nasepna, Tapa' nasepna, Tat khatna sungah Kha Siangtho' nasepna ah Pasian' dikna leh a itna pen, paubaanna om hetlo in lahkhiaitna om khin hi (*Rom. 3:25, 26; Rom. 5:8*).

**Rom. 3:1–4 pen Isa. 5:3, 4 lungngaisa in simin. Hih kidona sungah Pasian mahmah a hoihna ki pulaksak ahihna bangteng gen hiam?**

*March 13*

Rom. 3 leh Isa. 5 sungah, Pasian in ciangtanna tawh Ama' nasepna thukhen dingin Ama' mai ah zong a ding zolo mi mawkmawk hong sam hi. Hun tawp ciangin "**laibute**" ki hong ding a, Pasian in thutang thudik mahmah cih kimu ding hi. Pilna anei piansaksa khem peuh maiah Pasian in Ama' dikna hong lahkchia ding hi.

**Mang. 15:3 leh Mang. 19:1–6 simin. Ni tawpni in Pasian in Ama' dikna a lahkhiat ding thu bangteng gen hiam?**

Lasiangtho sung tawntung ah, Pasian in Ama' min pulak den hi. Banghang? Na it melloh na theih melloh khat tawh itna thuk sungah kikhawl theilo ding hiteh. Na zi na pasal a lauhuaina a siatna vive hong ki gensak henla, mi'n um hileh, mailam ah na ki-itna uh ki tam thei ding ahih manin, nasia takin talsik in nahih ding dan ngaihsun in.

A tawpna ah, singlamteh ah tatkhietna tawh Pasian' dikna ki pulakkha hi. Kumkik ma a thukhenna sungah vantung leitung muhna ah Pasian' dikna ki lahkchia hi.

Kumkik khit thukhenna, tatkhiet mite in "vanmite" nangawn a thukhenna ah (*1Cor. 6:2, 3*), tatkhiet te in, Pasian hihsak nakhempeuh ciamtehna leh Pasian thukhenna in kicing in thumaan leh itna om ahihna et-kik theih hun a ngah uh ciangun, Pasian' dikna kilangkhia sak ding uhhi. Dawn ding a kilawm dotna tampi a neilo kuapeuh ki omkha hiam? Na khem peuh a ki zawhsiang ma in tua dotna teng hong kidawng khin ding hi (*1Cor. 4:5*).

Atawpna ah khuk khempeuh khukdin in leii khempeuh in Zeisu in Topa hi ci ding uhhi (*Phil. 2:10, 11*).

Tuapen Pasian omzia a hoihna kilatkhiatna pipen ahi ding hi.

**FRIDAY**

*March 14*

**Ngaihsutbeh Ding: Ellen G. White, *Testimonies for the Church*, vol. 9 lai. 285–288 “The Reward of Earnest Effort” simin.**

“*Pasian hong vaihawm sakna tawh kisai lungsim hong buaisak khempeuh pen leitung thak ciangin ki telkheh mahmah ding hi. Tel zawhloh thute zong telta ding hihang. Pasian lainatna hehpihna eite mai ah kihong khia ding hi. Mihing pilna lel in lungbuai in kamciam a palsat na munah, a kicing a hoikim lung kituahna kimu ding hi. Mongneilo itna in a haksapen mun ah nasem cih kimu ding hi. Na khempeuh ah eima’ hoihna dingin Ama’ hong kepcinna i phawk ciangin, genzauhloh in lungdam ding hang a, minthanna tawh kidim ding hihang*”—Ellen G. White, *Testimonies for the Church*, vol. 9, p. 286.

**Kikupding Dotnate:**

**1. Pasian vaihawmna thei nuamlua in na lungsim a buai ngei hiam? Atawpna ah tuateng khempeuh kilangkhia ding cih na theihna in bangzah hong lungnuam sak hiam?**

**2. Christ in hih leitung a dingin a si dingin mihing hong suak ciithu ngaihsun in. Hihthu in Pasian itna hong pulakna leh Pasian muanhua na hong gen hi. bang hihthei lai ding hiam?**

**3. Pasian’ “min” tawh kisai bang thupi hiam? Christian a kici mite a dingin bang mawhna hong phawksak naci hiam? Christian te in koici bangin Christ’ min khawng daisak thei a, eima kimkot a mite tungah Christ’ nungzui hihna koibang in lakthei ding ihi hiam?**

**Lesson 12***March 15–21*

*Itna leh Thutang: Alianpen Thukham Nihte*

**SABBATH NITAKLAM**

**Tukaalsung Simding:** *Mate 22:34–40; Zech. 7:9–12; Late 82; Micah 6:8; Mate 23:23–30; Luka 10:25–37.*

**Kamngah:** “*Mi khatpeuh in, ‘Pasian ka it hi’ cinapi in a sanggampa a muhdah leh, a zuaipi ahi hi; a muhtheih sanggampa it-lo pipi in, a muhtheihloh Pasian koibang in itthei ding hiam?*” (*1John 4:20*).

**A tawpna** ah Pasian in nakhempeuh mamsak ding cih lungmuanna kinei a, tuathu mahin tu a heksuk hektohna teng huzaap hi. Tu tadih in Pasian in a suksiat nailoh ding thu tanglo leh gitlohma tampi om mah taseleh, tuathu in eima thuksiatna te kiamsak theilo ding cihna hipah lo hi. Tuabang iihih ding eima tavuan ahi hi. Itna leh thutang tonkhawm den cih theihsa hi a; amau gel kikhenkhia theilo hi. Pasian in thutang it hi. Tua hi a, eite’n zong Pasian i it nakleh, thutang zong it kul hi.

