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# Vantung le Leitung Kipumkhatsak



Na nasep ngeiteng lakpan a haksa pen ngaihsun in. Bangin haksa sa pen na hiam? Na lam-etna hang maw, hun hong kitawm piaklua maw, a nihmah maw? Tua vaipuak tungah nangma lungsim puak maw? Nasep pihte hang hizaw hiam? A kizo ngeilo ding nasep ahieh hang hiam?

Hotkhatna' ngiimna lungngai kik dih ve: Vantung le leitung kipum khatsak hi. A hitheilo ding pi hiam? Mihing' lungsim tawh bel hithei mah e. Zeisu in zong van a kahtoh madeuh in, a piang theilo ding tawh kibang vaipuak khat nungzuite nu'siat hi: "Note pai unla mi khempeuh Keima' nungzui suaksak in; Pa' min, Tapa' min, Kha Siangtho' min tawh tui sungah naphum un. Tua ciangin note tungah ka hong gen thute khempeuh a zuihna ding un nahilh un" (*Matt. 28: 19, 20*).

Tua a piangtheilo ding bang ahi vaipuak namdangte lakah sem ding in Zeisu in Paul sawl hi: "Pasian' teel mite omna mun a amau' omna ding mun sanah hong omtheihna ding un; Keimah hong upna uh tawh a mawhna uh akimaisak theihna dingin Satan' khut sung pan Pasian' khutsungah a heikhia ding leh, khuamial panin khuavak lamah hei in amituh khua a musak ding pa nahi hi hong ci hi" (*Sawl. 26: 18*).

Pawlkhath bang tuabang nasep pia leng khutlamsa in taisan phial ding uhhi. Bang peuh ahi zongin tuabang munte a ding Zeisu' kamciam pampaih huailo hi. Sawltakte tung ah Amah in "Hun bei dongin note ahong ompih tawntung ding kahihna phawk un" (*Matt. 28: 20*). Zeisu mahin Paul kiangah "Keima'na sem dingin a hong sawl dingin nang tungah a hong kilang kahi hi" (*Sawl. 26:16*).

Tomgen leng, Zeisu in mihing ading a piangtheilo vaipuakte ei' thatang tawh semlo in; Amah tungah kinga in semin hong kicing sak hi.

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Amah in septheih na'ng vang pialo pipi in nasep pia ngeilo hi. “Mihing’ lunggulhna le Pasion’ lunggulhna a kigawmkhawm ciangin mongneilo vangliatna hong suak hi. Ama’ hong sawlna peuhmah Ama’ thahatna mahtawh ki tangtun hi. Ama’ thupiak peuhmah lampi honsak hi”—Ellen G. White, *Christ’s Object Lessons*, p. 333.

A lamdang mahmah khat, Paul in Colossian a gelhlai in lungdamthu pen “leitung khempeuh ah kihilh khin hi” (*Col. 1: 23*) cihi. Ahihhang mikim in bel sang zolo uhhi. Nungzuite tungah Ama’ thupiakna (*Matt. 28: 18-20*) le Paul tungah a thupiakna (*Sawl. 26:16*) entel mahmah lehang; mi khempeuh kikhel ding cilo a, nungzui suak dinguh cih kamciam pialo hi. Lungdamnathu pen “mi khempeuh tungah teci ahi dingin leitung khempeuh ah ki hilh ding a, tuakhit ciangin beina hong tung ding hi” (*Matt. 24: 14*). Hih teci koibang hi na sa hiam? Koibang in a tangtung tam maw?

Tu quarter sungin Philippi mite le Colosse mite tungah Paul’ laikhak kisin ding hihang. Kibatna honpi khatmah nanei uhhi. Tuat khempeuh lakah, vantung le leitung a kipumkhat sakthei Khazih hong pulak uhhi. Jacob in amuh van le lei kikaal ah a kikhung kahlei pen Amah ahi hi (*Pian. 28: 12; John 1: 51*).

Hih laikhakte kisinna pan, Zeisu’ lampan ending hihang. Khazih in eimah hong gup nadingin Ama’ vangliatna khempeuh nusia cih phawk ciicaai ding hihang. Paul in Philippi ah pawlpi khat, Amah’n khatvei beek zong a hawh theihlohna Colosse ah zong pawlpi khat gaalphuh in, amah ahihleh thongsung ah na buai mahmah cihte mu ding hihang. Tua laitak mahin Paul in “leitung huam pawlpi” khat Rome thong sung panin gaalphuh leuleu hi. Ama’ hun tomlua mahmah ta cih Paul in theita ahiih manin pawlpi le vantung ama’ hihtheih zahin kipumkhat sak hi. Tua ban ah Mangmuhna 14 sunga Pasion’ thupiakna om bangin “vantungmi thumte thupuakte” in, van le lei kipumkhatna ahiih lamtak amah’n hong theisak hi.

*Zeisu in mihing ading a  
piangtheilo vaipuakte ei’  
thatang tawh semlo in;  
Amah tungah kinga in  
semin hong kicing sak hi.*

*Clinton Wahlen, Ph.D., in General Conference; Biblical Research Institute ah associate director ahi hi. Amah in Laisiangthothak, laimal letkhatna, le Adventist tangthu ah siam mahmah hi. Amah in Germany, New Zealand, Russia, United Kingdom, leh Philippines ah nasem ngeikhin hi. A zii Gina hi-a, a khankhinsa tapa nih, mo khat le tuu nih neita uhhi.*

# Hih Siate' Let (*Teacher Edition*) Bangci ZatDing

“Sia kician khatin bang mahlo thute, lungsim kicianlo, acih taaklo thute tawh a lungkimlo hi. Asiam zawk nading, ahoihzaw thute na zong den hi.

A nunzia pen a khang toto nunzia hi. Tua dan sia khat ii nasep ah no suaah, lawpna om-a, a thugen a ngaite khanglo' sak zo huzap zo hi.”

—Ellen G. White, *Counsels on Sabbath School Work*, p. 103.

Sabbath sang sia kihih khakna pen hamphatna lah hi, vaipuak a pua zong kihi hi. Hampha hi i cih le a milip-in Pasion thu a lunglut nading leh thu kuppichte tawh kha an kihawm theih nadingin Sabbath lesson kikupna ah makaih khakna hamphatna pi a ngah man ahi hi. Sabbath sang aman teh Pasion' hoihna ciamkha, kha tha adim phitphet sa-in mikim ciah huai hi. Lesson hilh ding vaipuak ah a hilh ding pen in Lai Siangtho limtak a kan ding lam, kaal khat sung-a bang thu luang-a, a kuater bup a lessonte' thu bulphuh, nuntakna ah zatpah ding cihte a theih kholh ding ahi hi.

Hih hilhcianna in siate' a vaipuak uh picing takin a hilh theih nading huhna hi. Tua takah khen thum om hi:

**1. Huam-etna** in lesson' thulu, Kamngah, a man' khinsa lesson tawh kizopna, lesson bulphuh cihte hong thei sak hi. Hih khen sung-ah lesson pen bang hangin thupi hiam? Hih kikupna thu Lai Siangtho in bang gen hiam? Lesson sungah bang thupite om hiam? Lesson sunga kikup thu-in i nunzia bangci lawn' hiam? cihte kup pih hi.

**2. Hilhcianna** pen Siate' letbu ah a thupi diak khenpi khat hi. Hih sung ah khen nih khen thum zong pha thei a, khat ciat in Huam etna sunga gensa thute kuppich hi. Hilhcianna in Huam-etna sunga a kigen sate a zaizaw-in hong kuppich ding hi. Hilhcianna a khen sung ah thubulte a kician zaw-in hong luutpih-in a kitel zawk nading-in Lai Siangtho telkhehna, gentehna cihte hong zangh hi. Hilhcianna sungah lesson tawh a kituak Lai Siangtho zat kammal telkhehna zong om hi. Mite a kihel kim theih nadingin kikup theih nading lam hon na, kikup na thu tawh a zawitawn tehkaak na, ngaihsut ding dotnate hong guang ding hi.

**3. Nuntakna-ah Zatpah Ding** cih a khen pen lesson sim ah hilhcian bu i a khen tawpna ahi hi. Hih khen sungah hilhcianna sung-a thu kikupte Khristian nunzia ah bang hong lawng hiam cih lam ah hong makaih hi. Hih a khen sung ah kikupna, lesson in bang gen nuam hiam cih et behna, ahih keileh lesson in mi khat bangci lawn' cih mimal teci pan na cihte kihel ding hi.

**Ngaihsut Tawpna:** Atung-a kigente pen lesson hilhna ah a kilathei teng kaikhawm-a thuumna hibek-a thukhun hilo hi. Lesson kihilh teh khat bek i gen, gen' sasa genkik kik, upmawh gen' cihte gen huailo hi. Ahoih a Sabbath lesson hilhna icih in Lai Siangtho kibulphuh dending, Khazih laigil den ding, upna a khauhsak ding, hong kilawmta sakzaw ding ahi hi.

# LESSON 1

\* December 27-January 2

## BawlsiatThuak *hang* Hong **Nusialo**



### SABBATH NITAAK

**Tu Kaalsung Simding:** *Eph. 3:1; 2 Cor. 4:7-12; Sawl. 9:16; Philemon 15, 16; Col. 4:9; Phil. 1:1-3; Col. 1:1, 2.*

**Kamngah:** “Topa sungah lungdam tawhtung un. Khatvei kong gen’kik in ah lungdam un!” (*Philippi 4:4, ZSV*)

**A**dventist pastor khat, thumaanlopi tawh kimawhsak in kumnih bang thong kia hi. Acil lamin lung himawh mahmah hinapi, ama’ nasep na’ng mun Pasion in a piakna a hihlam hong phawkthei hi. A thongkiatpihte un amah pastor khat ahihlam a theih ciang un, thuhilh dingin ngen uhhi. Amah’ zong thuhilh in lai hawm zong pia hi. Thongkiate tuiphum thei in neekkhop zong piathei hi.

“Thongsunga Pasion’ nasep pen haksatna a omtei hang; thungetna hong kidawn a nundan hong kikhel ciang’in lungnuam lua hi” cihi.

Philippi le Colosse pen Paul in thong sungpan in gelh hi (*Phil. 1:7, Col. 4:3*). Philippi bangpen, Paul le Silas tegel thumaanlo in kimawhsak in, thongcingpa in “amau’ khete singkolpi sungah gacip sak” (*Sawl. 16: 24*) cihi. Zankim ciangin amaugel “Pasion tungah thungen in la a sakuh ciangun, *thongkia dangte in amau’ thungetna le lasakna a ngai uhhi*” (*Sawl. 16: 25*). “lungdam tawntung” dingdan thei taktak uhhi.

Tu kaal sungin Paul’ phutkhak thuteng kisin ding hihang. Ama’ tunga thupiang teng panin, a zaizaw ngiimna khat mukhol gige hi. Eima’ phutkhak thute a dingin Paul kiangpan bang pilna peuh kingah thei ding cih thute kisin ding hihang.

\*January 3, Sabbath ading kiginkholhna in tu kaal lesson sim in.

