

KHANGHAM SABBATH SCHOOL  
LAISIANGTHO SINNA

# Paikhiatna

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ရှေးသားသော

**Exodus**

စာအုပ်အား

သိက္ခာတော်ရမ္မဆရာ ဦးမိုးခိုင်ငိုခေါ်နန်မှ  
တီးတိန်ချင်းပြန်ဆိုသည်။

July, August, September  
2025

Sabbath School Lesson

တီးတိန်ချင်းဘာသာ

ပုံနှိပ်သူ

ဦးဖုန်းနိုင် (၀၀၃၅၄)

မန်နေဂျာ

ကင်းစောင့်ပုံနှိပ်တိုက်

၂၀၆ ရွှေသစ္စာလမ်း၊ ရန်ကင်းမြို့နယ်

ရန်ကုန်မြို့

ထုတ်ဝေသူ

ဦးမိုးမိုးလှ (၀၀၅၈၉)

ဥက္ကဋ္ဌ

ခရစ်တော်ကိုမျှော်လင့်သော

သတ္တမနေ့အသင်းတော်

၆၈ ဦးဝိစာရလမ်း၊

ရန်ကုန်မြို့

အုပ်ရေ - ၁၂၀၀

ဓမ္မဒါန

ပထမအကြိမ်

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## Paikhiatna: Kamciam Gam Zuan Khualzinna

Paikhiatna laibu sunga Pasion pen itna tawh Ama hun ciamna ombangin nasiatak in nasem in Amite tungal gupna hotkhiatna a piapa ahi hi (*Pian. 15; 12-16*). Egypt gam pan paikhia in Tuipisan kantanna in a lamdan mahmah Pasion nasepna ciaptehna ahi hi. Singlamteh ma in Israel mite lakah thupiayang lianzaw leh minthangzaw dang omlo hi. Tua in Moses tungtawn lungdamthu ahi hi.

Pasion in Hebrewte tungah amau' nungtolhna t pampaihsakzah in a lamdang takin Ama' deihsakna leh kepcinna teng lak tawntung hi. Pasion' hehpihna in amaute theihna leh thuakna teng khengval lai hi. Ama khutte zan in Topa in Amite suahtakna lamah makaih hi. Hihbang in lam-et lohpi in Pasion' hong lailutna tengper Egypt panin Canaan lam zuan in amaute leh Pasion khualzinna thak kipatkikna ahi hi.

Moses in zong Paikhiatna laibu sungah a thup panmun khat len hitaleh, hih laibu pen Moses' tangthub hizawlo in Pasion' tangthu - itna Pasion, thumaan, thutang suahtakna leh maisakna Pasion hi a, Singlamteh dong eit a dingin a paingam Pasion ahi hi. Paikhiatna laibu kisinn tawh eite Pasion in koici bang Pasion taktak hiam ci encian ding hihang.

Amah koibang dan taktak hiam? Amite thumaan hetlo mahleh zong amau' tungah a thumaan tawntun Pasion ahi hi. Amaute te in lehdodo lel taleh amaute dingin Amah a kisa den in om hi. Ama' hehpihna la denden in thapia den, thuhilh den in vantungpan makaih den hi. A hoihpen lampi tawtpih in, amauti in Amah leh Ama' omzia itna hangin amau' hoihna dingin Amah bi ding deih hi.

Moses' Pasion in ki kawlhkhawpna Pasion ahi hi. Pasion' ngimna thupipen in geelna khatpeuh picingsak pak ding ciangbek hilo a; a lianpen Ama' ngimna in Israel te tawh khatna nei kikhawlhna neinuam hi. Ama' teelsa mite tawh tua kikhawlhna kipsak dingin Sinai ah paipih hi.

Sawltak Paul in a beisa hun sunga Pasion' mite tungah a tung thute pen tulai eite a dingin amaute' khialhna tungpan pilna ngahthei in thumaan takin Topa' nung zuihtheihna ding ahi hi: "*Leitung beikuan a om eite a dingin hih thupiang te i ettel ding thu hi a, eite hilhkhohlna dingin laisung ah a kiciamteh thu ahi hi*" (1 Cor. 10 11). Hih a beisa thupiang tengpen hilhkhohlna leh tulai eite a dingin manggilh theihloh ding pattahna zong hipah hi. Tuate eite'n sim in, kisin in, pilna la ding hihang. A pianzia ki lamdang phial taseleh a nunglam a khathu tawh kisai thukhun in kibang lel hi.

Hih kaal 13 sungteng in Paikhiatna laibu sin ding geelkholna pen kimusiang lel hi. A laibu pen kaalsim sim dingin kikhen kham a (1) Egypt ah saltanna, Moses a suahna leh a kum masa 40 teng (Pai. 1-2). Moses thu a kipiakna (Pai. 3-4). (3) Buaina : nuntak haksatna (Pai. 5-6) (4.) Gimna kua teng (Pai. 7-10) (5) Gimna sawmna leh Paisanpawi khaamna (Pai. 11-12) (6) Egypt pan suahtakna, Tuipisan ah phutkhak teng (Pai. 13-15). (7) Sinai dong khualzinna (Pai. 16-18). (8) Pasion in thukimtuahna leh Thupiak Sawm a piakna (Pai. 19-20). (9) Pasion thukham piakkhiatna (Pai. 21-23) (10) Thukimtuahna kipsakna leh Biakbuk lamdang geelna (Pai. 24-31). (11) Kham bawngno tawh lampialna leh (Pai. 32) (12) Pasion' kilaakna leh Moses' maitang vun taanna (Pai. 33-34) (13) Biakbuk kilam in ki aap (Pai. 35-40).

Nipikaal simin a thulu te leh hong kipia laisiangtho mun tengpan in sin ding hihang.

Hih laibu i sinkawm un Topa in thpha hongpia henl. Amite saltanna panin suahtakna, sihna panin nuntakna leh gamlak panin Jerusalem thakah hong makaih nuan hi (Heb. 12: 22).

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**Lesson 1**

June 28–July 4

**NENNIAMNA: MOSES' SUAHAH LEH ANUNGTHU****SABBATH NITAKLAM**

**Tukaalsung Simding:** *Pai. 1:1–22; Pian. 37:26–28; Pian. 39:2, 21; Sawl. 7:6; Gal. 3:16, 17; Pai. 2:1–25.*

**Kamngah:** “Israel mite a salsuahna uhah amau’ kikona Pasian kiang tung hi. Pasian in amau’ thumna za hi. Pasian in Abraham, Isaac leh Jacob tawh a thuciamna phawk hi. Pasian in Isael mite mu in amaute’ omzia zong a thei hi.” (*Paikhiatna 2:23–25*).

Paikhiatna laibu in nenniamna, simmawhna, bawlsiatna, suplawhna leh nuaisiah na cihte ciaptehna vive ahi hi. Tuni in zong pampaih, nawlkhin leh saltangte in zong lam-etna a neihtheihna ding thu in, Hebrew te a honkhia tua Pasian hang mah ahi hi.

Paikhiatna laibu in eima nuntak sungteng nuntakna galdona, thutanglo tawh bawl siatna cihte hong gen hi. A thuaksia Pasian’ mite a dingin Pasian mahmah a lailutna tangthu tawh tha ngah ciat ding hihang. Pasian in nenniam thuakte kikona za, amau’ gen-theihna muhsak, amau’ khituute ciamteh in a thuaksiatna vuah huhding in hong pai hi.

Pasian in Amah a muangte a ding in hong kalsuan masa den hi. Eilampan in Ama’ hong piak bangbang upna tawh sang ding hihang. Tua ahiah manin Paikhiatna laibu

a sin ihi a, Zeisu hong sepsak teng hong lakkhia ding hi. Tatkhiatna, suahtakna leh anunung pen hotkhiatna laibu hi a, Zeisu Christ in eite a dingin hong koihkhol sak upna tawh saan ding eima aa ahi hi.

Buaina leh khuamial sungah Pasian mitsuan gig peuhheng, Ama’ hong ompihna, hong donna, hong kepna leh “Kamciam Gam” dong hong makaihna ki phawkkh thei hi.

**SUNDAY**

June 2

**Egypt ah Pasian’ Mite**

Paikhiatna laibu pen taanglai pek a kigelh cilla kamhonna zui in Hebrew pau in **shemot** kici a, Zomi pa in “**minte**” ahi hi. Pupi Jacob innkuan min teng mah, kipatna ah kigualsuk pah deudau hi.

**Paikhiatna 1:1–7 simin. A sih-thupit mahmah bang thu om hiam?**

Paikhiatna laibu pen Pasian’ thupha phawksakna tawh kipan ngiat hi. Tuanpu Jacob leh a innkuan un Egypt a lallai un mimal 70 pha uh a (*Pian. 46: 27; Pai. 1: 5*). “amaute pungin tampitak pha uh a, nakpi takin khang ul ahih manun Egypt gam ah dim uhhi” (*Pai. 1:7*). Amaute paikhiat lai un “numei leh naupang simloh pasal tul zagui pha uhhi” (*Pai. 12:37*).

**Paikhiatna 1:8–11 simin. Israel te a paikhiat la un koibang hun laitak ahi hiam?**

Laisiangtho mun in Israel mite Egypt ah a omna tangthu pen khuamial tawh lak hi. Paikhiatna laibu zong Egypt nasem makaite khutnuai ah saltang in Hebrew mite nasep tawh nengniam dikdek cih tawh kipan hi. Paikhiatna laibu tawpna leuleu ah, Pasion in amaute giahphual laizang ah buk tawh uap in lungmuanna tawh hehnem hi (*Pai. 40*). Hih thu kilehbulh nih lakah Pasion galzawhna ki pulak zaw hi. Topa in Amite sal panin a hotkhiatna in Tuipisan hong in; tualai hunin gal thahatpen te susia in, gitlohna tungah a gualzawhna hong pulak hi.

Tua tangthu in thu langnih hong lak a, Israel “ki nengniam semsem pung in khang semsem” (*Pai. 1:12*) cih. Mihing in koibang peuh in gelgel taleh, mihing’ muhna ah lam-et bei dikdek phial mahleh, Pasion mah ukpipa ahih manin Amah’n honkhia ding hi.

**Joseph a theilo kumpi thak khat hong khang hi. Hih tangthu panin hun hoih khat peuh pen hoih lel hang e cihlohna ding koibang in hong hilhkhoh hiam?**

**MONDAY**

*June 30*

**Tangthu ii Anung Thu**

Jacob’ innkuan Canaan kialpi pan Egypt hong tun tuung un (*Pian. 46*) Egypt kumpipa in Hebrew mite tungah na thunuam mahmah hi. Joseph in Egypt a dingin a sepsak sa teng hang ahi hi.

“Pharaoh in Joseph kiang ah, ‘Egypt gam khempeuh a uk dingin nang kong teal hi’ cih. Tuaciang in Pharaoh in a min gelhna zungbuh ama’ khut tungpanin suahkhia in, Joseph khutah bulh a, puan hoih mahmah tawh amah zeem in, a ngawangah kham khainiang khat oksak hi. Ama’ leeng nihna tungah Joseph tuangsak a, ama’ mai ah ulian te kiko a,

“khukdin un” cih. Tua ahih ciangin Egypt gam khempeuh uk in amah akoih hi” (*Pian. 41: 41-43*).

**Egypt ah haksatna tawh a kipat khit ciangin Joseph’ gualzawh sesena banghang hiam?** (*Pian. 37:26-28 leh Pian. 39:2, 21.*)

Joseph’ tangthu i a nungthu ahih tuak phadeul pen teng anuai a bangin: Kumpi thak (*Pai. 1:8*), Joseph theilo tua kumpi in **Ahmose** (1570-1546 BC) ahi hi. Tu zom ah Israel mite khang sa lua in a nengniam masap **Amenhotep I** (1546–1526 BC) hi. Hebrew Pasalno suaktuun peuhmah sihdaan a piapa in **Thutmose I** (1525–1512 BC) hi. A tanu **Hatshepsut** (1503–1482 BC) in ama’ tapa dingin **Moses** la hi. Pharaoh **Thutmose III** (1504–1450 BC) pe **Hatshepsut** tawh tawmvei sung kithuah kha uh a, Paikhia laitak in pharaoh ahi hi.

Paikhiat hun pen hunlem pen 1450 BC March kh sung hi (William H. Shea, “PExodus, Date of the,” *The International Standard Bible Encyclopedia*, edited by Geoffrey W. Bromiley et al., vol. 2 [Grand Rapids, Mich.: William Eerdman, 1982], pp. 230–238). Paikhiatna thu telcia nading in: *Pian. 15:13–16; Pai. 12:40, 41; Thuk. 11:26; Kum. 6:1 Sawl. 7:6; Gal. 3:16, 17*).

Paikhiatna alian khatna in hun saupi la hi. Joseph hun; a Pa Jacob leh innkuan bup un Egypt hong lut uh pa kipan, Pharaoh in naungeek sihdaan a piak dong ahi hi. om uh kum phazah taktak kinial keei kawmkal ah kun tampi bel hi a, tua sangin Topa in Amite gamdang a saltang cih thei in mangngilh ngeilo ahihna thupi zaw hi.

Hebrew mite in Egypt ah a om sung thupiang tampi theih zawhloh hitaleh, tu in (1 Cor. 13: 12) ah hih laimai te tung ah Pasion sepna teng in Laisiangtho bupsung taan zeizai hi. Thusia tampitak om tase leh, tua mun ah Pasion na omden a, hun hoihlo sung mahah Amah muang thei veve ding hihang.

**TUESDAY**

July 1

**Hebrew Naudomte**

Piancil laibu telcian masalo peuhmah in Paikhiatna laibu zong kitelzo ngiatlo hi. Jew mite Egypt ah a lal khit tawlkhat sung daihna hauhna tawh nuam a sak khit ciangun saltang uhhi.

Amite' pen haksatna sungah ki nusiicip bang ahihteih hang, Pasion in bel nusiicip samlo hi. Hebrew mi tampitak mah haksatna sungah lungkia cih kician lel hi. Tuabang in haksatna sungmah ah Topa hong pai in Ama' khut thahat tawh huh hi. Topa in Ama' nungzuite thapia a "Haksat hun ciangin Keimah hong ko un. Note kong honkhia ding a, Note in Keima' min nong thangsak ding uhhi" (Late 50:15).

**Paikhiatna 1:9–21 simin. Naudomte in cihtakna tawh bang hih uh a, bang hang in tangthu sungah kiciamteh liang thei hiam?**

Paikhiatna laibu sungah Pharaoh te min omlo hi. "Pharaoh" kici ziau a "**kumpi**" a cihna hipah hi. Pharaoh peuhmah pen Ni' ta **Ra** (Osiris or Horus) hi a, leitung ah pasian khat hipah ci in Egypt mite'n um uhhi. Egypt' pasian lianpen in Ra hi a, Ni hipah ci uhhi.

Hih "pasian" tuazah in vanglianpa in, nausuaksan nupite upna a lehlam in paipih zolo hi. Pharaoh te' min omloh hang naudom nupi tegel min om a, **Shiphrah** lei **Puah** (Pai. 1:15) hi uh a, Pasion kihta mi ahiah manun k pimuh mahmah bilbel hi. Leitung bek a uktheite sangin Pasion a zahtak zaw mite tungah, gitlohna tawh Pharaoh thupiak te in bangmah hih zolo hi (Sawl. 5: 29). Tuaban in Pasion in thupha pia a innkuan lianpipi suak uhhi. Cihtakna a ding teci lianpi khat hi ei. Hih nupigel in Pasion' thu bangmah zah thei khollo taseleh uh, thumaan thei bek thamlo thumaan teel ding zong thei uhhi.

Pharaoh in ama' gelna guallel cih a theih ciangin Hebrew pasalno suaktuung peuhmah thah ding thupia hi Nile gun sung ah lawnsuk ding uh a, ankung hoihsak **Hap** pasian pen Nile gun ahiah manin amah biakpiakna hipah ding hi. Jew mi peuhmah kihat ding cih thupiakna kiciamteh masapen hipah hi. Sihdaan thupiakna pen Jew mi a beina ding, pasal peuhmah om saklo ding, numei kic peuhmah Egypt mi suah ding, tua hileh, Hebrew mite in Egypt gam a lauhthawwna teng veng ding cih a ngaihsutn ahi hi.

**Naudomte in thumaan bek hilo, thumaan teelsiam uhhi. Ei a ding a kician bang thupiak om hiam?**

**WEDNESDAY**

July

**Moses Suak**

**Paikhiatna 2:1–10 simin. Moses suahna tangthu sungah Pasion' vaihamwna leh kepcinna koibang hiam?**

Moses hong suah hun pen a minthang vangvan Egypt kumpikhang 18 na laitak ahiah zong lunglut huai vev

hi. Tua kumpi khang hun a kumpi khat **Thutmose III** pen zong **“Egypt’ Napoleon”** bang kici liang a, tanglai Egypt Pharaoh teng lakah a minthang pen khat ahi hi.

Suahcil a sihdaan (*Pai. 1:22*) hipah citateu zongin; Moses ahihleh hong tuampian mahmah hi (*Hebrew pau tob; Zopau “hoih” Pai. 2:2*). Hebrew pau inbel puatham hoihna khengval lai hi. Hih kammal mah pen, Piansak nipi kaal sung a Pasion in na khempeuh *“hoih mahmah” (Pian. 1:4, 10, 31)* acihna kammal ahi hi.

Pasion’ deihna bangin hong piangthak hih nau *“hoih”* hong gol ciangin Hebrew mite saltanna pan a paikhiat pih dingpa ahi hi. Lauhuai hunsung a hong suak kha ahih manin ama’ mailam thu kua’n theihpih mawk ding hiam? Bangbang hitaleh Abraham, Isaac leh Jacob tungah Pasion in Ama’ kamciam picin teitei ding hi. Amaute suanlekhkak te tungah tua Kamciam Gam pia ding cih thukimtuahna Pasion in bawl hi (*Pai. 2: 24, 25*). Pasion in hih nau **“tob”** zangin kumsawm sim sungmah zangthei veve hi.

Tua ni ciang dong mah kumpinu **Hatshepsut** in Moses pen a ta mah in na nei hi. Moses kici min limlim in Egypt’ min hi a, **Ah-mose** (*Akh-tapa*) or **Thut-mose** (*“Thoth’ tapa”*) panin hong piang cih. Ama’ min pen Hebrew pau in **Mosheh** *“laakkhiat”* cihna hi. Gunsung panin a ki *“laakkhiatna”* tawh lamdang takin ki honkhia hi.

Ama’ nuntaksung thu amasa lam tengbek i theikha uhhi. Lamdang takin hotkhiat khit ciangin Hatshepsut in a ta in la a, ama’ innkuan taktak tetawh kum 12 sung om khawm kha hi (*Pai. 2: 7-9; Ellen G. White, Tuan Pupa leh Kamsangte, p. 244*). Egypt te sangpan pilna sangpen sin a,

nungciang in Egypt’ Pharaoh suak thei dingin kiging sa hi (*Tuan Pupate leh Kamsangte 245*). Hizah in a san mahmah pilnate pen; Pasion leh Ama’ thumaan theihn leh muanna sungah hong om nawnlo zel hi.

**A thupi mahmah ci in na sinte in bangmah in a k mang theilo cih natheih bangzah om hiam?**

THURSDAY

July

**Ngiimna Kikheel**

**Paikhiatna 2:11–25 simin. Moses nuntakna bang teng in kheelsak thei hiam? Hih tangthu pan bang piln kingah thei ding hiam?**

.....

Moses in bang a hih tam? Egypt’ nopsakna leh kumpi tokhom in khimsak ding maw; gal in do ding a kiginsa mit tawh haksatna thuak khawm ding maw? Thupiangte i khentatna nawhbawl sak mahmah ta hi.

*“Pharaoh in tua thu a zak ciangin Moses thah dingin zong hi. Ahih hangin Moses in Pharaoh kiang panin tai in Midia gam tungin; tuikhuk khat gei ah a tu hi” (Pai. 2: 15).*

Moses in a mithah khit ciangin, teel ding neilo a Egypt ah zong omthei nawnlo hi. Egypt kumpi tokhom tun kahto in *“pasion”* khat a suah ding ngiimna in manlan takin beivat hi. Thumaanlo pasian khatpeuh suah sangin a maan Pasin teelzaw hi. A tai laitak lian in Moses in ama mailam thu ding bangmah ngaihsun zo vetlo ding hi.

*“Moses in, Egypt mi khat that cihthu pen Egypt m khempeuh in uang genlua liang in, a sawtlo sungin Pharaoh in zong zata hi. Hih gamtatna in thuthukpi ngiimna nei a, Egypt te langdo in, ukna buluh in Amah kumpi tokhom tungah tut*

*ding; cihbang ngiimna ahih manin, Moses nuntak laiteng kumpipa a ding lungmuanna om theilo ci uhhi. Kumpipa in zong Moses sihna ding thakhat in thukhen pah hi. Moses zong ama' nuntakna kikep theihna dingin Arabia gam ah hong taikhia ta hi*—Ellen G. White, *Patriarchs and Prophets*, p. 247.

Moses in kum 120 nungta (*Thuhk. 34:7*) a, a nuntak hun teng pen kum 40 khi thum in kikhen thei hi. Amasa kum 40 teng Egypt kumpi inn sung ah om hi. Anihna kum 40 pen Midian gam Jethro inn ah om hi.

A nunung Kum 40 sungteng pen Mases laibu bunga teng a gelh hun hi a, tua laibu te sungah Israel mite in milim biakna lam leh Leitung lamah hoi uh ahih manun, Pasion maan taktak omzia a kilahkiatna mun ahi hi (*Thuhilhik. 4: 6-8*).

**Moses in Egypt mipa a thahna pen Pasion' geelna mau? A hih keileh zong, hih tangthu panin, eima dinmun khat peuhpeuh pen Ama' deihna lamah hong heisak thei cihthu koibang in honglak hiam? Rom. 8:28 in hih thumaan koibang in hong telcian sak thei hiam?**

FRIDAY

July 4

**Ngaihsutbeh Ding:** Ellen G. White, *Tuan Pupa leh Kamsangte*. “**Moses**” lai. 241–251, sim lecin, tukaalsung laisiangtho sinna hong telsak tuam hi.

Laisiangtho in “*tua naudomte in Pasion kihta ahih manun kumpipa cihbang in hih pahpah lo in pasalno te zong suaktasak uhhi*” (*Pai. 1:17*). EG. White in zong naudomte' cihtakna leh Messiah' lam-etna kina sak hi: Hebrew pasalno te thahtheihna dingin tua nupi nihte'n semthei dingin thu kipia hi. A nunglam ah bel Satan om khinkhian hi. Israel mite lakpan a suahtak ding mikhat piang ding cih thei gige ahih manin, amaute lam-etna naupangte suksiatna tawh Pasion' deihna susia dingin kumpipa

tawsawn hi. Hi taseleh, tua nupite in Pasion kihta zaw ul a, sawlna gilo mang nuamlo uhhi. Pasion in tuategel lamp hoihsa a, panpih hi”—Ellen G. White, *Patriarchs and Prophets*, p. 242.

Satan' ngiimna teng lak ah lungdamthu in, Pasion in hong ukzaw a, galte susia ding in mi citakte zang hi. Eite in galte lakah nungta ihi a, Zeisu in “*hih leitung ukpa*” hong cihsak liang hi (*Ep. 2:2; John 14: 30*). Satan in Adam' dinmun buluh ahih hang, Zeisu in Ama' nuntakna leh singlamteh tawh Satan zogawp khin hi (*Mate 4: 1-11; John 19:30; Heb. 2:14*). Tu in Satan nungta gige in tualai naupangte a thahnop mah bangin, ama' sih ding ni zong kitelcian ta hi (*John 12: 31; John 16:11; Mang, 20: 9, 10, 14*). Lungdamthu in bel nuntakna haksatna khempeul Pasion in hong hehpih a(*Phil. 4:13*) tuaTua hehpihna in eima'aa hi.

**Kikupding Dotnate:**

**1. Banghang in Pasion in Israel mite Egypt ah nennian thuak dingin phal hiam? Pasion in a lailut ding kun tuatanta banghang in kai hiam? Mimal khatsim in eima nuntak sungteng bekma kithuak cih thei hihang. Tu minamte thuak hun in sau phadeuh hi taleh, a mima simin amau nuntak sungbek mah thuakkha veve uh hi. Mihing tangpi thuakna telsiamna dingin hih kilamdann banghang in thupi thei hiam?**

**2. Egypt mi thahkhakna tawh Moses' lutang natna teng Pasion in koici zatsak thei cih lungngai in. Tuabang n gamta kha keileh e? Israel in Egypt pan suakta nawnl ta ding hiam? Nang ngaihsutna hong hilhcian in.**

**Lesson 2**

July 5–11

**SAWLPANG KAWMAH MEIKUANG****SABBATH NITAKLAM**

**Tukalsung Simding:** *Pai. 18:3, 4; Pai. 3:1–22; Pian. 22:11, 15–18; Pai. 6:3; Joel 2:32; Pai. 4:1–31; Pian. 17:10, 11.*

**Kamngah:** “Tua ciangin Topa in: ‘Egypt a om Ka mite gimna mukhin in amaute a uk nasem ukte hangin amaute’ kikona ka za khin hi. Amau’ thuaknate Ka thei a, Egypt mite khutsung panin, amaute khahkhia in tua leitang panin amaute lakhia in a hoih a tanzau leitang bawngnawi leh khuaizu a luanna leitang ah amaute paipih ding in Ka hong paisuk zo hi’ a cihi” (*Paikhiatna 3:7, 8*).

Pasian hong sapna pen eima nuntakna mungtup nangawn hong khelsak thei hi. Ama’ hong sapna i saan nakleh Pasian’ lampi mah a hoihpen ahiah tawntungna zong kimu hi. Cihte hang khat veivei, a cillam in Pasian’ sapna saan ding haksa mahmah hi.

Pasian in Moses a saplai in zong tuamah bang hi a, sawlbawk laka meikuang a muhna ah Topa tawh kimu masa hi. Moses in tua sawlpang kawm ah meikuanna thu a theih melloh hang, na lamdang khat mu a hihlam bel thei in, a lungsim la mahmah hi. Pasian in nasep tuam vilvel khat a dingin sam cih dot kul nawnlo hi. A thupiang: ama’ nuntakzia kikhelgawp ding hitaleh tua sapna amah dawng ding maw? A cil in sangnuam phalo phot hi.

Ngiimna kician naneih ciangin a naipen thupiang khatpeuh na phawkkha ding a, ahiihang Pasian in na

T-2

ngiimna khempeuh hong makaih hi. Pasian in nam tamp in hong zang thei ding himah taleh, Ama’ nung zui lel, Ama’ hong bawlsak nop peuh bawl lel leng tuapen a lungkimhua pen ahi hi. Moses mahbang in baih vetlo kha ding hi taleh. Ama’ hong sapna lam hilo mundang ah paizawk ding pen haivai mahmah ding hi.

**SUNDAY**

July

**Sawlpang Kawmah Meikuang**

Moses in Midian gamah a tai ciangin a nuntakna nuam hithiat peuh hi. Zi nei in, tapa nih Gershom leh Eliezer (*Pai. 18: 3, 4*) hi a, Midian siampipa a sunghpa Jethro bangkua ah omlel hi. Kum 40 sung, David (*2 Sam. 7:8*) mahbang in tuucing in, piangsak nate tungtawn in Pasian ompihna nuamsa mahmah in om hi.

Tu in ahiehleh Moses in sehnel lingpak peuh napna, ding hun hi nawnlo hi. Hih kumte sungteng Pasian tawh kikhohlna panin makai dingin kisakhol khinsak zo hi. Sehnel gam dai dide munah Laisiangtholui laibu lakpan khanghampen Job leh Piansakpa leh Kemsingpa leh a mawhna in a suksiat hi. *Pupate leh Kamsangte*, lai. 251; Francis D. Nichol, et al. eds., *The SDA Bible Commentary*, vol. 3, p. 1140).

Pasian kiang panin Moses in, Kidona Lianpi Piansakna, Pukna, Tuiciin, Tuan Pupa te leh a thupiang in hotkhiat na’ng ngiimna cihte kician takin mutel sitse hi. Moses in, mi khempeuh tungah a nungta Pasian Piansakpa, Kemsingpa leh a mawhna in a suksiat hi. leitang a dingin Pasian in a hihsak khempeuh a hihciar ding khutzatpa hong suak hi.

**Paikhiatna 3:1–6 sim in. Pasian in Moses kiangal “Abraham’ Pasian, Isaac’ Pasian, leh Jacob’ Pasian” in Amah a kicihna in bang thupitna neithehi naci hiam?**

.....

Sawlpang kawmah meikuang in sawlpang kaanglo cih Moses in a muh ciangin, thu lamdangpi khat mah hi a, a thupitna khat omngel ding hi cih theipah hi. A vanaih ciangin Topa in, ama' omna munpen Pasion omna mun siangtho ahih manin lungsim taktawh zahtak piakna in a khedap suah dingin sawl hi.

Tua lai ah Topa in Amah pen "Abraham' Pasion, Isaac Pasion leh Jacob' Pasion a hihna (*Pai. 3:6*) pulak khia hi. Hih tuan pupate kiangah, amau' suanlekhakte in hih Canaan gam luah ding cih Topa in a kamciamna Moses in theitel mahmah hi. Tuabang te a gen masiah in zong Pasion in mailamah bangteng piang ding a Moses in zong koibang in gamtang ding cih theisak in lampi zong honsak khin zo hi.

**Moses in a nasepna sungah Pasion in a muan theihna dingin kum 80 kai hi. Hihthu in thuakzawhna koibang in hong hilh naci hiam?**

**MONDAY**

*July 7*

**Topa' Vantungmi**

"Topa' vantungmi in sawlpang kawm, meikuang sung panin ama' kiangah hong kilang hi" (*Pai. 3:2*). Tua "sawlpang kawmpan" a hopihpa in Zeisu Christ mah ahi hi (*Pai. 3:4*).

"Topa' vantungmi" a cihpen Zeisu Christ hi a cihpen tawh na lungsim buaisak ke'n. *Vantungmi* cihpen "thupuakpa" (*Hebrew mal'akh*) cihna hipeuh a, vantungmi cih peuhmah pen a thu tawh kisai in mihing zong hithei, vanmi zong hithei hi (*Mal, 3:1*). Laisiangtho sungah "Topa' vantungmi" cihpen vanmite a hihna tampi om mah hi (*Pian.*

*22:11, 15-18; Pian. 31:3, 11, 13; Thuk. 2:1, 2; Thuk. 6:11, 22; Zech. 3:1, 2*). Hih Topa' vantungmi pen Topa' min suangi a paikhia bek hilo in Amah ngiat Topa hi. Zeisu ngiat in Pasion' thupuakpa hi a Pa' Thu eite tungah hong puakpa ahi hi.

**Paikhiatna 3:7-12 simin. Egypt ah saltang Israe mite a dingin Amah a lailut nopna thu; Pasion in Mose kiangah koibang in hilhcian hiam?**

.....

Egypt ah Pasion' mite thuakna tengpen huhn kisapna a ngetna uh kitelcian takin ki pulaak hi. Pasion in amaute' kikona za in lung hihmawhpih hi (*Pai. 2:23, 25*). Amaute in "**Ka mite**" (*Pai. 3:7*) aci hi. Sinai tunm thukimtuahna a kipsakma nangawn in, amaute un Ama mite hikhin zo a, amaute uh Ama' thu ngai peuh lehuh amau pute pate tungah a kamciamsa bangin Amah in hauhna tawh nungta sak ding hi.

Pasion in Moses kiangah, Pharaoh kiangah pai din nasep khat pia a: "Tu in, pai in. *Egypt panin Kami Israel mit na paikhiatpih theih na'ng in Pharaoh kiangah nang kong sau ding hi*" (*Pai. 3:10*). Pasion in "Ka mite" cikik leuleu hi Pasion in Ama' nasempa asawl nasep ahi hi. Moses in zong "kei kua himawk ka hiam" ci hi. Thupiang ding tengpen thupi mahmah vive ahih manin, Moses in amah bangle khatpeuh a kiteel pen lamdang saluavat hi. Hihteng ahih ama' omzia taktak kidawk ta a, a kiniamkhiatna leh hih nasep a ding kilawm a kisaklohna teng hong dawh hi.