Tua mahbang in, Pasian i itleh khatlehhkhat ki it kul hi. Khatlehhkhat ki itna sungah kimlehpam deisakna zong kihel hi. Mite zawnna, nenniamna leh thutanglo in simmawhna a thuakna uh phawksak ding hihang. Mi a ki nenniam ciangin ki muhmawh bawllo ding hi. Eima sepsak theih bang om cih zongin, a mimal ahi a, kipawlna tawh ahi zongin, Pasian’ itna leh thutang khangto sakin, hi a

kisia leitungah, Topa’ kicinna itna leh dikna mainawt sak ding hihang.

**SUNDAY****A Lianpen Thukham Nihte***March 16*

A mimal ihi a, kipawlna tawh ahi zongin, Pasian hong itna leh a a thutang a mainawt theihna ding in, Pasian mahin hong thupiak tengmah bulphuh in kipat kul ding hi.

**Mate 22:34–40 simin. Thukham siampa’ dotna Zeisu in koici dawn hiam?**

.....

Zeisu mahmah in “*amasa leh a lianpen thukham*” in “*Na lungsim khempeuh, na nuntakna khempeuh leh na pilna khempeuh tawh it in*” cihi. Tua ciangin “*a nihna zong*” tuamah bangin “*Nangma pumpi na it mahbang in na vengte na it in*” cihi. Hih thukham tegel in amau nihbek tuam om hilo a: “*Hih thukham nihte tung panin thukham dang khem peuh leh kamsangte’thuhilhna khempeuh a hong mengkhia ahi h*” (*Mate 22:37–40*) cihi. Tuate khempeuh Laisiangtholui sungpan aki lakhia ahi hi.

**Mate 19:16–23 simin. A hau khangnopa’ ulianpa dotna Zeisu’ dawnna leh Mate 22 sunga thukham siampa dotna Zeisu’ dawnna koibang in ki zavitawn nasa hiam?**

.....

Bang teng piang hiam? Banghang in hih mipa tuaci dawn se hiam? Eima dinmun ngaihsun hetlohsa in hihbang in hong kici guih leh bang i ci diam?

"Tua ukpa in Christian hoih khat a suah theihna ding kammal te Christ in pau hi. Ama' kammalte khauh bang ahiihang pil kammal ahi hi. Sangthei in mangthei hileh tua ukpa in hotkhiatna lam-enthei bek ding hi. Ama' zaliatna leh a hauhna in ama' gamtatna tungah gitlohma tawh huzaap hi. Tuate zawp khaleh ama' sunga Pasian' omna mun luahpah ding hi. Pasian kiangpan neucik khat nungkin leh Pasian in ama' lungsim thahatna ding a piak ding teng khawlsak ding a; hih leitung nate in muanhua lo bangmah cihtaklo hinapi, tuateng mahin huupcip pah ding h'"—Ellen G. White, *The Desire of Ages*, p. 520.

**Ahau ulianpa bangin neihsa khempeuh zuak ding hong kicich lianloh hang, nangmah na let tentan, na khahkhiat keileh tawntung siatna hong tunthei bangpeuh omthei ding hiam?**

**MONDAY**

### **Mawhna Lianpen Nihte**

Zeisu mahmah in a lianpen thukham nihte in Pasian itna leh khatlekhkhat ki-itna ci khinzo hi. Hih thupiakte zuihna in midangte itna lahna hi a, Zeisu' khekhab zuihna zong ahi hi.

A lianpen thukham nihte in Pasian itna leh mi itna ahihleh, a lianpen mawhna nihte bang hiding hiam?

**Late 135:13-19 simin. Hihteng ah Laisiangtho sung tawntung ah a omden mawhna in bang hi ci hiam?**

.....

Laisiangtholui mahmah in na khempeuh tungsiah ah Pasian it (*Thulk 6:5*) ding cihi. Hihmah pen milim biakna tawh kinai mahmah a, Pasian itna tawh a kilehbulh hipah hi.

**Zechariah 7:9-12 simin. Hihmun ah kamsang Zechariah in, Pasian in bang deihlo ci hiam? Hihthu leh milim biak mawhna in a lianpen thukham nihte tawh koibang in kizom hiam?**

.....

Itna tawh hehsuak in Pasian in a taai gawp pen milim biakna hang bek hilo a, Amite un Amah a mimai a nambup un a telkhialhna uh hang hipen hi. Pasian in itna ahih manin thutanlohma ah a heh suak hi.

Laisiangtholui in a lianpen mawhna nihte pen, a lianpen thukham nihte zuihlohma tawh kizomsak a: Pasian itna leh midangte itna ahi hi. A lianpen mawhna nihte in itlohma ahi uhhi. Tomgen leng, Pasian it lopi leh midangte it lopi in thukhamte na zuithei kei ding hi.

1John 4:20, 21 in: "mi khatpeuh in 'Pasian ka it hi' ci napi in, a sanggampa a muhdah leh, a zuaupi ahi hi; a muhtheih a sanggampa it theilo pipi in, a muh theihloh Pasian koibang in it thei ding hiam? Christ in eite thu hong piakna ah: Pasian a it mi in a sanggam it ding cihi."

**Pasian itna in midangte itna tawh kikhenkhia theilo cih koibang in na hilhcian thei ding hiam? Hih kizopna kitat theilo cih na koici telcian hiam?**

**TUESDAY**

### **Pasian in Thutang It**

Laisiangtho sungah Pasian in thutang it in gitlohma mudah a (*Late 33:5, Isa. 61:8*), thutanglo in midikte a thutanlohma tawh bawlsia ahih manin Amah khasia mahmah hi. Laisiangtho alui athak sungah, aki tuancil aki nengniamte a dingin, thutang hehna tawh a neng niamte a tuancil te tungah khasia cihi.