## Paul, Zeisu Khazih' adingin Thongkiapa

Philippi le Colosse tepen Paul in thong sungpan in a gelh ahih manin thong laikhak kicihsak hi (*Ephesian le Philemon zong*). Thukan a tamzaw in AD 60-62 kiimteng Paul in Rome pan a gelh hiding in um uhhi (*Sawl. 28: 16*).

### **Simin, Ephesians 3:1 le Philemon 1. Paul in ama' thongkiatna pen koibang in lim thupi puasak hiam?**

Paul in, Zeisu Khazih a ding nasepna in ama' nuntak hunting paikhia hi. Tua nasepna ah thongkiat a kihelkhak leh zong, amah a kizosa ahi hi. Paul in amah pen "kolbulh taang mi khat" (*Eph. 6:20*) kici hi. Pasian'na sepna khualzinna ah pawlpi phut in, Topa a ding nasepna kisinsak hi. "Hih sikkolte lotawh zong na kisemthei veve napi ing in, abang dingin hiteng ah om thapai keei kahiam?" zong cikha sop ding hi. Timothy nihna a gelhlai in thong kiakhin tham hi. Tua hi a, laisiangthothak laibu a tawmpen bu-nga peuhmah pen thong sungpan a kigelh hingel hi.

Tua laikhakte khat beek in zong, Paul koi ah thongkia cih pulaak lo ahih manin; pawlkhat in Ephesus le Caesarea khat teitei hiding ci uhhi. Cihte hang, Lai Siangtho sungah Ephesus ah thongkia cihna peuhmah om vetlo hi. Caesarea hihtuak pen aci zong om hi. Philippi laikhak a gelh hun laitak zong Paul' nuntakna ading a lauhuai pen hun ahi hi (*Phi. 1: 20; 2:17*).

Hih laikhak sungpan Paul in koi ah thongkia cihpen theihna ding thuno khat om kiu kiau hi. Amasapen in tualai ah gal zumhpi om hi. Jerusalem ah Zeisu pen Pilate mangpipa' maiah aki thusitna mun (*Matt. 27:27; John 18:33*), le Caesarea ah Paul a thongkiatna mun (*Sawl. 23: 35*) tawh akibang ahi hi. Ahizong in Paul in tua kammal pen a mun a cihnopna sangin a mite a cihnopna hizaw hi. Lungdamnathu pen "kumpi'zum sung khempeuh" (*Phil. 1:13*) ki zel cihi. Rome khua sungah kumpipa leh ama' thongkhiat mite a kembit galkap teeltuam 9,000 om hi.

Paul in thu um mite' dawntuahna kammalte "Caesar' baangkua" (*Phil. 4:22*) dong in puak hi. Tua thu hangin Paul pen Rome ah thongkia hi a kumpi innkuan nasepna tawh kizopna nei cih hong theisak hi.

**Ei ading a haksatpen hunin koibangin a hoihpen in semkhia thei ding ihi hiam? Banghangin tuabang thute baih denlo hiam?**

## Sikkolbulh thuak Paul

Macedonia ah a omlai in, Paul in a thongkiatna tamveipi pulaak (2 Cor. 6:5; 11:23, 2 Cor. 7:5) hi. A kiciamteh masapen in Philippi ah (Sawl. 16:16–24) ahi hi. Tuakhit a zom, Caesarea thongah a kisuan madeuh in zong Jerusalem ah kia masa hi.

Mun tampi ah Paul in “thong sungah ka omlai” (*Philem. 10, 13*) ci zelzel hi. Rome ah inn sungah a kikep lai in teeltuam Rome galkap khat tawh kihenkop hi. Kum zalom nih kipatlam in *Ignatius* kici Khristian khat zong kiman kha a, tuapa in Rome galkapte pen “gamsa gilote ... phatbawl leng gilo semsem” naci hi —Michael W. Holmes, ed., *The Apostolic Fathers* (Grand Rapids, MI: Baker Academic, 2007), p. 231.

**Simin, 2 Cor. 4:7–12. Hih munin, Paul in a haksatna thuakte koi bangin kantan zo thei ci hiam? Ama’ nuntakna a ding mungtup pi bang hihtuak hiam?**

Nuntakna bangzah haksa taleh, Paul in a taangzaw na lam muthei a, lungkhamna sungah thahatna ngahthei veve hi. Satan in koibang peuh sawksawk taleh Paul in amah ki nusialo cih thei gige hi.

**Simin, 2 Cor. 6:3–7. Haksatnate a thuakzawhna dingin Paul in bang khalam bulkip nanei kha hiam?**

Eite mahmah in eima dinmun, eima’ thenemna leh eima’ nung thute peuh tawh thanem lawh thei hihang. Gitlohna tawh galkido ciangin gualzawh theihna ding Pasion’ hong vaihawmsak nate zong phawk kik zelzel kul hi. A thupi penpen Laisiangtho “*thumaan kammal*” hi a; midangte in zong khialhna tampi takte lakmah pan a gualzawhna pan in pilna kingah thei hi.

Kha Siangtho in zong “leitung Tankhiapa in a kislam bangin hong gual zosak hi. Tua Kha mahin lungsim hong siansuahsak hi. Tua Kha tungtawn in, thu umte in vantung’ omzia neitheu uhhi. Akhang akhang in a kizangsuksuk siatna lamah hoinate zawh nading, Ama’ pawlpi tungah Ama’ omzia guan thei hi”—Ellen G. White, *The Desire of Ages*, p. 671.

**Eite pawlpimi leh siate khempeuh in koibang in “eimah Pasion’ nasepte kicitawm” thei ding ihi hiam (2 Cor. 6:4)? Bang a cihnop na hiam?**

## Philippi-ah Paul

Paul' khualzinna nihna, Timothy hong kibehlap khith deuh ciangin, Asia gamkee lam paisuak zomlo dingin Kha Siangtho in khaam hi (*Sawl. 16:6*). Paul in zan in a mumang sungah mikhat in "Macedonia gamah hong pai inla, kote hong huh in" (*Sawl. 16:9*) ci in kiko hi. Amau zong Macedonia tawh akinaipen tuipegei lam manawh in, Troas panin kipan Aegean tuipi kantan in Europe gam *Neapolis* khua a pai uhhi. Tualai ah thuhilh lozaw in Paul, Silas, Timothy le Luka te in Philippi lam manawh uhhi.

Paul in a nasepna peuhmah limtak in geelkhol hi. Philippi pen Macedonia gam ah khua thupi pen ahi hi (*Sawl. 16: 12*). Roman Empire sungah pahtawina a ngahpen khuapi khat zong ahith manin *Ius Italicum* ci in pahtawi theihtawpna minhoih ngah hi. A khuami te in zong Italy gamsung a om khua tetawh a kibang in hamphatna tuamtuamte ngah a, phiangsih le mihing siah zong peng uhhi.

Tua khua a piang mi peuhpeuh pen Roman gam mi hihna ngah pahpah hi. Rome gam le nisuahna lam gamte kizopna lampi *Via Egnatia* dungah a omna zong a thupitna khat ahi hi. Tuabang munah Khristian a omna zong pen akiim le pam khuate Amphipolis, Apollonia, Thessalonica le Berea (*Sawl. 17:1, 10*) cihte ah lungdamna thu kizelhna ah nuamtuam mahmah hi.

Zalom masa kipatcil lamin Philippi khua zum-pau pen Latin pau a hihna zong Latin pau tawh a kigelh tanglai lai kigelh te in hihtuak sak hi. Philippi 4: 15 sungah Paul in Latin aw-kaih tawh no *Philippēsiōi* mite aw ci in Roman gam mite ahithna uh kipsakna pulak saklai hi. Bangbang hitaleh, mipi taangpau pen Greek hi a, tua kiim a khualian khuanu khempueh ah lungdamthu kizeelna zong hipah hi.

Paul le a pawlte in gungei thungetna ah hong beelpawl a, *Lydia* le a innkuan in hong kikhelna thu Luka in pulaak hi (*Sawl. 16: 13-15*). Puan sandup zuaknu zong hi a, Paul' Pasion nasepna ah Philippi panin sum tawh a panpihte lakah khat ahi hi. Paul le Silas tegel in a thongkiatna panin thongcingpa le a innkuante hong piangthak sak hi.

Bawlsiatna tampi takte lakmah ah, Europe gamsungah lungdamna thu a kizeelna ding in Philippi khua pen tuipegei khuapi thupi pen ahi hi. Gitlohna, siatna le hibang dinmun tampite om mahtaleh, kuama phak zawklohna ding munte zong kiphazo hi.

**Sawl. 9:16 simin. Hih thute in Paul' haksatnate koibangin hong telcian sak hiam? Ei' haksatna zong koibangin hong telcian sak hiam?**

## Paul le Colosse

Paul in Colosse ah vapai in, a Pasian' nasepna ah gualzawhna cih bang ciaptehma peuhmah om ngeilo hi. Amasa in, Colosse mi *Epaphras* (*Col. 4:12*) in tuakhua ah lung-dam thu hongtun hi (*Col. 1:7*). Amah koici kikhel aitam? 50 kum kiimteng in Paul in Ephesus khua naina ah a omlai in, “Asia gamsunga om Jew mite le Gentile mi khempeuh in Topa' thu a za uhhi” (*Sawl. 19:10; le 20:31*).

Hihmun tengah lungdamthu kizelhna thu Mangmuhna in teci napang hi (*Mang. 1:4*). Paul' nasepna hangin Colosse ah Pasian' thu a kizelhna a uanggen penna ah, Asia gamkee te lakpan a thupipen Ephesus khuapan a za masapente hang ahi hi. Epaphras in Paul' thuhilhna Ephesus pan naza a, Paul mahtawh nasem khawm kik in, ama' khua Colosse ah lungdamnathu hong tun hi.

Tua khua in Laodicea khua pan nisuahna khanglam ah tai 9 (km 15) ah om a, aki tawhkik laitak ahih manin, tua kuam khuadante thu sangin tuakhua thu theihna tawmzaw hi. Jew mite ahoih khom khatmah teenguh a, “Phrygia huam ah Jew mi tulsawm bang teeng” ci uhhi.—Arthur G. Patzia, *New International Biblical Commentary: Ephesians, Colossians, Philemon* (Peabody, MA: Hendrickson Publishers Inc., 1990), vol. 10, p. 3.

Colosse ah sum kiseekte tungtawn in Roman khuate in pasian tuam tuamte bia uh cih honglak hi. Tua dawibiakna in ngeina khauh mahmah nei uh ahih manun; Khristiante in zong khuasung ah Pasian' na sepding cih thadah, lungdamna thumaan upna tungah kip kho ding zong tona lianpite om hi. Colosse ah Khristian mithupi khat in Philemon hi a, Epaphras tawh ahun kibangin hong kikhel hihtuak hi.

**Simin, Philemon 15, 16. Colosse 4:9 zong simin. Philemon in a silapa Onesimus pen koibang in manzawding cih hanthawn hiam?**

Onesimus pen a topa Philemon kiangah Paul in a puakkik ding Roman thukham om hi taseleh, Paul in Philemon kiangah thu ummi' lungsim nei in Onesimus pen sila bang hilo; sanggam bangin a muh ding thuumsak hi (*Philem. 16*).