**Topa' nung zuinuam a, Ama' a dingin na khatpeuh a semkhia nuamte a dingin kiniamkhiatna leh eimal**

**“kilawm kisaklohna” in banghang in thupi thei ding hiam?**

TUESDAY

July 8

**Topa’ Min**

**Paikhiatna 3:13–22 simin. Moses in banghang in Topa’ min theinuam sese a, tua Amin theihna in banghang in thupi thei ding hiam?**

.....  
Moses kiangah Pasian in Amah pen “*ehejeh ’asher ’ehejeh,*” “*Keimah in Keimah Kahi ding hi; Keimah in Keimah Kahi hi*” ci in aki pulak hi. Pai. 3:12 leh 14 sungah Pasian in Moses kiangah “*nangmah tawh Ka omkhawm ding*” a cihna ah sepna *ehejeh* zang hi. Tua kammal in Pasian pen om tawntung cihna ahi hi. Amah in vanglian Pasian, hong ompih Pasian leh “*lungsim ki niamkhiat in a kisikte sungah*” (*Isa. 57:15*) ka om hi cihni.

Pasian’ min “**Yahweh**” pen Zomi Laisiangtho sungah “**Topa**” hi a, a khiatna maan taktak theih zawhkei leh cihloh, acil apat in Amite in a theihsa uh ahi hi. Moses in zong Yahweh a theihkhit teihang a khiatna bul taktak thei tuanlo hi. Tua ahih manin amah’n zong “Namin bang hiam” ci in a min khiatna bul taktak dong hi.

Theih olna dingin Paikhiatna 6:3 sungah Pasian mah in “*Abraham, Isaac leh Jacob tetung ah Vanglian Pasian in kakilang a, ahih hangin Topa ahi Keima’ min tawh amaute’ tungah Kei ka kitheisak kei hi*” (*Pai. 6:3*). Adam, Noah, Abraham leh tuan pupa te in “**Yahweh**” theilo cihna hilo hi (*Pian. 2:4, 9; 4:1, 26; 7:5; 15:6–8; etc.*). A khiatna taktak bul-theihlo cihna hilel hi.

Ama’ min Yahweh in Amah pen Pasian taktak, Amite’ Pasian, thukimtuahna abawlpa Pasian ahi hi. A

hong nai hong pawlbawl Pasian, mihingte vai ah hong lailutpa ahi hi. Vanglian Pasian (*Pian. 17:1*) in Amah thahatna tawh lamdang takin hong lailut hi. Yahweh ahihleh Ama’ Vangliatna pen itna leh khoina tawh a la Pasian ahi hi. Amah mahin Elohim in vanglian, thahat, khengval Pasian, mi khempeuh’ Pasian, vannuai ukpa, n khempeuh Piangsakpa cihna ahih hang; mihing tawh hong kikhawlhna peuhmah ah Yahweh min tawh hong kipula hi.

Pasian’ min thei in a min lawhna in hong huup zong mahmah hi. Amin tangkona in hih Pasian’ thu leh upn tungtawnin mikhempeuh a hotkhiat nopna thu midang tungah hilhsawanna zong hipah hi. Joel in zong “*Topa tunga huhna a ngen khempeuh in hotkhiat na a ngah ding uhh*” (*Joel 2:23*) cihni.

**Nangma nuntakna sungah Amah tungah ki aa in a zongmi peuhmah Yahweh tawh a kinaih na koiban in naphawk kha hiam?**

WEDNESDAY

July

**Paulap Li**

**Paikhiatna 4:1–17 simin. Pasian in Moses peuh Ama’ thu puak dingin a thapiakna in bang lim lamdan teng pia hiam?**

.....  
Moses in Pasian in asawl nasepna panin paula ding peuh zong thapai hi (*Pai. 3:11*). Pharaoh tawh ki talsi dingin Egypt ah paikik nuam nawnlo hi. Ama’ Hebrew mit huh ding a hanciamna khemmpeuh ah guallel dikdek khi hiven. Hebrew mite in zong amah peuhmah makai dingi

muanglo in sanglo uhhi. Tua ahih manin a thumveina nialna zong a “*amaute in kei hong umlo in kathu hong ngailo ding uhhi*” (*Pai. 4:1*) cih. Hihpen thuthak kisinna ding dotna hi zawlo in, Pasion’ sawlna ah pai ding “utke’ng” cihna hi peuh hi.

Moses in a mipihte leh a nungciang in Pharaoh kiangah a lah ding in; Pasion in nalamdang nih pia hi: (1) a ciangkhut gulsuak in gul in ciangkhut suakkik (2) ama’ khut phak in tuakhit ciang damkik pah hi. Tua nalamdang nihte tungtawnin makaite’ muanna piangsak ding hi. A hihzawh keiphial leh, a lamdang thumna tui sisansuahna piakbeh hi (*Pai. 4:8*).

Hibang teng Pasion in apiak khit nangawn in Moses in a lina paulam zong lai a, thugen siam ke’ng naci veve lai hi.

**Paikhiatna 4:10–18 simin. Topa in Moses koici dawn a, tua dawnna tungtawn in eima’ dinmun bangpeuh hitaleh; Pasion in hong sap ciangin eima a ding bang pilna kingah thei ding hiam?**

.....  
Hih Paulap li teng in, Pasion’ sapna zuih ding panin Moses ton kik zel cihna hi. A “*saanthamcing*” nialna tawh ama utlohna seel zawzen hi. Paulap masa thumteng ahihleh dotna vive hi a (1) kei kua ka hiam? (2) Nang kua na hiam? (3) amaute’n hong umkei kha zen leh cihbang ahi hi. 4 na ahihleh “*kei pau siam ke’ng*” cih thukip khat ahi hi. Pasion in a vanglian dawnna vive tawh dangthuk ziauziau hi. Hih paulap teng tungtang ah Pasion in laptoh ding kamciam vive pia hi.

Moses in a ngana leh a nunungpen thuumna per tangtak in “*Topa aw, hong thuum ing. Midang khat sawlza in*” (*Pai. 4:13*) cih. Tua a dawnna in Pasion in, n sanggampa Aaron in nang hong dawn ding leh hong hul dingin kasawl khin hi cih. A tawpna ah Moses guallel in Egypt lamah paikhia dingin a sunghpa Jethro kiangal thupha a dawh tamai hi.

**THURSDAY**

July 1

**Vun-Aatna**

**Paikhiatna 4:18–31 simin. Hih thutuampian koibang in i tel a, eima a dingin bang pilna kingah thei ding hiam?**

.....  
Moses in Topa’ thu mangin Egypt lam hong zua ciangin Topa in “*thahsawm*” cih thu Laisiangtho simte in lamdang sathei mahmah uhhi (*Pai. 4:24*). Athu kizopn taktak pen vun-aat vai ahi hi. A tapa tumpen in Abraham tawh thukimtuahna bangin vun-aat nailo hi (*Pian. 17:10-11*).

Moses in Pasion’ mite makai ahihna dungzui in ama’ mite zong thumanna a hilh theihna dingin Pasion tungah ki pum-aap in thu aman ding kisam hi. Pasion tungah ki pumpiak ahihna tawh ettehtak cin kul hi. A z **Zipporah** pen nupi tei mahmah khat ahih manin apasa nuntakna hotkhiat nadingin a tapa’vun aatsak hi. Tu vunpan sisan abaang a khut tawh Moses lawng a. tua sisan in kithoihna, nuntakna leh thukimtuahna kipsakna ah hi. A hunzui in tuathu manlang takin kibawl hi. Tu tangthu tungtawn in thumaan ahih nakleh bawllor phamawh cih pilna thupi mahmah khat kingah hi.

“Midian pan hong zinkhiatna lamkal ah Moses in Topa’ lungkimlohna lauhuai hong tuakkha hi. Vantungmi khatin vauna tawh hong kilang a, thakhatthu in susiapah ding bang hiliang hi. Ahang thu khat peuhmah a kipiakloh hang; Moses in Pasion’ kalh thu khat pelhkha ahihlahm kithei pah hi...a tapa neupen tungah vun-aatna ahieh ding donlo kha hi. Pasion leh Israel thukimtuahna ah thupha saanna ding munah lawhsam sak hi. Aki teel makaipa’ donlohna in mipite tungah Pasion’ sepding teng thanemsak thei hi.

Zipporah in ama’ pasal akithah ding dah a, tua zeh amah in hih tamai ahieh manin, vantungmi zongin Moses khualzinna lampi phalsakta hi. Pharaoh kiangah a naep ding pen Moses a dingin a lauhuai mahmah dinmun hi a; ama’ nuntakna pen van misiangte bek in kemthei hi. Tua hi a, ahieh ding zekhath a donlohna hangin amah bit theilo a, Pasion vanmite in daal theilo hi”—Ellen G. White, *Patriarchs and Prophets*, pp. 255, 256.

**Nang zong nahih ding khat peuh na donlohna tawh mawh thei nahihna hih tangthu in koibangin gen hiam? Tu mahmah in bangteng na kikhel kulthei ding hiam?**

FRIDAY

July 11

**Ngaihsutbeh Ding:** EG. White, *Patriarchs and Prophets* “Moses” lai. 251–256, simin.

Sawlpang kuang sungpan a kisapna in Moses’ nuntakzia kikhelsakna hong suak hi. Ama’ nuntak sunga thulian peuhmah pen ama’ gitnatna, Pasion’ kalhna bangbang thu manna tungtawn in Hebrew mite Egypt pan paikhiatpih in Kamciam Gam tunpih hi. Sawl pang sunga meikuan lai in Moses dinmun ah nangmah kikoih sin in. Ama’ nuntakna a dingin Egypt pan taikhia khin zo hi. Tua

khit kum 40 sungin Hebrew khangno khangthak te in amah zong theimello bek thamlo; ama’ thu amau zakna zon khialkha sop ding hi. *Tu in hih mite mah makaih in gam lia mahmah khatpan in paikhiatpih dingin Pasion in amah sar leuleu hi.* Acillam in a ton ding mah himawk hi.

Hehpihna om vetlo in sawlna hi a, Pasion kiangah “**utke’ng**” cihiau leh bang teng taan ding cih ngaihsun in. Tangthu sungpan a mangthang lel ding pa ahi hi. Ahiehhan in Pasion in ama’ sungah nasem ahieh manin, leitung lel. Laisiangtho sung mahmah ah mi huzaap lianpenpa kha hong suak zawsop hi.

#### **Kikupding Dotnate:**

**1. Sehnal gam daidide na ah omin Moses in Pasion sawlna a manlai in; amah in innkuan tawh omin, tuucin, kawmin Pasion humuamna tawh laisiangtho laibu ni gelh hi. Moses’ phutkhak thute in nisim eima nun takn ah bang teng hong telpha sak nasa hiam?**

**2. Moses paulap teng peuhmah pen saantham cing vev hi aci zong omthei khasop ding hi. Mite in banghang i kei hong umthei ding uhham? Kei kua himawk ka hiam. Pau siam ke’ng. Pasion in Ama hong sapna bangbang hon semtheisak ding cihthu hih tangthu panin Pasion muanna kisinthei ding hiam?**

**3. Sunday ni sinna sungah Piansil laibu tungah Moses vangneihna leh tua a nasep vai telcianna in hotkhiatn tangthu siangtho telcianna ahi hi. in, A masa lam a lia 11 sungteng a tangthu ombang in tua laibu’ vangliatn khatpeuh a thanem sak thei ding te banghang in langd ding ihi hiam?**

**Lesson 3**

July 12-18

**GENTHEIH HAKSAT TAWH KIPAN****SABBATH NITAKLAM**

**Tukalsung Simding:** *Pai. 5:1-23, Mang. 11:8, Pai. 6:1-13, Late. 73:23-26, 2 Cor. 6:16, Pai. 6:28-7:7.*

**Kamngah:** “Tua khith ciangin Pharaoh kiangah Moses leh Aaron pai in “Israel Pasion Topa in hihbang in ci hi, ‘Ka mite in sehnelgam ah Kei a dingin pawikhat a kham theihna dingun, Ka mite paisak in’ cihhi aci uhhi. Tuaciang in Pharaoh in ‘Ama’ thu mangin Israel te ka paisakna dingin Topa nacih uh kua ahi hiam? Tua Topa ka theikei hi, Israel te zong ka paisak kei ding hi’ aci hi” (*Paikhiatna 5:1, 2*).

Thu ummi tampitak in Pasion’ nung zuih ding khensat ciangin lungnopna, hauhna leh lawhcinna neithe dingin ki um pahpah uhhi. Laisiangtho hong lahna ah tua bang ahih pahpah lo hi. Hong dongkholh khatpeuh, haksatna thak khatpeuh omthei hi. Tua in hong cimawh sakthei in, a dawnna a om hetlo ding dotna peuh hong piangsak thei mawkmawk hi.

Pasion a muangte in haksatna tampi phu ding uhhi. Thuak keeikaai zo hileng Pasion in Ama’ hun ciangin gualzawhna hong paipih thei hi. Pasion’ lampite in eite ngaklah pahpah bang ahihloh hang Amah muang teitei ding in kisin ding hihang.

Tukal sung sinna thulu pen: Moses leh Pasion’ mite Egypt pan a paikhiatpih ding thupiak penin, mikhat peuh

in a saantheih Pasion kiangpan sapna kician ahi hi. Tu sung ah thu lamdangte kihel a, Pasion Amah tektek in Moses tawh talsik kiho in, Moses a sepsak nop thu theitei sak ngiat hi.

Pasion Amah ngiat in Moses sam in a nasep din kician takin pia cileng telnop zawtham ding hi.

**SUNDAY**

July 1

**Topa in kua ahi hiam?**

Pasion’ sawlna mangin, Moses zong; “*Nang in, Egypt panin Ka mi Israelte paikhiatpih in*” (*Pai. 3:10*) acih nasep kipan ding in Pharaoh kiangah hongpai hi.

**Pasion’ sawlna “Kamite paisak in” cihpen Pharaoh in koibang in dawng hiam? (*Pai. 5:1, 2*), hih dawnna sungah bang thupi om hiam?**

.....

“*Topa in kua a hiam?*” Pharaoh in acih ciangin Pasion a theitel nuam hi zawlo in a kosia nuam leh nialnuam a hihzawkna tawh ka theikei hi cihhi. “*Topa k theikei hi*” a cih pen a kiphatsakna zong ahi hi. Tangthu sungah mi bangzah in tuabang in ci ngei ding uh hiam Zeisu in “*Nangmah in Pasion maan nahihna thu leh Nangma in nong sawlpa Zeisu Christ theihna in amaute a dingin nunta tawntungna ngahna ding lampi hi*” (*John 17:3*) ci hives hamsia uhhi.

Egypt leh a kumpi Pharaoh in, Pasion omna leh ukzawhna nialna a vanglian limpua ahi hi. Pasion, A Thu leh Amite langdona in a tuamdin kipawlina ahi hi. Pharaoh in “*Israel te ka paisak kei ding hi*” acih penin a nungta Pasion nialna hi a, Egypt in Pasion nialna bek hilo langdona zong limpua ahi hi.

Tua khít kum tul tampi khít ciangin zong Píancit tualgal sungah zong tuamah bang ahi hi (*Isa. 30: 1-3 leh Mang. 11:8*). Pharaoh in, amah pen pasian hi a, pasian khat i tapa kici a, vangliatna, thahatna leh pilna khempeuh nei ci in ki-um hi.

“Laisiangtho tangthu sungah, Egypt in a nungta Pasian om cihthu hangsan takin nial in A thupiakte langdo hi. Egypt kumpipa zah in, vantung kumpipa ukzawhna aana a langdo ngam kumpi dang omngeilo hi. Topa’ min tawh thupiak pen Moses in hong puak ciangin Pharaoh in kiphatsakna lianpi tawh “*Jehovah in kua hiam? Ama’ thu mangin Israel te ka paikhiat sakna ding Topa nacih uh kua ahi hiam? Jehovah ka theikei hi. Israel zong ka paikhia sak kei ding h?*” (*Pai. 5:2*). Hih thu in Pasian omlo cih upna hi a, Egypt minam in nialna kibang tawh a nungta Pasian nial uh in, uplohna lungsim tawh kosia uhhi”—Ellen G. White, *Kidonalianpi*, p. 269.

**Mi khatpeuh in Topa nathei hiam ci-in hong dongleh na koici dawn ding hiam? Theimah nacih leh Amah koibang hi a, banghang hiam?**

**MONDAY** *July 14*  
**Gentheih Haksat tawh Kipan**

Pasian sawlna pen haksa mahmah ding cih Moses in acil apat in theikhin gige ding hinapi; mailamah bangteng hong piang ding cih theih tuak mello hi.

**Paikhiatna 5:3–23 simin. Moses leh Aaron tegel in Pharaoh tawh a kimuh masak cil lai in Pharaoh tawh koibang in kiphuguih ci in ki ciamteh hiam?**

.....

Pharaoh kiang a paima nangawn in Moses leh Aaron in Israel makaite kaikhawm uh a, Pasian’ kammalte pulah in Passian nalamdangte lak uh a; Israel mite in Topa in sal pan hong honkhia takpi ding cih umta uhhi. Tuacian in Topa abia uhhi (*Pai. 4:29-31*). Topa in Hebrew mit saltanna panin khahkhia ding hita ci in a lam-etna uh sang mahmah ta hi.

Tua ciang in Pasian thupiakna bangin Moses zong Egypt kumpipa kiangah a vapai leh, Israel mite a dingin na khempeuh suksia semsem hi. Thuaksiatna khang semsem hi. Nisim a nasep dinguh kibehlap sakzel in gimhuai semsem hi. A thadah manuh kici in: kinak vuar mahmah in; a nasep uh zong nidang Sangin hong haks tektek hi.

A makaite uh nuam nawn hetlo ta uh a, Moses leh Aaron te unau pen nakpi takin hong langdo ta uhhi. Moses a dingin mailam ah a mite mahmah in a langdona ding teng limlah kholna peuh hong suak mawk hi.

**Pai. 5:21 sim inla, Moses leh Aaron a langdote dinmun ah nangmah dignin kineih in. Banghang in tuabang in cithei hiding uh hiam?**

.....

Moses tungah a hehna thu zong telhaklua samlo a amaute’n “*Topa’n note tungah thu hong khien taken*” ci uhhi. Moses in Egypt khutnuai ah amaute’ nuntak haks semsem sak ding hi zawlo a, a khahkhia dingin hong pa uh cih thei uhhi.

Tuabang in Moses leh Aaron tegel in; Egypt tetawh kiho ding sangsik in amau’ mite tawh hong kiho masapho ta dihdih uhhi.

**Pawlpi sungah lung kituaklohna hong omvat ciangin; pawlpi makaite tawh na kiho ding daan uh lampi hoihzaw koibang teng omthei ding hiam?**

**TUESDAY**

July 15

**Tua Pasion “Keimah”**

Moses hehpihuai lua! Pharaoh in a tot dikdek khit ciangin ama’ mite’n tawng leuleu hi.

Moses in tuabang phunnawina teng Pasion ko hi. Ama’ thuaksiat leh lungkiatna leh Israel dinmun a suuksiat semsemna tawh kisai in: *“Topa aw, banghang in hih mite tungah siatna bawl nahi hiam? Banghang in kei hong sawl peuhmah nahi hiam? Nangma’ min suangin Pharaoh kiangah thugen dingin kapai khit a kipan, amah in hih mite tungah siatna bawl hinapi in, Nangmah in na mite na honkhia hetkei hi”* (Pai. 5:22, 23) aci hi. A hun zui in hong piang hiphial taleh, Topa tungah Moses lungkilo cih kician mahmah hi.

Pasion in a dawnkikna khauhpai mahmah hi. Amah’n kiciantak in hong sem ding hi. *“Tu in Pharaoh tungah kabawl ding teng namu ding uhi”* (Pai, 6:1) aci hi.

**Pai. 5:22–6:8 simin. Pasion in Moses a dawnna bang hi a; Pasion vai bang thumaan hihteng ah hong kilak hiam?**

Pasion in hong pau bek nawnlo ding hi; Amite a ding nasia takin hong lailut ta ding hi. Theih huai thu pawlkhat zong Moses phawksak hi: (1) Keimah Topa kahi hi (2) Tuan pupate tungah ka kilang khin hi (3) Amaute tawh thuciamna ka bawlkhin hi (4) Amaute tungah Canaan gam piak ding ka kamciam khin hi. (5) Israel mite kikona

zong kaza khin hi. (6) Kamciam Gam kong piak din thuciam zong ka phawk gige hi.

Pasion in **“Keimah”** a cihzelzel ngaihsun in. *Keimah in Topa kahi hi, kong hihsak tampi om a, kong kamciam peuhmah hong hihsak teitei ding cih hong muang un.*

Topa in tu in, amaute’ Topa kahih manin Israel . . . dingin na lianpi li kabawl ding cih. (1) Egypt’ hakkol panin kong paikhiatpih ding hi (2) Amaute’ sal na hihna uh panin kong khahkhia ding hi. (3) A thahat Keima’ khut zanin thukhenna nasep lianpi tawh note kong honkhia ding hi (4) Keima’ mi dingin note kong la ding a, Keimah in note Pasion kahi ding hi (Pai. 6:6, 7).

Hih thu li teng Pasion in a sepna hangin Amite tawh kizopna kipsak kik hi. Hiteng khempeuh a semkhia Pasion hi a, Israel mite in hiteng pan hong luang hehpihna leh a meet teng a sangkha uh ahi hi. Pasion in itna tawh khawnkong in paikhia hi. Tualai in ahiah mahbang in tu in zong hong hisak lai hi.

**Laisiangtho sungah thuhoih lamtawh a kiko dan kuapeuh omlai hiam? Nangma kha Pasion’ maial bungkhia in nangma dinmun na kiko pen banghang in lemllel thei hiam? Banghang in upna leh muanna tawh hihhuai nasa thei hiam?**

**WEDNESDAY**

July 16

**Vun-aatloh Mukte**

Topa in Ama’ hihding thuteng vanglian kamciamna tawh Moses a piaksa ahi hi. Tua in Moses thangah sa mahmah sam hitaleh, a sawtlo in ama’ mipihte dawnthukna hangin sauvei khalo hi.

**Paikhiatna 6:9–13 simin. Bangthu in hong zomto a, eima nuntak sung lungkiatna tawh i kitom keekui sung a ding bang pilna hong ngahsak hiam?**

Hebrew te in amau' thuaksiatna leh nasepham teng hangin lungkia uh a, Pasion in hong kamciamsa teng hong tangtun ding cih Moses in a genkik hang zong zanuum nawn lo uhhi. A ngakna uh sawtlua ta in lam-et bei dikdek ta uhhi. Bang ki lamdang thei tuan ding hiam? Amau nuntak sungteng khempeuh hotkhiat ding ana lem-etet sa, tu'n suuksia semsem lai cihteh lungkia in lam-et bei dikdek uhhi.

Job' tangthu phawk in? Laphuakpa Asaph in, ama dotna sungah migilote nuamsa in midikte in thuaksia acih e leh. A thuaksiatna kawmkal mah ah Asaph in ama' upna a pulakna in: “*Ahik hangin nangmah tawh ka omkhawm ngitngat a, ka khut taklam in kei nong len hi. Thulahna tawh kei nong makaih a, a nung ciangin minthanna ah nong tunpih ding hi. Nang simloh vantungah kua nei kahi hiam? Nang simloh kadeih ding leitungah kuamah omlo hi. Ka lungsim leh ka pumpi zawngkhal kha ding a, ahik hangin Pasion pen ka lungsim' hatna leh keima a' hi tawntung ding hi*” (Late 73: 23-26).

Laisiantho tangthu sungah Pasion in Amite ompih gige cih kipsak khin hi (Isa. 41: 13; Mate 28: 20). Ama' lungnopna, hehnepna amaute pia a, nuntak sung tona om teng kantan zawhna'ng tha guan hi (John 14: 27; 16:33; Phil. 4: 6, 7). A thuciam bawldaan limlim in “*Keima' mi dingin note kong la ding a, Keimah in note Pasion kahi ding hi*” (Pai. 6: 7), acih limlim in, Topa in amaute tawh kinai takin kikhawl in Ama' mite suah nuam cihna ahi hi.

T-3

**A laigual ngaihsunpah in, “Keima' mi dingin note kong la ding a, Keimah in note Pasion ka hi ding hi” (Pai. 6:7). Hih thu in taangpi huam ahihang, ei mimalsin ading koibang in kizang thei ding a, hih kikhawln koibang in nisim in nuntakpih thei ding ihi hiam? (Cor. 6:16 simbeh in)**

THURSDAY

July 1

**Pharaoh ading Pasion Bang**

**Paikhiatna 6:28–7:7 simin. Moses nialna Pasion in koici dawn hiam?**

Pasion in Moses kiangah Yahweh in hong kilaak a kinai takin in a ompih Pasion cihna leh Ama' mite tawh thuciamna tungtawn in Ama' mite Pasion cihna ahi hi.

Hih a hong omkhawm Pasion in Pharaoh kiangah paikik dingin Moses sawl leuleu hi. Ki umpha mel nawnlop in Moses in “Pharaoh in kei' thu hong mang ding hiam? o in nialkik leuleu hi. Hihtengpan Moses in kiniamkhia lua bek thamlo, a lem mello hih nasep tawh zong kipell nuamta lel hi.

“Pasion in Pharaoh kiang paikik ding Moses a sawl ciangin, Moses kimuangzo nawnlo ta hi. Hi tengah “*vu' aatloh muk*” cihpen “*aral sepatayim*” hi a, Moses kampay siamlohna pulak a (Pai. 6: 12, 30), Pai. 4:10 sunga “*pa' awk*” a cihpen mahtawh kibang hi” —*Andrews Bible Commentary: Old Testament, “Exodus”* (Andrews University Press, 2020), p. 205.

Pasion in Ama' hehpihna tawh Moses ahuh dingin Aaron sawl a, Pharaoh leh mipi lakah amah paikhia din

a; Moses ahiehleh Egypt kumpipa mai ah Pasion dinmun, leh Aaron in ama' kamsang hi ding hi.

Hih tangthu in kamsang khat a ding nasep teng kician takin hong hilh hi. Pasal ahi a, numei ahi zongin kamsang khat in Pasion a ding taangpaupa ahi hi. Pasion kammal peuhmah kamsang tungtawn in mipite tengah a genkik ding Pasion' mukzat hiding hi. Moses in Aaron kiangah gen a, Aaron in Pharaoh kiangah a genkik bangin, Pasion in zong kamsang tawh kiho masa in, Pasion thuhilhna teng mipi tengah a tangko kik ding ahi hi. Hih pen a mihing mahin kamtawh a paikhiat banah; Pasion kiangpan in kamsang in thupuak a saan teng laitawh gelh zong hithei hi.

Pharaoh in koici bangin hong talsik thei ding cihzong Pasion in Moses hilh hi. Hong langdona pen khauhpaui in sawtthei ding cih. Pharaoh in ama' lungsim hong khauh sak mahmah ding cih zong Pasion in Moses kiangah a nihveina hilhpha lai hi (*Pai. 4: 21; 7: 3*). Anunung ah a hohtawh hong tawp ding a "*Egypt mite in Kei pen Topa ka hih lam hong thei ding uh*" (*Pai. 7: 5*) cih. Tuabang buai ngeingei kawmkal mahin Pasion' min ki thangsak ding cih.

**Moses in, Pasion' sapna bangin a zuihna ding panin a paulap ding teng beita hi. Pasion in hong hihsak nopmahmah khatpeuh bang paulap peuh kipia kha thei ding hiam?**

FRIDAY

July 18

**Ngaihsutbeh Ding:** EG. White, "Egypt Gimnate" *Tuan Pupate leh Kamsangte* lai. 257-265 ah simin.

Moses in Pharaoh tawh a kimuh masakna khitdeuh ciangin haksatna vive takin hong kipan cih phawk in.

"Israel mite in nasep aneihloh uh manin hong langdo nuam uhhi ci in Kumpipa in mukhial hi. Lungkimlohna pen thadahna hang hi ci in, amaute in lauhuai khatpeuh a geel manlohna dingin hun ngahsakt ding cita hi. Thakhat in amau' nasepna gaksak in suahtakna khempeuh suksiat sak hi. Tuani mahin th thangsak pah ahieh manin nasepna sungah nenniam thua semsem uhhi. Tualai in tuagam inn lamna peh ni-ph leisek hi a; kawm hoih mahmahte zong tua leisek taw bawl in, suangtawh tuamkik uhhi. Leisek sekna ah salmampi kisam uhhi. Buhtu tannen pen buan sungah helsu uh ahieh manin, buhtu zong tampi mah kisam uhhi. Kumpipa thupiakna tawh buhtu zong kipia nawnlo in leisekte in amau buhtu ding zong tawm ding uh a, leisek ngahzah zong kiam theilo ding ci lailai hi.

"Hih thukhauh in gamsung Israel mi khempeuh lunggim sak mahmah hi. Egypt nasep tote in nasem uh dingin Hebrew makaite koih uh a, a kisawl bangin tu makaite in nasemte uksak uhhi. Kumpipa thupiakna hong khauh mahmah ciangin, Israel mite zong gamsun khempeuh ah hong vak kawikawi uh a, buhtu kaikhawn uhhi. A nasep uh zong a ngah ngeizah ngah zolo uhhi. Hih cin zawhlohna hangin Hebrew makaite in nakpi tak in sa thuak lawh uhhi"—Ellen G. White, *Patriarchs and Prophets* p. 258.

**Kikupding Dotnate:**

**1. Pasion hong sapna khat na dawnna ah nasep a len melloh hun khat ngaihsun kik in. Tua thu hangin bang pilna peuh nangah khasop hiam?**

**2. Nangma thungetna hang ahi a, na phawkkhaklo laitak ahi zong in Pasion hong lailut sakna thu gen in**

**Topa a muang mite nangawn, thusia hong tun khak ciangin koibang in Pasion muangthei ding ihi hiam?**

**3. “Topa thei ke’ng” hongci mikhat tungah bang teng nagen tam maw? A kosiati nop man hi hetlo in ama’ dinmun tawh ahihbang in a gen hi leh e leh? “Topa a theihna dingin” na huh theihna ding dan leh tua thu a thupitna hong hilhcian in?**

#### **Lesson 4**

*July 19–20*

#### **GIMNATE**

##### **SABBATH NITAKLAM**

**Tukalsung Simding:** *Pai. 7:8–10:29; Gam. 33:4; Rom. 1:24–32; Late. 104:27, 28; Isa. 28:2, 12–17; Isa. 44:9, 10, 12–17.*

**Kamngah: “Tua ahih ciangin Topa in Moses kiangah a gensa bang in Pharaoh lungsim khauh lai a, amah in Israel mite paisaklo”** (*Pai. 9:35*).

Lokhopa khatin a la gamtaangsak nuam hitaleh a la ut hetlo hi. A topa in ciang gol simtham khat zam in nakpi takin saatgawp hi. Amah’n a la hopih in ahihleh hong gamtang tamai hi. Mikhat in lokhopa kiangah banghan in tuabang in hong gamtang thei hiam ci in a dong hi. “Amah lunglut theih ding hih masak kul hi” ci hi.

Ganhing tunga ngongtatna khawng koihphot ni in Egypt panin Hebrew mite hong Paikhia thu tawh kizopna khat omthei hi. Moses ahihleh Pharaoh kianglah ah mai nawt in Pasion kammal minthang , **shalach e ami**, “Ka mite paikhia sak in” cihna pen va puak ding hi.

Pharaoh in bel Pasion mite paikhia sak nuamlo hi. Pharaoh in hizahta hizah ta in toncip cihzong a hangthi ding in Egypt galkapte in Israel te langdo ding lau cihl buang adang om khollo hi (*Pai. 1:10*). Salkhawi cihzong sun zonna taktak khat mah hipah hi. Thaman tawm mahmah ahih manin hih salte tungpan in a meetngah teng sun

nuamlo hi. Tua ahih manin ama' lungsim a kikhel theihna dingin zolphat mahmah kullai ding hi.