**Late 82 simin. Hih leitung a dingin Pasian in bangzah in thutang deih sak ci hiam? Tuni eite a ding bang khatna neithei ding hiam?**

Mi tampi cihna bang hileh, hihmun ah leitung ukna neite' nungah huihlak a uk "dawite" in, amau' dawi vanglatna tawh leitung ki ukna leh thukhenna nunglam panin siahua sakden ahih manin, tuate tungah Pasian in a thukhen ni ciangin leitung ukna aana neite in mawhpuaq neipen uh cihi. Ukna neite tungah "Note in a manlo in bang tanwei thu khen in, migilote angvan ding nahi uh hiam?" (Late 82:2) cih dotna om hi.

Tua banah, "Mizawngte leh tagahte kemcing unla; genthei leh tasam te tungah thutang un. Migilote' khutsung panin mizawngte leh tasam te honkhia un" (Late 82:3, 4) cih. Mundang ah zong Laisiangtholui kamsangte in thutang ding vive tangko uhhi. Puatham bek hilo hi; Laisiangtholui kamsangte leh Zeisu mahmah cilehsa tawh a paukhat thute ahi uhhi.

Pasian ka it a Ama' thu ka mang aci peuhmah tungah hihthu hong kalthna pen thusim hi tuanlo hi. Micah 6:8 sungah langtang mahin hong kalth thu in: "Thuman thutang sem ding a, itna kip nei tawntung in, ki niamkhatna tawh Pasian' thu man ding ahi h" cih. Hi bang lungsim puak pen Laisiangtho sung tawntung ah om kawikawi hi. Zeisu in zong "Note khatlehhkhat na ki it le uhcin, mi khempeuh in Keima' nungzui nahihna uh hong thei ding uhhi" (John 13:35; 1 John 4:8-16) cih.

**Micah 6:8 sunga kammal bang lianin gamta hon leng, innkuwan sung pawlpi sung bang ci in na um hiam?**

**Nangma dinmun bangpeuh hi taleh, hih thukhun koici bangin a hoizaw in zangthei ding nahi hiam?**

**WEDNESDAY**

**Thutang Phut dingin Cial**

*March 19*

Kamsangte in pawlkhopna sungah thutang ding Pasian in hong cial ci uhhi. Laisiangtho mahin thutanlohnna leh nenniamna a dona panin ton kik ngei hetlo hi. Thukhen dingin Pasian aki cialna mahmah pen thutang phut dingin Pasian aki cialna mah hipah hi.

Etpak dingin, kamsang Isaiah in Israel mite hun a thutanglo peuhmah koihcip ngeilo hi. Thutang ding a sapna aw in tuni dongmah in gingtak in kiza lai hi. "Gamtat hoih ding kisin un. thuman in gamta unla, ki nenniamna khawl un. Pa neilote huu unla, meigong numei panpih un" (Isa. 1:17) cih. Tua banah "a cimawhte thutang kimlai, heikhat sakin, Keima' mite sungah a zawngte thuman sutkhia mite; gimna om henla" vauna: "Gimpia kni hun gamlapi panin suksiatna hong tun ciangin, kua kiangah huhna ngen dingin tai ding nahi uh hiam? Na neihsa uh koi ah koih ding nahi uh hiam" (Isa. 10:1, 2, 3) cih.

Tua mahbang in, kamsang Jeremiah in Pasian' thupuak khat "Thumanlo tawh inn lam a, zuauthu tawh inndei tungnung a lam mi, ama' na thaman pialo in a inn vengte a semsak mi - Na pa in an ne tuidawn a, thuman leh diktatna tawh na a sep manin a maapai hilo ahi hiam? Amah in mizawng cimawhte thuman tawh thukhen a, nakhempeuh ahoih suaksak hilo hiam? Tuabang in hihna pen Keimah nong theihna uh hilo hiam? Topa in cih?" (Jer. 22:13, 15, 16).

**Mate 23:23-30 simin. Hihteng ah Zeisu in a thupipen bang hong hilh hiam? "Agikzaw nate" acihteh bang a cihnopna hithei ding naci hiam?**

Khatpeuh in thutanglo pen Laisiangtholui kamsangte bek in awlmawh cikha ding hi. Zeisu' nasepna sung mun khempeuh ah, Christ in awlmawh penin nanei hi. "Mihoih aki neihkhem no thukham hilh siate leh Pharisee te aw, gimna na thuak ding uhhi! Note in Pasian tungah lengmasel, masala, leh cumin singnamtui a kipan, meh namtui nam khem peuh sawm-a-khat pia napi in, thukham sunga "agikzaw nate" thutang leh hehpihna na awlmawh kei uhhi. A dangte nusia tuanlo in hih thute nazuih ding uh ahi hi" (Matt. 23:23). Luka sunga Zeisu' kahtamna sungah "thuman ding leh Pasian it ding na donkha kei uhhi" (Luka 11:42) cihi.

**Tuni in "agikzaw nate" bulphuh ding hileng, "lengmasel, masala, leh cumin singnamtui" langkhat ah na bulphuh theih ding bangpeuh omthei ding naci hiam?**

THURSDAY

March 20

#### Ka Vengpa Kua Hiam?

Luka laibu sungah, thukham lianpen nihte in Pasian itna leh vengpa itna a cikhhit phet in, thukham siapa in amah mah ki tawzuut nuam in, Zeisu kiangah '**ka vengpa kua hiam**' (Luka 10:29) ci in dong hi. Tua a dawnna in, Zeisu in tualai a thulaang a lauhuai Samaria mihoihpa' gentehna tawh thuhilh hi.