**Sila khawi dan nam tapi omte Paul in siahuai sa ahih hangin, hiteng ah Paul' kammal zatte koibang in hihthei ding ihi hiam? (America ah sila khawi hunlai in EGWhite in, asuaktasa silate amau' munah puakkik ding cih thukham hoih a saklohzia Adventist te kiangah a genkhiatna ngiahsun in.)**

## Philippi le Colosse ah Pawlpite

**Simin, Philippi 1:1–3 le Colosse 1:1, 2. Philippi le Colosse ah pawlpite koibang in kipulaak a, bang thupit’na neiciat uh hiam?**

Paul in a puzangsehna ah tualai a om Khristiante pen “mi siangthote” ci-a; amau pen kituiphumna tawh Pasian’ teeltuam mite; Israel mite’n vun-aatna tawh (*Pai. 19:5, 6; 1Pet. 2:9, 10*) “minam siangtho” a suah uh mahtawh a kibang ahi hi. (Hihpen Rome pawlpi in amau’ ngeina tawh mi siangtho sungah akikhum tawh kibanglo hi).

Hih laikhak tegel sungah vaimuakna kammalte kizawitawn mahmah hi. Paul in Philippi te pen “siate le upate” (*Phi. 1:1*) ci in, Colosse mite pen “Khazih sungah thu um sanggamte” cihi. Lai Siangtho thak in “a citak sanggamte” a cih ciangin, amau un zong pawlpi sungah vaipuak khat nei uhhi (*Eph. 6:21; Col. 4:7; 1Pet. 5:12*). Tuabang ciangin Paul in pawlpi mitebek aci hilo in pawlpi makaite zong aci hihtuak hi. Ki ukna zumte nangawn acihnopna ahihna pen (*1Tim. 3:1–12; Titus 1:5–9*) ah leh, kipawlna mah kism ahihna hun masapen lai a pawlpi in zong teci pang hi.

Naseppih Timothy le Epaphras tegel a pattahna zongpen Paul in ama’ nasepna a tangzai theihna ding a thupitsak mahmah khatmah ahi hi. Thukhat panin, gamkeek kawm in kipkho nading zong ngiimna khat zong ahi hi. Adventist maitaai te’n zong Laisiangtho thak sungpan pawlpi kipawlna etteh ahihna 1850 kumkiim a *Review and Herald* sunga laigelhte in pulaak hi. James White in, “Lai Siangtho Thak thupiakna pen Khazih’ pawlpi phuhna dingin kicing mahmah hi. I kisaplai le zong humuapna tawh hong piathuah lailel ding hi”—“Gospel Order,” *The Advent Review, and Sabbath Herald*, Dec. 6, 1853, p. 173. Paul in hih laite pawlpite tungah a khakma pekin, Jerusalem pawlpi a dingin makai dingte teelkhin zo hi (*Sawl. 6:1–6; Sawl. 11:30*). Tua mite pen “thumaan thupuakte in lungdamthu hangin a kikhelte pawlpi in a kipawl theihna ding etteh ding te” cihi.—Ellen G. White, *The Acts of the Apostles*, p. 91.

Paul in a thuhilh ciangin laikung laidal zong zang ahihna kician mahmah hi. Timothy zong pen laikhakpihpa ci in zong min neisak hi (*2Cor. 1:1; Philemon 1 enin*). Tua munah Paul in “kote” cilo in “Kei” a cihzawkna pen hih laikhakte nungah ama’ thuneihna om cihna zong ahi hi.

**Ngaihstubeh Ding:** “Pasian in nangpen Kha Siangtho le thumaan upna sungah siansuahna hangin hotkhiat dingin hong sehsha ahi hi. Tua hi-a, ding kip in. Citak takin Pasian’na nasepleh, hazaatna le langdona na phukha ding a; thumaanlo takin hong kimawhsak le zong gal bawlkik kei in. Zong dokik dah in. Zeisu sungah na vang kemit zaw in. Vantung lamah na maitang tawh meisah sai in. Midangte in amau’ paunop bangbang pausak inla, amau hih nopbang hihsak phot in. Nang nahihleh Khazih’ lungnemna leh kiniamkhiatna tawh thuak phot in. Ngiimna kip, lungsim siangtho, thaneihzah tawh Pasian’ khut len cinten in sem in. Nangma nasepna in a sangna lam ahihlam na theikha kei ding hi. Nangma manphatna pen nang a dingin a nuntakna hongpiapa nuntakna bektawh kiteh thei hi...

“Khazih sungah a khangto khate in lawpna tawh sauveipi hanciam hun uh hong tung tung ding hi; Khuamial vangliatna in khantoh na’ng lampite hong langdo ding hi. Ahihhang in Khazih’ hehpihna ngahna dingin singlamteh en lecin, kilelthei ngeilo hi. Tankhiapa’ kamciam in “Nang kong nusia ngeikei ding a, kong mangngilh kei ding hi. Leitung a beidong in nangtawh kahong omkhawm ding hi” —Ellen G. White, in *The Youth’s Instructor*, Nov. 9, 1899.

### **Kikupding Dotnate:**

**①** Paul pen thumaanlo takin thong kia pahpah hi. Thu maanlo takin nang hong kihihtheh na koici dawnthuk hiam? Tuabang hun ciangin bang Lai Siangtho mun naphawk hiam?

**②** Khristiante bawlsiatna tawh kisai in, pawlpi masa makaipa *Tertullian* in “Kote mong dingin nong thah semsem uh ciangin, kote pung semsem zaw ung; Khristian sisan in khaici hi” cih. — Alexander Roberts and James Donaldson, eds., *Ante-Nicene Fathers* (Peabody, MA: Hendrickson Publishers, Inc., 1999), vol. 3, p. 55. Tua laitak mah in bawlsiatna om kawikawi in pawlpi’ nasepna nasia takin nawngkai sak hi. Amau’ upna hangin bawlsiatna thuakte koibang in panpih thei ding ihi hiam?

**③** Tu kaal i kamngah le Paul thuak haksatna te ngaihsun khawm in. “Lungdam tawntung” a cihteh bang a cihnopna hiam? Koici hihthei ding ihi hiam? Na it na ngaih khat cina in si leh, nasep taan lecin, na pumpi naknat mahmah lecin. Tua thute telcian na dingin “Bang sungah lungdam tawntung ding hiam?” Eima dinmun tawh kisai hetlo in bangsung ah lungdam ding ihi hiam?

# Sabbath 13na aading Sum Khol

*Agelh: Vania Chew*

Australia mi nupi khat in ama biakinn ah pawlpi mite tung ah quarter sim ii nipi tawpna ah cingh tak-in sumpi piak dingin kihanthot ciangin amah'n zong nipi 13na project ngiimnate enkik hi.

Marilene Stevenson in pawlpi mite'n Sabbath School investment project aading moh bawl, an ciing-in sum zon lam phawk hi. Amah'n zong nipi 13na sumpi dingin bang abawl thei tam ci-in ngaihsun hi.

Marilene pen moh bawl, anciing dingin hun neilo, kiva lo hi. Tua sawng-in amah'n dang kapnaza zat hong kipan-in midangte kiang ah ahoih lam agen leh mi'n zong lungluut uh-a amah'n zong aza tan vet-in zuak sawn le'ng ci hi. Ameet teng nipi 13na sumpi hi ding.

Marilene in za zuak akipat teh sum muh theihna dang zong muh beh hi. Amah'n "van ka deih alei ka ki sak leh midang te'n zong na deih uh, alei ding-un hun pia zolo na hi uh" ci hi.

Marilene zong anai-a neektheihte tan-in alawmte kiang ah saizunkte sangin niampiak zaw hi. Amah'n singgah tuamtuam, neektheih tuamtuam sa ahilote kum tampi tak hong zuak hi. Paak zep sai zong hong-in nute' ni cih dan pawite aading-in paak suan' sak hi.

Amah'n "hih nasep-in hong omkhong saklo hi. Van hong leite ahuh lah ki hi, sum lah angah ki hi hi" ci hi.

Tua bangun akipat-a kipan Marilene in quarter sim-in nipi 13na project aading Aus. dollar 300 pan 600 (US \$200 pan 400) zong zo hi.

Amah'n pawlpi mi khempeuh tung ah piak beh kul taleh nipi 13na project aading cingh tak-in piak ding-in hanthawn hi.

"Hih kaphutkhak thu in midangte tha ngah sak ding-in lam en ing. Pasion' hoihna ciam kha ing. Tua thu hawmsawn lo-in om thei ding ka hiam?" ci hi.




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*Tu quarter Sabbath 13na projectte pen Marilene teen' na Australia gam, South Pacific Division ah om hi. March 28 ni ah cingh tak-in sumpi piak sawm na hih man-un kilungdam hi.*

**Khen I: A Huamin Etna****Thubulphuh:** *Philippi 4:4***Lungngaih Ding:** *Rom 8:12-39.*

Paul in tatkhiatna thu ataangko kawikawi laitak-in thu leh la tampi tawh kitalsik kha hi. Zeisu sim loh mi tawm cik bek-in lungdamna thu taangko na hang-in Paul bang-in thuak kha uh hi. Athuak khakte i et, i kikap ding kilawm hi. Athuak khakte pen bawlsiatna, lungkiatna, kialtun'na, gilkiat, dangtak, puan neihlohna, tem kitahna, mawhsakna, gensiat thuak, lung buai, pawlneilo, ahon-a langpanna, lainatna, zanhakna, kisat, inn neilo, an ngawl, kinengniam, zawng, kineubawl, suang tawh kideeng, tembaw tuah sia, khual zin kha pahpah, sih dektakna — gun pan ahi-a, mi buluhte kiang pan (amipihte le gentilete kiang pan) ahih kei le khua sung ah, gamlak ah, tuipi tung le atuamtuanme pan hihte bek hilo-in thu dangte zong thuak hi. Paul' thuakte pen ama taksa thaneemna leh pawlpi akepna hang pan zong thuak kha hi. Thong kiatna bel awlmawh theih loh thu hi (*Rom 8:35; 1Co 4:11-13; 2Co 4:8, 9; 2Co 6:4, 5, 9, 10; 2Co 11:23-29; 2Co 12:10; Eph 4:1 te tawh saikaak in*). Paul' nuntaakzia pen nopna tawh gamla mahmah hi.

Atung-a kigen thuaksiatnate i et cang-in khuisat loh phamawh hi. Ei atamzawte' hi zah-in ki thuaklo hi. Paul' thuakna thute'n ei hong lungluut sak ahih leh ama' kikhuang khohna pen lamdang zawkan hi. Amah'n "Eite hong it pa' hangin hih thu khempeuh ah a gualzopente ihi hi" ci hi (*Rom 8:37*).

Tu kaal lesson in thubul nih en hi:

1. Lungdamnathu hang-in Paul' thuaksiatnate, thongkiatna hipha diak hi.
2. Haksa taseleh Paul in lungdamnathu abun thei pen-in agen siazia thu hi.