**SUNDAY**

*July 20*

**Pasian leh pasiante**

**Pai. 7:8–15 simin. Hihteng ah Hebrew mite' Pasian leh Egypt' pasiante kitalsik masakna pan bang pilna peuh ingah thei tam maw?**

Hong tungding galkidona khempeuh pen, a nungta Pasian leh Egypt' pasiante kidona ahi hi. Pharaoh mahmah in , amah zong tua pasiante khat a kicih zong a suuksia penpen ahi hi. Topa in Egypt leh amite gal in do hilo zaw a, amau pasiante a do hizaw hi (*pasiante leh nusiante 1500 val nei uh*). Laisiangtho in zong “*Egypt pasiante khempeuh tungah thu ka khen ding hi. Keimah in Pasian kahi hi*” (*Pai. 12: 12*) cihhi. Anungciang in zong Israel in Egypt pan a zinkhiat khith tuathu ki phawksak kik lai a: “*Topa in amaute' pasiante tungah thukhen hi*” (*Gam. 33: 4*) cihhi.

Amaute' pasiante tungah a thukhenna etpak ding khat; ciangkhit in gul a suahna mah hipah hi (*Pai. 7:9-12*). Egypt ah **Ureas** nusian **Wadjet** pen gulsok tawh limpua sak uh a, Egypt khanglam khempeuh ah ukzawhna lianpen neisak hi. Tua gulsok' lim mahmah zong Pharaoh' lukhu tungah tuangpah a pasian, kumpi leh vangliatna khempeuh aneihna hi a, tua nusian in kumpipa' galte tungah a guu phih cihhi. Pharaoh a sihkhith a galkhat nuntakna ah tua gulnusan in makaih ding cih Egypt te upna ahi hi.

Aaron' ciangkhit in zong gul hongsuah ciangin kumpipa' mitmuh in guldangteng valhtum gai a, tua in a

nungta Pasian in Egypt te' bum leh ai dawivai khempeuh tungah ukzawhna nei cihna ahi hi. Pharaoh' hihzawhna teng khempeuh a zocip bek thamlo Moses leh Aaron tege in amau khutkuak sungah lencip cihna ahi hi (*Pai. 7:12-15*). Pasian hong kalsuankhia in talsik a dona panin Pasian in Egypt tungah ukna aana nei cihna ahi hi. Pasian aiawhpa Moses in Egypt te' pasian Pharaoh sangin vanglianza tham pek hi.

Taanglai Egypt te in **Nehebkau** minnei gulpi pasian pen kha khempeuh ukpa, a siangtho, a zahtakhuai leh biak taakcing c.i uhhi. Amau taang upna sungah hih gulpi in gulsok a dang sagih tak nawmvalhtum gawpzo ahil manin vanglianlua mahmah ci uhhi. Tua hi a, Pasian in Amah gul-pasian maimai hilo, vangliatna leh ukzawhna nei Pasian ahihna Egypt tungah a lahkhiatna ahi hi. Tuabang in vangliatna tawh a talsik khith ciangin amaute un zong Pasian' thupiak kician takin telthei pah uhhi.

**Eima' nuntakna sungah ukzawhna hong nei kee pasiante khatpeuh tungah Topa in koibang in ukzawhna neisak zaw thei ding ihi hiam?**

**MONDAY**

*July 21*

**Kua'n Pharaoh' Lungsim Khauhsak?**

**Pai. 7:3, 13, 14, 22 simin. Hihthute koibang daanin na tel hiam?**

Paikhiatna sungah Pasian in Pharaoh' lungsim khuahsakna kuaveitak om hi (*Pai. 7:3; Pai, 9:12; Pai. 10:1,20, 27; Pai. 11:10 leh 14:4, 8 banah Rom. 9:17,18*). Mu dangah zong kuavei ama' lungsim kikhauhsak tawm kuavei mah om leuleu hi (*Pai. 7:13, 14, 22 Pai. 8:15, 19, 30 Pai. 9:7, 34, 35*).

Kua'n kumpipa' lungsim khauhsak maw – Pasion, Pharaoh? Paikhiatna tangthu sungah gimna sawmte lakpan amasa ngateng tungah Pharaoh in ama' lungsim khauhsak tawm hi. Lungsim khauhna sungah amah kalsuan tawm hi. Gimna gukna pan kipan, Pasion in Pharaoh lungsim khauhsak cita hi (*Pai. 9:12*). Pharaoh' deihteelna ama' lungsim sungpan in a piangtawm thute Pasionin thapia in khauhsak cihteh a cihnopna koi bang ahi tam (*Pai. 4:21*).

Thukhat pan, Pharaoh in ama' lungsim mial bikbek leh ngaihsut khialhna pan kisik in a suahtak nading Pasion in gimna sawm pia hi. Pasion in gitlohna taktak Pharaoh' lungsim sungah koihsak samlo hi. Pharaoh mahmah Pasion langdo ding lammah ama' lungsim tawh teel ngiat hi. Pasion' hehpihna in hong kepcinna zanglo in ama' lungsim amah'n khauhsak tawm hi (*Rom. 1:24-32*).

Pharaoh in ama' deihteelna tawh Pasion' lamah maw, a langdo lamah maw teel thei napi langdo lamah khentat zasop hi.

Thu kician mahmah lel hi. Thumaan leh thukhial, thumanna leh manlohna kikal teelsiamna hong kipia khin gige hi. Vantungah Lucifer pan kipan, Eden ah Adam leh Evi, Egypt pan Pharaoh leh tuni eite mahmah eima omna lam peuhpeuh ah nuntakna maw sihna a kiteel ngiatngiat ahi hi (*Thuhilhkikna 30:19*).

Tehkakna khat: Thawbat (bawngnawi pana kingah butter) leh buan tungah nitaang ngaihsun in. Thawbat hong tui niahniah in buan hong khauh ding hi. Nitang ahiehleh a mun nih tuakin kibang lel a, a tukna mun nihte geel in a dawnthukna uh kilamdang hibek hi. A thupiangu ahiehleh

a van tawh kisai zaw hi. Pharaoh tungtang ah Pharaoh lungsim pen Pasion leh Ama mite amuh dan tungah king hi aci zong omhi.

**Zingciang in lungsim suakta takin ban khentatna peuh nabawl kha ding hiam? Teelna maan thei gige nahiehleh, tua lam adding in nangmah koiban in kiging khol thei ding nahi hiam?**

TUESDAY

July 2

**Gimna Masa Thumteng**

Egypt ah gimna sawmteng in Egypt mite ngiim hil in, a pasian te uh ngiim hizaw hi. Gamna khatsim in pasian khatna vat hi.

**Paikhiatna 7:14–8:19 simin. Hih gimna sungah bangthu piang hiam??**

Pharaoh tawh kiho ding pen baik vetlo ding leh kihokhial gawp kha theilai ding cih Pasion in Mose hilhkhoh khin hi (*Pai. 7:14*). Bangbang hitaleh Pasion in Pharaoh leh Egypt mite tungah kilangh ngiat nuam hi. Tui ahiehleh manin amaute' teltheih ding kammal tetawh kih nuam hi. Hibang a ki talsik ngiatna tungtawn in Israel mite in amau' Pasion theihlawh in hampah zawsop din uhhi.

Gimna masapen in **Nile** gun Pasion **Hapi** ngiim h (*Pai. 7:17-25*). Egypt' nuntak na limlim Nile guntui tungah kinga hi. Tui omna mun ah nuntakna om hi. Tui nuntakna bulpi ahiehleh manin **Hapi** pasian ci uh in nuntakna pasian in bia uhhi.

Nuntakna bulpi taktak in a nungta, na khempeuh, an leh tui mahmah a piangsak Pasian ahi hi (*Pian. 1:1, 2, 20-22; Late 104:27, 28; Late 136:25; John 11:25; John 14:6*). Tui in sisan a suahna pen nuntakna pen sihna suahna ahi hi. **Hapi** in nuntakna kem cing zolo ta hi. Nuntakna ahiehleh Pasian' vangliatna bektawh omthei hi.

Pasian in Pharaoh tungah hunkhat pia kik leuleu hi. Tu tung ciang *uiphuk*, **Heqet** pasian talsik hi (*Pai. 8:1-15*). Nile gun in, nuntakna ahilo, Egypt mite'n a kih mahmah, a kihtak mahmah uiphuk piangsak hi. Tuatate panin amau suakta nuam mahmah uhhi. A hun ciangtan ombang lianin tua gimna a venlianna zong hih gimna' nungah Pasian' vanglian om cih lahna ahi hi.

Gimna thumna in telkhehna tompen hi (*Pai. 8:16-19*). Hiteng lungnote Hebrew pau in **kinnim** pen singnet, thokang, sahih leh ganhih cihte hihtuak hi. Egypt mite a ding in leitung Pasian **Geb** talsikna ahi hi. Pasian in Ama piangsaksa leivui panin nget hong pai khia sak a, leitungbup kizeel gawk hi. Hiteng ahiehleh bawlthei nawnlo a hih manin bum leh aitawi te in, "*Hihpen Pasian nasepna ahi hi*" (*Pai. 8:19*) ci uhhi. Pharaoh inbel ama' lungsim khauhsak gemgam lai hi.

**Pharaoh' lungsim bangzah in khauh cih ngaihsun un. Pasian' thupiak nial zomzel na hangin suuksia sem zawsop hi. Topa' hong sawlna bang nial paisuakna pan bang pilna peuh kingah thei naci hiam?**

WEDNESDAY

July 23

**Inn-tho, Inn-gan leh Meimatum**

**Paikhiatna 8:20-9:12 simin. Pasian' vangliatna bangzah in hong kilang taleh, mihing in suakta takin**

**nialthei lai veve cihthu hi tangthu pan in bang ten, namu hiam?**

.....

Egypt nusian **Uatchit** pen buannawng nusian ahi hi. Nisuahna, piangsakna leh sunglutna pasian pen **Khepr** pasian ahi hi. Hih pasian leh nusian khempeuh Topa vattuk hi. Hih tangthu sungah (*Pai. 8:20-24*) sungah Egypt mite' thuaksiat laitak in Bebrew mite bit mahmah lel uhhi. Bang gimna mahmah in sukha lo uhhi.

Hiteng khempeuh pen Pasian in "*Hih leitung a Keimah in Topa ka hihna*" Pharaoh in a theihna ding ahi hi (*Pai. 8:22*).

Tualeh Pharaoh in thu deekta hi. Thu bel khauhpatektek hi. Israel te in amau' Pasian a biakpiak ding ul zong phal napi'n Egypt gamsung mah hihsak nuam sese h (*Pai. 8:25*). Ama' deihdaan lianpen ahieh theihlohna ah; Egypt mite in ganhing limlim zahtakkai sak uh ahieh manun Hebrew tetung ah ngongtatna peuh ompek khathei din hi. Tuabang ding zong Pasian in deih tuanlo hi.

Tuateng bilbial sungah, gimna a zom (*Pai. 9:1-7*) inn gan tetung ah hong tu a, **Hathor** pen, Egypt mite' ki-itn leh kepbitna Pasian hi a, bawngpi luting tawh limpua hi. Bawngtal pasian **Apis** zong tanglai Egypt te'n pahtaw mahmah a minthang vangvang hi. Tuabang in gimna ngan sungah Egypt mite' ganno teng a sih ciangin a pasian thup teng ki vattuksak hi.

Gimna gukna ah zong (*Pai. 9: 8-12*), **Isis** in, zatung zatang, bum leh ai, pilna nusian vattukna hi leuleu hi. Gal leh natnaleng nusian in **Sekhmet** hi a, **Imhotep** zong zatui leh damsakna pasian ahihi. Tuatate khempeuh in

amau abiate kembit zolo hi. Tua ahih manin bum leh dawitawi te kivattuk ta ahih manin kumpi inn ah zong hong pai ngam nawnlo uhhi. Vantung leitung piangsakpa' mai ah tuate'n bangmah hihthei nawnlo ta uhhi.

Gimna sawmte a kipatna lamah "*Topa in Pharoah' lungsim khauhsak*" (*Pai. 9:12*) cih. Hih thu in lungsim buaihuai mahmah phial napi, telcian mahmah lehang, Topa in Ama' thupiak nialna pan a sulzui om bangbang hong thuaksak cih kilangh hi.

**Pharaoh' gamtatzia pen pilvai hetlo hi. Khentatna maan bawl theihna ding hunhoih kicing ngah lel hi. Ama' lungsim puak buaipih hipeuh hi. Hih tungtang pan eima' lungtang kepcin ding zia bangteng hong hioh hiam?**

THURSDAY

July 24

**Gial, Kauphe leh Khuamial**

**Paikhiatna 9:13–10:29 simin. Pharoah' lungsim kikhel na'ngin hih gimnate in bangzah in kicing mahmah lel hi.**

**Nut** pen, Egypt mite' van leh vangam nusian hi a, vannuai leh leitung a thupiung khempeuh ukigge ci hi. **Osiris** pen khai-gah leh leihoh pasian hi. Laisiangtho sungah **gial** pen Pasian' thukhenna tawh kizom zelzel hi (*Isa. 28: 2, 17; Eze. 13: 11-13*). Hih gimna a tun laitak in, a neihsa uh a bitna munah a kem kha te suakta hi (*Pai. 9: 20, 21*). Pasian' Thu a um leh umlo amau tathlehek tawh mi khempeuh kisittel hi.

Pharoah' nuntakna pen leitungmi khempeuh in Pasian a theihna ding deihna ahi hi (*Pai. 9:16*). Egypt'

kumpipa in amah a mawhlam pulak napi, a nung ciangi a lungsim khelkik hi.

Huihpi, gal leh buaina pasian pen **Seth** hi. **Isis** tawh a kibangin khaikung pasiante ahi uhhi. **Shu** ahihle huihlak pasian hi. **Serapis** zong, vangliatna, leihohna damsakna leh galkhatlam nuntakna pasian ahi hi. Tu pasiante khatbeek in Pasian' thukhenna khawl sak zol uhhi (*Pai. 10:4-20*). Milim lelte in bangmah hilo hi (*Isa. 44: 9, 10, 12-17*).

Pharoah' nasemte in Israel paikhiasak mai len citaleh, nial veve hi. Ki holem ding zong utmah taleh, nume naupangte zong hih biakpiakna leh upna kipawlkhopn ahih manin Moses in nial hi.

A nunungpen in **Ra** in Egypt' pasian lianpen **M** pasian ahi hi. **Thoth** in kha pasian hi. Tua tegel taan nawnlo uhhi. Pharaoh in thu deek leuleu taleh lem tuan hi. Egypt gamsung ah nithum sung khuamial bekbak taleh Israel mite omna ah khuavak gige hi. Ki deidanna in thup ziauzuai taktak hi.

Koibang peuh in ki vatvat taleh, Pharaoh in thua tentan in nungkin deklo hi. A lungsim sungtawng theihloh hang kiliatsakna hihtuak pen hi. Thupiung khau mahmah, kician mahmah in, a nasemte nangawn in "*Eit tungah hih mipa in thangzak hong hi niloh ding hiam? Amaut un amau' Pasian Topa a biak theihna dingun mite paisak in Egypt a siatna theitel nailo nahi hiam?*" (*Pai. 10: 7*) aci uhhi. A thu uh lut mello in pau pau peuh uh a, Pharaoh in Kamit paisak in cih Pasian' thupiak nial teitei lai hi.

"*Kisaktheihna in siatna hong tuaksak a, kiphatsakna in pukna hong piangsak h'*" (*Paunak. 16:18*).

FRIDAY

July 25

**Ngaihsutbeh Ding:** Ellen G. White, *Patriarchs and Prophets* lai. 265-272 “The Plagues of Egypt” simin.

“Pasian in amite Egypt bawlsiatna sungah a phalna pen, a ginalo a milim biakna uh sungah khem a thuaklohna dinguh a deihna ahi hi. Topa in Pharaoh tawh a kisialna ah milim biakna a huatna leh amaute nenniam bawlsiatna teng thukhen ding ci hi. Kumpipa’ lungsim khauhna dingin mihing khengval vangliatna bangmah om tuanlo hi. Pasian in Ama’ vangliatan tawh thu tampi tak lahkha hinapi tua kumpi tukhuavak khauhtak mahin nial sensan hi. Pasian’ vangliatna a nialna khempeuh in langdona lamah pai dingin thahat sak semsem hi. Na lamdang masapen a nialna panin a vawhsa langdona khaici pan, a piang teng aat ta hi”—Ellen G. White, *Patriarchs and Prophets*, p. 268.

“Ni leh kha pen Egypt mite biak hi a: hih khuamial bikbek in a mihingte leh amau’ pasiante tungah gualzo dikdek ta hi. Lauhuai mahmah kawm hinapi, tua thukhenna pan, Pasian in a suksiat noplohna hehpihna teci zong ahi hi. A lauhuai pen leh a nunung pen gimna hong tunma in amaute khuaphawkna ding leh kisikna ding hun a piakna ahi hi” —*Patriarchs and Prophets*, p. 272.

**Kikupding Dotnate:**

**1. Pharaoh teel theihna ding hun tampi ngah napi, ama’ lungsim khausak tawm in kamite paisak in cihthu om gige anial tentan thu lungngai in. Koibang in amah leh amah kikhem tawm thei mawk hiam? Eima’ maiah thumaan khentat theihna ding thu omgige hi napi; eima lungsim iki khausak tawm in a lauhuai khnetatna khawng bawlkhak lohna ding koibang in hong vaukhol naci hiam?**

**Laisiangtho sungah tua bang gamtat khialhna bangdan peuh omlai hiam? Judas lungngai in.**

**2. Pharaoh in ama’ gam leh mihing te tungah siatna tunsak ciangin “Tutung in ka khial hi. Topa maan hia Kei leh kamite kakhial uhi” (Pai. 9:27) cih. Tuaban hun in a lamdang mahmah mawh pulakna a hihte hang thumaan ahih lohna koibang in kithei hiam?**

**Lesson 5***July 26–August 1***PAISAN PAWI****SABBATH NITAKLAM**

**Tukalsung Simding:** *Pai. 11:1–10, Micah. 6:8, Pai. 12:1–30, 1 Cor. 5:7, Pai. 13:14–16, Heb. 11:28.*

**Kamngah:** “**‘Na tate un note kiangah hihbang a hihna pen bang acihnopna hiam’ hong cih ciangin note in ‘Topa’ Paisanna hangin biakpiakna ahi hi. Amah in eite innkuante hong khawi in, Egypt mite a thah lai in Egypt gam sunga Israel te paisan hi’ naci ding uhhi’**” (*Paikhiatna 12:26, 27*).

A sawmna leh a nunungpen gimna hong tung ding hita hi. Vauna nunungpen kipia ta a, khentatna nunungpen bawl ding hita hi. Nuntakna leh sihna thu taktak ahi hi. Mimal khat peuh hilo, innkuan bup leh a neihsa teng banah gambup pi sawng ding hita hi. Mipi tampi mailam thu in Pharaoh leh a miliante tungah kinga ta a, nungta ding mawh si ding hita uhhi. Israel’ Pasion tungah ama’ lungsimpuak in minam buppi mailamthu khentatna hi ding hi.

Khuahun in eite a ding a hoih mellloh ciangin, kal thak khat suan ding hita cileng, eima teelna in eibek hilo, mi tampi nuntakna a sukkhak ding ciangin; koibang in i om a, koibang in i hih hiam?

Pasion in pilna, telcianna leh thumaan gamtat theihna hong pianuam lua mahmah zaw hi (*1 Cor. 1:30, Phil. 2:13*).

T-4

A buaihuai zaw pen eima’ lungsim khauhna hi zav a, thumaan gamtat noploh man hizaw hi. Thei napi in baw nuamlo hihang. Paikhiatna tangthu sungah, a lauhua mahmah gimna lakah, mikhat in, Pasion kiang ki-aap din nial ahih manin; amah leh ami tampi tungah kamsiatn tampi tungsak hi.

**SUNDAY***July 2***Gimna Khat Omlai**

Kamsang Amos in “*Topa Pasion in Ama’ naser kamsangte tungah Ama’ geelsa theisak masa lopi in bangma hih hetlo hi*” (*Amos 3: 7*) cih. Kamsang Moses mah zang mailam thupiang ding peuhmah Pharaoh kiangah lahkhi sak hi. Pharaoh kiang thupi tak in vauna piakhoh hi. kiphasak, a ngongtat, a tatsia leh milim abia Egypt mit tungah thumaan thukhenna ahi hi.

**Paikhiatna 11:1–10 simin. Egypt tungah thukhen ma in Pasion in bang vauna tawh hilhkhoh hiam?**

Pasion in nithum khuamial sak in Egypt hun pia hi (*Pai. 10:23*) —tualai a thu piangteng leh a khiatn lungngaih ding hun pai hi. Vauna kitel mahmah khat taw khentatna maan a bawltheihna ding a nunungpen hunkha pia hi.

Pai. 11:8 sungah Moses in “*Pharaoh kiangpan he mahmah in paikhia*” ci hi. Moses banghang in heh the hiam? Pharaoh’ lungsim khauhna hangin gimna sawmn sungah mawhneilo mipi tampi in kamsiat lawh ding cil Mose in a theihman ahi hi.

Nambat sawm limlim Laisiangtho sungah lim thup ahi hi. Sawm in kicinna picin na ahi hi. Pasion’ lungsin

puak hong lak Thukham Sawm ngaihsun lecin. Egypt ah gimna sawm teng in Pasian' thukhenna leh thuhkikna picing limpua ahi hi.

Pasian in thukhenpa hi a, Amah'n kiphatsakn, thutanlohna, deidanna, kiliatsakna leh angkhualna tawh simmawhna cihte hua hi. A thuakte, a ki simmahte leh a kibawlsiate lampan Pasian pang a, Ama' itna a lahna zong hipah hi (*Late. 2:12, Late 33:5, Late 85:11, Late 89:14, Late 101:1, Late 16:5, Jer. 9:24*).

Eite'n zong ihih theihzah in it ding leh thutan ding hanciam ding hihang. Khatvei vei ciang lamkhat peuhpeuh tawh khengval kha pahpah thei hihang. Puahphat ding a kisapna mun khawng "itna" tawh mit humbikbeksa peuh in ki omkha thei hi. Thutanna khawngpeuh sikhbang in khauhsak gemgam khathei ding hihang. Khengvalna a nihtuak un dik tuanlo hi. Etteh ding khat "Topa in note tungah hong kalh thu in, Thuman thutang sem ding a, itna kip nei tawntung in, kiniamkhiatna tawh Pasian' thu man ding ahi hi" (*Micah 6: 8*).

**Tawikhai kikimsak thei hetlo ihihte hang, thutanna lampan khialh liang sangin hehpihna lampan khialzaw leng banghang in hoihzaw thei nasa hiam? Hi nasa hia leh?**

MONDAY July 28

**Paisan Pawi**

**Paikhiatna 12:1-20 simin. Israel in Egypt a nutsiat madeuh in Moses leh Aaron kiangah Pasian in bangteng vaikhak hiam?**

.....

Egypt pan a paikhiat dingdan teng Pasian in Mose leh Aaron kiangah vaikhak ding cih theihsa hi a, a diaki khanghamte, nau nawiluai nute leh naupangnote, gannot cihbang in vaihawmsa sitset ahi hi. Lam-etloh in hihva cihbang hilo in: Pasian in, Paisan Pawi khaam dingdan hih sitset hi. Ngimna bulpi ahihleh amau a honkhia din Pasian tungah biakna pia in pai ding ahi hi. Na khempeuh ama' hunhun in hong piangzel hi.

Innkuan simin tuutalno khat vaihawm ding a mawkpaih neitheilo ding hi. Mimal in ama' tanciat din ne ding a, innkuan khat in tuutalno khat a gaihkei din uhleh, innkuan dangkhat tawh ki beelpawl thei ding hi.

**Paikhiatna 12:13, 14 simin. Gimna nunung hon tun ding ciangin Topa in Amite a dingin bang hihsal hiam? Tuat in bang limpua hiam?**

.....

Paikhiatna limlim kumsim in pawu khaam ding ul a, a beisa hunin pute pate a ding Pasian in a bawlsak thut phawkna ciang bek hilo, tu a khangthakte mahmah Pasian in a khahkhiatna pawu hi ding hi. Hih thute peuhmah thaksuah den ding cih.

Tang 12 leh 13 in Paisan Pawi a khiatna hilhcia hi: vantung thukhenna in Israel te "**paisan**" hi. Tua ahil manin "**Paisan Pawi**" khaam ding uhhi. Hih kammal per kammal nih kigawmna hi a "**pai**" leh "**san**" hi a; nuntakn leh hotkhiatna lim ahi; kongkhak khuam tungah tuun sisan a baang Israel innkuan te, suksiatna in "**Paisan**" cihna hi. Hebrew pau in Paisan cihpen "**Pesech**" hi a "**paisan**" a cihna ahi hi.

Paisan Pawipi khaamna pen Pasian in ama' mit tungah hehpihna lianpi a bawlsak na teng phawksak kikk.

ahi hi. Hih pawikhaamna mahmah in amau minam hihna leh a biakna uh kepcinna ahi hi.

**A beisa hun sungah Pasion in nang a dingin nahoih hong bawlsak sate phawk tawtungna leh; mailam ah zong hong bawlsak lailai ding cih muantheihna in banghang in thupi thei ding hiam?**

**TUESDAY**

*July 29*

**Pesach**

**Paikhiatna 12:17–23 simin. Hih pawithak khat khaamna sungah sisan in bang mun ah pang hiam?**

Hih pawikhaamna sungah biakpiakna ganno sisan in pawikhaam na'ng thubulpi ahi hi. Hih pawikhaamna sungah a kihelmi peuhmah in a kongkhak khuam tungah tuuno' sisan taat uhhi. Tua pen, sisan tawh a kituamlo mite' phutkhakte panin, amaute honkhia ding cih upna lahna ahi hi. A vanglian lungdamthu ahi hi.

Pasion' tuuno in Christ kawh ahih manin, poi leh hemna neilo ding hi. "*Leitung mawhna a puakhia Pasion' Tuuno*" (*John 1: 29*) ahi hi. Ganno sisan in vaipuak lianpi khat nei a: sihna hunsung ah kepbithna leh nuntakna limpua ahi hi. "*Note omna inntung a sisan pen note a dingin lim hiding hi. Sisan ka muh ciangin note kong paisan ding a, Egypt leitung ka vatgawp ciangin hong susia ding gimna note tungah hong tunglo ding hi*" (*Paikhiatna 12: 13*).

Paisan Pawi khaamna in Egypt pan Kamciam Gam dong khualzinna kawziau bek hilo a, Zeisu' sisan tawh a kituam khempeuh in Zeisu hong kipiakna leh Ama' hoihna ahi lungdamthu tawh kipawl hi. Kum zatampi khiat ciangin

Paul in "*Note na siangtho theihna dingun mawhna silngolui t na paikhia un. Tua hileh silngo sawhloh annel lom thak nah ding uh a, zong ahi takpi mah nahi uhhi. Eite Paisan pawia Christ hong kigo khinzo hi*" (*1 Cor. 5: 7*).

Silngo pen khomun namkim bawlina in kizang hia. Laisiangtho in a pulakcilna ah Egypt panin Israel mit paikhiat madeuh nitak in silngo sawhloh anlum a bawlna ah pulak hi. Amau' innsung panin silngo limlim hemkhi ding hi (*Pai. 12:8, 15–20; Pai. 13:3–7*). Hih mun lian bekma ah mawhna limpua ahi hi (*1 Cor. 5:6–8*). Tua ahih manin Paisan Pawi sungteng peuhmah silngo zang vetlo ding hi.

Silngo sawhloh anlum in mawhna neilo, zia-etn khempeuh zosiang in eite a ding Ama' nuntakna hongpi Messiah limpua hi (*John 1:29, 1 Cor. 5:7, Heb. 4:15*). Sisan sungah a kipap "*puknah*" bawh khat in Pasion' siansuahn hehpihna (*Late 51:7*) hi. Tom gen leng, Pesach sun tawtung in Zeisu hong tatkhiatna vive ahi hi.

**Pasion in eite' mawhna athoihna dingin Zeisu sisan piak kulsese cihpen; mawhna in bangzah in suuksi cih hong phawsak hiam?**

**WEDNESDAY**

*July 30*

**Meisel Piasawn**

Laphuakpa in, i tate un Pasion hong it hong khoi na a theihna dingin: "*A khang a khang a nangma nasep nate kiphathat ding a; a vanglian nabawl nate kigengen ding h (Late 145: 4)*. Innkuan khat in innkuan dangkhat tungah a lamdang Pasion' nasepna, Ama' hong thuhilhna Laisiangtho thu khangthakte tungah gensawn den ding hi.

**Paikhiatna 12:24–28 simin. A thupi bangth hihteng om hiam?**

Hih paikhiatna tangthu a gensawn kik dingin Israel mite sungah nulehpa in thu hilhsia masapen te ahi uhhi. Sawt mahmah khinta hi phial teleh, a beisa tangthu suutkik leltak hilo ding; amau' phutkhak bang taktak in gen ding hi. Hih pawu khaamna tawh, apu apa te' limpua ding uh a, tua tangthu amau sungah nungta sak ding uhhi. Pa in "kei tektek Egypt ah ka om a, Egypt pasiante aki suksiat keimah'n ka mu a, suahtakna ka ngah uh hi" ciding hi. Paikhiatna laibu sung tua thu nihveitak om a, nulehpa in Paisan pawu thu tate' dotna peuhmah a dawanna ding zia kihilh cian hi (*Thuhk. 6: 6-8; Pai. 13:14-16*).

Egypt pan suahtakna pawu bawl ding a cih lai in Egypt mahah omlai cihzong theih huai hi. Pawikhaamna buppi pen upna lahna hi. Pawikhaam danding lamlahna a ngah khit uh ciangun amau a Tankhiapa Pasion "mipi in kunin abia uhi" (*Pai. 12:27*). Tua khit ciangin Paisan Pawu lamlahna a zui uhhi.

Thuhilhikikna laibu sungah, Israel te in amau mahmah khualzin kha bangin tua a tangthu uh phawksak kik hi. Hih tangthu tawh kisai in tumahmah in phutkhak bang lian in a pulakna ah, "

"Topa, note Pasion' maiah note in, a vak kawikawi kote' pupi pen Aramean mi hi a, amah Egypt ah paisuk in tualai ah a peemlai in mi tawmno ahi hi. Tualai ah amah a lian, a thahat, tapi apha minam khat asuak hi. Egypt te in kote hong ngongbawl in, hong gimsak a, kote salbang in hong bawl uhhi. Tua ciangin kapu kapate uh Pasion ahi Topa Pasion tungah ka kiko uh a, Topa in kote' aw hong za in, ka gimnate uh kasepna te uh leh hong nenniamnate uh amu hi. Topa in a vangliatna leh a thahatna, launa lianpi, lim leh na lamdangte tawh Egypt panin kote hong paikhiatpih hi. Amah in hihsun

ah hong tunpih in, bawbgnawi leh khuaizu tui bangin a luann hih leitang kotung ah hongpia hi" (*Thk. 26: 5-9*).

Paisan pawu tangthu pen a tate tungah hilhsawnn hangin, Pasion in Amite tungah a bawlsak thute nulehpat in phawkkik thei lai ding hi. A genpa leh a za mite a din phat tuamna om ding hi.

THURSDAY

July 3

**Vantung Thukhenna**

**Paikhiatna 12:29, 30 pen Pasion in Egypt' ta-upa a vattukna ahi hi. Pasion in banghang in ta-upa ngiin se hiam?** (*Heb. 11:28.*)

.....

Egypt' gimna nunung in ta-upa tungah hong tun hi. Egypt' pasiante leh bangmah manphatna a neilop mihingte'n a lunggulh luat, a deihluat leh a kihtak luat tua pasian zuaute abia innkuan khempeuh tungah vantung thukhenna ahi hi.