**Luka 10:25-37 sungpan Samaria mihoihpa tangthu simin. Hih tangthu in mihing khang tawntung a kamsangte in a kiko den tawntung, minam khempeuh in a thuaksiat uh thutang leh hehpihna thu koibang in khuavak hong taan naci hiam?**

Zeisu in thutang thu a gen bek hilo; Amah'n hong keng ding hi. Kamsangte in thutang deih in a kiko niloh teng a kicing sak dingin Amah hongpai ahi hi (*Luka 4:16-21; Isa. 61:1, 2*). Amah in, suahtak na'ng a lunggulh minam khempeuh' lungdeih ahi hi.

Pasian' vangliatna leh a tokhom a buluh nuam galte tawh kibanglo in, Zeisu in ki niamkhiat tawm in mawhneite, thutanglo leh nenniam thuak in mawhna baang te bangin hong omsuk in, thu um khempeuh siansuah dingpa in, thutang phut dingin Ama' pumpi aki piakna tawh galpa zocip hi. Thukham sunga a gikzaw nate don dingin Christ hong sapna awlmawh lopi in, Christ in sihna hong thuakna tawh a lapsang nop thukham pen koibang in awlmawh thei peuhmah ding ihi hiam?

Late 9:8, 9 sungah, "Leitung mite thu a mantak leh a kilauw bangin thukhen hi. Topa in nenniam thuakte a dingin munkip hi a, haksat hun ciangin mun muanhua ahi hi" cihi. Tua mahbang in, Late 146:7-9 in zong, Pasian in "a ki nengniam te a dingin thumanna semkhia a, gilkial te an a vak hi. Topa in thongkiate khakhkia hi. Topa in mittawte khua musak hi; Topa in niamsakna a thuakte sangto sak a; Topa in thuman mite it hi. Topa in peemtate kem a; pa neilote huh hi; ahi zongin migilote vaihawmna Amah in lumlet hi."

Eima kimkot tasamte leh natna thuakte huhtheihna ding Pasian' kammal in hong sawlna bangzah takin kician zawtham nasa hiam?

**Ki tasam mite vaphak ding thu Zeisu' nuntakzia leh nasepna tungtawn in bang pilna kisin thei naci hiam? Amah bangin natna thuakte tungah lim lamdang i bawlthei kei phial zongin, eima huhna in koibang in "lim lamdang" tawh kibang sakthei ding ihi hiam?**

**FRIDAY**

March 21

**Ngaihsutbeh Ding: Read Ellen G. White, *The Desire of Ages* laimai 281-289 “The Sabbath” simin.**

“Thukan te in, amau thuakkhak ding haksatna kihta in mihonpi lakah Christ’ dotna dawng ngamlo uhhi. Amah’n thuman gen cih theilua uhhi. Amau’ tang-ngeinate palsat ding sangin, mikhat thuaksia paisuak saknuam zaw, a neipa nangawn in ganhing bangin a nutsiat uh pen omsuak zaw leh ci uhhi. Pasian’ lim suun in a ki piangsak mihing tanghial sangin ganhing peuh awlmawh zaw ahihna uh pulakna ahi hi. Hihthu in biakna maanlo te limpua ahi hi. Tuate in Pasian tungsiah ah kilaptoh nopna sungah bul nei himah taleh, amaute’ un ganhing nuai ah kiasuk zawsop uhhi.

Vanglian Pasian a langdo biakna peuhmah, hong ki Piansak lai a mihing’ minthanna teng, Christ in khatvei hong puahphat kik ding pen buluh sakna ahi hi. Biakna maanlo khem peuh in, mihing’ tasapna, thuksiatna leh hamphatna ding khawng teng awlmawh lohna khawng hilhthei kha tak ding hi. Christ’ sisan tawh leisa ahih man in, Lungdamthu in ahih leh manpha sak mahmah a, mihing’ kisapna leh gimna te don ding cih hilh hi. Topa in “mihing pen kham hoihte sangin a hoihzaw, minamte pen Ophir kham sangin a hoihzaw in Ka bawl ding hi” (Isa. 13:12) cih.

“Sabbath ni apha bawl ding leh asia bawl ding, hotkhiat leh thah ding koi hoihzaw hiam cih dotna tawh Pharisee tetung a tuk ciangin, amau’ lungsim hoih lohna tengmah a talsikna ahi hi. Zeisu in mi tampite nuntakna honkhia in lungdamna apiak laitak in, amaute un zong huatna tawh Christ nuntakna beng uhhi. Amaute hihbang un, gim thuakte hot ding sangin, Sabbath ni in thah ding hoihzaw thei ding hiam? Pasian’ ni siangtho ni in, hehpihna thupha bawl

*in mi khempeuh it-ding sangin, thatlum zawsop leng thumaan zaw ding maw?* —Ellen G. White, *The Desire of Ages*, pp. 286, 287.

**Kikupding Dotnate:**

1. **“Biakna maanlo khempeuh in, mihing’ tasapna, thuksiatna leh hamphatna ding khawng teng awlmawh lohna khawng hilhthei kha tak ding hi” cihthu in banghang leh koibang in thumaan hithei hiam? Tuabang thute awlmawhlo takin omna pelh theihna ding pawlpi sungah koici bangin gamta thei ding ihi hiam?**
2. **Ka vengpa kua hiam? Nang vengpa kua hiam? Christ’ nungzui ihihna lahtheihna dingin gamgi khengval ah pai in itna a lakkhia Samaria mipa bangin koibang in semkhia takpi thei ding ihi hiam?**
3. **Pasian in thutang leh hehpihna it ahihleh, Pasian tawh kisai nate koibang in tam sep pen thei ding ihi hiam? Zeisu in “thukham sungah agikzaw nate” a cihte koibang in bulphuh thei ding ihi hiam?**

**Lesson 13***March 22–28***ITNA IN THUKHAM PICIN SAKNA****SABBATH NITAKLAM**

**Tukalsung Simding:** *Pai. 20:1–17; Rom. 6:1–3; Rom. 7:7–12; Jer. 31:31–34; Mate 23:23, 24; James 2:1–9.*

**Kamngah: “Khatlehkhat ki-it ding lobuang, leiiba neikei un. Midang a itte in thukham deihna a zuikhin ahi hi”**  
(Rom. 13:8).