**Khen II: Hilhciaanna****Tangthu Tom**

G. Curtis Jones in cidamna lam tawh missionary asem Wilfred Grenfell (1865-1940) thu ngaihsun hi. Bang hang-in hih zahtak-in Pasion' na sem na hiam ci-in kidot teh Grenfell in hi ci dawn' hi:

"Zan khat, ka nasepna zato ah meikang nupi khat hong kipuak hi... a pasal zu khamsa-in inn hong ciah ciang-in lalcin phu kha-in azi tung ah tu hi. Palikte kiang thu kipuak-in zukham apasal vala uh hi. Thuneipa in thu

koici piang lian hiam cih azi kiang ah palikte tung ah amaan-in gen sak hi. Amah pen si dektakta ahiah man-in thu amaan-in agen ding athupiit lam thei sak hi.

“Nupinu bel a pasal a et khak loh nading-in alu hei kawikawi hi. Atawpna teh lupna gei-a ding apasal’ khut, aliangko, amaitang hong en hi. Hong ki en tuak uh hi. Nupi nu thuaknate hong veng-in itna maitang hong dawh hi. Amah zong thuneipa iang ah “sia aw, hih pen accident hi lel hi” ci-in hong si hi. Grenfell in “Hih pen Pasion zia tawh kibang hi. Ama’ itna in i mawhnate hong mu hi” ci-in behlap hi. — Jones, *1000 Illustrations for Preaching and Teaching* (Nashville, TN: Broadman & Holman Publishers, 1986), p. 55.

Curtis Jones in hih itna nam pen “piakkhiat itna” hi ci hi. Nupinu’ gamtat mikhat in awi-a a awi kei zong-in adeihna pen lian hi. Grenfell gen tangthu sung-a nupi’ itna bang mah-in Paul’ itna zong thuaksiatna mah na pom hi.

## Thusia Thuak Itna

Rom 8:35 sung ah Paul in Khazih’ itna pen amah leh eiteng aa ding-in muan huai ahiah lam thudotna tawh hong lak hi. “Khazih hong itna tawh kua in eite hong kikhensak zo ding ahiah? Kilamen dawn’kikna ding pen ‘kua mah in’ hi. Pasion in “a Tapa takpi itsiklo” (*Rom 8:32*) ahiahleh thuaksiatna te in Khazih tawh bang hang in hong khen zo ding ahiah? Pasion in a Tapa apiakkhiat na tawh a itna hong lak hi (*Rom 8:32*). Paul in Pasion’ itna asan’ theih nadingin thu dang kisambah lo hi. Ei zong kisam beh tuanlo hi.

Paul in Pasion’ itna muang mahmah-in gen phapha hi (*Rom 8:37, 39*). Itna hang mah-in Zeisu zong ei aadingin hong thuak, hong si nuam hi (*Joh 13:1, 34; Joh 15:9, 12*). Paul zong Zeisu aading-in thuak nuam, si nuam hi. Gen taktak le hang haksatna i tuah laitak-in Khazih’ itna bek in hong mual suah pih zo ding hi.

Rom 8:35 ah Paul in athuakna nam sagihte na gual hi: haksatna, genteihna, bawlsiatna, kialpi, puan neihlohna, lauhuaina, namsaute. Hih sagih teng agualhna pen Paul’ thuakna kicing cihna hi. I gensa bang mahin Paul’ thuaknate pen tu-a kigualte sang’n suk zaw hi. Tu ciang ciang ah Paul in asagihna tuak nai lo hi. Namsau pen atuah ding anunung pen hi ding-a amah’n zong hangtak-in na thuak hi. Khazih amuan man-in sihna nangawn lungnuam tak-in thuak ngam hi. Sihna atuah laitak-in Paul in “lung muanlohna, lau man hilo-in lungnuam takin lametna nei-in thu lianpi na gal et hi. Kithah nading mun ah adin’ ciangin amah’n mithatpa namsau te zialzial muh-in neilo, asisan ataaksuk knading leitang mulo hi,

amah' tua khuakhal khuahun pan-in vantung paillet-in tawntung tokhom ento hi. Akampau pen "Topa aw, nang pen ka bukna, ka tanhna hi. Cik teh nang hong kawi thei ding ka hiam? Cikteh kidalna puan omlo-in nang hong en thei ding ka hiam? hi." — Ellen G. White, *The Story of Redemption*. pp. 317, 318.

Paul in Zeisu tawh thuak khawm le hang, ei zong "amah tawh min thanna i ngah khawm ding hi (*Rom 8:17*) ci-in kikhuang khoh hi. Amah pen galdona pha do khin, tai kidemna ah among tun khin, upna lencip khin hi. Amah'n thumaanna lukhu pen Khazih hong paikik, thawhkik ni ciang-in angah ding lam kithei hi (*1Co 15:51-55; 2Ti 4:7, 8 te en in*).

### Paul in Lungdamnathu aTaangko Dan

Thu le la lemlo pipi lak mah ah Paul in lungdamna thu ataangko ciang-in pilvaan' kul hi.

Amasa apen ah, Paul in lungdamna thu kizel baih theihna khuapite teel hi. Gentehna, Corinth khua bang mun leh mual ahoih man-in na teel hi. "Lungdamna thu kizeel nading-in thu hong lem hi. Corinth ah phung vuh khit ciang-in lungdamna thu pen leitung mun citeng ah kizelh nading lem hi." — Ellen G. White, *Sketches from the Life of Paul*, p. 99. Paul in Philippi khua zong "atotna lampi ah aminthang khua ... Pasian thu Rome khua tun theih nading mun hoih ahih man-in na teel hi." — Craig S. Keener, *Acts: An Exegetical Commentary*, vol. 3 (Grand Rapids, MI: Baker Academic, 2014), pp. 2380, 2381. Tua bang mah-in Ephesus khua zong Paul hun-in mi 250,000 phial teen'na khua ci-in kisialh bang mah-in Rome Empire sung ah khuapi lian khat na hi hi.

Anihna ah Paul in Pasian thu agen thei dingin mite pantah hi. Amah'n "Pasian' na sep nading-in khangnote apattah pen anasep lak pan nam khat hi. Pasian thu agenna te ah khangnote zong zin pih hi. Khangnote zong experience hong ngah-in anung sang teh tha khek thei-in om uh hi. Amau tawh a omkhop loh teh lai tawh kizom hi. Timothy leh Titus kiang lai akhakte pen alawh cinna uh ah anuampihna kilatna hi." — Ellen G. White, *Gospel Workers*, p. 102. Timothy tung tang ah Paul in anaseppih bek hilo-in laigelh pih khat-in zong sim hi (*2Co 1:1; Phi 1:1; Col 1:1; 1Th 1:1; 2Th 1:1 le Phm 1:1 te en in*).

Athumna ah, Paul in Zeisu vaikhakna dan mah-in (*Luk 24:47; Sawl. 1:8; Saw 3:25, 26*). Jew-te-masak-ding cih thu zui hi (*Sawl. 13:46; Rom 1:16*). Hih dan agamtatna in Paul in khuathak khat aluut ciangin Synagogue ah bang hang-in pai hiam cih hong telsak hi (*Sawl. 9:20; Sawl. 13:5, 14, 46; Sawl. 14:1; Sawl. 17:1, 2, 17; Sawl. 18:4*). Nungzuite in ana uh Jerusalem ah kipan ding cih thu ah Ellen G. White in "Pasian'

mite khuapi, khuata koikoi ah kikoih zong mission phual ding om hi ... Amasa pen bel innkuan hi, tua khit ciang'n innvenge kiang ah Khazih thugen-in tu hun ading thumaan gen kul hi" ci hi. — *Advent Review and Sabbath Herald*, May 22, 1888.

Alina ah, Paul in pawlpite kiang ah laikhakna tawh na kizom den hi. "Pawlpit khempeuh aa dinga" (2Co 11:28) lung himawh ahiah man-in akikheel thakte bang sawt om pih zolo hi. Tua hang-in pawlpit tawh kizop theih nading-in laikhak-in thu hilh hi. Laikhak pen ama pumpi om theih lohna dim sak hi (1Co 5:3; Phi 2:12).

## **Khen III: Nuntakna-ah Zatpah Ding**

Anuai-a kigen thute lungngai in. Tua khith teh Sabbath sangkahte tung ah thu dong in:

Lungdamnathu taangkona pen Christian tampite aading-in haksah thei hi, aphadiak in tual nunzia leh Lai Siangtho kituahloh ciang hi. Kum zalom tampi sung ah missionary sep man-in sim zawh loh mi tampi tak-in bawlsiatna tuak-in, sihna na-ngawn tuak uh hi. Christian pawlpit kipat lam-in na tua cih mah bang-in atawpkhakna ah zong kilamdang tuanlo ding hi (*Mang. 14:13*). Missionary i sep ciang-in thuak dingte om-in ei hong namtaak sak zo ding pen khat bek om hi: Khazih' itna hi.

Christian atamzaw in Khazih' nung zuih man-in tuahkhak ding thute omhi cihtel uh hi, ahiah hang-in na sepkul hich zong tel loh phamawh hi. "Tua ahiah ciangin note pai unla minam khempeuh ka nungzuite nasuak sak un" (*Matt. 28:19*). Vaipuak pen haksah hi, ahiah hangin i kalsuan na ah Pasion lamlahna muang hi hang. Sih theihna nam tuamtuam hong suak phial zong-in vaipuak ah thaman om hi. Zeisu in "sihna na thuak dongin citak in. Tua hileh nuntakna lukhu kongpia ding hi" (*Mang. 2:10*).

Paul in Pasion thu agenkhiatna ah lampi tuamtuam zang hi: (1) Amah'n lungdamna thu kizeel baih theih nading-in khuapite teel hi. (2) Amah'n midangte pattahna-in ahunte zang hi. (3) Amah'n akiang-a omte thu hilh masa hi. (4) Amah'n akheelsa mite tawh kizom suak hi. Ei zong Pasion' na sepna ah tua thu teng khempeuh zat huai hi. Tua luheekziate thupi hi cih athei zongin Kha Siangtho' panmun kheek zolo hi cih Paul in thei hi (1Co 12:1-11; Eph 4:1-6). Hih thu pen cik mah-in mangngilh loh ngiat ding thu hi.

**Dotnate:**

- 1. Lungdamnathu na genna ah bangte haksah sa na hiam?**
- 2. Paul ii missionary sepzia thu lite nang koi ci zat na hiam, bang lem lawh na hiam?**

## LESSON 2

\* January 3–9

# Lungdamkohna le Thungetna Ahang' Tuamtuamte



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### SABBATH NITAAK

**Tu Kaalsung Simding:** *Phil. 1:1–18; 1 Cor. 13:1–8; Jer. 17:9; Col. 1:1–12; 1Pet. 1:4; Late 119:105; Isa. 30:21.*

**Kamngah:** “Note sungah nasep hoih hong pankhiapa in Zeisu Khazih ni dongin kicingtakin hong zomsuak ding hi ci in ka lungmuang hi.” (*Philippi 1:6, ZSV*).

**P**aul in a laikhakna limlim lungdamkohna le muakna kammal tawh kipan hamtang hi. “I Pa Pasian in note tungah dikna le nopsakna thupha hong tungsak taken. I Topa Zeisu Khazih’ Pa Pasian tungah lungdamna kako tawntung uhhi” (*Col. 1:2, 3*).