Gimna masateng sungtengah tua milimte in a mit honkhia zolo hi. Tuat' man neihlohna pen, gimna sawmn sungah Egypt tetengah a gau lianpen hong tung lailai hi "Egypt gam zapi sung buppi ah innkuan khempeuh kiphatsakna teng lei kidenna dikdek hi. Huih lakah dahna kahna awging kidim hi. Kumpipa leh a nasemte in a mai u khing in a khukte uh kiliing in tua lauhuaina en gega pon mawk uhi" —Ellen G. White, *Patriarchs and Prophets*, p. 280

Pharaoh pen Egypt pasian vanglianpen hi a, ama ta-upa zong pen pasian' tapa hi pah hi. **Isis** pen naupan kemcing nusian; **Heqet** in nausuak nupite a khoi nusian

**Min** in ta/no neihna pasian ahi hi. Tuatē banah Egypt mite in leihoihna pasian tampi nei behlai hi. A nungta Pasian tawh tehkaakna in hih pasian khempeuh in vang nei vetlo hi. Moses in “*Topa aw, pasian-te lakah kua, Nang tawh kibang ahi hiam? Kua, Nang tawh kibang in, sianthona ah lianin, minthang nasepna ah kihtakhuai in, nalamdang sem ahi hiam?*” (Pai. 15: 11).

Tua nungah Jethro in zong “*Topa pen pasian dang khempeuh sangin, a liat zawkna tu-in ka theita hi. Kiphatsakna tawh Egypt mite a gamtat laitak in, amah in Egypt mite khutnuai panin Amite khahkhia hi*” (Pai. 18: 11).

Paikhiatna a lian 1 sungah, Egypt te in Pharaoh thupiakna dungzui in, Israel mite cii-mong sakna dingin, tapa suak peuhmah a thahna thu om hi. Tu in ahihleh, Pasian thukhenna in Egypt’ ta-upa teng vatlum leuleu hi. Vawh bangin ki-aat hi. Eima khentatna leh gamtatna in amau’ gaute hong tun hi. Tua eima gamtat khialh na gaute peuhmah eibek in a kithuak ngeungau ahilhloh zong ana himai hi. Khatveivei mi tampi, mawhneilo pipi te in hong thuakpih hi. Mawhna icih tuabang dan ahi hi.

**Mite’ mawhna hangin bang na thuakkha ngei hiam? Nang mawhna pan in e, mi’n bang thuakkha ngei hiam? Eite lam-et khatbek in bang hiam?**

**FRIDAY**

August 1

**Ngaihsutbeh Ding:** Ellen G. White, *Patriarchs and Prophets* laimai 273-280 “*The Passover*” simin.

“Paisan pawī pen phawk ding leh limpua hi a, Egypt pan suahtakna bek hilo, mai lamah mawhna sungpan Christ in Amite a khahkhiatna limpua zong ahi hi. Gangawh tuuno in eite hotkhiat lam-etna “*Pasian’ tuuno*” ahi hi. Sawltak Paul in “*eite’ Paisan’ tuuno Christ kigo zo*”

(1Cor. 5: 7) cihī. Pasion tuuno gawh ciangbek tawh picin nailo a; a sisan pen kongkhak khuam tungah kitaat din a, Christ’ sisan in kha a ding a kizat mah bang ahi hi. Amah in leitung a ding hongsi hibeklo in, i mimal a din mahmah in hongsi hi”—Ellen G. White, *Patriarchs and Prophets*, p. 277.

Leitung munkhempeuh ah Jew innkuan peuhmah in tuni dongmah Paisan Pawī **Pesach** khaam uh hi. Paisan pawī hun a tunsimin Paisan Pawī Seder ci in Paisan Pawī Ngeina khat in ankuang uum khopna tuam khat neize uhhi. Thathu pen Paikhiatna hunpan kipan aki kemcing den ahi hi. Nisagih Sabbath zong Jew mite in kemcing a tua ni bel tanglai pekpan ahi hi.

### **Kikupding Dotnate:**

**1. Ta-upate in mawhna nei hetlo tamzaw ding cileng tuate a vatlupna ah Topa’ “hoihna” koibangin kimuthe ding hiam? Pasian hong itna tawh koibang in zuunkhawm thei ding ihi hiam? Tuicin zong e, koibang in itelcian hiam?**

**2. Thu ummite pen Zeisu’ sisan in tuam in tua sisan in amaute’ mawhna sawpsiang sak cih limpua in bang khiatna nei hiam?**

**3. Anuai a kammalte simin: “Christ’ nungzuite in Amite thuakna sungah thuakkhawm ding hi. Pasian’ kammalte sangin nuntakpih ding uhhi. Christ’ vangliat na tawh Amah sun in kikhel uh a, vantung lungsim pua uhhi. Christ’ lungsim leh nasepna in Anungzuite lungsim leh nasepna hong suaksak hi” —Ellen G. White, *Patriarchs and Prophets*, p. 278. **Hihteng ah a kigelh bangin koibang in Christ in kisemsak thei hiam?****

**Lesson 6**

August 2-8

**TUIPISAN KANTAN**

**SABBATH NITAKLAM**

**Tukalsung Simding:** *Pai. 12:31-36; James 2:17-20; Pai. 13:1-14:31; Heb. 11:22; Pai. 15:1-21; Mang. 15:2-4.*

**Kamngah: “Moses in mite tungah ‘Laukei un. Kiptakin om un. Note a dingin tuni a hong sep ding Topa hotkhiatna mu un. Banghang hiam cihleh tuni a na muh Egypt mite note in na mu kik nawn kei ding uhhi. Topa in note a dingin hong dosak ding a, note na hih uhleh na om hithiat ding uh bek ahi hi’ aci hi”** (*Paikhiatna 14:13, 14*)

Paikhiatna pen Laisiangtholui sungah Pasion’ mite’ limciinna tawh a kibang pen pen ahi hi. Pasion in Hebrew te’ galte tungah a gualzawh khith ciangin Kamciam Gam ah a lutpihna vantung nasep ahi hi. Christ hong hotkhiatna leh tatna limpua zong ahi hi.

Mihing’ dinmun panin enleng, Israel mite in migilote khut sungpan in suahtakna ding lampi om nawn vetlo, amau leh amau zong ki honkhia zolo dinmun a tungta uh ahi hi. Aki hotkhiat lehlah vantung nasepna bek tawh hithei ding hi. Eite zong mawhna sung ah tua mahbang ihi a: lam-etna omlo dinmun i tung uhhi. Paikhiatna tangthu sangin a limciinna hoihza peuh kisam ding hihang. Himah hi: Christ’ singlamteh tungah kingah a, Christ in zong na khempeuh hong hihsak khin hi.

Israel mite in Goshen pan hong paikhiatna pen Paikhiatna 12 sungah om a, 15 sunga Moses’ la dong hi a lamdang lua mahmah hi. Pasion in na lamdang bawln tawh a tatkhiatna in a sangpen dong a baan hi. Paikhiatna sunga limciinna tengin a limpua vive hi a, Singlamteh tungah Christ in hong hihsak thute tawh tehkaak thei ding zong hilo hi.

**SUNDAY**

August

**Pai unla, Topa Bia un**

Paisan Pawi nitak in, sisan in a tuamlohte tungah vantung thukhenna hong tung hi (*Pai. 12: 1-12*). Zalian mipil, nuntakna sang, numei/pasal kuamah suakta lo hi. Pharaoh pan kipan sal te leh ganhing dongin ta-upa kio peuhmah innkuan khempeuh in vat thuak uhhi. Egypt kiphatsakna teng ki leiden in vutlehvai suak hi.

**Paikhiatna 12:31-36 simin. Pharaoh in amaut paikhiat ding phalna a piakkhit ciangin banghang i bang ngetna nei hiam?**

Pharaoh in Hebrew mite biakna pia ding paikhia ding phalna a piakkhit ciangin: ngetna khat zong neila hi: “*Kei zong thupha hongpia un*” cih.

“*Kei zong thupha hongpia un*” ci maw? Egypt kumpipa a mite lakah “pasion” in tuabang in ngen mawleh? Nunungpen in Hebrew te’ Pasion vangliatna pom in metbaw nuamliang hihtuak hi. Langdona, lungkhauhna, mawhn leh kiphatsakna sungah thuklut mahmah ta a, koibang in Pasion in thupha piathei ding ci hiam? A tawpna ah phaln a piaktei hang, Yahweh’ deihna tawh zong kituaklo hi Vattuk athuak manpeuh hi e. Kisik taktak lopi -

nununglam in a gamtatna ah kilangh hiven. Ama' gamsung suksiatna teng khawlsak nuam pak hibek hi.

Pharaoh ahiehleh niamkhiat thuakta hi. A suksia pen gimna panin tuahsiat man peuh in Israel in Egypt pan paikhiaat ding phalpak hilel hi. A cillam in anial thapai tawn tung manin tuateng hanga thuaksiatna teng pen amite tungah hong tun manpeuh in phalna apia hibek hi. Egypt mite in zong Hebrew mite paikhia sak nuamlua uhhi. Amau un zong paikhia ta un "*sikhin petmah ding hi ung*" ci uhhi.

Pasian in zong, Israel mite khut-guak in paikhiaatloh ding geelsak a, amau' khual zin na'ng lampi in upmawh sangin sauzaw thei ahieh manin; amau kisap theih ding teng vaihawm sak hi. Egypt mite in amau' leitang panin manlang takin Jew mite a paikhiaat theihna dingin van manpha tampi tak pia uh a, sawtpi taksung sep thaman a piak noploh tenguh ahi hi. A taktak in Egiypt te a dingin Hebrew mite paikhiaatna dingin a piakkhiat teng pen tawmlua liang zawsop hi.

**Eima gamtatna te khial kisakman hi zawlo in: a sulzui teng hang peuhin bang zahvei bang i "kisik" ngei hiam? Banghang in kisikna dik hitheilo hiam? Mawhna a dingin koibang in dahthei ding a, hun tomno sungin "nusia" thei ding ihi hiam?**

**MONDAY**

*August 4*

**Tacil aapna**

Tatkhiat ding leh suahtak ding hunciam hong tung ding hita hi. Mipite kisakhol ding uhhi. Umpeuh dingbek hilo, upna gamtatpih ding uhhi. Amau hih ding teng Pasian in hilkhin a; upna tawh sepding bek ahi hi. James laikhak sunga thute tawh a thupiandan kibanglo ahieh tei hang amah in "*Mihaite aw, na theihnop uhleh, sepna in a zuihloh upna in a si hi*" (*James 2: 17-20*) cih.

**Paikhiaatna 13:1-16 simin. Israel tacil te per Pasian hehpihna hangin gimna nunungpen pan ki paisa hi. Hih tawtung thupiakna in eite a ding bang khiatna neithe naci hiam?**

Sisan nuai a om Israel innkuan te peuhmah in amau' upna kongpi khuam tungah ciamtehna koih uh ahieh manun, Pasian' hehpihna in amau' kembit hi. Tu in zong Topa tungpan thupiak thak pawlkhat Moses tungtawn in hong tung a: "*Tacil pasal peuhmah Kei hong aap un*" (*Pai. 13: 2*) cih. Hih thupiak pen mihing leh ganhing tungah thuki ahieh hi. Hih thukip i nungah thukhun omkhat in Pasian' pen nakhempeuh piangsak ahieh manin tuan a khempeuh Ama' aa ahieh hi: "*Leitung leh a tunga omte leh, leitung leh a tunga teng te Topa' a ahieh hi*" (*Late 24:1*). "*Leitung ah a omte ngun leh kham khempeuh Keima aa' ahieh hi*" (*Hag. 2:8*) Topa in cih.

Israel mite' ta-upa peuhma Pasian' thupha gahmas hi a, Pasian tungah amau' ki pumpiakna limpua leh neihlehlamh khempeuh Pasian kiangpan hong pai ci phawkna zong ahieh hi. Hiteng ah tatkhiatna leh hotkhiatna thu zong om hi. Ta-upa te zong sisan in a tuam manin kipaisan hi. Zeisu sisan nuai ah omte mahbang in sihn lakpan kitankhia hi. Paul in zong Zeisu' thu a gelhna ah "*Ama' sisan in eite hong khakhia a, i mawhna hong ki maisa khinta hi*" (*Col. 1:14*) cih.

Tua kawmkal mahah, ki-aapna bawl ding dan per Egypt sal pan suahtakna paw khaam bangin bawl ding cih. Gangawh biakna pia ding uh a, amaute' tate tankhia din uhhi (*Pai. 13: 12, 13, 15*).

**Paikhiaatna 13:16 in amau' khut tungah mit kika a koih ding zong genlai hi. Ei upna neihzah hizawlo in hih thute in bang khalam thumaan limpua hiam?**

TUESDAY

August 5

**Tuipisan Kantan in**

**Paikhiatna 13:17-14:12 simin. Israel in Egypt a nutsiat ciangin Pasion in koibang in makaih a, bangthu teng piang hiam?**

.....  
Moses tungah Pasion thupiak bang zui in, Israel in a kilem sitset galkaphon bangin paikhia uhhi. Hebrew pau **tsaba**’ leh **makhaneh** in “galkaphon, khenpi leh mihonpi” (Pai. 6:26; 7:4; 12:17, 41, 51; 14:19, 20; 13:18) cihna ahi hi. A pawl apawl in kikhen leuleu in galkap bangin mainawt uhhi. A nungciang in Moab mual tungah **Balaam** in “a bawng abawng in giahphual saat a mu hi” (Gam. 24:2).

Tua ciangin “Moses in Joseph’ guhteng pua hi” (Pai. 13: 19). Hih thu zong a thupi mahmah khat hi a, Joseph in Pasion’ kamciam a upna picinsakna ahi hi. Joseph in Egypt kumpi inn nuam mahmah sungah maang liang hi taleh, a mitkha sungah tua Kamciam Gam Joseph in mansuah ngeilo hi. Ama’ guhteng Canaan gamah kipua hamtang ding cih ngetna nanei hi (Pian. 50:24, 25). Egypt gamsung mahah Pasion in Ama’ kamciam omsa mahbang in Israel te kiangah hawh ding hi cih um hi (Heb. 11:22). Israel mite Canaan hong tun ciangin, Joseph’ guhteng “Shechem ah kiphum hi” (Joshua 24: 32).

Meii khuam leh mei khuam zong Pasion in amite a ompihna lim mah ahi hi. Topa in tualai ah om in meii sungpan paikhia hi (Pai. 14:24; Gam. 12:5, 6).

Tua laitak mahin Pharaoh in ama’ lungsim taktak kilanghsak hi. Amah kikhello, kisik takpi hetlo hi. Pasion

in thupha a piak ding a nget mawkmawk zong ciamnuihn leh amahmah a kikhemkhem tawh kibang lel hi. Ama galkapte kaikhawm in, a suakta a salte nung vazui uhhi. Hih mipa bangzah ta in mittaw liang hiam?

Pharaoh galkaphon hongpai mipite’n amuh ciangun nidang in a phun ngei zelzel uh bangun: “Egypt gamah ha a omloh manin sehnel gamsung ah asi dingin kote hong paipi nahi hiam? Egypt panin paikhiatpihna tawh kote tungah ban hong bawl nahi hiam?” (Pai. 14: 11). Limciing bang liang in Pasion’ vangliatna in amau’ ta-upa te paisan khin liangz hinapi, tua mite in upna nei nailo veve lai uhhi.

**A lauhuai hun na tuahkhak nunungpen hun ngaihsun kik in. Na dawnthuk masakpenna koiban hiam: Pasion upna tawh maw; uplahna tawh maw? Thu dang khatpeuh na tuahkik ding ciangin koibang in hih ding cih bang pilna hong pia naci hiam?**

WEDNESDAY

August

**Upna tawh Mainawt**

**Paikhiatna 14:13-31 simin. Amau uploh kawmka ah Pasion in bang hihsak hiam?**

.....  
Moses in Pasion leh Ama’ Thu lungsim takpi tawh muangin, mipi zong thapia hi. Tua haksat hun in amau hih ding thu li pia hi:

**1.”Lau kei un” (Pai. 14:13).** Ngetna masapen in Topa muan ding, tua bek in launa hong zawhpih thei hi. Isaiah in hih thumaan tawh kisai in thu umte in Pasion’ khut sungal om a, amau’ Topa Pasion in saan ciangin : “Nang hong ompi kahih manin laukey in. Na Pasion kahih manin laukey in .

*Keimah Topa na Pasian in nak hut taklam kalen hi. Laukei in Nangmah kong huh hi” (Isa. 41:10, 13).*

**2. “Om hithiat un” (Pai. 14:13).** “Om hithiat” cihpen phunnawi khawl ding in, na lianpi lam-en ding bek thamlo; Pasian muangin, Amah hong lailutsak ding, Amah’n hong dosak ding zong lungduai takin ngak ding ci hi.

**3. “Note a ding tuni in hong sepding Topa hotkhiatna mu un” (Pai. 14:13).** Eite upna a khanna dingin, Pasian hong makaihna sangphotphot ding a, Ama’ kamciamsa huhna zong lungdam ko ding hi. “**En-un**” cihpen, mit hong ding (*uplohna in mittaw sak hi*). Pasian bekin galzawhna, bitna leh hotkhiatna hongpia thei hi. Pasian in nisimin eite a dingin hong don in a hunzui in a kism bangbang hong vaihawm sak hi.

**4. “Topa in note a dingin hong dosak ding hi” (Pai. 14:14).** Hihthu in Pasian hih ding teng hong lak hi: Amah mahin Amite a ding dosak ding hi. Calvary in tuathu kipsakna hi a, Singlamteh tungah Christ in Satan zokhin a tawntung nuntakna hong pia hi (*John 5:24; Heb. 2:14; Mang. 12:10, 11*). A nungciang in Egypt mite nangawn in Israel a dingin Topa in dosak cih theita uhhi (*Pai. 14: 15*).

Pasian in Moses tungah a thupiak kician hi: “**Mainawt un.**” Pasian in Ama’ geelna cialkhat khit khat honziahziah hi. **(1)** Pasian’ Vanmi leh meiikhuam in Israel giah- phual tungpan in kikhiin in amau nunglam, Egypt galkaphon tawh kikal ah daal hi. **(2)** Moses in zong upna tawh tuipei tungah ama’ khut zan ding hi. **(3)** Topa in a khauh mah mah huih tawh tui satkham in keusak hi. **(4)** Tua ciangin Israel in tuipei kantan in leikeu tungah tuigal tungphei ta uhhi. Pasian in Amite a dingin a piangngeilo thulian khat bawl ding cih theilopi mittawpi in Egypt mite in zui uhhi. Amau cihsa mahbang (*Pai. 14: 25*) in a ziakai luat mateng bangmah mulo uhhi.

T-5

**THURSDAY**

August

**Moses’ leh Miriam’ La**

Egypt galkaphon a vekpi in kisia uh a; Pharaoh pa kipan khat zong suaktalo uh hi (*Late 136: 15*). Egypt mit in upmawhloh kal in suksiat thuak uh a, Pasian’ mite in picing gualzawhna ngahta uhhi. Amau’ tangthu sungal tuni ciangdong mah hih tangthu suutden uhhi.

**Paikhiatna 15:1–21 simin. Moses’ la sungal bangteng om hiam?**

Hih la in Topa pen Ama’ mite a langdo mite a susi galhangpa a hihna phatna la ahi hi. Hih la sungah Topa Pasian pen amau’ thahatna, la leh hotkhiatna hi ci in Moses ngiat in a deihphuak ahi hi. Amah kuamah tawh kibanglo hi, “*Siangthona ah lian in, min thang nasepna a khtakhuai, na lamdang sem*” (*Pai. 15: 11*) cihi.

Moses’ la in Pasian’ thu hi a, Amah leh Ama’ sepn thu ahi hi. Pasian in Amite a ding a hihsakna hanggi vangliatna, phatna leh zahtakna tawh kidim hi. Eite tungal Pasian hoihna hangin lungdamna leh biakpiakna hon piangsak hi. Ama’ hong itna lungdam koh theihna in khalam nuntakna hong kipatna maitai ahi hi. A kipk den Pasian hong itna in Ama’ tatsa mite mah Amah’ makaih in siangtho bitna munah paipih ding cih ki pula sak hi. Pasian in Ama’ gamh leitung tunga om mual tungal Ama’ biakinn lam ding hi ci a (*Pai. 15:17*) tua in Zion a k Jerusalem Biakinnpi kawh hi.

Mangmuhna 15:2–4 sungah, tatkhiat te in Mose leh Tuuno la sading uh cihi. Pasian’ vanglian nasepn

phatna, thumaan thutang thukhenna leh Ama' dikna Siangthona phatna late vantungah koibang in a ging zentam cih na ngaihsun thei hiam?

A la taang nunung pen lungngai in. "*Minam khempeuh hongpai in Nangmah hong bia ding uhhi. Nangmah'n thu nak hen khin zo hi.*" Kum tultampi sung mah thukhen loh in a omcip gitlohna leh nenniamna tungah Topa' thukhenna hong kipulak ding a; tua minamte lakpan tatsa khempeuh in tua thukhenna hangin Amah phat ding uhhi.

**Immanuel Kant in Pasian in thutang a hihleh nuntakkikna om teitei ding hi. Hihthu banghang in maan thei a, tulaitak in hong tung nailo thukhenna in khatvei teitei hong tungding cih koibang in muangthei ding ihi hiam? Tua lam-etna tawh koibang in khamuanna neithei ding nahi hiam?**

FRIDAY August 8  
**Ngaihsutbeh Ding:** Ellen G. White, *Tuanpupate leh Kamsangte* lai. 281-290, "**Paikhiatna**" simin.

Israel mite' uplahna kawmkal mahah Pasian amau'lamah om hi. Amaute thuhilh, makaih in Ama' teeltuam mite bangin gamta sak nuam hi. Pasian in lungduai takin makaih in tona a tawm penpenna mun ah paipih ding hi. EGWhite in zong: "Israel mite in Pasian a theihna uh tawm ahih manun Ama' sungah upna neu uh a, lau in lungkia uhhi. Amaute un hiam lah neilo gal lah sim theilo uh a, amau' lungsim te in sawtpi saltanna leh numei naupang ganno teng donna tawh vangikpi pua uhhi. Tuipisan lampan makaih sese natawh Topa in amah Hehpihna leh thukhenna Pasian ahihna lahkha hi"—Ellen G. White, *Tuanpupate leh Kamsangte*, lai. 282.

Moses' La tawh kisai in, *Andrews Laisiangtho hilhcianna in*: "Tangthu sungah Pasian' tatkhiatna a

omtakpi manin, mailam ah zong launa ding bangmah omli cih hong lungmuangsak hi. A taang nunung in Canaan . lakuh ciangun a talsik dinguh galte acih na ahi hi. A thaha Pasian' "**khut**" hangin amaute in "**suang bangin kip**" (*aneu* 16) cih. A piangtheilo ding thute i talsikkhak ciangin zuatna'ng theilo pampaih bang hi ikisak ciangin "**Moses La**" in Pasian' mite tangthu sungah nalianpi semkhi ahihna tungtawn in lungmuanna kingah thei hi"—*Andrews Laisiangtho hilhcianna, "Paikhiatna"* (Andrews Universiti Press, 2020), p. 214.

#### Kikupding Dotnate:

1. Egypt pan Hebrew mite hong paikhiat khit bangin eimah iki ngaihsun zelzel napi Tuipisan madeuh ah ton a thuakna uh dinmun ah banghang in kikoih ngeilo ihi hiam? Eiamah' tungah Pasian' hoihna leh A vangliatna tampi mukhin gige hinapi hang a banghang in uplahna neiteitei theilai ihi hiam?

2. Gimna teng khempeuh leh tacil-upa sihna nangaw tungkhin zoliang napi in, banghang in Pharaoh in Israe nungdelh teitei lai hiding hiam? Eite mahmah in zong mawhna sungah lungtang khauhsak in om ding lauhuaina bangthu hong hilh naci hiam?

3. A hunhun in haksatna kithuak zelzel thei hitaleh tutadih in nihoih hunhoih bekthamlo, pawlkhat a din bang nunhoih mahmah itlehngaih kuamah sihloh hun khawng kinei lel hi. Eite in "galpa" gamhuam sungah k om hi a, Pasian' hehpihna in hong kembit mahmah cil banghang in phawkhuai nasathe i hiam? Lauhuaina t in eite hong paisan den ahih manin, tua hunhoihte dingin Pasian phat huai salon a hi hiam?

**Lesson 7**

August 9–15

**KHOMUN LEH NUNTAKNA TUI****SABBATH NITAKLAM**

**Tuakalsung Simding:** *Pai. 15:22–16:36; Pian. 3:1–6; Pai. 17:1–7; 1 Cor. 10:4; Pai. 18: 1–27; 1 Cor. 10:11.*

**Kamngah:** “**Topa in Moses kiangah, ‘Ka thupiakte leh Ka thu zuihdng bang tanvei nial ding nahi uh hiam? Enun! Topa in note Sabbath hong piazo hi. Tua ahih ciangin ni gukni in Amah in note tungah ninih khom ding an hong piakhin hi. Note na milip un nomau’ omna ciatah om un. A ni sagihni in ama’ omna pan kuamah paikhia kei hen’ aci hi. Tua ahih manin ni sagihni in mite tawlna uhhi”** (*Paikhiatna 16:28–30*).

Egypt a nutsiat khit ciangun, Israel in Kamciam Gam lam zuan in theihlohna khual zin uhhi. Khualsau leh haksa masuan uh a, pilna thak tampi tak a phutkhak uh kul hi. Topa in amau makai hih kem a: Ama’ deihna bangin khangto ding leh amau’ lampan zong thukhun zui, pumpi kideek, ki aap, angkhual lo, Topa muang in Ama’ thu mang ding uhhi.

Moses pen amau’ melmuh makaipi ahih manin, ama’ makaihna zui peuhleh gual zo teitei ding uhhi. Munkhat ah omkhawm in, kipawl in semkhawm, khatlehkhat kihuh kipanpih ding uhhi. Tona leh maidaal tampi takmah masuan uhhi. Amau’ khalam khantoh theihna ding pen tua tona lianpi teng koici phut a, Moses tungah koibang in gamta cihte tungah kinga hi.

Sente thu ciapteh minthang khat pen “*tai tulkhah khualzin ding pen kalsuan masak pen tawh kipan*” cih. Israe dinmun in tuabang linlian hi a, kalsuan simin Topa muan dinguh kisam pen hi. Tua pilna te olno takin sinkhah hetlo uhhi.

**SUNDAY**

August 1

**Tuikha**

Laisiangtho’ limciinna sungah mimal tuamtuan in apha leh asia, om ngeingai a, a thupaizia, amun ahun leh gitlopa’ thu awlmawh kulpen hi. Bangbang ici zongin limciing tangthu khat sungah a thu vatsat daan leh akingal pilna thupi pen hi. Hih tangthu te zong tua mahbang ah uhhi.

A tangthu bang ahihleh, ***Thu Vatsatpipa*** leh ***LemtuaHPa*** in Pasian hi a, ahihhang Ama’ nasepna zong mipite uplahna mah in buaisak tawntung hi. Thuman nuamlo in phunden uh ahih manun, Hebrew mite in buaina leh tuahsiatna tamveipi thuak uhhi. A kisiklohn leh uplahna hangin amau’ tungmah ah haksatna tungsa zel uhhi.

**Paikhiatna 15:22–27 simin. Tuipisan a kantak khit uh ciangun, na lamdang masapen a kibawln nungthu in bang hiam?**

Israel’ upna a kisin masakna penna in tui kisapn tawh hi a, sa mahmah in keugaw sehnal sunga omuh ahil manin lamdang lualo lel hi. Nithum sung a zinkhit u ciangun tui mu uh hinapi kidawn theilo hi. Marah “***khah*** cihna hi a tuatui kha ahih manin, Topa’ kep na phunsan ngeingai uhhi. Pasian in bel a hehpihna hangin singhian

khat tawh na lam dang bawlsak hi. Tuatui dawntheih dingin a khumsak pen tua sing hilo aTopa hizaw hi. Mite in pilna thupi mahmah tampi sin ding uh a: **(1)** Lungduai takin Topa' hun ngak hithiat. **(2)** Pasion' mihing mahtawh kipawl in nasemkhawm hi.

Israel a dingin Pasion in na lamdang tampitak pia hinapi mangngilh baih mahmah uhhi. "*Topa aw, pasiante lakah kua nangtawh kibang hiam? Kua Nangtawh kibangin, siangthona ah lianin, minthang nasepna ah kihtakhuai in, na lamdang sem ahi hiam*" (Pai. 15: 11). Pasion' hihsak nate lungdam takin la in a sakliang te uh mangilh pah uhhi.

Tuabang in aphun ngeingai khit ciangin Pasion in Egypt mite tungah a tung "***gimna te***" (Pai. 15: 26) khatzong note tungah kong tungsak kei ding hi cihhi. Amah'n kemcing ding hi. Topa tungah citak in ompeuh leh uh hih kamciam teng ngahthei ding uhhi.

**Nangma tungah bang zia-etna leh haksatna na tunkha hiam? Pasion tawh kipawl in na sepkhop nakleh Pasion in nang tungah na hong sem cihthu tawh bang khamuanna nanei thei hiam?**

**MONDAY**

August 11

**Vamim leh Manna**

Hih khualzin mite lampi tawntung ah langdona om kinken hi. A beisa hunsung ah Pasion in panpih in a mau haksatna khempeuh vatsatsak den hinapi, mipite in mangngilh pahpah uhhi. Tu laitak a thupi pang tengtawh a lamdang mahmah amau' mailam ngiimna teng muzo nawnlo uhhi. Tuabang buaina temah tuhun Pasion' mite lakah zong omthei hi.

**Pai. 16:1-36 simin. Israel in banghang in phuh uh a, bangin zui hiam?**

Lasiangtho sungah zia-etna peuhmah an tawh kizom hamtang hi. Eden huansung ah zong a Pukna uh in a kikhaam sialehpha theihna singkung pan a nekn hangmah ahi hi (Pian. 2:16, 17; 3: 1-6). Gamlak a Zeisu ki zia-etna ah, Satan in an mahtawh kap masa pen hi (Mat. 4:3). Esau in zong ama ta-upa dinmun pen anduhna u zolo in khahsuah hi (Pian. 25: 29-34). Israel mite zong neklehdawn bang tanvei buai uh hiam! Moses in amau vau ding mah zong hiveve hi: "*Mihing in an bektawh nungto lo in, Topa' kamsungpan a pusuak thu khempeuh tawh nungto hi*" (Thk. 8:3).

Manna zong kum 40 sung khualzinna ah Israel a dingin Pasion in vantung panin a vaihawm sak ahi hi. Hih silpiak tungtawn in Pasion in Amah Piangsakpan nakhempeuh hong piapa ahihna a theihsakna ahi hi. Tu banah, pianzia khengval in manna a piakna tawh nisagil Sabbath ni kemcing ding cih zong hilhpah hi.

Kaalsim in thu lamdang li ta piang hi: **(1)** ning sungteng, Pasion in nikhat nek khom dingta pia hi **(2)** Friday ni in manna thuapnih ta pia hi **(3)** manna in Friday ni pan Sabbath ni dong muatlo sese hi. **(4)** Sabbath ni in bang manna mahmah kialo hi

Sabbath phawkden in tua ni in Pasion' hoihna the tawntung dingin Pasion in hih na lamdang li teng kaalsim in bawl hi. Pasion in "*Topa in note tungah Sabbath hong piang cih theita un*" (Pai. 16:29).

**Mihing in an duh hi. Anduh ding mahin zong hong ki piangsak hi. Lei panin hong pokhia an tampi te (hong kipia cil an) in, Pasian in anduh dingbek in hong bawl hilo a, eima nek bangbang in eimah piang ding hong deihsak hi. Hih silpiak lamdang mahmah anduh theihna tungah koibang in kikhial thei naci hiam?**

TUESDAY

August 12

**Suang Sungpan Tuiluang**

Sehnel lakah tui tampi kisam hi. A mite in phunnawi uh in Amah muang zolo in tui a piaknopna leh a piaktheihna zia-et uh hinapi, Pasian in amau don veve hi. Uplohna tawh amaute in Egypt lam nunghei kik uhhi.

