

# UPA SABAT SIKUL ZIRLAI

**Thlithlam, hmuihmel, hmuhsaknak:  
Bible simcianak zirdan**

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2025**

Sabbath School Lesson

ဖလမ်းချင်းဘာသာ

ပုံနှိပ်သူ

ဦးဖုန်းနိုင် (၀၀၃၅၄)

မန်နေဂျာ

ကင်းစောင့်ပုံနှိပ်တိုက်

၂၀၆ ရွှေသစ္စာလမ်း၊ ရန်ကင်းမြို့နယ်

ရန်ကုန်မြို့

ထုတ်ဝေသူ

ဦးဖိုးဖိုးလှ (၀၁၉၈၇)

ဥက္ကဋ္ဌ

မြန်မာပြည်သတ္တမနေ့ဥပုသ်အသင်းတော်

၆၈ ဦးဝိစာရလမ်း၊

ရန်ကုန်မြို့

အုပ်ချုပ် - ၃၅၀

ဓမ္မဒါန

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### Simcianak hmaihruai

US le tangkhawm ram pawlin Iraq an do veikhatnak (Gulf war1991) ahkhan Protestant cangan thiam zet le Thuthangtha sim thiam zet cun himi buainak cu Thuphuan ah simcia in a um thluh zo tiah a ti. Thuphuan 9 ih um kharbaw pawl le do awknak ih an hman helicopter pawl cu bangaw nawn ih a ruah ruangah a si. “Cun anih in tawpneilo khur cu a ong ih, cui khur ihsin meikhu, somei nasa zetih khu vek a hung suak ih, cui khur ih meikhu ruang ah ni le van cu an thim. Cun cui meikhu sung ihsin kharbaw pawl cu leilung parah an ra suak: cule an hnenah leilung ih tlangkaikuang ih neihmi huham vek huham pek in an um” (Thuphuan 9:2,3)

Bible simciam i simfiangnak hrangih lamzin thazet cu a si lem lo ti? Asinan hivek ih simfiangawknak hi a lar zet. A ngaingai te cun kum 10 lenglo cabu pawl, cahran(articles), video le Internet Website tivek hmuahhmuah pawl cun simciannak an run simfiang ih, simcianak tamzet, tikcu caan, caan netnak ding tivek thuhla pawl hi ralbuailai tivek le Middle East tivek lam ah a lang zet.

Cule mangbang za rori in cuvek simcianak pawl cu a thleng famkim dah lo. Seventh-day Adventist kan si vek in kannaih cun danglam deuh in kan la ih, Khrih kha a lai mu bikah ret in, simcianak cu Middle East sung le ralbuai a umnak vial lawngah kan hmuitin ve lo. Kannih cun simcianak cu Khrih le Satan karlak ih dodawknak maksak fehtlang in kan thlir – Judah le Zentel(Thup 12:17, Thup 14:12) Pathian minung pawl in doawknak netabik an ton caan ah leitlun ih thlarau lam buainak a hung um ding, Sahrang le a lem pawl dokalh in Sersiamtu cu an bia ding a si(Thup 14:7)

Himi caan neta simciannak pawl theifiangnak ding ih tawhfung cu Daniel 2 hi a si. Cumi ahcun simciannak tuanthu tak pawl lawng hi a tel lo ih, cumi ih sullam pawl simfiang theih thluhnak tawhfung khal a tel a si.

Daniel 2 ahcun leitlun uktu ding ram pali a rel - Babilon, Media-Persia, Greece, le Rom - cutin Pathian in kumkhua in a ram a din dingmi in a run thlun, “cun cui lalram cu miphun dang hnen ah tanta a si lo ding, cucun hi lalram hmuahhmuah hi a kuai darhter ding ih a cimitter thluh ding, cule lalram cu kumkhua in a hmun ding a si ’ “ (Dan. 2:44). Simcianak thlun aw mi Daniel 7 le 8 ah himi thotho in thupi an bangaw, kumkhua ih Pathian uknak din a si hlan ahcun leitlun lalram cu a ding dingih a ziamral rero ding.

Daniel 7 ahkhan kan zate hrangah vancungmi cun simfiangnak a nei: “ ‘ “Hi sahrang tumpi pali hi leilung ihsin a ra suak dingmi siangpahrang pali an si. Asinain Cungnungbik ih mithianghlim pawlin lalram cu an co ding ih, lalram cu kumkhua in an nei ding, a kumkhaw tlaitluan rori in.” ’ “ (Dan. 7:17, 18).

Leitlun ih siangpahrang pali (Babilon, Media-persia, Greece, le Rom) pawl cun siatral thei lo ding khaw in san thuanthu fehtlang in netnak an co vivo, Jesuh a rat sal hnu ah Pathian cun a uknak cu kumkhua in a din lanta ding a si.

Kannah cu Rome uknak tikcu caan ahhin kan um hrih lai, Cumi cu Khrih a rat hlanah Lalram netabik le Palitnak a si. Simcianak theihthiam theinak ding ih lungphum san tuanthu hmang in tui kuata ih thupi Bible simcianak simfiangdan timi hi kan zir ding a si, a hleice in phenthlam, thuanthu, zuklem (hmuihmel), le tahthimnak tivek simcianak dik le netabik onnak kan zoh ding.

Semtirnak ih sersianak ihsin – simcianak lawng theihding hi a thupi lo ih, ziangmi kan thlun, thinglamtah le Jesuh ih thihnak ih thawink – Babel innsang, puanthlam hnatuannak, saam hla, Thukam hlun ih neihawknak hrekhat ti vek tiangin kan zoh ding. Himi pawl hmuahhmuah le thildang tamzet ah hmuihmel, duhsan nei hmainsinnak, tongthimnak tivek pawl kan hmu ding. Thlacamnak le hnuaidornak, thlarau hlan awknak (Dokalhnak thawm Bible na siar cun na tikcu na heuter men a si) thawm kan zir tikah Thuphuan sungih caan netnak lam simcianak cu a rung nun ding a si.

Simcianak thudik pawl phelh ong thluh dingih bomtu thuanthu, hmuihmel tivek pawl zir fiang thluh ding in kuata khat lawng hi a tawk lo. Kan thei thluh – cui thil hrang ahcun kumkhua hman caan hman kan tul men thei. Cumi hlan sung cu Pathian zangfahnak thawngin kan theitawk cu kan zir thei ding a si.

*Shawn Boonstra hi Voice Of Prophecy Pathian hnatuannak hi hruaitu lubik le Speaker a si. A thusimmi le a cabu pawl cu leitlum pum huap ih hman langzet mi a si, kum tamzet cu thuthangtha phuannak hi a hman mi a nun cu Antarctica ti lo cu ram hmuah hmun tin ah theih a si.*

**ZIRLAI 1****March 29–April 4****SIMCIANAK IH THLUN DING HREKKHAT****SABBATH SIIMLAM**

**Tuizarh zirlai hrang siar ding:** Jer. 29:23, 24; Saam. 139:1–6; Dan. 12:4; Thup. 22:10; 2 Tim. 3:15–17; Heb. 4:12.

**Bible cangkan:** “Kei Bawipa cu leitlun ah duhdawt zangfahnak, thuthennak, le dingfelna a hmangtu ka si timi in theithiam ih in theihnak ahhin a uangawtu cun uangaw sawn seh: ziangah tile hi pawl ahhin ka lung a awi a si, Bawipa in a ti” (Jeremiah 9:24).

Cathianghlim a zate deuh thaw ih a um mi simcianak thuhla ah Khristian pawl cun lungkim tlangmi an nei lo, cumi cun midang pawl cu Bible simcianak cu tikcu caan heunak men a si timi a zum hngat ter. Khristian pawl in profet simcianak malte khal an do a si ahcun, ziangtin a dik thei ding? Vansiatthlak zetin zumtu tampi cun Thuphuan vekih Bible sung ih cabu hrekkhat pawl cu theihthiam theih lomi veki an ruat thok theu. A siar hman siar duh loin an hnong ih, khuimaw caan ahcun simcianak zir cu buainak rehter tu siloin a suaktertu sawn a si tiih a ruattu pastor in thazang peknak a nei theu.

Cuvek cu a si ringring lo. Khristian tuanthu ih kum zabi 18 tuan deuh lai ahkhan Khristian tamzet cun Bible simcianak hi nasa zetin an zir, cule simcianak pawl ih thuken tawfung khalah lungruualnak an rak nei. Himi cu Pathian in cang suak dingih a duhdan a si: “Tu ah u le nau tla, nan zatein thu hmunkhat sim in, le nan lakah thenawknak um lo in, thinlung hmun khat le thuthennak

hmun khat ah famkim zetih nan pehzomawk sawn theinak dingah, kan Bawipa Jesuh Khrih hmin in ka lo dil” (1 Korin 1:10)

Tuizarh ah simcianak thuhla ih theihthiamnak thawn a milaw zetmi le rintlak zet a pe theitu thu bulhram kaihhruai awknak hrekkhat pawl kan hliak hlai ding.

**NIKHAT NI (Sunday)**

March 30

**A siartu cun, theithiam seh**

Khristian cabu zuarnak dawr ah feh lut awla, Bible simcianak timi thupi ngan aw mi pawl va zoh aw. Simfiangnak le hmuhdan bangaw lo rui ri tamzet na va hmuhsuak ding. Cumi cu Thuphuan cabu tivekih a rel mi pawl cu zohman ih theihthiam theih ngaingai ding rual a silo timi zum dingih thlemnak a si men thei. Thimnak ah cangan tu pakhat cun Antichrist (Khrih dokalh tu) cu ziangdang khal a si lo, tongthimnak men a si tiah a ti. A dang pakhat cun hmailam caan ih a ra lai dingmi a si a ti, cule a dang pakhat cun himi cun thil ziangsimaw lole Rom ukawknak san ih mi pakhat a rel duhnak a si tiah a ti lala. Thusimtu pakhat cun, “Bible cu tingri set (Violin) hlun vek ciah a si; na duhnak zawn te ah na tum thei” tiah a rak sim dah.

Ziangkhalsehla, amah Bible cun cuvek zawngin thuron a pe dah lo. Pathian thu cun Pathian hi a tong menmen lo timi theithiam dingah Bible siar ding in sawm a si. Cule A kamsuak thu ihsin Pathian in ziangmi a rel timi thudik kan theithe i ding a si.

**Siar ding:** Mathai 24:15; Thuphuan 1:3; Mathai 11:29; le Jeremiah 9:23, 24. **Himi bungcang pawl in Pathian in Amah ten theihthiam awknak a tuah zia thuhla ziangsaw in sim?**

Zirsang tlawng tamzet ih ca zir ding ahhin “Bible calai” lole cuvek thawn bangaw deuh zirlai an nei. Zumtu

hrangah cui thil cu mangbang thlak za a si, zirhtu cun zumlotu pawl ih thuanthu phuahcop mi vekin Bible a siar timi an hmu suak. Thuanthu pawl ahkhan nuncan thatnak lam ih Kernel “thudik” a um tla si men thei, asinan mi pakhat cun a duh dandan in thuanthu a phuahcop thei. Himi zirhtu pawl hrang ahcun Pathian ih thawkkhum a si tiih ruahmi cabu cu hnihsuak za men a si.

Curuanghai zirhtu cun Bible cu a siar ko, asinan Pathian ih a tongmi aw a thei lo. Midang pawl cun Bible ih thucuh thawn an milaw lo tuk tin thunet an khar. Bawipa hnen ih pumpe aw lo, le thudik zir dingih thinlung ong aw duh lotu pawl in Bible an siar cun a sungih thucuh ummi pawl ihsin lamzin an pial hlo men a si lo ih, a sungih Pathian ziaza thianghlim langmi le duhdawtnak khal an theihthelh a si. Himi cu mi tampi in an theih loin olsam zetin an tuah theu. Curuanghai Thiang Thlarau ih kaihhruainak hnuaiah lungput dik le thildik ah um loih Bible siar menmennak in mi a naa ter a si.

**Pathian ngaihsak lem lo mi pakhat Bible siar lai hmuh a si. Ziang a tuah timi an suh tikah anih cun, “relhnaq ding ka hawl. Relhnaq ding ka hawl” tiah a rak sawn. Ziangruanghai saw Pathian kamsuak thu siar tikah, lungput dik lo a neih theih?**

**NIHNIH NI (Monday)**

**March 31**

**Pathian in theifiang ding a duh**

Tong na thiam ciamco lem lonak ramdang, sidawr lole zungkhan tivek ih na um caan ah thil dang pawl hmuahhmuah hnakh manhlap thlak bik cu thutheihternak hi a si. Ziangmi na tong ding timi cu na theifiang zet, asinan cumi relsuak ding cun tongkam theihmi na nei mal tuk.

Pathian thawn cun buainak bangaw lo a hung suak. “ ‘ Ziangahtile van pawl khi leilung hnakh sang sawn an

si bangin ka lamzin pawl cu nan lamzin pawl hnakh an sang sawn ih ka ruahnak pawl khal nan ruahnak hnakh an sang sawn a si’ “ (Isa. 55:9, NKJV). Kanmah thawn pawlkom aw dingin Pathian in tongkam a neimal timi ah buainak zianghman a um lo, buainak cu kanmah in tongkam sal ding le Amah theih famkimnak ziang kan nei lo sawn hi a si.

**A hnuaq ih um bungcang pawl in kanmai theihthiamnak thawn tahthim in Pathian theihthiamnak thuhla ziangsaw a sim?**

Saam. 139:1-6-----

Saam. 147:5-----

Rom. 11:33-----

1 Johan 3:20-----

Thudik cu Pathian thinlung hi famkim zetin ziangtik hmanah kan theithiam theidah lo ding, ziangahtile Anih cu cemnetni nei lo, le ziangkim thei thluh tu a si ruanghai a si. Ngaingai te cun sersiam thuhla ziangkim hi kan thei fangfang a si ih, ziangtin saw sersiamtu cu famkim zetin kan theihthei ding? Kan theithei dah zik lo.

Ziangkim theithiam thluh lo ding khal sehla, Kan rundamnak hrangih a thupi hleice mi pawl cu kan theithiam a si (zoh aw, 2 Timote 3:14, 15)Dunghluntu pawl in an thu ngaitu pawl hnen ih thuthangtha an simfiangnak ah simcianak a thleng famkimnak pawl an run tarlang pahaphah, cumi ihsin simcianak ih tumtahmi tawhfung pakhat cu rundamnak ih khawkhannak khihmuhtertu

a si timi kan va hmusuak a si. Ngaingai te cun a netnak ah Bible simcianak cun lamzin pakhat in simaw, lole lamzin dang in simaw Jesuh hnenah, minung pawl hmuahhmuah hnenih a pekmi rundamnak thutiamnak ah in hruai lut a si.

Cumi thluh hnuah Bawipa, Amah ihsin ziangkim sersiam ih um thluh (Kol 1:16; Johan 1:1-3) tu cu hi leitlun ah a ra ih, minung zate soal hmuahhmuah hrangah thinglamtah ah raithawinak nei dingin Amah ten a pumpe aw. Cumi cu Pathian ih in duhdawtdan zia cu a si. Hivek pawl hmuahhmuah cu Pathian in kan hrang in tuahsak zo ruangah Jesuh sungih in pekmi hi mi reitheik bik khal tel in mi hmuahhmuah an theih ding a duh a si. Cun cutivekin Simcianak cun a tuah thei a si.

**Kan theihmi tampi um lo khal sehla, ziangahsaw kan theih lomi thil ruah rero hnakin a tu ih kan theihmi hmuitin in kan theihmi kan thlun ding hi a thupit?**

**NITHUM NI (Tuesday)**

**April 1**

**Daniel – Hi thu pawl khar aw**

**Siar ding:** Daniel 12:4. **Hitawk ah Bawipa in Daniel a simmi kha ziangsaw a si?** (Thup 22:10 **thawn an pialaw zet**)

Thuthangtha simtu pawl in Daniel 12:4 hi Khrih a ratsal hlante ih theih fimnak le thiamnak a hung thangso dingmi simcianak ih an run hman hi thil mangbanga a si lem lo. Mi tamzet cun kum zabi liamcia pawl ih khualtlawng suksonak a hung thatding dan pawl relnak ah an hmang. Hivek hi kanmai cabu pawl khalah hmuh ding a um. Simfiangnak hi dik zet khal sehla sullam dang a nei thei thocho.

A bungcang kha siarsal aw. Daniel hnen ih vancungmi ih thupek cu, “Hi thu pawl khar aw, cabu cu

tacik khen aw” timi in hram a thok. Thuhla tarlang rero mi hi amah Daniel ih cabu rori a si. Cule caan netnak ih theihnak a karh ding thu hi amah Daniel cabu ih theihnak a relmi teh a si thei pei maw?

Himi cun Daniel cabu cu Thuphuan thawn danglam awknak a tuah, Johan hnenah cabu cu tacik khen lo dingin fial a si (Daniel 22:10). Thuphuan cu a hmaisalam ihsin theih dingih tuah mi a si, ziangahatile “ ‘Caan a nei zo”. Cumi thawn kalh aw ciah in Daniel cabu cu caan hla deuh hmailam caan ih fiang zet ih theihthiam dingmi thil a si.

Kum zabi tampi a liam hnuah thuruat thiam Khristian tamzet cun Daniel cabu simfiang an tum ih, hrekkhat pawl cu nasa zetin an thangso. Daniel cabu theihfiangnak hi zamrang zetin a thangso, asinan kum 1798 ih a cemmi kum 1260 simcianak a um nawn lo hnuah leitlun ah mi tampi cun kum 1843 hrawngah ziangthil simaw a thleng ding tiin thunet kharnak an tuah celcel. Ziangkhal sehla cumi a tuahtu lakih hmin thangbik cu kum zabi 19 hrawngih thuthangtha nasa zetih phuangu William Miller kha a si (Great Advent Movement a din). “A tangsun” kawhhran a hung din thok ih, vancungmi pathum thucuh theihfiangnak khal a hung um thok.

Kan leitlun pumpi ih cangvaihnak a ra suak mi hi cu phundang ih kan sim ding asile Deniel in “ caan neta lam ahcun, theihnak a karh ding” a rak timi famkimnak a si.

Mipi rundamnak ah zianghman thuthensaknak nei loin, Khristian tamzet ih an zuang luhnak “thimnak” timi thuhla ruat aw. Zumlotu Rom ihsin hram bunmi Sunday ni sunlawih duhtuk ruangah Eden hmuan ih dinmi nisarihni Sabbath cu an hnong. Asilole thihnak thuhla a zaten ih hnong mi kha vun ruat aw, Khristian tam sawn cun zumlotu pawl ih zumdan vekin thih veten zamrang zetin nunnak dang a um hngal, asinan hrekkhat pawl

hrang ahcun kumkhua ih hell meisa ih kangnak a si tivek khal an pawm.

Asinan kannih cu thudik ih theihnak kan neih ruangah hnuaidor zet in lungawi ding kan si.

**NILI NI (Wednesday)  
Bible zirnak**

**April 2**

Seventh-day Adventist pawl cun Bible simcianak an theihfiang thei ruangah William Miller hnenah lungawi thu simcawk lo an nei. Bible bungcang ih tawhfung (Daniel 8:14 tivek) a theih thiamdan kha famkim lo khal sehla, Miller ih hmuhsuak mi cu zianghman lo men a si loih, a thupi zet fawn. Zianghman a tu ih a tangsun cangvaihnak a semsuahnak lamzin ong tu a si.

**Siar ding:** Mathai 5:18, 2 Timote 3:15–17, 1e Luka 24:27. **Himi bungcang pawl in Bible simcianak kan thlirdan ding thuhla ziangsaw in zirh?**

Lamzin hrekkhat ahcun Bible zir hi Jigsaw puzzle (zuklem um ca khong fate rem khawm lehnak) thawn an danglam tuk lem lo. Ca hnah khong pahnih thum hrawng lawng na rem khawm ahcun zuklem cu famkim zet in a hung suak thei zik lo. Cui ca hnah khong pahnih thum remkhawm mi ahcun ranglem mawizet a hung suak tla a si men thei, cutin Ranglew zuk mawi cu na remkhawm ngah thei. Asinan Ar lem, caw lem tivek remkhawm dingmi a zatel in a tang lai, cutin an zaten na vun remthat tikah ram pakhat a hung suak ding ih, cutawk ah khawpi, hmuamram, le hlaral ih um tlang tivek pawl na hmu famkim thluh ding.

Khristian hrekkhat pawl in Bible an zirnak ih an tuahsual mi bik lamzin pakhat cu Cathianghlim hi tongthimnak le thufim funkhawm aw mi vek men in an ruat ih, an duhnak hmun ih an va ben kual men hi a si. Hrekkhat pawl cu Gideon Bible hmai lam ih Bible zirdan

timi tluangtlam zet cu an hmang. Cumi ahcun thuthangtha na phuagnak dingih a lo bawmtheitu Bible bungcang tangkai zet pawl na hmu thei ding, cumi cun thupi pakhat thuhla ih Bible zirternak ummi hmuahhmuah a si tin an ruat theu.

Cuvek ciah in simcianak thuhla khal tluantlam zet in an la ih, a thuhlawm ummi thawn mi aw lem loin an zirh ih, Bible hmundang ih a relmi pawl ruat cuang lem loin, a tikcu zir ih thil a hungcang mi ah thum aw in an tahtim thluh theu. Himi ruangah tulai cabu ih simcianak nganmi pawl cu kumtin an danglam ter ringring theu, zianghman a thleng ding ih an relmi a thlen famkim theu lo ruangah a si.

Himi ruangah ziangvek thulu zir ding khalah Bible bungcang hrekkhat pawl lawng hril loin cui thulu thawn pehpar aw in Bible ih a zirhmi zaten ralring zetih zirfiang thluh hi a thupi zet. Cule cui thulu thawn pehpar aw ih an dinhmun le a reltum mi pawl khal theihfiang thluh a tha. Thu ngan mi pakhat laksuak ih, kan duh dandan ih simrel men hi a ol thei tuk.

**Thih hnu umdan thuhla ah an duhnak Bible cang lawng la tahrat ih a hmangtu pawl thawn nan tongaw dah maw? Asilole Sabbath thu khal ah na tong dah maw? Cumi let dingih lamzin tha bik cu ziangsaw a si?**

**NINGA NI (Thursday)**

**April 3**

**Tongthimnak maw a takram saw?**

Simcianak zirtu tlawngta pawl ih an theih tengteng dingmi thil thupi zet tawhfung pakhat cu Bible tongkam hi a takram maw, asilole tongthimnak a si timi theihthiam hi a si. Cangan tu in duhsannei hmingsinnak tongkam hmang bangta sehla thutluknak ziangtin mi pakhat in a tuah ding, cule ziangtin saw cui hmingsinnak cun ziang a rel duh timi ziangtin a theithe ding? Cumi theihthiam

theidan ding lamzin thupi zet cu tulai san ih hminsinnak an zohdan pawl ah hawl loin Bible pumhlum ahhin duhsannei hminsinnak le simduh zohternak tivek pawl hi ziangvek in a rak hmang timi zoh thiamnak hi a si. Thimnak ah hrekkhat pawl cun Daniel 7 ih savom cun Russia a rak zohter a si tiah an ti. Ziangatile cui zuklem cu tulai san ahcun Russia hminsinnak ih hman a si ruangah a si. Hivek cu profet simcianak duhsannei hminsinnak simfiangdan dik le him a si lo.

Bible hi Amahten relfiang aw tertu si dingin tuah awla ( A thupi relfiang dingin), a hnuai ih Bible cang ummi pawl hi zoh aw. Bible bungcang dangdang ih profet simcianak hminsinnak pawl cu ziangsaw an si, Bible in ziangsaw a rak zohter tin a timi?

Dan.7:7,Dan.8:3,Dan. 7:24 -----

Thup. 1:16, Efe. 6:17, Heb. 4:12 -----

Thup. 12:1; Thup. 21:2; Efe. 5:31, 32; Jer. 6:2 -----

Bible hi amahten simfiang awkternak kan neihter ahcun profet simcianak duhsannei hminsinnak thuthup pawl cu an hlovai thluh theu. Thimnak ah Ki cun ramkhel thuneihnak asilole rampi a rak zohter timi kan hmu thei. Nam cun Pathian kamsuak thu a rak zohter thei. Cule Nunau cun kawhhran a zohter. Hitawk ahhin Bible cu Amahten a simfiang aw ti cu fiangzetin kan hmu thei.

Ziangkhal sehla, simfiang dingih a tanglai mi cu ziangahsaw Pathian in fiang fukfi in rel loin hminsinnak thawn thu a rel? Thimnak ah ziangah saw 1 Piter 5:13 ah Piter in Rome khawpi cu Babilon vekih a rel?

Pathian in simcianak ah minung thawn pawlkom awknak ih duhsan nei hminsinnak a hmanna san tampi a um ko ding. Thimnak ah Thukam thar kawhhran thuhla

ahkhan, Thuphuan cabu ah Rom hi thil sual raphlak zet tuahtu tin fiangzet in rel bangta sehla kawhhran ih hremawknak a ummi kha a nasa deuhdeuh ding a si. Ziangvek san le vang a um khalah duhsan nei hminsinnak ih sullam theifiang dingin Pathian cun in duh a si timi kan theihfiang thei ding a si.

**Hminsinnak le simcianak hrekkhat pawl cu thuthup in rak um ringring khal sehla, ziangtin saw kan theihthiamnak hmuitin in kan zumnak kan nget khohter thei ding?**

**NIRUK NI (Friday)**

**April 4**

**Ruatbet ding: Siar ding,** Ellen G. White, “Tuahtu tu America pawl,” pp. 319–324, Doawknak maksak sungah...

“ Pathian hnatuantu pawl le mipi pawl cun Daniel le Thuphuan ih simcianak ummi cu theihthiam theih lo thuthup a si tiah an phuang. Asinan Khrih cun a dungthluntu pawl hnenah an tikcu lai ih thil a thleng dingmi Daniel cabu ih um mi cu fiangzet in a rel ih hitin a ti, “A siartu cun, theithiam seh” (Mathai 24:15). Cule Thuphuan cu thuthup, theihthiam theimi a si lo ti ih relnak cun a cabu hmin hrimhrim a dokalh a si: ‘Jesus Khrih ih Thuphuan, Pathian in a siahhlawh pawl theihter dingih a hnenih a pekmi...A siartu, le hi simkhawlnak thu pawl a ngaithlatu, le a sungih ngan mi cui thu pawl a thluntu cu mithlawsuak an si: ziangatile caan a nai zo(Thup 1:1-3)...

“Thawkkhum ih phuangsuaknak zoh phah in ziangtin saw minung in Thuphuan cabu cu minung ih theihfiangnak lenglam thuthup vekih an zirh awk thiam? Cui thuthup cu phuangsuak a si, cabu cu kau a si. Thuphuan zirkak cun Daniel simciannak lam ah thinlung mi a her ih, an pahnih in leitlun sancem tik ih thil a cang dingmi thawn pehpar aw in Pathian in minung hnen ih a pekmi kaihhruai awknak thupi zet an rak zohter veve a si.



“Johan hnen ahcun Kawhhran ih a ton dingmi lungawinak le lunglut zet thil cu onsak in a um. Anih cun dinhmun, tihnung um, doawknak le netabik ih Pathian minung pawl runsuah an sidan ding pawl a hmu. Lei ih rawl khawm ding thucah netabik a ngankhum, vanlam hrangih khawm ding simaw, meisa ih siatsuahnak hrangih khawm ding simaw a si. Thudik lo ihsin thudik lam ih a hoi ding pawl cu an hmailam ah doawknak le tihphannak a um dingmi thuhla ih zirhnak pek an si theinak dingah a hleice in kawhhran netabik hnenah Thucah thupi zetzet pawl cu a hnenah tarlang in a um a si. Leitlun ih thil a hung um ding ahhin zohman thimlak ih an um a tul lo.”—Ellen G. White, *The Great Controversy*, pp. 341, 342.

#### **RELKHAWM DING THUSUHNAK PAWL:**

**1. Simcianak zirnak ahhin kan zumnak nasa zetin a thansoh theinak ding lamzin pawl cu ziangsaw an si? Ziangvek simcianak pawl saw – kum thawngtel liamzo ih ngan mi, kum zatel ih thil thleng ding thuhla, asilole kum thawngtel hnu ih thleng ding rak ngan mi hrekkhat – Cumi pawl cun Bible ah na rinsannak lo thansoter ding le a thupibik cu cumi a thawkkhumtu Pathian ih na rinsannak lo thansoter tu ding bik cu ziangsaw a si? Thimnak ah ziangtin saw Daniel 2 cun Pathian a um ti lawng hman siloin hmailam caan khal a thei timi rinsan dingin huham in pek?**

**2. Profet simcianak a silo zawngih rel theutu hrekkhat cu kawhhran sung khalah ah an um, cumi pawl lak ihsin kanmah ten kan kilhim awk theidan ding lamzin thabik cu ziangsaw a si? “Thil ziangkim fiah in, a tha ih a langmi cu kaihnget” (1 Thess. 5:21, NKJV) ding ih ziangah kan ralrin a tul?**

#### **ZIRLAI 2**

**April 5–11**

#### **SEMTIRNAK LUNGPHUM**

#### **SABBATH SIIMLAM**

**Tuizarh zirlai hrang siar ding:** Isa. 40:7, 8; Sem. 22:1–13; Johan 3:16; Thup. 5:5–10; 1 Kor. 15:15–19; Thup. 12:1–9.

**Bible cangken: “A thaisun ah Johan in Jesuh a hnenih a rat lai kha a hmuh tikah, Zohhnik uh, leitlun sualnak la hlotu Pathian ih Tuufano khi” tiah a ti (Johan 1:29).**

Tulai san ih Bible simcianak simfiangnak, Thuphuan cabu tivek ih buainak tumzet pakhat cu Thuphuan timi hmin sullam ngaingai an theihfiang lo ruangah a si. Cangantu cun thukam hlun thuhla la tahrat in a siartu pawl ih theihthiam theidan dingin a ngan. Thuphuan cabu ih na zir hleice mi bungcang cu Bible pumhlum ih na hawl ding hi thil thupi zet a si. Bible bungcang dang hnakin a cabu theihthiam theinak ding lamzin ong tu thupi bulhram khal a um thocho. Himi cu Semtirnak cabu ahkhan a fiang zet. Cumi ahcun kan leitlun hi soal buainak ih a tumsuk dan lamzin a tarlang. Thuphuan cabu ih a tarlangmi ziangkim deuhthaw in – ziangtin simaw – Bible bung hram thoknak ahhin a um thluh.

Tuizarh ah Thuphuan cabu sungih thupi zet tampi lak ihsin malte kan zir ding. Tampi a um, curuangah zirlai zirtu pawl in a cabu sungih thuhla tamzet an hmuh theinak dingah Thuphuan cabu phen ih hlansan lungphum thupi zetzet theihthiamnak zohtertu malte kan hril ding. Cumi cu minung sinak, Pathian sinak le kan leitlun ih doawknak le kanmai nun rori ih zirlai thupi zetzet pawl an si.

**NIKHAT NI (Sunday)****April 6****“Tarlant hmaisabik” ih bulhram**

Tlawng cazirnak tamzet ahcun theihkauhnak thusuhnak in bulhram an thok theu (“101” tin nambat an pe theu), cui zirlai cun hmailam caan ih na zir thuk vivonak ding hrang thupi tampi le kau zet a rak tuah cia thluh a si. Cuvek ciah in Bible pumhlum na siar thluh tikah Pathian khal in Semtirnak cabu ahhin theihkauhnak zirding a rak nei ve a si timi na hmu suak ding. Cumi ahcun Bible hmundang pawl hmuahhmuah fiangzet ih zir theinak ding ruatnak a run thunlut a si.

A tlangpi thu in a hmaisabik ih ruatdan lole hmainsinnak cu Bible ahhin tarlang a si – A hleice in Semtirnak cabu bung pawl na siar tikah – cumi ruatdan tlangpi theihthiamnak din a rak si ti na hmu suak ding. Cumi cun lehnu ih a run hmanna ahhin theithiam ding a lo bawm thei ding a si.

Himi cu Bible tlawngta hrekkhat pawl cun “Daan tarlangnak hmaisabik” tiah an ti. Asinan cumi cu daan ti hnakin thu bulhram ti sawn sehla a mil deuh ding. Ziangatile thir ih khuh tar mi a si lo ti a fiang zet. Cumi daan ahcun tuah lo dingmi tampi a um. Bible zirnak le Bible simcianak cu Pathian in tikcu caan feh rero ahhin nuamnai teten a fale hnenah theihternak a pe suak ih, ruahnak in bulhram a thok ih, cutin kum tel, a kum zabi tiangin a kau ter vivo.

**Siar ding:** Isaiah 40:7, 8; Malakhi 3:6; le Hebru 13:8.  
**Simcianak na zirnak ah theihthiam zetih a lo bawm theitu ding himi bungcang pawl ihsin ziangvek saw na laksuak thei mi?**

Tuisan ah leitlun ih mi tampi cun “thutak” ai ah “diknak” an hmang theu. Ziangatile “thutak” cu a tikcu mil in a thleng aw theu tiih an ruat ruangah a si. Asilole “thutak” timi hi rinhlel a hlauh deuh hrimhrim tiah an ruat.

Pathian cun thutak a din ih, a thlung cu a thleng dah lo. A minung pawl thutak a zirh thok ih, Bible thu bulhram lole thupi tivek rel bet ih a um khalah a sullam a thlengaw cuang lo ih, tleunak nasa zet a pe sawn a si ti kan hmu thei. Curuangah simcianak zirnak hin sullam nasa zet a nei ih, Semtirnak cabu ih simfiangnak tampi veikhat na hmuh theimi theihfiangnak tha nei dingin a lo bawm thei a si. Cumi cun Bible pumhlum na zirnak ah theihthiam theinak lungphum a tuah a si.

**Ziang ahsaw zo simaw, ziangvek simaw, ziangtluk in tuangtlam le thiltha zet khal sikhal sehla, cumi pawl cun Bible le diklo thei lo a zirhah ih kan zumnak a ummi cu cakter lo ih in tuah ding kan siang lo hi a thupit? Hivex ih kan zumnak cak lo ter theitu hi ziangvek saw an si?**

**NIHNIH NI (Monday)****April 7****Pathian duhdawtnak theihthiamnak**

Sual ih roconak timi sullam hrekkhat cu kan umnak leitlun pi cu kanmai duhamnak le puarthaunak lam ih a fehnak in siatsuah ih a umnak hi a si. Leitlun cu ziangkim theitu Pathian hnen ihsin siloin kanmah te ih bikhiah nei thlirnak ihsin kan hmu. “Duhdawtnak” hnakin minung sualnak hi a darh cak deuh. Nunphung hminthang zet pawl cun midang duhdawtnak ai hnakin mah le mah theihthiam awknak lam hoi duhdawtnak va theihthiamnak lam a thang so ter. Himi mai duhamnak lam thupi ih kan ruat tikah Pathian in thupi zetih a thlirmi va theihthiam ding hi kan harsat pah theu.

Duhdawtnak theihthiamnak cu Bible simcianak theihfiangnak ding ih thil thupi zet a si. Doawknak ropi sungih thupi tamzet lak ih pakhat cu Pathian ziaza thuhla ih theihthiam lonak hi a si. Ellen G White cun dodawknak ropi cu tawifel zetin hitin a net a khar, “Leitlun pumpi cu a

thiangfai thluh. Rualremnak le lungawinak cun sersiammi a luahkhat thluh. Ziangkim sersiamtu Amai hnen ihsin cemnetni ni lo hmunkip ah nunnak le eng le lungawinak cu a luangsuak. Atom fate zet ihsin leitlun ropi zet tiang in nunnak neimi le nunnak nei hmuahhmuah pawl cun an mawinak le an famkimnak ah Pathian cu duhdawtnak a si timi an phuangsuak”—The Great Controversy, p. 678.

**Siar ding:** Semtirnak 22:1-13. **Bible in “duhdawtnak” timi a tarlang hmaisabiknak cu Semtirnak 22:2 ah kan hmu. Himi thuanthu hin Pathian duhdawtnak thuhla ziangsaw in zirh?**

Khuimaw caan ahcun Bible ih rellang hmaisabik hawl hmuh hi a tha zet ih, cui hleiah cuvek ih rellang mi bangaw ciahciah Bible cabu dangdang ih va hawl hmuh hi a tha zet – a hleice in Thuthangtha cabu pawl ih rel lang hmaisabiknak hawl hmuh cu thil tangkai zet a si. Mathai 3:17, Marka 1:11, Luka 3:22, le Johan 3:16 pawl ah thuthangtha cabu tin ah “duhdawtnak” timi tongkam hmaisabik kan hmu.

Tahthimnak ah Johan 3:16 ih “duhdawtnak” timi tarlang hmaisabik mi cun nasa zetin tleunak a pe suak: cumi cu biaktheng parih Isak thuangthu ah a va lang. Abraham in Pathian ah zumnak a neih mi cu nasa zetin a rinsan, raithawnnak hmang khal sehla Pathian in a fapa a kai tho thei timi zumnak a hril (Heb 11:19). Cumi cu Pathian in minung a duhdawt zia rak khihmuhtu a si. Anih cun kan hnen ih, “Fapa mal neih sun pek” (Semtirnak 22:2,12, 16) tiangin in duhdawt – cule thihnak ihsin a kai tho. Cuticun Pathian cun kan hrangih a neihmi duhdawtnak phunkhat, pumpekawknak duhdawtnak cu phuang in kan hnenah in pe a si.