Paul mahbang in eite zong, i lungdam na’ng tamlua hi. Vantung mite’ ngaihsut zawhloh zahdong in Pasian’ hehpihna nakpi takin sang hihang. Tua mahbang in Pasian hong piak daihna in Pasian mah le Ama’ kiangpan hong luangsuk hong itna tawh hong kilemsak hi.

Mihing dinmun pan ahiehleh midangte sangsiam in, amau’ a ding i bawlsak sate hong saan ding lam-en in om ding bekmah ahi hi. Nulehpa in zong amau’ tate un Pasian a it theih dinguh thungen ding uhhi. Amau’ hanciamna in tulehtu ahipah kei zongin khatvei teitei a tate a hoihpen dinmun tungsak thei ding hi. Mihing hiphot ihih manin, khialhna tampi kinei kha mah ding ahiihang, tua khialhna te panin pilna sintoto thei zaw ding hihang.

Tu kaal sungin, Philippi le Colosse sungah Paul’ kamhonna lungdamkohna le a thungetna teng kisin ding hang a, ei’ thunget nun’ dan hong thahat sakthei ding hi.

\* January 10, Sabbath ading kiginkholhna in tukaal lesson sim in.

## Lungdamnathu sungah Kilawmtatna

**Simin, Philippi 1:3–8. Paul in bang adingin lungdamlua hiam? Philippi mite tungah bang luangmuankip na pia a, banghang in thupi thei hiam?**

Paul in Philippi ah pawlpi phut a; tualai panin Khristian kikhawlhna hong kizeel cih zong ama' laikhakna sungpan kimuthei hi. Paul in a thongkiatna mah panin tai zasim agamla a om pawlpi mite pen ama' lungtang tungah pombikbek hi. “Zeisu Khazih’ lungsim zahmah in amaute it hi” (*Phil. 1:8*); amaute a dingin Pasion lungdamko hi. Vantung ah eite a dingin Zeisu in hong lailut in thungen ahihna zong Paul’ thungetna in hong musak vat hi.

Siampi Lianpa awmdalna tungah Israel nam 12 teng limpua in suang 12 om hi. Tua bangin lailut thungetna aneih ciangin mihingte in “ama’ lungtang tungah” (*Pai. 28:29*) om hi. Tua sangin a sangzaw lai in Zeisu in vantung biakbuk ah eite’ Siampilian hi in Apa’ maiah Ama’ mite minteng pua hi.

Philippi 1:3 sunga kammalte in Paul le Philippi mite kikhawlhna a pulaakna ah thu nih omsak hi. Paul in a thungetna sungah amaute phawk hi ci hinapi, amaute’n zong Paul a phawkna uh zong hithei hi. Mundang ah zong amaute’ ki ithukna pen Greek pau in *koinonia* cih tawh zong lak hi. Paul in Khazih tawh thuaksiatna sungah a kikhawlh mahbang in (*Phil. 3:10*), Philippi mite in zong Paul’ thuakna sunga sumtang tawh huhna pia in (*Phil. 4:14, 15*), “thuakpih” (Greek: *sunkoinōneō*) uhhi. Hih kikhawlhkhopna pen “lungdamnathu a zakcil nipan kipan tuni dong” (*Phi. 1: 5*), mah hi a, Pasion tungah lungdam kohna le “Lungdamna tawh” (*Phil. 1:4*) thunget sakna nei saktei hi.

Paul in ama’ thongkiatna zong a hoihazaw lamin la in “lungdamna thu ading tecipang thei ding hunlem kangah hi” (*Phil. 1:7*) ci hi. Hih kumpi thukham kammal nihte hangin thusit thuak dikdek liang hinapi, Paul in galkapte le lenglate tawh lungdamnathu lawptakin kikum khawm lel uhhi. Langdona pan kidaal kawmin (Greek: *apologia*), tawntung thumaan ahihna zong lahkul lai hi. Paul in ama’ mailam ding khiam zawsop in lungdamthu in a gualzawh ding ngaihsun zaw hi. Amah a si a nung zongin, Pasion in Ama’ patkhiatsa “nasep hoih” (*Phil. 1:6*) pen, Amah muanna mahtawh zo ding cih Pasion muang hi.

**Tua “nang sungah nasep hoih” zawhna dingin Pasion’ kanciam koibang in na telcian hiam (*Phil. 1:6*)? Bang a cihnopna hiam? Nihveina hong paikikma in hih nasep a kizozo diam?**

## Paul ii Thuum Ngetna

Kum tawmkhat lai in, pastor khatin thungetna sungah kei, kei, kei, le kei' deihna kei' kisapna cihthu gen hi. Pasion in tuate sangin a lian zaw nate hong geelsak khin zaw a, tuabang thungetnate pen "huaiham thungetna neute" cihsak hi.

**Simin, Philippi 1:9–11. Paul' thungetna sungah; bang bulphuh pen a, bang ngetna lianpi ngen hiam? Nang thungetna hong koicih hiam?**

Hih thungetna pen Greek kammal sawmli-leh-thum bek pha hinapi, a laikhak omlai teng sunga ama' lung hihmawhna teng: itna, pilna, khentat siamna, lungsim hoihna, mawh na tawh kipelhna leh Zeisu Khazih hangin diktanna cihte huamkim dimdem hi. Hih thungetna tengmah bulphuh in Paul in ama' pulaak masak ahi pawlpi pumkhat na dingin lungdam kohna mah nei hi. Paul' thungetna pen midangte bulphuh sitset in pawlpi khan- tohna ding ahi hi. A thunget na sungah a kammal lawhte khat khit khat en dih ni:

*Itna khang semsem:* Paul in itna khang ding ngen hilo, tua itna in "pilna theihna le khentat theihna" (*Phil. 1:9*) ngiimna kician hong neisak cihi. Pilna theihna cih zong lungsim pilna theihna maimai hilo; Pasion kammalte simin Amah tawh kikhawlh khawpna hangin khalam pilna theihnate cihi (*Eph. 1:17; Eph. 4:13; 1Tim. 2:4*).

*Khentat siamna:* Himah zong Paul in "a hoihpenpen kipsak" (a lauhuai gamtatna pelh) in "siangtho in paubaanglo" (*Phil. 1:10*) cihi.

*Lungsim hoih:* Tua kammal in Greek pau in "nitaang in thukhen" hi a, a sianglo gamtatna tetawh kipelh : "Khristiante gamtatna peuh mah nitaang bangin kimu paillet sitset ding hi"—Ellen G. White, *Reflecting Christ*, p. 71.

*Mawhna tawh kipelh:* Hihpen tuktheih na'ng thaang hilo hi. Mi khatpeuh in a up theih nadingin ahaksa mahmah khat genna bawlna zong hilo hi

*Khazih hangin Diktanna:* Hihthu tawh kisai in Paul in Rome leh Galati laikhak sungah sauveipi hun la khinzo a, Philippi 3 sungah zong omlailai hi. Eite in dikna kineilo a Khazih tungpan in i saan dikna bekmah i nei uhhi.

**Eite'n bangbang ihih zongin, koibang in itna "khang semsem" (*Phil. 1:9*) sakthei ding ihi hiam? Tua in Khristian nundan a dingin banghang in thupi thei hiam? (*1Cor. 13:1–8*)**

## Khalam Theihtelna Zangsiam

Paul thongkia cih a zakuh ciangun Philippi mite lungkia mahmah uhhi. Tu in ama' nasep pen kiciangtan luata hi. Khualzin thei nawnlo, thuhilh thei nawnlo hi. Biakinnte ah vapai in mite tungah Zeisu in Messiah hi cih hilhcian thei nawnlo ta hi. Pawlpi zong phut zom thei nawnlo hi. Philippi mite in sawltakpa' dinmun a theitel ding, thapia ding le ama' pumpi cilehsa kisapna nengneng teng a hihsak dingin *Epaphroditus* sawl uhhi.

**Simin, Philippi 1:12–18. Paul in ama' thongkiatna koici muh hiam? Ama' dinmun taktak enkei lelleng, ama' lungsimpuak tungpan bang pilna kingah hiam?**

Paul' thupiak kikna hangin Philippi mite in lamdang sa mahmah uhhi. Paul in ama' dinmun amuhdan pen a tuampi khat hizaw hi. Ama khalam khentel siamna in athongkiat napen ahoihlam in muzaw hi. A nasepna themzong khak-hal saklo bekthamlo, “lungdamnathu mai nawtsak zaw” (*Phil. 1:12*) ci hi. Mi'n sikkhau le sikkhuam a muhna vuah Paul in Roman thongcingte nangawn Pasion' gam adingin mu zaw hi. Ama' thongkiat na tungtawn in mitampi takin lungdamnathu kizeelna'ng thangahzaw in, hong piangthei ding lau huai nate kihtalo in Khazih adingin hangsan takin thuhilhazaw cih kimu hi.

Ngaihsut haksa mahmah phial mahleh, Paul' thongkiat pen hoih zaw hi aci zong om hi. Paul' mailam thu kician om mello ahih manin, amaute'n zong lungdamnathu genkhiat hong kipan uhhi. A vangnei mahmah hinapi a dahhuai angkhualna pawlpi sungah hong om hi. Paul pianma sawtpi pekin Jeremiah in “Na khempeuh lakah lungsim a khem hatpen hi a, a kisia pha mahmah ahi hi; kua in lungsim theizo ding ahi hiam?” (*Jer. 17:9*).

A phadawm khat panin, nasem pawlkhat in lungdamthu kizeelna ding hong hahkat mahmah uhhi. Amau un Paul ngai mahmah ahih manun, ama' thuaksiatna sungah upna tawh thuaktentan cih amuh uh ciangun, Khazih a dingin hangsan semsem uh in, Topa a ding lawp semsem uhhi. Nidang in a paingam ngeilohna munah hong paingam ta uh a, nidang in gamdai khipkhep in a omna munah hong pau ngamta uhhi. Khazih hong kisang semsem ahih manin, hotkhiatna' lungdamthu kizeel semsem hi.

**Hibangin a suksia mahmah phutkhaknate tungtawnin bang ham phatna kingahlawh cih hong koici hilh hiam? Hamphatna om kei mahleh zong, koibangin Pasion muangveve thei ding ihi hiam?**

## Lungdamnathu' a Gah

Paul in Colosse mite tawh a kizopdan pen Philippi mite aa tawh kibanglo hi. Colosse mite pen “amah tawh maitang kimu ngeilo” (*Col. 2:1*) te lakah hel hi. Bangbang hitaleh, Paul in Philippi mite’ tungah ahieh bangin, amau’ a ding Pasion tungah lungdam ko in amau’ a ding thungen “tawntung” cih kiptak in genkhia hi.

### **Simin, Colosse 1:3–8. Bang thuthum aa dingin Paul in Pasion lungdamko hiam?**

Paul mahin mundang ah a pulaaksa hoihna namthum: upna, lam-etna le itna mah (*1Cor. 13:13; 1Thess. 1:3; 5: 8*) pulaak kik hi. Hih thu te tawh kisai Colosse mite tungah bangmah suanlo hi. I Pa in “hoihna le picinna” (*James 1:17*) pia ahieh manin lungdam a ko hi. Pasion hong itna i muh ciangin, Khazih sungah i upna hong neisak a (*Eph. 2:4–8*), vantung lam-etna hong neisak hi. Tua pen Paul in “Pasion in Ama’ mite a dingin a koihsak thuphate i ngahna dingin lam-en in i om hi. Tua thuphate sia ngeilo, nin ngeilo, mual ngeilo in a om tawntung na vantungah note adingin hong koihsak hi” (*1 Pet. 1:4*).