**Paikhiatna 17:1-7. Tua thu tungtawn in tua mite in bang pilna ngah tuak uh hiam?**

Moses in tuamun pen **Massah** minvawh a, “**zia-et**” cihna leh **Meribah** “**kiseel**” cih na hi. Israel mite uploh kawmkal mahah Topa in tui pia hi. Hih min nih tegel in Israel mite in Pasian zia-et lo ding leh seello ding cih phawksak hi (*Heb. 3: 7, 8, 15*). Pasian’ ompihna bek thamlo a vnagliatna leh a ukzawhna Mukhin gige napi, amau lak ah Pasian om takpi mah hiam ci dotna bawl uhhi

“*Moses in suang saat hi; ahihhang Pasian’ Tapa in meii lakpan in Moses’ nung ah dingin nuntakna-tui luangsak hi. Moses leh makaite bek thamlo, mipi in zong a gal ah ding uh a, Topa’ vangliatna mu uhhi; ahihhang tua meii kixhiin khaleh, tua lai a om Pa’ vangtangpha mahmah tawh amaute sikhin ding uhhi*” —Ellen G. White, *Patriarchs and Prophets*, p. 298.

Tui om keileh ki nungtalo ahah manin tui in nuntakna limpua hi. I pumpi sungah sazang khempeuh in tui kisam hi. Eite in za ah 60 tui ihi uhhi. I guht nangawn tui hon khat mah kihel veve hi. Sehnel gamah tui piakna pen Israel mite kisapna teng vaihawm sak in Amah a muan theihna ding ahi hi. Hiteng ah zong thumaah ding kisam hi.

Kum zalom tampi khith ciangin, 1Cor. 10:4 sungah Israel te sehnel gamah a phutkhak teng uh pen thu un mite a dingin tehpih omlo liang ahahna Paul in pulak hi. Christ in a makaih bek hilo tui zong pia lailai hi (*Late 78, 15, 16*) leh khalam leh pumpi kisapna zong vaihawm sak hi. Paul in “**tua Suangpi in Christ**” cihhi. Amaute a dingin Christ in Nuntakna Bul leh tawntung nunna Piapa ahi hi. Suangpi in kipkho ahah mah bang in, Pasian in zong Amit kiptak in makaih hi. Pasian in Ama’ kamciam peuhmah pelh ngeilo ahah manin mikhatpeuh in Amah hopih zav taken.

**Tu mahmah in Pasian na muan ding a kisapna bangteng om hiam? Ama’ deihna bang in ki-aap zav in Ama’ hong sepsak ding koibang in ngak thei ding in hiam? Banghang in baihetlo veve thei hiam?**

WEDNESDAY

August 13

**Jethro**

Moses kiangah a sunghpa Reuel zong a kici Jethro hong hawh hi (*Pai. 2:18*). A sunghpa Jethro in Moses’ zipporah, a tapa nih Gershom leh Eliezer tegel hong paipih hi. Amau hongpai Moses in a zak ciangin dawn ding in paikhia hi.

**Paikhiatna 18:1-27 simin. Tua minam a dingin thupi bang kalsuanna om hiam?**

Pasian in Israel tungah a sepsak teng leh a suahtakna teng Jethro in a zakciang in hong pai ahi hi. Moses in zong “*Topa in Israel te hangin Pharaoh tung leh Egypt te tung ah a bawlte khempeuh, lampi ah amau tungah a tung haksatna te khempeuh leh Topa in amaute a hotkhiatna thu a gen hi*” (Pai. 18: 8).

Tua ciangin Jethro in Pasian’ hoihna leh Ama’ mite a ding a lailutna cihte hangin Pasian a phat a: “*Egypt mite leh Pharaoh khutsung panin note hong khahkhia Topa in thupha ngah taken. Topa in pasian dangte khempeuh sangin a liatzawkna tu in ka theita hi. Ama’ mite tungah Egypt mite in kiphatsakna tawh a gamta uhi*” (Pai. 18: 10, 11). Hi tengah i muh thupen Pasian maantaktak in Amite sungah a nasepna teng leh eite Ama’ mite mah tungah zong hong hihsak theihna cihte teci panna ahi hi.

Tua laitak mahin Jethro in Pasian maan taktak hong theihlawh a, Pasian’ mite a dingin piakkiat ding khat pilvai leh phattuumvai ngaihnutna khat piakhia hi. Moses in zong ki ukna liangko kikim takin a bawlpahat kulta hi. Ki-aapna tawh a citak thukhente, thukhual mite kism hi. Jethro in tuabang mite gualsuk hi. (1) Pasian a kihta mi (2) A muanhuai hi (3) thumaanlo in a meetna a mudah mi cih. Gamtat hoih mite in tulsim, zasim, sawmnga sim leh sawm sim in uk ding hi. Tuabang hileh Moses’ vangik zangtuam thei ding a, a thupi zawdeuh te tungah lunglut thei ta ding hi. Tuabang in mipite hoihtakin ki uk ding hi.

Moses in Jethro piak ngaihnutna hoih sangpah a (Pai. 18: 24), amaute’ dinmun ciat ah a uk ding mite koih hi (Thk. 1: 9-18).

**Moses in tua puteekpa khawng pampaih ziau le in ama’ nasep sem hithiat thei lel hinapi; tua cihlo hi. Hebrew mi a hilo mikhat’ thu aman nopna tungtawn in eite’n zong bang pilna peuh kingah thei ding hiam?**

THURSDAY

August 1

**Khomun leh Nuntakna Tui**

**1 Corinth. 10:11 simin. Paul in hibang thute bangdingin kiciamteh ci hiam?**

Paul in Israel tungah a tung khempeuh pen Christ nungzui khempeuh in haksatna a pelhtheih nading unlimlahna hi ci a; hihthute panin pilna la ding cih. “*Hu nunung*” a eimah hong thuhilhna cih. Pasian in Amite’ khentatna maan nei in Ama’ thuhilhna a zuihtheih na’ngun “*thahatna, itna leh pumpi ki-ukzawhna*” nei theihna dingin Khasiang tho guan cih (2 Tim. 1: 6, 7). Zeisu Christ in nuntakna thak bul (John 14: 6) hi a, Amah in “*Pasian’ mai ah a siangtho a saantakcing a nungta biakpiakn ... Leitung mihingte’ gamtat bangin gamta kei unla, na lungsin uh kikheel in Pasian kipuahpha sak un. Tua hi leh a hoihnat bang hi a, bangte in Amah lungkimsak in bangte in kicin hiam cih thei in Pasian’ deihna naphawk thei ding uhi*” (Rom. 12: 1, 2).

Sawtpi khit ciangin Zeisu in, manna leh tungtawn in; Amah mahin sehnel gam kantan in makaihngiat a hihna Ama’ tungtang thumaan hihna in zang hi.

**John 4:7-15 leh John 6:31-51 simin. Ei Christian te a dingin bang thumaan hiteng ah pulak hiam?**

Samari numei in amah’n koimah panin a ngah zawhloh khat Christ in pia cih phawkkha hi. Sunglam adaihna, lungnopna leh Pasian kiangpan lungdamna dangtaak te in Pasian kiangpan dangcimna ngah ding h (Late 42: 1, 2).

A nungciangin, manna tawh kisai Zeisu in, mipi tungah a piapa in Moses hilo a Pasian hizaw cihi. Tua ciangin Zeisu in “*Keimah in nuntakna khomun kahi hi; Kei kiang ah hong paite gilkiat ngei nawno ding hi*” (John 6: 35). Zeisu in Amah nuntakna khomun ahihna thumvei tak gen hi (John 6: 35, 48).

Sehnel gam ah manna in zong “*vantung pan khomun*” (John 6:31, 32) ahihmah bangin suangpi panin **tui** zong Christ in amaute dangcimna dingin apiak ahi hi. Pumpi a dingin **khomun** leh **tui** in khalam in zong a thupitna om hi. Christ in “*nuntakna khomun*” (John 6:35, 48) leh “*nuntakna tui*” (John 4:10, 11, 14; John 7:37, 38) cihi. Ama’ sung bekma ah i kha dangcim thei a gilvah thei hi.

FRIDAY

August 15

**Ngaihsutbeh Ding:** EG. White, *Patriarchs and Prophets* laimai. 291–302,

“From the Red Sea to Sinai” simin.

A tuivai uh sawt nailo deuhmah in a minambup un lauhuaina thak khat talsik leu leu uh (*Pai. 17: 8-16*) a, gal gilo mahmah Amalek mite in hong do uhhi.

“*Amalek mite in Pasian’ ukna leh sepna a theilo hipeuhmah lo uh a, kihtak ding sangsik in Ama’ liatna hong zahko zawsop uhhi. Egypt mite maiah Moses in abawl na lamdangte khaung zong Amalek mite a dingin nuihzat bawl leltak uh a, amau kimkot a minamte’ launa zong zahko uhhi. Amau’ pasiante tungah thu ciam uh a Hebrew mite khat zong a suahtakloh dongin ka susia ding uh a, Israel’ Pasian in kote hong nang zolo ding hi ci in engpau mahmah uhhi.*

*Israel mite in amau bangmah hih ngeilo uhhi. Amau in hong limdo mahmah na’ng un khatvei beek zong kiphin ngeilo hi. Amau un Pasian a muhdahna in Amite suksiat sak saum*

*pongmauk uhhi. Amalek mite in atang atuan in khutgar mawhnei mite hi uh a, amaute’ gitlohna in Pasian tungah thuhkik na’ng ngen in kiko ta hi. Pasian in a hehpihna tawh kisik hun piapia hinapi’n Amalek mite’n ahihle khualzin gim a tawl in daalna neilo Israel mite ava khoihkhak mani amau kamsiatna lianpi a bawl uh ahi hi” —Ellen G. White, *Patriarchs and Prophets*, p. 300.*

### **Kikupding Dotnate:**

**1. Pasian in Amite tungah a hihsak thute tungtawn in Jethro in Pasian maan a theihlawhna lungngai in (Thk 4:4-8). Tua thukhun in tuni ciangdong banghang in maan kici theilai hiam? I pawlpi in leitung ah koibang in tepang hiam? Pasian’ pianzia leh tatna koibang in gen din nahi hiam?**

**2. 1 Corinthians 10:4 simkik in. Tulai thu umlo te in Laisiangtholui Pasian pen thuhkikna, muhdahna lei maisaklohna acih uh Zeisu enkaak lecin, bang thu hong hilh naci hiam? Hihthu bang hileh koibang upna in upkhialhna hi thei ding hiam?**

**3. Amalek mite in Pasian maan atheih theih dinguh hong angah khakna uh EGWhite genna simkik in. Jethro lungsim leh amau lungsik tehkak in. Israel te bek hil Israel tawh hong kizom in minam tampi takte tungah Pasian in thukhenna abawl na tungtawn in bang pilna k ngahthei ding naci hiam?**

**Lesson 8**

August 16–22

**SINAI AH KI-THUKIMTUAHNA****SABBATH NITAKLAM**

**Tukalsung Simding:** *Pai. 19:1–20:17; Mang. 21:3; Thk. 5:6–21; James 1:23–25; Rom. 3:20–24; Rom. 10:4.*

**Kamngah:** “Egypt te tungah ka bawl na leh muvanlai in a kha tawh a note apuak bangin note hong pua in Keima kiangah kong paipihna namu khin uhhi. Tu in note in thumang in ka thuciamna nazuih uhleh, mite khempeuh lakpan in note pen Keima’ mi nahi ding uhhi. Leitung khempeuh Keima aa hi a, note pen Keima siampi nasep asem minam leh minam siangtho nahi ding uhhi” (*Paikhiatna 19:4–6*).

Pasian in Egypt pan Israel a khahkhiat khit ciangin koi ah paipih hiam? Kamciam Gam ah maw – koi ah? Leitung thu in cileng himah hi. Pasian thu tawh cileng hilo hi. Amah Pasian tektekin “*Egypt te tungah kabawl na leh muvanlai in a kha tawh a note a puak bangin note hongpua in Keima kiangah kong paipihna namu khin uhhi*” (*Pai. 19:4*). Liasiangtho-Pasian’ thutawh dawnna in Pasian ngiimna bulpi in: Topa in amaute Ama’ kiangah ciahpih hi.

Mihing in Pasian kiangpan a paikhiat ciangin, amaute zongkhia in Ama’ kiangah ciahpih kik hi. Hih thumaan a dingin a etteh huaipen in Eden Huan ah, Adam leh Eve te nupa in Pasian’ thu manglo in Ama’ kiangpan buu uhhi. Amah hong kalsuan masa in “*Kaw’h om navua?*”

(*Pian. 3: 9*) cihi. Amah hong kalsuan masa den hi. Zeisu in zong “*Kei kiangah hong pai un, vangikpua in gim mite au tawldamna kong pia ding hi. Keima’ hakkol kisin un, Keima in kiniamkhiat in nemhithiat kahih manin, na tawldam takp ding uhhi*” (*Mate 11: 28, 29*). Pasian in eite hong sam a; eit mailamthu in zong eima’ dawnthukna tungah kinga hi.

**SUNDAY**

August 1

**Sinai Mual ah**

**Paikhiatna 19:1–8 simin. Sinai mualbul ah Pasian in amaute bang kamciam pia hiam?**

Pasian in Israel te Sinai mualbul Thukham Sawm a piakna ding munah paipih hi. **Jebel Musa** (saanna 7,499 ft. 2,285 mtrs) pen Moses in Pasian tawh a kimuhzeln mun hihtuak pen a (*Pai. 3:1; 19:2; 24:18*), kum tampi khi ciangin zong Elijah inzong Pasian tawh akimuhna mun mah ahi hi (*1 Kumpi. 19:8*). Israel mite Egypt pan paikhiatpih dingin Pasian in Moses a sapna mualmah zong ahi hi (*Pai. 3: 1, 10*). Tualai hunin Pasian in Moses kiangah hih suakta mite in amau’ pu Abraham, Isaac leh Jacob t Pasian in amau makaih gige ahihna phawkna tawh Pasian biakna pia ding cihi (*Pai. 3:12*).

Kha nih sung apai khit ciangun, Israel te in Sinai tung uh (*Pai. 19: 1*) a, tualai ah kumkhat kiimbang taan uhhi (*Pai. 19: 1; Gam. 10: 11, 12*). Tua kumsung in thukhar tampi takmah kipia a *Pai. 19 – 40, Siam. 1 – 27* leh *Gam. 1:1-10:10* sungtengah om hi. Sinai mual ah a taamna ul pen Moses’ laibu bunga teng a dingin a thubulphuh pipe ahi hi. Pasian teeltuam mi, dawibia lawki sungah a puki minam khatbek ahih theihna thu bulphuhpi ahi hi.

Pasian hong kalsuan masa in Israel leh Amah kikal ah thukimtuahna thuciam khat bawl hi. Pasian' thu a manna uhleh Amah tawh a kizop denna uh tawh, Pasian in Ama' a ding neihtuam, siampi nam leh mi siangtho suaksak ding cihhi.

Mi siangthote hiding cihpen Pasian tungah ki-aap ding a, Ama' omzia mitung ah a diakin amau kimkot a om minamte kiangah lahkha ding cihhi. Amaute pen minam dangte leh Pasian a kizomsak, Ama' lampi leh Ama' thukhamte ahilhucian siampi nam zong hi ding cihhi. Amaute in Pasian neihtuam mite hiding uh a, amaute in leitungah Pasian leh Ama' omzia theihtheihna lampi hiding uhhi.

Hih thuciamna pen Pasian leh Ama' mite kikal ah kizopna kip khat hiding hi. Thuciam sung a om thute mun tuamtuam ah kibanglo kiukiau a omtei hang "*Keimah in Amau Pasian Kahi ding a, Amaute in Keima' mite hiding uhhi*" (Pai. 6:7; Siam. 26:12; Jer. 24:7; Jer. 31:33; Heb. 8:10; Mang. 21:3).

**Pasian "neihtuam" cihthu lungngai in. Bang hamphatna tuam om thei ding hiam? Bang vaipuak tuam vilvel neihei ding nahi hiam?**

MONDAY

August 18

**Letsong Sang dingin Kisa**

**Paikhiatna 19:9-25 simin. Israel in Thukham Sawm sang dingin koibang in kiging khol sak hiam?**

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Sinai ah Thukham sang dingin Israel kisak khol ding thute Pasian in gensuk diudeu hi. A pualam

T-6

siangthona in Pasian tungah kipum-aapna cihna hi. Hon tungding Topa' minthanna a dingin zong kisak khol ku hi. Hong pai taktak ciangin "*van-ging leh khuaphia mualtungah meilom sahpi om a, pengkul aw ngaih mahma ahih marin giah phual sunga om mite khempeuh lau in lün uhhi*" (Pai. 19:16).

Thukham Sawm pen Pasian hong ki pulakna bulp leh Laisiangtho thugui te ahi hi. Mihing ta dingin hon kipiasuk vantung thukhun te hi a, vannuai buppi huan in kip tawntung hi.

Laisiangtho' ciaptehna bang ahihleh, Thukham Sawm tengpen Pasian in Pulak khia (Pai. 19:19; Pai. 20:1; Thk. 5:4, 5, 24) a, Amah' gelh ngiat hi (Pai. 24:12; Pai. 31:18; Thk. 5:22). Moses tungah letsong in kipia ngiat hi (Pai. 32:19; Pai. 34:1; Thk. 10:1, 2).

Paikhiatna laibu sungah, Thukham Sawm pen "**Thuciamna**" (Hebrew: 'edut; Pai. 31:18); ahih keile "**thuciamna kammalte**" kici hi. (Hebrew: *dibre habberit*; Pai. 34:28). Thuhilhikna laibu sungah tuate pen "**thuciam suangpek**" tungah kigelh hi (Thk. 9: 9, 11, 15). Hebrew pau in laibu nihgel in "*Thukham Sawm*" cilo hi (Hebrew *mitzwot*, "*thukham*"). Tuamun ah thumvei tak "**Th Sawmteng**" cizawsop hi. Hebrew *dabar* panin hongpai '*asere haddebarim* "kammal, laigual, thu, na, kampau, tangthu kamciam, gen khia cihte ahi hi" (Pai. 34: 28; Thk. 4:13; Thk. 10: 4).

Tua thukham zong a kipelh khollo gendaan namni om a: amasa pen Pai. 20: 1-17 leh anihna Thk. 21: 3-2 ahi uhhi. A nihna ahihleh, kum sawmli khit Kamcian Gar a lut madeuh un, Israel tungah Moses in kamtawh a gen

khiatna ahi hi (*Thk. 1:3, 4; Thk. 4:44–47*). Hi thu hangin neucikcik kilamdanna omthei hi

Paul in thukham pen itna sungah a gawmkhawm ciangin, Thukham Sawm (*Rom. 13: 8-10*) sung bulphuh in gen hi. Itna in, Pasion thukham ki gawmkhawpna hi a, Pasion in zong itna ahi hi (*1John 4:16*).

**Thukham Sawm pen Pasion' itna pulakna cih koibang in natel hiam? bang a cihnopna hiam? Tuat sungah Pasion' itna koibangin kipulak hiam?**

TUESDAY

August 19

**Thukham Sawm Letsong**

**Paikhiatna 20:1–17 simin. Thukham Sawm i thukhun bang hi a, koibang in ki gawmkhawm hiam?**

Thukham Sawm pen sawlna thupiak tawh kipanlo a Pasion hong hehpihna tawh a hong hihsak nate tawh kipan hi: “*Keimah in, Egypt ah saltanna pan hong paikhiatpihpa na Topa Pasion kahi hi*” (*Pai. 20:2*). Topa in Israel saltanna pan in Ama' hehpihna tawh khakhia masa in, tuakhit ciangin Ama' deihna pulak hi. Hih thupiakte pen Pasion hong hihsakte lungdam kohna leh itna tawh sep ding hibek hi.

Thukham sawm a dingin Pasion in a thubulphuipi in “*itna*” hi (*Rom. 13:10*). Thu piak a lianpen in itna thupiak mah hi a, namnih in ki pulak a: *Pasion itna* (*Thk. 6:5*) leh *vengte itna* (*Siam. 19:18*).

Amasa li teng sungah, Pasion itna ding vive gen in, a zom guk teng sungah, i veng te tungah itna neihna ding

vive ahi hi. Thukham Sawm in Pasion pahtawina (tunglam itna) leh midang zahtakna (apheilam ki itna) ahi hi.

1. Eima nuntaksung teng bangbang hitaleh, Pasion bekmah amasa leh a sangpen in koih ding hi (*thukham khatna*);
2. Pasion bekmah in a neih dinmun pen papahtaw ding; pumpi lam, limpua leh khalam limkha peuhawh laihsak lo ding. Topa bek it ding. (*thukham nihna*);
3. Pasion' min zahtak ding—Ama' vang leh omzi (*thukham thumna*);
4. Ama' ni in tawlna in bia ding—Sabbath ni (*thukham li na*);
5. Nu leh Pa zahtakna (*thukham ngana*);
6. Nuntakna zahtakna (*thukham gunkna*);
7. Kiteenna zahtakna (*thukham sagihna*);
8. Mi' neihsa zahtakna (*thukham giatna*);
9. Midangte vang zahtaksakna (*thukham kuana*) leh
10. Eimah ki zahtakna tawh huaihamna tawh eim deihna susia saklo ding (*thukham sawmna*).

Zeisu mahmah in: “Kei nong it uhleh, ka thukham na zui ding uhhi” (*John 14:15, 1 John 4:20, 21*) cih Thumanna taktak icih in, Zeisu tungah itna lahma leh lungdam kohna hi a, tua itna mah in i vengte tungah zong hoihtak in hong gamta sak hi.

WEDNESDAY

August 20

**Pasion' Thukham in a Nasep Tuamtuum**

Pasion' thukham in Pasion omzia kua hiam ci honglak hi. Pasion in siangtho, thu maan in ahoi mahbang in Ama'thukham zong tuabang mah ahi hi. Pau

in “*Thukham mahmah leh thupiakte in hoih, maan, siangtho hi*” (Rom. 7:12) ci in kipsak hi.

Laisaingtho sungah, Pasion thukham pen ahoih mahmah khuavak cizaw hi (*Mate 5: 17, 18; John 14:15; 1 Cor. 7:19*). Mikhat in thukham pen la in phuak hi (*Late 119*), la in sa (*Late 19*), sunlehzan in ngaihsun (*Late 1:2; Josh. 1:8*) cih. Thukham in gitlohna pan hong kemcing in pilna, theihna, cidamna, hauhna leh daihna hong pia hi (*Thk. 4:1-6; Pau. 2-3*).

1. Pasion’ thukham in, huang uumna dai tawh kibang a, teen theihna dingin mun-awng tampi piangsak, tua banah lauhuaaina, buaina, kitukkalhna leh hong ngak gige sihna tepan in hong vau in hong kem hi (*Pian. 2:16, 17; James 2:12*).
2. Thukham in, mawhna hong maisak in hong kikhelsakpa Zeisu lam a kaw lamlahna (signpost) ahi hi (*2 Cor. 5:17, 1 John 1:7-9*). Tuabang in eite hong makaih *paidagogos*, Christ kiang tundong hong cing hong kem hi (*Gal. 3:24*).

**James 1:23-25 simin. Bang a cinuam hi a, thukham in hong honkhia theilo phial mahleh; hih kammalte in thukham’ nasepna leh a thupitna koibang in pulak hiam?**

Limlang in melsiatna hong lak hi. Ahihhang limlang in hong damsak theih na’ng neilo hi. Pasion’ thukham in tua mahbang ahi hi. Thukham zuihna tawh Pasion’ maiah siangthona a ngahnuamte in, limlang sungah ki enkaikai in a mel siatna teng a damask nuam tawh kibang hi.

Hotkhiatna in upna bek tawh, sepna tawh hilo hi—thukham sepna khempeuh zong—Christian pawlkhat in thukham beikhin, zuih kulnawnlo bang ci zawsop uhh. Hitaleh thukham in mawhna hong lak a— “*Mawhna banghiam cih thukham in hong theisak hi*” (Rom. 7:7)—a tung pulakna in thukham leh lungdathu kizopna telkhial lu cih kilanghsak hi. Thukham a om manin lungdamthu kizam hi zawsop hi.

**Pasion’ thukham zuihna ding na hakkatna a bangzang na gualzo kha hiam? Hotkhiatna in tua tung kinga hiam? Ahih keileh, banghang in lungdamthu kizam nahiam?**

THURSDAY

August 2

**Pasion Hong Kamciamna Thukham**

**Rom. 3:20-24 simin. Paul in Thukham Sawm tawh hotkhiat hilo cihthu kiciansak mahmah napi; tu Thukham in eima’ nuntakna sungah koibangin nasen ding hiam?**

Hebrew pau in *dabarim* pen Moses in Thukham Sawm a pulakna in zang a (*Pai. 34:28; Thk. 4:13; Thk. 10:4*), “*thukham*” a cihna lian hisamlo a, “*kammal*” cihna hi. “*Dabar*” pen (khat) pen “*kamciam*” cihna zong hithei hi. Mu tampi (*1 Kumpi 8:56; 2 Khang. 1:9; Neh. 5:12, 13; Thk. 1:11; 6:3; 9:28; Josh. 9:21; Josh. 22:4; Josh. 23:5*), *dabar* pen mi ahi a, sepna in zong kizang a, kamciam hipha diak hi.

Ellen G. White in Thukham Sawm nasepna hon theisak hi: “Thukham Sawm in kamciam sawmte hi” cih—Ellen G. White Comments, *The SDA Bible Commentary*, vol. 1, p. 1105. Tua thukham Sawmte pen Pasion’ kamciam

hihna phawk ding hang a, lampi maan ah hong makaih in eite a dingin nalamdang tampi hong bawlsak hi. Ei lampan zong zuih kul hi.

**Rom. 10:4. Christ in Thukham “mong” ahi hi cihthu in bang a cihnopna ahi hiam?**

Paul in Christ pen thukham **telos** hi ci a, tua pen Christ in thukham beisiangsak cihlam hilo hi. Thukham in a ngiimna pen Christ hi a, Christ sihna biakpiakna in thukham kipna daaltan cihna hilo hi.

A langkhat ah Paul mah in, thukham a thupitna, a kipkhona leh a vang neihna hun pulaklo hi (*Rom. 3:31, 1 Cor. 7:19, Gal. 5:6*). Tua *telos* a khatna in deihna leh ngiimna lam hizaw a, hun tawh kizom lo hi. Thukham a khatna leh a deihna hontheihna in Christ ahi hi. Christ in thukham kipsaklo, a thaktawh khek, hemkhia cihna peuh hi mawkmawk lo hi. Thukham in Christ kawka, thukham in angimna ahi hi.

**Thukham in koibang in Zeisu kawka thei hiam? Thukham in eima dinmun bang honglak a, koibang in Zeisu kawka hiam?**

FRIDAY

August 22

**Ngaihsutbeh Ding:** Ellen G. White, *Patriarchs and Prophets* lai. 303-310 “*The Law Given to Israel*” leh 331-342 “*Satan’s Enmity Against the Law*” simin.

“*Pasian in Ama’ thukham a pulak khatna tawh a nasia mahmah zahtak kai takin Ama’ omzia pulak nuam hi. Mipi in zong Pasian’na a sepana uh peuhmah pibawl mahmah in*

*zahtakna lianpen piasak nuam hi*”—EG. White, *Patriarchs and Prophets*, p. 303.

Tua zahtakna a cihpen tuni ciangdong mah omle hi. Pasian’ liatna, a khengvalna leh a thupitna telciann panin hong pai ahi hi. Pasian’ minthanna muhna in lungdam koh na leh lungsim niamkhatna hong neisa hi. Pasian’ siangthona nai-muh semsem, eima ki cinlahn kitelkhia semsem a, tua in Amah tawh kibang in hon kikhelsak ding hong lung gulhsak hi.

Pasian leh Ama’ thukham siangtho tawh ki etka ciangin, eite aiawh in Christ hong sihsakna tungah hon kipumngak saknuam semsem hi. Tua laitak mahin Zeisu in zong, eite in Pasian pen Topa leh Kumpipa in sang leng Hong thupiakte zong a zuihhak lua zong hilo cih (*Mate 11:28-30*). Christ in vantung thukham pen kip tawntung cih (*Mate 5:17-20*). Amah in hotkhatna a khawnkhong in hongpi ahih manin itna leh lung damna tawh Pasian’ thukham zuih ciangin, Amahmah in hong hotkhatna thu picing ta in hong piakhia hi. Thukham zuihna hangin a lian hamphatna sungah nuamsak laitak in (a palsat mit thuaksiatna ngaihsun lecin) hotkhatna lungmuanna pen thukham zuihman peuh nahilo a Zeisu sung bek ah kingal ahihlahm theihna sungah i lungnuam ding hi.

**Kikupding Dotnate:**

**1. Thukham sang dingin mipite a kisakna uh in, amaute’ zahtakna a neihtheih ding uh Tuni pawlpi sunga tuabang Pasian zahtaknate koiah om mawka hiam? Peuh eite’n zong damtak in mansuah suah ihia leh?**

**2. Thukimtuahna thuciam a bawl daan lunggnai in “Keimah in amaute Pasian kahi ding a, amaute in Keim**

mite hiding uhhi.” Hihthu in tuni eite a dingin bang khatna nei a, mimal ihi a, apawl in ihi zongin koibang in pulak thei ding ihi hiam?

3. Pasion in bang hih ding hong sawl a, hong hihthei sak hiam? EG. White in zong “*Ama’ hong sawl bangbang Hong panpih hi*” cih.—*Christ’s Object Lessons*, p. 333. Hih kamciam, hih *dabar*, koibang in kiseumkhia taktak hiam?

4. Singlamteh khit peuhmah thukham kihemkhia zota hi a cih uhpen koibang in ki dawngthuk hiam? Mun pawlkhat ah, bang teng kihemkhia zo ci hiam?

## Lesson 9

August 23–24

### THUKHAM NUNTAKPIH

#### SABBATH NITAKLAM

**Tukalsung Simding:** *Pai. 21:1–32; Pai. 22:16–23:33; Kumpi 19:35; Mate 5:38–48; Rom. 12:19; Mate 16:27.*

**Kamngah: Topa in Moses kiangah, ‘Nangmah in Israe mite tungah hibang in nagen ding hi: “Vantung panin note kong hohpihna note mahmah in nathei khin uhhi. Note in Kei tawh nong biak khop dingin, ngun pasiant kham pasiante nabawl kei ding uhhi”** (*Paikhatna 20:22–23*).

Pasion in Amite peuhmah a kimkot a minamte pa kilamdang saknuam hi. Ama’ thuneihna leh makaihn nuai ah a ki-aap upnanei mipawlkhat hisak nuam hi. Mimalkim in Ama’ thukham nuai ah om ding hi. Thukhar bangin thukhen ding thukhente zong koih uh a, thukhar hilhcian dingin zong siampite koih hi. NulehPa zon tuamunah vai-puak neilua hi.

Ngeina khat peuhpeuh sungah thukham in dinmun, ngiimna, mungkup leh thu kham a bawlpa omzi hong pulak hi. Gentehna, Pharaoh in Hebrew pasalnottah ding thu a piaklai in, tua thukham in ama’ omzi honglak hi: gitlohna e. A langkhat a, kumpi khatpeuh in gamsunga kum 18 aphakhin peuhmah in pilna sangzaw khawnkhong in sin thei ding cileh: mikhempeuh in hi kumpipa in gam khangtosak nuamin hong citpiakna hi c ding uhhi.

Pasian' thukham in Pasian mah hong pulak a; Ama' hoihna, itna manphatna, thu tanna leh gitlohna tungah ciangtan apiakna hong musak hi. Thukham mahbang in Pasian in zong siangtho in thutang hi. A picing nuntakna hong pia in lauhuaaina khempeuh panin zong hong daal lai hi. Pasian zahtakna, khatlehkhath kizahtakna in nuntak sungin manphat na hi a, Ama' gam ki ukna ngeina ahi hi.