**Pawlpi** church board sungah thubuai kikup laitak in, member khatin a pastor kiang ah “*Hehpihna bulphuh in thu khensakzo kei ni, Piang theilo*” cihi. Hihpa in Pasian leh Pasian’ thukham koibang in tel ahi tammaw ci in Pastor pa lungkham hi. Hehpihna cihpen mi’tung ah iihih dan, a diakin khialhna tungtang hi diak hi. Hehpihna in itna kituun hi a, Rom. 13:8 in zong, vengpa itna pen thukham picin sakna hi cihi.

Itna in thukham picin sakna ahihleh, tua thukham pen itna pan a kikhenkhia leh, itna pen thukham tawh a kizom mello khawngin ngaihsut khakloh ding kidawm ni. Laisiangtho sungah itna leh thukham tonkhawm hi. Sangpenpa in thukham piapa hi a, tua tawh kizui in, Pasian’ thukham in itna thukham ahi hi. EGWhite in zong Pasian’ omzia ciamtehna cihi (*Christ’s Object Lessons*, p. 305).

Pasian’ thukham pen lungsim sungbek a om thukhunte hilo a, eima khantohna ding in hong thuhilhna

teng ahi hi. Pasian’ thukham in Pasian hong itna lakhkhatna, Pasian tektek in hong pulakna ahi hi.

**SUNDAY****Itna Thukham**

Pasian’ thukham sungah lungsim thukhun omlo; Pasian’ thukham in kizopna hong hilhna ahi hi. Thukham sawm sungah kician takin om sitset hi. Thukham sawmte bulphuh thukhunte in Eden huan ah zong om khinzo a, Pasian leh mi’ kikal, mi leh mi kikal ah kizopna ki ukna ding thukhunte ahi uhhi.

Thukham sawmte pen Paikhiatna 20 in suangpeek tungah kigelh a, Israel mite khat leh khat a kizopna dinguh thupiak ahi hi. Hih thupiak tengpen Egypt panin Israel mite a hotkhat khit ciangin, Pasian hong itna tungah a kinga Ama’ kamciamte a kigelh ahi hi (*Pai. 6:7, 8 leh Siam. 26:12*). Thukham sawm teng zong khennih a phakna, Pasian leh mihing kizopna, mi leh mi kizopna aki ngiim ahi hi.

**Pai. 20:1–17 simin. Hihmun te in thukhun nih ahi, Pasian itna leh midang itna cihthu koibang in honglak hiam?**

.....

Amasa li tengpen mi leh Pasian kizopna hi a, azom guk tengpen milehmi mah a kizop na’ng ahi hi. Ei leh Pasian kizopna, ei leh midang kizopna pen Pasian’ thukham tung ah apai ahi hi.

Hih khennih apha thukham gel pen Zeisu in a lianpen thukham nihte naci hi. “Na Topa na Pasian na

*lungsim khempeuh tawh it in” (Mate 22:37; Pai. 6:5), Nangma’ pumpi na it bangin na vengpa zong it in” (Mate 22:39; Siam. 19:18) cihi.*

Amasa thukham li teng pen eimah ihihna khempeuh tawh Pasian i itna hi a, azom guk teng ahihleh, eimah i ki-it mahbang in khatlehkhat ki-it thukna ahi hi. Zeisu in zong kitelcian takin hih a lianpen itna thupiak nihgel in thukham tawh kizom hi cihi. “Hih thukham nihte tungpan in thukham dang khempeuh leh kamsangte thuhilhna khempeuh hong mengkhia h” (Mate 22:40) cihi. Tua hi a, Pasian’ thukham khempeuh in Pasian hong itna sungah zungkha uhhi. Pasian hong itna leh a thukham in kikhenkhia theilo hi.

Mite in, ***Thukham zuih kul kei, Pasian it ding leh midangte it peuhleng***, a cih uh kiza den hi. Hibang ngaihsutna banghang in kizang theilo nasa hiam?

***Thukham sawm lakpan khat palsat sa pipi in, Pasian itna leh midangte itna koibang in lahkchia thei ding ihi hiam?***

**MONDAY**

*March 24*

**Thukham Siangtho, Thumaan, Hoih**

Itna in Pasian thukham’ bulpi ahi hi. Pasian in thukham lamsang kawm in itna zong lamsang lai hi. Hihthu hangmah in mawhneite gumkhia ding in Zeisu hong sihna hi a, tua hileh thukham zong lamto thei ding a, hong hehpihna tawh zong hong baan thei hi. Amah in thutang in Amah a ummi khempeuh zong thutangsak thei hi (*Rom. 3:25, 26*). Itna lahkhiatna hiven! Thukham zong tatkhiatna nasepna tawh aki kipsak pan hilo a, akip khinsa ahi hi.

***Rom. 6:1-3 leh Rom. 7:7-12 sim inla, taang 12 uang sim phadeuh in. Hihmun te in Christ sihkhit ciang a thukham omzia bangteng gen hiam?***

.....