**Pathian in kan hrangih a neih mi pumpekaw duhdawtnak cu midang hnenah ziangtin saw kan phuang thok ding? Ziangruangah saw hivek duhdawtnak hi kan lak ih mitam sawn hrangah a bulhram bik a si lonak san?**

**NITHUM NI (Tuesday)**

**April 8**

**Isak thusuhnak: Khuitawk ah saw Tuu Fano a um?**

Bible in *seh* (Hebru: **Tuu**) timi a tarlang hmaisabiknak cu duhdawtnak timi a tarlang hmaisabiknak Semtirnak 22 ahkhan a um. Tuu cu Thuphuan cabu sung ih duhsannei hminsinnak thupi zet pakhat a si. Thuphuan cabu ahcun Jesuh cu “Tuu” tin vei 20 lenglo kawh a si. Thuphuan cabu ih huham nei zet pakhat – Johan in Bung 4 le Bung 5 ih Pathian Bawi tohkham umnak a va feh tum ahkhan - Tuu fano cu hmunram thupi zet a rak co a si.

**Siar ding:** Semtirnak 22:7,8; Suah 12:3-13; le Thuphuan 5:5-10. **Ziangtin saw Isak ih thawiawknak thuanthu cun Tuu fano cu duhsan nei hminsinnak ih hman a sidan theithiam dingih in bom thei ding? Ziangtin saw himi thuanthu cu Thuphuan 5 ih Johan ih a hmuhmi thawn an milawk thei ding?**

Bible ih *seh* (**Tuu fano**) a tarlang hmaisabiknak cu Isak ih thusuhnak ihsin ra suak mi a si. “Khuitawk ahsaw Tuu fano teh a um?” (Semtirnak 22:7). Cui thusuhnak cu Bible dang pawl hmuahhmuah in ropi zetin an let thluh. Thukam hlun ih cabu dang 38 pawl cun Isak ih thusuhnak lam ah cabu siartu pawl an hruai thluh ih, Cui thusuhnak cu famkim deuh in an let vivo ih, lantak puai hmandan ihsin David hnatuannak tiang in a si. An thuanthu hmuahhmuah cu Messiah simcianak thawn a milaw thluh ih, cumi cun Isak ih thusuhnak a let a si. Cule Thukam thar ah Jesuh cu taksa le thisen thawn a runglang ih, a mipi pawl lakih hna a tuan ih, a netnak ah thinglamtah parih raithawinak a neih tikah Isak ih thusuhnak cu let in a um.

Cule Johan Thuthangtha ih Tuu fano rel hmaisabiknak Johan 1:29-34 kha zoh aw. Tipil petu Johan in Isak ih thusuhnak cu bulpak in a let vek tla a bang zet.

Cumi thawn cun a rualrem aw tuk cuang. Misual pawl cu an soal an sir ih, tipilnak nei in tidai sungah an pil, cumi cun misual ih thihnak le nunthar a neihnak a rak khihhmuh. Himi thu ahcun Jesuh, Pathian Tuu fano cu zamrang zetin a ra lang hngal ih, Mathai ih a rak ngandan vek asile, van a ongaw ih Amah thuhla rel in, “ ‘Himi cu ka duhdawt mi ka Fapa a si, Amah ahcun ka lung a awi” tiah a ti’ “ (Matt. 3:17, NKJV). Aw pakhat, Pathian ih Vancung mi aw cun van ihsin Abraham le Isak ih buainak relfelnak ding a run phuang timi hi hmingsin aw (Semtirnak 22:11-14).

Hivek pawl hmuahhmuah na finkhawm thluh ahcun Jesuh, Pathian Tuu Fano cu kan ai-awh tu a si timi cu a fiang zet. Cumi cun Johan ih langnak ih Tuu Fano thah thuhla kan theithiamnak ah eng nasa zet a pe suak a si.

**Ziangruangah saw Jesuh cu kan ai-awh tu a si ih, kan rundamnak ih lungphun a si timi theih hi a theipit? A hleice in thuthennak ah kan ai-awh ah Amah tel loin ziangvek ruahsannak saw na neih?**

**NILI NI (Wednesday)  
Thihnak thawn**

**April 9**

A sersiamtu hnen ihsin thiar fihlim aw leitlun ih nundan rapthlak zet cu nunnak tinkim dunglam ih thihnak thup aw, ziangtik lai caan khal ih vawktluk theih dingih ralring cia ih um ringring hi a si men thei. Cumi “Soal man thihnak” cu Leitlun ih nunnak bulhram umsun: Sersiamtu thawn pehzom awknak kan neih lo ruangih ka ngahmi netabik a si. Cumi cu Bible simcianak ah hmun thupi zet a luah ih, cumi relfel ding cu thil thupi zet a si ih, cui thil cu Jesuh le a thihnak le thawhsalnak lawng ah hmuh theih a si.

Bible sung ih thihnak tarlangnak hmaisabik le a langnak hmaisabik in himi Simcianak thupi zet ahhin

nasa zetin eng a pe ih, sualnak ih buaithlak zia theithiam dingin in bawm a si. Cule Pathian in soal a relfeldan theithiam dingin hmanrau thupi zetzet in pe.

**Siar ding:** Semtirnak 2:15–17, Semtirnak 4:8–15, 1 Korin 15:15–19, le Thuphuan 1:18. **Himi bungcang pawl in – thihnak a thlendan tarlangnak hmaisabik khal tel in – minung an thihnak san, Pathian in thihnak a thlirdan, kan buainak a relfel dan pawl ziangsaw in sim?**

“Thihnak cu nunnak peng pakhat a si” tiah kan rel theu. Cui thil cu thuphan tomtaw hlawt a si. Thihnak cu nunnak ih ralsan a si ih, nunnak siatsuahnak a si. Himi cu kan tonhmuh dingih khawkhan mi ah a tel dah lo. Thihnak cu kan hrangah thil um kel mi vek ah rungchang khal sehla, minung in a hramthok ah thil diklo ziang si maw a um timi thei thluh si awm takin, thihnak vun daikai ding cu kan thinlung cun a rak dokalh ringring lai. Thihnak hi tuarnatnak a si vek ciah in thihnak ciocio ah a dang thihnak ai hnakih tuarnatnak thlent u hrekkhat an um, cumi ahcun naute thihnak tivek tla hi an si. A tamsawn ahcun nu le pa pawl cu thihnak ahhin an fale hlan ah an thi ding tiah ruahsannak kan nei, cumi cu thil umdan kel vekin kan rak pawm lanta mi a si.

Asinan Bible sungih thihnak a nganmi hmaisabik cun thil umdan kel vekih ruah mi cu a run kalh thluh. Adam le Evi rori hman in thihnak an ton hlanah an fapa fel zet cu an fapa soal zet ih a thah ahkhan thihnak ih tuarnak nasa zet an tong. A hleice in dik lo zetih thihnak a si.

Jesuh kha vun ruat aw, Abel vek ciah in mi dingfel cu midingfel lo ih thah in a um. Khirh thihnak ai hnakih diklo sawn thihnak ziangsaw um thei cuang ding? Abel ih thihnak le Thinglamtah parih Khrih thihnak karlak ah ziangmi bangawknak dang saw hmuh ding um hrih lai? Ziangtin saw Abel ih thihnak cun Jesuh in “Hades (Thlan)

le thihnak tawhfung” a neihnak san le Amah ah Pathian ih in pekmi theithiam dingih in bawm thei ding?

**Thihnak ih buainak relfel lo cun ziangruangah saw a netnak ah kan nun hi tangkai lo, sullam nei lo le thahnem lo ih a cang? Himi thudik cun kan hrangih Jesuh ih a tuah mi ruangah lungawi ding kan sizia ziangsaw in zirh?**

**NINGA NI (Thursday)  
Rultar**

**April 10**

Cibai bukna (Biaknak) cu Thuphuan cabu sungih thil thupi zet tawhfung a si. Biaknak fehdan diklo tuahtu le sualna a tuahtu cu “rulhrens”( Thup 13:2-4) tiih theih a si; Cule hi a tulusa zo mi cherub hi rultar tiih rel a sinak khal hi thil a thlengpang men mi a si lo. Cumi cun Eden hmuan lam in khihhmuh ih, cutawk ahcun rulpi cu paradise ah feh in, Adam le Evi cu sersiamtu dokalh dingin a hnen ih tel ve dingah a va thlem.

Semtirnak 3:1-5 cu Thuphuan 12:1-9 **thawn zohtlang aw. Anmai thu hla veve ahhin ziangmi bangawknak saw an neih? Ziangtin saw Semtirnak sung ih rul thuhla kan hmuhmi in a hmaisa lam ih thuphuan ih a tarlangmi van ih doawknak suaipi tu thubuai hrekhat theithiam dingin in bom thei ding?**

Bible sungah Setan in leitlun a hruai pengdan thuhla hmuh hnih ah hmuh ding a um. Semtirnak ah minung pahnih lawng an um laiah a thleng ih, cule Thuphuan 12 le 13 ah Setan cu “leitlun pumpi bumtu” tiah theih a si (Thup 12:9). Cule Sahrang huham neitu le cumi bia dingih “leitlun mi hmuahhmuah” hruai theitu a si (Thup 13:2, 3). Bible simcianak ih thupi tampi lakih hmuhsuak mi pakhat cu doawknak ropi hi a danglam (thlengaw) dah lo timi hi a si. Pathian mizia le a tongkam suak a thlengaw dah lo, cule Setan pa ih tumtah mi khal a thlengaw dah ve ce lo.

Doawknak ropi a fehdan thleng a si lo ih, cathianghlim profet simcianak thu ih a khihhmuh mi fiang zet kan neih ruangah Khristian pawl in thil fehdan pawl cu an hliakhlai thei ih, thlarau lam tluksiatnak cu khuitawk ah a um timi an thei thok ve thei thlang. Pathian cu a sinak vekin a si ringring ding, cuvek ciah in Setan khal a si ve. Setan cun hmeltupnak thawng tampi a bun thei, asinan kum thawng tampi ih minung tluksiatnak thuanthu, Thuphuan cabu ih profet simcianak thawn pehzom aw mi, Eden hmuan ih khawkhannak a hman mi ihsin a luat thei cuang lo. Pathian cun fimnak le thutheih fiangnak (James 1:5) le Bible sungih ralthuam in tiam ih, Setan bumnak ih kan tluk a tulnak san zianghman a um lo. Asinan vansiatthlak za in mi tampi an tlu ih, mi tam zet - a tamsawn cu an tlu a si.

Caan liam vivo ih nunphung a thlengaw dan hi vun ruat hnik aw. Khawtlang nunphung a thlengaw danglam ih, a hlan ih pawm mi thilri khal pawm an si nawn lo. Doawknak ropi sung ih canvo neitu pawl le buainak khal an danglam lo. Khristian pakhat in nunphung thlengaw mi a ruat tikah ziangmi saw a ruat tel ding mi? Thimnak ah Setan ih bumnak a rel mi, na thi lo ding, pathian vek na si ding tivek pawl cu –tuisan ih nan nunphung ah khuitawk ahsaw cuvek ih an relmi na hawl hmuh thei ding?

**NIRUK NI (Friday)**

**April 11**

**Ruahbet ding:** Siar ding, Ellen G. White, “The Revelation,” pp. 578–581 in The Acts of the Apostles.

Leitlun biaknak tamzet cun khawruahnak men hi an buaipi zet. A nasa zet mi danglamnak cun Khristian biaknak pawl ih khawruahnak cu thil a thlengmi tuanthu ah a nemhnggetnak khoh zet a um. Bible cu san tuanthu hmangin Pathian in minung a pehparnak thuanthu a si.

Cuvek ih pehtlah awknak cu kum thawng tamzet zirnak ihsin Pathian ziaza thuhla kan zir ngah tam deuhdeuh a si.

Asinan khuimaw caan ahcun Khristian pawl cun theih cia theih rero an ning ih an puantam zet. Khuimaw caan ahcun simcianak thuhla dangdang khal langngan in phuang a si, cuvek cu kan thei thluh zo tiah kan ruat ih, a thar zianghman kan zir duh lo.

A ngaingai te cun kan thucuh cu a danglam lo ih, a milaw thluh, asinan cumi cu olsam zet le thlengawk theih dah riari lomi thil a si tinak lam a si cuang lo. Cumi linglet in : Cemnet ti nei lo Pathian lunglut thuhla kan hnen ihsin na zir rero lai ah na thu zirmi thupi netnak na thleng thei dah lo ding timi na hmu aw suak hngal ding.

Ellen G White in Thuphuan cabu ngan a sinak san a relnak pakhat cu caan tamzet hrangih Khristian kawhhran thucahnak a si tiah a ti : “Hnatuantu (a tikcu lai) tleirawl pakhat cu – thudik hlir a rel nolhsal rero ruangah a cau zet. Thil thar le danglam zet an duhnak ahcun thurin lamzin thar sersuah an tum.”—The Acts of the Apostles, p. 580. Cuvek in cabu in hmailam thuhla a rel men lo ih, a liamcia thuhla khal a rel tel, Kan zumnak tuanthu ih kan phumawk hnget a tul, cuticun a hramthoknak hawl duh ciamconak sual ah in hruailut thei lo ding a si.

#### **RELKAWM DING THUSUHNAK PAWL:**

**1. Cathianghlim cun thuthar le theihthiamnak thar pe suak lo in a um dah lo. Ziangtin saw thuthar zirduhnak le kanmah ah thudik pek ih kan um zonak pawl an thlauawk dan?**

**2. Simcianak simfiangnak thar ahhin Kawhhran in ziangtin a let ding? Zir ding tampi a um lai timi thei lo**

**khal sehla, ziangtin saw eng(tleunak) cu a thupi maw, lole thiltha lo, lole thildik lo tivek hi ziangtin kan thencat thei ding?**

**3. Leitlun ralpi veihnihnak ah Pacific ih lawng mawngtu pakhat cu thizik te ih a um laiah sivai lam thiam cu ring zetin a ko ih, “Kei cu hngaktah ka si. Ka thih tikah, zosaw in cing ringring lai ding” tiah a ti. Cule sivai lam thiam cun, “Keimah in ka lo cing ringring ding” tiah a rak let. Sivai lam thiam zetih a tongmi cu ziangvek a va si hmanah anihkhal a thi ve dingih, lawng mawngtu hngaktah a theih ringringnak khal a thi ve ding. Thihnak cun a netabik ih thurel ding a neih ahcun a tu ih thuanthu a ummi in nun ih sullam neihlo zia le a hlawk lo zia theihtiam dingin ziangtin saw in bawm?**

**ZIRLAI 3****April 12-18****NEIHAWKNAK HMUITHLAM****SABBATH SIIMLAM**

**Tuizarh zirlai hrang siar ding:** Sem. 2:23-25, Efesa. 5:29-32, Ezek. 16:4-14, Thup. 18:1-4, Sem. 24:1-4, Thup. 19:1-9.

**Bible cangkan:** “ **Cun anih in ka hnenah, Ngan aw, Tuufano ih nupi thit zanriah einak ah sawm a simi pawl cu hualvantha an si, i ti. Cun anih in ka hnenah, Hi thu pawl hi Pathian ih simmi thudik an si, i ti.** ” (Thuphuan 19:9, NKJV).

Bible hi Pathian in a minung pawl a duhdawtnak le rundamnak huham nasa zet tarlangnak duhdawtnak thuanthu hlir ih khat mi a si. Laicinawknak hnget zet a si mi neihawknak hi Pathian ih duhdan vekin kan nun ah um dingih kan rak sian ahcun a thuk zetmi in duhdawtnak, Amah thawn laicin awknak kan neihnak le kanmah tlen dingih a fehsuaknak thuhla kan zir theinak ding tlawnginn a si.

Tuisan ih duhdawtnak le neihawknak ih an ruahdan pawl cun thitumnak ih thuthiam hmangin Pathian ih in zirhmi thupi zetih kan retnak pawl a siatsuah thluh a si. Sualnak ih khat minung in neihawknak hi a thalo zawngin pialter khal sehla (thildang khalah), neihawknak cu thudik tarlangnak huham neizet lamzin a si thei lai tho tho ih, profet simcianak thudik khal a si thei. Lungawinak lawng in pe lo ih, neihawknak cu kanmai thuhla le Pathian thawn kan laicin awknak thuhla thukzet ih zirnak ding tlawnginn a si ding a si.

Tuizarh ah Pathian kamsuak thu in neihawknak thuhla a relsuak dan dangdang, a tha le tha lo kan hliakhlai ding. Cule Pathian in minung an tluk lai caan hmanih laicinawknak tha a neihdan theithiam dingin himi tahthimnak ihsin zirlai kan zir thei ding a si. Cule A duhdawtnak thuhla ih thudik hrekkhat pawl kan zir thei ding, cumi cun caan neta ih thil thleng dingmi pawl theihthiam deuh dingin in bawm thei ding a si.

**NIKHAT NI (Sunday)****April 13****Taksa pumkhat**

Bible ih tongthimnak mal sawn ahcun Pathian in neihawknak hnakin minung thawn laicin awknak neih a duh sawn timi fiang zetin a tarlang. Himi tongthimnak hi Bible ah hman a si theu - Cule Thuphuan cabu ah a rung lang - Bible zir tlawngta pawl cun Pathian in a tongkam ah himi a hman asile ziangmi saw a sim duh timi an kaih ngah thei ding hi a thupi zet.

**Siar ding:** Semtirnak 2:23-25 le Efesa 5:29-32.  
**Ziangvek lamzin in saw minung neih awknak in Khrih le minung laicinawknak a rak zohter?**

Jesuh cun Farasi pawl hnen ih thu a sim ahkhan Semtirnak ih Adam le Evi tei' neihawknak kha a vun la suak ih, Farasi pawl cun zamrang zetin thusuhnak an tuah hngal ih, “Cutu asile, ziangah saw Moses in maaknak ca pek ih then dingin thu a rak pek? an ti’ ” (Mathai 19:7).

Moses cu ram dintu profet vekih ruahmi a si ko ding. Neihawknak dintu amah rori cu Amai profet thawn kalh aw zawng ding vekih thusuhnak a ummi hi vun ruat ve hnik aw. An biangbiak thiamnak cun Jesuh lam a va naih ter: Jesuh ih thuzirhmi cu Cathianghlim thawn a kalhaw mi a si timi langter an tum nasa.

Rinum zetih damsung neihawknak cu minung a um thok ih Pathian in duhthusam ih a din mi a si. Asinan

vansiatthlak zetin soal ih thusia minung pawl cun Pathian hnen ihsin a ra mi laksawng cu an siatsuah a si.

Cathianghlim in neihawknak hi thupi zetin a ret ih, cui neihawknak dinmi cu dokalhnak hnuai ih a um ringring khal hi thil a thleng pang mi a si lem zik lo. Sabbath thawn hin Eden hmuan ih kan hrang thlawsuah pahnih in pek mi lakih pakhat a si. A pahnih in Pathian in a sersiammi thawn laicinawknak ah hnget zetih um a duhzia langternak a si.

Neihawknak, mi famkim lo pahnih umtlannak cun khawruah har buainak a suak ter ringring theu ding. Khrih le kawhhran karlak neihawknak cu Rundamtu mi Famkim le famkim lo monu ih umtlannak a si. Cumi cing khal a thazet mi neihawknak ihsin Pathian duhdawtnak kan zir thei ding a si.

**Hitawk ahhin neihawknak ih thlun ding mi pathum a um: Pakhatnak, phu lo zet cing in Khrih ih in ngaidam ve ciah in na koppi in a phu lo a si hman ah ngaidam aw. Panihnak ah, Kan diklonak le ziangkim ah Khrih ih in pawm vek ciah in na koppi ih a diklonak le ziangkim kha pawm aw. Pathumnak ah, Khrih cun kanmah in ret hmaysa vekin na koppi cu nangmah ai hnakin ret hmaysa sawn aw. Ziangtin saw thuthangtha ah thum aw in himi kaihhruai awknak pathum cun Pathian ih in pehtlah dan theihthiamnak men lawng siloin neihawknak khalah in bawmtu a si thei ding?**

**NIHNIH NI (Monday)  
A mawizet mi Monu**

**April 14**

Ezekhiel 16 cun Pathian in a minung pawl a ngaihsak zia mangbang za in hmuh. Israel miphun pawl cu thi dingih tanta mi naute vekin a run rel. A inn ah a hruai, a kolhfai ih, a hung thangso tikah nupi ah a nei. Neihawknak um dah kel lomi thil ti thei zet a si.

**Siar ding: Ezekhiel 16:4-14. Monu cawisannak thuhla famkim zet cun Pathian ih in ngaihsakdan thuhla ziangsaw in zirh?**

Pathian cun Israel pawl hnenah a ngaihsaknak hnuai ahcun, cu nu cu “Nasa zetin a mawi” (Ezekhel 16:13) timi thu a sim. Pathian in cunu a hmuh pekah zohman in a mawinak an hmu lo; nauhak dang pawl lak ih hnonmi a si, thihding ah ruahsannak thawn hlawn mi a si. Asinan Pathian cun a zangfahnak a langter, cunu cu a hung mawi deuhdeuh, leitlun ih tihzah zetmi a si tiang in a mawi so vivo. Hebru siangpahrang pawl, David le Solomon san lai ahcun himi thil hi a dik zet. Isreal ih ropitnak hmu ding in Ethiopia siangpahrang bawinu amah rori a ra!

Asinan Israel ih mawinak cu Pathian ih pekmi a si. Anih cu a mawi zet, - ram tamzet khal ih rel mi a si – A nupi a si ruangah a si. Pathian cun cunu ih mawinak cu, “ ‘na parih ka retmi ka ropinak ruangah na famkim” ’ tiah a ti (Ezek. 16:14, NKJV).

Himi cu Bible thupi rel nolh sal rero mi a si: Pathian ih mo cu a mawi zet, ziangthil a tuah ruangah siloin Pathian in a zangfahnak a parah a langter ih, lamzin a onsak ruangah a si. Cuvek ciah in zumtu pawl cu vanlam hmuh ah mawizet in an lang, cuvek ngah dingih kan tuahtuan mi ruangah a si lo ih, Pathian ih zangfahnak, kan parih a langtermi rundamnak ruangah a si sawn. Kannih cu A dingfelnak, Amah “Pathian dingfelnak” (2 Korin 5:21) ih in khuh ruangah kan mawi zet.

Asinan Ezekhiel cang dot : “ ‘Asinain na mawinak na rinsan ih, na hminthannak ruangah hlawhhlung vekin na nung, cule nunau le mipa sualnak cu mi veivak kip parah na burh; na mawinak cu amai’ ta a si.” (Ezek 16:15). Himi bungcang a ra lang hlansung cu ziangkim a tha thluh.

Kannih cu Pathian sunlawinak le thatnak langter tu dingih tuah mi kan si. Pathian sersiammi pawl in an



mawinak cu anmai ta ih an ruah ahcun mawinak cu a mal ol ih, buainak in a hngak ringring theu.

**Kan “mawinak” kan va rinsannak hi ziangvek tihnung um saw a si? Ziangtin saw kanmah le kanmah ahhin Pathian thawn hlawhtlinnak in pethei tu simaw, a duhdawtnak dongve tlak dingin in tuahtu ziang simaw a um vekih kan ruat thiam? Ziangtin saw thlarau lam puarthaunak lakih kan kilhim awk thei ringring dan ding?**

**NITHUM NI (Tuesday)**

**April 15**

**Hosea ih nupi hlawhlang**

Pathian in profet Hosea hnen ih a fialmi cu A siahhlawh pakhat hnenih tuah dingih a pekmi danglam bik pakhat a si men thei: Cumi cu tumtahnak nei ih - Hlawhlang nupi ih neih hi a si! Asinan Pathian cun Hosea hmangin Amai hmuhdan ihsin Minung ih sualnak le dokalhnak tuar harzia theithiam dingin in bawm a si. Pathian cun Israel cu duhdawt zetin nupi ah a hril, Amah phatsan rero khal sehla mangbang thlak zetin a hruai kirsal ih, a tuah thasal.

Hosea 1:2; Hosea 3:1; Thuphuan 17:1, 2; le Thuphuan 18:1-4. **Hitawk ah ziangmi hlawhlang saw a rel? Hosea thuanthu ihsin Khristian kawhhran pawl in ziang zirlai saw an zir thei ding? Ziangmi lamzin in saw Kawhhran in Thukam hlun ih sualnak pawl an tuahsal?**

Thukam hlun ih Israel pawl ih tuahsual mi cu Thukam thar kawhhran ah nasa zetih tuahsal a si ding thu Khrih ih a rel mi cu Bible cun a tarlang. Pathian thukam mipi pawl cu nasa zetin an vaktawi ih, ramdang mi pawl ih milem biaknak ih an tuah theudan pawl cu Pathian thukam phunhnam ah an run keng lut. Kum zabi 4nak hmaisam lam ahkhan Khristian kawhhran cun hlawknak um thei dingih an ruahmi Rom siangpahrang Constantine F-3

lam an her ih, kawhhran ih elawk buainak relfel dingin an sawm. Pathian minung pawl cun an buainak “relfel” theidan ding an hawl hmuhnak dingah Pathian thawn an laicin awknak lenglam ah an vakvai.

Pathian cun kan thil rak tuahsual mi in hmu ter men lo ih, A thinnat dan kan hmuh ding a duh timi cu a tongkam ahhin a fiang tuk. Koppi ih phatsan zo mi pawl cun Khrih ah rintlak ih kan um lonak ruangih ningnatnak cun vanlam ih thuthennak hmun tiang a va thlang thei a si timi an theithiam. Hosea thuanthu ih mangbang thlak zet peng pakhat cu lamzin dik lo ih fehsual tu a nupi tlen dingih a va pannak lam hla zet hi a si ko ding.

Minung kawhhran netabik, Babilon ihsin suak dingih Pathian minung pawl kawhhran netabik kan hmuh tikah Anih cun midang siloin a minung pawl a ko a si timi hi hminsin tlak rori a si. Anih cun a thei hai. A duhdawt hai. Cun leitlun hin a tikcu sia deuhdeuh lam a pan lai ah, Anih cun a thisen ih in lei theisalnak dingin man a pekmi tlennak pawm dingin in sawm rero a si. Ziangdang ai hnakin Khrih ih thinglamtah in ziangtluk in Pathian in a minung fehsual rero pawl rundam dingih a duh ti in hmuh a si.

**Tuisan ah ziangvek kawhhran khal in, kanmai kawhhran rori hmanah thlarau lam hlawhlangnak hrial theidan ding lamzin cu ziangsaw a si?**

**NILI NI (Wednesday)**

**April 16**

**Isak le Rebeka**

Abraham cu a upat tikah rinhmainak zianghman um lo Pathian in a hnenih tesinfa a tiamkam mi cu a ruat rero ih (Sem 15:5), a siahhlawh rintlak bik le upabik cu hna thupi zet a pe.

**Siar ding: Semtirnak 24:1-4. Ziang ruangah saw Abraham hrangah a fapa in, “Kanaan fanu pawl lak ih**

ta”(Sem 24:3) nupi a thit sak lo dinghi thil thupi zet a si?

Asinan ralrinpeknak ahhin tleh lo dingmi um vekin lang khal sehla, Abraham ih buainak cu phun hnam lam siloin thlarau lam sawn a si: rammi sinak lam siloin Pathian thu lam sawn a si. Abraham cun Kanaan mi pawl ih an pathian diklo biaknak tarlang lo khal sehla, an biaknak lam thiltuah mi pawl a theifiang zet. Cumi pawl lak ihsin A fapa in nupi nei bangta sehla, olsam zetin an biaknak thil tuah mi ah a tlu ding ti a theifiang zet.

A ngaingai te cun hlansan Israel thuanthu, kum zabi tampi sung ih Khrisian kawhhran thuanthu khal hi Pathian minung pawl – Leitlun ih a thutheih pitu ding pawl in – leitlun ih zirhtirnak diklo, le biaknak thurin dik lo lamah tampi an tla lut. Himi a ngaingai ih riahsiatza tahthim ding ropi zet cu Bible ih nisarih ni Sabbath ai-awh in zumlotu pawl ih Ni biaknak ni Sunday a hung suak hi a si ko ding. Cui thil cu ninetabik ah hmuram thupi zet a takram ih run luah tu ding a si.

**Siar ding:** Semtirnak 24:57-67. **Hitawk thuanthu ih kan hmuhmi famkim zet hrekhat pawl ihsin Khrih le a kawhhran thuhla ziang zirlai saw kan lak thei ding? Rebeka cu Isak thawn hmunhla zetih a thekdarh aw mi sungkua an si timi thudik ihsin kan tluksiatnak dinhmun thu hla ziangsaw zir ding um?**

Kannah cu rinhlel ding um lo khawp in sersiamtu thawn pehtlai aw(laicin aw) mi kan si. A hramthok lam ahcun Amah bangtuk ih tuah mi kan si. Sualnak ruangah a hnen ihsin thekdarh in kan um. Cu cingin kan duhhrilnak hmangin neihawknak cu nasa zetin kan tuah thei, a hrangih monu si dingin kan ngai aw thluh.

**Pathian cun Amah kan duhdawt ai hnakh nasa sawn in duhdawt (A monu). Nitin Pathian kan duhdawtnak a cak sinsin theinak dingah nitin duhhrilnak kan tuah**

thei mi, kan tuah dingmi cu ziangsaw a si? Cumi rual in ziangmi duhhrilnak in saw kan duhdawtnak kiamter thei vivo ding?

**NINGA NI (Thursday)**

**April 17**

**Hlawhhlng cu thuthen sak a si**

**Siar ding:** Thuphuan 19:1-9. **Thil pahnih cu a rual in lom an si: Hlawhhlng nu ih cemnetnak le Khrih cu a monu thawn neihawknak a si. Ziangtin saw thilthleng mi pahnih in a rual in Pathian ziaza dingfel le duhdawtnak tarlangnak ngaingai a si theih?**

Rinum lonak cun a nasa zetmi tuarnak a run keng tel. Tawhawknak cu Nauhak pawl le midang pawl nun ah a luang darh theu. Thildik lo tuahtu nupa thinsau zet khal in a netnak ahcun kirsalnak ding tikcu caan a um nawn lo timi an hmu suak men thei, cumi caan liamzo ih neihawknak cu tlensal a theih nawn lo. Sualsirnak um nawn lo ding khawp ih thinlung hngetkhoh zet a umnak hmun ih kan leitlun a thlen tikah, thuanthu um peh vivo dingin le sualnak ih tuarnak neh thei lomi um vivo dingin siannak zianghman a um lo. Hlohnak ruangah thinlung kekkuainak um khal sehla, soal ruangih hi leitlun hnuai ih natnak neitu pawl cun a netnak ahcun a tawp zo tin an lawm ding – cule leitlun cu Pathian in a hramthok ih a din vekin tuahthar sal a si ding. Himi ahcun Pathian hnen ihsin tlan theinak a um nawn lo ding, ziangahatile lamzin harsa kan zir ngah zo, Pathian thawn kan thenawknak ihsin siatsuahnak a ra um a si timi thu ah Pathian cu a dik a si timi kan thei ngah zo.

**Siar ding:** Thuphuan 21:1-4. **Hitawk ah neihawknak cu ziangvek saw a si, ziangahsaw cumi cu thutiam le ruahsannak hliir ih a khatnak san? Himi bungchang ih a tarlang mi ruahsannak thuhla ih rintlak kan sinak cu ziang saw?**

“Neihawknak, nunnak hrangih pumkhat awknak hi Khrih le A kawhhran karlak pumkhat awknak hminsinnak a si. Khrih in kawhhran ih a langter mi thlarau cu nupa duhdawt aw ton ding thlarau cu a si”—Ellen G. White, Testimonies for the Church, vol. 7, p. 46.

Khrih cu minung in an hnong ih, Ama! ta cu pathian dang pawl hnen ih an peknak cun ruahban lo tiangin tuarnatnak a thlen a si. Cumi cing in kan hrang a pe aw ih, kan rinumlonak le uiretnak hrangah amah ah a pe aw ih, Cuticun kan sualsir in, kan sual kan tlansan ahcun kumkhaw nunnak thutiam kan nei a si.

**Siar ding:** 1 Piter 1:18, 19. **Thuphuan 21:1-4 ih a ummi caan netnak lam ih rintlaknak in petu cu himi bungcang in ziangsaw in sim?**

#### **NIRUK NI (Friday)**

**April 18**

**Ruahbet ding:** siar ding, Johan 2:1-11, Mathai 22:1-14, 2 Korin 11:1-5, le Mathai 25:1-13.

Simcianak na theihfiang theinak ding ih a lo bawmtheitu Bible cang tamzet a um timi na hmuh suak tikah, cumi cu va hmang ciamco ding in thlemnak tla a si thei. Kum zabi hmuahhmuah ahkhan Khristian hrekkhat pawl cun Bible sungih thuanthu an hmuhmi hminsinnak le hmulhmel tivek pawl cu an ngai thupi zet ih, cuticun san thuanthu ih thil thlengmi pawl cu phuahcop vek men ah an ngai. Cathianghlim hmuntin deuhthaw ah sullam nei thil hmuh ding tampi a um, Pathian cun minung ngaingai an telnak thil thleng ngaingai pawl a nei ih, cumi cu kawhhran thawn hmailam tikcu caan ih pawlawknak neihnak dingah a hmang a si timi kan hmin sin ringring ding a si.

Thimnak ah Kana ih mopuai cun simcianak ih hmanmi neihawknak hminsinnak ah theihnak a pe men thei. Asinan neihawknak kha a ngaingai ih thleng mi a

si. “Khrih ih kamsuak thu cun puai ah eiding khawpkham a pe. Cuticun minung that lonak hlonhlo ding in le nunnak thar nei ih dinthar sal ding in a duhdawtnak in khawpkham in a cawm hai a si”—Ellen G. White, The Desire of Ages, p. 149.

Asilole hitin amah in angan: “Bawipa Pathian cun a thuthup cu a siahlawh profet pawl hnenah phuang loin ziang hman a tuah lo ding” cule “Thuthup cu Kan Bawipa Pathian ta a si,’ cui phuansuahmi thu pawl cu kumkhua in kanmah le kan faate pawl ih ta an si’ Amos 3:7; Daanpeksalnak 29:29. Hivek pawl hi Pathian cun kan hnenah in pe zo, cule a thlawsuahnak cu nasa zetih thlacamnak thawn cathianghlim simcianak a zirtu pawl upatnak ah a tel ding”—The Desire of Ages, p. 234.

#### **RELKHAWM DING THUSUHNAK PAWL:**

**1. Siar aw. Johan 2:1-11. Thuthangtha Johan cabu ahhin Khrih in hmai lam caan ih a hnatuan dingmi khiih hmuhtu tampi a um, simfiangtu pawl cun Johan in a casiartu pawl cu Thinglamtah lam a panpi a si timi an theithiam. Himi thuanthu sung ih Khrih ziaza le hmailam caan ih ukawknak a tarlangmi cu khuitawk ahsaw na hmuh? Rundam khawkhannak thuhla asilole netabik ih Pathian fapa hnen ih tiamkam mi neihawknak puai thuhla in ziangsaw in zirh?**

**2. Fala thianghlim 10 tahthimnak cu theihlar zetmi a si ih, Bible zirtu tlawngta pawl ih duh zetmi a si. Hi a thupi zetmi thuanthu in ninetabik ih thil a thleng dingmi thuhla ziangsaw in sim? Mopa a tlainak khan ziangmi thupitnak saw a neih? Himi tahthimnak in bulpak tin ih Khrih kan pehzomnak le Khrih in kawhhran a pehzomnak thuhla ziang zirlai saw a zirh?**

**3. Zumnak lenglam ihsin Khristian ih a runglut mi biaknak diklo thuhla vun ruat aw. Bible Sabbath kalh ih a ummi Sunday lo ah ziangvek zumnak dik lo saw rung lut? Ziangtin an ra lut, cule anmah lak ihsin kan kilhim awknak lawng siloin midang pawl in thil ngaingai an hmuh theinak dingah ziangsaw kan tuah thei mi um? Ziangvek lamzin in saw zumnak ih a rung lut mi a dik lomi zumnak cu mipi in an hmuh theinak dingih bomnak ah vancungmi pathum thucuh in tuah dingih a tumtah mi?**

#### **ZIRLAI 4**

**April 19–25**

**MIPHUN:  
(Then 1-nak)**

#### **SABBATH SIIMLAM**

**Tuizarh zirlai hrang siar ding:** Sem. 10:1–12, Sem. 12:1–9, 1 Sam. 8:4–18, Matt. 20:25–28, Thup. 18:1–4.

**Bible cangkan:** “**Cun mi zatein miphun kip, le tong kip in amah an rian theinak dingah uknak, le sunlawinak, le lalram cu a hnenah pek in a um: a uknak cu a hloral dah lo dingmi kumkhua uknak a si ih, a lalram cu thiatbal a si dah lo dingmi lalram a si’** “ (Daniel 7:14).

Thupuan cabu cun kan leitlun tlusia zo hrangih a relfel dan pawl in hmuh. Bung netabik ahkhan nunnak thing ngah theinak lamzin cu tuahthat in a um ih, camsiatnak cu hlip in a um ih, Pathian hmaiah kan tulut leh sal. Thuphuan cabu cu lamzin hrekkhat ahcun Semtirnak cabu vek a si. Curuangah Semtirnak cabu cu leitlun buainak a hung um sohkan pawl theihthiamnak ding ih a thupi zetmi tawhfawng a si ringring lai.