Paul in, lungdamnathu pen “thumaan kammal” bulphuh ahieh man in muanhuai cih. Hihthu pen Pasion’ humopna tawh Paul in mun tam pi ah zang kawikawi hi (*2Cor. 6:7; 2Tim. 2:15*). “Mihing’ kammal” bang hilo in tua kammal in thu umte sungah “muibun” takin nasem a (*1Thess. 2:13*), Pasion’ deihna picing sak hi (*Isa. 55:11*). Lungdamna thu a kitangko ciangin, aza angaite lungsim ah Pasion vangliatna in na sem ahieh manin, tua mite in dawngthuk kikthei hi. Tua lungdamnathu mahmah in “nuntakna thu” (*Phil. 2:16*) ahieh manin gah agah hi.

A lamdang penpen khat panin hibang hun tomno sungin lungdamthu kizeel gawp hi. Khazih sihna leh thawhkik khit, kum sawmthum sung khawngin “leitung khempeuh ah” (*Col. 1:6*) kizeel hi Paul in cithei hi. Tua khit deuh ciangin Paul in lungdamthu pen “van-nuai a piansaksa khempeuh tungah kihilh khin” (*Col. 1:23*) cilai hi. Rome gamsung ah lampi hoihna in zong khualzinna leh kizopna nuamsak mahmah ahieh manin, Paul laikhak te zong manlang takin kizeel thei hi. Pasion’ vangliatna in zong lungdamnathu tawh nasem khawm ahieh manin mihing sungah khalam nundan piangsak a (*James 1:18, 1Pet. 1:23*), Khazih sungah mithak suaksak hi (*2 Cor. 5:17*).

**Colosse 1:5 sungah, Paul mahin “vantung ah hong kikoisak tua lam-etna” cih. Tua lam-etna koibang in natelcian a, kilawmna bangmah naneihloh hang, nang’ aituam in koici zattheih nahiam?**

## Thungetna Vangliatna

**Simin, Colosse 1:9–12.** Paul' thungetna sungah bang tangtawh in ngen hiam?

Paul in “Pasian’ deihna theihtelna pilna” tawh kidim ding cih. Pasian’ deihna theih telna pen Paul in “khalam pilna le theihtelna” (*Col. 1:9*) cih. Pasian muangkip in Ama’ deihna sepnopna panin pilna hong piang hi (*John 7:17*). Mihing’ pilna tungah kingalo ding hi (*Pau. 3:5*). A ompahpah dotna khatin “Hibang hunsungah kei a ding Pasian’ deihna in bang ahiam?” Thungetna tawh Pasian’ deihna i zontheihna ding thu bul-thum om hi:

1. A thupipen pilna bul in Lai Siangtho mah ahi hi. “Nangma’ thu in lam honglak meivak hi a; ka paina lampi ah khuavak ahi hi” (*Late 119: 105*).
2. Pasian’ deihna tawh hong makaihna in zong Pasian’ kong honna le kongkhakna tungtawn in (*Col. 4:3*), Ama’ hong panpihna kithei tel ding hi.
3. Kha Siangtho in hong lamlahna tawh Ama’ aw khatvei za in hong ciamteh sak in “Taklam ah nakihei cianguh ahi a, veilamah nakihei cianguh ahi zongin ‘hihpen lampi hi, hih tawn un’ cihna aw na nungram panun nabil un aza ding hi” (*Isa. 30:21*).

Paul in Colossae mite pen “Topa’ deihna bangin nungta” (*Col. 1:10*) ding deih hi. A taktak cileng kuamah a “kilawmsa” in piang hetlo napi, Pasian in hong hehpihna tawh hong samin Ama’ hong sapna kizui in nungta ding hong deih hi (*Eph. 4:1; 1Thess. 2:12*). Paul in hih laikhakna sungah thumvei takmah “nungta, nuntakpih” (*Col. 2:6; Col. 3:7; Col. 4:5*) cih. Pasian’ thukhamna tawh kituak in nungta ding cihna hi a (*Pai. 18:20*), tua zong Kha Siangtho’ nasepna bektawh a piangthei ahi hi (*Ezek. 36:27*).

Paul in amaute’ (eite zong) nuntakna pen “Pasian’ deihna picingsak” dingin sep ding honkhatmah gualsuk pah hi: “nahoih sep na sungah gahpha” (*Col. 1:9, 10*) in; “Pasian theihna sungah khangto semsem” (*Col. 1:10*) leh, a tawpna ah “lungdam ko” (*Col. 1:12*) ding cih.

**Mi khatpeuh in “Pasian in lampi khat peuhpeuh ah hong makaih lam koici theih nahiam?” cih hong dong leh; na koici dawnkik ding hiam; banghang hiam?**

**Ngaihsutbeh Ding:** “Mi tampi in mailam ading geelna kician nei theilo uhhi. Nuntakna kip neihlo mah ahi hi. Hong tungding thute khentel theilo uh ahiah manin lunggim uhhi. Pasion’ tate’ leitung nun takna pen khualzin nuntakna ahihlah phawk ciat ni. Eima’ nuntakna a ding geelsiamna pilna zong kineilo hi. Eima’ mailam ding khawng eimah’n kikkuat mawkmawk theilo hi. ‘Pasion in amah a piak ding in a ciam leitung ah Abraham apai ding in a saplai in Abraham in Pasion’ sapna a manna pen a upna hangmah ahi hi’ *Heb. 11:8*.

“Khazih in hih leitung ah Ama’ a ding bangmah geello hi. Ama’ a ding Pasion’ geelna bekmah sangin, nisim in Pa in Ama’ geelna te lak tawntung hi. Tua ahiah manin eite in zong Pasion muang leng; eima’ nuntakna pen Pasion’ nasepna phual hong suak ziau ding hi. Eima lampi te Amah aap peuh leng, Amah’n kalsuan simin hong makaih ding hi.”

“Mi tampi in mailam a taang mahmah ding in geeluh hinapi, sumh zawsop uhhi. Pasion in nang a ding geelsak in. Naupangno bangin Ama’ hong makaihna muang lecin ‘Amah’n Ama’ misiangte’ khe kemcing hi’ (*ISam. 2:9*). Ama’ tate in makaih ding a utvua leh a makaih cihloh Pasion in makaih ngawhlo hi”—Ellen G. White, *The Ministry of Healing*, pp. 478, 479.

### **Kikupding Dotnate:**

- ❶ Nungkal sungteng in nangma lungdamna teng gualsuk dih in. Nang ngsihsut zah sangin lungdamhuai zaw tham nasa hiam?
- ❷ A tunga Ellen G. White kammalte ngaihsun in. Upna tawh kisai thute ahi hi. Tua bang dan in Pasion muan ding koici kisin ding nahiam?
- ❸ Colosse 1:6, 23 sim inla, anuai a teng kikumun: “Kum sawmli sung uplahna, thuumna leh langdona in Israel mite pen Canaan atun ding khakcip hi. Tua mawhna mahin khangthak Israel mite vantung Canaan tunna ding zekai sak leuleu hi. A mun nihtuak in Pasion’ kamciamna in khial ngeilo hi. Uplahna, leitung vailuatna, ki-aap lahna leh Topa’ mite lakah ki tukalhna in leitung mawhna sungah hong hencip in kum sawtpi dahna sungah hong koihcip hi. Khazih’ pawlpi in Topa’ sehse leh thupiak nasep sem hileh, leitung buppi pen, Topa Zeisu vangliatna leh minthanna tawh hongpai theihna ding in kiging sak khinzo ding hi”—Ellen G. White, *Last Day Events*, p. 38. Tuni in tuabang mawhna koibang in kinei thei ding hiam?

## Pasian' Kamtai Pa

Kenya gam-a inn khat mai-ah ui thum in Oscar atot ciangin amah zong tanglo-in thungen hi. Oscar hong pai ciangin uite akhah uineipa hongpai-in “kua na hiam” ci giap hi. Oscar in “Pasian' kamtaipa hi'ng” ci hi. Inntekpa'n zong “Pasian in bang thu nang tawh hong keng hiam” ci hi.

Oscar in “Pasiain' thupuak hi, kong lut thei diam?” ci hi.

Inntekpa zong lametna lianpi tawh Oscar en-in inn sung ah luut pih hi. Oscar in “thu'ngen ni” ci hi. Inntekpa bel mitsilo hi. Oscar in thu ngen-in Lai Siangtho a masa lam bu nga thu kuppiah hi.

Inntekpa pen Christian a hilo ahilo biakna lian khat zui hi, Moses' gelh bu thute thei hi. Amah'n thu tampi tak dong hi. Amau tegeel zong hong kilawmta uh hi. Tu'n inntekpa leh azi SDA suakta uh hi.

Thupiang dang khat ah inn neipa khat in Oscar in Lai Siangtho asin pih nop lam agen ciangin alunglut hi. Amah'n atate, kum 6, 8, 13, paikhiasak hi. Apaikhiat uh ciangin bai sa-in apaikhiat uh Oscar in mu hi. Amah'n “naupangte hong pai sak in, amau aading thu ngetsak ning” ci hi. Naupangte cithak avei lam amah'n hong mu hi.

Oscar in naupangte aading thungetsak-in aza ding va leisak hi.

Inntek te'n bel cithak pen akibum sa uh hi. Oscar hongtun' kik ciangin a inn, alupnate uh hah siangsak hi. Anu apa te kiang ah atate uh kisil sak-in tua khitteh zatui pia hi. Naupangte hong siangtho ta uh hi. Oscar in zong naupangte ading thu'ngetsak kik-in, anu apate Lai Siangtho sinpih hi. A nunglam ciangin a innkuan-un SDA suak-in biakinn lam na dingin a leitangh uh zuak uh hi.

Lungdamnathu a hopkhiatna ah Oscar in Sunday nite ah biakinn khat khit khat ah pai hi. Kenya gam ah mi khaulte pawlpi mite tawh meeltheih bawl ding kiphah hi. Khat vei, pawlpi makai khat in Oscar pen kikhawm ding-in asap ciangin SDA ahiah lam atheih man-in pau khuan pialo hi. Oscar zong kikhop hun sung teng om hi. Apaikhiat ciangin pawlpi mi tampi tak pen avengte ahiah lam hong thei-in va hopih kawikawi hi..

“Lai Siangtho pen tuipei tawh kibang hi. No kiang ah pastor te hong pai-in thu ahilh ding-in ngak kul lo hi. Kei kiang ah na sin tawm theih ding lesson te nei ing” ci hi. Mi sagih in Voice of Prophecy lesson na la pah uh hi. Adangte'n bel nial-in hong nung san' hi. Tu in ah mi 43 in Oscar tawh Lai Siangtho sin khawm uh hi. Amah'n “hong pau saklo pawlpi pan hizah tawh kimuh theih bel sialo hi” ci hi.