Pawlkhate in hehpihna leh tatkhiatna in thukham phiatsiang cih a up laitak un, Paul in, hehpihna a khan theihna dingin, mawhna sungah om-zom lo ding cih. Christ sungah a om mite pen “Ama’ sihna sungah ki tuiphum” a, mawhna sungah si in Christ a ding a nuncta hih ding kisam hi.

Pasian’ thukham in mawhna hilo a, eima mawhneih zia hong kilang sak hizaw hi. Tua hi a, “*thukham siangtho, thutang in hoih*” (*Rom. 7:12*) hi. Tua mahin, Christ bekin hong piaktheih hotkhiatna, tat-khiatna thute honglak hi. Tua hi a, “*thukham a phiat ki hilo a, a kipsak semsem ihi zaw h*” (*Rom. 3:31*) cihi.

Christ in thukham paaikhia dingin hongpai hilo a, thukham leh kamsangte tunga kamciam khempeuh a picing sak dingin hongpai ahi hi. Tua ahih manin Zeisu in “*vanlehlei abei zongin, hih thukham sunga laimal neupen nangawn mawkbei lo ding*” (*Mate 5:18*) cihi.

Pasian’ thukham in Pasian’ siangthona – a picing Ama’ omzia, a dikna, a hoihna leh a thumaanna limpua ahi hi (*Siam. 19:2; Late 19:7, 8; Late 119:142, 172*). Tua a ding mahin Paikhiatna 31:18 sungah, Pasian tektek in a thukham sawm teng suangpeek tungah gelh cihi. Suangpeek tunga kigelh hi a, hih thukham teng in, itna tungah a kiphus, kidona lianpi thulaigil hi a - kikel hun a neilo Pasian’ omzia leh Ama’ ukna gam tec i panna ahi hi.

**Thukham leh itna a kizopna in Zeisu' kammal “Kei nong it uhleh Ka thukham na zui ding uhhi” a cihpen koibang in hong telcian sak semsem thei ding hiam? (John 14:15).**

**TUESDAY**

*March 25*

**Thukham leh Hehpihna**

Thukham leh hehpihna in khatlehkhat ki kingkalh hetlo hi. Pasian hong itna leh a thutang sungah mun tuam ciat panin mapang uhhi. Tanglai Israel mite in thukham leh hehpihna a lamdan sakna ah, Pasian in hong hehpihna hong lahna dingin thukham hongpia cih upna ahi hi. Amau kimkot vua “**pasiante**” in kipkho lo in genkhol theih omlo, a bia mite a ding amau “pasiante” in bang deih cihzong a hilh mello hi a, Laisiangtho Pasian ahih leh, Ama’ deihna mite tungah kitelcian takin a hilhcian sitset Pasian ahi hi. Amah a lungdamsak thute pen Amite a mimal ahi a, a pawl in ahi zongin a hoihna dinguh bawlna ahi hi.

Ahihang, thukham in mawhna pan hong gum theilo a mi’ lungsim khelsak theilo hi. Mawhna pen eima pianpih ahih manin, kha lungtang thak neihphat kul hi.

**Jeremiah 31:31–34 simin. Hihthu ah Pasian in lungtang thak hongpiak ding a kamciamna bang hong hilhcian naci hiam? Christ’ in Nicodemus tunga a paukhiat thu John 3:1–21 sunga piankikna tawh kisai thute tawh saikak in (Heb. 8:10).**

.....

Thukham sawm teng pen Pasian tektek in suangpeek nih tungah gelh (*Pai. 31:18*) ngiat hi napi, tua thukham pen Pasian’ mite lungtang tungah kigelh ding (*Late 37:30, 31*) ci leuleu hi. A cihnopna ah Pasian’ hong T-9

itna thukham pen a puatham bek hilo in a sunglam panin gamtatna ah hong kilang ding hi. Pasian bekmah in Ama’ thukham pen mi’ lungtang tungah hong gelhsak thei a, hong hihsak ding zong a thuciam mite tungah kamciam piakhin hi (*Heb. 8:10*).

Thukham zuihna peuh tawh eimah ki honkhia tawm zolo hihang. Upna tungtawn in hehpihna tawh Pasian hong piakkhong ahi hi (*Eph. 2:8*). Gupna ngah theihna’ng peuh in thukham a zui ihi kei a; gupsa ihih manun a zui ihi bek hi. Hong it theihna dingin thukham a zui ihi kei a, hong it zo ahihman hizaw in, Pasian leh midang it nuam ihih man hizaw hi (*John 14:15*).

Tua kawm mahin, thukham in mawhna hong musak a (*James 1:22–25; Rom. 3:20; Rom. 7:7*), Tankhiapa kisam cih hong lak (*Gal. 3:22–24*), a hoihpen nuntakna lampi ah hong makaih in, Pasian hong itna hong lak hi.

**Thukhenna sungah bang lam-etna nanei hiam?**  
**Nang hong seel pen bel nangma pilna leh thukham zuihna maw, Christ dikna hizaw hiam? Pasian’ thukham in a hihtheih leh theihloh koici bangin na dawng ding hiam?**

**WEDNESDAY**

**Itna in Thukham Picin sakna**

Itna leh thukham kikal kizopna pen uang theilo hi. Laisiangtho in itna in thukham kicing sak ci hi.

Rom. 13:8–10 ah, Paul in, “midang a itte in thukham a kicing sak khin ht” (*Rom. 13:8*) cihi. Thukham sawm lakpan a nunung lam guk teng gualsuk diudeu in, Paul in “hiteng khempeuh pen ‘nangma pumpi na it bangin na vengte it in’ cih

*in huam khin hi*" (Rom. 13:9) cihi. Paul mahin "itna in thukham picin sakna hi" (Rom. 13:10) cihi. Galati 5:14 ah zong Paul mahin "thukham khempeuh thukhat in ki gawmkhaum thei a, 'Nangmah na ki-it bangin na vengte it in' cihtawh ki tomlak thei hi" (Gal. 5:14) cihi. Thukham kicing sak pen koibang thukham hiphā diak hiam? Tuabang itna koici bang hi hiam?