Daniel le Thuphuan cabu ih buainak a ummi pakhat cu Leitlun ram uknak hi a si. Minung in Pathian ta diktak a si mi leitlun thunun an tumnak hi a si. Pathian cun sualnak le dokalhnak pawl a cemter dingih, a netnak ahcun dingfelnak thawn a uk ding.

Himi tikcu tiang hruaitu ahhin kum thawng tampi minung pawl in anmahten ukawknak an neihnak pawl khal a tel thluh a si. Ziang hna hman an tuan lo; duhthu sam sangzet relsuaktu pawl khal an duhthusam ahcun hlawhtling loin an tlu theu. Cuvek in kum thawng tampi sungih minung pawl ih riahsiat thlak san thuanthu cu himi

kaihhruai awknak ih hlawhsamnak pawl cun kan parih thil rapthlak zetzet an run thlenpi ti lo cu zianghman a si lo. Netabik ih Pathian in, “Kumkhua Lalram” a din hlan sung cu tuarnak a nasa vivo lai hrih ding.

**NIKHAT NI (Sunday)  
Nimrod le Nineveh**

**April 20**

Eden hmuan cu minung cengnak ding inn ih tuah mi a si. Sual a luh tikah Pathian cun minung cu Eden hmuan le nunnak thing ihsin thendarh ter lo cu duh hril ding dang a nei lo.

Eden hmuan lenglam ahcun, minung pawl cu nungdam ih an um peh vivo theinak ding ruat in nasa zetih hna an tuan a tul. Nun cu a har deuhdeuh; tuarnatnak le thlanhri tla ih kan nun a tul (Semtirnak 3:16-19). Kan nu le pa hmaisai khan Siangpahrang dik cun Eden hmuan sungih lutsalnak lamzin a tuah ding timi an zum zet. Sual ih leitlun a tluk pek ahkhan Pathian in tlennak a pek mi cu rinum zetin Eden hmuan hmaiah raithawinak an ra nei theu.

“Eden hmuan cu minung sual ih a tluk hnu rei zet leilung ahhin a um lai... hitawk hmun ahhin Adam le a fapa pawl cu Pathian bia dingin an ra theu. Eden ihsin dawisuaktu daan an buar mi cu thlun dingin thu tiamkarnak thar an nei. Thatlonak leitlun ah a darh ih, minung ih sualnak cu tilit ih siatsuah a tul ruangah Eden hmuan cu A tuahtu kut cun leilung ihsin a la suak. Asinan netabik ih ‘leithar le vanthar’ (Thuphuan 21:1) tuahtar sal a si tikah a hramthok ih a ummi hnakih duhnung le sunglawi sawn in tuah a si ding”—Ellen G. White, Patriarchs and Prophets, p. 62.

Asinan buainak kan hmuhthar mi ah midang pawl cun minung ih tuah mi “relfel”-nak ah hna an tuan. Ramthen khawpi um thoknak kan hmu, nun hi nuam deuh

ih siamrem an tum, Eden hmuan ih kan hlohmi ngahsal dingin an tum tla a si men thei.

**Siar ding: Semtirnak 10:1-12. Himi hi Bible pumhlun ih hmuh theih mi ramkhelh thuhla ziangmaw tizat a run relnak a si. Cumi ahcun Nineveh le Babilon khal an tel ve. A lehnu ah hi khawpi pawl tuanvo thuhla theihnak pek in kan um, himi bungcang ihsin ziangmi saw kan va hliakhlai thei ding?**

Mi hrekhat pawl cun Nimrod thuhla an siar ih, pathian dang biatu thuanthu phuahcop pawl nehtu mi raltha vek in anih cu mi ngamhuai zet a si tin thunet an khar. Asinan Bible in anih cu, “ Leitlun ah micak pakhat a si” tiin le “Bawipai hmaiah micak sakap pa” tiih a timi hi tihzahnak le lomnak lam a si lo. Nimrod cu amah ten a zum awknak ah mi ropi zet a si, cule Pathian dokalhnak lam ah Bawipai “hmai ah” a ding a si. Hitawk bungcang ih kan hmuh mi cu Pathian dokalhnak a karh vivo mi hi a si, cui dokalhnak cu a netnak ah dokalhnak pawl hmuahhmuah kumkhua ih a hloral thluh hlan sung cu a um ringring ding.

**Ziangahsaw Pathian dokalhnak hi kan theihnak ai hnakin a rapthlak sawn? Ziangtin saw himi minung mizia dokalh in kan kilhim awk thei ding?**

**NIHNIH NI (Monday)  
Abraham kawhnak**

**April 21**

Semtirnak bung 10 sungah miphun dang tamzet an ra suah thu kan hmu. “miphun” tiih letmi hi a ngaingai te cun *goyim* ti a si ih, cumi cu Zentel pawl a relnak a si. Semtirnak bung 10 cun minung hrin thlah sawng awknak ah leiram, tong phunphun, sungkua, le “miphun” tin an then awk thluh thu in sim (Semtirnak 10:5, Thup 14:6)

Himi thu an um thluh hnu ah zamrang zetin Pathian cun Abraham cu cuvek miphun lakih pakhat ihsin anmah le an umnak ihsin danglam ih um dingin a ko suak.

**Siar ding:** Semtirnak 12:1-9. **Ziangruangah saw Pathian in Abram(leh hnu ah Abraham a si) cu an umnak a ram ihsin a ko suak?**

Pathian in Abraham cu minung ukawknak thawn thlau aw zet ih phunhnam tum zet din dingah a duh. Annih cun Amah Pathian lo cu siangpahrang dang an nei lo. Minung pawl in anmah sersiamtu lam ih an kirsal asile ziang a thleng ding timi khiih hmuhtu ding pawl an si. Israel cu “leitlun ih innsang zatein” (Semtirnak 12:3 NKJV) thlawsuah an si theinak dingih din mi a si. Pathian cun tilik a tlun hlan ih leitlun ih an hmuh dah kel lomi eng le tuanvo cu an hnenah a burh hai.

**Siar ding:** Daanpeksalnak 4:5-9. **Pathian in Abraham tefa, Abraham hnenih a thutiammi famkimnak miphun pawl hnenah ziangsaw a sim?**

Himi cu hmunram pakhat ih bulpak theihpitu pakhat lawng a ummi thuhla a si lo; miphun zate thuhla a si, hnatuan khawmnak le Pathian thawn dawrawknak thawngin a ziaza sunglawi zet tarlang a theih ding. Pathian in Israel pawl hnen ih “daan le thuthennak” a pekmi cun mi hleice ah a tuah hai, cumi lawng hman siloin cui thu an thlun ruangah miphun dang pawl cun, “hi miphun ropi cu fimnak le theihthiamnak nei mi ngaingai an si” tiah an ti (Daan 4:6). Mangbangza thutak cu mipi pawl hnenah pe khal sehla, annih in an nun pi duh lo, a thlun duh lo a si ahcun thlawsuahnak ai ah camsiatnak le nunnak ai ah thihnak a rung thleng ding a si.

**Ziangtin saw hivek deuh ciah in thudik theih lawng men siloin thlun dingin Adventist kan si vekin tuini ah ziangtin kan zir suak thei ding?**

**NITHUM NI (Tuesday)  
Na dilmi cu pek a si**

Israel hnam din thok a si ah khan hnamdang pawl vekin milai siangpahrang an nei ve lo. Ziangkhalsehla

**April 22**

tikcu caan a liam vivo ih, Israel zumnak khal a tlaniam vivo. Zentel “hnam” pawl ih neih vek cu neih ve an duh.

Siar ding: 1 Samuel 8:4-18. Hruaitu upa pawl in siangpahrang dil dingih ruahnak an neihnak san kha ziangruangah a si ding tin na ruat? Hivek deuh thlemnak ih kan tluk ve theinak ding lamzin saw um?

Siangpahrang an dilnak cu Pathian in a minung pawl a uk ding duh lonak a si timi theih hi a thupi zet. Cutin an dil tikah miphun hnam cun sersiamtu hnenah thu an let hngal ding a si, Amah thawn an laicinawknak cu puantthlam le thil dangdang rongbawlnak hmangin tarlang a si. Siangpahrang an dilnak thawngin Zentel lalram pawl ih harsatnak an ton theu mi : siangpahrang doawknak ah ralkap ih lut, thil laksak, siah pek, le natnak tivek pawl khal an parah a thleng thluh ve ding. Minung ukawknak cu Pathian vekin zangfahnak thawn siloin anmai duhdan vekih ukawk an tum timi khal an hmu suak ding.

Cule lungkimnak thuthar cu kumkhaw nemhngat in a um ding: Israel cu a dilmi pek a si ding, asinan cui thil cun niam zetah a ret hai timi an theih tikah mangbang in an um ding. “Cun nan hril dingmi siangpahrang ruangah cui ni ahcun nan au ding ih cui ni ahcun Bawipa in a lo ngai lo ding a si, a ti.” (1 Sam. 8:18, NKJV).

Pathian cun a mipi pawl ih cak lonak a thei, cule Israel in milai siangpahrang a dil ding timi a rak simcia zo. An dil ngai ngai, cule san tuanthu tamzet cu cumi duhhrilnak ih a hrinsuak mi tuanthu pawl an si.

Daanpeksalnak 17:14-20 siar aw. Pathian in, “Siangpahrang ka lo pe ding” tin a ti riari lo, A mipi pawl in pakhat an duh thu thutluknak an rak tuah a si timi hi theih a tha. Pathian cun a mipi pawl cu minung ukawknak sual hrekkhat lak ihsin A kilhim theinak dingah kilhim tu a ret, asinan hnam le an siangpahrang pawl tuanthu ih a lang vekin kilhimtu cu an hnong hai a si.

Mi pakhat cun hivek siangpahrang pawl hnuai ah an hrangih thil a feh siat zia fiang zet ih a hmuh theinak dingih siangpahrang nei dingih thutluknak an tuah thluh hnu ih Israel ih tuanthu ah a zoh thei ding a si. Siangpahrang hrekkhat pawl cu a dang pawl hnakin tha deuh khal sehla, a “tha” mi pakhat hman in thil dik lo a tuah (David le Bathsheba kha ruat aw). Thuhla tam zet ah mipi pawl cu siangpahrang pakhat hnu pakhat, “Pathian mithmuh ih thilsual” (zoh aw 1 Siang 11:6, 1 Siang 15:26, 1 Siang 16:30, 2 Siang 3:2, tvk.) a tuahtu pawl hnuai ah nun an hmang.

**Tuisan hmanah minung ramuktu pawl hmuahhmuah cun thil pakhat an nei cio thluh : misual ramuktu cun a dang misual ram ukto a nei. An feh diklonak bik hi ziangsaw a si ding?**

**NILI NI (Wednesday)  
Zentel ukto pawl**

**April 23**

Pathian in Israel pawl a pehtlaihnak cun Thukam thar kawhhran a pehtlaihnak ah theihthiamnak nasa zet a tuahsak a si. A ngaingai te cun lamzin tamzet ah Israel mipihun cun kawhhran ih tuahsualmi ralring peknak hna a rak tuan a si. Hlansan Israel cu an si thei lonak tiang sangsawn si vivo an tum, Khristian pawl in cuvek thlemnak vek cu an tong zero zo ih, an tong vivo lai ding.

**Siar ding:** Mathai 20:25-28. **Khristian kawhhran hnatuan dinnak ah ziang thil diklo saw Jesuh in a dungthluntu pawl hnenah hrial dingih ralrinnak a pek?**

Israel pawl cun minung siangpahrang an dil, cui dilnak cun mipihun tluksiatnak lamah a hruai. Pathian in a mipi pawl tuahthatnak dingah Babilon pawl in an sal ih an hruai ding a siansak. Cumi thil a thlen hlan ih siangpahrang pawl cu nasa zetin mi sualral zet ah an hung cang.

Cuvek deuh thil ziangsimaw cu Khristian kawhhran tuanthu ah a thleng dah zo. Zentel hnam vekih anmah an um ding duh lo khal sehla, Constantine in huham a nei ih, Khristian ih a sal awk tikah zumtu pawl cu an hnangam sualso: tu ah hremthah awknak a reh! Cumi ahcun thlawsuahnak a si, Asinan kawhhran ahcun an lalnak huham nasa zet cu an mai hlawnak ah an hmang men thei timi a rung um.

Kum zabi 4 ahkhan Khristian lakah thubuai elawnak nasa zet ziangmaw zat a suak. Cumi cu kawhhran in a relfel thei lo ti an hmuh tikah siangpahrang ra tel ve dingih an ngen. Hitawk ihsin thok in Rome ih bishop cu a lang cungcuang ih, a umnak ahcun bishop upa zet thawn an tluk aw. Kawhhran cun ramthen cu an biaknak thuhla ah tel dingih an sawm ih, ramthen ukto cu sangka hram ih a din cun thil a fehsual deuhdeuh.

Hlansan Israel vek in Khristian san tuanthu sung ih karbak thim zet tampi pawl cu Kawhhran in leitlun mi pawl rualremnak a tuahnak ih rahsuak mi an si. Israel pawl kha milem biaknak lam ah an feh peng ih, an siangpahrang pawl cu thuneihnak an duhnak ih an eiralnak hmun ah – an fale cu milem raithawinak ah an hlan – kawhhran cu nuamnai teten pathian dang bia mi lalram pawl ih tuahdan pawl cu an run hmang vivo ih, cutawk ahcun zumtu mi rinum pawl cu kawhhran-ramthen dinmi hrang ih tihnung um ih ruahmi an si ruangah martar in thihnak an tong.

**Nangmai nunphung, khawtlang ah hivek thlemnak thocho in kan zumnak hnget zet a siatsuah theidan ziangsaw a si?**

**NINGA NI (Thursday)  
Zentel hnenih Eng**

**April 24**

Pathian in Israel hnam a dinnak ih a tumtah mi bik cu leitlun hi thiamlo coter dingah siloin rundam dingah

a si. Mi pakhat, dingfelnak ziaza ummi thawn kan tongawik tikah mi tamsawn cun thiamlo coter mi si awm takin kan theithiam aw; Curuangah Israel an um hi an kiangkap miphun pawl ih sualnak le duhamnak langter dingih hnatuan an si. Pathian thawn rualrem zetih a nungtu zumtu pawl cun Pathian ziaza dingfelnak an langter, cumi cun zumnak ah a hruai. A thabik cu, “Pathian thupek thluntu” (Thup 14:12)pawl cun A ziaza an tarlang a si.

Ziangkhal sehla, Israel fate pawl cun an tuah ding vekin cangvai in, tuan dingih sim an si vekin tuahsuak bangta sehla daihnak thawn hnamdang pawl cu an hnenah an ra ding ih, an thuhla le an Pathian theih ringring an duh ding a si. Van siat thlak zetin Babilon sal tannak in a tarlang vekin cuvek hnamdang pawl cu doawknak nei dingin an ra sawn a si.

Pathian ziaza tarlang tu bik cu Jesuh a si – Amah lawng hi famkim zetih tarlang thei minung umsun a si. Asinan A famkimnak zohthim ding in thinlung ah zumnak thlentu cu sawmnak hi a si(zoh aw, Johan 3:16–21).

Israel hnam dinnak hrang tumtahnak netabik cu Pathian in kawhhran a dinnak ih a tumtahnak vek ciah kha a si: misual pawl Khrih hnen lam ih hruai dingah A mi pawl hman a duh zet. Vancungmi pathum thucuh, A kawhhran ihsin phuangsuah mi cu hrilmi minung malte hnen lawngah siloin, “hnamtin, tongtin, mikip” (Thup 14:6) hnenah a si. Thuphuan 18:1 ahcun Khrih a ratsal hlanah leilung hmuahhmuah cu Pathian sunlawinak thawn a eng thluh leh ding timi a rel.

**A hnuai ih cangan mi pawl in hi leitlun ah Pathian in a minung pawl hrang tumtah a neihi thuhla ziangsaw in zirh? Himi pawl hi kan nun ah ziangtin kan hmang thei ding?**

(a) Mipum. 14:17–21-----  
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(b) Isa. 42:6, Isa. 49:6, Isa. 60:3-----  
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(c) Thup. 18:1–4-----  
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**Thuphuan 18:1-4 kha siarsal aw, “Ka minung” hrang kawhnak; Cumi cu Pathian minung, Babilon ihsin rasuak ding pawl an si. Ziangthil saw thleng ding? Phundang ih kan sim ding asile Babilon sungih um lo kawhhran, kannih in ziangtin saw Babilon sungih um lai pawl ko suak dingih in hman thei ding?**

**NIRUK NI (Friday)**

**April 25**

**Ruat bet ding: Isaiah 44:24-45:13.**

“A tantirah cun theih tham lo te’n, a thupten a tuan thok ih, nehnhnuah cun a hung cak tikah, mi thinlung tla a thunun thei hnenah cun mi hmuahhmuah theihin, mi a bumnak hna le Pathian relsiatnak hna cu a tuan vivo ding ih, theihtham loten khawse bia pawl tuah dan cu Khristian Kohhranah a lutter ding a si. Ramhuai bia pawl kutah Khristian pawlin tiduhdahnak an tuar nasat tuk ruangah, Khristian fehshual le ramhuai bia pawl thawn pumkhatawnak cu ziangmaw sung cu a hung dai. Hmansehla, tiduhdahnak a hung tawp ih, Khristian sakhua cun rorelnak inn pi pawl le siangpahrang inn tiang a thleng theh thlang. Bawi Jesuh le a dungthlun pawlih tangdawnak thinlung cu hlawn tahratin, Kohhran cun khawse bia puithiam pawl le ram uktu pawl ih thinlung porh awknak le ropi nak cu a rak nei thlang a si. Pathian daan aiah minung ruah dan le pipu thurosiah kha ret thupiin an hmang sawn a si. Kum A.D 300 hrawngih Siangpahrang Constantine-in Khristian sakhua ih a hung cannak khan mi pawl cu a tilungawi nasa ih, leilung thil cu dingnak puanih tuamaw in Kohhranah cun a ra lut a si. Tu ahcun khawlonak hnatuan cu cak zetin a feh thlang a si. Ramhuai



biaknak cu neh veldn a lang, asinan nehnak a rak co sawn. A thlarau cun Kohhran cu a thunun thlang. A thurin pawl, a ti dan le a puithiam pawl cu Bawi Khrih dungthlun tu pawl rin dan le biak dan sungah telh a si.”—Ellen G. White, *The Great Controversy*, pp. 49, 50.

Nili ni (Wednesday) zirlai a netnak lam ih thusuhnak thawn mil aw zet in, a hleice in hitawk ih kan um rei poh le leitlun ih ropinak, huham, sunlawinak le thlemnak hrangah “ Khrih le a dungthluntu hnuaidornak” cu hlonhlo in, tihnung um ah kan um thluh si lo sawm? Kan um lo kan ti ahcun mah le mah bumawknak a si.

#### **RELKHAWM DING THUSUHNAC PAWL:**

**1. Pathian in a mi pawl Babilon sal ih a um ter kha tikcu caan harsa zet a si. Abraham cu leitlun hrangih tleunak a si vekin thukam tuah dingah Khaldea ihsin kawhsuak a si. Tu ahcun thir cikcin thawn hruai an si. Sal an tang lai ah, rinum zet in rak um bangta sehla ziang tin an um ding timi Pathian in a hmuh. Nebuchadnezzar, Pathian dokalhtu lubik cu Khrih hnenah a ra (Daniel 4). An saltannak a netnak ah Pathian cun Khrih nun zohtertu vekin Persian siangpahrang a run hmang, Babilon ihsin a mi pawl a suah ih, tiamcia ram ah a kirter. Sairas hi Israel thlah a si lo, asinan Pathian minung pawl Jerusalem ih a kirter sal tikah Pathian cun leitlun ah rundam khawkhannak phuangtu dingah a hril. Pathian in a hmuitin mi a theh suak theinak dingih Israel lenglam mipi pawl a hmang rero timi thudik ihsin Pathian in minung a hmuhdan ziangsaw kan zir thei ding?**

**2. Babilon ah kan um lo men thei, asinan kan sungah ziang hmuah Babilon a rak um ding? Himi buainak hi ziangtin saw kan theifiang thei ding, ziangtin ka thleng danglam thei ding?**

F-4

#### **ZIRLAI 5**

**April 26–May 2**

#### **MIPHUN: (THEN 2-NAK)**

#### **SABBATH SIIMLAM**

**Tuizarh zirlai hrang siar ding:** Sem. 2:9–17; Dan. 2:31–35; Isa. 17:12, 13; Dan. 7:1–3; Rom. 3:10–19; Thup. 12:15, 16; Thup. 10:1–11.

**Bible cangkan: “Daite’n um uhla, keimah hi Pathian ka si ti thei uh: khawvel mi pawl lakah cawisan ka si ding ih, leitlun ah cawisan in ka um ding”** (Saam 46:10)

Kum zabi tamzet ah mi hrekkhat pawl cun Pathian in tluknak hi a duh ih, cutin minung pawl cu soal le thihnak ah an tum suk ih, cule Amah Jesuh ah thinglamtah ih hruai a tum a si tiah an zum. A ngaingai te cun ziangtin saw an hrangah thinglamtah parih a thihnak ai hnakin minung a duhdawtnak huham nasa zet tarlangnak cu a neih cuang ding? A tawi zawngin vun ruat sehla, Pathian cun minung cu tlu ding hrimhrim in a duh a si timi hi a si.

Cui thil cu dinhmun rapthlak zet le thinnat thlak zet a si. Pathian cun Setan simaw, minung simaw hi an tluk ding a duh lamlam lo. Setan ih dokalhnak, cumi thluh hnu ah minung ih dokalhnak a rungum mi cun rahsuah pi mi nasa zet a nei ih, kan nu le pa hmairsabik kha soal ah rak tlu lo bangta sehlah Amah Pathian ih lungawinak kan neih mi cu a hmun ringring ding.

Tuizarh ahcun tluknak le Pathian uknak dokalh in minung ih ukawknak an duhnak ruangah buainak a hung ummi pawl kan zoh vivo ding. Thudik cu huham nasa

zetin Daniel cabu ahkhan a lang, cumi ahcun Pathian in a minung pawl hnenah Amai hnen ihsin tlan in lei siangpahrang pawl an hril tikah an parih thil a hung thleng dingmi thu ah ralrinnak a pek mi cu a dik a si. Himi cu an parah a thleng rori: lei siangpahrang le misual cun misual a uk- cui thil cu pehtlah awknak tha zet a si dah lo.

**NIKHAT NI (Sunday)  
Thupek hmaisabik**

**April 27**

Eden hmuan cu Pathian minung hmaisabik pawl hrangih cazirnak khaan a si. Sersiammi thawn an pehtlahawknak hmun cu anmah le an cithlah pawl in sersiamtu thuhla ah tawpcin nei lo ih an zir reronak hmun a si. “A thianghlim pahnih cu Pa tlukih Pathian kilkhawinak hnuai ih um fale men an si lo” tiin Ellen G White in a rel ih, “Asinan fimnak famkim neitu sersiamtu ihsin ziangkim zirtu tlawngta an si... leitlun hmuhtheih thuthup- ‘theihnak ih a famkim pai’ mangbangza hnatuannak’ (Job 37:16) – Cun lungawinak le zirnak cemthei lo a pe suak a si”—*Patriarchs and Prophets*, pp. 50, 51.

**Siar ding:** Semtirnak 2:9-17. **Pathian in minung hnenih thupek hmaisabik, khamnak thupek a pek mi cu ziangsaw a si? Ziangahsaw cumi cu a thupit?**

Pathian in minung hnen ih a pek mi “Thupek” *tsw*h timi cu Semtirnak 2:16 ah a um. Cumi cu sia le tha theihnak thing ihsin ei lo dingih thupeknak kha a si. Ziangtin saw theihnak cu khap a si thiam? Cui theihnak cu thutheih tamnak le hmuntun mi ah hmantlak zet a si ringring ko lo sawm?

Cathianghlim vek siloin: Pathian cun a mi pawl cu reizet an rak tuarnak ihsin a rundam lai ah mipi pawl in Amah Bawipa ih uknak hril sawn loin anmah ten ukawknak an hril ahcun ziang thil a cang ding timi theihfimnak hrekkhat a pe suak a si.

Kum thawngtel liam hnuah Israel pawl in siangpahrang an dil tikah Pathian cun thil a hung cang dingmi a theicia (kan zung zarh ih kan hmuh zo vekin), A minung pawl hnenah Amai uknak ihsin suak dingih thutluknak tuah cu caan netabik tiang a awih ding a si timi a simcia thluh.

Cutin Israel singpahrang pawl cu an sualnak a karh vivo tikah Pathian thukam pi minung pawl cu khawvel mi ah an cang ih, Pathian in minung ukawknak an duh zetmi ai hnakih nasa sawn a pe ih, an tumtah mi ihsin a hlonhlo.

Himi thuthawn pehpar aw in Daniel cabu kan zoh ahcun theihfiangnak in pe sinsin ding: Lalram hung ding le tluasiat langnak a hmuh mi cun Zentel “hnam” pawl tluksiatdan lawng a rel lo ih, Pathian thu an thlun lo ruangih Israel pawl tluksiatnak khal a tel a si. Midang pawl ih ukbetnak hnuaiyah kum zabi tamzet an um hnu ahcun Eden hmuan ih zalennak pek hmaisabik mi ah lungawi tawk loin, mipi pawl cun Pathian lalram le leitlun lalram ih danglamnak cu fiangzet in an hmu thei a si.

**A tu hmanah theihfimnak phun dangdang pawl ruat hnik aw, Mi tamzet cun kan theih lo hi a tha sawn lam ding. Himi cun Eden ah a khammi theithiam dingin ziangtin saw in bawm?**

**NIHNIH NI (Monday)**

**April 28**

**Daniel 2**

Babilon mi pawl hnen ih sal ih hruai an si lai fang a si ih, Profet Daniel hmang in Pathian cun A minung le leitlun ramuknak pawl karlak ih laicin awknak a relfiang mi pawl kan nei. A minung pawl cu mahte ukaw mi an si nawn lo: An duh hrilnak ih rahsuak mi a khawm rero a si (An hnen ihsin ziangsaw kan zir thei ding?)

Daniel 2:31-35 **siar awla, cumi cun caan netnak tiang a um dingmi leitlun san thuanthu a lo hmuh ding.**

**Himi mangbangza simcianak ihsin a thupi zet mi thudik ziangsaw kan zir thei ding?**

Kum zabi 19 cem hrawng ahkhan mi tampi cun minung thansohnak lam ah rinsan awknak thar an nei. Thimnak ah Paris Exposition (1900) cu hmailam thuhla ih ruahsannak tarlang mi ropi zet a si. Kan fimzir thiamnak le theihnak lam ih kan thansoh pi mi hmuahhmuah thawn minung ih buainak rapthlak zet pawl cu cemter an si thluh leh ding. Kum zabi 20 ih mipi an luh tikah thuruahnak tampi lakah himi duhthusam hmuhfiangnak- Minung ih famkimnak le thinlung thiltitheinak huham cun - minung hrangah caan (santhar) thar mangbangza a run thlenpi thei a si timi ruahsannak ropi zet an nei.

Ziangkhal sehla ralpi veikhatnak cun cui duhthusam sunmang pawl cu a run vaw siat thluh ih, kum zabi 20 a cem zawng ah raldoawknak ah mipum 200 million lai an nunnak an hloh. Thiamnak lamah kan rak thangso zet tla si men thei, asinan Pathian lam ahcun kan thangso lo. Dr. Martin Luther King Jr. ih a felfiang dan ahcun lam hmuhtu kan nei, asinan minung hruaisualtu a si. Cumi cu thil tihnung um zet a si.

Simcianak zirtu tlawngta tampi cun Daniel 2 ih a ummi 'thir' cu a man sangbik ihsin a tlaniam a si timi an theithiam: Sui man cu ngun ah, ngun man cu daar ah, cule daar man cu thir ah, thir le tlak ih a thlen tiangin man a nei nawn lo deuhdeuh.

Charles Darwin le Karl Marx le kum zabi 19 ih thuruah thiam zet pawl cun minung cu ziangsimaw ihsin hung thangso vivo mi an si - suahkehnak thleng aw so vivo mi an si tivek thawn kan thinlung neh an tum. Khalam zawng ahcun minung hmuhtonak hi thangso zet khal sehla (tisa thil lam tal ah), a tu ih ram ukawknak, remdaihnak, kilhimnak le neihnunnak thuhla ah hi leitlun hmailam caan a thlir thei ngaingai tu zosaw um?

**Jesuh cun ralrinnak a pe ih, “ ‘Cun doawknak pawl le doawknak thu thang tla nan thei ding... Ziangahtile hnam khat le hnam khat an doaw ding ih, ram khat le ram khat an doaw ding: cun hmun dangdang ah paam a tlung ding, natsia a thleng ding ih, ling tla a hnin ding’ “ (Matt. 24:6, 7). Himi ralrin peknak um cing in ziangtin saw hivek thuhla ah ralrinpek kan rak si zo timi va theihnak ihsin hngamnak kan neih thei ding?**

**NITHUM NI (Tuesday)  
Daniel 7**

**April 29**

Daniel 2 ih a ummi mang cu Babilon siangpahrang hnen ah pek a si. Cumi kalh ciah in Daniel 7 ih langnak cu Hebru profet, Pathian thukam minung lak ih pakhat hnenah pek a si.

Daniel cu Nebuchadnezzar vek ciah in thil thupi hmuhter a si, asinan hmailam thu a si ve thung. Milem ai ah tiffinriat sung ihsin a hung suak miphun dangdang, thli in tidai a nuai vutvo ruangih a hung suak mi cu a hmu sawn riangri. Hi miphun (ram uknak) pawl cu ral-awknak a pehzom aw vivo mi ah an um ih, cumi cun an lakah huham nasa zet a um. Saam 65:5-8; Isaiah 17:12, 13; le Jeremiah 46:7, 8 tivek bungcang pawl cun tilik le thli tarlangnak hmangin miphun lakih buainak cu a tarlang a si.

Cumi kalh ciah in caan reilote sung si khal sehla tiamcia ram cu Zentel lalram pawl, tipi kap ih daihnak le himnak vek ciah in a um - cumi cu Pathian ram uknak lungphum hnget zet parih dinmi hnam thianghlim a si, a kiangkap ih um ziaza thatnak nei lo miphun pawl vek an si ve lo.

**Siar ding: Daniel 7:1-3. Hitawk ahhin cangvaihnak tamzet a um. Himi hmuithlam, tiffinriat in sahrang hmaisabik a ra suak tivek pawl ihsin ziang zirlai saw kan zir thei ding?**

Daniel cun tiffinriat kap ihsin Zentel ralbuai hnok ruiiri cu a zoh, amai umnak huamsung ah zamrang zetin sahrang pawl cu leitlun parah an hung suak! Zentel pawl ih buainak cu a mipi pawl ih buainak ah a cang zo. Annih cu Zentel vekin nun hmang dingih hril an si, curuangah tu ahcun Zentel pawl thawn (an hnuai) nun an hmang ding. Babilon uknehnak ihsin thok in, Pathian thukam minung pawl cun mahte ukawknak famkim asiloe reizet daih thinlungawinak cu an nei salthei nawn lo.

A netnak ah kan Siangpahrang a sinak a dinhmun diktak tuaatha sal dingih Khrih a rat tiang tuisan ih Pathian minung pawl midang ukbetnak hnuai ah an um ringring ding. Thukam thar ahkhan Pathian minung pawl cu Rom uknak hnuai ah le cumi hnuah ki fate, zumlotu Rom ukbetnak hnuai ah harsatnak an tuar peh vivo.

San thuanthu hrekkhat pawl ah Miphun hrekkhat pawl cu a dang hnakin tha sawn in um khal sehla, san (tikcu) hrekkhat cu a dang hnakin remdaihnik ah um khal sehla mikip, hnamkip le ram uknak tampi ih san thuanthu ahcun riahsiatnak cu pakhat hnu pakhat ah a thleng ih, hremthah awknak cu pakhat hnu pakhat ah a thleng. Cule himi ahhin a tamsawn cu anmai mipi pawl hrang lawng ruat theutu ram uktu pawl hnuai ih cangvaihnak a si. Pathian in a minung pawl hrangih ukawknak a duhdan thawn cun an bangaw lo zet.

**Rom 3:10-19 in kan leitlun theithiam dingin ziangvek in saw in bom? A hleice in cang 19 in ziangruangah saw kan nun ih thuthangtha kan tulnak san a rel?**

**NILI NI (Wednesday)  
Leilung le tiffinriat karlak**

**April 30**

Bible ih hmainsinnak nei a ummi leilung le tiffinriat cu a hleice in simciannak ahcun zirhduh mi a nei tam

zet. Bible simcianak ih ummi leilung le tiffinriat hmainsinnak hi vun ruat hman awla, an danglam zet.

“Duhsan nei hmainsinnak leilung le tiffinriat hi nai aw te ih an um tikah leilung cun leitlun asilole Israel ramuknak tivek a zohter ih, cuti rual in ti tiffinriat cun tipi in leilung a siatsuah thei vek ciah in Israel siatsuahtu Zentel ram a khihhmuh”—*Beatrice S. Neall, “Sealed Saints and the Tribulation,” in Symposium on Revelation, Book 1, ed. Frank B. Holbrook, (Silver Spring, MD: Biblical Research Institute, General Conference of Seventh-day Adventists, 1992), p. 260.*

Himi ruat pah in leilung cu umnak tha, Pathian ih ram uknak par ih din mi a si; tiffinriat cun minung puarthaunak ih dinmi, a hnget khoh lo mi rampi a rak khihhmuh.

**A tlunih ruatdan tarlangmi thawn himi pawl hi siar aw: Thuphuan 12:15,16 le Thuphuan 13:1, 11. Tidai le leilung karlak naiaw te ih an pehzom awknak kha hmainsin aw. Ziangtin saw hman an si, cule cumi in simcianak kan theithiam dan ding ziangsaw in zirh?**

Rulhreg cun nunau (kawhhran) hrem dingin tidai a hmang timi hmainsin aw. Kan hmuh zo vekin simcianak ah tidai timi cu leitlun ramuknak le harsatnak, hnaihnoknak tivek hmainsinnak ah a hmang theu. Curuangah Setan cun an hruaitu pawl hmang in kawhhran thuanthu ahkhan Pathian minung pawl a hremdan kan hmu thei.

**Cule Seventh-day Adventist pawl cun Thuphuan 12:16 cu hremnak tuar zumtu pawl in leitlun thar ih an lutnak a khihhmuh timi an thei. Leilung le tiffinriat thuhla ih kan theihmi a dik ahcun himi in American Republic hmuhsuah a si thuhla ziangsaw a rel?**

“Leilung” timi cu Pathian in a minung pawl hrangih a hranih a retmi hmun pakhat “tiamcia ram” timi thawn

bangaw in kan ruat dah maw? Curuangah si kem maw leilung ih sahrang hmaisabik kha tuu vekih a hung lang? America hi a hmusuak hmaisaisa hrekkhat pawl ih hmuh duhdan vekin “Isarel ram thar”si dah lo khal sehla, caan reizet cu leitlun ah biaknak lam ih harsatnak tuartu mi thawngza tamzet hrangah biaknak zalennak ram a si ringring.

Vansiatthlak zetin himi tuu bangtuk sahrang cu nikhat ni ahcun “Rulhreg vekin” a tong ding (Thup 13:11). Kum reizet hremnak a tuartu pawl hrangah biaknak zalennak vanpar mei inn a rak si mi United State (USA) cu biaknak lam ih taima zet pawl hremtu thu neizet ah a hung cang ding! Himi cu Pathian kaihhruainak ai hnakin mahte kaihhruai awknak hi minung in a hril tikih thil a thleng dingmi tahthimnak dang a si.

**NINGA NI (Thursday)  
Simcianak dang**

**May 1**

A tangsung kawhhran cu leitlun thar ah a suak, cumi cu kum zabi 17 le 18 ih biaknak zalennak hawl ih tlansuak an um lai hrawng ciah kha a si. Hmundang ih biaknak le ramkhelhnak ih buainak reizet rak um zo pawl vun ruat ahcun United States ih a rung cangmi leilung thar vek ciah in hmundang ahhin thiltitheinak cangvaihnak tivek a um ding cu rinhlel ding a um zet.

Thuphuan 10:1-11 **siar awla, cumi cun cangvaihnak a hungsuakdan a rel. Kan zirzo mi “miphun” leilung, tiffinriat tivek pawl ih an thupitnak hrekkhat pawl kha hawl aw. A tulnak zawnte ah hmang awla, cuticun tampi na siar tul lo ding ih, himi thuhla sung ahhin ziangmi theihthiamnak a um theimi saw na hmuh ding?**

Thuphuan 14 ih vancungmi pathum vek in Thuphuan 18 ih vancungmi khal in ring zetin a au ve. A

tangsun kawhhran ih hnatuan cu “Minung tampi, le miphun tampi, le tong tampi, le singpahrang tampi” (Thup 10:11) hrangih din a si tikah himi cu san thuanthu ih manhlap thlak zet thil a si.

Vancungmi cun “cabu fate” a keng – Daniel cabu a si ko ding(zoh aw Daniel 12:4) – Cumi cu san tampi hnu ih veikhat onnak ding a si. A ke khat lam cu tiffinriat ah a ret ih, a dang pakhat cu leilung ah a ret. Himi thuchah cun leilung pumpuluk, leitlun hlun le thar a huap thluh a si thei timi ruahnak a um thei. Asilole himi thuchah cun miphun hmuahhmuah a huap thluh : leilung parih umtu pawl le tiffinriat “Zentel” umnak ih um tu pawl a rel duhnak a si ding timi ruahdan khal a um.