**SUNDAY**

*August 24*

**Thukimtuahna Thukhunpi**

Sinai ah, thukham a piaklai in Pasian in, Amah tawh kizomin siangtho nuntakna nungta thei dingin thubulphuh pia hi. Thukham sunga thukhunte zong nisim in nuntakpih ding hi ahih manin, Pasian in, thukham behlapnate pia a, tuate pen "**Thukimtuahna Thukhunpi**" kici hi. Thukhente in hih thukhamte entel in a kisambang leh a maanpen in zang ding uhhi.

*"Mipite' lungsim pen, saltanna leh dawibiakna sungah mittaw liang uh a, a zai mahmah Pasian thukham sawmte lungdam takin in sangthei ding in kisa nailo uhhi. Tua thukham sawmte tungah eima vaipuak teng telcian sitset khith ciangin zuihsiamna ding behlapna thukhun neuneute zong piakbeh hi. Tua thukhamte pen thukhenna kici a, pilna kicing a neipa in a bawngiat ahih manin thukhen zumte in tuate tungtawnin thukhen ding uhhi. Thukham sawmte bang hilo, Pasian in Moses kiangah pulak tuam a, Moses in zong mipi tungah pulak sawn hi"*—Ellen G. White, *Patriarchs and Prophets*, p. 310.

**Paikhiatna 21:1–32 simin. Hebrew mite pen salte hilelpeuh ahihmanun; mithahna leh khutkhialhna a dingin bang thukhun peuh kipia hiam?**

.....

Thukimtuahna Thukhunte pen a khenlian pawlkhat sungmah ah kigelh hi (*Pai. 21:1–23:19*). Tu thukhun khempeuh in tuibang in hong luang gitlohna hong daalsak in daihna hong piangsak thei ding hi.

Saltanna thukhamte pen piaktuum vilvel hi a, hun laizang hun leh tuhun a gitlohna tawh salkhawi t gamtatna tawh kiteh theilo hi. Hebrew salte in daalna leh manphatsakna ngakhah uhhi. Tuhun leh hunlai hun nasemte leh salte pen a neipa' neihsa hipeuh a; amau utbangbang in hihthei leh hi. A langkhat ah, Laisiangtho thukhamte in tuampian hi. Saltan hunpen kum guk k ciangtan a (*Pai. 21:1, 2; Jer. 34:8–22*), a kum sagihna ciangin, sal peuhmah, a topa kiangah a omsuak nopleh cihloh, kikhahkhia ding hi. Saltote in a salte Sabbath tawngak a piak kul (*Pai. 20:9, 10*) a, amau kisapn khempeuh vaihawmsak ding uhhi.

**Tuhun leitung in gitlohna tawh salkhawi hemkhian siangta cihte hang; tua bang sal khawi na koibang in omkhinkhian theilai ding a, eima hihtheih zah tawh tuabang thukhunte koibangin usia thei ding ihi hiam?**

**MONDAY**

*August 25*

**Thukham Dangte**

Pasian inn Ama' hehpihna tawh, mihing te neihs tawh kisai thukham tuamtuam te thukhente tungah hill hi. Thupiang pawlkhat kaikhawm uh a, bawngtal khatin vengte bawngtal khat siksak leh, mikhat in vangte gann khat gu in zuak leh, gannote in mi'lo lai leh lenghuar sungah neksak leh, a kikawm nakhat ki guksak leh, kikawm ganno khat liamsak kha in sisak leh cihte hill hi (*Pai 21:33-22:15*).

**Paikhiatna 22:16–23:9 simin. Hih thukhan tengin bang thuteng huam hiam?**

.....

Pasian thukham in nialna thu tampi kihuam hi. Midang sicip in simmawhna thu zong a malkim phial in om hi. Tuabang in kisawk kei cihzong Pasian in deihlo hi. Pasian in mihing' lungsim mawhna sungah a hoina thei in hong puahphat sak zel hi. Mihing ki pawlkhopna peuhmah bitsak ding, gitlohna khiam ding, kikhawlhna nuamsak ding hi. Itna leh thutang gamtatna khempeuh uksak ding hi.

**Paikhiatna 23:10–19 simin. Hitengah bang nialna thupi om hiam?**

.....

Sabbath leh pawiteng pen hotkhiatna tangthu sungah a thupi thupi pang teng phawk sakna vive ahi hi. Biakpiakna pen Pasian thu tawh nasepna sungah bulphuhpi ahih manin awlmawh takin kibawl ngiat hi. Sabbath zong pen Piansaklai in kikipsak khin a (*Pian. 2:2, 3; Pai. 20:8–11*), Israel te' tatkhiatna leh suahtakna tawh zong kizom (*Thk. 5:12–15*), tua sang a khauhzaw thamin, Piangsakpa Topa Pasian biakpiakna kaww hi (*Maku 2:27, 28*).

Tua kawmkaal ah, Israel te in a khaam ding uh kumsim pawu thum kikalh lailai hi: (1) Paisan Pawu or silngo sawhloh Khomun pawu khuakhal tung March leh April khalang, (2) Penticost or Anlak Pawu (nipikal pawu zong kici) den a pawu masa khit kaal sagih khit ciang, ni sawmnga khit ciangin kipan zel hi. (3) Bukpawu (Booths) or Kaihkhopna Pawu pen tangngam sung September khalang pan October khalang dong ahi hi (*Pai. 34:18–26; Siam. 23:4–44; Gam. 28:16–29:40; Thk. 16:1–16*).

**TUESDAY**

August 2

**Pasian' Ngiimna Bulpi**

**Paikhiatna 23:20–33 simin. Kamciam Gam lakzawhna dingun Pasian in koibang danin hihnuan hiam?**

.....

Israele te in galsimna tawh amau' gamthak ngai ding cihpen Pasian ngiimna masa zong hilo a; amaute tungah a kipiak ding ahi hi. Abraham, Isaac leh Jacob kiangah kam tawh ciam khinzo a, Israel in Pasian' letson in sang ding hibek hi. Kamciam Gam a lak ding damper Tuipisan a kantan lai pekun kilakkhin zo hi. Pasian in Amite a dingin dosak a, amau that ding in angimte tungah gualzawhna pia zawsop hi (*Pai. 14:13, 14*). Topa in hon lailut ahih manin Egypt mite in gal lel dikdek uhhi.

Assyrian Kumpipa Sennacherib hunin zong galhian kim siset, picing takin a kisin sitset galkaphonpi pen, Israel in bangmah gamtang lopi in, Pasian in susia dikdek hi. Kamsang Isaiiah tungpanin Pasian kammal Kump Hezekiah in umlel ahih manin, Pasian in galzawhna lianpi pia hi (*2 Kumpi 19:35; Isa. 37:36*).

Pasian in Abraham tungah Kamciam Gam pen tulehtu in ngahpah ding hilo, kum 400 khit ciang cih (*Pian. 15:13–16*). Banghang? Ahangthu in Canaan gam mite gitlohna tawh kizom hi. Pasian in, hehpihna lianpi tawh tua mite kisik kikna'ng hun ciangtan khat a piakna ahi hi. Bangbang hitaleh amaute un Pasian leh Ama' hoihn langdo zomzel ahih manin, amau' gitlohna in picingt ahihmanin, Pasian in amau' gam Hebrew mite' inn leh l dingin piak ding kisata hi.

Tua banah, tua minam tengpen a piang ngeilo a muibun mahmah thu namnih tawh hawlkhia ding ci in Pasion in kamciam hi: (1) tua minamte tungah **lauhuaina** te tungsak ding (2) **Tunpi khuai** in tua mite hawlkhia ding cihi. Israel in amau' gamthak uh a tunma un, galte in amau' gam uh awng sak dinguh a, "*nungngat ding uhhi*" (*Pai. 23:27, 28*).

Kamciam Gam lakna ding sep ding tengpen, Pasion' vantungmi in sem hi. A tua thupuakpa in Christ mah hipah a, Israel makaih in, gamte lakpih in kemit lailai hi. Sunin meikhuampi leh zanin meikhuampi in Amah mah ahi hi. Amah in vantung ukna neipa ahih manin Israel in Ama' thu hoihtak in mang ding hi (*Pai. 23:21*). Pasion' deihna leh Ama' makaihna awlmawhlohna in eima' mailam buaina hong tungsak thei hi.

**Hih dawibia mite a kikhelna dingin Pasion in kum tampi a piakna panin, Pasion' hehpihna koibang in hong hilh a, tua hehpihna a sanglote a dingin hehpihna ki ciangtan ahih lam koibang in hong hilh naci hiam?**

WEDNESDAY August 27

**Mittang Khat a ding Mittang Khat**

**Mate 5:38-48 simin. Zeisu in, Khutkialhna tawh kisai thukham koibang in gentel hiam? Tuni in eite'n koici zathuai hiam?**

.....

Mualtung thuhilhna ah Zeisu mah in Laisaingtholui sungmah siksian in tua mite' theihluat teng mah tawh gentel hi. Ahizong in, kum zatampi sungmah thukham' deihna bulpi a lampialsak tua hunlai a rabbi te thuhilhna teng dona tawh genmasa hi. Cihnopna ah, mihing' ngeina

in Pasion' Thu ngimna bulpi seelcip in, (*Sabbath thukham bang pen tuhun ciang in a lumleh bang e*) amau' deihna lamah kai in gentel uhhi. Thukham' deihna bulpi teng pen Ama' kammal tawh puahpha kik hi.

Mualtung thuhilhna ah, Ama' thungaite tungah thukham' deihna masa teng kaww masa in, amaute' gentel khialhna teng puahphat sak sawm hi.

Paikhiatna 21:24 sungah, "**mit a ding mit, ha ding ha**" cihpen Mate 5: 38 ah, "*na theihsa uh hinapi ke' kongcih in*" acihpen **lex talionis** a kici, khutkialhna thukham tawh kisai hi. Tua kammal mah mundang (*Siam 24:20; Thk. 19:21*) sungah zong kizang hi.

Hih thukham' deihna masa bulpi in mima kithuhkikna khamna ahi hi. Sisan ki suahna, k khutkialhna peuhmah kantello masalo in thuhkiklohnding hi. Ki liamsuahna peuhmah thukhente in sittel masadong a, tuakhit ciangin a thuakkha lamte ading liau-sunpeuh zong ciangtan ding hi. Mihingte in thukham khawn "*khuttung lumleh bangin*" ahih theihlohna dingin hihthukkipia hi. Pasion' thukham om bangin thutang in thukherding uhhi.

Moses tungah hih thukham teng a piapa in Zeisu Christ mah hi a, tua thukhamte' ngimna theitel lua ahih manin: Amahmah in tuate' ngimna bulpi kiang tunthei hi. Thu tangtak in sepna nunglam ah lailutna leh daihnbawlpahatna cihte omkhinkhian hi.

Mi khatpeuh in, thutanna cihpen thuhkikna hile e zong cinuam thei ding hi. Hih thukhamte' diktak in zasiamna pen, thutang leh thuhkikna kikal ah tawikha kikimsak ding hi.

**Khatvei teitei thutang hong tungding ahih manin tu a leitungah thutanlohna khempeuh te koibang in natelsiam hiam?**

THURSDAY

August 28

**Thukkikna**

**“Lawm itte aw, na hehna uh kuama tungah thukkik kei unla, Pasion thukkik dingin koihlel un. Laisiangtho sungah ‘Thukkikna in Keima aa hi a, mi dangte a gimsak bangin ka gimsak ding hi’ Topa in cihhi” (Rom. 12:19; Thk. 32:35). Hiteng ah bang kamciam leh thupiak om a, koibang in kizom thei uhhiam?**

Tu in a kisam mahmah thutanna Topa’n hong paipih mateng, tanglai Israel mite sungah, khutkhihna kiliamsuahna a om ciangin, thukhente in, thutang takin daan piak ding ngaihsun in thukhen hi. Cihte hang, a thu kicing kisam uhhi. A buaihuai thu khat ah Christ hunlai a thukham hilhte in, mimal thukkikna a omtheihna dingin lam honsakna in thukham bawl uhhi. Tuabang ahihna uhtawh, thukham’ thukhun bulpi mangsak uh a, a deihna masa bulpi kipelhsak hi. Amaute’n bel thukham in a kham teng hoh khaktan zaw sop uhhi.

**Mate 6:4, 6; Mate 16:27; Luka 6:23; leh 2 Tim. 4:8 simin. Hihthu tengin thaman leh daan piakna pen Zeisu in koici muh cih koici gen hiam?**

Zeisu in thaman leh daan piakna langpan hetlo hi. Thutang zong nuntakna zahmah in a thupi thukhunpi khat ahi hi. Kuamah in amah leh amah; thukhen mang,

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thukhenpawl leh mithatpawl in kiese mawkmawkw lo ding hi. Thutang kihhuai sakna ding baihlam lua hi. Natsaknding peuhmah eitawh kisai vetlo hi. Gitlohna khat hon omvat khakleh thukhen zum bek in len ding a; thukhent bek nasep ahi hi.

Hihthu sungah Zeisu in *“Vantungah Pa in a picibangin”* picing ding cihhi. Akua in Pasion bangin picing z peuhmah ding hiam? Hazatna kihello itna in Pasion’ omzi honglak hi. Galte it ding leh hong bawlsiate thungetsad ding Amah’n nungzuite hilh zaw sop hi. Picinna taktak per a lawmlo a kitaaklo te nangawn itna, maisakna leh hehpil theihna ahi hi (*Luka 6:36*). Hih thukhun leh, hon masotpihna mun pen Pasion omzia pulakna ahi hi.

**Nisim in eite hong kisawlana mahbang in koiban in it thei ding ihi hiam? Hih thu in angungthu sih din banghang in kisam thei hiam?**

FRIDAY

August 29

**Ngaihsutbeh Ding:** Ellen G. White, *Patriarchs and Prophets* lai. 310-314 *“The Law Given to Israel”* simin.

Eite in galpa’ huamsungah tenglai ihih manin, ama siatpilna sungah natna omlai ding cihpen lamdanglo hi. Mawhna taww a puk hi leitung in hong tut thuaksiatn athuaklo eite lakah kua om hiam? Kamsiatna taww kinuntakpih kha hilel hi. Ahihhang tuate tungah gamtiam dingin Pasionin vangliatna hong pia hi.

*“Manpha Honpa in kisap hunhun in huhna hongpihi. Vantung lampi zong Ama’ khekhap tawh hong lak hi. Eimokhe hong sun ling khempeuh in Ama’ khe zong a sun hi. puak ding singlamteh khempeuh Amah’n pua masa hi. I kh a gamdaih theihna ding in buaina te phal hi. Gimna hun cihpe*

*Pasian' mite a dingin lauhuai mahmah taleh, thu um-mi in, a tunglam a ettoh uh ciangin, kamciamna sakhituihup in amah kiimum cih mu ding hi* —Ellen G. White, *The Great Controversy*, p. 633.

### **Kikupding Dotnate:**

**1. Dawibia tepen Pasianin amau' gam panin hawlkhia in susia tanghial hi ci in, mite in kum za tampi sungmah ngaihsun uhhi. Lauhuai mahmah sam hi ei. Ahih tei hang, hihthu tungtang ah Pasian' itna bek hilo Ama' thutanna nangawn hong pulak ahihna koibang in phawkthei ding ihi hiam?**

**2. Zeisu in midang thamlo galte leh hong mudahte nangawn it ding a cihthu lungngai phot in. Amah in "vantung ah na Pa uh a picing mahbang in note zong picing un" (Mate 5:48) cihi. Hih thukhamna pen a dang thukham te' nungpan lian in banghang in zuisak pah hiding hiam? Eite "picing" lel ding hilo in "vantunga Pa bang" a cihse banghang hiding hiam?**

**3. Sawltak Paul in Pasian' thukham leh a nasepna pahtawi a; zatkialhna pen do hi. "Thukham khutnuai ah na omkei uh a, hehpihna khutnuai ah na om uhhi" (Rom. 6:14) a cih pen bang a cihnopna hiam? Thukham zatkialh theihna koibang dan hiam?**

**4. Thutang leh thukkikna koibang in kilamdang hiam? A kibang vetlo maw leh: Mungkup kibang lel thukhat pulakdan kibanglo hizaw maw? Thutang ding eima' deihna in thukik ding deihna ahihloh lam koici theih ding ihi hiam?**

### **Lesson 10**

*August 30–September*

### **KI-THUKIMTUAHNA LEH GEELKHOLHNA**

#### **SABBATH NITAKLAM**

**Tukalsung Simding:** *Pai. 24:1–18; 1 Cor. 11:23–29; Siam 10:1, 2; Ezek. 36:26–28; Pai. 25:1–9; Pai. 31:1–18.*

**Kamngah:** **"Moses hong pai in Topa thugente khempeuh leh biakna ngeina te khempeuh mite kiangah a gen hi. Mi khempeuh in aw kikhat in dawng uh a, "Topa gens khempeuh ka hih ding uhhi" aci uhhi"** (*Paikhiatna. 24:3*)

Amau' Pasian, Piangsakpa leh Tanpa in Amite tawh omkhawm in amau' sungah tengnuam hi. Amah tawh naitakin kizom dingin hong piangsak hi. Midang tawh kizopna hoih neihna'ng zong hun tampi mah la ahih ciangin, Pasian tawh a tunglam kizopna zong tua mahban ding hi. Pasian tawh ikizop nakleh hong domto in hon khangto sak ding a, hun tampi la in Amah tawh kikhawlh lehbe hiding hi. Tuabang hih taktakna ah, Pasian Th simna (Pasian hopihna), thungetna (Pasian tungah lungsir honna), midangte tungah Christ' sihna, thawhkikna leh hong paikikna te kisinna cihte ahi hi. Pasian in thuph hong piak nakleh midangte tungah thupha Luanna tuizaw hong suaksak hi.

Et-buphuh ding pen Pasian hi a, eimah ki enlo din hi (*Heb. 12: 1, 2*). Pasian tawh kizom den leng, Ama thuhilhna zuizawhna ahi thuman na'ng in tha hong guar ding hi. Hun nunung a Christ' nungzui mite "*Pasian*

*thukham a kemcingte leh Zeisu' upna bang a ummite" (Mang. 14:12) ahi uhhi. Thu baihno khat hilel hi: Pasion i it a, tua itna tawh Ama' thu i mang hi.*

**SUNDAY** *August 31*

**Laibu leh Sisan**

**Paikhiatna 24:1-8 simin. Pasion leh mihing kikal ah thuciam kipsakna ah Pasion Thu simna leh sisan thehna in bang dinmun tengah pang uhhiam?**

.....

Laisiangtho sunga a nungta Pasion in kikhawlhna Pasion ahi hi. Topa a dingin a thupi penin na khatpeuh hilo in a mimal hizaw hi. Pasion in mihing te naitak in don a, mi' a ding a sepna khempeuh ah a ngiimna bulpi in mimal tawh kikhawl nuam hi. Pasion in itna ahih nungsang, kikhawlhna tawh hong don Pasion zong ahih kul a, kikhawlhna om keileh ki itna koibang in omthei ding hiam?

Zeisu in: *"Keimah in leitung panin kakikhai ciangin mi khempeuh Keima kiangah kakai ding hi"* (John 12 32) cih. Pasion in lungsim hoihna, upna maan leh gamtat hoihna kizom diudeu khawng peuh hilo; mimal mahmah in eimah tawh hong kikhawl nuamzaw hi. Hong piansak laipek panin (Pian 1-2) kikhawlhna kihelsa ahi hi: Amasapen in Pasion tawh a tunglam kikhawlhna (Sabbath) leh anihna apehilam kikhawlhna ahi milehmi ki itna (kiteenna) ahi hi.

Sinai a thukimtuahna a kipsakna ah, Pasion in mihing tawh kinai takin khawhpih nuam hi. Tua paw i ah mipi in *"Topa hong cih bangbang kahih ding uhhi"* ci in Pasion'thu man ding nihveitak kiko uhhi. Thu man sawm

napi un, amau pukna, thanemna leh vang neihlohna theil uhhi. Tua thukimtuahna laibu tungah sisan kitheh a Christ' dikna hang bek tawh Israel in Pasion' thupiak zuiz ding cihna ahi hi.

Eima pianpih thanemna, hatlohna leh mawhne hihna pen kisang nuam phalo hi. Gitlohna lamah hoin pen i pianpih hilel hi. Pualampan huhna bektawh a hoi kibawl thei ding hi. Tua huhna in a tunglam, Pasion hehpihna vanglian hi a, Ama' kammal leh Kha Siangth tungpan bek in kingah thei hi. Hithute pampaih kha len gitlohna in zong eisung ah hon glut ding baihmahmah la hilo hiam?

Tua ahih manin, Pasion tawh kitnai ta kikhawlhna pen, tanglai Sinai alai mah bang in tun mahmah in zong kisampha mahmah lai hi.

***"Topa hong cih bangbang kahih ding uhhi"* (Pa 24:3). Hihzo ngaplopi in hibang in bangzahvei naci khinz hiam? Hihtheihna khat bek in bang hiam?**

**MONDAY** *September*

**Pasion Mu**

**Paikhiatna 24:9-18 simin. Bang thu lamdan Israel te'n phukha sak hiam?**

.....

Pasion tawh Thukimtuahna a kipsakkik khi ciangin, Moses zong Sinai ah kahto kik hi. Hih a kahto cillam in Moses amahbek hilo hi. Israel lakpan maka hoihpen 73 tawh ahi hi. Makaite a dingin hihpen a sangper tunna uh hi a: Pasion mu kha uh cihthu Laisiangtho in nihveitak kipsak hi. Pasion tawh thukimtuahna

bawlkawm un, an ne khawm uhhi. Zindona lianpi hi a, Israel' Pasion in amaute' inntekpa ahi hi. Hih makai te Pasion in thupitak in pahtawi hi.

Laisiangtho hunlai in nisuahna lam gamlai te ah (*a munlian kitheikhalo*) an nek khopna pen a thupi zahtakna leh hunhoih ahi hi. Mawh kimaisakna leh kipawlkhawp theihna zong ahi hi. Haksat buaina hunsung nangawn in kikhawlkhawm thei veve cihna zong ahi hi. An nekkhawp kawmin, kampau selo in, khatpeuh tungah thukhat peuh tung khaleh, a khatzaw in zong huh ding cih kamciamna zong ahi hi. An nekna ah hong kisap leh mikhempeuh in a ngakhakloh ki phatbawlina ahi hi.

Tuamah bangin, sapna khat nialna in a suksia penpen simmawhna hi. Hih muhna tungtawn in laisiangthothak sunga Zeisu in mawhneite tawh an nekham ci in aki mawh zonna teng hong telsiamsak ding hi (*Luka 5:30*). Thu umte in Topa' nitak an a nekuh ciangun, mawhnei veve thu ummi dangte tawh kinaitak in kikhawlhna a kipsak uh ahi hi. Hih an nekpawi sungah, Zeisu in mawh hong maisakna leh hong tatkhiatna pawikhaam ihi uhi (*Mate 26:26-30; Maku 14:22-25, 1 Cor. 11:23-29*).

A khasiathuai thu khat ah, Moses tawh a kahto mi pawlkhat in mawhna bawlkik uh in sihlawh uhhi (*Siam. 10:1, 2, 9*). Pasion tawh kimukha hiliang uh hinapi, tuathu tawh amaute piangthak zolo uhhi. Thumaan thutak tampi theihna in hong kikhelsak ziau thei tuanlo cih pilnalian khat ahi hi. Tuazah liangin thu musa te, anung ciangin a mangthang kik veve pen hihmite a nunungpen hihtuak hi.

**Hibang hamphatna lianpi a ngah khinsa, Aaron' tapate bang ngaihsun in: Khuavak tampi a ngahsa ei**

**Adventist te in koibang vaukholna peuh hong kipia nao hiam?**

**TUESDAY**

*September*

**Thuman Theihna'ng Thahatna**

**Ezekiel 36:26-28 simin. Eima nuntakna sungah thumanna koibangin piang hiam?**

Israel mite in thupiang thum hangin Pasion' thum mang ding hi ung ci uhhi (*Pai. 19:8; Pai 24: 3, 7*). Laisiangtho in mihing pen thanem, kisia, zawngkhal mawhnei hi ci phial mahleh, thumaan ding thupi veve hi. A dahhuai thu in hihthu in tanglai Israel te lak bek hilo. Amite tangthu sung tawntung ah om den lel hi. Tuaban ahihleh citak takin koibang in Pasion' nung zuithei din ihi hiam?

Lungdamthu panin, Pasion in Ama' thupiak ban sepzawh na'ng vangpia hi. Eima sungah a omlo huhna per apualam panin hongpai ding a, hong sawlna hihzawh na'n tha hong pia hi. Ama' nasep ahi hi. Biakna thu a tomlakn. Eze. 36:26, 27 ah Ezekiel in hih thu telgen mahmah hi. Pasion bekin lungsim thak suan thei a, eima suan lungtanglui hemkhia in sa lungtang tawh hong laihsak hi. Joshua in zong ama mite tungah, "*Topa' na nasem zoke ding uhhi*" (*Josh. 24:19*) cih.

Pasion' zuih ding kikhentat thei hi: eima nasep ah hi. A teelna eima teel ding hi a, ahun hunin Ama tungah ki-aap ding hihang. Ama'na semding teelsam ihihhan eima' tha bangmah omlo hi. Eima thanemna teng Pasion aapleng, Amah'n hong thahatsak ding hi. Paul in: "*Kei k thanem ciangin, a thahat kasuak hi*" (*2 Cor. 12:10*) cih.

Vantung a **“Keimah”** (Eze. 36:24-30) a cihpen phawk in: Note in Ama’ thukham nazuih nakvua leh, Pasion in kaikhawm, siansuah, hemkhia, pia, koih in tawsawn ding ci hi. Ama’ hih bangbang hih in. Nangsung ah Amah om a, Amah tawh kinaikhawlh peuh lecin, Ama’ sep peuhpeuh nang sep hiding hi. Pasion leh nang ki pumkhatna tawh natha hong hat dingin hong lawpsak ding hi.

Hihtengah aki thupi genteng in Pasion’ nasepna vive hi. *“Note sungah Keima’ kha kong guang ding a, note tungah kongpiak ka thukhamte leh ka thupiakte limtakin kong zuisak ding hi”* (Ezek. 36:27) cihhi. Pasion in mihingte thumang dingin sawl a thumaan na’ng zong thapia hi. Pasion in Amite a sawlbangbang semzo dingin thapia hi. Thumanna in Pasion letsong hi a, eima’ hih zawhna leh gualzawhna hilo a, siansuahna leh hotkhatna in zong Ama’ hong piakkhong ahi hi (Phil. 2:13).

**Thuman zawhna’ng tha hongpia ding cinapi; banghang in mawhna sung kitung pahpah hiam?**

**WEDNESDAY** *September 3*  
**Ama’ mite Sungah**

Pasion in na tampi zangin Amite thuhilh a, tuate lakpan khatin biakinn ahi hi. Biakpiakna khempuuh in Zeisu kaww a: kum zalom tampi khit nunga hotkhatna ngiimna sunga Zeisu’ sep ding nate limlahna vive ahi hi.

**Paikhiatna 25:1-9 simin. Hiteng ah a thupi mahmah sepding biakna thu maan bangteng om hiam?**

.....  
Pasion in Israel makaih in nai-om mahmah khin nabi, Pasion in biakinn khat lam dingin Moses thupia hi: *“Amaute lakah Kei ka om theihna dingin biakbuk khat amaute*

*bawlsak in”* (Pai. 25:8) cihhi. Pasion in Amaute lakah mitmuh theih khutlawntheih in om cih laknuam hi. Mawhna bawlpahpah ahih tei uhang, Amah’n nusialo a *“vantung in amaute maipha piakik”* (EG. White, *Tuanpupat leh Kamsangte*, p. 343) a, vantung thu piakna tawh biakbuk khat lam kipanthei uhhi.

Laisiangtho in, Pasion pen mi’bawl biakinn lei innte sungah tenglo cihhi (Sawl. 7: 47-50). Amah i vantungte vantung sangin lianzaw a, vantung in Amah huam zolo cihhi. Paul in Athens khua Areopagus ah: *“Tu Pasion pen leitung buppi leh a tunga om khem peuh a piangsa Pasion hi a, vanleh lei a uk Topa ahih manin mihingte’ lams biakinn sungah tenglo hi”* (Sawl. 17:24) cihhi. Kumpi Solomon in zong: *“Leitungah Pasion teng taktak ding ahi hiam? Vantung leh vantung a sangpen in nang hong huam zolo zawkan ding hi”* (1 Kumpi. 8:27) cihhi. Biakinn cihpen Pasion in hong ompihna mun ahi hi.

Israel mite in biakbuk lamna dingin phalna tawh piakkhiat ding uh ahi hi. Van a manpha mahmah kham ngun, tau, singkha sing, puanhoih nono, olive thau lei paknamtui cihte paikhia ding uhhi. Paikhiatna 25:10 pa 27:21 sungah biakbuk leh biakpiakna vai teng hilhciah hi. Pasion in a lam ding zia amalmal in geelna Moses ding vaihawm sak a, biakbuk zepna, thuciamn singkuang, ompihna anlum sabuai, meivak khuam, meih biakna tau, puandaal, color tuamtuumte leh a dungava cihte ahi hi.

Moses in tua biakbuk pen Pasion limlahna bangbe in lamthei ding (Pai. 25:9, 40; 26:30) a, vantung a ataktak lim Pasion lahna bang (Heb. 8:1, 2; 9:11) bek hiding hi. Hi leitung biakbuk in Zeisu’ sihna leh a vantung nasep a kipa dong, leitung biakbuk sepna teng a guaksuak dong Siangthopen mun tunma puandaal pualam ah Zeisu’ si

laitak in thupiang teng khempeuh a hepkhiatna limlahna ahi hi (*Mate 27:51; Maku 15:38*).

**THURSDAY**

September 4

**Pasian' Khasiangtho tawh Kidim**

Biakbuk ah biakpiak ding zia aneng atawng in Moses kiangah Pasian in hilhcian sitset hi. Siampite in siampi puan nei ding uh a, Siampi Lianpa in puansiangtho tuam khat silh ding a, apuan tungah Israel' tate minting kisuang ding hi. Awmdal zong silh ding a, a lungtang sanlian ah **Urim** leh **Thummim** om ding hi (*Pai. 28*). Siampi khempeuh siansuah ding hi (*Pai. 29*). Paknamtui halnatau, khutkhe sawpna kuangpi, nilh sathau leh paknam tui cihte zong kuhkal takin kibawl sitset hi (*Pai. 30*).

**Paikhiatna 31:1–18 simin. Biakbuk sunga om aneng atawng tetawh a kizom biakpiakzia aneng atawng mah leh ahoih dingin a zepna'ng teng Pasian in koibang in hilhcian hiam?**

Amasa penin Laisiangtho sungah Pasian in mikhat Ama' Kha tawh kidimsak ding cihi. Bang acih nopna hiam? Biakbuk a zeem ding in Bezalel tungah pilna kipia hi. Amah in pilna thak, khutsiamna tungah pilna tawh kidim hi. A panpih dingin Pasian in Aholiab leh a dang tampi takte in hih nasepna huh dingin Kha tawh kidimsak hi.

Hih pilna thakte kawmkal mah ah Pasian' Sabbath ni pen Pasian leh Amite kikal ah ciaptehna khat in bawl in amaute siansuah hi. Thukham lina kepcinna in siansuahna tawh kizom sak hi. Ezekiel in zong "Amaute pen misiangtho in kabawlna a phawkna ding un, kote kikalalah thukimna limin Sabbath tanding thu kapia hi" (*Eze. 20:12*).

Sabbath in, Topa pen Piangsakpa bek hilo (*Pian. 2:23*), Tankhiapa leh Pasian (*Thk. 5:15; Maku 2:27, 28*) Siangthopa cihna ahi hi. Ama' ompihna tawh mihin kikhelsak hi; Khasiangtho leh Thu tawh amaute in itna hoihna, angkhuallohna leh mawh maisak theihna sungah khangtosak hi.