**Mate 23:23, 24 simin. Thukham sungah "agikzaw nate" koibang te hiam? Thuhilhkikna 5:12–15 leh Isaiah 58:13, 14 simin. Hihmun te in thukham (a diakin Sabbath thukham) leh Pasian' deihbang in thutang leh suahtakna tawh koibang in kizom thei ding hiam?**

---

Zeisu in thukham sunga "**agikzaw nate**" pen "**thutang, hehpihna leh upna**" cihi. Thukham khatmah ahi – Sabbath pen – Laisiangtho in suahtakna leh thutang tawh kizom cihi.

Thuhilhkikna 5 sungah zong, Sabbath thupiak pen Pasian in Israel mite a hotkhiatna sungah bul kiphut hi. Sabbath in piansakna phawkna bek hilo a, sila nenniamna pan suahtak phawkna zong ahi hi. Mikhat nopsak theihna lelte panin, Sabbath pen Topa sungah nopsakna ci in (Isa. 58:13, 14), midangte itna, thutanna, a hoih bawlna leh gilkial te anvak, inn neilote inn ah ciahpihna ahi hi (Isa. 58:3–10).

Hiteng bek hilo thuhilhna a dang tampi omkhin a, itna tungtawn in thukham a picing sak nuam peuhmah in, mawhna tawh ki-aapna in kipelh thei bek hilo, mawhna nutsiat kullai hi. Itna pen thukham picin sakna bek

thamlo, mawhna tawh ki-aap ziau ciang bek hilo; lawp takin a hoih bawlna – itna tawh nasepna sungah citak takin thumaan leh hehpihna sungah mainawtna ahi hi. Pasian tungah cihtakna pen thukham laimal palsat lohna ciang lelbek hilo hi.

THURSDAY

March 27

**Nakhempeuh Tungsiah ah, Khatlehkhhat Ki-it un**

Itna in thukham picinna ahihleh, khatpeuh in khialhna bawlloh manpeuh in Pasian thukham zui zolo ding hi. Itna thukham mahmah in Laisiangtho sungah om a, khiallo ding hong cibek hilo, Pasian hong itna pen midang tungah zong laksawn ding – eima' pawlpi mite tungbek hilo, leitung bup ah Christian hihna pulakkha ding hi.

**James 2:1–9 simin. Bang thupuak thupi om hiam?**

---

Hiteng ah, James in, thutanlohma nakpi takin taigawp hi. A diakin mizawngte a simmawh bawl mihaute hi phadiak hi. Tua banah, itna thukham ahi vengpa it ding sawl a, hih thukham nazuih leh "*ahoih hipah*" (James 2:8) cihi.

Ellen G. White in: Mihing itna pen Pasian itna leitung ah pulakna hi. Minthang Kumpipa' innkuwan sungah a tate ihih theihna dingin hih itna po sak ding hihang. "*Keimah in note kahong it mahbang in, note khatlehkhhat naki-it un*" (John 15:12) acih mahbang in: *Ama' hong it bangin leitung it leng, eitung a Ama' nasep a zo hipah hi. Eima lungsim sungah vantung nei ihih manin vantung tawh i kilawm ta hi*"— Ellen G. White, *The Desire of Ages* p. 641.

Christ in leitung a it mahbang in, e'n zong leitung it leng – *vantung tawh kilawm pah hihang*. Zeisu' nungzuite hamphat dan!

Zeisu in a nungzuite kiangah “*Keimah in note ka hong it mahbang in*” note zong “*khatlehkhat na ki-it un*” (John 13:34) cihi. Tua hileh “*Note khatlehkhat ki-it le uhcin, Keima nungzui nahihna uh mikhempeuh in thei ding uhhi*” (John 13:35) cihi. Pasian in itna ahiah manin Christian upna sungah itna in a bulpi ahi hi (*1John 4:8, 16*). Pasian ka it hi aci mi peuhmah khatlehkhat ki-it ding uhhi (*1John 3:11; 4:20, 21*).

*1Peter 4:8* in zong Christian te hong hanthotna ah: “*Itna in mawhna tampi khuhcip thei ahiah manin, lungsim takpi tawh khatlehkhat ki-it ding na ngaihsun phapen un*” (*Heb. 10:24; 1Thess. 3:12*) cihi.

**Christ in leitung a it mahbang in e'n zong leitung it ding ciithu lungngai in. Tua in Christian te picinna hi a, tawntung nunna tawh hong kilawm sak ahiahna koibang in hong telcian sak naci hiam?**

FRIDAY

March 28

**Ngaihsutbeh Ding:** Ellen G. White, *The Desire of Ages* laimai 637–641, “*The Least of These My Brethren*” simin.

“Midangte ading na asem te tungah Tuucing Mangpa in nasem ding hi. Amau un nuntakna tui dawn kha ding uh a, lungkim ding uhhi. Amau un gualnopna maimai te lung-gulh naunlo ding uhhi. Amau’ lunggulh bulpi in, a kisia kha te koici gupkhiat ding cih bek ahi hi. Mitawh zong kikhaul siam ding uhhi. Tankhiapa’ itna in amau’ lungsim uh kaikhawm ding hi.”