A netnak ahcun leitlun cu Pathian sunlawinak in tleuter a si ding ih, Thuphuan 14 ih thuchah netabik cu mi hmuahhmuah hnenah thlenpi a si ding. Israel vekin kawhhran ih thupek mi thuthangtha phuang hi “leitlun ah miphun hmuahhmah hnenih theihpi tu a si ding ih, cui hnuah netnak a ra thleng ding” (Mathai 24:14 NKJV).

Pathian cun minung san thuanthu netnak ropi zet : minung lalram cemnak le Khrih ih kumkhaw bawi tokham ih toternak lamah a nor rero a si. Siar aw: Daniel 2:34, 35, 44, 45. Bible cun fianglonak um riailoin famkim zetin a tuah, himi leitlun lalram pawl hmuahhmuah cu an cemral thluh leh ding, zianghman a tang nawn lo ding ih, sualnak, tuarnak, natnak, thiltha lo, le thihnak tivek a um nawnlonak ding Pathian lalram kumkhua in din a si ding a si.

**Daniel 2 le 7 ih a simmi leitlun lalram hungsuak le tluk ding thuhla ih simcianak a dikzia hi zoh hnik uh. Ziangtin saw cui a dik zetmi Daniel ih nganlai na ruat tikah Pathian ih kumkhaw lalram le netabik tiamkam mi parah amah rinsan thei dingih in bawm thei ding?**

**NIRUK NI (Friday)****May 2**

**Ruahbet ding:** Siar ding: Ellen G. White, “The Tower of Babel,” pp. 117–124, in *Patriarchs and Prophets*.

“ “Cuih hnuah van thar le lei thar ka hmu. A hmaisai ih a rak ummi van le leilung kha cu an hlota ih tiffinriat khal a um nawn lo.(Thuphuan 21:1). Mi suaksual pawl a kang raltu meisa cun leilung hi a kang thianghlim theh. Camsiatnak hnuhma hmuahhmuah cu a hlo theh. Rundam pawl hmai ahcun, misual pawlih tuarmi vek hremhmun cu hmuh ding a um ve lo.

Cinken ringring dingmi pakhat a um: Kan Tlantu cun khenbehnak hmasi cu a nei ringring ding. A lu ih hliamah le a hnak le a kut le a ke pawlah cun sual hnatuan a raphlakzia a sulhnu pawl cu a um ringring ko ding. Zawlnei cun Khrih ih sunglawinak a nasatzia a hmuh tikah hitin a ti, “ A rat tikah cun nimthla kau vekin a tleu. A kut ihsiin tleunak a suak zukzo; Cu tawkah a cahnak cu thuhin a um.” (Habakkuk 3:4). (A kut timi hi hrekkhat cun a hnak tiin an let). Feiuh an sunnak a hnak ihsiin thisen, Pathian le minung a pehpartir saltu cu a luang suak. Cutawkah cun Rundamtuih sunglawinak cu a um a si, “Cu tawkah cahnak cu thuhin a um.” ti a si. Tlannak dingih a pekawknak zarah cun “Rundamtu cak” a si ih, Pathian zaangfahnak a ngaineptu pawl hrangah cun diknak thawn thuthen dingin a cak a si. A tlawmlai sinsiahnak pawl cu a hrangah cun thangthatnak sang bik a rak si sawn. Catuan thlengin Kalvari hliam cun a thangthatnak cu a lantir ringring ding ih, a thiltitheinak cu a phuang sinsin ding a si..”—Ellen G. White, *The Great Controversy*, p. 674.

**RELKHAWM DINGMI THUSUHNNAK PAWL:**

**1. A netnak ah, leilung ih hlawhtlinnak pawl hmuahhmuah, ziangtluk ih ropi, rura le sunglawi zet an**

**si hman ah leivut ah, vutcam ah an cang thluh leh ding ih, a netnak ah kumkhua in an hloral thluh ding. Cumi ahcun leitlun thil ih ziangvek rori khal na pitlin zo, lole na hlawhtling dingmi pawl khal an tel thluh. Ziangah saw himi thlirnak hi thinlung ih ruah ringring a tul? Ziangtin saw himi in a thupi ih na ruah mi kai hnget dingin bomnak a lo pek thei ding?**

**2. Thuphuan 13:1-10 ih tiffinriat sahrang hi thaten zoh hnik aw. Ziangvek lamzin in saw himi sahrang hi Bable ih lungput rahsuah mi a si thei? Minung “miphun” hmuahhmuah cu ki fate huham hmangan Babilon ihsin an si thluh. Lalram tin ih an ziaza tikcu caan reipi tiang rung tang ta ringring tiuh na ruah mi ziangsaw? Ziangvek lamzin in saw leitlun in Babilon asilole Rome ih santlaihna a rak khiih hmuh?**

**3. Ziangtin saw Adventist kan si vek in Bawipa thlunnak le ziangvek ram uknak hnuai ih kan um khal ah daan thlunnak karlak ih thlau awknak kan neih? Pakhat thuawihnak in a dang thuawih lonak ih a thlenpi tikah ziangthil saw thleng?**

**ZIRLAI 6****May 3-9****RAITHAWINAK THEIHFANGNAK****SABBATH SIIMLAM**

**Tuizarh zirlai hrang siar ding:** Isa. 1:2-15, Heb. 10:3-10, Suah. 12:1-11, 1 Kor. 5:7, Hag. 2:7-9, Isa. 6:1-5, Thup. 4:7-11.

**Bible cangkan:** “Cun hla thar an sak, Nang cu cui cabu la dingah le a tacik pawl ong dingah na tling a si: ziangatile nang cu thah na si ih, na thisen in hnamtin, le tongtin, le mitin le miphun tinkim lak ih ta Pathian hnenah in tlen zo a si’ “ (Thuphuan 5:9).

Cule Jesuh cu a hnen lamah a ra ih, tipil petu Johan cun, “Zoh hnik uh, leitlun sualna la hlotu Pathian Tuu Fano khi” tiah a ti (Johan 1:29 NKJV). Himi cun ramsa raithawinak pawl hmuahhmuah cun minung zate aiawh in Khrih thihnak an khihhmuh thluh a si.

Bible sung ah ramsa thawinak ih thupi pawl cu kan hmu thelh thei zik lo; a cahmai tin ahhin pat hri sendup vekin a fehkual thluh ih, Thuphuan cabu ahcun hmun thupi zet a luah, cumi ahcun Johan cu Pathian Bawi tohkham umnak khaan lamah hruai lut a si (Thuphuan 4 le 5). Hitawk ahhin thahcia tuufa vekih Jesuh a runglangnak cu (Thuphuan 5:6) simcianak zaten theihfiang theinak dingih a thupi zet mi tawhfung a si.

Tuizarh ahcun Bawi tohkham umnak khaan lam ah langfiang zet ih a um tu thahcia Tuu fano Jesuh kan theihthiam theinak dingih in bawmtu raithawinak thupi hrekhat pawl kan zoh ding. Zohman an tlin lo laiah Anih

cu tling ih pawm a si. A danglam zetmi a tlinnak cun raithawi fehdan hmangin Bawipa ih hnatuan mi nasa zet in a rel. Cumi cun Amah cu a cem thei lomi duhdawtnak neitu Pathian, raithawinak (pekawknak) netabik a neitu a si zia a langter ih, cui thil cu kanmah le leitlun mifim pawl khal in kumkhua ih mangbangza kan ti dingmi a si.

**NIKHAT NI (Sunday)****May 4****Santlai lo thawinak**

Khuimaw caan ahcun ruatdan bangaw lo zet pahnih cu zir tlak zetmi a si thei. Pathian in a mi pawl ih raithawinak a hnon ahkhan Bible ih raithawinak a ummi pawl thuhla nasa zetih zir ding a um.

**Zohtlang aw:** Isaiah 1:2-15, Isaiah 56:6,7 le Saam 51:17. **Hitawk ah raithawinak thuhla ih thupi zet zirlai ziangsaw a zirh?**

Hivek riahsiatza hi Israel thuanthu ah Pathian in raithawinak a hnonsak veikhatnak a si lo; hivek deuh nawn cu rundamnak thuanthu a hramthoknak hrawng ahkhan a rak um zo, Abel ih raithawinak pawmsak a si ih, Pathian theih pi mi a si. Asinan Kain ih thawinak cu pawm a si ve lo. Cutivek ih a rak um hmaisaw pawl ihsin raithawinak pawmtlak le pawmtlak lo ih danglamnak in rak hmuh a si (zoh aw, sem. 4:3-7 le Heb. 11:4.)

Isaiah a um lai ahkhan Israel cun Pathian lungawiter tum in biaknak lamah an feh ih, an taima zet, asinan anmai duhdan in nun an hmang ve thung. Kain vek ciah in an raithawinak cu anmai tha timi ah an thum aw ih, Pathian hnen ih pumpek awknak le tulut awknak khal zianghman an nei lo.

Cuvek nun thocho cu leitlun lalam pawl kaitho tu a si: Mah le mah rinsan ngam awknak nun a si. Kain cu amai duhdan vekin a nung ih, a thukam vekin Pathian hnenah thawinak a pe ve maimai men. Mi pakhat cu

Pathian tihzah zet in lang khal sehla, Pathian cu mi hnoksak, a feh duhnak lamzin rak donkham tu tivek in a hmu.

Ziangkhal sehla, Abel cun Pathian ih a ngen mi raithawinak a tuah, raithawinak cun Messiah a rat ding thu Pathian ih thutiam a tuahmi langternak a si (Semtirnak 3:15): Tuu Fano, Kalvari tlang ih Khrih ih rundam cangvaihnak rak zohtertu a si.

“Abel cun tlennk thu bulhram ropi zet a theithiam. Amah cu misual a si lam a thei aw, sualnak le a rah khal a theithiam, Pathian thawn an karlak ih dokalh tu a si timi khal a theithiam. Raithawinak a run hlan ih, ransa nunnak hlan mi cun daan buarnak rah cu thihnak a si zia a theiher. Raithawinak thisen suak mi cun Khrih, Kavari thinglamtah ih an sual tlennak ding hrangih a thih ding cu a theiher, cumi tlennak tuah ding mi cu zum in, mifel a si timi a pawm ih, a raithawinak cu pawmsak in a um.”—*Ellen G. White, Patriarchs and Prophets, p. 72.*

**“Mai tha timi fehpinak” menmen ihsin kanmahten kan kilhim awk hi a thupi tuk! Ziangtin saw kan rundamnak ih ruahsakan umsun a si vekin Jesuh thihnak ih thumawk thluhnak timi sullam cu kan theihthiam thei ding?**

**NIHNIH NI (Monday)  
Cawcang le Me ih thisen**

**May 5**

Mi hrekkhat cun raithawinak hrimhrim hi an dokalh ih, nun sia, sualthlak, dikfel thei lo zet a si tiah an ti. Cumi cu thil dik zet a si. Khrih thihnak cu nunsia, sualthlak, le dik fel thei lo zet a si – mawhsualnak nei lo cu misual hrangah a thi! Cumi cu sual buainak relfeldan cu a si. Cui Khirh thihnak cu nun sia, sualthlak, le diklozet raithawinak zate ih a hmuitin mi a si.

**Siar ding: Hebru 10:3-10. Himi thu in Thukam hlun ih Pathian minung pawl in raithawinak an neih thuhla ziangsaw in zirh? Cuvek raithawinak thawngin misual cu rundam a theih lo ahcun, ziangruangahsaw raithawinak a tul?**

Tuu le ramsa dang pawl raithawinak cu Pathian Tuu Fano raithawinak ding rak khihmuhtu duhsan nei hmainsinnak men an si. Zumnak ih cangvaihnak a si. Misual pawl cu a ra dingmi Messiah ih hnatuannak zumnak ih an tarlangnak lamzin a si. Hivek ih duhsan nei hmainsinnak tivek pawl cu thil a hung thleng dingmi rak hmuhter cianak asirole thil ziang simaw a hung famkimnak ding tivek in kan rel theu. Mi hrekkhat le phei cun raithawinak cu thinglamtah parih Jesuh a thihnak “simcianak fate” a si ti tiangin an sim.

Raithawinak thawn a pehpar mi biaknak fehpi dan cu khualtlawnnak ding hrangih man pek mi vek khi a si. Tlangleng tiket asilole bus tiket lole vanzam tiket tivek na lei tikah zamrang zet in khual na tlawng thei hngal dah lo. Tiket asilole feh theinak tivek an lo pe ta ding : cumi cu khualtlawnnak ding hmainsinnak simaw, asilole thutiam a si. Cahnah fate parah cun na duhnak ah na to thei, asinan hmun tinkim ah a lo thlen lo ding. Na tumram pan dingin na lut ngah zo ih, khualtlawn na thok tikah a man na pek mi man cu na dong ngah zo: na tiket cahnah te cu hman tlak nawn lo ah a hung cang.

Cuvek ciah in ramsa raithawinak khal a si. Annih cu cangvaihnak ding thupi zet an nei. Asinan raithawinak ngaingai tuah a si tikah annih pawl cu sullam nei lo ah an cang – Jesuh thihnak ih Hmun Thianghlim le Hmun Thianghlim Bik karlak ih puanzar a tlek tikah raithawinak ngaingai cu a rung lang. “Cun tempal puanzar cu a luzim ihsin a tawdeng tiang then hnih ah a tlek” (Marka 15:38). Raithawinak hmuahhmuah, temple le ziangkim cun



thinglamtah parih Jesuh thihnak an rak khihhmuh thluh. Jesuh in thinglamtah ih a thuthiam a hlensuak ih, thihnak a neih tikah raithawinak ih khihhmuhnak pawl cu an tul nawn lo.

**Thu cu tisa ih (Johan 1:1-3, 14) a rungcang mi Jesuh thihnak lawng ih rualremnak a tuah thei mi cu ziangtluk ih soal saw a si timi vun ruat hnik aw. Himi cun soal thuhla lam ih kan thinlung put ziang a si timi ziangsaw in sim?**

**NITHUM NI (Tuesday)**

**May 6**

**Lantak puai Tuu Fano**

Thuphuan cabu ahhin Jesuh cu “Tuu fano” tin vei 30 zik lai a rel. Tlennak khawkhannak a um thok ihsin Pathian minung pawl cun Tuu fano cu Messiah a ra ding timi hmainsinnak ah an rak hman. Abel cun “a tilva rual ih suak hmaisabik” a hlan (Sem 4:4), cule Israel pawl khal tiamcia ram pan dingin Izip an suahsan hlan te ahkhan ramsa lole minung suak hmaisabik (fa u) cu kumkhat kim mi tuu fano thawn tlen dingin thupek an si (Suah 12:5).

**Siar ding:** Suahlannak 12:1-11; Isaiah 53:7, 8; 1 Korin 5:7; le Thuphuan 5:6. **Himi bungcang pawl in Jesuh cu Lantak puai raithawinak a si thu ziangsaw in zirh? Cumi cu kan zate hrangah ziangsaw a sullam a si?**

Khrih a thihnak, a thawhsalnak le vanram a kai hnu kum reizet hnuah Piter cun thil a theih suak mi a vun sim ih, hitin a ngan, “Nan pupa pawlih an lo roh tami umzia neilo nan nundan ihsin a siat theimi thil sui le ngun thawn tlenmi nan si lo; Soihnawm kai lo le baal kai lo tufano Khrih ih thisen sunglawi thawn tlenmi nan si sawn ti nan thei” (1 Pet. 1:18, 19) tiah a ti.

Jesuh cu minung nunnak pakhat in a nung ih, Pathian thianghlimnak lung a riamter; midang pawl hmuahhmuah cun soal kan nei thluh, cule soal nun kan

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hmandan hin a ngaingai in cangkhai loten in sersiamtu Pathian sinak thuhla thudik lo a sim a si.

Ziangkhal sehla Jesuh cu “Adam neta” ah a hung cang (1 Kor 15:45). Anih cu kan hlawhsamnak zawnah famkim zetin a nung. A minung sinak zawn ah minung ih a sinak ding pawl hmuahhmuah ah a si thluh. Anih cun a famkim mi Pathian sunglawinak a tarlang. Filip hnenah, “Keimah i hmuh zo ahcun, Pa na hmu zo a si” tiah a ti (Johan 14:9, CEV).

Jesuh cu Lantak puai a um lai ah thinglamtah ah an khengbet, Anih cu Tuu fano khihhmuhtu rori a si timi tarlangnak a si. Johan 18:19,20 ahkhan Jesuh cun, “langngan zetin” (NKJV) a thurin thuhla a rel suak. Cumi thawn lamzin bangaw zet in Suahlannak 12:5,6 ih a ummi Lantakpuai Tuu fano thawn pehpar aw in Israel fale pawl cu Lantakpuai hrang tuu fano hril dingin le “Kilkhawi” dingin asilole raithawinak ni a thlen hlan ih langter ding in thupek an si. Puithiam sang in Jesuh hnenah a thuzirhnak thuhla a sut tikah Jesuh cun mikip ih an theih ih an hmuh theinak dingah Amah rori cu Temple ah langngan zet ih thu a zirh thu a sim. A nunnak, a hnatuan, a thuzirhnak pawl hmuahhmuah cun zo ciah a si timi an langter. Anih cu soisel ding um lo Tuu Fano, Pathian sunlawinak le dingfelnak tarlangtu huham nasa nei tu a si.

**Kanmai bulpak nun ahhin Jesuh ziaza famkim kan tarlang theidan ding lamzin tha deuh pawl cu ziangsaw an si?**

**NILI NI (Wednesday)**

**May 7**

**Temple ah Jesuh**

Rundamnak thuanthu hmuahhmuah ahhin doawknak a um thluh. Pathian cun a hlan ih Amah thawn nuam zetih kan rak pawlkom awknak tuahtat sal le a

hnen ih kan naih thei ding hi a duh. Asinan misual pawl a kiang ih hruai an si ahcun an siatral thluh ding. David cun, “Ziangahtile nang cu sualralnak ih lungawi Pathian na si lo: mithalo khal na hnenah an um lo ding” tiah a rak ti(Saam 5:4) . Cuti a ti rual in David cun hitin a ngan thotho, “sikhalsehla ka hrang ahcun na lainatnak a tam ruangah na inn ah ka lut ding: nangmah tihzahnak thawn na tempal thianghlim lam hoiin ka lo be ding” (Saam 5:7).

**Siar ding:** Haggai 2:7-9. **Tempal pahnihnak sak rero a si lai ah Profet Haggai cun mangbangza thutiamnak a tuah: Tempal thar cu a hlan ta hnakin a sunglawi sawn ding. Cui simcianak ih sullam cu ziangsaw a si?**

Solomon hmangin Tempal pakhatnak apnak an neih ahkhan Shekinah sunlawinak – Kanaan lam pannak ih Israel fate pawl thluntu Pathian umnak cun Tempal sung cu a luahkhat thluh, curuangah puithiam pawl cun an hnaturan theh tiang an um thei lo (1 Siang 8:10,11). Tempal pahnihnak an ap ahkhan Pathian Bawi tohkham khihmuhtu thukham kuang cu Jeremiah in a rak thuh ruangah a um nawn lo. A ngaingai te cun himi ahhin Pathian umpinak cun Tempal a luah lo. Thinlung kekkuainak a si. Haggai ih thutiamkam mi cu ziangtin saw a thleng dik thei ding?

Tisa le thisen ah minung ih a runglang tu Pathian, minung ih rung cang Jesuh cu Tempal pahnihnak cu a si. Pathian Amah rori cu Puanzar dunglam ihsin kan lak ih pakhat si dingah le hi leitlun kekkuai zet ah kan rual in um ve dingin a rungsuak a si. Ziangahtile Pathian Fapa cu tu ahcun minung Fapa ah a hung cang, A hmel kan hmu thei ih, A aw kan theithe, cule thianghlim lo pharnatnei a tham tikah a dam thluh timi khal kan hmu thei(Matt 8:3). Pathian kan naih theinak dingah amah hin in ra pan a si. Bulpak rori in kan hnenah a ra. Jesuh thuhla

Bible ih a rel mi, “Ngaihnik, fala him pakhat in fa a von ding ih, fapa a hring ding, a hmin ah Immanuel an sak ding, a tican cu, Pathian kan hnenah a um, tinak a si” (Matt 1:23) a ti mi khal hi mangbang thlak a si lo ngai. Himi sullam ziang a si timi ruat hnik aw: vanlam boruak ziangkim tuahtu cu kan lakah um men loin kan hrang ih thi dingin a ra timi hi!

**Thinglamtah cu Pathian duhdawtnak tarlangnak ropi zet a si. Pathian duhdawtnak ngaingai hi kan ton le hmuh theinak ding lamzin dang pawl cu ziangsaw an si?**

**NINGA NI (Thursday)**

**May 8**

**Ziangahtile nang in ziangkim na sersiam!**

Profet pawl cu Pathian Bawi tohkham an hmuh theinak dingah langnak hmangin Pathian thawn nai aw zet ih hruai an si. Ezekhiel cun van boruak tlun lam a hmu (Ezek 1:26); Isaiah cun cui thil hmu dingin vanram ih um tempal ah a va feh (Isaiah 6:1), cule kan hnenih relfiangnak fiang zet pakhat cu Johan in Thuphuan 4 le 5 sungih langnak a hmuh mi hi a si. Thukam hlun ih puantlam hnatuannak cun Minung in Pathian umnak a luh theihnak lamzin umsun a tarlang : cumi cu Kih thisen a si (thimnak ah, Pui 16:2, 14)

**Siar ding:** Isaiah 6:1-5 le Thuphuan 4:7-11. **Ziangvek bangawknak cu himi langnak pahnih in an neih? Thil thlengmi hi ngunngaih zet in ruat aw: Ziangmi saw rung um hmaisai? A hnu ah ziang a um? Himi langnak ahhin Pathian thuhla thudik ziangmi saw uar zetih a rel mi?**

Himi Bawi tokham umnak ih langnak ahhin thil a thlengmi hmaisabik cu vanmi pawl in Pathian thianghlimnak an langternak hi a si. Isaiah ih langnak a hmuh mi cu lunglut za a si. Biakinn cu meikhu in a khat

thluh ih, Serafim pawl in Pathian thianghlimnak an phuang ahkhan “sangka ban pawl” an hnin thluh thei. Johan ih langnak ahcun Cherubim pawl cun cuvek thotho in, “Thianghlim, thianghlim, thianghlim” tiin an phuang. (Ezekhiel 10:14, 15 zoh awla, thil nung pawl cu Cherubim tiih kawh an si thu na hmu ding) Protet kip cu Pathian sunlawinak zohtha zet hmuhter an si thluh.

Thil a thlengmi an hmuh tikah Profet pawl ih an letdan hmuhter in kan um: Isaiah cun a hmu a thianghlim lo thu a au suah pi (Isaiah 6:5), cule Johan cu a tap, zianghah tile a hmai rori ah mi tling zohman hmuh an si lo ruangah a si (Thup 5:4). Pathian ih a tlinzia kan hmuh ngah tikah a netnak ahcun minung dinhmun kan theithiam : Kannih cu tling lo zet kan si ih, in Tlentu dingah Khrih kan tul.

Satan cun Pathian soal puhnak tamzet a nei, Pathian cu mai zawn lawng ruat, mi duham, le thinlung bizet a si tiah a ti. Asinan Pathian Bawi tohkham umnak khaan sungah reilote va um duak khal sehla, Setan ih thuphan relmi cu a langfiang tuk. Khrih ih sinak ngaingai cu, “Thahcia Tuu Fa” (Thup 5:12) a si timi hmuh a theih. Cumi cun Pa Pathian hi zosaw a si timi hmu thei ding in tuah a si. Jesuh kan hmuh cun Pa cu ziangvek saw a si timi (Johan 14:9) kan hmu timi theih hi a va hngngam thlak ve! Pa cu ziangvek saw a si timi phuang langnak ropi zet cu kan hrang thinglamtah ih Jesuh a thihnak ahkhan kan hmu thei.

**Cule Thinglamtah cun thil pahnih in hmuh ding : Pakhatnak, kan hrangah a pumpek awknak ah Pathian duhdawtnak cun ziangtluk thil a tuah ding; pahnihnak ah, thinglamtah hmang lawngih rundam theih ding tiangih misual le thusia kan si zia a tarlang ding a si.**

### **NIRUK NI (Friday)**

**May 9**

**Ruahbet ding:** Ca thianghlim cun Khrih lawng hi kan rundannak rintlak a si timi fiangzet in a tarlang. Anih cu soal kai lo minung umsun a si, Pa sunlawinak ding hrangih lungawinak famkim pe theitu zohthim ding umsun a si. Anih cu bawrhhlawh kai lo Pathian Tuu Fano a si ih, tu ahcun kumkhua kan himnak ding hrangah minung pawl hmai ah a ding a si. Cuti rual in Anih cun kan soalnak cu Amah parah a la, Pathian in mi soalral a letnak thuthennak cu a hlawhtling ter. Johan in Pathian Bawi tohkham kimvek ih um khawm van mi pawl a hmu ih, a tap bang dingih sim a si, zianghah tile, “Judah hrin Kiosa cun....a neh zo” a si(Thup 5:5)

Amah Pathian, Jesuh thihnak lawng ih soal buainak a relfel thei dingmi minung tluknak raphlak le soal ih raphlak zia hi ruat ve hnik. Rinhlel ding zianghman um loin Pathian cun in rundam theinak dingah lamzin dang hrekkhat um bangta sehla, a cozah uknak thu bulhram zianghman buar cuang siloin in rundam tengteng ding.

“Pathian daan buarnak cun misual nunnak a dil. Leitlun hmuahhmuah ah mi pakhat lawng minung aiawh le hlawhtling ter theitu a um. Pathian daan cu Amah Pathian vekih thianghlim a si ih, Pathian thawn a tlukaw mi lawng in daan buarnak soal hrang remnak a tuah thei ding a si. Daan ih camsiatnak ihsin a thusia mi minung tlen theitu le Pathian thawn lungawinak ih hruai sal thei tu cu Khrih hi a si. Khrih cun soal ih zahthlaknak le diklonak cu a parah a ret ih, soalnak cun thianghlim Pathian a kalh ruangah Pa le Fapa cu an thenawk a tul ding. Soal hrengbetnak ih a tangtu pawl rundam dingah Khrih cu riahsiatnak khur thukzet ah a lut ding a si.”—*Ellen G. White, Patriarchs and Prophets, p. 63.*

**RELKHAWM DING THUSUHNNAK PAWL:**

**1. Johan cun Tuu Fano cu “thahcia” vekin Bawi tohkham pindan lam ih a lut lai a hmu. Thuphuan 13: 8 cun Jesuh cu leitlun piantir ihsin “thah cia” a si thu in rak sim. Rundam khawkhannak cu kan tul hlan ihsin ret cia in a um zo timi thudik ihsin Pathian thuhla ziangsaw kan zir thei ding?**

**2. Pathian a um ti zumlotu tamzet cun ngaihsak lomi leitlun le dai riapri ahhin kanmah lawng kan um tiin an zum. Cumi thawn kalh aw ciah in Bible cun Pathian thuhla lawng a rel lo ih, leitlun a duhdawt tuk ruangah a rung tum suk ih, leitlun hrangih a thih thu khal a rel tel a si. Pathian zum lotu pawl thawn leitlun le a sung ih ummi kan thlirdan hi ziangtluk in saw an thlau awk? Phundang ih kan sim ding asile, Thinglamtah ih thihnak cun kan tuahmi ziangkim ah ziangtin hngawn a nei thei?**

**3. Ziangruagnah saw Khrih nunnak, thihnak le thawhsalnak lawng hi minung rundam theinak umsun a si? Cutluk mankhung cun sualnak ih a rapthlak zia ziangsaw in sim?**

**ZIRLAI 7****May 10-16****SIMCIANAK HRANG THUMAWKNAK****SABBATH SIIMLAM**

**Tuizarh zirlai hrang siatr ding:** Isa. 6:6-8, Semtirnak. 3:21-24, Ezek. 1:4-14, Thup. 4:1-11, mipum. 2:3-25, Isa. 14:12-14.

**Bible cangken: “Zo saw ka thlah ding ih, zo saw kan hrangah a feh ding? tiin Bawipai’ aw khal ka thei. Cutikah kei in, Hinah ka um; keimah i thlah aw, ka ti” (Isaiah 6:8)**

Pathian cu ziangkim sersiamtu (Thup 4:11) a sinak le a ziaza thatnak ah thum aw in leitlun thuthen dingah diknak a nei timi hmuh suah a si. Pathian ziaza dingfelnak hmuhsuahnak ihsin ziangtin, ziangruangah saw minung sual in Pathian sunlawinak an co ban lo timi kan thei thiam (Rom 3:23).

Tuizarh ahcun Bawi tohkham ih langnak kha kan zir kau deuh ding ih, Pathian thianghlim le minung an pehtlahi awkdan le Khrih raithawinak ih in tuahthat saldan le Bawi tohkham lam ih in hruaidan pawl kan ruat ding. Pathian cun bulpak in siloin a mipun zawng ih in tuahthar sal a tum, cuticun sersiammi dang pawl thawn A sunlawinak cu veikhat kan langter lehsal thei ding a si. Bible pumhlum ih kan hawl tikah Pathian ih in kawhnak sang zet, ngaidamnak, le misual tlennak pawl ah lungawinak nei thok dingin le theihthiamnak nei dingih in bawm theitu thil thupi zetzet kan hmu ngah thei a si.

Minung ih dokalhnak cu kumkhua in a cemral leh ding. Cumi tlun ah Pathian ziaza duhdawtnak, amah le

mah a hnuaidornak le a pumpekawknak ziaza pawl cu minung hrangih a rak tuahmi hmaisai hnakin nasa zet in a tleu ding. Pathian in minung tluk ding hi a duh mi si lo khal sehla, thinglamtah hmangin Pathian ziaza duhdawtnak cu mangbang thlak zetin langter in a um a si.

### **NIKHAT NI (Sunday)**

**May 11**

#### **Hinah ka um, in thlah aw**

Kum ziangmaw zat liamzo ahkhan kawhhran pakhat cun pawlkom awknak innpi thar tuah a duh ruangah inn hnuai khaan hlun zet cu tuathar sal dingin thutluknak a tuah. A hmaisabik ih an tuah mi cu meisa thar bun ding hi a si, cumi cun khaan sung kawlawng deuh pawl cu mawi deuh in a langter ding timi an zum. Cutin meisa an vun bun tikah khan sung hmun lawng pawl cu a rak sia tuk vekin a lang, ziangahatile a engmi tleunak cun a tlin lonak a langter ruangah a si.

Isaiah in langnak ih Pathian Bawi tohkham a hmuh mi cun amai tlinlonak pawl cu tuarnat zetin a theihter: “Ka hmakhua a pit! ka cem ngah riari; ziangahatile kei cu hmur thiang lo ka si ih, hmur thiang lomi pawl lakih um ka si fawn: ka mit in Siangpahrang, ralkap pawlih Bawipa a hmu zo, ka ti’ “ tiah a tap (Isa. 6:5, NKJV). Kannih khal Pathian umnak ah hmakhatte ah in hruai bangta sehla cuvek in kan um ve ko ding. Kan phuahhlam pawl hmuahhmuah hlawnhlo thluh thei ding khawp in Eng cu a tleu na zet. Pathian hmai ahcun kan hlo timi kan thei aw theu. Isaiah cu mak ti zet in a um.

**Siar ding:** Isaiah 6:6-8. **Isaiah cun sualnak timi sullam cu kan “cemngah riari” tinak a si timi a thei. Sual ih hlawahman cu thihnak a si. Asinan sual ih rahsuah mi ah in tanta men loin duhdawttu Pathian cun amai hnen lamah in dir a si. Himi ih a rah suak mi cu ziangsaw a si? Ziangah cumi cu a thupi?**

Sarafim pakhat in biaktheng ihsin meiling a la ih, Isaiah ih hmur ah a daiter, cule Isaiah cu a sualnak ihsin a thianghlim. Himi cu Pathian minung pawl hrang le thlacamnak an neihnak hmun, rimhmoi retnak biaktheng a si ko ding (zoh aw Thup 8:3,4). A sualnak cu ngaidam a si zo, cule tu ahcun Pathian hmaika ih um dingin tlin zet ih ruat mi a si – asinan cu hnakihi nasa sawn cu leitlun ah Pathian aiawh tu dingih hnaturan pek a si.

“Seraph” timi cu “ a kangmi” tinak a si. Jesuh in Johan 5:35 ih tipil petu Johan ih hnaturanak a relfiang mi kha hmisin aw, “Anih cu a alhmi le a engmi mei-inn a si ih, a eng sung ahcun caan malte sung nom nan rak duh” tiah a ti. Johan amah rori kha rundamnak le zangfahnak tul ve zet misual si khal sehla, a hnatuannak cun rundamnak le zangfahnak keng theitu umsun a khihhmuh a si.

Jesuh cu Pathian sunlawinak aiawh tu mi famkim vek in a ra – Cule Pathian cun profet, misual, van mi serafim lakih pakhat vekih mangbangza tuah theitu a run thlah.

**Isaiah in a sualnak thlenfai ih a um zo thu a theih hnu lawngah, hitawk ah ka um, in thlah aw tiah a ti. Hitawk ah Isaiah ih a tuah vekin Jesuh thisen hmangin kan sual ngaidam in kan umnak ahhin ziangtin saw kan let ve ding?**

### **NIHNIH NI (Monday)**

**May 12**

#### **Cherubim pahnih**

Kan nu le pa hmaisabik kha Eden hmuan ihsin dawisuah an si veten, Pathian cun Messiah ruahsannak a pe hngal (Sem 3:15). Cule Eden kulh hmaiah hmainsinnak huham neizet a din : Cherubim pahnih, an karlakah a tleu zetmi eng a um. Hitawk ih ummi cu Pathian Bawi tohkham hmainsinnak thukam kuang thawn an bangaw zet timi hi kan thei thiam ding a si (Suah 25:18).

**Siar ding:** Semtirnak 3:21-24. **Cherubim in ziang hna saw an tuan – ziang ruangah saw?**

Cherubim pawl cu misual pawl in nunnak thing an ei theinak ihsin kilhim dingih tuanvo pek an si(Sem 3:22), cule nikhat nini ah minung cu paradis ih um dingin tuahtar sal an si leh ding timi hminsinnak thuthiam le ruahsannak khal an si thotho. “ Eden hmuan cu minung sual ih a tluk hnu rei zet leilung ahhin a um lai. Sual ih tlnunzo minung cun mawhsualnak nei lo pawl umnak an thlir ding an siansak, a luhnak sangka cu vancungmi pawl in an kil. Cherubim pawl ih an kilmi paradis sangka kulh ahcun Pathian sunlawinak cu hmuh theih a si. Hitawk hmun ahhin Adam le a fapa pawl cu Pathian bia dingin an ra theu. Eden ihsin dawisuaktu daan an buar mi cu thlun dingin thu tiamkamnak thar an nei. Thatlonak leitlun ah a darh ih, minung ih sualnak cu tilik ih siatsuah a tul ruangah Eden hmuan cu A tuahtu kut cun leilung ihsin a la suak. Asinan netabik ih ‘leithar le vanthar’ (Thuphuan 21:1) tuahtar sal a si tikah a hramthok ih a ummi hnakih duhning le sunglawi sawn in buah a si ding”—Ellen G. White, Patriarchs and Prophets, p. 62.

Semtirnak 3:24 ih a ummi tongkam khal hi lunglut zet thil a si: Bible cun Pathian in Cherubim cu Eden hmuan nisuaknak lamah a “**ret**” tiin a tarlang. Hebru ahcun **shakan** timi hman a si. Cumi cu “phuanthlam” thianghlim(zoh aw Suah. 25:9, Mipum. 3:26) relnak ih tong bulhram bik a si. Cutawk ahcun Pathian umnak cu a minung pawl hnenah a um a si. Pathian umnak timi tongkam hman tlangpi mi **Shekinah** timi cu Bible ah um lo khal sehla, cui thil khal cu “puanthlam” tiin letlin mi tongkam ahhin a thum aw a si. **shakan** timi hi a langngan ih letlinnak ahcun hitin kan siar thei ding: “Pathian in Eden hmuan nisuaknak lam ah Cherubim cu puanthlam ah a umter”.

Bible sungah Cherubim pawl cu Pathian umnak thawn an pehtlai aw zet(1 Korin 13:6, Saam 80:1 le Isaiah 37:16), a hleice in A Bawi tohkham, A hmin phuangsuaknak hmun thawn an pehzom aw a si. Thuphuan 4 le 5 ih um Pathian Bawi tohkham hmai ih um upa 24 pawl in Amah an thangthat ih, ziangkim sersiamtu a si vek in thuthen dingin A diknak an phuang timi hi kan theih hngilh ding a si lo. Himi langnak cun Bawi tohkham umnak le in sersiamtu thawn laicinawknak lam ih misual ngaidam mi kan sinak pawl ah theihthiamnak in pe thei a si.