Moses tungah Thukham Sawm a piakna in Pasian ompihna asangpen ahi hi (*Pai. 31:18*). Suangpek tungah Ama' khutngiat tawh thukham teng gelhsak hi (*Pai. 31:18; Thk. 9:9-11*). Hih suangpekte pen a Siangthobel mur thuciam singkuang sung, hehpihna tokhom nuaiah koih ding hi (*Pai. 25:21*).

**"Hehpihna tokhom" cihpen Hebrew pau i "kithoih" cihna kammal ahi hi. Tuahi a, banghang i "hehpihna tokhom" pen Pasian thukham tungsiyah a kikoih hiding hiam? Bang lam-etna peuh hong musal naci hiam?**

**FRIDAY**

September

**Ngaihsutbeh Ding:** EG. White, "The Tabernacle and Its Services" lai. 343–353, *Tuanpupa leh Kamsangte* simin.

Biakbuk pen Pasian' mite mawhna kisik khatpeuh kithoihna ding munin a tuam vilvel in ki a bawlsak hi. Israel mite sehnal lakah a omlai un hotkhiatna ngiimn picingtak in aneng atawng in a hilhcianna zong ahi hi. Mawh maisakna, siangthosakna leh thukhen na ciht kihilhcian hi. Gangawh biakpiakna khempeuh in Zeisu sihna, mawhna a maisak na leh a paihkhiat sakna don kawm hi. Tua banah biakpiakna in thumaanna dinmur ahi Pasian' thukham omna zong om ahi hi.

"Singkuang sungah akikoih Pasian' thukham in zong thumaan thutak thukhenna thupaipi ahi hi. Tua thukham in palsatte tungah sihna pulak a: tua thukham tungah a on

hehpihna tokhom cihpen Pasion' ompihna pulak a, mawh a kithoihna tungtawn in, a kisik mite in mawhmaina ngahthei uhhi. Christ in eite hong tatna dingin a sep khempeuh teng pen, biakbuk sung nasepna teng in limpua a, 'hehpihna leh thutak kigawm ding a, thuman leh kilemna kihual ding uhhi' (Late 85:10)" —Ellen G. White, *Patriarchs and Prophets*, p. 349.

#### Kikupding Dotnate:

1. Bangzahvei "Topa hong cih bangbang kahih ding hi" naci ngei hiam? Tua tung tengah bangzah nagualzo hiam?
2. Moses in Sinai mualtung ah ni 40 Topa kiangah a taamkhit ciangin, Pasion in Isarel mite in Sabbath tang ding uh a, amaute a siangthosak Pasion leh amaute' kikal ah ciaptehna hi ding cih. Sabbath tanna sungah bang siangtho sakna peuh om thei ding hiam?
3. Topa in "amaute lakah Ka omtheih na'ngin" biakbuk khat lamsak nuam hi. Hih munin Israel a dingin hotkhiatna phualpi hi sese hi. Hih biakbuk, Pasion in Amite' lakah a omna mun – hotkhiat na'ng ngiimna teng khempeuh limleh liim tawh a kilakhkhiatna mun ahi hi. Hotkhiatna ngahna dingin Pasion tungah kipum kingakna hong telciansak naci hiam?
4. Amaute' mawhna teng khempeuh Pasion' inn ahi biakbuk sungah sisan tung tawnin aki paipihna in bang khiatna nei hiam? Zeisu in singlamteh tungah hong hih sak teng leh tumahmah in vantung biakbuk ah hong hihsak teng koibang in hong musak ciuciau thei hiam?

#### Lesson 11

September 6–10

#### LAMPIALNA LEH THUMSAKNA

##### SABBATH NITAKLAM

**Tukalsung Simding:** *Pai. 32:1–6; Late. 115:4–8; Isa. 44:9–10; Rom. 1:22–27; Pai. 32:7–32; Isa. 53:4.*

**Kamngah:** "Tua ciangin Topa kiangah Moses paikik in 'Hih mite in khialhna lianpi khat bawlkhin uh a, amau' ciangin kham pasian khat bawlkhin uhhi. Ahih hangin Nangmah in tu in amau khialhna maisak in. Na maisak kei ding leh, hong thum ing. Nangma' gelhsa laibu panin keimah hong phiat mai in' a cih'" (*Paikhiatna 32:31, 32*)

Moses in ni 40 sungsitset Israel' giahphual ah omloh sungteng bangthu piang hiam? Pasion' mite in Amah taisan uhin mihing' bawltawm bawngtalno-lim biuh uh hi. Na lamdang mahmah, phutkhak tampite leh liru thupite khit nangawn in hihbang in hihthei lailai uhhiam. Dawnna tampi bel neilel ding uh hitaleh, thumaan pawlkha bel omngel ding hi.

Mihingte in Pasion telzo taktak lomaw? Amau muhsa na lamdang teng khawng pen amau' mawhn lungsim in siincip liang maw? Pasion tungah a lungdan mahmah tei uh hang, hong hihsak dingmah hi e peuh o uh maw? Amau' lungsimte pen amau' nisim nasepna mawhbawlna teng peuh tawh kisiincip maw? Pasion in amaute a dingin a hih saksa khempeuh tungah lungdan mello maw? Pasion hihsak na lianpitem mangngilh paizawzen maw (*Late 106: 21-23*)? Aaron in a makaih khialhna

peuh kingawh thei ding maw? “*Aaron tungah Topa heh mahmah a, amah susia dingin a kithawi hi*” (Thk. 9:20).

Hih lampialna a hangthu in bangpeuh hiphial taleh, mihing mawhna bek hilo, mawhnei mite tungah Pasion hehpihna leh itna tawh kisai bang pilna peuh nangah thei ding hiam?

**SUNDAY**

September 7

**Makaih Khialhna**

Pasion in Ama’ kiangah hunzang dingin Moses sam hi. Sun sawmli leh zan sawmli pen Moses a dingin hun tom mahmah bang hinapi; Israel mite a dingin, hun sau mahmah bang ahi hi. Amau’ mitmuhtheih makaipa omlo hi. Amau gammang bangin kingaihsun uh a, launa tawh bit kisanawnlo ta uhhi. Amau amakaih muhtheih pasian Egypt ah milim biakna sungah amuh tawntung uh a “pasian” uh hong lunggulh ta uhhi.

**Paikhiatna 32:1–6 simin. Aaron makaihna in koibang in lamdang takin khialthei mawk hiam?**

.....

Aaron in tuabang dingin gelsamlo hi. Hun tomno khatsungah thumaan hihzolo hi. Topa muan ding sangin a tamzaw lamah hoikha hi. Mipite in ngsihsut zahloh ngetna nei ta uhhi, “*hong pai un, eite hong makaih ding pasian khat bawlni*” (Pai. 32:1) acih uh ciangun, zawp pah hi.

Mipi in zong kham milim bawlna’ng kham phaltak in piakhia uhhi. Aaron in zong khawlsak snagsik, piakkhiat ding sam zawsop lai hi. Hih Pasion maanlo bawlna ah zong kihel zawsop lai hi. Tuakhit ciangin, mipi in “*hih in, Egypt pan hong paikhiatpih note pasian hi*” (Pai. 32:4) ci

in tangko uhhi. Mawhnei, gilo leh muhna-tomlua uhhi. Tua milim pahtawi tawmin eite hong honkhia hi ci uhhi. Mawhna lunggulhna in eima’ tatna hekna lumlet in khialsak thei cihzong lamdang mai hilo hiam? Amau bawltawm sapeuh pawikhamna tawh amau’ lungsin niamkiat sak mahmah hi.

“*Tuabang haksat hunin khentatna kip nei in, huangl in a hangsan; milak ah min than ding sangin Pasion zahtakzaw mi kisampha hi. Tua laitak a Israel’ makaipa i tua bang mi na hikhalo hi. Aaron in tubang hun haksa sunga mipi tawh kinial dingin na meidawilua kha a, tuaban khentatna lamah paikha hi. Hong gamlum semsem uhhi. Mip in mailam enmello diang phangphang keei uhhi. Pasion taw thukimtuahna tungah a kip akho mi bel pawlkhat omsar hinapi, a tamzaw in lampialna lamah pawlpah tamai uhhi. Aaron in ama’ nuntakna a ding nangawn lauta ahih man Pasion tungah dingtang sitset ding sangsik, mipite deihn lamah zui hawihawi mai hi*” —EG. White, *Patriarchs and Prophets*, pp. 316, 317.

**Makai khat ahi Aaron in koibang in thanem the mawk hiam? Aaron in a sia mahmah ama’ gamtatn tungtengah ama’ lungsim koibang in thutangsak hihtual hiam?**

**MONDAY**

September

**Milim Biakna leh Gitlohna**

**Paikhiatna 32:6. A milim biakna in amaute ko lamah makaih hiam?** (Late 115:4–8; Late 135:15–18; Isa 44:9, 10).

.....

Tua bawngla limin **Apis** bawng-pasian **Hathor** zong kici Egypt’ bawng-pasian ahi hi. Thukham khatna lei

nihna palsat miahmiahna ahi hi (*Pai. 20:3-6*). Hih palsatna in a nungta Topa tawh amau' kizopn kitatsak ahih manin gaamlo in kikoihkhong theilo ding hi. Piangsakpa a biak ding uh sangsik, Israel in khua mulo, khua zalo, gimnam theilo pautheilo, don theilo, it theilo leh makai theilo, amau bawltawm peuh bia pongmawk uh hi.

Piansakna lumlet uhhi: Pasion' limmel sunin a kipiangsaksa pen, tu in amau' lim mel peuh suunin amau' bawltawm zong siathuai mahmah khin napi - **ganhing' limmel suun** peuh in bawl uhhi. Hih pasian biakna pianuam uh a, tuabang in Topa' maiah mawh na bawl uhhi (*Isa. 31:7; Isa. 42:17*).

**Bawngno limtawh lampialna in Romans 1:22-27  
sunga kigelh thute koibang in khuvak taan hiam?**

Milim biakpiakna in Pasion pen Pasion mah mi pen mimah hilel cih hong telcian sak nawnlo hi. Milim biakpiakna in Pasion leh mihing kikal kigamlaatna teng hemkhia in (*Thsia. 5:2*) Amah tawh kizopna sutat hi. Milim biakpiakna bek lungsim sungah omsak tentanna in i Topa tawh kizopna teng manlang takin hong suktat sak a, lungsim pumpi niamkiat sak hi. Laisiangtho genbang in a zingciang in amau' hih thute in lamdang lualo lel hi. Milim a biakhit uh ciangun, gualnopna hong bawl uhhi. Tuapen EGWhite in zong "*Egypt te milim biakna pawl teng a ciing uhhi*" cih—"Patriarchs and Prophets, p. 320.

Mihingte in amau' milim a bawl na vuah pilthei mahmah uhhi, Amau' pasiante bawltawm ziau uh a, tuate biapiakna bawl uhhi. A sawtlo in niamkiatna lamah a T-8

makaih ding nakhat peuh pen Piangsakpa munah koi pongmawk uhhi.

**Tuni mahmah in Piangsakpa' munah piansaksa  
peuh biak khakna koibang in omthei ding hiam?**

TUESDAY September

**Amau Kisiatbawl Tawm**

**Paikhiatna 32:7, 8 simin. Banghang in Pasion in  
Israel giahphual ah Moses sawlkik hiam?**

Milim lamah kiheina tawh, Israel mite in Egypt panin a khahkhiapa, Pasion maan taktak a maa uh ah uhhi. Pasion in amaute' tungmah ah mawhpaihpa lian in "*amau kisiatbawl uh*" (*Pai. 32:7*) a, tua bawnglim in amaute Egypt pan paikhiatpih ci in pahtawi nonguh cih. Pasion' gensa thuteng tangnialna ahi hi (*Pai. 20:2*)! Pasion ompihna tua bangin anial uhpen siathuai mahmah h. Amaute' ngaihsutna teng lampial gawpin kisia gawpta h.

Kamsang Ezekiel a dingin zong, milim biakna in Pasion' mite lungsim maanlo sakin, mawhna tamp piankhiat sakna mah a nahi hi (*Ezek. 8:1-18, Ezek. 20:1-44, Ezek. 22:1-12*). Tanglai mite in mihing' bawltawm milim peuh ana biakpiak uhpen haithei lua mahmah peuh kisa mawkmawk hi. Tuabang hih vetlo ding peuh kisa pong mawk thei hi hang. Milim biakna tawh ikipelh takpi hiam Tuni a milim te in lim tuamtuam hong nei kha ding uh ahihhang, hong zolna akibang veve ahi hi.

Milim in Pasion' dinmun buluh a, diklo hi ci theihsa pipi mah, kibia zomsuak teitei lai hi. Milim in eima ngaihsutna, itna leh i hunte Pasion sangin hong

huupthei zaw hi. I lungsim hong salmatsak thei hi. Eima' muhna bangin piangthei ihih manin; eima' biak "pasiente" sangin kisangkah thei ngeilo hi. Pasion in nangma' nuntakna laigil ahih kei limlim leh, pasian dangte in Ama' mun hong buluh ding uhhi. Anungta Pasion hong ompihna sungah i lungnop zawh keileh, midang nadang khatpeuh sungah i lungnuam zaw thei ding hi.

Christ' ommun i buluhsak nate in mel tuamtuum pua a: kiphatsakna, ang-khualna, sum, zaliatna, zualzangna, anlehtui, TV, guihlehkham, zu, ngaihsutna sianglo, tangguak limte, gualnopna, nasep, kimawlana, innkuan, games, melmuh tongsan, sumbuk, ngaih sutna, gamvai, tunging, ommun, zaaliatna, dinmun cihte beitheilo ding hi.

Hih munte ah bawltawm kisiamthei mahmah lel hi. A pha, a hoih leh khatnane nate milim kisuah mawkmawk kha thei hi. Milim biakna a lauhuai zia bel, a mimal mah mah, ngaihsutna, itna leh kipawlkhopna hong suksiatsak thei hi. Eima hihna hong khelsak in a hoihmahmah kizopna teng zong; a hawmpi leh khatna neilo kizopna a tawpna ah hong gumkhia theilo te suaksak hi.

**WEDNESDAY** *September 10*

**A Thutang Pasion' Hehna**

**Paikhiatna 32:9-29 simin. Israel suksiat ding Pasion' lauhthawna Moses in koibang in dawngthu hiam?**

.....

Moses in Sinai mualtungah a omlai mahin, Pasion in tua a langdo mite susia zaw in Moses minampi kha

suaksak ding cih. Ahihang Moses' deihna tuabang hih hi. Israel in Moses' mi hilo, Pasion' mi hizaw lomaw ci in thumsak hi. Moses, amah in Egypt pan paikhiatpih hilo a Pasion in na lamdang lianpite tawh asepi ahi hi. Apu leh pate tungah Amah mah in kamciam khin ahihlam pula thum ngetngut hi. Moses in Pasion leh mihing' kikal ala palaipa bang kekkek in na hong sem hi.

*"Topa in Ama' mite a suksiatna ding panin a khawlkhi khit ciangin"* (Pai. 32:14) Moses zong amite kiangah ciangkhi hi. Ciapteh lian a omloh hangin, Paikhiatna 34: 29, 30 sunga Topa' maiah Moses' maivun a taantawh kibang hetl kha ding hi. Moses' maitang in hehna tawh kidim ngelkhi ding hi.

"Moses in giahphual nai hongtun ciangin bawngno lim leh a laamte a muh ciangin a heh hong suak in ama khutsunga suangpek tegel mualbul a denna ciangin, tu suang pek tegel kitamzan dikdek hi (Pai. 32:19). Thukhar Sawm omna suangpek suktapna in suangpek tunga kigell teng suktapna a pualam limpua ahi hi. Pasion in tuathu huhau in Moses taiveve a, anung ciangin, "amasa a n suktap suangpek nihte" (Thk. 10:2) laihna ding in Moses suisak kik hi. Pasion ngiat in tua thute gelhphaki hihtuak hi.

Moses in zong mipite' deihna a zui ngaingai Aaron taipha hi. "Amaute tungah khialhna lianpi khat natunpi nadingin hih mite in nang tungah bangthu hong gen uh ah hiam?" (Pai. 32:21). Aaron in zong ama' mawhna paulan zongin (1) midang mawhsak (2) mitphial tawh "keimah i tuate meisungah kalawn a, hih bawngno hong suak hi" (Pai. 32:24). Aaron pen Pasion in pahtawi mahmah a, mualtungah Moses tawh upa 70 te lakah zong kihel kha (Pai. 24:1) in, hamphatna tampi angahpa ahihna bel suksia lu mahmah hi.

Aaron in alum alet thugen in, nalamdang piang bangkek in anaupa khem sawm hi (*milim biakna pan zuau genna mawhna khatpan a dangkhat kizomthei*). Moses zong na hailua khol tuanlo hi. Mihingte hai phangphang Moses in thei gige lel hi. Asialam sulzui in hong zuipah ahih manin, Moses in, tua langdona a khawlsak vat kulta hi.

**Palaisak in thumsakna in bangzah in vanglian cih hih tangthu in bang hong hilh hiam? Tu mahmah in kua a ding na thunget sak ding om hiam?**

THURSDAY

September 11

Palaisakna

**Paikhiatna 32:30-32 simin. Palaisak thungetsakna sungah Moses in koiciang tung hiam?**

.....  
Amau langdona hangin, Israel giahphual sungah thusia tampi tung a, mi tampi in sihlawh uhhi (*Pai. 32:28*). A zingsang ciangin Moses in mipte tungah “*Note in khialhna lian khat na bawlkhin uhhi. Tu in Topa’ kiangah kei kapai dinga, note’ khialhna thu ah kilemna ka vabawl theikha ding hi*” (*Pai. 32:30*) aci hi.

“Moses in Topa kiangah paito kik in hibang in cih, ‘*hih mite in khialhna liankhat a bawlzo uhhi! Amau’ a dingin kham pasainte bawl uhhi. Tu in amau’ khialhna maisak in. Na maisak kei ding leh, Nangma gelhsa laibu panin keimah hong phiat mai in*” (*Pai. 32: 31, 32*).

Moses in Christ’ lim a puakna kician mahmah hi! Ama’ nuntakna piakkhiat zah dingin mawhneite a ding thumsak nopna a neihna in, Christ in eite a ding hong hihsak ding teng hong musak ahi hi. Mawhneite a ding

hong hehpihna hong theisak hi. Topa tungah ama’ kumpiakna leh, amite’ a ding ki pumpiak itna hong lahn ahi hi. Paikhiat na laibu in Topa kiangah Moses bang tanve taam cih pulak lo a, Thuhilhikikna laibu in, tuatung in Sinai ah ni 40 taam cih (*Thk. 9:18*).

Paikhiatna 32:32 sungah, “**maisak**” cih kamma pen “**thuak, pua**” kici a, Isaiah 53 : 4 ah zong Zeisu tungtang a genna ah: “*Amah in eite natna teng thuak in eite gimna teng pua khin taktak hi*” cih. Paikhiatna 32:32 sunga “**maisak**” a cihpen leh Isaiah 53:4 in “**thuak**” ma cih. Hotkhiatna thu tampi hong musak a, Pasian in mawhna hong mai sakna ding leh hong hotna dingin bangzah mantam cih hong theisak hi. Moses in Topa tungah mipite’ mawhna “**thuak**” ding a nget mahbang in kumtul tampi khit ciangin singlamteh tungah thuak takp pah hi. Pai. 32:32 in aiawh mawh thoihna thu ciangbek h lo, kua’n aiawh: Pasian ngiat hi cih hong theisak hi.

Hih munin maisakna koibang in kingah cih hong theisak hi. Pasian in Christ sung ah hong puaksakna be tawh hong maisak thei hi. Hotkhiatna’ng ngiimna leh vanuai leitung a hotna dingin Pasian in man bangzah tak piakha cihthu hong lahna zong ahi hi.

**Pasian ngiat in mite mawhna a puak dingin Moses in a nget mahbang in Pasian in Zeisu sungah hong puaksak takpi hi. I lungsim sungah hih thumaan koiban in kipaai hiam? A puk mihing a ding Pasian’ hong itn bangteng hong hilh hiam?**

FRIDAY

September 1

**Ngaihsutbeh Ding:** Ellen G. White, *Tuanpupa le Kamsangte* lai. 315-327 sungah “*Sinai ah Milim biakna simin.*”

Tukal sinna in, thu ummite tungah Pasion' nasep hong bulphuh deuh hi. Topa in eite sungah "*eite' ngetzah val leh ngaihsut zawhloh*" (*Ephes 3:20*) semthei hi. Eimah ki bulphuh selo zaw in, eima' lunggulhna peuh picin mawklo ding hang a, tuate in milim biakna lam hong tunthei hi. Pasion leh Ama' vangliatna bek lunglut zaw ni. Amah'n tha hatna hongpia ding a, gualzo nuntakna ah hong tun ding hi (*Phil. 4:13; Jude 1:24, 25*).

"Itna in thutang sangin neuzawlo a, mawhna pen thukhenna tawh gap ding kal tuanlo hi. Pasion in Amite a kemcingpa leh vanglianpa ahi hi. Langdona lungsim peuh mah in midang lawhnuam mahmah in siatna tunthei hi. *Cain' nuntakna a hawisakna tawh, mawhna peuhmah a kigaploh manin a sulzui teng vannuai buppi ah, Pasion in a lahkhiatna ahi hi. Cain' in ama' nuntakzia tawh atu atate a huzaapna hangin siatna tampi ah paipih ahih manin, leitungbup tui tawh ki sawpsiang liang hi. Mihing khansau semsem leh gamtat sia semsem uhhi. Sinai ah lampialna zong tuamah bang ahi hi. Mawhna peuh mah manlang takin kigam keileh, a sulzui ding pen muhsa bang ahi hi*"—Ellen G. White, *Patriarchs and Prophets*, p. 325.

#### **Kikupding Dotnate:**

- 1. Monday sinna lungngai kikin. Piangsakpa langdo in piangsaksate biakkhak theihna koibang dan omthei hiam? Leitung nate kemsiam in eima kimkot a nate bia hetlo, milim in baw hetlo in koibang in kemcing thei ding ihi hiam?**
- 2. Eima mawhna' sulzui leh tua sulzui i dawnthuh kikna in bangzah suksia cih eimahmah in ngaihsun thei hihang. Mawhna kisiklo in, langdona sungah a om**

**paisuakte tungah banghangin Moses in sihna a tun ding thupiaph hiam?**

**3. Palai nasepna tawh mawthoihna bek in banghang in mawthoihna maan hithei sese hiam? Lungdamthu thubulphuh ahi palai kithoihna anial upna in banghang in upna khial hithei hiam? 1 Peter 2:24 simin. Zeisu in eima Palaipa ahihlam koibang in honglak hiam?**

**Lesson 12***September 13–19***“NA VANGLIATNA HONG LAK IN”****SABBATH NITAKLAM**

**Tukalsung Simding:** *Pai. 33:7–34:35; Thk. 18:15,18; John 17:3; Rom. 2:4; John 3:16; 2 Cor. 3:18.*

**Kamngah:** “Ama’ maiah Topa pai in, ‘Topa, Topa, hehpihna nei in a dik Pasian, lungduai in itnakip leh thutang tawh akidim, mi tultampi te a dingin itna kip anei, mawhna thu palsatna leh khialhna maisak in, bangbang hitaleh mawh na akhahkhong ngeilo, pate’ mawhna tate leh tute tung, khangthum khangli dongin a thukpa” **ci in a pulak hi** (*Pai. 34:6, 7*).

Pasian tawh tonkhawm in khangto ding hihang. Khantohna omlo in asi hi. Peter in “*Hehpihna thu leh i Topa leh Honpa Zeisu Christ theihna thu ah na khangto semsem un. Tuhun a kipan in a tawntung in Amah in minthanna ngah paisuak taken*” (*2 Pet. 3: 18*). Khantoh sawm limlim ding hihang. Eite in Pasian’ vannuai ah ki om a, buaih ngahna om vetlo in sinden ding hihang. Khantohna cialsim ah, Christ tungtawnin Pasian’ in hong puahphat nopna phal hileng picing theilel ding hihang.

Sang khat ngaihsun in. Grade 1 te in 100 dong simthei leh ong pah a, amau’ tunna cial ah khantohna picing nei hipah hi. Ahihang tua tungsia peuhmah a khangto nawnlo tan sawm sin mite in pilna lamah supna lianpi nei cihna hiding hi. Pasian sungah eima’ khantohna

zong tuamah bang ding hi. Eima khantohna cial simin Christ in a picing mah bangin ei zong picing thei din hihang.

Tukal sungteng, Moses in Pasian a theihna tawh thupiakna bang zui in kikhawl khawm ahihna sin din hihang.

**SUNDAY***September 1***Mipi Kimuhna Buk**

**Paikhiatna 33:7–11 simin. Pasian in kikhawpna buk lam dingin Moses sawl hiam?**

Giahphual pualam ah akilam “*kikhawpna buk*” leh giahphual laizang ah akilam biakbuk tawh buaipih keim. Tua kikhawpna buk sungah Moses leh Pasian bangzahve kimutuah cih zong theihpih kei hang. Ei theih takta thukhat ah: Moses in Pasian tawh maitang kimu in Ama thuhilhna ngai ding ngai zelzel hi. “*Topa in “mikhat in lawmpa a hopih bangin, Topa in Moses hopih zel hi” (Pa. 33:11)*. Lawm khat cih in amah tawh i kikup thu peuhmah muanhuai takin midang kiang a tun hetlo lawm ahi hi. Lawmhoih icih in neihsa van hoihpen leh mi hoihpen ah hi.

Paikhiatna 19 – 34 sunga Moses’ tangthu in, mihing nuntakzia Pasian hong khel sakzia kitelcian mahmah hi. Hih a kician makaipa leh Pasian in koibang in kikhaw kha ta dihdih hiam? Moses’ tangthu kantel leng, ama’ piln khantohna ah Pasian’ vangliatna, itna leh omzia sungah khangto hi. Hihthu in Pasian tawh kizopna sungah a thup mahmah thukhat ahi hi.

Sinai mual hong tunmadeuh un, Moses in maka hoih khat a suahtheihna dingin tentan pia-kawm in Pasian

in nakzat mahmah hi. Midian gamah, tuu cing kawmsa in, Pasion in laibu nih: **Job** leh **Piancil** gelhsak hi. Sawlpang sung meikuang lai in, Egypt pan Israel makaihkhia dingin amah sam hi. Egypt pasiante leh Egypt galkap honpi Tuipi san sungah a suksiatna Mukhin hi. Egypt pan Sinai dong Pasion in Israel a paipihna kaal tampi sung Mukhin hi. Amai'vun a taan khit in zong kum 39 sung Israel makaih in Kam ciam Gam gii dong tun hi.

Laisiangtho sungah Moses pen a citak Pasion' nasempa (*Pai. 34: 5; Josh. 1: 1*), khuamial sungah tehpih omlo khuavak, a etteh takcing kamsangpa (*Thk. 18: 15, 18*) cihi. Mipite in ama' lamlahna leh thuhilhna zuinuamlo phial taleh kikhelsakna pu ahi hi. A zuih peuhpeuh uhteh khangto pahhau uhhi.

**Eite in hong kikhelsak thei Pasion tungah phalna pia peuhleung, Amah'n hong khelthei cih, Moses tungpan in kitel mahmah hi. Nangma nuntakna sungah nang hong kikhelsak Pasion' nasepna bangteng peuh natheihkhak om hiam?**

MONDAY

September 15

**Nang Kong Theihna Ding in**

**Paikhiatna 33:12-17 simin. Moses in amah bang ahilh dingin Topa tungah ngen hiam? Pasion in ompih in a makaihna ding banghang in ngen hiam?**

Moses in Topa' sungah khangto hithiat hi. Topa kiang naih semsem in Pasion' lim mel a suunna ding in etteh ngiat hi. Nikhat kikhawpna buk sungah Pasion tawh a kiho lai takin, Moses in Topa telcian taktaklo cih phawkvat in a thungetna in: "*Nang kong theihna ding in*

*nangma' geelnate honglak in*" (*Pai. 33: 13*) aci hi. Moses in Pasion a telcianna cialthak khat kisam ahihlah hon phawkpha hi. Topa a theih semsem ciangin, Amah theihlohlah phawksan hi. Pasion a theih tel ding akisapn lungsimtakpi tawh a theih tak ciangin Pasion in zong tu deihna picingsak hi. Moses' tuahkhak thute en leng, amah Topa tawh kinai-khawlh mahmah a, khalam ah zong khangto mahmah cih ki muthei hi.

Amasa in, Moses mualtung ah kahto in "*Pasion kiangah pai h'*" (*Pai. 19:3*). "*Mual dawn ah paito in*" (*Pai. 19: 20*) meii omna lam neekin, Topa' omna "*meii sahp'*" (*Pai. 19:20*) omna lam apai hi.

Mundang khatah Pasion' omna "*meii lakah Mose lut*" a, Topa tawh sun 40 leh zan 40 taam hi (*Pai. 24:18*). Hih ni 40 sungteng in Pasion in Moses tungah a manph letsong nih pia hi: **(1)** Ama' khutme ngiat tawh suangpe tungah a gelhsa Thukham Sawm te (*Pai. 24: 12*), **(2)** biakbu lamna ding leh zepna ding zia hilhcianna (*Pai. 25-31*).

Tuakhit adang ni 40 leh zan 40 sung Topa tawh omna, mawhneite palaisakna (*Pai. 32: 30-32, Thk. 9: 18*). Hih thute khit ciangin, Pasion in zong Amah kua hian cih muhna tuampi khat pia ahih manin, Moses in Pasion omzia thei nuam sansan keei hi. Moses in a lunggull mahmah pen Pasion thei pongmawk hilo in, Pasion tawh a mimal in kitelcian nuam lai hi.

Kumtul khit ciangin Zeisu in "*Nangmah in hong sawl Zeisu Christ hong theih na pen amau a dingin nuntaw tawntung ngahna ding lampi ahi h'*" (*John 17: 3*). Pasion in mihing hong suahna tawh hong ki pulakna sangin hoizaw lampi dang omthei lai ding hiam?

**Pasian na thei hiam, or Pasian tawh kisai thein ahi bek hiam? Hih tegel koibang in kilamdang hiam?**

TUESDAY

September 16

**“Na Vangliatna Honglak in”**

Bawngno lim tawh lampialna khith ciangin, Moses in Pasian leh Amite palaisak in Topa in Kamciam Gam tundong a makaihlai ding ngen ngeungau hi. Ama’ lungsim sung tawng panin zong Topa theizawsem nuamlai hi.

**Paikhiatna 33:18–23 simin. Moses in vangliatna muh ding a ngetna Pasian in koici dawng hiam?**

Moses in “*Na vangliatna hong lak in*” ci in Topa tungah ngen hi. Topa in zong A hehpihna tawh Avangliatna lak hi. Ahihhang Moses’ thumna a dawnna ah Pasian in Ama’ “*hoihna*” lak ding cihi. Tua ahih manin Pasian’ vangliatna cihpen Ama’ hoihna, Ama’ omzia cihte ahi hi (Ellen G. White, *The Acts of the Apostles*, p. 576; *Christ’s Object Lessons*, pp. 414, 415; *Prophets and Kings*, p. 313).

“*Pasian’ vangliatna icih in Ama’ hoihna a tate tungah hong piakpen ahi hi. Numei pasalte in a sangpen dinmun ah hong tungto saknuam hi*”—Ellen G. White, *The Acts of the Apostles*, p. 530. Ama’ minthanna cihin mawhnei kisikte pom nuam a (*Kamsangte leh Kumpite, lai. 668*), amau kikhelna ding nakhempeuh vaihawmsak hi. Eima’ gamtatna sungah Pasian “vangliatna” ahi Ama’ omzia midangte tungah kilangsakna in eima “**vang liatna**” hipah hi.

Pasian’ omzia, Ama’hoihna, migitna leh lungnem itna in eite sungah kimu ding hi. Tuapen in ei hong engige

vannuai bup a dingin khuavak leh leitung a dingin thuph sanna ahi hi. Paul in: “*Ko sawltakte pen vantungmi le leitungmi khempeuh in a et dingin mipimai ah thahna a thua dingin thukhenna a kipia mi bangin, Pasian in a zaneupen i hong koih tawntung tawh kibang kasa hi*” (1 Cor. 4: 9). Hih vannuaibup cih zawzen in eima nuntakna leh nasepna a dingin khiatna leh ngiimna nei thute hong phawksak hi.