“*Pasian’ nasep khoppih ihih lam i kitheih ciangin, Ama’ hong kamciam te in ciam maimai hi lello ding hi. I lungsim*

*sungah hong kuang ding a, i muk ah meikuang hong leet ding hi. Mihai, ukna omlo, langdo mite makaih dingin Moses a saplai in, Pasian in kamciam pia a, ‘Nang tawh kongpia ding a, lungsim tawlingak hun kongpia ding hi’ (Pai. 33:14), ‘Nang tawh Kong om taktak ding hi’ (Pai. 3:12) cihi. Hih kamciam pen Christ a dingin nasepna ah genthei thuaksia mi khempeuh ading ahi hi*” —Ellen G. White, *The Desire of Ages*, p. 641.

#### Kikupding Dotnate:

**1. 1Cor. 13:4–8 simin. 1Cor. 13 in bangci mihing hiding hong ci hiam?**

**2. Mate 25:31–46 sungah bang in tuu leh keel khenkhia hiam? Hotkhiatna in sepna pan hilo cih Zeisu’ thuhilhna pan koibang in ki telcian thei hiam?**

**3. What does it mean to you that “*Amah in leitung a it mahbang in, e'n zong leitung it leng; eitung ah Ama’ nasep ding teng azo hita; vantung lungsim nei ihih manin, vantung tawh i kilawm ta hi.*” ciithu in nang ading bang khiatna nei hiam? (Thursday sinna enkik in). Hihthu in, Pasian’ omzia leh vantung omzia bang teng hong lak hiam? Hih leitung mahah vantung khuami mahbang in koibang in ki omthei ding a; Pasian hong itna thehthang sakna tawh nenniam thuakte tungah khuavak taanna hithei ding hiam?**

MORNING WATCH  
January, 2025

1. Wednesday	Psalm	145:17
2. Thursday	Isaiah	1:18
3. Friday	Genesis	3:15
4. Sabbath	Revelation	13:8
5. Sunday	Genesis	4:4
6. Monday	Genesis	5:22, 24
7. Tuesday	Hebrews	11:7
8. Wednesday	Genesis	8:13
9. Thursday	Romans	1:20
10. Friday	Genesis	11:5
11. Sabbath	Genesis	12:1
12. Sunday	Romans	4:3
13. Monday	Genesis	22:8
14. Tuesday	1 Timothy	6:9
15. Wednesday	Amos	3:3
16. Thursday	Genesis	27:3, 4
17. Friday	Genesis	28:15
18. Sabbath	Genesis	32:26
19. Sunday	Matthew	7:21
20. Monday	Genesis	39:9
21. Tuesday	Genesis	45:4, 5
22. Wednesday	Acts	7:25
23. Thursday	Exodus	7:1
24. Friday	Exodus	4:22, 23
25. Sabbath	Exodus	14:31
26. Sunday	Psalm	78:15, 16
27. Monday	Exodus	19:6
28. Tuesday	Exodus	32:1
29. Wednesday	Isaiah	51:7
30. Thursday	Exodus	25:8
31. Friday	Isaiah	5:20

MORNING WATCH  
February, 2025

1. Sabbath	Exodus	19:5, 6
2. Sunday	Deuteronomy	1:15
3. Monday	Numbers	14:2
4. Tuesday	Numbers	16:1-3
5. Wednesday	Nehemiah	9:19-21
6. Thursday	1 Corinthians	10:4
7. Friday	John	6:37
8. Sabbath	Deuteronomy	3:2
9. Sunday	2 Peter	2:15, 16
10. Monday	Proverbs	7:26
11. Tuesday	Deuteronomy	3:25, 26
12. Wednesday	Deuteronomy	34:5, 6
13. Thursday	Joshua	1:5
14. Friday	Hebrews	11:30
15. Sabbath	Deuteronomy	11:19
16. Sunday	Joshua	9:15, 16
17. Monday	Joshua	10:40, 42
18. Tuesday	Joshua	23:3; 24:31
19. Wednesday	Leviticus	27:30
20. Thursday	Deuteronomy	15:1
21. Friday	Exodus	23:14
22. Sabbath	Judges	1:28
23. Sunday	Judges	14:3
24. Monday	1 Samuel	1:17
25. Tuesday	1 Samuel	2:22, 24
26. Wednesday	1 Samuel	7:12
27. Thursday	Proverbs	9:10
28. Friday	1 Samuel	8:19, 20

## MORNING WATCH

March, 2025

1. Sabbath	1 Samuel	12:13
2. Sunday	1 Samuel	16:1
3. Monday	1 Samuel	16:18
4. Tuesday	1 Samuel	22:2
5. Wednesday	1 Samuel	24:6
6. Thursday	1 Samuel	28:12
7. Friday	1 Chronicles	10:13, 14
8. Sabbath	2 Samuel	1:11, 12
9. Sunday	2 Samuel	5:10
10. Monday	1 Chronicles	19:13
11. Tuesday	Proverbs	14:12
12. Wednesday	2 Samuel	12:7, 9
13. Thursday	1 Chronicles	21:17
14. Friday	Jeremiah	9:23, 24
15. Sabbath	2 Chronicles	6:1, 2
16. Sunday	Deuteronomy	17:17
17. Monday	2 Chronicles	9:5, 6, 8
18. Tuesday	Ecclesiastes	2:10, 11
19. Wednesday	1 Kings	12:13, 14
20. Thursday	Ezekiel	33:11
21. Friday	2 Chronicles	14:11
22. Sabbath	2 Chronicles	7:13, 14
23. Sunday	1 Kings	17:9
24. Monday	1 Kings	18:21
25. Tuesday	1 Kings	19:7
26. Wednesday	1 Kings	19:18
27. Thursday	1 Corinthians	10:11
28. Friday	2 Chronicles	20:20
29. Sabbath	2 Chronicles	23:21
30. Sunday	2 Kings	2:8
31. Monday	2 Kings	2:21, 22