**NITHUM NI (Tuesday)**

**May 13**

**Meisa ling ih kang vekin**

Cherubim hi Thukam Hlun hmuahhmuah ahhin thilnung vek (Ezekiel 10:8), asilole an hminsinnak sui (Suah 25:18)vekin simaw tarlang in a um. Pathian Bawi tohkham kiangah zamrang zetih ding hngal in, A sunglawinak cu leitlun ih engdarhter tu vekih tarlang an si theu. Cherubim pawl cu Hmun Thianghlim Bik hmai ih puanzar ah zukcuang in a um (Suah 26:1). Saam hlabu ahcun sersiamnak parah Pathian huham nasa zet cu hla thu hman in Pathian cu Cherubim parah a to ih boruak ah a zuang tiah a um (Saam 18:10). Pathian cun Thukham kuang cu sui cherubim pahnih in an thla pahnih in khuh in, an hmai hoih aw veve ding in thu a pe (Suah 25:18-20).

**Siar ding:** Ezekiel 1:4-14. **Himi Isaiah 6:1-6 le Thuphuan 4:1-11 ih a tarlangmi ah an karlak ahhin ziangmi bangawknak saw na hmuh?**

Ezekiel cu Pathian huham langnak lunglut zet hmuhter in a um. Langnak a um thokdan cu mangbangza a si, a tu dinhmun ih Pathian minung in dinhmun tha lo ih an um lam an theihawknak thawn a milaw zet: hrilmi minung pawl cu tiamcia ram ah siloin Babilon sal tangnak

ah an um. Ezekhiel in a hmaiih langnak a zir rero lai ah tlunlam a hun zoh ih, cui thil pawl hmuahhmuah hnakin cunlung sawn Pathian Bawi tohkham a vun hmu.

“Bawi tohkham” dang langnak thawn an bangawknak thupi zet pawl kha hmnsin aw. Ezekiel ih a hmuh mi thilnung pawl cu Johan in langnak a hmuhnak ih thilnung pawl thawn hmel bawngaw an nei: *Kiosa, muvanlai, cawcang*, le *minung* pawl tla an si.

Hmel pali nei thilnung thuthup pawl hi Ezekhiel in a simfiangnak hmaisabik ahhin a hmin fiang zetin a lang lo: Asinan cumi hnu ih Bawi tohkham langnak dang ahcun (Ezekiel 10:1-21) “Cherubim” tiih kawh an si. Kannih khal in Isaiah in Cherubim a hmuhnak ihsin meisa ling kan hmu thei a si. Johan ih langnak ih a relmi thilnung pawl thawn hmulhmel an bangaw a si.

Pathian Bawi tohkham kan hmuh tinten – Pathian in moses a tonnak Thukam khuang umnak ah simaw, (Suah 25:22) asilole Prophet pawl ih langnak an hmuhnak hmun nuam zet khalah si khal sehla – Cherubim hi an um ringring. Annih cu Pathian Bawi tohkham thawn pehzom aw mi an si. Pathian ih thilnung pawl hmuahhmuah cu A sunlawinak tarlang dingih sersiam mi an si – A hmulhmel bangtuk ih tuahmi minung thuhla asilole A sunlawinak tohkham kiangih zamrang zetih a um theutu vanmi pawl thuhla kan rel hmanah A sunlawinak langter tu dingih sersiam mi an si.

**Thianghlim, Thianghlim, Thianghlim cu ziangkim tithei Bawipa Pathian a si. Hitaw ih Ezekhiel ih a hmuh mi thianghlimnak thawn ziangtin saw na tah thei ding? Na letnak cun Thuthangtha na tul zia thuhla ziangsaw a lo sim?**

**NILI NI (Wednesday)**

**May 14**

**A minung lak ih um Pathian**

Meiro hmangin Pathian lam hruainak thlunin Israel pawl cu tiamcia ram pan ih an khualtlawnnak ah

an cawl ding, puanthlam an sak dingih, cule miphun pawl in cui puanthlam kulh thluh in an riakbuk an sak ding – hnam 3 ciar in a sir ah an um thluh ding. Pathian umnak cu Hmun Thianghlim bikah a rung tum ding ih, A mipi pawl lakah a um ding.

**Puanthlam sir pali ahcun thunei zet hnam pakhat ciar an um. Mipumsiarnak 2 ih a um mi vek asile thunei zet hnam pali pawl kha zosaw an si?**

Mipum. 2:3 (nisuahnak lam):-----

Mipum. 2:10 (Thlanglam):-----

Mipum. 2:18 (Nitolaknak lam):-----

Mipum. 2:25 (saklam):-----

Thu neizet hnam tin ciar ahhin zo an si timi theihtheihnak ah anmai “tahfung” asilole thantar an hmang timi hmnsin aw. Cathianghlim cun an thantar cio ah ziangmi a um timi fiangzetin in sim lo, asinan pupa daan thilnung lut zet a um – Semtirnak 49 le Daanpeksalnak 33 ih a simfiang mi hnam ziaza ah thum aw in – hmel pali a ummi lakah hnam pali cun pakhat cio an nei. “Judah pawl ih pupa zirter awkdan vek a sile Judah tahfung cun **kiosa** a keng tel, Reuben cu minung simaw **minung lu** simaw a keng tel ih, Efraim hnam cun **cawcang**, Dan hnam cun **muvalnai** a kengtel; curuangah Ezekhiel ih a relmi Cherubim ih um khawm thluh thilnung pali cun himi tahfung pali in a rak zohter a si” *Carl Friedrich Keil and Franz Delitzsch, Commentary on the Old Testament, vol. 1 (Peabody, MA: Hendrickson, 2011), p. 660.*

Hlansan thuhla cu siar ding a tamtuk, asinan himi hlansan pupa dan le Bible in Jerusalem thar a rel mi vun zohthim cun lunglut zet thil a si. Thu ngai nuam zet a hung

suak: Khawpi sir pali ahhin hnam pathum pawl aiawh tu kulh sangka pawl an um (Thuphuan 21:12,13)

Israel pawl ih riabuk le Jerusalem thar, an pahnih ih simfiangnak cun thil thupi zet pakhat a run tarlang: Pathian cun minung pawl cu A Bawi tohkham kiangih um dingin hruai a tum a si. Thuphuan cabu cun, “Bawipa Pathian ziangkim tithei le Tuu Fano cu cumi ih Tempal a si” timi in zirh (Thup 21:22)

**Israel pawl riabuk ah kan um lo timi cu thudik a si. Asinan tu ih kan nun ahhin Pathian umnak kan naih theinak ding lamzin cu ziangvek pawl saw an si?**

**NINGA NI (Thursday)**

**May 15**

**Lucifer ih tlaknak**

Lucifer cu Cherub khuhtu dinhmun ah a rak um dah zo ih, Pathian ih Bawi tohkham kiangah dinhmun sang zet a rak luah dah zo timi cu theihthiam harzet mi a si ko ding. A umnak cun Pathian sunlawinak cu leitlun pumpi ih tarlang suak dingin a bawm nasa ko ding. Asinan amah sersiamtui sunlawinak siloin amai sunlawinak a ruat sawn, a ngah ding ih awm ang zet dong lo vekin a ruat aw thok thlang.

Siar ding: Ezekhiel 28:11-17 le Isaiah 14:12-14.

**Lucifer tlu dingih hruaitu cu ziangsaw a si? Himi thuhla hi Thuphuan 14:1-12 thawn tahthim aw. Ziangtin saw Lucifer tluknak le Khrih ah minung dinhmun sang karlak ih bangawk lonak in Thuphuan 14 ih thil a thleng mi theithiam dingin a lo sim?**

Tlencia mi pawl cu Pathian Tuu Fano thawn Zion tlangih an din laiah Lucifer cu thlang thianghlim ihsin hlonthlak a sidan hi hmnsin aw. Lucifer cu Eden hmuan ah a rak um dah zo; minung khal an um rak um dah ve zo.

Asinan Satan dinhmun thawn kalh aw zetin minung cu Khrih hmangin paradis tuahtar sal an si (zoh aw, Thup. 22:1-3.)

Himi thuhla ahhin a hnuai ih Ellen G. White ih a relmi cun thuhla theihbet ding a tamter. “Vanlam cun nehnak an co ding, ziangatile Satan le a vancungmi pawl ih tluknak ruangih van in hmun lawng a tuahmi pawl cu Bawipa ih tlenmi pawl in an luahkhat thluh ding”—*The Advent Review and Sabbath Herald, May 29, 1900.*

Annih pawl cu thuthangtha ruang lawngah vanram ah an um ding. A ngaingai te cun thuthangtha ih thupi a simi tlennak cu Thuphuan 4 le 5 ih um Bawi tohkham umnak ahhin hmuh a si. Vancungmi cu a au ih, “Nang cu cui cabu la dingah le a tacik pawl ong dingah na tling a si: ziangatile nang cu thah na si ih, na thisen in hnamtin, le tongtin, le mitin le miphun tinkim lak ih ta Pathian hnenah in tlen zo a si” a ti (Thuphuan 5:9). Cumi cu Thuthangtha, minung tlennak ding hrang Jesuh thihnak rori a si!

Vancungmi pakhatnak ih thucahmi tongkam hi hmnsin aw. Cumi ahcun kannih pawl cu “leilung parih umtu pawl hmuahhmuah – hnamtin, ci tin, tong tin, le mi phun tin hnen ih – kumkhaw thuthangtha” phuang dingih kawh kan si (Thup 15:6 NKJV). Khrih in leitlun hrangih a tuah zo mi famkimnak rak zohtertu huham neizet a si. Leilung thuanthu ahhin Khrih in an hrangih a thihsak ve lomi minung zohman an um lo. Annih cun cui thu cu an zir a tul ih, pawm dingin duhhrilnak an neih a tul.

**Kawhhran le bulpak khalah Khrih in midang pawl hnenih a thil tuahsak mi theihternak ding lam ahhin ziangmi tuanvo saw kan neih?**



**NIRUK NI (Friday)****May 16**

**Ruahbet ding: siar ding:** Ellen G. White, “The Controversy Ended,” pp. 669–671, 676–678, in The Great Controversy.

Cherub ropi zet rak si dahtu Satan cun Pathian Bawi tohkham siatsuah dingin a rak um dah zo. Pathian cun mah le mah khaisang awknak ihsin sualralnak thukzet a ra suak a si timi hi leitlun mi hmuahhmuah ih an theihtheinak dingah a tlusia mi vancungmi pawl cun an dokalhnak phuang dingih siannak pek vivo an si – Satan cun minung hnenah Pathian a dokalhnak ah amai lam ih tang dingin a bum rero lai ah Khrih cun thinglamtahah a neh ih, a hlan ih vancungmi tlu sia zo pawl rak umlawknak ahkhan minung um dingin a ham. Minung cun Khrih sungah mipi vantlang hmai ih Lucifer ih thurel mi cu an dokalh. A netnak ahcun lamzin hrekkhat in Pathian ih thatnak le duhdawtnak cu Lucifer a tluk hlan ai hnakin nasa sinsin ih pholang a si. Pathian cun soal um dingin ruat dah lo khal sehla, cumi ih rahsuak mi cu kumkhua riahsiatnak a si, A netnak ahcun khuitawh hman ih kan hmuh theih lomi Pathian thatnak le duhdawtnak ih thil tuahmi pawl kan hmu ding.

Khrih cun “A tlanciami pawl cu a hun zoh tikah, amah bangnaki tuah thar theh an si ih, an Bawipa ih hmel cu an hmel ah a lang ti a hmu. A nun in a tuansuah a rah cu a hmu thlang ih, a lung a awi tuk. Cutikah mipi pung khawm hmaiah cun, “Ka zoh sal tikah a thawng sawm a thawng za, a siar ih siar cawh lo vancungmi pawl ih aw thawng ka thei, Bawi tohkham le thilnung pali le upa pawlih kimvelah an ding ih, ring zetin hla an sak ih; “Thah a tuartu Tuufa cu huham le lennak, fimnak le cahnak, hminthannak le sunlawinak le thangthatnak co tlak a si.” tiah an ti (Thuphuan 5:12) - Ellen G. White, The Great Controversy, p. 671.

F-6

**RELKHAWM DING THUSUHNNAK PAWL:**

**1. Pathian hmaiah tlinlonak, ziaza that lonak, cangvaih diklonak, ruahnak dik lo, le diklonak ziangkim a hmaiah tarlang thluh in ding dingah vun ruat aw. Ziangsaw dikzet ih na ngah ding mi le na phutawh cu a si? Asile na beiseinak umsun ziang saw a si? Ziangahsaw, “Pathian ih dingfelnak, Jesuh Khrih rinnak zarih mi hmuahhmuah hnen le a zumtu hmuahhmuah hnenih a langmi cu” (Rome 3:22) a tu ah le thuthennak a um tiki kan tul zet caan ah kan neih a thu pit? A tawi zawngin, ziang ruangah thuthangtha kan tul?**

**2. Kan hmu vekin tipil petu Johan khan seraph – meisa ling le mei ko eng hnatan a tuan. (Johan 5:35) Anih cu Khrih lam hmuhtu, Messaih a lang hmaisabik aupi tu a si. Ziangtin saw ni neta ih Pathian minung pawl in cuvek ih profet tuanvo an neih ve thei?**

**ZIRLAI 8****May 17-23****SAAM SUNGAH  
(THEN 1)****SABBATH SIIMLAM**

**Tuizarh zirlai hrang siar ding:** Heb. 9:11-15, Saam 122, Saam 15, Saam 24, Suah. 33:18-23, Saam 5, Saam. 51:7-15.

**Bible cangkan:** “Cun ka zoh ih, ngaihnik, Zion tlang parah Tuufano a ding ih, a hnenah mi thawng zakhat le thawng sawmli le thawngli an ding, cupawl cu an cal ah a Pa ih hmin ngan in a um” (Thuphuan 14:1).

Seventh-day Adventist kan si vekin Thuphuan ih hminsinak pawl theithiam dingin kan hawl ih, cui hminsinnak pawl kan theihthiam theinak dingah Thukam Hlun ih thuanthu pawl ah kan va hawl. Himi thuanthu pawl ra suahnak hi hmunkhat lawngah a siloih Thukam Hlun pumpi ah hmuh ding a um.

A hleice in thu bulhram thuhla tamzet ngah theinak pakhat cu Saam cabu hi a si. Cumi cu minung ih a hmuhton mi tamzet le Pathian thawn an pehtlaih awknak tapi tarlangnak biazai thianghlim retkhawm mi a si – cumi ahcun sualnak le harsatnak tlun ruangih beidonnak ihsin Pathian hmaika ih hlimnak le rundam ding le ngaidam dingih A thutiam nawn sal reronak pawl khal a um khawm thluh.

Saam cabu hi ralring zetih siar ahcun Thuphuan cabu hung nung dingin a tuah, a hleice in leilung parih a tangsun kawhhran hnatuannak netabik tarlangnak

Thuphuan 14 hi a ti nung cuang. Ni netabik ih Pathian minung pawl cu hlansan Israel pawl ih pek vek ciah hnatuan pek an si: Kannih cu miphun hmuahhmuah hrang tleunak le mikip hnenah anmah Tuahtu cibai buk ih a thu thlun dingin zangfahnak kawhna netabik si ding kan si.

Pathian hlabu ih tarlangmi hrekkhat pawl cun leitlun san thuanthu netnak ih kan tuanvo theihthiamnak le ngai thupi theinak ding lamzin thar in onsak a si.

**NIKHAT NI (Sunday)  
Kan Puithiam Sang****May 18**

Moses in puantHlam tuahnak a kilkhawi lai ahkhan, amai duhdan vek ih tuah dingah siannak pek a si lo. Pathian cun an tuahdan ding pawl a pe thluh: “Tlang parih ka rak lo hmuhmi an pianhmang vekih tuah dingin ralring aw’ “ (Suah 25:40). Hebru cabu ah cui pianhmang kan hmuh mi cu thil ngaingai sang zetih um, vanlam puantHlam a si timi kan hmu suak thei.

**Khrih cu vanram puantHlam ih kan Puithiam Sang bik a si thuhla Hebru 9:11-15 ah siar aw. Himi in kan hrang ziang a va tuah rero timi ziangsaw in zirh?**

Lei puantHlam ih puithiam, raithawinak, bungrua le a tuahdan ziangkim pawl in mangbangza in Jesuh thuhla famkim zetin an rak zohter thluh. An zaten Jesuh thu an rel.

Thuphuan cabu cun puantHlam (hmun thianghlim) hmuhmel tamzet a nei ti a fiang zet. A bungcang hramthoknak ahkhan puantHlam ih meifar vannak ko kan hmu ih, bung 4 ahkhan thukam kuang simfiangnak khal a um, cui hlei ah tempal thuhla relnak tamzet hmu ding khal a um. Thukam hlun ih puantHlam theihthiam lo cun Johan in langnak a hmuh mi ih a relfiang mi pawl hi theihthiam ngaihnak a um lo. Israel pawl ih hmuhton mi

ah Paul cun, “zohthim dingah an parah a rak thleng: san netnak a ra thleng cuahco mi kanmah pawl nunsim-nak ah ngan in an um” tiah a ngan(1 Kor. 10:11).

Tempal thuhla famkim zetih zirnak ihsin thil tampi kan zir theimi a um. Saam cabu ahkhan himi pawl famkim deuh ih kan theihthiam theinak ding hrang ih thil thupi zet kan hmu: Pathian minung pawl cu bulpak in tempal thawn an pehtaih awknak pawl a um a si. David cu hmun thianghlim le hnatuahnak thawn an pehtlaih awkdan kan hmu. Pathian minung pawl in an hrangih Messiah ih a tuah dingmi ahhin thilung in an rak pawm timi kan hmu thei. Jesuh hmu dingih in bawm tu pianhmang men a si lo; hmunthianghlim hmangin Pathian in kan hnenah ziangmi in zirhduh timi a rak theithiam tu pawl ih tonnun kan va theihthiam phah ih, Pathian thawn kan umtlannak hrang zir lai tha zet khal a si.

**Siar ding:** Saam 122. **Lei ih um “Bawipai inn” (cumi cu a um nawn lo, a umnak hmun ciah ah midang in inn sak khal sehla, sullam nei lo a si ding) ah feh thei lo khal sehla, Khrih in kan hrang ih a tuah mi thu thazang in petu himi Saam cabu ih hmuhsuak mi thil thupi zet cu ziangsaw a si? Daihnak, himnak, thangthatnak, thuthennak tivek thupi pawl hi hminsin aw.**

**NIHNIH NI (Monday)  
Zion tlangpar ah**

**May 19**

Thuphuan 14 ahkhan Pathian minung pawl cu Zion tlangpar ih an ding lai kan hmu. Zion tlang umnak ngaingai hi tuisan ahcun Jerusalem khawpi hlun ih nitlagnak lam ah a um. Cumi cu Pathian Bawi tohkham umnak, asilole A minung pawl hnen ih a umnak a si tiah ruah mi a si. Tikcu a hung liam vivo ih, Moriah tlang ih ummi tempal tlang timi cu Zion Tlang tiih theih a rung si.

Phundang in kan sim ding ahcun, Pathian ni neta lam ih a tangsun (minung) tarlangnak thupi zet cu

Thuphuan cabu ih a langmi thil thupi zet vek ciah in hmunthianghlim tongkam hmangih tarlang an si. Tuu Fano ruangah Pathian minung pawl cu Tlang thianghlim ah an um thei zo.

**Siar ding:** Saam 15 le 24. **Himi cu David in thusuhnak thupi pawl hmuahhmuah a sutnak a si: “Na Tlang thianghlim ah zo an um ding?” Himi Saam ih letnak hi Thuphuan 14:1-5 sung ih Zion ih dingmi mipi thawn vun zoh thim aw. Ziangmi bangawknak saw na hmuh? Himi pawlkom ah ziangtin an tel thei? An cal ah Pai hmin ngan a um timi thudik ih thupitnak hi ziangsaw a si?**

David Saam sungih kan hmuh theimi Pathian umnak ih lutter mi simfiangnak ahcun cui thil cu misual pawl ih an pitlin harsa zet dingmi a si. Kannih cu lamzin dik ah kan feh ringring a ti theitu kanmah lakah zosaw um? Asilole kan thilung ah thudik kan tongsuak ti theitu zosaw um (Saam 15:2)? Zohman in kan “hnin dah lo ding” (Saam 15:5) kan ti thei zik lo. Sual kan tuah dah lo kan ti ahcun kanmah ah thudik a um lo a si tiah Bible cun in zirh (1 Johan 1:8).

Zion ih in dingter theitu cu Tuu Fano tilo cu kanmahten zianghman hi a net kan khar thei lo. David saam ahhin Tuu Fano hi tarlang a si lo, asinan Thuphuan 14 ih kan hmuh mi simfiangnak ahcun zamrang zet in a rung lang. Himi Thuphuan 14 cu David ih thusuhnak a letnak vek tla khi a bang zet. Tu ahcun Pathian Tuu Fano cu hmunthianghlim ih um Zion tlang parah din a si zo. Cutawk ahcun kannih khal zumnak thawngin in pekmi Amai famkim dingfelnak ruangah kannih khal kan um ve ding a si. “Amai’ taksa a simi puanzar ihsin kan hrangih in serhhransak mi zin thar le lamzin nung ah a thianghlimbik hmun ih lut dingin Jesuh thisen ih zarah

ralthatnak” (Hebru 10:19,20) kan nei thei a si. A thisen tel loin, ziang ruahsannak saw kan neih? A naingai te cun zianghman kan nei lo a si.

**Sual nehnak ding hrangih Bible thutiam pawl hmuahhmuah hi vun ruat hnik aw. Ziangahsaw cuvek thutiam um cing in Jesuh in kan hrangih a retmi zohthim ding famkim ah kan tluk lai thotho, cule ziangahsaw kan ai-awh tu dingah A nun famkim cu kan tul?**

**NITHUM NI (Tuesday)**

**May 20**

**Kan lungsung ih ummi Daan**

Zion ih umkhawm mi a tangsun pawl cun an cal ah hmin nganmi an nei: Pa le Tuu fano ih hmin a si. (Himi hi hmin dangdang pahnih a si pei maw timi cu rinhmai um mi a si; Jesuh cu Pai’ hmuimel rori a si). Cathianghlim sungih “hmin” ummi cu minung pakhat le pakhat hmingsin awknak ai hnakin a thupi deuh; cui thil cu ziaza tahfung relnak a si. Tuini tiang ah nunphung tam zet cun mi pakhat in a ziaza a that tikah “hmin tha zet” a neitu a si tiah an ti theu lai.

**Siar ding:** Suahlannak 33:18–23, Suahlannak 34:1–7, le Saam 119:55. **Moses in Pathian sunlawinak hmuh ding a dil tikah, Pathian in ziang saw hmuhter dingih a tiammi? Cumi hnuah Pathian in Moses hnen ih a hmin a phuang (Suah 34:5) tikah ziangthil saw thleng?**

Mi hrekkhat cun Pathian sunlawinak cu a eng tuk ruangah va naih theih lomi a si tiah an ruat, cumi cu simfiangnak dik zet a si. Asinan Pathian sunlawinak cu hmuhtehih men lawng siloin a ziaza ahhin a sunlawinak a lang a si. Pathian hmin khal cuvek thotho cu a si.

Bible in a tangsun pawl in an cal ah Pathian hmin nganmi an nei ding tiih a simfiang tikah a ngaingai ih nganmi neih ding lampang siloin: Na thinlung, ruahnak

ah Pathian ziaza ngan luh ding lam pang a si. Curuangah a tu ih kan nun ahhin Pathian ziaza le duhdawtnak kan langter a si. Pathian kiang lam ah hruai in na um zo. Cule na hrangih a thiltuah mi ruangah le Amah a si ruangah Anih cu na duhdawt a si.

Pathian in Moses hnenih a phuangawk tikah Moses in Thukam 10 tuahsal mi (copy) dang a don mi thawn pehtlaih awknak an nei timi theih hi thlak zet thil a si. Cumi ahcun Pathian in A ziaza a simfiang a si. Cuvek ciah in Thuphuan 14 ih Pathian “hmin” neitu pawl cu “Pathian thupek thluntu” tiih tarlang a si. Cule Hebru cakuat ih a ummi thu hi hmingsin aw “Cui ni pawl hnuah anmah thawn ka tuah dingmi thukham cu hihi a si, Bawipa in a ti, Ka daan pawl cu an thinlung sungah ka ret ding ih, an ruahnak sungah ka ngan ding; Cun an sualnak le an diklonak pawl cu ka cing nawn lo ding’ tiin” (Hebru 10:16,17). Thuthangtha tarlangnak a si: Pathian daan cu ka thinlung ah um khal sehla, kan sualnak pawl kan “cing nawn lo” ding hi ka tul zet lai.

Pathian hmin cu a ziaza hi a si. A daan tha zet cu A ziaza khumnak a si. Ni netabik ih Pathian tlang thinghlim ih a umkhawm mi pawl cu A daan thlunnak ihsin duhdawtnak langter mi, Pathian duhdawtnak ah an khat liam a si.

**Daan ruangah siloin zumnak ruangih rundam kan si ahcun ziangahsaw Pathian daan hi a thupit? (1 Johan 5:3).**

**NILI NI (Wednesday)**

**May 21**

**Saam 5**

**Siar ding:** Saam 5. **Himi ahhin David cun tlencia mi pawl le hloral pawl karlak bangawknak a tuah. Himi Saam cu Thuphuan 14 ih ummi thawn zohthim aw. Ziangmi bangawknak saw na hmuh, cule himi cun**

**ziangtin saw Pathian ni netabik ih a tangsun pawl cangvaihnak ih telvenak timi sullam na theihthiamnak dan ding a lo sim?**

David in mitha lo cu Pathian thawn “an um lo ding” (Saam 5:4 ESV) a timi cu zir ding tamter tu a si. Puanthlam ih hmuitin mi cu A minung pawl lakih Pathian a um theinak dingah a si ih, cuvek ciah cu Khrih ih Lalram khalah a si thotho ding (Thup 21:3). Pathian Bawi tohkham a pantu pawl cu tlen in an um ding.

David cun Saam 5:7 ahhin biaknak lam cangvaihnak a phuang, cumi cu doawknak ropi ih thupi bik a si timi khal hmnsin a tha zet. Thuphuan 13 ah “cibai bukna (biaknak)” timi vei 6 a lang ih, vancungmi pathum pawl thucuh cun leitlun mi hnenah “sersiamtu Amah bia” dingin a ko. David cun Pathian a “tih” thu in sim. A tangsun pawl thucuh mi cun Leitlun hi an ko kirsal ih, “Bawipa tihzah uhla, A hnenah sunlawinak pe uh, ziangah tile a thuthennak caan a ra thleng a si” (Thup 14:7) tiah a ti.

Thuphuan 14 ih tlencia mi pawl cu an kaa ah “thuphan zianghman” (Thup 14:5) an nei lo tiih a reldan khal hi hmnsin aw, Annih pawl cu thudik reltu an siih, an tongkam le cangvaihnak in Pathian ziaza diknak an tarlang. David ih reldan vek asile misualral pawl cu “an kaa ah thudik zianghman a nei lo” (Saam 5:9 ESV) tiah a ti.

Himi hi Johan in Thuphuan bu thupi zetzet lakih a run tarlang hi mangbang za a si: Misual pawl cu thihnak ihsin dirh suaksal an si ih, Pathian umnak ih ding thei ve dingin caan tha an nei. Himi hi an hlawhsuah mi a si lo : himi cu Pathian Tuu Fano – milai Fapa dingfel- an hnen ih a ding ruangah pek in an um sawn a si. Annih cu ngaidam le tlenmi an si zo; an mawh sualna cu an phur a tul nawn lo (zohtlang aw Saam 5:10), ziangah tile Pathian

Tuu Fano in an hrangah a phur sak thluh a si. (zohtlang aw, Isa. 53:12 le 2 Kor. 5:21).

Na thinlung ah Pathian hmin ngan luh a si hnu cun daiten umpi men ding cu thil harsa zet a si. Pathian minung pawl cun a netabik ih zangfahnak pekmi cu “aw ring zet” in an phuang (Thuphan 14:7). “Sikhalsehla nangmah a lo rinsantu hmuahhmuah cu an lung awi hai seh: na humhim hai ruang ah lungawi in au camcin hai seh: na hmin ngainatu pawl khal nangmah ah lungawi in um hai seh.” (Saam. 5:11).

**Thuthennak ah Pathian thianghlim le famkim hmai ah ding awla, na thiltuah mi pawl hmuahhmuah cu A hmai ah a fangkim zetin a lang thluh ding timi vun ruat aw. Himi cun Khrih dingfelna na tulzia thuhla ziangsaw a lo sim?**

**NINGA NI (Thursday)**

**May 22**

**Daan buartu cu na lamzin zirh aw**

Isaiah 6:1-8 ih Bawi tohkham umnak hmun ah Isaiah hnen ih Pathian a lang thluh hnuah le Isaiah hnenah a “diklonak lak hlosak a si zo” ih, a “sualnak thenfai a si zo” thu a sim hnuah Isaiah cun Pathian kawhna cu, “Hitawh ah ka um! Keimah I thlah aw” tin a rak let (Isaiah 6:8). Cumi cu Pathian lamah a dik ti a theihawk tikah a diklonak theih cing khal in Pathian hnatanu dingin a tiarcia zo a si.

Kanmah thawn kan bangaw ko lo sawm? Kanmah hman in rundamnak kan neih lo ahcun ziangtin saw rundamnak thu cu midang hnenah kan phuang thei ding? Cule Jesuh le kan hrangih in tuahsak mi ah zumnak kan neihnak ihsin cui thil cu kan nei ve thei a si.

**Siar ding:** Saam 51:7-15. **David cu a sualna ihsin thenfai le ngaidam a si hnuah ziang thutiam saw a tuah?**

Pathian hmai ih kawh mi cu a netnak ah midang hrang ih thlahsal ding mi an si. Pathian in A fimnak in tlencia fa pawl cu a thusia zo mi leitlun ah A thu phuang ih mi bawmtu dingah a hril. Leitlun ih um A minung pawl cu huham nei zet vekin an lang. Thuphuan 18:1 cun a thusia mi leitlun ih a ngenmi netabik cun leitlun pumpi a eng ter thluh ding thu in sim.

“Miin Jesuh Khirh ih thatnak a hmuh cun midang hnen ih sim le phuan duhnak thinlung a nei theu. Rundamnak le thianghlimnak thutak cu a thinlung ah a um ih, daitein a um thei lo. Bawi Khirh ih thatnak cu kan hmuh ih kan tep zo a si cun thufim le fiang sim ding kan nei ding. Filip in Rundamtu a hmuh bangin A hnen ah um ve dingin midang kan sawm ding”—*Ellen G. White, Bawi Khirh pannak karbak, p. 68.*

Thuphuan 14 ah vancungmi pathum thucuh cu “kumkha thuthangtha” a si timi kan hmu thei (Thup 14:6). Cumi “Van, le lei, le tiffinriat, le cirhti pawl a tuahtu” (Thup 14:7)cibai buk ding thuhla ih thuphuangnak a um hlan le Babilon ih tlunak thuhla (Thup 14:8) asilole “Sahrang le a lem” biaknak thuhla (Thup 14:9) tivek a um hlan ihsin thuthangtha lungphum, Jesuh sungih rundamnak cu phuang in a um zo. Vancungmi pathum pawl ih ralring peknak le thucuh cu himi thucuh phuangtu pawl in Jesuh le an hrangih a tuahsak mi ahhin ruahsannak le thutiamkam mi an nei a si timi lo cu a dang zianghman a um lo. “Kumkhaw thuthangtha” timi lo hi cu leitlun mi pawl hnen ih sim ding thupi zet zianghman kan nei ngaingai cuang lo.

**Vancungmi pathum thucuh phuang thok a si hlan ihsin kannih cu “kumkhaw thuthangtha” lam in rak khihhmuh zo timi thudik hi ruat lawk aw. Himi cun kan zumnak pawl hmuahhmuah ah ziangvek ih lungphum rintlak saw a si timi ziangsaw in sim?**

## **NIRUK NI (Friday)**

**May 23**

**Ruahbet ding:** “ David saam pawl cun a huap hla ve zet. Mah le mah mawhthluk awknak le mawhsualnak thukzet ih umnak ihsin zumnak sangbik le Pathian thawn pawlkom awknak sunlawi bik tiang a tel a si. A nun thu ngan mi cun sual in ningzahnak le riahsiatnak lawng a run thlen, asinan Pathian duhdawtnak le zangfahnak cun a thuknak hmun ih thukbik, cumi cu zumnak ah nun sirnak neih cu Pathian fapa pawl ih ro co pi dingin a kai suak ding a si. Pathian thu ih telmi thutiam lakah Pathian rinumnak, diknak, le zangfahnak thukam cu theihternak cak bik le ropi bik a si...

“ ‘ Ka siahhlawh David hnenah sia ka sam zo... cumi thawn ka kut in ka din hnget ding: Keimai kut in anih cu ka cak ter ding... ka rinumnak le ka lainatnak cu a hnenah an um ding: cule ka hmin in a ki cu cawisan a si ding. A kut khal tiffinriat ah ka ret ding ih, a vorhlam kut cu tiva pawl ah ka ret ding. Anih in ka hnenah, Nang cu ka pa, ka Pathian, le ka rundamnak lungpi na si, tiin a au ding. Kei khalin anih cu leitlun siangpahrang pawl hnakih sang sawn ka fatir ah ka buah ding. Ka lainatnak cu sanmureng in a hrangah ka kilveng ding ih, ka thukham cu a hnenah a ding hnget ding a si’ Saam 89:3-28”—*Ellen G. White, Patriarchs and Prophets, pp. 754, 755.*

## **RELKHAWM DING THUSUHNAK PAWL:**

**1. Minung pawl in Pathian thukam thlunnak lam ahhin hlawhsamnak nasa zet kan nei. David, “Pathian thinlung tongtu” cun tuahsual mi hrekkhat nasa zet nei cingin kan rundamnak hi kan hnenah phuang theinak huham ih hman a si. A khuitawk in saw David in kan ai-awh ih Pathian daan thluntu Jesuh a rak zohter? Ziangahsaw**

**Jesuh in kan hrangih a tuah mi lawng hi kan beiseinak umsun a si?**

**2. Saam cabu sungih ziangmi thuhla in saw nangmai hmuhton mi pawl ah a lo bawm ih sullam nei zetih na hmuh mi?**

**3. Ziangahsaw Saam cabu hin Biakinn thuhla a rel non sal rero? David in hmun thianghlim a ngainatnak ihsin ziangsaw kan zir thei ding? Ziangtin saw himi in van ih kan Puithiam sang bik, “Pathian vorhlam ah um in kan hrangih in simsaktu” (Rom 8:34) Jesuh kan neihsak ah lungawinak in pek ding? Ziangahsaw kannih tlencia pawl in vanram ah kan hrang Jesuh ih in simsaknak kan tul ding?**

**4. A tlun ih Ellen G White ih relmi ah thum aw in, sualnak ih “ningzak le riahsatnak” a um hnu ah Pathian in na “nun sirnak neih cu Pathian fapa pawl ih ro co pi dingin a kai suak” timi thuhla ah ziang hmuhton mi na nei?**

## **ZIRLAI 9**

**May 24–30**

### **SAAM SUNGAH (THEN 2)**

#### **SABBATH SIIMLAM**

**Tuizarh zirlai hrang siar ding:** Saam 46, Jer. 4:23–26, Saam. 47:1–4, 1 Thess. 4:13–17, Saam 75, Thup. 14:6–12. **Bible cangkan:** “Maw Pathian, mipi pawl in lo thangthat hai seh; mipi hmuahhmuah in lo thangthat hai seh. Aw, mipun pawl cu lungawi hai sehla, aipuangin hla sak hai seh: ziangahstile nang in mipi pawl cu dingfel zetin thu na then ding ih, mipun pawl cu leitlun ah na uk ding a si. (Selah).” (Saam 67:3, 4 )

Netabik ih thil a hung thleng dingmi kan ruat tikah, Thuphuan cabu ih sahrang le a huham thu ah kan thilnung a um theu. Si e, cumi ih cangvaihsak ding a tum zet ih, thil thu pi zet khal an nei a si. Cuvek silo bangta sehla Pathian in kan theihthiam theinak ding ah Bible ahhin a ret zik lo (zoh aw, Thup 1:3).

Ziangkhal sehla simcianak khal in sualnak, tuarnak, thuthennak, sia le tha doawknak, diknak le diklonak, hremthah awknak le thildang tamzet pawl thawn a pehzom aw mi thil thupi zetzet khal a rel a si.

Saam cabu in cui thil pawl cu thuk zetin a rel ih, minung thilnung ih a um thei mi zate deuhthaw- thim sung beidonnak ihsin lungawinak tiang in a tarlang thluh. Israel pawl in thimnak do dokalh ih raldo dingih an timlam mi kan hmu. Ziang ahsaw Pathian in sualnak cu zamrang zetin le hmaiton in a hlohter mai lo timi cu bulpak tin ih an thusuhnak a si timi kan siar, cui thusuhnak cu kan zate ih thusuhnak a si timi khal rinhlal ding a um lo. A

letnak thei dingin hmun thianghlim lamah hruai kan si. Cutawk ahcun Pathian cu ziangkim tuahtu a si vek in himi theithiam dingah in bawm a si. Himi buainak le thusuhnak cu tuini tiangah kan hrangah a thupi tuk lai a si lo sawm?

Ngaingai te cun thudik thupi zet pawl kan zir vivo theinak dingah Saam hi kan zoh pehzom vivo a tul a si.