Rom. 2:4 sungah Paul mah in, “*Pasian’ migi in thudiah hithiatna in na kisikkik theihna ding hi*” cihi. Mihin in amau’ mawhna leh hotkhiat a kisaplam a theitheihn uh in Pasian migitna leh omzia ahi hi. Singlamteh e lecinecinec, tua Topa in banghang in tua tung ah om dihdih the hiam – Amah’ hong it man leh tua bek tawh hong hon the a – Ama’ hoihna leh omzia hong lahkhiat theihna lianper ahi hi.

**Pasian omzia hong hilh Singlamteh tungah kingakna in hun bangzah na zang khinta hiam?**

WEDNESDAY

September 17

**Pasian in Amah Hong Kipulak Tawm**

**Paikhiatna 34:1–28 simin. Pasian in a vangliatna Moses tungah koici pulak hiam?**

Moses in ama’ suktapsa amasate mahbangi suangpek nih a paipihkik kul hi (*Pai. 32: 19*). Sina mualtung ah a sagihveina in Pasian tawh kimu ding uhh. A kahtohna masa teng zong a nuaia bang ahi hi: (1) *Pai. 19:3, 7*; (2) *Pai. 19:8, 14*; (3) *Pai. 19:20, 25*; (4) *Pai. 20:21*; *Pai. 24:3*; (5) *Pai. 24:9, 12–18*; *Pai. 32:15*; (6) *Pai. 32:30, 31*. Mose in zingsang tuung ta in kahto hi.

Moses in Pasion' omzia vangliatna vamu ding hita hi. Pasion in Ama' omzia pen hih a kipulakna sungah a minthang pen in kipulak hi. Pasion' in Ama' omzia pulakna ah a thupipen zong ahi hi. Laisiangtho sung tawntungah zong khamkhau bangin kigan bikbek hi (*Gam. 14:18; Neh. 9:17; Late 103:8; Joel 2:13; Jonah 4:2*). Hiteng ah Topa' tangkona in Laisiangtholui ii John 3:16 ahi hi. Pasion' omzia taktak telcian mahmah kisam ahih manin, a thupina munah Laisiangtho laikungpu te in, Pasion hong kipulakna te, genpha kik, suutpha kik in a zaizaw in pulaksak uhhi.

Moses in, Pasion' min a lamdanna, tehpih a omlohna leh kibatpih a neihlohna a tel theihtak ciangin boksuk in Topa abia hi. Pasion hong itna, hehpihna, thusiamna, deihsak na, hoihna, cihtakna, maisakna, siangthona, thutanna cihte in Ama' kiang lamah hong kaizawn hi. Ama' lamdanna mu in pahtak theih ciangin, Amah it ding ikipan ta a, tua itna in Ama'na hong semnuam sak in athu hong mangnuam sak hi. Amah'n hong it masa phot ahih manin eite'n zong itthuk uhhi (*1 John 4:19*).

Hibang in Amah hong kipulakna panin, Moses in zong a mipihte Kamciam Gam dong a makaihna ah na lamdang tampitak mah bawl ding cih kamciam pia hi. Mipi tawh a thuciamna uh zong thaksuhsak in, mi namdangte in Ama' vangliatna leh nasepna lam dang mahmah te muhlawh ding cih. Topa in Moses kiangah "*Enin, Keimah in thuciamna khat kabawl hi. Nangma' mi khempeuh muhna ah leitung khempeuh hitaleh, minam khempeuh sungah hitaleh, cikmah in tuabang akibawl ngeilo na lamdangte kabawl ding a, note laka om mite khempeuh in Topa' nasepna mu ding uhhi. Banghang hiam cihleh note tungah kongbawl ding napen kihhtakhuai thu ahi hi*" (*Pai. 34:10*).

Citateu zongin, Israel in Pasion thu mang ding a amau' neihsa teng a bit theihna dingin thupiak sawm ten kiptak in zui ding hi. Tua thuciam teng khempeuh gell dingin tuate a sutam ngeipa Moses mah Pasion in sawm kik hi (*Pai. 34:27, 28*).

**THURSDAY**

*September 1*

**Moses' Maitang Taang**

**Paikhiatna 34:29–35 simin. Moses' maitang taang banghang hiam?**

Pasion in Ama' itna omzia Moses tungah a lahkhi ciangin, Moses zong a maitang taangsa in Israel' giahphua ah hong tuaksuk hi. Moses in ama' maitang taang theipah maw? Thei vetlo e. Topa tawh a kinai semsem kha in, Pasion' siangthona a muh semsem ciangin, ama gitnatlohna teng phawk semsem hi.

Moses' maitang lumlet in a taangsak liang thu in bang hi peuhmah hiam? Nidang in zong Pasion' kiangal omkha zelin kimu zeluh ahih manin; tutunga Pasion maiah a om man peuh hipaklo hi. Ahita zongin Pasion maiah omkha keilehlah amai taangkha tuanlo ding hi. Pasion' hoihna leh citna a theih ciangbek in, amah zong Pasion telcian taktakta a hih manin, Moses ki lumlet in ama' maitang hong taangta hi. Pasion pen eima' nuntakna a ding Topa leh Kumpipa in phalpeuh leng; eima' lungsimt zong hong kikhel ding hi.

**2 Corinth. 3:18 simin. Zeisu in Amah suuni koibang in damtak in hong lumlet thei hiam?**

Paul in zong Moses' maitang-taang pen Zeisu Christ leh a vangliatna (Pasian' thu kham leh hehpihna tawh a om) Moses leh thukham a uap pen tawh saikak hi. Zeisu mitsuan gigena bekma tawh, Christ leh A thukham pen eima' gamtatna sungah hong ki khuaksak ding a (*Heb. 3:1, Heb. 12:2*), tua zong Pasian' Kha Siangtho vangliatna hang bek ahi hi (*2 Cor. 3:12-18*).

Pasian in, eima' gamtatna khelsak in Ama' lim suun in bawlpbat sak ding phalna tawh Pasian hong hihsakna lahna etteh ding pen Moses ahi hi. Tuapen Paul mahin a gen "**nuntakna thak**" (*Rom. 6:4*) a cihcih pen ahi hi.

**Nangma gamtat omzia sungpan koibang teng in Pasian gamtat omzia lengsak ding kisam thei ding hiam? Mun khempeuh ahimai diam? Singlamteh bul-phuhna in, hotkhiat na'ng lungmuanna koibang in hong neisak taktak thei ding naci hiam?**

FRIDAY

September 19

**Ngaihsutbeh Ding:** EG. White, *Patriarchs and Prophets* laimai 327-330 "Sinai ah Milim Biakna" hoihtak simin.

Mei-niimni khat pakhat leh a tapa in biakiinpi khat ah hawh uhhi. Limlang hoihmahmah te tungah laisiangtho' limte akisuang tawlet te a et laitak un, tua limte tungah ni hong taangvat ciangin tua limte nitaang sungah muhnophuai lua hi. Tano in apa dong hi: "*Pa aw hih mite kuate hiam?*" A pa in Christian biakna, Christ leh a nungzuite khat zong thei ngeilo ahih manin: "*Hih mite maw Christiante aive*" ciziau hi. Tua lim tee zialziat te naupangpa' lungsim sungah tengcip hi. Nikhat naupangpa' siama in "*Nate aw Christiante nathei na vua leh?*" ci'n dong hi. Naupangpa in biakinpi tunga milim tee zialzialte

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phawkpak a, "*Ke'n thei! Christiante maw a taang mite e*" cih. Tua tawh aki bangin Zeisu in a nungzuite tungah "*Midangt in na gamtatna hoihte uh amuh uh ciangun vantungah om n Pa uh min a phattheihna dingun, mite' maiah na gamtat hoihn uh khua vak bangin na kilangsak un*" (*Mate 5:16*) cih. A taan mite bekin midang kikhelsak thei uhhi.

### **Kikupding Dotnate:**

**1. "Eite Pasian' maiah kiniamkhiat in, hoihtat, diktat thusiam, lungnem in hehpih thei leng; tu laitak i khatbek kikhelna munah zakhat bang hong kikhel din uhhi"** —Ellen G. White, *Pawlpi Thulamlak*, vol. 9, lai. 189  
**Eima' gamtatna, seplehbawl, lungsimpuakna in eima teci panna ah bang vangliatna neithe hiam?**

**2. Paikhiatna 34:6, 7 pen Laisiangtholui ii John 3:1 kici hi. Banghang?**

**3. Na Pasian kua hiam cih hong dong khat om kha leh Pai. 34: 6, 7 sunga Pasian in Amah hong ki pulakn bulphuh in koibang in hilhcian ding na hiam?**

**Lesson 13**

September 20–26

**BIAKBUK****SABBATH NITAKLAM**

**Tukalsung Simding:** *Pai. 35:1–36:7; Pian. 1:1; Pai. 36:8–39:31; Heb. 7:25; Pai. 40:1–38; John 1:14.*

**Kamngah:** “**Tua ciangin meii in kikhopna buk tuam a, biakbuk sungah Topa’ minthanna vang adim hi ... Banghang hiam cihleh, akhualzinna tawtung uh Israel mi khempeuh muhna ah; biakbuk tungah sunin Topa’ meii om a, zan in mei a om hi**” (*Paikhiatna. 40:34, 38*)

Laisiangtholui Pasion’ mite leh tulai a te vaipuak bulpi pen in, Topa tawh kinai takin kikhawl, Amah bia in ana sem, Pasion’ limmel taktak midang tungah lahna cihte ahi hi (*Thk. 4: 5-8*).

Eden huan sungah, Adam Eve tegel in a mawhkhith uh ciangin launa tawh Pasion buksan uhhi. Mawhneihna’ pianzia tawh mihing in Pasion lau uh a, tua launa in Ama’ omzia muhdan hong telkhialsak hi. Lungdamthu in bel, hih kitapna munah Pasion mah hong kalsuan masa in, a kitamsa kikhawlhna hong pehkiksak hi. Mawhneite Ama’ kiang ah samkik hi: “*Nang kaw’h om?*” (*Pian. 3:9*).

Eite’ Pasion’ na i sepmasak pen dingin, eima kimkot a mite tungah Pasion hong itna leh dikna tawh a nasepna te lahkhiat ding ahi hi. Mihingte in Pasion’ lam zuan in ang khuallo Ama’ itna in aki thuzawhsak ciangin; Pasion tungah amau ki-aap in amau’ hoihna ding vive a geel Pasion sawlna bangbang mang uhhi.

Biakbuk in Pasion leh mihing a kinaihna leh lianpen thumaan thutak hong lah khiatna hi a, upna tawh Ama’ kiang hong pai mite a hotkhiatna ahi hi.

**SUNDAY**

September 2

**Topa’ Sabbath**

Ni sagih Sabbath a nial mite in, Jew mite a din bek hi ci uhhi (*ni sagihni pen Eden panin a kisiangtho sa Pian. 2: 1-3*); pawlkhat in, Jew te zak masakna pen Sinai mual ci uhhi (*Jew te in Sinai masiah in zong Sabbath tan khin uhhi Pai. 16: 22-29*); Sabbath pen Hebrew mite in acapat in a nuntakpih uh cileng khial lo ding hi.

**Paikhiatna 35:1–3 simin. Biakbuk lam tungtang ah mipi tungah a kigen phapha thu in bang ah hiam?**

Sabbath leh ama’ thupiak in Pasion’ thu hi den din a – Amah kua hi a, a vanglian nasepna te bang banghian cih hiding hi. Sabbath in Piansakna leh hotkhiat nasepna hong phawkkik sak a, eima sungah a tengnuam Pasion hong lunggulhsak hi. Tuabang in Pasion eite lakah ten ahihna Sabbath leh biakbuk in kawh-huan uhhi.

Laisiangtholui pawlpi in zong thupiak tampi mal nanei hi. A thupaipi khen nga tawh ki pulak thei ding hi.

**(1) Pasion in Piangsakpa hi,** cihthu Laisiangtho in kitelciar takin pulak sitset hi (*Pian. 1:1*). Pasion in Piangsakpa ahihnam phawkna kipkho pen Sabbath hi (*Pian. 2:2, 3; Pa. 20:8–11*). Pasion in Piangsakpa cih—Thumaan panin—dang Laisiangtho thumaante hong luangkha hi.

(2) *Messiah hongpai ding*, cih lam-etna in, Pasion' kamciam suanlekhak tungah kinga a, gulpi (Satan) zogawp in gitlohna tungah gualzo ding hi.

(3) *Pasion in Ama' Gam phut ding a, Sabbath in hong ciangkhol sak hi.*

(4) *Hotkhiatna in Topa kiangpan hong pai a*, Pasion' mite'n ahihleh Pasion pen; amau' Gumpa Tanpa ci in tecipang uh a; Hotkhiatna zong Ama' hehpihna hang bekbek hi ci uhhi.

(5) *Pasion pen mikhempeuh tungah thukhen mangpa hi. Amahzahpih in anial tentan dente' mailamthu ding bangmah omhetlo hitaleh; Amah a zuitinten mite, tawnutng nuntak a khaunxhong in pia hi.*

**Jew mite thuciin khat om hi: Israel in Sabbath a kepcin sangin, Sabbath in Israel kemcing zaw hi. Ei Adventist te in tuabang lianin icihloh hang, eima pawlpi leh innkuan tungah Sabbath in bang a thupi hong sepsak naci hiam?**

**MONDAY** *September 22*

**Sumpi Piakna leh Lungsim Offerings and the Spirit**

**Paikhiatna 35:4-36:7 simin. A thupi bang sinna peuh namu kha hiam?**

.....

Biakbuk lamna dingin vanmanpha tampitak kizam ahih manin, Pasion' mite in amau' lungsim tawnguh panin phaltak leh lungnuam takin paikhia uh a, kizosiang thei ta hi. Kham, ngun, tau, puanhoih, suangmanpha, puanzialpite, acacia sing, olive thau, paknamtui leh akisam a dangdangte hong paipih uhhi. Biakbuk ahi a, a sunga vanzat pawlkhat te pen siamna leh kuhkal tak a sepkul ahih manin, mite in amau thatang zungtang mahmah uh

zong hong kipia uhhi. Biakbuk sung a nasem ding siampit a ding puan leh, Siampi Lianpa a ding puan, awmdal leh lutuam te zong phan in, puankhuite in zong khuisak uhhi.

Egypt pan hong paikhiat ding uh ciangun Egypt mite neihsa tampi takmah Pasion in Israel te piapak in thuph tampi sangsak hi. Tu in ahihleh, hehpihna lianpi tawh makaihp tungah lungdam kohna in paikhia kik ding uh a, Pasion minthanna dingin hih nasep a kizawh dong amau lungsim thadimsak hi.

Mipi in lungsim takpi tawh tampi piakhia uh ahil manun Moses kiangah "*Mite in a kisamzah val hong pia khin uhhi*" (Pai. 36:5) ci in kizasak liang hi. Tua bang in amau' piakkhiatna kikhawlsak a "*amau piaksa nate pe nasepna khempeuh a dingin kicing in val liang zaw hi*" (Pai. 36:7) cih.

Kha Siangtho makaihna tawh, Pasion in biakbuk hoihtak in alam ding mite pilna siamna guan hi. Bezalel Aholiab leh a dangte in "*Pasion' Kha tawh kidim*" (Pai. 35:37) uh a, nakhempeuh septheihna dingin siamna pilna leh khutsiamna lungsim ciimna kiguan uhhi. Nasep leh ngiimna lianpi khat ahih manin Pasion in Moses a lahban linlian bek in kilam thei ding hi.

Biakbuk a kilam theihna dingin Pasion Khasiangtho in mite tungah hihtheihna leh siamna tuamtuam apiak zong thu lamdangpi khat mah ahi hi. Khasiangtho tawh kidim cihpen mitphial bum-ai peuh in mihingte kha thahatna guan peuh hi mawklo hi. Pasion nasepna a mainawt theihna dingin, Ama' deihna bangin hoihtak a sepzawh theihna ding in Ama' nungzuite thei guan hi.

**Khasiangtho tawh na kidim ciangin bang Khasiangtho letsong peuh na sang kha hiam? Nangma nuntakna sungah Khasiangtho' gahte na gahsak leh bek, Kha silpiakte nuntakpih thei ding cih ngaihsun in. Gal. 5:22, 23).**

TUESDAY

September 23

**Biakbuk Kilam**

**Paikhiatna 36:8–39:31 sungteng a tungtham bek enin. Banghang in tua lamlahna kicing dildel in kipia naci hiam? Hih thu panin Pasion in aneng atawng in don mahmah cih hong koic hilh hiam?**

Moses in Sinai mualpan a sawlna om bangin kuhkal takin biakinn lam hi. Lai siangtho in zong khatkhithkhat a pulakna ah: **(1)** Biakbuk leh a sunga puante, puankhai te (*Pai. 36 8-38*); **(2)** thukham singkuang (*Pai. 37:1-9*); **(3)** Ompihna khomun sabuai (*Pai. 37:10-16*); **(4)** meivak khuam (*Pai. 37:17-24*); **(5)** paknamtui halna tau (*Pai. 37:25-29*); **(6)** meihal biakna tau (*Pai. 38:1-7*); **(7)** khutkhe sawpna kuang (*Pai. 38:8*); **(8)** A huang (*Pai. 38:9-20*); **(9)** biakbuk sunga akizang nate (*Pai. 38:21-31*). Paikhiatna 39 sungah liangkaih puan, awmdaal leh adang siampipuan tawh kipawlte pulak lai hi.

Biakbuk a biakpiakn tepen lungdamthu a pulak mitmuh hilhcianna vive hi a, hot-khiatna ngiimna aneng atawng in lahna ahi hi. Pawi tuamtuum te in **(1)** Pasion in mawhna a hutluatna tawh a sepnate **(2)** a kisik mite A hotkhiatna **(3)** migilote' mailamthu **(4)** gitlohna a omnawnlo vanglian minthang gam phut ding.

Kibanglo napi akinai mahmah biakpiakna namnih zong biakbuk ah kibawl zel a; *nisim* leh *kumsim* ahi hi. Hih

biakpiakna namnih tegel in mawhna tungah Pasion' sepzi leh mawhneite a hotna zia limpua hi. **Nisim** biakpiakna t ah, mawhna akisik peuhmah Pasion in hehpihna tawh mawhna maisak a hotkhiatna pia hi. Hih hotkhiatna letsong sang thei dingin, biakpiakna khat kisam a, tu biakpiakna te inzong Messiah' sihna kaww hi. Tua Messiah' sisan in "eite' mawhna khempeuh pan hong sawpsiang" (*John 1:7*) hi. Mawhna kisik a, Christ dikna puan saann in hih letsong thubulpi ahi hi (*Late 32:1, 2*). A kisik mawhneimi in tuabang in mawhmaina ngah thei in hotkhiatna sungah lungdam thei tahi.

Kumsim biakpiakna, **Mawthoih Ni** in a kibawl per in, Pasion in mawhna a hepsianga, mawhna thu siansual in mawhna omlo mailam bawlsak hi (*Siampi. 16, John 1:29*). Tu mahmah in Christ in vantung biakbuk sunga a nase in zong, eima a ding Pasion' hong hihsak tengmah hon lahna ahi hi (*Heb. 7:25*). Gitlohna tawh buaina teng zong nunung siansuahna om ding hi (*Dan. 7:13, 14, 22, 27; Dan. 8:14; Mang. 21:4*).

Biakbuk icih in Pasion tungah biakpiakna, phatn piakna leh lungdam kohna mun ahi hi. Biakpiakna cil zong Pasion tawh kizopna kipsakna hi a, thu umte in zong tua kikhawlhna sungah kihel dingin Amah in hong sang hi.

WEDNESDAY

September 24

**Biakbuk Sungah Pasion' Ompihna**

**Paikhiatna 40:1–38 simin. Pasion' ompihna Israe in koici theih uh hiam?**

Paikhiatna 40 in biakbuk aapna leh Thukham Sawm piakkhatna pulak hi. Sinai ah Biakbuk aapna pen Israel a dingin a sangpen thupi ah hi.

Pasian vangliatna in Ama' Siangthona, Ama' omzia leh itna tawh hong ompihna leh Ama' hoihna ngiat ahi hi (*Pai. 3:5; Pai. 33:18, 19*). Ama' ompihna **Shekinah** in muhtheih ding in meii-lum bangin biakbuk kidim hi. Paikhiatna laibu in, nisimin Pasian ompihna, sun in meilum tawh leh zanin meikhuam tawh kilang cihthu tawh thukhup hi. A takpimah leh vanglian taktak mah in, Hebrew mite in, Pasian om taktak cihciang bek hi lo in; Amah nai-om mahmah amaute makaih den cih mipite in theihngiat ding ahi hi.

Tua biakbuk pen Moses in, a kumnihna, a kha masa, ni khatni in lam hi (*Pai. 40: 2, 17*). Na khempeuh siansuah a – Aaron leh a tate teng siampi dingin (*Pai. 40:9, 13-15*) sathau nilh in siansuah hi. Siangthomun pan paisuak in Siangthobel mun siansuah in, a huang bup mahmah zong Topa a dingin siansuah hi. Tuabang in hunzatna tawh biakbuk leh a sungteng honna bawl hi (*Gam. 7:1*). Biakbuk honna pawu sungbekmah, Moses in a Siangthobel mun lutkha ding a; tuakhit nungsiah ah Mawhthoih Ni ciangin Siampi Lianpa bekmah lut ta ding hi (*Siam. 16:2, 17*).

Laisiangtho in, nasep kizosiang cih, thumvei sitset pualak hi: **(1)** Piansakna kaal tawpna ah Pasian in Ama' piansak nasepna teng zosiang cih (*Pian. 2: 1-3*); **(2)** Biakbuk aki zawhsiang ni in “*Moses in a nasep zosiang*” (*Pai. 40:33*); **(3)** kumpi Solomon in zong biakinnpi a lamna zosiang cih (*1 Kumpi. 7: 51*).

Piansakna leh Israel mite biakbuk a kizopna in, Jerusalem khuathak sungah Topa leh tatsa mite “**Pasian'**

**Biakbuk**” ah maangkawm ding uh acihna tawh, vannua zaina adung avai hong lahna ahi hi (*Mang. 21: 2, 3; Mang. 22: 1-4*).

Pasian in Ama' ompihna tawh biakbuk sung kidim (*Pai. 40:34*) cihin, Moses a dingin, ama' suaupan kipar gimna sawmteng tawh Egypt pasiante a zawhgawpna, Egypt pan a suahtakna, Egypt galkap honte a suksiatna leh . nunungpen in Sinai mual ah Pasian hong kilahkhatna cih teng khempeuh tungah a sangpen ahi hi.

**Tumahmah in Pasian hong ompihna koibang in thei thei ding nahi hiam? Banghang in natheih din thupi nasa hiam?**

THURSDAY

September 2

**Zeisu in Mihing tading Biakbuk**

**John 1:14 simin. Christ hong sunglutna pe biakbuk tawh koibang in kiteh kak hiam?**

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Zeisu hong sunglutna in tatsa mite in atawntun in a sinden dinguh a lamdang mahmah pilna khat ahi hi. Sawltak John in Christ in eima pumpi Amah kibulhn tawh mit muh dingin eite lakah hong om cih. Zeisu in silehsa tawh Laisiangtholui Pasian in Israel te kamciar gamlam a khualzinna sehnel gam biakbuk sungah Pasian ompihna zilkik hi. Zeisu in Ama' sunglut lai in mihing biakbuk ahi hi. Tehpih omlo eithu hong kizawpna hi. Tawntung Pasian hong tuaksuk in, eimah banglel in “*eithu tawh omkhawm Pasian*” in hong om hi.

Mate 18:20 sungah, Zeisu in Ama' mintaw nihlehthum kikaikhawm leh, amau lakah Amah hong om

cihi. Christ in Amite lakah Kha Siangtho tawh ompih hi. A nungzui te zong Amah tawh kinaikhawlh mahmah dingin zawna: “*En in, Keimah in kongkhak gei ah dingin kongkiukiu hi. Mikhat peuh in Keima’ aw za in kong hong honleh, Keimah ka luttum ding a, amah tawh an kanekhawm ding a, amah zong Kei tawh a nek Hawthung ding hi*” (*Mang. 3: 20*).

**Mangmuhna 21:1–3 simin. Bang hong kilakhia hiam?**

Jerusalem thak in vantungpan leitung ah hong tuaksuk ding a, John in: “*En in, tu in Pasion’ omna innpen, mite tawh omkhawmta hi. Pasion in amaute ompih ding a, amau te un Ama’ mite hiding uhhi. Pasion mahmah amaute tawh omkhawm ding a, Amah in amaute’ Pasion hiding hi*” (*Mang. 21:3*). Jerusalem thakah biakinn omlo (*Mang. 21:22*) a, a khuazang buppi in Pasion’ biakinn ahi hi. Tua khuapi adung, avai leh agia kikim siset a (*Mang. 21:6*), biakbuk sunga Siangthobel mun mahbang hi in, a kiu teng kikim sitset a hih manin cube ahi hi. A tawntung in mawhna, sihna, thuaksiatna omlo in, Pasion’ mai tektek ah eite teengta ding hihang.

**Zeisu tungtawn in hong kamciam khempueh mitsuan giges a in, koibang in a tawp dong kipkho thei ding ihi hiam?**

FRIDAY September 26

**Ngaihsutbeh Ding:** Ellen G. White, *Patriarchs and Prophets* lai. 353–358, “*The Tabernacle and Its Services*” simin.

“Biakbuk a lammaa in Egypt saltanna pan vantung hotkhiatna ahi suahtakna cihte om masa phot hi. Hihthu zongpen Pasion mah in Amite tawh tawntung kizopna

sungah luttum nuam hi. Tuazong Pasion in Amite tawh kikhawlhna thuciam sungah a tawntung in a omnop mah hizaw hi. Amah in amaute’ Pasion hiding a, amaute zong Ama’ mite hi ding uhhi (Pai. 6: 7). Pasion tawh amaute kikhawlh theihna dingin thuciam thukham sungah k pulak khin hi. Biakbuk pen mipi kikhawpna mun, Pasion leh mihing kimuh khawpna mun ahi hi. Tatkhiatna hangin thuciamna tungtawn in Pasion tawh kikhawlhna ki sungah Pasion maiah lut theihna angah khituh ciangbe hilai ding hi—*Andrews Bible Commentary: Old Testament “Exodus”* (*Andrews University Press, 2020*), p. 226.

Ellen G. White in zong: “Biakbuk sung nasepna leh a nungciang in biakinn sunga nasep tawh akilaihna sungah, Christ a sihna leh a nasepna thumaan thutak ten mipite tungah kihilhciaan tawntung hi. Kumkhat in khatve amaute’ lungsim pen Christ leh Satan kidona lianpi, nunung penin vannuai leitung panmawhna kihemkhia t ding cihthu te amaute’ lungsim sungah kiphawk sa kikkik hi”—*Patriarchs and Prophets*, p. 358.

**Kikupding Dotnate:**

**1. Biakbuk sunga biakpiakna teng in a laigil in sisan luansakna ahi hi. Ganno nam tampi mah leh amau sisan tua sisan tengin biakbuk zehteng a dingin kizang hi. Tu sisan inbang limpua a, gangawh biakpiakna khempueh in bang kawh hiam?**

**2. Vanuai bup a piangsakpa Pasion in, biakbuk tawh Ama mite lakah om zawzen cih a lamdan sangin, eimah mihin khat mahbang in hong suaksuk in hong om cih pe lamdang zaw kanlai hi. Lamdang itna hong lahna zong**

**ahi hi. Mawhna a dingin Amah biakpiakna in hong kipiak  
zawzen lai zong - eite a ding hita lawmlawm maw?**

**Pasian' omzia hihthu in bang hong hilhcian naci hiam?  
Pasian in Ama' tawtung gam sungah hotkhiat ngah in  
hong muhnop daan bangci gen hiam?**

**3. Hebrew 8:1-6 simin. Leitung biakbuk in, vantung  
biakbuk sunga eite a dingin Zeisu' nasepna teng koibang  
in hong lak hiam?**

**ZING BIAKPIAKNA**

**July, 2025**

1. Tuesday	Matthew	10:16
2. Wednesday	Mark	6:31
3. Thursday	Mark	6:43, 44
4. Friday	Matthew	14:27
5. Sabbath	John	6:26, 27
6. Sunday	Matthew	15:19, 20
7. Monday	Matthew	15:28
8. Tuesday	Matthew	16:12
9. Wednesday	Matthew	16:24
10. Thursday	Matthew	17:3
11. Friday	Matthew	17:9
12. Sabbath	Matthew	18:4
13. Sunday	John	7:37
14. Monday	John	7:17
15. Tuesday	John	8:12
16. Wednesday	John	10:4
17. Thursday	Luke	9:56
18. Friday	Luke	10:36
19. Sabbath	Luke	17:20, 21
20. Sunday	Matthew	19:14
21. Monday	Matthew	19:22
22. Tuesday	John	11:12, 14
23. Wednesday	John	11:57
24. Thursday	Matthew	20:26
25. Friday	Luke	19:9, 10
26. Sabbath	Matthew	26:13
27. Sunday	Matthew	21:11
28. Monday	Matthew	21:19
29. Tuesday	Mark	11:17
30. Wednesday	Luke	20:39, 40
31. Thursday	Matthew	23:38

**ZING BIAKPIAKNA**  
**August, 2025**

1. Friday	John	12:20, 21
2. Sabbath	Matthew	24:13
3. Sunday	Matthew	25:40
4. Monday	John	13:7
5. Tuesday	Matthew	26:29
6. Wednesday	John	14:1, 3
7. Thursday	Luke	22:42
8. Friday	Matthew	26:67
9. Sabbath	Matthew	27:4
10. Sunday	Matthew	27:17, 18
11. Monday	John	19:22
12. Tuesday	John	19:30
13. Wednesday	Matthew	27:65, 66
14. Thursday	Matthew	28:6
15. Friday	John	20:15, 16
16. Sabbath	Luke	24:17
17. Sunday	Luke	24:38
18. Monday	John	21:1
19. Tuesday	Matthew	28:18-20
20. Wednesday	Acts	1:11
21. Thursday	Matthew	5:1, 2
22. Friday	Matthew	5:17
23. Sabbath	Matthew	6:1
24. Sunday	Luke	11:1
25. Monday	Matthew	7:1
26. Tuesday	Matthew	13:23
27. Wednesday	Mark	4:26-29
28. Thursday	Matthew	13:27, 28
29. Friday	1 Corinthians	1:26, 27
30. Sabbath	1 Corinthians	3:9
31. Sunday	Luke	13:20, 21

**ZING BIAKPIAKNA**  
**September, 2025**

1. Monday	Matthew	13:44
2. Tuesday	Matthew	13:45, 46
3. Wednesday	Matthew	13:47-50
4. Thursday	Matthew	13:52
5. Friday	Isaiah	50:4
6. Sabbath	Luke	18:9
7. Sunday	Luke	18:7, 8
8. Monday	Luke	15:1, 2
9. Tuesday	Luke	15:20
10. Wednesday	Luke	13:6
11. Thursday	Luke	14:23
12. Friday	Matthew	18:21
13. Sabbath	Luke	12:20, 21
14. Sunday	Luke	16:26
15. Monday	Matthew	7:21
16. Tuesday	Matthew	21:33
17. Wednesday	Matthew	22:8
18. Thursday	Matthew	25:15
19. Friday	Luke	16:13
20. Sabbath	Luke	10:36, 37
21. Sunday	Matthew	20:14, 15
22. Monday	Matthew	25:10
23. Tuesday	Ephesians	1:4-10
24. Wednesday	John	14:12
25. Thursday	Acts	1:8
26. Friday	Acts	2:1
27. Sabbath	John	14:16-18
28. Sunday	Acts	3:6
29. Monday	Acts	5:5
30. Tuesday	Acts	5:41