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*Oscar pen Global Mission pioneer-in kum sawm sem khin-in kha 120 tui phum-in pawlpi nih phut hi. Athumna aphut zo ding-in zong ki lamem hi. Global Mission pioneer thu [bit.ly/GM\\_Pioneers](http://bit.ly/GM_Pioneers) ah et beh in.*

## Khen I: A Huamin Etna

**Thubulphuh:** *Philippi 1:6*

**Lungngaih Ding:** *Philippi 1:1-18; Ephesus 3:18-21; Colosse 1:4-8*

Laigelh minthang D. A. Carson in tu hun-a Christian pawlpi ii kisapna lian pen pen bang hiam ci-in mite' dawn'na te kaikhawm hi. Carson in thulute na gual hi, nupa kikal sianthona, sum muhna, citna, Pasion' thugenna, pawlpi phutna, Lai Siangtho dei bang-in luheekna, mipi kikhopna ii tuahkhak thutak ci-in khen hi. Amah'n "hih akisampah thute ah ki awlmawh lohna om hi. Nitumna lam-a Christiane lak ah akisam mahmah khat pen Pasion thu zung thuk takin theih nading thu hi. Pasion i tel mah mah ding kism hi. ... Pasion theih nading akisam kalsuan ding leh Pasion i theih lam i lahkhiatte pen thungetna hi — kha vai, kuhkal, Lai Siangtho abulphuh thu ngetna" hi. — Carson, *A Call to Spiritual Reformation: Priorities From Paul and His Prayers* (Grand Rapids, MI: Baker Books, 1992), pp. 15, 16.

Paul in Christian zia ahi thu ngetna leh lungdam kohna thute thei lua hi. Lungdam thuhkikna zong ama thungetna leh alai at te ah anakgen khat hi. Amah'n athu ngetnate ah Pasion tung ah lungdam ako bek hilo-in athu angaite in zong tua bangin agamtat dingun hanthawn hi (Col 3:17, 1Th 5:18). Amah'n lungdam kohna pen mi khat' lungtang sung ah Pasion' sepna agah khat-in mu hi (Phil 1:6, 10, 11).

Tu kaal lesson in thu bul nih en hi:

1. Lungdam kohna le thu'ngetnate pen dangka tang khat ii mai nih dan hi.
2. Lungdam kohna le thu'ngetnate pen adangte sangin Pasion in ei sung ah nasem hi cih muh theih-a kilak theite hi.

## Khen II: Hilhcianna

### **Tangthu Tom**

Psychologist Robert A. Emmons in Meister Eckhart gen khat hong zang hi: "Na nuntakna ah thu na nget ciang'n 'lungdam ing' ci bek le cin zong kicing ta hi." Hih tak ah Emmon in polio vei nupi khat thu hong gen hi. Pasion kiang ah lungdam kohna leh aman nei nuntakna kikaal kizopna hong gen hi. Tua nu in Emmons kiang hih dan-in laikhak hi.

"Ka lungdam theih masak pen ta cil ka neih hun ah hi. Ka kum atam semsem ciang-in ta zong ka nei thei khol diam, khut lang khat tawh ta zong kem zo ding ka hiam, Pasion in hih dan tawh thupha hong piak sawm hiam ci-in ngaihsun ing. Tanu ka suah ciang-in nurse te'n ta kemzo

## HILHCIANNA

dingin hong mulo uh hi. Hitaleh Pasion in ta nei dingin thupha hong piak lam, a kemthei dingin thupha hongpia ding hici-in kithei ing. Pasion in polio natna pan hong damsak loh nung sang, ta neih ding cih zong ahaksa thu khat hi. Tua ahih man-in tanu ka neih ciangin Pasion in ka nupa tung ah mi khat akhan suah dingin thupha hong piak man-in Pasion phat ing. ... Mihing khat ka khansuah ding lo-in athupi zaw bang nei ka hiam? Bang mah neilo, ta neihna pen ka nopsakna hi. Nuntakna ah akhiatna leh ngiimna neih theihna lungnopna hi.” Emmons in hih dan in behlap beh hi. “Nuntakna thu ah i nunna leh i lungsim puakte tawh lungdam theihna in anuamsa zaw, acidamzaw mi hong hi sak hi.” — Emmons, *Thanks! How the New Science of Gratitude Can Make You Happier* (New York: Houghton Mifflin Company, 2007), pp. 90, 110, 185.

### Lungdam Theihna le Thungetna Kiphamat Mahmah Hi

Paul’ laikhak te ah akimu den khawk pen lungdam kohna khawk hi, thungetna lam-in kimu den hi. Tua zia anuai-a lim ah kimu thei hi.

Amun	Lungdamkohna le Thungetna
Rom. 1:8-9	Ka Pasion tungah Zeisu Khazih tungtawnin ka ko masa hi. <b>Thu ka nget</b> sim in note ading <b>tatsatlo-in</b> ka hel den a ... Pasion in hong thei hi.
1Cor. 1:4	Note hangin Pasion tungah <b>lungdam</b> ka ko <b>tawtung</b> hi.
Eph. 1:15-16	Tua ahih manin ... ka <b>thungetna</b> ah na min uh lo in, note aa dingin <b>lungdam</b> ka ko den hi.
Phi 1:3-4	Ka Pasion tungah <b>lungdam</b> ka ko hi. Thu ka <b>ngetsimin</b> note khempeuh adingin lungdamtakin kong ngetsak hi.
Col. 1:3	Kote in ... thu kong <b>ngetsak</b> sim un <b>lungdam ka ko</b> den uh hi.
1Thess. 1:2	<b>Thu ka nget</b> uh ciangin na min uh loin note khempeuh hangin Pasion tungah <b>lungdam ka ko den</b> uh hi.
2Thess. 1:3	Note hangin Pasion tungah <b>lungdam</b> ka <b>koh den</b> ding uh a kiphamawh thu ahi hi.
1Tim. 1:12	I Topa Khazih Zeisu tungah ka <b>lungdam</b> hi.
2Tim. 1:3	Sun le zanin ka <b>thungetna</b> ah nang kong phawk den hi. ... Pasion tungah <b>lungdam</b> thu ka ko hi.
Phm 4	<b>Thu ka nget</b> ciangin kong phawk <b>tawtung</b> hi.

Atung-a lim pan-in thu thum kilathei hi. Akhatna ah, Paul aading-in lungdam kohna pen thu’ ngetna namkhat hi, lungdam kohna pen thu’ nget

na tawh kiphamat hi. Anihna ah Paul' lai sung pawlkhat ah lungdam kohna khawkte ah "thu'ngen" cih kammal kizanglo hi, ama lungdamna pen Pasion tung ah ahih lam tel ding thupi hi (*2Thess. 1:3; 1Tim. 1:12*). Athumna ah, "den" cih kammal zat kikkikna in thungetna leh lungdam kohnate bawl den cih hong lahna hi, Paul' nunzia hi.

Paul in thu ngen, lungdamko nuntakzia anei dingun athu ngaite tung pan lam en hi cih i theih ding thupi hi. Paul in bel Pasion thu atheilote'n Pasion tung ah alungdam ding lam theilo uh hi ci-in mu hi (*Rom 1:21*). Alehlan pan in-ah amah'n Rome pawlpi mite' kiangah Pasion tung ah alungdam ding-un hanthawn hi (*Rom 14:6*). Amah leh naseppihthe' aading Corinth pawlpi mite tung ah thu nget acialna ah amau tangin lungdam ako dingun lunggulh hi (*2Co 1:11*).

Ephesus 5:18-21 sungah Paul in Kha Siangtho tawh kidim mi khat ii ziate na gen hi. Tuatte in (1) "Pasion phatna late, biakna late, khalam late" tawh tha kipia tek uh hi; (2) "lungsimsi sungah Topa phat in lasa" uh hi; (3) "na khempeuh ah i Topa Zeisu Khazih min tawh Pa Pasion tung ah lungdam ko" uh hi; (4) "Pasion kihtakna lungsimsi tawh khat le khat" thu kimang uh hi. Hih dan tawh Pasion tung ah lungdam kohna pen Amah va phat, la paihna tawh dinmun kikim hi; Hih dan-in omna pen biakpiakna mah hi.

Colosse 3:17 sung ah Paul in hih dan-in "Na kampauna uh ahi a, na gamtatna uh ahi zongin nasep na bawl khempeuh uh Topa Zeisu minin sem unla, ama tungtawnin Pa Pasion tungah lungdam na ko un" na ci beh hi. Tua bang mahin Paul in Thessolica pawlpithe tungah "Na khempeuh ah lungdam na ko un; banghang hiam cihleh hih in Khazih Zeisu sungah note aa dinga Pasion hong deihsak ahi hi" (*1Thess. 5:18*) ci hi. Paul in amah bangin athu angeite'n lungdam ako thei, thu angen mite ahi ding-in lawpsak hi.

### **Ei' Sungah Pasion' Na Sepna**

Philippi pawlpi te tungah laikhakna ah Paul' laikhakte khempeuh lak pan alamdang khat om hi: "Note sungah nasep hoih hong pankhiapa in Zeisu Khazih ni dongin kicingtakin hong zomsuak ding hi ci in ka lungmuang hi" (*Phi 1:6*). Pawlkhatte in "nasep hoih" pen Paul thong akiat lai-a sum ahi-a, thudangte tawh a etnate acihna hi ci-in la thei kha ding hi. Lungdamna thu kizelh nadingin Paul tung ah avei uh pen alungsimsi uh ah Pasion' nasepna gah agahna ahih hangin Paul in Khazih tungtawn-in gupna ngah cih azaizaw thu na gen hi.

Pasion pen gupkhatna thu apan Pa, Khazih hong paikik ciangin a pi' cing sak ding Pa dan-in kigena hi. Hih thupai pen lungdam kohna khaw

ah kigenna pen ciapteh tak hi. Tua ahilh man-in lungdam kohna pen Pasion in mi lungtang ah na sem hi cih kidawkna hi. Paul in tua thu mah Philippi 2:12, 13 ah na gen hi: “Tua ahilh manin kong itte aw, note kianga ka omlai a thu na man tawntung mah bangun tu a kong om loh ciangin zong thu na mang zaw kan unla, na ngahsa uh hotkhiatna lau le ling kawmin na lakkhia un. Banghang hiam cihleh Pasion a lungdamsak nate na sep nop nading uh le nasep theih nadingun note sunga na a hong sem pa in Pasion ahi hi.”

Paul in gupna ngah nading — lau le ling kawm in sep ding pen — thu lamdang khat hi. En’ koi cih ding hiam. Tua thu dawn’na Hebrew 12:2 ah ki muthei hi, tua Lai Saingtho mun ah Zeisu pen “upna a piangsakpa leh akicingsakpa” hi ci hi. Paul in ei pen “Zeisu mitsuan-in i mai a om kidemna ah kuhkal takin” hong tai sak hi (*Heb 12:1, 2*). Tua teng tawh man nailo hi. “Hong tuantualsak thei nate le olno tak a hong awksak theite” paihkhiat loh phamawh hi (*Heb 12:1*). Philippi 1:6 le Hebrew 12:2 sung-a thute in gupna pen Pasion’ nasep hi, ei’ nasep hilo cih hong phawk sak hi. Tua hi phial taleh thu ngen-a nuntakna, Christian gamtat hoih ciin’na (*Phi 1:9-11; Col 1:4-8*), le Pasion in ei sung ah na asepena thu ah lungdamna tawh (*Phil 1:3-6*) gupna i ngah nadingin hong kuhkal sak ve ve hi, “i mai a om kidemna ah kuhkal takin tai” ding cihna hi (*Heb 12:2*).