### **NIKHAT NI (Sunday)**

**May 25**

#### **Harsat caan ih ummi bomnak**

**Siar ding:** Saam 46. **Ni neta lam ahhin leitlun ah doawknak ropi a ra thleng ding ti kan theih mi ah le A tu ih nun harsa zet karlak ahhin himi ihsin ziangmi ruahsannak thucah saw kan lak thei ding?**

Saam 46 cun Hebru cabu sungih kan hmuh mi thupi pakhat a run thamngah in a lang: A thasawn mi ziangthil simaw a si. Jesuh cu lei Puithiam Sang hnakin a tha sawn, a raithawinak cu ramsa raithawinak hmuahhmuah hnakin a tha sawn, van hmun thianghlim cu leilung ih ummi ai hnakin a tha sawn.

Himi Saam cu a fehdan a danglam deuh. Cangantu cun thil tha la tahrat in a hnakiha tha sawn thawn a tahthim lo; Anih cun dokalhnak leitlun – le cumi ih a rahsuak mi raphlak zet pawl cu – Pathian in kan hrang ih a khawkhan mi tha sawn in tiamkam mi thawn a danglamnak a tahthim.

A ngaingai te cun himi Saam cu kan ton dingmi doawknak le tuarnak, hniksagnak le siatsuhnak a um laifang khalah ruahsannak le thutiam hlir in a khat thluh. A netnak ahcun kannih cu, “Daiten um uhla, keimah hi Pathian ka si ti thei uh” (Saam 46:10) in ti ding ih, nikhat nini ahcun hi bang pawl an cem thluh ding ih, Pathian cu “leitlun ah cawisang in a um ding” (Saam 46:10) timi theihfiangnak kan nei ding.

Hitawk ih a nganmi hmingsin aw: “Cuiruangah leilung hi thawn sihman sehla, tlang pawl khal tiffinriat laifang ah thiar sihman sehla, kan tih lo ding” (Saam. 46:2).

Thil pakhat lawng in Jesuh a ratsalnak ding ih thil thleng ding cu in theihter sal thei a si: “Cun van cu casual an zual bangin a hlo; cun tlang le tikulh hmuahhmuah cu an umnak hmun ihsin thawn in an um” (Thup 6:14). Cun, “Pathian ni cu hngakhlap zetih hngakih nan um laiah, cutivek cun nung uh. Cuih ni ah vanpawl cu meisa in a kangral ding, cule thil bulhrampawl khal meisa ih emzup an si ding “(2 Peter 3:12). Kan leitlun le cumi ih a ummi sualralnak pawl hmuahhmuah hi kumkhaw daih an si lo; cumi thluh hnu ih a ra thleng dingmi cun a tu ih kan thilung ih a ruah thei lomi in tiamkam a si. A tu ahcun kan hngak a tul ih, zumnak kilkhawi ding in le thinglamtah parah Jesuh sungih kan neihmi Pathian phuangawknak kai hngat ding kan si.

**Hi leitlun ahhin thil tha lo cu ziangvekih a um hman ah (an sia deuhdeuh ding ti kan thei) Pathian ih ziaza(ruat aw: thinglamtah), huham, thatnak na theihnak ihsian ziangmi ruahsannak saw na lak thei ding?**

### **NIHNIH NI (Monday)**

**May 26**

#### **Harsat laifang ih ruahsannak**

Saam cabu ih tongkam tamzet cu duhsannak hmingsinnak an si, asinan a netabik ih kan leitlun tuathatsalnak ding rak kihhmuhtu tongkam kan hmuh tikah, duhsannei hmingsinnak a si lam malte lawng kan zum thei fang. Saam 46 ahcun Khrih a rat kirsalnak ruangah kan leitlun in nasa zet in a tuar ding timi in rak hmuh. Asinan lungpi le tipi pawl lawngin an tuar lo ding ih, leitlun san thuanthu ropi bik cun leitlun lalram pawl-kum thawng tampi harsatnak le tuarnak suaipi tu minung



uknak fehpi dan rapthlak zet pawl cu a siatsuah thluh ding timi lam a khiih hmuh a si.

Anetnak ahcun himi huham pawl le minung parih tuarnak le thiltha lo pawl hmuahhmuah cu a cem thluh leh ding.

**Siar ding:** Jeremiah 4:23-26. **Ziangsaw himi in, “lei thar le vanthar” (Thup 21:1) a um hlan ih leitlun dinhmun in sim?**

Bible simcianak cun hi leitlun ih thil a thleng dingmi in hmuh. Daniel 7 ih langnak cun leitlun mipun pawl ra suahnak tiffinriat thlipi in hmuh. Ralawknak le doawknak thlipi cu Zentel tiffinriat (leilung) lamah a seem, cumi cun leitlun lalram pakhat hnu pakhat a hring suak, cule an lakih pakhat hman in minung ih buainak ngaingai cu a relfel thei lo. Kan rinsan ngam ringring mi leitlun hruaitu pawl cun kanmah vek ih soal le duhamzet an si ti an langter theu.

Daniel hmaika ih lalram hmuhter mi hmuahhmuah pawl cu Pathian minung hrang ih umnak ding him a um lo (Hrekkhat cu a dang hnakin tha khal sehla). Asinan kannih cun Pathian lalram ah rammi sinak kan nei ti kan thei (Filipi 3:20), cule himi leitlun leng tlun vansang ahhin a thawn aw thei lomi Bawi tohkham a um a si (Ezek. 1:26). Jesuh cun Khrih a ratsalnak ding kan nai thlang tikah leitlun cu buainak thuk sawn ah a lut ding thu in rak sim (Matthai 24), asinan kan leitlun thuhla thawn pehpar aw in zumnak kan kai hnget thei, ziangahatile Pathian cun in kilkhawinak hi a bansan lo ding timi kan thei, cule a thuthiam a hlensuak famkim ding a si timi khal kan thei: “Khawvel mi pawl an thin a heng, lalram pawl cu an hnin: a aw a suah tikah leilung a zupral. Ralkap pawl ih Bawipa cu kan hnenah a um; Jakob ih Pathian cu kan himnak a si” (Saam. 46:6, 7). Caan reilote sungah thil hi ropi tuk in a feh lo ding. Caan reizet sungah a si ding, Jesuh ruangah ziangkim an tha ding a si.

**Thusuhnak zianghman um loin kan leitlun cu buainak le kilkhawi theih lomi vek a si. Ziangtin saw Daniel 7 ih simciannak cun rinum zetih kan um asile kan hrangah thil a feh dik thluh ding a si timi hmuh thei dingih in bawm?**

**NITHUM NI (Tuesday)**

**May 27**

**A ke hnuai ah**

Saam 47:1-4. **Himi ahhin Khrih lalram Ih kan dinhmun thuhla ziangsaw a rel?**

Caan reizet sung hmailam caan cu a eng zet.

Cumi a thlen hlan cu minung pawl in leitlun uknak cu Lucifer hnenah an hlan, cumi cu Job cabu sungah vanram ih tonkhawm awknak a um tum ih Setan a va lang ve ahkhan a fiang zet. Anih cun uang aw zetin hi leitlun hi amai ta a si thu a rel. “ ‘Pathian cun, Khuitawk in na ra’ tiah a ti. Anih cun, ‘leitlun ih ka vahtawihnak ihsin le cutawk ih ka suh le ka sohnak ihsin ka ra’ tiah ti” (Job 1:7).

Setan cun neitu a sinak a phuang, hlanlai ahcun vahsuahnak ke cu neitu sinak ah an hman theu. “ Tho awla, ram hi a saulam le a kauhlam fang suak aw, ziangahatile hihi na hnenah ka lo pe ding a si’ “ tiah Pathian cun Abraham hnenah a sim (Sem. 13:17, ESV).

1 Thessalonika 4:13-17 le Zekhariah 14:4 **kha zoh thim awla, cule Khrih ih ke ahkhan na thinlung pe aw. Himi ih thu ummi karlak ahhin ziangmi bangaw lonak saw na hmuh, cule hi a bangaw lomi pahnih pehzom aw mi thuhla cun a netnak ah leitlun hi Khrih in a uk ding thu ziangsaw in zirh?**

Kum thawngkhat cem zawngah Khrih ih a tuah dingmi rel in Ellen G White cun hitin angan, “Khrih cu Olive tlang par in a rung tum, cutin thihnak ihsin a thosal

hnuah a kai lehsal ih, cutawk hmun ahcun vancungmi pawl in A rat kirsal ding thutiam an sim sal. Profet cun, 'Bawipa ka Pathian cu mi thianghlim hmuahhmuah thawn na hnenah a ra ding.' 'Cui ni ahcun Jerusalem hmai lam ih um nisuahnak lam ih Olif tlang parah a ke a ding ding ih, Olif tlang cu a lai in a phel ding... cutin horkuam tumpi a um ding'. 'Cun Bawipa cu leitlun pumpi ah siangpahrang a si ding: cui ni ahcun Bawipa pakhat lawng a um ding ih, a hmin khal pakhat lawng a si ding" tiah a ti (Zekhariah 14:5, 4, 9). Jerusalem thar cu a ropitnak thawn van ihsin a rung tum tikah hmunram thianghlimter mi le rak dongngah dingih tuahcia mi ahcun a rung um ding, cule Khrih cu a minung le vancungmi pawl thawn khawpi thianghlim ah an lut"—*Ellen G. White, The Great Controversy, pp. 662, 663.*

**Jesuh ah in pekmi ruahsannak kan neihmi hi zoh hnik aw. Thil ziangkim hi thihnak thawn kumkhaw in a cem thluh ahcun nun a harsa ding timi thu hi ruat hnik aw. Thulolak men an si thluh ding, a si ko lo ding sawm?**

**NILI NI (Wednesday)  
Sabitti le Thisen**

**May 28**

**Siar ding:** Saam 75. **Cule himi khal siar thotho aw,** Mathai 26:26-29 **le** Thuphuan 14:9-12. **Himi Saam in thuthennak ih buainak a um mi hrekkhat pawl ziang saw a tarlang, cule a dang Bible cang in himi thubuai theithiam dingin ziangtin saw in bawm?**

Himi saam cu Sennacherib ih ralkap pawl kha mangbangza ih siatsuah ih an um tum ih an sak mi hla a si ko ding tiah ruahnak hrekkhat a um (2 San 32, 2 Siang 19) – himi thuanthu cun Thuphuan 20 ih a um mi netabik ih misualral pawl siatsuah thluh an si ding thuhla a rak kihihmuh a vekin a lang. Pathian minung pawl cu an Siangpahrang thawn khawpi sungah an um, cumi lai ahcun

misualral ralkap pawl cu an hung so ih, an ra khulh thluh, cule Amah Pathian rori in a siatsuah thluh hai a si.

Pathian in Thuthennak ih a remthat mi lakih pakhat cu kan leitlun tlu zo ih, huham hman dik thei lo hi a si. A tulusia zo minung pawl cun midang hrangah nun an hmang nawn lo ih, Pathian sunlawinak hrang khalah an hmang lo, anmai hrang lawngah an hmang a si. Tuini khalah lamzin tamzet in, leitlun ahhin thiltha le sullam nei zet tivek hrang tahfung zianghman a um lo a si timi zum dingih duh hrilnak rah thawn nun kan hmang ringring lai. Sullam nei ih a um ding cun cui thil cu kanmai hrangah kan tuah tengteng ding a si, leitlun hi kan hlawnak ding hrang ih ummi vek in kan ruat ding tiah mifim thiam Friedrich Nietzsche cun tiah a rak ti.

*(Mi pakhat cun hitin a sut ko ding: himi ruahnak cu amah Nietzsche hrang ah teh ziangtin saw hna a tuan ngah cuang? A ngaingai te cun zianghman a tha hnem lo. Thinlung nei mumal lo ah a suak ih, mi pakhat in a rang thawi nawn lo dingih a ti hnuah Italy lamzin pi ahcun a tlu. Cule kum 11 sung cu nung cingih thi natnak nei dinhmun in a nun a hmang ih, cule kum 1900 ahkhan a thi).*

Buainak cu ziangtluk ih a siat hmanah zumtu kan si vekin ruahsannak thawn nun hmang dingin le tuilai fang ih thil a thlengmi hmangin hmailam hrang thuthennak nei lo dingin kan theihter aw sal a si. Pathian ngaihsak lotu pawl asilole Pathian an thlirdan Bible ih hmuh a si lomi pawl ih thinlung le ruahnak pawl in thansohnak ban thuampi pawl an siahtuah kan hmuh tikah beidon a olsam zet. Tu ahhin leitlun hmun dangdang ih ziaza lam thatnak, minung sinak, mipa le nunnau tivek thil thupi zetzet pawl tiang ih nambet siatsuah ih a um reronak tikcu caan ahhin kan um. Mi tampi in a thupthiar khal ih rel dingih an hreh zet theumi ziaza siatnak nun

khal tu ahcun mipi hmuh le theih in an tarlang thluh. Hivek hi thiltha lo a hung um soh vivo dan cu a si.

**Tu ahhin midang hrangah nun tha deuh tuah sak dingin hna tuan ding khal sehla, ziangah saw himi leitlun siatsuah thluhnak a run um leh ding ih, cule anetnak ahcun ziangkim hi tha zet ih tuahtar sal an si thluh leh ding timi cing ringring hi ziangtik lai khal ih a thupit?**

**NINGA NI (Thursday)**

**May 29**

**Na Rundamnak cu theih siseh**

**Siar ding:** Saam 67. **Himi hla thu in ziangtin saw Thuphuan 14:6-12 sungih um Pathian mipi pawl ih tuanvo theithiam dingih a lo sim?**

MIT engineer pawl cun thil tuamnak dum a thar an tuah ih, cumi hmangih thilri an tuam(hnih) ahcun hmuh theih nawn lo tlukin a tuah thei. Himi cu *Nanotube* ihsin tuahmi a si ih, a hlan ih an rak tuah mi thildum hnakin a dum na sawn. Himi an thil tuahtar mi cun hmuh theih mi eng hmuahhmuah zateek 99.995 tluk in a hip thei thluh. Himi thilthar ih a khuhmi mi cu ziangvek eng nazet khal in lang dingin a tuah thei cuang lo.

Saam 67 cu Pathian in, “kan hrangah a hmel langter hram seh, cuticun na lamzin cu leitlun ah theih a si ding’ (Saam 67:1,2) timi ngennak in hram a thok. Rundam khawkhannak ahkhan Pathian cun misual pawl cu a sunlawinak ih siatsuah hai loin a ropitnak ih um thei ve dingin lamzin a tuahsak. Cule tu khal ahhin Khrih ih thinglamtah cun kan par ih Pathian hmel eng langter theinak ding a tuah a si.

Asinan thildang a um lai: Pathian cun A eng cu leitlun hmuahhmuah ih langter dingah in duh. Himi cu Israel pawl hnenih pekmi kha a si: Biakinn cu mipun hmuahhmuah hrang ih thlacamnak inn a si ding: “Cupawl rori cu ka tlang thianghlim ah ka hruai hai ding ih, ka

thlacamnak inn ah ka lungawiter hai ding: an mei-ur thawinak pawl le an thawinak pawl cu ka biaktheng parah cosan an si ding; ziangah tile ka inn cu mi hmuahhmuah hrangah thlacamnak inn tiah kawh a si ding a si’ “ (Isa. 56:7).

Himi Saam ahhin David cun Pathian in A “lamzin cu leitlun ah theih a si ih, a rundamnak cu mipun zate hnen ih theihter” (Saam 67:2 ) a duh timi in theihter sal. Riahsiat thlak zetin Pathian minung pawl cun himi tuah ding hi an hlawhsam theu. Thukam Hlun ih Israel thuanthu ngan mi ahcun thil tha lo tamzet (bung thimzet) hrekkhat an tel, cuvek ciah in kum thawngnhnih liamzo ih Khristian kawhhran thuhla ngankhum mi khal ah a tel thotho. Kan thinlung cu a dum zetmi thawn rong hnih mi vek a si. Lungawi zetin Pathian tleunak a rak hip ih, a sinan midang hnenah a pe suak lo.

Khuimaw caan ahcun Pathian ih ni neta cangvaihnak cu thlarau lam ih a cakvak mi pawl hrangih tlan suahnak ding caan thazet retcia mi a si tiah kan ruat theu. Cule leitlun pumpi cu a hnok ruri ih a nuam lo zetmi kulh umnak lamah a to ih, hmailam khualtlawnnak ding hrangah timlamnak khal an nei lo tivekin kan ruat theu. Ziang khal sehla, Thuphuan 14 ih a tangsun kawhhran cu Khrih thawn Zion ah lungawi zetin an ding men lo ih, A umnak hmun ah an hlim a kim thei lo. Cumi hnakin leitlun pumpi ah fehdarh in an um ih, leitlun pumpi cu Pathian tlang thianghlim ah um ve dingin an sawm hai a si.

**Kawhhran in simaw, bulpak khal in kan duh zetmi thudik hi midang hnenih va rel dingin ziangmi tuanvo saw kan neih ding?**

**NIRUK NI (Friday)****May 30**

**Ruahbet ding:** Siar ding, Saam 133, Tirh 1:4-9 le Thuphuan 5:4-7

“Thlahtu hmaisaw pawl ih caan ahkhan Thlarau Thianghlim hnatuan cu lang theu khal sehla Tlamtling zet in a lang suak vak lo. Tu ahcun Dungthluntu pawl cun Rumdamtui thu ngai in Thlarau thil pek cu an dil ta. Jesuh Krih in le Van ah A rak dil pi ve. A minung pawl hnen ih thlarau thilpek cu a burh thei hainak ding ah a dil a si.”— Ellen G. White, *The Acts of the Apostles*, p. 37.

Dungthluntu pawl cu Khrih hrang ih theihpi tu, “leilung nettiang”, (Tirh 1:8), Khrih a ratsalnak ding thu phuangu hnatuan ding ih kawh an si (Matt 24:14). An hramthok mi cu pehzom ding kan si.

Khrih in leitlun ih thuthangtha phuangu dingih in sim tikah, ziangtin thil a um ding timi kanmah ten ruat dingah in tanta dah lo. Hnatuan cu van hmun thianghlim ihsin a ra mi a si. Kan hnatuan cu a netnak ahcun Khrih ih hruai thluh mi a si: Anih cun lam in hmuh ih, huham in pe. Himi cu kan hnatuan siloin, Amai hnatuan sawn a si: A hruainak ah thlun dingih ngen mi kan si. Himi hna cu Israel thawn a thokdan na hmingsin ko ding: Pathian cun a thuzirhmi thlun dingah a ngen hai, cule thil cang thei lomi a tuah. Thlarau cun kan kiangkap pawl ih thilung ah hna a tuan rero zo; thutluknak an tuah tikcu caan ah an hnen ah kan um ding a si. Cule Pathian minung pawl thawn um tlang dingin kan sawm ding ih, cutin Tuu fano thawn Zion ah an um ding. Thilthar simaw, tuahdan ding thar tivek simaw kan sersuah ciamco a tul lo, zianghatile hnatuan dingih tuanvo pekmi kan si dah lo ruanguah a si.

**RELKHAWM DING THUSUHNNAK PAWL:**

**1. Vancungmi pathum thuchah hi leitlun pumpi ah darh thluh khal sehla, Thuthangtha a thlen hrih lonak hmun tamzet a um lai. Zirlai zirnak ah kawhhran dinhmun in Khrih in hnatuan theh dingih in pek mi tuan theh suak theidan ding pawl relkhawm uh. Ni netabik lam khalah himi thudik cu mi tamzet in an rak thei hrih lo ding timi thudik thei cingin thinbang lo zetin um dingah ziangtin kan zir thei ding?**

**2. Thuphuan 5 ahkhan, Johan cun tacik khenmi casual cu Tuu Fano hnenah an pe, zianghatile Anih cu a tling ruanguah a si timi a theih pi. Thuphuan 6 ih casual tacik on a si tikah, Thukam thar kawhhran thuhla, caan cemtiang ih a um ding cu fiangzet ih simcianak kan hmu. Himi simfiangnak ihsin Pathian in hnatuan theh a duhdan thuhla ziangsaw kan zir thei ding?**

**3. Thuphuan 13 le 14 ih thil a thleng dingmi kan theih olsam theinak dingah a tu ih leitlun ih kan hmuh mi thil thleng pawl hi ziangsaw an si? Ziangmi harsatnak saw tang lai?**

**ZIRLAI 10****May 31–June 6****AN TLUN AH NETNAK RA THLENG****SABBATH SIIMLAM**

**Tuizarh zirlai hrang siar ding:** Thup. 6:12–17; Matt. 24:36–44; Sem. 6:1–8; 2 Pet. 2:4–11; Sem. 18:17–32; Dan. 7:9, 10.

**Bible cangkan:** “Tu ah hi thil hmuahhmuah hi zoththim dingah an parah a rak thleng: san netnak a ra thleng cuahco mi kanmah pawl nunsim-nak ah ngan in an um. Cuiruangah ka ding a si tiih a ruatawtu cun a tluk lonak dingah ralring seh” (1 Korin 10:11, 12).

Bible cu Pathian minung pawl thuhla hlin a khat, cumi cun thil a hung thleng dingmi a khih hmuh ih, “Tulai thudik” theithiam dingih in bawmtu tawhfung khal a tel. A ngaingai te cun himi pawl cun ninetabik lam ih thil a thleng dingmi in rak hmuh ih, Daniel le Thuphuan ih simcianak pawl fiangzet ih theithiam dingah lungphum kauzet in rak pe a si.

Bulpak sia le that theinak ih zalennak siatsuah cuang loin Pathian cun ni netabik lam ih thil a thleng dingmi profet pawl ih simcianak thawn milaw zet in thil a thlengmi pawl cu a kaihruai a si. Himi a thupi zet mi thuanthu hrekkhat pawl cu fiangzet in hmuh an theih, zianghatile Thukam thar cun caan neta lam ih thil thleng dingmi fiangzet in a rel: Sodom le Gomorah, tilik tvk.. Pathian kamsuak thu ih in rak pek zo mi thudik cu mi hrekkhat pawl cun ralring zet in an hliakhlai.

Zarh hnih lai a rei hnuah Jesuh veihnih ratsalnak ding, thuthen cianak, buainak netabik, le thil dang a ra

thleng lai ding pawl ah ziang an rel timi kan hmuh thiam theinak dingah thuanthu tamzet ah kan hawl ding a si. Cule cumi hmuahhmuah ah Jesuh cu a laimu bik ah kan hmu, zianghatile Amah cu simcianak ah tha suah ih kan hawl mi pawl hmuahhmuah ih netnak le lungphum a si.

**NIKHAT NI (Sunday)****June 1****Tuu Fano thinhengnak**

**Siar ding:** Thuphuan 6:12-17. **Ni netabik ih thil thleng dingmi an hmuh ruangih hi mipi pawl ih letnak kha hmingsin aw. An letnak ahkhan ziangsaw na theihthiam mi a um?**

Hloral pawl in “Himi cu ziangsaw a si?” asilole “Himi phen ahhin zosaw a um” tivek in an au lo timi hi lunglut zet thil a si. A langdan ahcun thil umtudan an theithiam a bang. Annih cun Jesuh cu, “Tuu Fano” tiah an tiih, cumi cun Khrih thuhla ziang simaw theihmi an nei timi a langter. Cule, “A thinhengnak ni maksak a ra thleng zo” ti le an dinhmun cu ruahsannak zianghman um nawn lo timi an theithiam vek in tla a lang : “Zo saw ding thei ding?” tiah an ti.

Netnak a thleng hlanah thuthangtha cu leilung parih um mipun kip hnenah phuang in a um (Matt 24:14), cule vancungmi pathum thuchah cu leitlun pumpuluk ah a thleng thluh. Cumi cing in thuhla famkim an theih tawk lo ruangah siloin an zum duh lonak le thuawih duh lonak ruangah hloral mipi tampi an um ding. Himi cu kha vek mipi pawl in ni netabik lam ih an hloralnak san a si ding.

**Siar ding:** Matthai 24:36-44. **Noah thuanthu ihsin ziang zirlai saw zir dingin Jesuh ih in sim?**

Jesuh cun tilik thuanthu la tahrat in ralrinnak in pe ih, a ratsalnak cu mi tampi hrangah mangbangza a si ding thu a rel. A ratsalnak vek ciah in Tilik cu thu theihnak tlaksam tuk ruangah leitlun ahhin mangbangza in a ra

thleng lo. Noah khan kum 120 sung rori thuthangtha a sim ih, asinan zum duh lo in an um. Ziangthil a ra thleng ding timi khal an hnen ah sim a si. Annih cun an zum lo.

Himi ahhin mi tampi cun tikcu caan reizet a liam cun simcianak dik lo a si tiah anmahten an ti theu. Tilik thuanthu kha la tahrat in Piter cun, “ Ni neta ahcun mi zokzet hmang pawl an ra suak ding, anmai cakhiarnak vekin an feh ding ih, ‘a ratsalnak ding thutiam cu khuiah saw a si? Kan pupa pawl an itthat ihsi thokin thil hmuahhmuah hi sersiam tir ih an sidan vektein an um peh vivo fawn’ an ti ding” tiah a ti ( 2 Piter 3:3,4) . Kumtin a liam vivo ih, hivek thnlung hi a karh vivo lai ding.

**Bulpak cio ih an tonhmuh mi ahcun Jesuh veihnih ratsalnak (hrekhat ahcun veithum ratsalnak ah)cu thih thluh hnu reilote vek men a si ding ti a si. Nunnak liam cak zia cu kan zaten kan thei thluh. Ziangtin saw himi thlirnak in “rei/tlaiter” timi kan relfelnak ah in bom thei ding?**

**NIHNIH NI (Monday)**

**June 2**

**Noah ih thuthangtha simnak**

Piter cun mi tampi in Tilik ih thil a thleng mi an “theih hngilh hrim” (2 Piter 3:5 NKJV) ruangah Khrih veihnih a ratsalnak ding hrangah mi tampi cu timlam cia in an um lo ding thu in theihter sal. Tuini ah leitlun cun tilik ropi zet theih ringringnak khawl khawm mi nei khal sehla (Hlansan Grik pawl le Mayan tivek pawl ihsin thok in leitlun nunphung tam zet ahhin tilik ih siatsuahnak thuanthu mangbangza an nei thluh), tuini ahcun Noah thuanthu cu Bible ih hnihsuakza thuanthu pakhat vek a si men thei. Ziangtluk in fiang le Thukam hlun sungah langfiah zet in, Thukam thar khal ah vei ziangzat simaw tarlang khal sehla Simcianak vekin leitlun cun thuanthu cu phuahcop vek men in a pawm hlo men.

**Jesuh cun leitlun dinhmun cu “Noah san” thawn an bangaw ding tiah Matthai 24:37 ah a rak sim. Himi thu hi Semtirnak 6:1-8 thawn zoh tlang aw. Tilik suahpi tu nuntu ziaza lam ih dinhmun cu ziang saw a si? Himi tikcu caan pahnih karlak ahhin ziangmi bangawknak saw um?**

Pathian ih ni neta bik a tangsun mipi pawl hrangah zirlai thupi zet a dang a um, cumi cu ralring zetih zirnak ihsin hungsuak mi a si. Hebru 11:7 ahcun Noah cun, “ a innsang rundamnak dingah long a tuah; cumi thawn anih in khawvel cu thiam lo a coter ih, rinnak ruangah dingfelnak rocotu ah a cang” (Hebru 11:7) timi thu in sim.

Kum 100 tlun lai thuthangtha sim in, na innsang lawng kha lawng sungah hmuh ding um dingin vun ruat sin aw. Noah hi tuisan ih thuthangtha simtu rak si bangta sehla, a hlawsam ding kan zum men thei: Kum 100 tlun thusimnak ah zianghman rahsuak mi um lo vekin a lang!

Vanthat thlak zet in a tui dinhmun ahhin leitlun ih hmun dangdang ah vancungmi pathum thucuh hi an rak cohlang tha zet. Thuthangtha simnak a um – kan danglamnak a tangsun thucuh phuangnak ahcun – hmun tampi ah a hlawhtling zet ti a fiang ih, mi tampi cun Bawipa an run theih pah a si. Thuthangtha sim ih a rahsuah um lonak hmun hi kan thleng ngah hrih lo, asinan a tikcu a ra thleng leh ding timi sim in kan um zo, “Zohhniknak khar a si ding, zangfahnak sangka khar a si ding. Catlang tlun tawi pakhat ah a um, ‘tiar cia ih a rak um pawl cu amah thawn mo lomnak sungah an lut, cule sangka an khar,’ kannih cu Rundamtu ih netabik hnatuahnak ihsin minung rundamnak hrang ih hnatuannak ropi zet theh thluh a si tiang in hruai thla vivo a si’ —*Ellen G. White, The Great Controversy, p. 428.*

Cui thil a thlen hlansung cu kawhhran kan si vekin hna kan tuan ding a si.

**Kan bulpak thuthangtha simnak in tu dinhmun ah rah tampi a suah lo vekih a lang a si ahcun ziangtin saw beidon lo dingih kan zir thei ding? Ziangruangah ahsaw kan hnatuan taimaknak hi kan pehzom vivo a tul? (zoh aw, Johan 4:37)**

**NITHUM NI (Tuesday)**

**June 3**

**Sodom le Gomorrah thuanthu**

Thukam hlun ah Thuanthu thupi zet a dang pakhat a um, cumi cu Piter in ninetabik ih thil thleng dingmi a simfiang tikah a hmang: cumi cu Sodom le Gomorah ih siatsuahnak a si. Himi khawpi pawl cun an sualralnak ruangah thuthuan maksak an nei ih, van ihsin meisa hmang ih mipi tampi umkhawmnak hmunpi siatsuahmi tahthimnak hmaisabik ah a rung cang.

**Siar ding:** 2 Piter 2:4-11, Juda 5-8, le Ezekhiel 16:46-50. **Himi pawl thaten zir aw. Himi khawpi pawl siatsuahnak thlentu nundan ziaza lam ih dinhmun cu ziangsaw a si, cumi thawn bangaw mi tuisan ah teh ziangsaw um?**

Sodom le Gomorah thuanthu hmangin hi leitlun ih ninetabik minung pawl hnenih ralrinnak pek mi cu a fiang zet: A netnak ahcun Thuphuan 20 ih a rel veki mi sualral pawl cu meisa hmangin siatsuah thluh an si ding. Sual cu bumnak mangbanga a si, kan thinlung dinhmun tiang ah mitcaw ko in bum ih, kan daan buarnak cu mah le mah theihthiam awknak sahzet hnuaiah in khuh hlo sak ih, cule midang ih sualralnak an tuahmi cu kan hnenah a langfiang zet fawn si. Pathian cun a miphun pawl hnenih duhdawtnak a burh nasa zia a relnak bungcang thotho ahhin Sodom pawl ih sualnak vek thotho kha tuah lo khal sehla (Ezekhiel 16:47), cumi cu Sodom hnakin mi sualral ih an suak zo thu miphun hnenah ralrinnak a pek.

Israel pawl cu “hlawhlang” (Ezek 16:14) an rak si zo ih, thlarau lam uiretnak an tuah ngah zo. Pathian minung pawl in sualralnak ruangih thuanthu maksak zet nei pawl hnakin an sual sawn thu an theih tikah a mangbangan ding ruat aw.

Himi cu thuthar a si lo, hlansan Israel hrang lawng siloin milai hmuahhmuah hrang khalah a si. Rom 1:18-32 ah Paul cun tulai thuthangtha ih ngan suah theih ding milai sualnak tampi a run tarlang. Paul in Zentel sualnak timi a simfiangnak ahhin Judah pawl lakah mi va hleih cuangnak thinlung a tuahawknak dingah siloin Pathian minung pawl cun netabik ah an sualnak a poi zia an theihthiam theinak dingah a si. Cuvek ciahciah in Nathan cun David a biak ahkhan a tuah: mi farah hnen ihsin tuu fano a rutu milian pa thuanthu a sim. Himi thuanthu cun David thinhengnak “nasa zet in a kai tho” (2 Sam 12:5), zianghatile diklonak cu a lang fiang zet in a lang. cumi thluh hnuah David in amai thuanthu a si timi a theihthiam theinak dingah Nathan cun simfiangnak a nei ih, “Nang cu amah na si” (2 Sam 12:7) tiah a ti.

Bible hi lenglam mi pawl thuhla relnak a si dah lem lo ih, Pathian minung pawl relnak a si timi cing ringring ding a thupi zet. Thuphuan 13 lole 17 ih a tarlang mi vekih sualralnak tuah midang kan hmuh tikah kannih khal cui thang ahcun kan tla ve thei a si timi ralrin peknak a si timi kan theihthiam a tha.

**NILI NI (Wednesday)**

**June 4**

**Leitlun mi zate thuthennak**

Sodom siatsuah a si hlan ahkhan Mamre hmunrawn ah thuanthu thupi zet a rak um. Pathian cu Abraham hnenah a lang ih, vancungmi pahnih thawn an um. Abraham in a hmuh hai tikah vanlam mikhual pawl cu rawlei a sawm, cule himi ah Pathian cun Abraham le

Sarah hnanah Messiah hnenih hruaitu ding fapa an neih ding thu a tiam. A ngaingai te cun Jesuh cu Abraham cithlah ihsin ra mi a si (zoh kop aw, Galati 3:16). Cun an thuhla cu khawpi soal zet lamah a hoi sal.

**Siar ding:** Semtirnak 18:17-32. **Himi bungcang ihsin Pathian ziaza le netabik ih kan leitlun ih soal ummi relfel a tumdan thuthla ziangsaw kan zir?**

Pathian cun simfiangnak in sim ding in leiba a nei lo. Asinan a khawkhannak le a cangvaihnak pawl hi minung hnenah thup lo ding duh a hril dawn a si. “Thungaiin Bawipa Pathian cun a thuthup cu a siahlawh profet pawl hnenah phuang loin ziang hman a tuah lo ding (Amos 3:7).

Pathian in Sodom le Gomorah a siatsuah hlan ah thil a thleng dingmi cu Abraham hnen ih sim thei ding thuthluknak a tuah, Abraham khal in thil a hmuh mai dingmi hi a theih a tul tin a ruat.

Vancungmi pahnih cun an ralrin pekmi ngaihsak tu pawl va ko suak dingin Khawpi soalral lam ih an feh lai ah Pathian cu Abraham hnenah a um. Mi pakhat cun caan neta lam ah Babilon ih um Pathian minung pawl kosuak dingih profet simcianak puangtu vancungmi cu a thinlung ah ruat loin a um thei zik lo (Thup 14:6-12, Thup 18:1-4). Ralrin peknak netabik a suah tikah Pathian le Abraham cu thil a thleng dingmi an rel khawm ih, duhsak zet ih Abraham ih thusuhnak ah A tulut aw.

“Hitivekih misualral pawl thawi midingfel pawl thah cih an si ding cu na hnen ihsin hla hram seh” (Sem 18:25)tiah a ti. Abraham cun Sodom thuhla lawng hi a zohfel lo ih, Pathian ziaza khal a zoh a si. Cuvek ciah in sancemnak a thlen hlan ah Pathian cun van cabu pawl a ong (Thup 20:4, 11-15), cule netabik leitlun ih meisa a run thlah hlanah Pathian thuthennak cu a dik a si timi langternak pawl an zohhliak ding a siansak a si. Cumi cu

thusuhnak tamzet ih a letnak dong dingin kum thawngkhat lai caan kan nei ding a si. Cumi thusuhnak pawl cu tu ahcun let in an um hrih lo.

**Pathian in hloral pawl parih thuthennak netabik a run ken hlanah, Anih cun zo hnenah, ziangruangah thil a thleng ding timi theithiam dingin kum thawngkhat sung caan in pe ding a si. Himi cun a ziaza le hivek thil pawl thei dingih diknak zianghman nei ve lo, Amah Pathian ah ziangkim thum aw – serisammi pawl hnen ih a ongawk zia thuhla ziangsaw in sim?**

**NINGA NI (Thursday)**

**June 5**

**Thuthen cianak**

Daniel 7 ih thuthennak simfiangnak cun puanzar dunglam in hmuhter- Pathian in Amah thawn laicin awk thukamnak nei duh tu pawl a tlensuak ih, cumi cu soal ih buainak a relfeldan pawl hmuh theinak tikcu caan ramcang zet a si.

Daniel 7:9, 10, 13, 14, 22, 26, le 27 **sung ih um thuthen cianak simfiangnak pawl kha siar aw. Himi thuthennak ih a hmuitin mi bik ziangsaw a si? A netnak ah ziangmi thuthluknak saw tuah a si, himi in rundam khawkhannak thuhla ziangsaw in sim?**

Pathian in Minung thu a then a si timi cu thusuhnak ding zianghman a um lo. Thuthentu 12:14 cun, “Pathian cun thuthennak ah ziangkim a thlen ding” tiah in rak ti. Cule Paul cun pakhat le pakhat thu kan thensak awk a tul lo thu in rak theihter, zianghahtile “Khrih ih thuthennak tohkham hmaiah kan zaten kan ding leh ding” (Rom. 14:10) tiah a ti. Pathian cun zosaw rundam ding le hloral ding timi thei dingin a ngankhum a tul ve lo, asinan vancungmi pawl – rundam khawkhannak pawl hmuahhmuah zohfel thluhtu pawl (1 Piter 1:12) cun thusuhnak an nei tengteng ding. Annih pawl cun Satan



dokalhnak an hmu ih, vanram ihsin vancungmi hmun thum then ih hmunkhat, van ihsin dawu suak mi an hmu ngah (Thup 12:4) – cule tu ahcun Pathian in a hmaika ah in hruai lut ngah. Pathian cun cabu pawl a kau ih, mi thianghlim pawl in ziangkim an hmuh ding a sian sak.

Sodom le Gomorah hrangih Abraham ih a dilsaknak thuanthu cu- thuthennak khihhmuhnak a si ih, cumi cun thuthennak sungih thil thupi zet hrekkhat pawl in hmuh a si. Sodom ih sualnak pawl cu hliakhlai fel theh zo a si: Pathian cun khawpi ih sualsalnak cun hminthatnak a tuah ih, cumi cu a hnenih authawm nasa zet a si (Semtirnak 18:20). Asinan siatsuah an si hlan ih hliakhlainak neih mi hi Sodom le Gomorah lawng an si lo. Pathian in misualral siatsuah dingih thutluknak a tuah mi ah dik zetih a cangvaih le cangvaih lo zirfiangnak nei dingin Abraham hrangah sangka a on sak.

Daniel 7 ih vanram thuthennak a um laifang ih a runglang tu cu zodang si loin, “Milai fapa” Jesuh kha si (Daniel 7:13, Mathai 20:28), Jesuh a ra langnak san cu “Cungnung bik ih mi thianghlim pawl duhsaknak” thuthennak tuah a si ruangah a si (Dan 7:22 NKJV). A dingfel famkimnak lawng in thuthennak hmangin a mi pawl a hmu thei a si.

**Kan Pathian thianghlim hmaiah na thuthup pawl hmuahhmuah tarlang thluh mi thawn thuthennak hmai ah ding in vun ruat aw hnik aw. Thuthennak tikcu caan ih na ruahsannak neihsun cu ziangsaw a si?**

**NIRUK NI (Friday)**

**June 6**

**Ruahbet ding: Siar ding:** Ellen G. White, “The Flood,” pp. 101, 102, in *Patriarchs and Prophets*.

“Puithiam sang cun Satan sualpuhnak ihsin amahten a run aw thei lo ih, a mipi pawl khal a run thei fawn lo.

F-8

Israel pawl cu sualnak ihsin an zalen tin a rel thei lo. Thuam hnaw borh hlawh mipi pawl ih sualnak hmainsinnak cu anmah aiawh in a hruh ih, vancungmi hmai ah ding in an sualnak pawl a phuang sak ih, cuticun an sualsirnak le mualphonak cu a khihhmuh ih, sualnak ngaidamtu Tlentu ih zangfahnak ah an thum aw. Zumnak in Pathian thutiam cu ngah dingin a ngen....

“Bawipa a hawltu pawl dokalh in Setan ih sualmawh a puhnak cu an sual ruangih lungawi lonak ih a rung ummi a si. An ziaza sambau mi ahcun lungawi zet in an um: zianghahtile Pathian daan an buarnak lawng in an parah huham a nei thei ti a thei. A sualmawh puhnak pawl cu Khrih a huatnak ihsin ra suak mi a si. Rundam khawkhannak hmangin Jesuh cun Setan ih minung sungkua pawl a kaihhrem mi a phelh ih, a huham ihsin thlarau tamzet a run suak...

“Minung cun mai cahnak lawngin doral sualpuhnak a neh thei lo. Sual kai angki hruh phah in a sualnak a phuang ih, Pathian hmaiah a ding. Asinan kan palai Jesuh cun sualsirnak le zumnak ah Ama hnenih an sualnak a ap thluhtu pawl ai-awih in ngensaknak nei in a ding. An thubuai cu a rel sak ih, Kalari ih thubuai tum zet cun anmah phiartu cu a neh. Pathian daan thlunnak ih a famkimnak cun lei le van ah thuneihnak hmuahhmuah a pe, mawhsualnak nei minung pawl hrangah sualremnak le zangfahnak cu A pa hnenah a dil.”—Ellen G. White, *Prophets and Kings*, pp. 583–586.

**RELKHAWM DING THUSUHNAC PAWL:**

**1. Jesuh cun dungthluntu pawl hnenah leitlun ah an um nan, leitlun mi an si lo thu a sim (Johan 15:19, Johan 17:14-16 ). Ziangtin saw leitlun neh dingih kan tuanvo**

le kanmahten “leitlun ihsin borhhlawh kai lo” (James 1:27) dingih kan kilhim awk theidan ding?

2. Tilik hlan ih Noah ih vantlang hnatuannak in doawknak ropi cemdand thuhla ah ziangsaw in zirh duh? Ziangvek lamzin in saw cuivek in tuini ih kan um?

3. Van ihsin meisa alh in misual pawl a eiral thluh hlanah (Sodom tlun ih a tuah vekin), Pathian cun mithi pawl a thoter ding ih, caan reilote sung Setan thawn hna an tuan theinak caan a pe ding (Thup 20:7-9). Pathian in ziangkim a tuah dik thluh hlanah hi leitlun ih a tul dingmi hi ziangsaw na ngaihtuah?

4. Tuizarh kan zirlai na vun ngaihtuah tikah nangmai nun hrangah ziangmi ralrinnak saw na hmuh? Himi thuanthu in Khrih ih na ruahsannak thuhla ziangsaw a lo zirh?

ZIRLAI 11

June 7-13

## RUTH LE ESTHER

### SABBATH SIIMLAM

Tuizarh zirlai hrang siar ding: Ruth 1:1-5; Ruth 2:5-20; Job 1:6-11; Matt. 4:8, 9; Esther 3:1-14; Thup. 12:14-17.

**Bible cangkan:** “Cun hiti hi a si, siangpahrang in tualih ding siangpahrang bawinu Esther cu a hei hmuh tikah a mithmuh ah Esther induhsaknak a co: cule siangpahrang in a kut ih sui kianghrol cu Esther lamah a thlir. Cuticun Esther in a hei naih ih a kianghrol zim cu a tham.” (Esther 5:2).

Tuizarh ahcun caan neta lam ih thil a cang mi rak zohter tu thuanthu pawl kan zoh ding. Hringnun ih thil a thleng ngaingai mi pawl hmangin Pathian cun amai thlirdan vekin thil hmu thiam ve dingin in bawm ih, a ra thleng leh ding simcianak pawl simfiang dan ding kan theihthiam theinak dingah in bawm ih, cumi cu kan zumnak cakter dingah in bawm dingih pek mi an si.

Kan ruahnak cu mi thupi zet nunau pahnih, an thuanthu in san tinkim ih minung thinlung a luahkhat tui’ lam ah a her: Ruth le Esther an si. Pakhat cu amah tlentu Boaz a hmuh hnu ih ruahsannak hmu ngah tu nuhmei nu a si. Anneih awknak cu Khristian hrang ahcun duhdawtnak thuanthu duhnung um zet a si. Zianghatile cumi cun Khrih ih in duhdawtnak a zohter ruangah a si. A dang nunau pakhat tu cu ramdang ih um nunau tleirawl te a si. Anih cu A mipahun pawl siatsuah thluh dingih phiarnak a theih tikah anmah runsuak dingin amahten a va pumpe aw tu a si.

Simcianak ahhin nunau cu Pathian kawhhran hrang duhsannei hmainsinnak huham nasa zet a si ih, Pathian in a minung a ngaihsakdan eng nasa zet a pesuak a si. Hi nunau pahnih, an nun cu Pathian kamsuak thu ih a thi thei lomi vek ih Bible ih a rel mi cu kan vun zoh ding, an ton nun ihsin zirlai kan lak thei mi kan hawl ding a si.

**NIKHAT NI (Sunday)**  
**“Sang inn” ah paam tlung**

**June 8**

Khristian zumnak relsia tu pawl cun hi leitlun ih nun a rapthlak zia hi an thu fiangternak ah an hmang theu: (a) Pathian a um lo, asilole (b) Thil tha lo a hung um caan ih ra hrawlh aw ve dingin A huham a mal tuk, asilole (c) Natnak kan tuar caan ah in ngaihsak lo. Ziangkhal sehla Bible thuanthu tam zet ah cuvek ruahnak lakih pakhat te hman hi a dik lo timi tarlangnak tampi in pe a si. Pathian cun minung in Amah an dokalh ruangih a hung suakmi an tuar cu a siang a si timi cu thudik a si. Asinan zalen zetih kan duh hrilnak daan buar loin, Anih cu kan hnenah a um ringring ih, minung san thuanthu ah hnaturan ringring in, tuarnak le soal ih buainak relfelnak netabik lamah in hruai rero a si. Ruth thuanthu cun cutivek zohthim ding pakhat in pe a si.

**Siar ding:** Ruth 1:1-5. **Naomi le Ruth parih a thleng mi harsatnak kha ziangsaw a si, cule ziangmi in saw harsatnak tuar ter? Ziangtin saw himi in a tu ih minung pawl hmuahhmuh ih ton mi dinhmun a tarlang?**

Himi thuanthu a hramthoknak ahhin thil makzet hmuh a si: Paam in Bethlehem a run dai ngah ve, a khaw hmin sullam cu “Sang inn” tinak a si. Pathian in Adam le Evi hnenah, “hmuan ih thingkung rah tinkim hi zalen zetin nan ei thei” (Semtirnak 2:16) a tinak hmun Eden ih thil ei ding a tamzia kha theihter sal a si. Minung cu ei ding

hnianghnar zetih umnak ihsin an hung pitling, tirhsiayang zet sersiamtu ih ngaihsaknak hnuai ah an um. Asinan cumi hnuah sersiammi kilkhawi dingih an tuanvo cu sualnak ah an thleng ta riai. “Leilung ih na kirsal tiang na hmai thlanhri for in rawl na ei ding” (Sem 3:19).

Naomi vekin Pathian in a hramthok ah kan neih dingmi ih a khawkhanmi roconak hi lak hransak in kan um ih, kan nun cu harsatnak ah a hung cang. Eden cu laksawng vek ih pek a si, asinan zianghman biktuk um lo cu a si lo: minung cu dokalh theinak nei dingin an zalen, asinan cumi cullam cu anmai thiltuah mi ah anmah in tuanvo an la ding tinak a si. A hramthok ahcun kannih cu Pathian thlawsuahnak hnuaiyah soal ih tlu lo leilung pumhlum “uk” tu ding kan rak si. Asinan tu ahcun a tlu zo mi kan buaipi rero a si. Minung duhdamnak cun neihsiah ah zuam awknak a suak ter ih, cumi cun thinnatnak le tuarnak a thlen a si.

Riahsiatnak nasazet a thlentu cu simrel theih khal a si lo: Leilung cun Pathian duhdawtnak thu theihpinak thil tithei zet cu tlamtling zetin a tarlang ringring. Asinan minung duhamnak le soal ih siatsuahnak karlak ah leitlun hi kan kut hnuai ah um loin, a kut hnuai ah kan um sawn vek tla a bang zet. Ziangkhal sehla, nikhat ni ahcun hivek pawl a cem thluh leh ding.

**Kum thawngruk lai sualnak le thihnak a ton hnu ahhin ziangtin saw leilung cun Pathian duhdawtnak le huham danglam zet cu a tarlang thei lai?**

**NIHNIH NI (Monday)**  
**Ruth le Boaz**

**June 9**

Naomi cun a hmin cu *Mara* tiih thleng dingin a ngen, zianghahtile a nun ih a thlengmi cu a khaat tuk ruangah a si (zoh aw Ruth 1:20). In sersiamtu thawn kan laicinawknak cu sualnak hin remsal ding theih lo tiangin

a siatsuah, thlarau lam retheihnak ah hranhram in in hruai lut. Kan hmunram thlirnak cu a thim thluh, loram sir zimte ihsin kan ngah theimi hmuahhmuah thawn nun kan hmang ih, a kekkuai zo mi leitlun ih hmuh theih lai mi lungawinak malte thawn kan nung fangfang. Asinan thil danglam zet kan hmuhsuak tikah ziangkim a thleng aw thluh a si: Cumi cu Pathian cun in hngilh lo timi hi a si.

**Siar ding:** Ruth 2:5-20. **Ziangahsaw himi hi thuanthu ih tikcu caan thupi bik a si thei? Ziang ruangah saw Naomi in thiltha tisaktu a hmuh cu thuthangtha a si thei?**

Naomi cu ram laksak in a um zo ih, Moab ih an thawn awk hlan ih an leiba neih mi rulhna dingah a loram zuar dingin a ra kirsal a bang. Pathian cun Israel ram ahcun tiamcia ram ih um mi bulpak tin in an covo an neih theisalnak ding ah khakhawnnak a tuah zo: an laicin naibik cun anmai hrangah a rak tlensak thei a si. Boaz hi loram tuantu men a si lo ih, mitha zet a si. Na leiba na rul cawk lo ih, Israel ram ih roco dingih na covo na lak thei lo ahcun na laicin nai bikin a lo tuahsak ding a si. “Na unau cu a siatha ih, a comi leiram hrekkhat cu a zuar asile, cun cumi tlen dingin a laicin pakhat khat cu a ra asile a unau ih zuarmi cu tlen seh’” (Pui. 25:25).

Boaz cu thinlung ngilnei zet le tirhsiang zet lawng siloin an laicin nai a si timi hmuhsuah cu thuthang lungawi um bik a si: nunau pahnih ih an retheihnak cu reipi a awih nawn lo ding.

Khristian pawl cun Boaz hi Khrih hmuhsaknak a si timi cu caan reizet an rak thei zo. Khrih cu in sersiamtu lawng a si lo ih, kan sungkhat unau si ding ah- minung ngaingai taksa le thisen neih ding hi a hril sawn. Cumi cu Amahten “Milai fapa” (*Matt. 12:8, Marka 8:31, Luka 22:22, Johan 3:14*) tiih a kawh awk theunak a san tampi lakih pakhat a si.

Mi tampi cun Pathian cu khauhkhah zet in an ruat theu: daan pawl hmuahhmuah hi famkim zet ih kan thlun lawngah vanram ah in lut ter men thei tiah an ruat. Asinan Boaz ah Khrih cun cuvek ruahnak pawl cu famkim zet in a danglam ter thluh. Pathian cun in hmingsin men a si lo ih: kan thlarau retheihnak um cingin Anih cun A monu kan si ding a duh a si.

**Sersiamtu cu Amai sersiammi hrekkhat ah a rungchang timi lawng siloin cumi hrangih a thih thu khal na thinlung sungah ret aw. Ziangtin saw himi mangbangza thudik cun kan tonhmuh mi kan thlirdan ahhin thupitnak a neih?**

**NITHUM NI (Tuesday)  
Boaz, Tlentu vekin**

**June 10**

Boaz cun Ruth hi a duhdawt zetih, nupi ih neih a duh, asinan donkham tu thupi zet a um: nunau le leiram parih thu neihnak neitu laicin nai zet pakhat a um ve. Boaz cu Khrih kihhmuahnak ih kan ruat ahcun himi dinhmun cun doawknak ropi ih a um mi buainak a run tarlang men thei. Khrih cun in duhdawt, asinan amai ta ih a ham ve tu “laicin nai zet” pakhat a um: Setan a si.

**A hnuai ih Bible pawl ahhin Setan in minung hi amai ta ih a ham thu ziangsaw a tarlang?** (Job 1:6-11; Matt. 4:8, 9; Juda 1:9; Luka 22:31).

Van lairel tonkhawm awknak ih Setan a va lang tikah Pathian hnenah “leitlun ih a vahtawih” ( Job 1:7 ) rero thu a sim, cule Pathian in mi dingfel Job a theih le theih lo a sut tikah Setan cun Job cu amai ta lakih pakhat vekin a ham ih, Job ih thinlung cu Pathian ta a si ngaingai lo timi thurawn a pe. *A parih na that ruangah a lo thlun men a si. A parih na thatnak cawlhsan awla, Job ih rinumnak thinlung neitu ngaingai cu na hmu ding tin a ti.*

Juda cabu ahkhan Israel ih thuanthu theihlar zet mi tawifel zetih a um thu kan hmu: Pathian in Moses a phum thluh hnuah (Daan 34:6), a thoter sal. A famkim zet cun kan thei lo, asinan a catlang tluan ahkhan Moses ruak thu ah thukam elawknak a um thu a rel, Setan cun amai ta vekin a ham thu a um.

“ A hmaisabiknak ding hrang Khrih cun mithi cu nunnak a pe ding. Nunnak siangpahrang fapa a si vekin thlaan umnak lam cu a pan, Satan cun A thuneihnak ropi zet cu a tih tuk. A vancungmi pawl thawn Setan cun amai ta ih a hammi ramri an run tibuai cu nasa zetin a rak el. Pathian siahhlawh cu a tlawngtla mi a si ruangah a uang aw zet. Moses cun Pathian daan a thlun thei lo ih, Jehovah in ropitnak a co dingmi cu amai sunlawinak ah a hmang – Setan van ihsin dawisuahnak soal vek thotho kha a tuah ve ih- cumi daan buarnak ruangah a thuneihnak hnuaiyah a um a si timi a phuang.”—*Ellen G. White, Patriarchs and Prophets, p. 478.* A fiang zet, Khrih cun Setan ih neitu hamnak cu a hnongsak ih, Moses a kai tho (Matt 17:3)

Ruth 4:1-12 ah Boaz cu Bethlehem kulh lam ah khual a tlawng- cui khua ahcun Khrih cu kan leitlun ahhin kan laicin naibik vekin a rung lut. Upa pawl an um khawm ih, a netnak ahcun kedam (neitu sinak hmingsinnak) an thlangaw a si.

Khaw pakhat ih kulh sangka cu thubuai ummi thutluknak hmun a si: Himi cu thuthennak rak zohternak a si. Himi cun Daniel 7:13, 14, 22, 26, 27 ih ummi thuthennak a rak khihhmuh. Thuthennak hmuihmel hi kan hloh ding a si lo: Thuthennak cu “mi thianghlim pawl ih zawn ruatnak” ih ummi a si, asinan Boaz in a nupi man a pek vek ciah in Khrih in kan hrangih a man peknak thawn lawngin a um thei a si.

## **NILI NI (Wednesday) Haman le Satan**

**June 11**

Esther thuanthu ahhin dinhmun le huham lamih rilrawng zet Haman kan hmu. Rampi ukawknak ahhin lal dang pawl hmuahhmuah hnakin cungnung cuangnak a nei (Esther 3:1).

Ezekhiel 28:11-15 le Isaiah 14:12-15 ih a ummi Lucifer thuhla kan siar tikah Cungnung bik Pathian hmaihih kun duh lo, Pathian hrilmi miphun pawl dokalh tu Haman thawn an bangawknak hrekkhat pawl kan hmu thei ding. Setan pa ih a khawkhannak pawl hmuahhmuah cu Khrih thlemnak thuanthu ahkhan a langfiang tuk, cutawak ahcun Jesuh cu leitlun lalram pawl hmuh dingin hmunsang zetah a hruai (Matt 4:8-11). Kan hmuh vekin Khirh cu leitlun tlen dingin le Amai ta ih ham dingin a ra – Kan lakih pakhat vek in thil a tuah. Jesuh cu a unau pawl tlentu a si ih, leitlun tlennak dingih a man pekmi cu a sang tuk timi cu a fiang tuk.

Thuphuan cabu ahkhan Setan cun huham neih a duhnak le amah an biak ding a hiarhainak ruangah leitlun ah buainak a run thlen timi kan hmu. A bumak cun leitlun cu “mangbang” dingin le sahrang thlun dingin an thinlung a neh (Thup 13:3,4), Amah bia duh lotu pawl ti lo cu an thinlung a neh thluh. Anmah pawl thawn thazang cangvaihnak a hmang theu.

Haman cun Mordekai – Pathian hrilmi miphun lakih pakhat – cun amah a pawm lo ding timi a thei ih, cule amah “cibai buk” khal a duh lo ding timi a zum. “Thinhengnak in a khat” (Esther 3:5,6) thluh ih, Mordekai ih miphun pawl hmuahhmuah cu leitlun ihsin cimit ter thluh dingin thu a then cat.

**Sir ding:** Esther 3:1-14, Thuphuan 12:14-17 le Thuphuan 13:15. **Himi thuhla karlak ah ziangmi bangawknak saw na hmuh? Haman in Pathian minung**

**pawl a relfiang vek ciah in Johan in ziangtin saw Pathian lam ih a tangsun kawhhran pawl a relfiang?**

Setan cun hi leitlun hi neih a tum, asinan Pathian ih mi rinum pawl – A thupek a thluntu pawl cun Setan ih neih a tumnak cu an rak pawmsak lo. “Sabbath hi Khristian ram pumpi ih doawknak bik a si tikah mi tamsawn ih an duhmi cu mimal sawn ih an pom thei lo ruangah annih cu leitlun pumhuap ih relsiatu ah an puh ding a si”—*Ellen G. White, Signs of the Times, February 22, 1910.*

**Tu ahhin na zumnak hniksaktu “thil fate” pawl kha vun ruat aw. “Thil tenau” ah na talbuai ahcun thil picang a ra thlen tikah ziangtin saw na ti ding?**

**NINGA NI (Thursday)  
Hivek tikcu caan hrang**

**June 12**

Khristian hrekkhat lakah Bible simcianak ih thil harsa zetzet pawl ruat duh rero pawl an um. Tikcu harsa zet pawl a ra thleng ding timi kan hmu, cule simcianak zir hi tihnak thum awknak ah a rung cang ih, thuanthu relfelnak ding thutiam lam ah siloin harsatnak sawn kha thinlung ah an ret theu. Pathian in hmailam caan hi a khuh hlo thluh men lo ih, doawknak ropi kharnak le a tu dinhmun karlak ih thil a thleng dingmi pawl khal rinum zet in a phuang thluh. Curuangah thuanthu hi a cem nettiang siar hi a thupi ringring.

Simcianak ahhin Pathian in kan minung dokalhnak ih a tuah mi buainak thuhla ih thudik a a run phuang suak. Cui buainak ih a rahsuah mi in hmuh. Asinan ruahsannak a kengtel thotho. Mi hrekkhat pawl cun buainak netabik— “Jacob ih harsat caan” – a ra thleng ding mi simcianak cu tih le khur in an thlir. Rinhlelnak zianghman um loin, tikcu netnak cu Pathian minung pawl hrangah thil olsam zet cu a si zik lo. Asinan harsatnak a

ra thleng dingmi simcianak cu rintlak a si vekin runsuahnak thutiam khal rintlak a si.

Thuphuan 12 ahkhan Setan cun Khrih ih mo cu phuleisam duh huatnak thawn a thlun, asinan cunu rundam dingin Pathian a ra tel ve. Esther thuanthu khal ah thil thupi zet ah kumpi nu hmel tha zet cu thubuai ummi ah a ra tel ve. Cule Pathian cun A mipi pawl rundam dingah huham nasa zet thawn a hmang.

**Siar ding:** Esther 4:13, 14; Esther 5:1–3; le Esther 9:20–28. **Leitlun thuanthu a netkharnak ding tikcu ih kan harsatnak tonmi thawn pehpar aw in himi thuanthu ihsin ziangmi zirlai kan la thei ding?**

Pathian cun a tangsun A kawhhran pawl cu san thuanthu tikcu bikhiah ah a kai tho. Caan thim (Dark Ages) ni 1,260 a cem zawng ah Pathian cun A Monu cu a relhnak ihsin a hruai suak (Thup 12:14 thawn zoh aw) ih, leitlun ah a zangfahnak thucuh netabik : Vancungmi Pathum thucuh phuang dingin a fial. Kannih cu hitawk ah “Hivek tikcu caan hrangih” (Esther 4:14) ummi kan si.

Esther cun Haman in a miphun pawl parih hrem thahnak a tuah mi cu amah lawng in a hmaiton lo timi a hmu suak: siangpahrang hnen ihsin duhsaknak a dong ih, a mi pawl cu a netnak ah runsuah in an um. Kannih khal leitlun thuanthu (sancemnak) netabik ih kan luh tikah kanmah lawng kan hmaiton lo ding – kan lam ah Siangpahrang a um, cule Pathian minung pawl cu runsuah an si ding a si.

**Pathian minung pawl hrangah himi thuanthu cu thazet in a feh tluang. Asinan cuvek cun a si ringring thei lo ding, a si ko lo sawm? Cuti a sile, ziangruangah saw Khrih sungih kan neihmi ruahsannak kaihnget ringring dingin caan reizet sung thil kan thlir ringring a tul?**

**NIRUK NI (Friday)****June 13**

**Ruahbet ding: Siar ding:** Ellen G. White, “The First King of Israel,” pp. 605, 606, in *Patriarchs and Prophets*.

“Satan cun mi tamsawn ih tuahkel le pupa daan pawm duh loih a hnongtu mi malte pawl dokalh in a thinhengnak a langter ding. Pathian minung pawl dokalh dingin hminthatnak le sinnak nei pawl cun daan neilo le mi borhbah pawl lamah an tang ding. Sum le pai, fimnak le thiamnak tivek pawl cun hmuhsuamnak khuhnak ah an pehzom aw ding. Hremthatnak duh zettu hruaitu, ram khelk relthiam zet le kawhhran member pawl cun Pathian ih rinum pawl an an zuarthlai ding. Pathian fale pawl ih zumnak siatsuah dingin hmuhsuamnak, hringhronak, an thu le hla hmangin puarthau zetin an cangvai ding. Thinheng zetih ngennak le dik lo zetih phiar ruk awknak pawl an tuah dingih mipi an forh ding. Bible Sabbath thianghlim zetih hmangtu pawl ih tleunak, “Cathianghlim cun a ti” vun ti ding an neih ve lo ding ruangah mi rinum pawl ukbetnak ding daan cu an tuah ding. Daan tuahtu pawl cun hminthan le thehlar awk an duh tuk ruangah Sunday ulh tengteng ding timi daan tuah duh tu pawl an pawmpi ding. Pathian tihzah tu pawl cun Thukham 10 lakih pakhat buartu pawl ih daan pekmi an thlun lo ding. Himi thupek hi, diknak le dik lonak karlak ih elawknak le hringhro awknak a feh so vivo mi hi a netnak, doawknak ding hmun cu a si ding. Himi cu thil fiang zet a si ih, zumhmang thu menmen a si lo. Tuini ahhin, Esther le Mordekai tei um lai ih Pathian in a rak tuah vekin, a thutak le a mipawl ih dikzia a run tarlang leh ding a si.”—*Ellen G. White, Prophets and Kings, pp. 605, 606.*

**RELKHAWM DING THUSUHNAK PAWL:**

**1. Pathian in a minung pawl harsatnak pahtlang ding a siannak san hi ziangruangah a si tin na ruat? A siannak ih hmuitin mi ziangsaw a si ding?**

**2. Khrih ih rinumnak ruangah harsatnak a ra thleng dingmi ah zumtu pakhat cun amahten ziangtin a timlam aw thei ding? Khuitawk ahsaw harsatnak a um laifang ah ruahsannak na hmuh thei ding?**

**3. Ziangruangah saw thuthangtha a pe suak tu lam hnakin simcianak harsa zet ih kan um ringring theu tin na ruat?**

**4. Na rualpi pakhat cu Thuphuan cabu a siar thluh hnuah na hnenah a ra ih, a “tihnung um” ih theih thu a lo sim. Thinlung daihnak a hmuh ih, cui thu a theihthiam theinak dingih na bomnak dingah ziangsaw na hman ding?**

**5. Mi hrekhat cun “Pathian in in duh, asilole in duhdawt timi ka fiang lo. Ka tuah mi na theih ahcun ziangruangah timi na thei fiang zet ding” a rung lo ti. Ziangtin saw na let ding? Na simfiangnak dingah Ruth le Esther thuanthu in ziangsaw a lo sim?**

**ZIRLAI 12****June 14–20****HMAI HRUAI****SABBATH SIIMLAM**

**Tuizarh zirlai hrang siar ding:** Dan. 2:31–45; Dan. 3:1–12, 17, 18; Thup. 13:11–17; Rome. 1:18–25; Tirh 12:1–17; Matt. 12:9–14.

**Bible cangkan:** “Ziangahtile Pathian in tihnak thlarau in pe lo; thiltitheinak, le duhdawtnak, le thinlung dik neihnak thlarau sawn in pe a si” (2 Timote 1:7).

Tuizarh ah caan neta ih thil a thleng dingmi mangbangza in famkim zetih hmuhter cianak Bible thuanthu pahnih kan zoh bet ding.

A hmaisa in Thuphuan 13 ih a tarlang mi buainak thlithlam nei Shadrak, mesak, le Abehnego thuthla kan hliakhlai ding. Cule Thukam thar lamah kan her sal ding ih, cutawk ahcun Khristian hmaisa pawl ih tonhmuh mi pawl kan hmu ding, cule cumi cun a tu le Khrih ratsalnak karlak ah ziangmi ruahsannak a um timi theithiam dingin in bawm ding a si.

Himi pahnih cun mangbangza in tuarnak le harsatnak hnuai ah thinlung hahdamnak hawl hmu thei dingin thazang cahnak in pe a si.

Jesuh cun a tu le tu ahhin “tih aw hlah” timi le “Ziangahtile na ruahnak in a lo buaiter?” tivek in a ti theu. Simcianak ih a hmuitin mi cu Khrih a si timi hmingsin ringring ding hi a thupi zet. Curuangah cu vek thuron cu leitlun sancemnak ding thuhla tarlangnak ahhin kan hawl hmu ding a si. “ ‘Nan thinlung mangbang hlah seh,’ “ tin a

dungthluntu pawl a zirh ih, “Pathian ah zumnak nei uhla, keimah khalah zumnak nei uh” tiah a ti (Johan 14:1 NKJV)

Phundang in kan sim ding asile, caan netabik ih thil thleng ding mi cu Pathian ah rin um ringring a tumtu pawl hrangah cun harsatnak le buainak a si ding. Asinan a netabik ahcun hi thil thlengmi pawl cu tihnak thawn siloin ruahsannak thawn kan thlir ding a si.

**NIKHAT NI (Sunday)****June 15****Daniel 2 le santhuanthu hmangin simcianak**

Cathianghlim hmuahhmuah ih huham neibik simcianak pawl lakih pakhat cu Daniel 2 hi a si. Khrih a suah hlan kum 500 tlun lai ih rak ngan mi a si ih, profet cun leitlun thuanthu a ngan, Babilon ih a umlai ihsin thokih cumi thluh hnuah Media-Persia, Greece, Rome, cule Rome a kekdarh ih a tuisan ih Europe timi tiangin a ngan thluh.

A ngaingai te cun himi European ram pawl thuhla rel tikah Bible cang pakhat cun, “Annih cu minung cithlah pawl thawn an cawkrawiaw ding: asinain thir cu tlaklei thawi an kopawk thei lo bangin, annih cu pakhat le pakhat an kopaw thei lo ding” (Daniel 2:43) tiah a ti. Himi simcianak cu mangbangza in a thleng famkim zo. Himi mipahun pawl kar lakah neihawknak (siangpahrang fapa ihsin mi naran tiangin) ziangmaw zat um cing khal in – Annih pawl cu an tekdarh aw thocho.

Thimnak ah Bristish lalram cu *House of Windsor* tiah an ko. Cumi cu mirang hmin mawi zet a si. Asinan cui hmin cu a ngaingai te cun tu baite kum 1917 hrawng ih ra suak mi fang a si. Cumi hlanah *Saxe-Coburg-Gotha* tiah an rak ko. Cumi cu German hmin a si. Ziangahtile British lal sungkua tampi cu “minung cithlah thawn” cawkrawi aw mi ihsin ra mi an si ih, German pawl thawn thisen pehawknak an nei. Ziangkhal sehla cui thisen



pehzom awknak cun raldoawknak um ter lo dingin a tling tawk cuang lo. Curuangah Ralpi veikhatnak ahkhan an huat zetmi an doral pawl hnen ihsin anmahten a hran ih um an duh, curuangah an hmin cu *House of Windsor* tin an thleng.

**Siar ding:** Daniel 2:31-45. **Nebuchadnezzar ih mang kha ziangsaw a si, cule Daniel in ziangtin a let?**

Daniel cabu sungih simcianak a ummi pawl cun Daniel 2 ih simcianak ah an ben aw thluh. Daniel 2 vekin himi simcianak dang pawl hmuahhmuah cun Pathian in kumkhua a Lalram a din hlan lo cu ram uktu pawl pakhat hnu pakhat an um vivo timi thu a phuang (Daniel 2:44; Dan. 7:13, 14). Phundang in kan sim cun, simcianak cu lalram dangdang kehdarh lo pehzom aw vivo pawl ah a um ih, hlanlai ihsin thok in a tu kanmai san khal telin hmailam caan cemnak tiang a si. Himi cu santhuanthu feh vivo mi hmangih simcianak simfiangdan a si, a bungcang khal ih a duh mi a si. Hi santhuanthu feh vivo mi kan hman hi caan neta ih thil thleng ding theihthiamnak ding hrangah a thupi zet, cumi cu Thuphuan cabu khalah tarlang in a um.

**Ziangtin saw Daniel 2 cun Pathian in hmailam caan lawng hi a thei men lo ih, a netnak ah Amah cu a kilkhawi tu a si ti in sim?**

**NIHNIH NI (Monday)**  
**Milem biaknak**

**June 16**

Daniel ih a tuahmi ihsin ngaihven hlauh zettu Nebuchadnezzar cun a hmaisabik ahcun Daniel le a Pathian parah rin um zetin um khal sehla (Zoh aw Daniel 2, a hleice in cang 46-48), rei a daih lo.

**Siar ding:** Daniel 3:1-12. **Siangpahrang in be dingih a timi milem cu sui hlirih tuah mi a si timi thudik ah ziangmi thupitnak saw hmuh a si?**

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Siangpahrang in sui hlirih milem a tuahnak ihsin Pathian thucuh a dokalh zia a langter. An thu suah cu ziangsaw a si? Babilon a tlu dah lo ding, cule Nebuchadnezzar cu siangpahrang a si ringring ding timi hi a si. Cui ruahnak a el ngamtu cu thihnak an tuar ding. Cumi cu minung duhnak in doawknak ropi a hung suahdan ding thudik lamah zamrang zetin mitcaw ko in tuah thei a si timi theihtersalnak thil ti thei zet a si.

Khalam zawng in Nebuchadnezzar cu Lucifer ziaza thawn bangawknak an nei: anih cu a tum a sang, amahten thupi zetah a ret aw, langngan zet in Pathin thuneihnak dokalh ngam tawk dingin puarhaw mi a si. Lamzin dang ahcun bangawknak an nei: A netnak ah Nebuchadnezzar cu Pathian dik ah zumnak a nei thok. Cule a hramthok ah nasa zetih a rak dokalh mi lalram ah kan hmu men thei.

**Daniel 3:17,18 ah Hebru tleirawl pathum ih siangpahrang dokalhnak thu kha siar aw. Himi cun zumnak thuhla ah ziangsaw in zirh ih, cule ziangmi saw in ngen mi um?**

Ziangtin saw hi mi pathum cun himi tihphan umnak dinhmun ihsin suah thei dingin lamzin olsam zetih an ruah theidan hi vun ruat aw. Nung cingih an urkang mai ding an duh teh a si pei maw? An Pathian hnenah thlacamnak nei phah in an kedam hri sih dingin an kun hrim thei lo maw si? An ton dingmi hi man a nei ngaingai maw si? A fiang tuk, cuvek ciah in an ruat ko, An nunnak a luat lo men thei timi an theihzia cu an tongkam in a langter thluh.

**Ziangtin saw kan zumnak in siatsuah theinak tikcu caan in tuahsaktu khawruahnak hi olsam zetih kan hrial thei ding? Cuvek thlemnak thawn bangaw deuh nawn himi bungcang: “Thil malte parih a rinumtu cu tampi par khalah a rinum: cun thil malte parih a diklotu cu tampi par khalah a dik lo” (Luka 16:10) in ziangsaw a rel?**

**NITHUM NI (Tuesday)****June 17****Milem biaknak um sal**

Bible zirtu tlawngta pawl cun Daniel 3 le Thuphuan in ni neta ih thil a thleng dingmi an zirhnak karlak pehzom awknak cu caan reizet an rak thei zo. A san le vang thazet khal an thei, zianghatile Daniel 3 ahkhan “Milem biak” ding thu ahkhan thihnak daan tat mi thupek a um (Daniel 3:15) – Thuphuan khal in milem dang biak ding thu ahkhan thihnak daan tat mi thupek a zirh ve. “Cun anih in sahrang lem hnenah nunnak pek theinak huham a nei, cuticun sahrang lem cu tong tahratin sahrang lem a be duh lotu pohpoh a thah theinak dingah” (Thup 13:15).

**Siar ding:** Thuphuan 13:11–17; Thuphuan 14:9, 11, 12; Thuphuan 16:2; Thuphuan 19:20; le Thuphuan 20:4.

**Hitawk ahhin Pathian thupek in minung thupek a kalh zia ziangsaw um?**

Pathian minung pawl cu “ ‘van, le lei, le tiffinriat, le cirhti pawl a tuahtu”, Sersiamtu bia dingih kawh an si. Cumi cu sahrang le a lem biaknak thawn a kalh aw mi a si. Hebru tleirawl pathum cun cuvek ciah in hringhronak an ton tikah cui Sersiamtu Pathian lo cu zo danghman biak an duh lo. Curuangah Dura hmunrawn ih Sersiamtu kalh zawng in Milem be dingih thupek mi le sersiamtu kalh zawng in milem be dingih kawhnak thawn leitlun pumhuap ih thil a rung thleng dingmi karlak ahhin bangawklonak cu a um men thei – asinan a thu bulhram cu an bangaw thocho a si.

**Siar ding:** Rom 1:18-25. **(Rom 1:18 le Thuphuan 14:9,10 karlak ih “Pathian thinhengnak” thuhla ih an peh awkdan hi hminsin aw) Ziangvek lamzin in saw milem biaknak thubuui cu netabik ah minung pawl in an rinumnak cu zo ih hnenah saw an pek timi tarlangnak dang a si thei?**

Biaknak timi sullam ahcun cibaibuk lu kunnak le rimthaw hlannak a tul kher lo. Kan rinumnak kan retnak netabik cu kan be theu. Pathian cu in sersiamtu – Jesuh ah kan hrang thil a tuah hnu ah – in tlentü khal a si timi na ruah tikah, Amah lawng hi na be duh ding. Thil dang pawl hmuahhmuah cu milem biaknak a si. Himi cun Jesuh ih thurel mi theifiang dingin a lo bawm thei ding: “ ‘Ka lamih tang lotu cun i do a si; cun i finkhawmpi lotu cun a thekdarh a si’ “ (Matt. 12:30). Thil a thleng dingmi netabik cu himi thudik tarlangnak a si ding.

**NILI NI (Wednesday)****June 18****Kawhhran hmaisai pawl hremnak**

Thukam hlun lawng hi ni netabik lam ih thil a thleng dingmi hmaihruai tu a si lo ih, Thukam thar khal a si thocho. Kum zabi 1 lai ih um Khristian pawl hrang ahcun nun hi a olsam lo zet. Anmai biaknak thluntu mi tampi in an hua ih, Moses ih zumnak siatbal tu pawl tiin an hmu. Pathian nung bia lo Rom ram uknak ih thinhengnak khal an tuar : “Leilung thiltitheinak le hremhmun thiltitheinak cu an tangrual ih, Khrih parih an tumtahnak cu a dungthluntu pawl parah cun a tla thlang. Thuthangtha a feh cak tikah cun, khawse biaknak temple le a biaktheng pawl tla cu zianghman a si nawn lo thlang ding ti cu khawse bia pawlin an theih ih ruangah, an thiltitheinak hmuahhmuah thawn Khristian sakhua cu cimitter dingah an caangvai thlang a si. Tiduhdahnak mei cu a hung de thawk thlang.”—*Ellen G. White, The Great Controversy, p. 39.*

Thuphuan 13 ih thil a hung thleng dingmi lam kan pan rero lai ah Pathian minung pawl in ziangmi ruahsannak an nei timi Tirhthlah cabu sung ah huham neizet tarlangnak thuanthu a um.

**Siar ding:** Tirhthlah 12:1-17. **Himi thuanthu ih a ummi cun ni neta ih thil a thleng dingmi pawl ziangsaw a rak zohter?**

James cu a lu tan a si ih, Piter cu a dottu ding a si; khristian dokalh ih thahawknak a um. Himi thuanthu ih thil a thlengmi hmingsin tlak zet pakhat cu Piter kha a nun ih zaan rapthlak zet ahkhan a it that men – thaw zetin a it that ih, amah kai tho dingin vancungmi cun a beng phah a si kha!

Piter cu mangbangza in suah zalen a si ih, zumtu pawl umkhawmnak lam ah a feh. Zumtu pawl cun Piter hrangah thlacamnak nei rero khal sehla, a ra suah ngaingai cu zum harsa an ti zet. Cumi cun Pathian in kan thlacamnak in let ngaingai ding timi zum ngam ciah loih thlacamnak kan neih ringring theu dan pawl in theihter a si.

Hrekkhat zumtu pawl cu an nunnak zuahsak an si ih, a hrekkhat pawl cu thah an si. Kannih khal tikcu netnak lam kan pan rero lai ahhin cuvek thil cu a thleng ding a si. Piter hman kha a nunnak zuah sak a si ko nan, a netnak ahcun a zumnak ruangah a thi. Jesuh Amah rori in Piter ih a thihdan ding a sim. “Thungaiin, thungaiin, ka lo sim, Na no lai ahcun na tai na tawnaw ih, na duhduhnak ah na feh: asinain na upat tik ahcun na kut na suah ding ih, mi dangin an lo tawn ding, cule na duh lonak hmun ah an lo hruai ding a si, a ti. Hihi ziangtivek thihnak in Pathian a sunlawih ding ti hmuhsak ih a simmi a si. Cun hi thu a sim ngah in a hnenah, “I thlun aw”, a ti (Johan 21:18, 19).

**Piter ih a thihdan ding thu pawl Jesuh ih a sim thluh hnuah “I thlun aw” tiah a ti lai thotho timi hi hmingsin aw. Himi in ziangah thihnak rapthlak zet hman in Bawipa kan thlunnak ihsin in thenhrang thei lo timi thuhla ziangsaw in sim?**

**NINGA NI (Thursday)  
Sahrang hmingsinnak**

**June 19**

Kum a liam vivo ih, ni netabik ih thil a thleng ding mi – thihnak thupek le sahrang hmingsinnak pitlin ter dingmi pawl cu a ra thleng hrih lo. Mi hrekkhat pawl cun doawknak netabik ih laimu bik ah Sabbath le Sunday a um danding pawl khal tel in caan netabik ih thil thleng dingmi thuhla kan simfiangnak hi an zum thei loih, rinhlelnak an langter.

Thuphuan cabu ahcun a fiang zet: Sersiamtu kan bia ding maw, asilole sahrang le a lem kan bia ding. Seventh-day Sabbath hi Pathian cu sersiamtu a sinak hmingsinnak lungphum – Eden lam ih kirsalnak (Semtirnak 2:1-3) a si ruangah sersiamtu biak thuhla ih buainak ummi pakhat ah Sabbath ni cu a laimu bik ih a um cu mangbangza khal a si lem lo. Sabbath thupek hi Bible sungih ummi a si. Cumi Sabbath ihsin Sunday ih a thlengtu thiltitheinak thotho kha sahrang ih thiltitheinak a si timi cu thil a thleng pang mi a si lo. Cuvek ih thlengsiannak cu Bible sungah zianghman a um lo. Hivek thu pawl hi thinlung ah um sehla, Sabbath le Sunday hi biaknak sungih buainak ah a tel timi vun ruah tikah – Sersiamtu (Thup 14:6,7) maw, asilole sahrang saw timi ahhin a tla thotho ih, sullam a nei zet a si. Thukam thar khalah seventh-day Sabbath maw, minung daan tuah mi saw timi thubuai hmaihruaitu kan nei thotho a si.

**Himi Bible cang hi siar aw:** (Matt 12:9-14, Johan 5:1-16). **Ziangmi thubuai in saw biaknak hruaitu pawl in Jesuh thah an duh?**

Mathai 12 ahkhan Jesuh in Sabbath ni ih kutzeng pa a damter hnuah (Matt 12:9-13), biaknak hruaitu pawl in ziangtin saw an let? “Asinan Farasi pawl cu an suak ih, Jesuh an thah theidan ding thu an ruat” (Matt. 12:14, NIV). *Seventh-day Sabbath ruangih thihnak maw?* Johan 5:1-16 ah nisarih ni ih mangbangza damternak dang a neih hnuah

hruaitu pawl cun, “Sabbath ni ih hi thil pawl a tuah ruangah Jesuh cu an hrem ih, thah an tum” (Johan 5:16 NKJV).

Minung thurosiah ruangih thihnak (Bible sungah Sabbath ni ai ah Sunday ni a ret dah lo vek ciah in, Sabbath ni ah mina damter lo ding timi khal a um lo) le seventh-day Sabbath ruang ih thihnak? Hitawk ih Jesuh thawn a ummi buainak vek ciahciah hi ni netabik ih thil a thleng dingmi buainak thawn an bangaw lo men thei, a sinan an nai aw zet ding: Minung daan tuahmi maw, Pathian daan tuah mi: an pahnih ih an doawknak bik cu Bible ih Sabbath thuhla hi a si.

**Pathian thupek pakhat ruangih thihnak maw? ziangtin saw cuvek ihsin a suahnak ding lamzin cu olsam te ih hawl a theih ding?**

#### **NIRUK NI (Friday)**

**June 20**

**Ruahbet ding: Siar ding :** Ellen G. White, “God’s People Delivered,” pp. 635–652, in *The Great Controversy*.

“Ziangtiklai khalah Pathianin vancungmi pawl hmangin, a mi pawl tanpi le rundamnakah hna a tuan theu. Vancungmi pawl khalin minung rundamnak dingah taima zetin hna an tuan ve. Nimthlakau vek hnipuan an thuamaw. Khual tlawng vek tlain an um. A lak len minung veldn Pathian mi pawl hnenah cun an lanaw theu. Sunah tla bang zet vekin sasaw thing daihnemah an cawl ve theu. Minung pawlih duhsak tla an hlauh ve theu. Khua in a thim hnanmi khualtlawng pawl bawmtu vek tlain an lang ve theu. An kutin biakthengih meisa tla an vang theu. Taninn tla awngin Bawipaih siahlawh mitang pawl tla an suah theu. Vanlam thuam thawn Bawipaih thlaanah tla lungpi hril dingin an rung dah a si.

Minung vekih thuamaw in vancungmi pawl cu mi dingfel pawl tonkhawmnak ah tla an telpi theu ih, misual pawl tonkhawmawknak ah tla an pal theu. Sodom khua an pal

vek khan misual pawl ih cangvaih dan le Pathian zahngainak ramri an lan cin tla theih an tum theu a si. Pathian cun zaangfahnak hi a duh zet. A hnatuantu mi malte pawl ruangah a huatmi pawl hrangah hman hnangamnak caan a tisau sak theu a si. Misual pawl hin, mi rinum an hmuhsuam zetmi mi malte pawl parah hin bat an nei ti an thei lo a si”—*Ellen G. White, The Great Controversy*, pp. 631, 632.

#### **RELKHAWM DING THUSUHNAK PAWL**

**1. Siar ding: 2 Timote 1:7. Thinhar ih in tuahtu bik simcianak hi relkhawm uh si. Ziangtin saw tihphannak thlarau kan thintlak thei ding ih, cule kan zumnak ruangih hremthah awknak thuhla relmi simcianak a um lai ah Pathian thucah ih ruahsannak cu kan hawl hmuh thei ding?**

**2. A tu ahcun thil thleng netabik ah Sabbath le Sunday cu a laimu bik ah a um ding timi hmuh ding hi harsa zet khal sehla, leitlun a thleng cak awkdan kan zoh thiam a tul. Himi thudik cun kan zumnak cu tulai thil thleng mi, ziangtik khal ih a thleng aw thei mi ah siloin Pathian kamsuak thu ih a langmi lawng ah thum aw dingih in zirh?**

**3. Daniel 2 kha ruat aw (bung 7 khal). Simcia vek ciah ciah in ram uknak pawl cu an ra um ih, an hlosal. Tuini ah san thuanthu zoh kirsal tikah simcianak vek ciahciah in a thleng timi kan hmu thei. Tuini ih kanmai thlirnak ihsin lalram pakhat lawng hi a ra thleng ding. Cumi pakhat cu ziangsaw a si, ziangah saw simcia vekin a ra tengteng ding timi kan zum thei?**

**ZIRLAI 13****June 21–27****CAAN NETNAK HMUIHMEL****SABBATH SIIMLAM**

**Tuizarh zirlai hrang siar ding:** Matt. 12:38–42; Jonah 3:5–10; Thup. 18:4; Dan. 5:1–31; Thup. 16:12–19; 2 San. 36:22, 23.

**Bible cangkan:** “Cule anih in an hnenah, Hebru mi ka si ih, tiffinriat le leilung a tuahtu Bawipa van Pathian cu ka tih a si, a ti’ “ (Jonah 1:9).

Tuizarh cu caan neta ih thil a thleng dingmi kan theihthiamnak fiang sinsin dingih in bawm theitu ding thuanthu kan zoh ding. Tui tum ah Nineveh ih Jonah hnatuannak; Babilon tluksiatnak; le Pathian minung pawl luatter ih, tiamcia ram ih tlungsal tertu Persia siangpahrang Sairah hung dinsuahdan thuhla pawl kan zoh ding.

Kan zir rero zo mi thuanthu dang pawl veki himi tuanthu ih thil a thleng mi khal hi hrin thlah tinkim ah sullam nasa zet a nei. Asinan Khrih a rung tum hlante ih hrinthlah awk netabik pawl hrang khalah a thupi thotho. Cumi cu hivek tuanthu ih thil a thlengmi phunphun ihsin “tulai thudik” kan timi theithiam deuh dingih in bawm tu dingah kan la thei a si.

Cumi rual in caan neta ih thil thleng dingmi hmuhter cianak thuanthu pawl hmuahhmuah ah thil pakhat kan cing ringring tulmi a um: thupi kauzet le thlithlam (duhsannak thlithlam) zoh dingih ralnin a tul tuk, cawang fate pakhat teten simfiang ding in buai ciamco hlah, simcianak kha dik lo zetin a suak ter sawn ding a si. Jesuh

ih tahthimnak vek in, a thupi sawn le bulhram hnget tha kan zoh sawn ding a si. Thuh mi thudik hrekhat hmuh ding ruahsannak thawn ziangkim kan hai ciamco ding a si lo. Cumi hnakin thuhlawm then, thu bulhram kan hawl sawn ding a si; cun himi ihsin caan neta ih thil thupi pawl kan hmusuak thei sawn ding a si.

**NIKHAT NI (Sunday)****June 22****Profet zangzel**

Jonah thuanthu hi (Jonah 1-4) tawifel zet a si ih, thuhla zir ding tamzet a nei. Zumtu tampi cun hi profet zangzel ahhin anmahten an hmu aw theu. Himi thuanthu ahhin hmailam caan ih thilthleng ding hmingsin tlak a tel a si.

**Siar ding:** Mathai 12:38-42. **Jesuh in daan thiam pawl le Farasi pawl a biak lai ah Jonah thuhla a ziangmi biksaw a rel? A thusimnak ah thuthennak thuhla ziang zir ding saw kan hmuh?**

Jesuh cun Amah cu Jonah hnaki a nasa sawn thu a rel. Hi leitlun ih a ratnak sullam cu thinglamtah a si ding timi khal a thei. Asinan “A hlomi hawl ding le rundam dingah” (Luka 19:10 ) a ra thotho. Jonah cu a sualnak ruangah ngapi pumsung ah ni 3 a um; Jesuh cu kanmai ruangah thlan ah ni 3 a um. Cumi cu a hlomi rundam dingih a ton mi a si.

Tuini ah Jonah cu Nineveh ih feh duh lo, profet zangzel tin kan thei. Minung thlirnak cun theihthiam a ol zet: Asiria mi pawl cun thuthennak raphlak zetzet an fehpi hai. Assiria mi pawl ih phardawl parih cangan mi ahcun nunsiatnak danglam zet hmuh ding a um: ralneh mi pawl cu hremnak dingih an ruat suakmi raphlak bik hmangin an hrem that theu. Zosaw an khawpi ah sualsirnak thuthangtha phuang in hmaiton duh tu ding?

Thuanthu ahhin tikcu caan thupi zet pakhat, caan neta ih a tangsun pawl cangvaihnak lam hoi thil a um: Jonah hnenah zo a si timi an suh tikah anih cun, “Hebru mi ka si ih, tiffinriat le leilung a tuahtu Bawipa van Pathian cu ka tih a si, a ti’ – A thu relmi cu vancungmi pakhatnak ih thucuh vek ciah a si (Jon 1:9; Thup 14:7). A ngaingai te cun, Bawipa cu, “tiffinriat le leilung a tuahtu’ “ a si lam thupi zet ih a ruah mi cun Bawipa cu Sersiamtu a si zia a khihhmuh a si rori ding. Himi thudik cu Amah kan biaknak san bik a si ih, biaknak cu caan neta ih thil thleng dingmi ih laimu bik a si.

Cumi rual in kannih khal thlarau lam Babilon pawl hnenah thucuh larlo zet phuang suak dingih fialmi kan si. “ka mi pawl, kha nu ih sung ihsin ra suak uh” tiih rel cu sualsirnak nei dingin leitlun mi pawl hnen ih phuangsuaknak a si – cui thucuh cu ngilnei theibik ih phuang a si hman ah - mi tampi cun thil tha lo in an rak let ringring theu. Thu theihpi tu kan si lai ahhin zo in saw letnak tha lo, asilole huatnak tivek tong lo ih um dah theu? Cui thil cu “hnatuan” thawn a feh tlang dingmi a si.

**Nangmah ahhin zianghmuah saw Jonah nun na hmuh awk? Ziangtin saw hivek lungput dik lo hi na hrial thei ding?**

**NIHNIH NI (Monday)**

**June 23**

**Sirawknak hnatuan**

Jonah cun Niveneh mipi pawl hrangah thucuh danglam zet a nei. “ Cule Jonah cu khawpi sung ni khat feh bannak ah lut in, Nineveh cu ni sawmli a kim hlanah siatsuah a si ding, tiin a au vivo!’ “ (Jonah. 3:4). A fiang tuk in a lang: hmunram cu siatsuah a si zo. Ngaingai te in cui thil cu Bawipa ih profet ihsin a suak mi thu a si ko lo sawm?

Asile, Nineveh khawpi cu ziang a cang?

**Siar ding: Jonah 3:5-10. Ziangruangah saw himi simcianak hi a thlen famkim lo?**

Khawpi pumhlum in an soal an sir aw, siatsuah ding simcianak cu caan reilote sungah phelh sal a si. “Hloral lan ding an sinak cu phelh sal an si. zumlotu pawl leitlun ahhin Israel Pathian hmin cu cawisang le sunlawih in a um. A daan ngai thupitnak cu a um lehsal. Kum tam zet a liam hnuah Pathian an theihhngilh ruangah le an puarthau lutuk ruangah Nineveh cu an kiangkap hnam pawl kut ah an tlu rupri”—*Ellen G. White, Prophets and Kings, p. 271.*

Caan neta ah a tlusia zo mi leitlun ih thucuh netabik kan phuang ahhin hivek ngah ve dingin kan ruat ngam ve kem? Cumi letnak cu *Aw le Aii* tin a um. Cumi cu leitlun pumhuap ih mi tam zet cun, “Ka mi pawl tla, a sualnak ih rak tel vetu nan si lonak dingah le amah hremnak pawl nan rak tuar ve lonak dingah kha nu ih sung ihsin ra suak uh” (Thup 18:4) tiih kawhnak hi zianghman ah an siar lo ding. Cule Leitlun pumhuap ah mi tamzet cu an ding hnget ding ih, Sahrang an dokalh ding. Cule “Pathian thupek pawl le Jesuh ih rinnak an kilkhawi” ding (Thup 14:12). Hi minung pawl cu Nineveh mi pawl vekin hloral pawl parih a tla mi thuthennak ah an nunnak zuah an si ding.

Cumi laifang ah a hrekkhat simcianak – Nineveh siatsuah an si ding tiih Pathian ih a than vek pawl cu bituk um(\**san le vang ummi, thlun ding a telmi*) simcianak a si; mipi pawl cu an soal tlansan in an her kirsal lo ahcun siatsuah an si ding (Jer 18:7-10). Asinan simcianak dang pawl cu bituk um lo in a ra ve lo. Annih pawl cu minung in ziangvek ih an rak let hman ah an thleng famkim tengteng ding a si. Khrih veikhatnak le veihnihnak a ratnak ding Messiah simcianak, sahrang hmainsinnak, natsia burh ding, hremthat awknak netabik – hivek pawl cu bituk um

pawl an si lo; annih cu minung ih thil tuahmi zianghman siar loin an ra thleng ding. Minung ih a tuah mi le tuah ding ih a hril mi cun profet hmangih caan netabik ih thil a thleng dingmi simcianak ah khuitawk lam hoi in an um timi a sim ding a si.

**A tu ih duhhrilnak na tuah mi cun leitlun ah milem biaknak le Pathian biaknak thubuai a um tikah ziangmi na hril ding timi thutluknak na tuahnak ah ziangsaw a lo bawm thei ding?**

**NITHUM NI (Tuesday)  
Belshazzar ih puai**

**June 24**

Medes le Babilon mipi (Nebuchadnezzar pai' kaihhruainak in) ralkap tangkop pawl hmangin Nineveh khawpi an siatsuah (612 B.C )hnuah, Babilon cun thangphawknak tonnun nasazet an nei, khavak cu an daan petu ropi Hammurabi a um ihsin khawpi hin a rak hmu dah kel lo. A tu ahcun Assiria raalsim buainak ihsin a zalen tu Nebuchadnezzar kut hnuaiiah Babilon cu lennak lamah le thu neihnak lamah a thangso zet ih, a kiangkap ih um miphun pawl cun a uknak hnuai ih um ding duh lo zet khal sehla duhhril ding an nei lo. Anih cu leitlun siangpahrang nu a si ih, neih nunnak duh miphun pawl cun a parih an rinumnak an phuangsuak theu.

Cumi lai ah kan theihban tawk ahcun Nebuchadnezzar cun Daniel ih Pathian cu miphun pawl hmuahhmuah thuthentu dik a si timi a phuang ih, (Dan 4:34-37) zumtu vekin mual a liam. Daniel in a run sal leh mi cu Nebuchadnezzar sawngsintu, Belshazzar thuhla a si.

**Siar ding:** Daniel 5:1-31. **Himi thuhla ihsin ziangmi thlarau lam thucah thupi zet saw kan lak thei ding? A netnak ah ziangmi in saw Belshazzar tlu ter?**

Himi thuhla ih riahsiat thlak bik cu Daniel 5:22 ahhin a um men thei. Daniel cun siangpahrang hnenah Nebuchadnezzar ih tluksiatnak le tundin salnak a rel thluh hnuah a hnenah, “ ‘Asinan nang a fapa, maw Belshazzar, hi thil hmuahhmuah hi na thei na’n, na thinlung na hnuaidor duh cuang lo’ “ tiah a ti. Thudik theihnak ding caan tha a nei ko na’n; Nebuchadnezzar hnen ih thil a thlengmi pawl a mit rori in hmu khal sehla – hivek thil thlengmi pawl hi a ngaihsak duh lo ih, a hlan ih hna rak tuantu pawl buainak nasa zet thlennak ding lamzin cu a hril sawn a si.

Nebuchadnezzar in sui milem zuk a din vek ciah in Belshazzar cun langngan zetin Daniel Pathian ih simcianak cu a dokalh. Biakinn kheeng pawl cu a borhbah zetin a hmang ih, Babilon cun Judah pawl a doneh ih, tu ahcun an Pathian biaknak thilri pawl a doneh a si tiin uar zetin a rel a zum um zet. Phundang ih kan sim ding asile, an thihnak ding simcia tu Pathian nung tlun ah thuneihnak an nei ringring lai a si.

Belshazzar in Pathian dokalh lo dingin thutheihnak tamzet nei khal sehla a dokalh thotho. Thudik thei dingin theihnak a nei tawk tuk zo; buainak cu a thinlung lam a si sawn. Caan neta ahcun, leitlun ih harsatnak netabik a thlen tikah mipi pawl hnenah thudik theihtheinak tikcu caan pek an si ding. Belshazzar vekin an duh hrilnak fiangter tu cu an thinlung a si ding a si.

**NILI NI (Wednesday)  
Euphrate tipi a kang**

**June 25**

Babilon pawl ih an caknak pakhat cu an kulhpi hnuai ih Euphrates tiva pi luang hurho hi a si, cumi cun khawpi cu tidai hnianghnar zetin a tuah. Cumi ciah cu an caklonak khal a si thotho. Hlansan Babilon siangpahrang bawinu Nitocris cun khawpi lam fehnak lamzin a thansoh theinak dingah tiva tluan lam ah lei lam hnatuannak a

buah ih, cule cumi ahcun lawng hnatuantu pawl in nuam zetih hna an tuan theinak dingah tipi cu dum tipi lam ah a feh peng ter. Cutivek in Sairas cun a buah ve thei ti a thei, kulhpi hnuai ih a ralkap pawl hruai thei ding khawp in Euphrate tipi a phit kang. Khawpi kulh sunglam ih an um tikah khawpi kiltu um lonak lam ih tiva a luang vivo mi a hmu ih, cutin zankhat thil ah khawpi cu a tlusia hngal. Hlansan Grik santhuanthu nganthiam zet Herodotus cun, “Babilon khaw laili hrawng ih a ummi pawl cun khawpi leng deuh ih kilhimnak pawl cu an tlusia thluh zo timi an thei ri ai lo. Ziangatile cui caan cu puai caan a si ih, an zaten an lam ih, anmah ten nuam an tawl rero a si” tiah a ti - *Herodotus, The Histories, Tom Holland, trans. (New York: Penguin, 2015), p. 94.* Himi hi Daniel 5 ih a tarlang mi puai tho tho kha a si kem maw?

**Siar ding:** Daniel 5:18-31 le Thuphuan 16:12-19.  
**Thuphuan cabu ih natnak hrekkhaw pawl le Babilon tluksiatnak thuanthu karlak ahhin ziangmi bangawknak saw na hmuh?**

Tikcu caan hmingsinnak fiangzet ih in simfiang dingin Jesuh cun a dungthluntu pawl hnenah, “Cuiruangah harhvang in um uh: ziangatile ziang tikcu ah nan Bawipa a ra ding ti nan thei lo. Asinain hihi thei uh, inn neitu in ziang tikcu ah rukru a ra ding ti rak thei cia sehla cu a kil ding ih a inn cu a bauhter lo ding” (Matt 24:42,43) tiah ralrinnak a pek. Babilon a tluksiat vek ciah in Khrih a rung lang tikah tulaisan ih Babilon cu an mangbang zet ding. Ziangkhal sehla, hivek in mangbang zetih rak um ve a tul lo; simcianak pawl ah Jesuh a rungtum cing ding hmuhsaknak tamzet cu famkim zet in pek in kan um zo.

Leitlun hi mangbangnak in a kai tang maimai zik lo, ziangatile Pathian ih simciannak zianghman siar lo ih an rak hnong men ruangah a si: Asinan thil a thleng dingmi Pathian ih relmi zum duh lonak an hril ruangah an mangbang zet ding.

**Siar ding:** Thuphuan 16:15. **Hivek ih sancemnak ding ih ralrin peknak kar lak khal ahhin, ziang thuthangtha saw hmuh a si? “Lawngfangkkeh ih um” lonak dingah timi sullam hi ziangsaw a si?**

**NINGA NI (Thursday)**  
**Sairas, hriakthih**

**June 26**

Sairas in Babilon khawpi a lak ahkhan Pathian minung pawl ih saltannak kum pawl a cem tikah Persia pawl cun tiamcia ram lam ah kir leh sal in, biakinn saksal theinak an pe. Sairas hnuai ah Persia ram uknak cu santhuanthu ih hminthang bik ah a hung cang, santhuanthu ngan thiam zet Tom Holland cun, “Leitlun ih a hmuh zo mi lakih ram finkhawm aw tum bik a si” tiah a ti—*Tom Holland, Dominion Basic Books, Kindle Edition, p. 25.*

Peria mi pawl lakih an tuahdan theu vekin Sairas cu “Siangpahrang ropi” asilole “siangpahrang pawl ih Siangpahrang” ti tiangin an ko.

Sairas cun Khrih cu a kawhhran hrangih a ratsal tiki thil a thleng dingmi a rak zohter: Anih cu nisualnak lam ihsin a ra dingmi siangpahrang (Matthai 24:27 thawn zoh kop aw), Babilon dotu le A mi pawl cu a netnak ah Babilon tlansan in, tiamcia ram ih kirsal dingih luatnak a petu kha a si (Thup 19:11-16). Himi ruangah Pathian in Sairas cu “A hriak thihmi” (Isaiah 45:1) tiah a ti; himi Persia mi lar zet pa cun Pathian minung pawl a suah zalen men lo ih, Babilon a donak hi Khrih veihnih a ratsalnak ding zohtertu khal a si tho tho.

**Siar ding:** 2 Sansiarnak 36:22,23. **Ziangvek lamzin in saw Sairas ih thuanthu cu Nebuchadnezzar ih thuanthu thawn bangawknak an neih? Ziangvek lamzin in saw an bangawk lo? An thusuah thupitnak kha ziangsaw a si?**



**Cumi pawl hmuahhmuah ah, himi in kum zabi tampi hnuh Jesuh a rat hmaisabiknak ah ziangmi thupitnak saw a neih?**

Tuisan Thukam hlun cabu cu Malakhi ih cem dingin an buah danglam thluh. Asinan cumi cu a hramthok ahcun Thukam hlun hi Sairas ih thuphuang suahnak ahhin a cem a si. Canon Cathianglim ih a run um lehsal dingmi cu Matthai hi a si, cumi cu Sairak thawn bangaw ih hmuh mi Khrih suahnak ihsin thok ding a si. Sairas in lei biakinn sak kirsal dingih a bom lai ah; Jesuh cun vanlam hmun thianglim ah hna a tuan ding- A ratsalnak ding le kan luatnak ding lamah in hruai ding.

Sairas cu Khrih ai-awhnak famkim zet cu a si lo: ziangvek tahthimnak khal hi a ciahciah tivek a um dah lo, cule thil fate takte tiang in tampi siar ciamco lo dingin kan ralrin a tul. Ziangkhal sehla anih cu, “Rundamtu” tahthimnak vek in hna a rak tuan a si.

**Pathian in a duhmi buah dingin pathian dang biami siangpahrang cu hmnsin tlak zet in a hmang. Lenglam ah kan hnen ih thil a langmi hnong cing khal in ziangtin saw caan rei zet sung Bawipa simcianak veki caan neta lam ih thil a thleng dingmi cu a thleng ngaingai ding timi thudik hi kan zir thei ding?**

**NIRUK NI (Friday)**

**June 27**

**Ruahbet ding: Siar ding:** Ellen G. White, “The Unseen Watcher,” pp. 535–538, in *Prophets and Kings*.

“Miphun hung dingsuak mi hmuahhmuah pawl cu Kilkhawitu le Mi Thianglim Pakhat ih tumtah mi an famkimter ding le ding lo timi hniksagnak dingah hi leitlun ih an um ding siansak an si. Simcianak cun leitlun ih lalram ropi: Babilon, Medo-Persia, Grik, le Rom pawl an ra din suahdan le an thansoh dan pawl cu a hliakhai. Himi

lalram pawl tlun ahhin lalram tenau sawn ih thil a thlengmi vek kha a thleng ve thotho. Anmai tikcu caan cio ah hniksagnak an tong; an tling lo thluh, an ropitnak a ziam ih, an huham pawl cun a suahsan thluh. Ram miphun pawl in Pathian kaihhrainak an hnon tikah himi hnongnak cun anmah an siatsuah aw ngah ih, asinan ziangvek tikcu khalah Pathian lairelnak le a tumtah mi langternak cu a um ringring “—Ellen G. White, *Prophets and Kings*, p. 535.

Jeremiah 18 ahkhan Jeremiah cun beel tuahtu in beel tuahtu ih a buah dinginmi a buah lai a hmu: a buah theinak ding ziangvek khal a buah. Beel tuahtu cun a tlak cu a hmang, Cumi cu Pathian cun Bible sung ih bituk nei simcianak kaihhruai awkdan simfiangnak ah a hmang. Kan theihfiang theinak dingin Pathian cun Jeremiah hmangin a rel, “Miphun thuhla ah siseh, lalram thuhla ah siseh, annih cu phawi suak dingin le diir thla dingin le siatbal dingin ziangtik khalah ka rak tong a si hmanah, Cutiuh ka rak thanmi miphun cu an thilthalo buahmi an bansan a si ahcun, an parih thilthalo buah ka tummi ihsin ka sirawsal ding a si. Cun miphun thuhla ah siseh, lalram thuhla ah siseh, annih cu din dingin le phun dingin ziangtik khalah ka rak tong a si hmanah, Ka mithmuh ah thilthalo a buah ih, ka aw a ngai duh lo a si ahcun, ka hlawhtlingter ding tiuh ka rak timi thiltha ihsin ka sirawsal ding a si” (Jeremiah 18:7-10)

**RELKHAWM DING THUSUHNNAK PAWL:**

**1. Thutak ihsin tlanhlo zo Pathian minung pawl hnakin Nineveh pawl hrangah thuthennak a olsam sawn ding tiuh Jesuh ih a relmi hi vun ruat aw. (zoh aw Matt. 12:39–42.) Himi ralrin peknak ihsin Pathian kawhhran pawl in ziangmi zirlai an la thei ding?**

2. Ellen G White in lalram rung um mi pawl ih “tuanthu cu a her aw sal rero” a timi hi hminsin aw.—Ellen G. White, *Prophets and Kings*, p. 535. Simcianak ih lalram a tarlang mi pawl lakah ziangmi saw langsar cuang bikih na hmuh? Ziangmi lamzin in saw simcianak lamzin thocho cu an thlun? Ziangtin saw a tu kan leitlun khal in a rak thlun ve?

3. Zumnak ihsin minung a kilkhawitu cu fimnak le ruahnak siloin thinlung sawn hi a si timi hminsin aw. Himi thutheihnak in midang hnenih thutheihpitu na sinak ziangsaw thupitnak a neih?

**MORNING WATCH**  
**(Nitin Bible siar ding)**  
**APRIL**

1. Nithum ni	2 Siang	4:40
2. Nili ni	Thufim	19:5
3. Ninga ni	2 Siang	6:16,17
4. Niruk ni	Jonah	3:10
<b>5. Sabbath ni</b>	Hosea	8:4
6. Nikhat ni	Hosea	4:6
7. Nihnih ni	2 Siang	15:34,35
8. Nithum ni	Isaiah	55:6,7
9. Nili ni	Thusimtu	10:16
10. Ninga ni	2 Sansiarnak	31:20,21
11. Niruk ni	2 Sansiarnak	32:26
<b>12. Sabbath ni</b>	2 Sansiarnak	32:7,8
13. Nikhat ni	Seemtirnak	22:18
14. Nihnih ni	2 Sansiarnak	33:9
15. Nithum ni	2 Siang	23:3
16. Nili ni	Jeremiah	6:16
17. Ninga ni	Jeremiah	20:9
18. Niruk ni	Ezekiel	21:27
<b>19. Sabbath ni</b>	Jeremiah	44:28
20. Nikhat ni	Jeremiah	32:27
21. Nihnih ni	1 Samuel	2:30
22. Nithum ni	Daniel	2:47
23. Nili ni	Isaiah	43:2
24. Ninga ni	Daniel	4:37
25. Niruk ni	Daniel	5:17
<b>26. Sabbath ni</b>	Daniel	6:28
27. Nikhat ni	Jeremiah	29:11
28. Nihnih ni	Haggai	1:4,5
29. Nithum ni	Zekhariah	3:4
30. Nili ni	Haggai	2:7

**MORNING WATCH**  
**(Nitin Bible siar ding)**  
**MAY**

1. Ninga ni	Esther	4:14
2. Niruk ni	Ezra	7:27
<b>3. Sabbath ni</b>	Ezra	9:6
4. Nikhat ni	Nehemiah	2:10
5. Nihnih ni	Nehemiah	4:6
6. Nithum ni	Nehemiah	5:12
7. Nili ni	Nehemiah	6:8
8. Ninga ni	Nehemiah	8:12
9. Niruk ni	Nehemiah	13:8,9
<b>10. Sabbath ni</b>	Mikah	5:2
11. Nikhat ni	Isaiah	27:6
12. Nihnih ni	Isaiah	25:8
13. Nithum ni	Mikah	7:18,19
14. Nili ni	Rom	8:7
15. Ninga ni	Saam	139:23,24
16. Niruk ni	Thufim	28:13
<b>17. Sabbath ni</b>	Jeremiah	29:13
18. Nikhat ni	Ezekiel	36:26
19. Nihnih ni	2 Korin	5:17
20. Nithum ni	1 Piter	2:1-3
21. Nili ni	1 Korin	7:24
22. Ninga ni	Johan	17:3
23. Niruk ni	Filipi	4:6
<b>24. Sabbath ni</b>	2 Piter	3:15,16
25. Nikhat ni	Thufim	3:5-8
26. Nihnih ni	Matthai	1:23
27. Nithum ni	Johan	1:11
28. Nili ni	Galati	4:4,5
29. Ninga ni	Luka	2:10
30. Niruk ni	Luka	2:29,30
<b>31. Sabbath ni</b>	Matthai	2:2

**MORNING WATCH**  
**(Nitin Bible siar ding)**  
**JUNE**

1. Nikhat ni	Luka	2:40
2. Nihnih ni	Luka	2:49
3. Nithum ni	Saam	119:11
4. Nili ni	Marka	1:2,3
5. Ninga ni	Matthai	3:15
6. Niruk ni	Matthai	4:1
<b>7. Sabbath ni</b>	Matthai	4:10
8. Nikhat ni	Johan	1:50
9. Nihnih ni	Johan	2:4
10. Nithum ni	Johan	2:16
11. Nili ni	Johan	3:3
12. Ninga ni	Johan	3:29,30
13. Niruk ni	Johan	4:13,14
<b>14. Sabbath ni</b>	Johan	4:48
15. Nikhat ni	Johan	5:30
16. Nihnih ni	Matthai	11:9
17. Nithum ni	Marka	1:15
18. Nili ni	Luka	4:22
19. Ninga ni	Matthai	4:19
20. Niruk ni	Luka	4:32
<b>21. Sabbath ni</b>	Luka	5:22,23
22. Nikhat ni	Matthai	9:9
23. Nihnih ni	Luka	6:5
24. Nithum ni	Marka	3:13,14
25. Nili ni	Matthai	7:24,25
26. Ninga ni	Luka	7:9
27. Niruk ni	Matthai	12:50
<b>28. Sabbath ni</b>	Matthai	11:28
29. Nikhat ni	Matthai	8:26
30. Nihnih ni	Matthai	9:22