Thu zial pak le hang ei pen “Topa tawh a kilawm gamtatna nei in na khempeuh ah amah lungdam sak in, nasep hoih khempeuh ah gahsuh in Pasion theihna ah” (*Col 1:10*) i khan semsem kul hi.

### **Khen III: Nuntakna-ah Zatpah Ding**

Anuai-a thugilte lungngai in. Sabbath sang hong paite tung ah dong in.

Thu hoih apian’ ciangin nuam tek hi hang. Mawtaw thak, inn leinate, hahkat mahmah khith teh lukhu nelkai khukna, thusia tuahna pan suahtak nate ah Pasion tung ah lungdam ko hi hang. Tuata pen i lungsimte ah lungnopna, lungdamna tawh kidim phutkhak thute hi. Ahi zong-in i kiim i paam encik le hang lungdam koh nading sim zawh loh-in kimu ding hi. Pasion in ei sung ah na sem hi cih thu lo buang i lungdam ding thu dang omlo hi. Ellen White in “Pasion vai hawm saknate i muh siam nadingin i lungsimte i sek kul hi. Ei pen Pasion’ zia ihilh theih tawp-in alaksawm dingte hi. Ei pen hong kipum nusiatio ahilh man-in lungdam theih kul hi.” — *That I May Know Him*, p. 302.

I thungetnate ah lungsim takpi tawh i lungdam ding Pasion in lam en hi. 1 Thessalonica 5:17, 18 sung ah bang “Thu’ngen tawntung un” a cih khit teh “na khempeuh ah lungdam na ko un” ci hi. Hih thu ah lungdam kohna ding ahang om den hi cih bek hilo-in i thungetnate ah Pasion tung ah lungdam koh den ding thu zong kihel hi. Theih ding ah Paul in “na khempeuh aadingin lungdam na ko un” cilo hi, “na khempeuh ah” ci bek hi. Nisim-in i thungetnate ah phat, thu hoih bawlna te tawh lakkhia-in eitang-in Pasion in a Tapa neih sun hong piak na thu pah phot in nisim-in lungdamtaak khin ta hi.

**Dotnate:**

- 1. Pasion tung ah lungdam nading-in bang kha thuphate ngah na hiam? Neih le lam thuphate ah zong na lungdam ding bang om hiam?**

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- 2. “Na khempeuh aadingin (for)” ii lang ah “na khempeuh ah (in)” lungdam ding cih pen bang acihna hiam? Akibat lohna pi pen bang hiam?**

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- 3. Ellen G. White in ei pen “kipum nusiatio” cih pen bang acihna hiam? Hih kamciamna ah bang hang in lungdam huai i hiam?**

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# LESSON 3

\* January 10–16

## Nuntakna le Sihna



### SABBATH NITAAK

**Tu Kaalsung Simding:** *Phil. 1:19–30; 1Cor. 4:14–16; 2Cor. 10:3–6; John 17:17–19; Micah 6:8; Sawl. 14:22..*

**Kamngah:** “Banghang hiam cihleh nungta hi leng Khazih aa ding hi a, si hi leng’ a met zaw ka hi hi.” (*Philippi 1:21, ZIV*)

**S**ihna pen nuntakna phellang hi a ci zong om hi. Zuaupi hi. Sihna in nuntakna tawh kilangdo a, nuntakna gal ahi hi. Mawtaw khat pen a themneute kigawm ahihhang, nuntakna ahihleh bang a themneu mah omlo hi. Paul in Khazih a sihna pen “Ama’ sihna hang in sihna a uk dawimangpa a suggawp theihna dingin, Zeisu in mihing’ pianzia mah hong neiphot hi. Tua ahih manin sihna a kihtak manin salbangin a om mite Amah in hong suakta sak hi” (*Heb. 2:14, 15*).

Khazih a dingin sih ding kisa khin ahihhang, Paul in tawntung hun a ding zong lungmuang khin hi. Tua tadih in ama’ nuntakna tawh leh a sihna tawh Khazih pahtawi in lungdamthu ama’ hihtheihzah in hilh kawikawi ding cih thupisak pen hi. Ama’ min tawh laikhak tampi tak i neihkhakna zong tua hangmah hiding hi. Ama’ laikhakte tungtawn in amah’n khatvei zong a phak ngeilohna munte, mite tampitak pha thei hi.

Nuntak hun tomlua mahmah ahih manin Pasian hong phal hun sungteng in Pasian’ gam a ding hihtheih tawp in hahkat in semding hihang. Eite hong “pumkhat sak upna” hong thahatsak te peuhmah neuseh ding hivetlo hi. Tukul kipat ciangin hih thukhun pen Paul in Philippi mite tungah a laikhakna hangthu ahihlam mupah ding hihang.

\*January 17, Sabbath ading giginholhna in tukaal lesson sim in.

## “Khazih Kiliansak Ding Hi”

**Simin,** Philippi 1:19, 20. Haksatna a thuakna sungpan Paul in bang lam-en hiam? Amah a pum suahtak ding sangin bang thupi sazaw lai hiam?

Paul in mawhna neilopi mah a thongkiat pen tutung a masapen zong hilo a, ama' a dingin thongkiat zong thulamding hinawn selo hi. Tuani ciang dong ama' thuakna teng Corinth mite tungah akhawng akhek in lah diudeu hi: “Thong sungah tamveipi, sih dektakna tam veipi kathuak hi. Jew mite sungah sawm thumlehkua vei satna ngavei kathuak hi. Rome mite in thumvei hong sat a: khatvei suang tawh hong deng uhhi. Tembaw siatna thumvei katuak a, sunkhat leh zan khat tawntung tui tungah ka laam ngei hi. Khual kazinzinna lamin tuikhang lauhuaina, misuamte lauhuaina, kamipihte suk ding lauhuaina, Gentile mite suk ding lauhuaina, khuapi sung le gamlak lauhuaina, tuipi tungah lauhuaina, lawm maanlote' hih ding lauhuaina a tuam tuamte ka phukha hi. Nasem silbawl in ka om tawntung a, ihmu man lo liangin zong ka omzel hi. Gilkial dangtak in ka omzel a, annek ding neilo, giahna ding omlo, puansilh ding neilo in kam omhun tampitak om hi” (2 Cor. 11:23–27).

Hih haksatnate sangin, Paul in a thupitsak zawk thute pen, “Tua bang haksatna a tuamtuamte kathuak banah, nisim in pawlpi a tuam tuamte adingin lunghimawh in ka lunggimpih lai hi” (2Cor. 11:28) ci.

**Simin,** 1Corinth 4:14–16; 1Thess. 2:10, 11; Gal. 4:19; le Philem. 10. Paul in Khazih a dingin ama' phuhsa pawlpite le a zawhsa mite tawh koibang kikhawlhna nanei hiam?

Zeisu in eite hong gupna dingin, bangmah a siitloh mahbang in, Paul in zong thu um mite a dingin “ama' pumpi le a neihsa khempeuh pianuam” (2Cor. 12:15) cih. Thu kikelki khat panin, mikhat' gamtat na in Zeisu tawh kibang semsemleh, mi pawlkhat in itlo in sang theilo semsem uhhi. “Khazih Zeisu tawh kipawl in Pasian' deihsa bangin a nungta peuhmah in bawlsiatna a thuak ding mah hi” (2Tim. 3:12). Ahih hangin a citak Khristiante ahihleh Pasian minthan' theih nading le lungdamnathu pulaak theih nading a vanglianpen dinmun ah ding kiplai ding uhhi (Phil. 1:7). “Thumaan lopi tawh a thongkiatlai in Paul in thuakzawhna le lungdamna, hangsanna le upna cihteng in thu hilhna hi paisuak hi”—E. G. White, *The Acts of the Apostles*, p. 464

**Na nundan, nang hong ngai mello mite na khawhphih dan cihte ngaihsun kikin. Zeisu a dingin koibang in teci napang hiam?**

## Sihna in Metna Hi

I phawkkhak mello khat, ei thu ummite khempeuh in kidona lianpi sungah kihel hihang a, hih vannuai leitung buaina sungah eima omna munciat panin a mapang ihi hi. Lam khat ahieh keileh zong lamdang khat panin hih buaina thuak ciat hang a, koi mun ah bang hang le koibang hitaleh sih dong in a thuak ding ihi hi.

**Simin, 2 Corinth 10:3–6. Eite sim niloh khalam gal in bang bulphuh pen a, bang galhiam peuh kitawi kha hiam?**

Khalam galhiam hoihipen in ngaihsutna asia/apha te ahi hi. Satan in mawhsakna, khemna, maimial sakna, launa, lawmlehgual huzaapna leh Khristian te in a zat ngeiloh nate tampitak hong zang hi. Eite'n i hihleh itna, hehpihna, kilemna, lungnemna, thuak-hatna, hoihna leh kideekna cihte zangzaw ding hihang. Eite a ding a vanglianpen galhiam pen “Pasian’ Kammal” (*Eph. 6:17*) hi a, Kha Siangtho hangin pilvang takin zang ding hihang. Pasian bekin mihing lungsim sungah thumaan hong tunthei bek hi. Eite pen Pasian in Ama’ ngiimna tangtunna dingin vanzat te kihibek hi.

**Simin, Philippi 1:21, 22. Paul gennopna bulpi, a diakin, kidona lianpi pen koibang in na telcian hiam?**

I galsim pen khalam gal ahieh manin ngaihsutna leh thu tawh kido hihang. Khazih in zong tua gal pen singlamteh ah a zawhkhitsa hi a, Amah tawh i kizop laisiah, hong kithat phialmah leh; lel ngeilo ding hihang. Hih leitung ah a piang bangbang a dingin Paul in ama’ nunna kipiakhin zo a; a maanlo hiphial mahleh, ama’ nuntakna limlim vantung zumpi ah aap khinzo hi.

Ei Khristian te in, thumaan galdona sungah eima’ aituam kkuatlo ding hihang. “Thahatna in thumaan hilo a; thumaan in thahatna” hizaw hi. Pasian’ deihna sungah ki pum-aapna in vangkiamlo a; eimah tektek in i do gal a kizawh theihna ding tua lampi bek mah ahi hi. Tuabang in a etteh taakcing Zeisu in Pasian tungah a ki-aapna pen Paul in zong Philippi 2 sungah hong pholhkhia hi.

**Tu laitak lianin kidona lianpi koibang in na phukha hiam? Khazih in tua gal a zawhkhith natheihna in bang lungmuanna hongpia naci hiam?**

## Galmuanna

**Simin, Phil. 1:23, 24.** Paul in “leitung pumpi nusia in Khazih tawh omkhawm leng hoihazaw tham hi” acihpen bang acihna hiam?

Hih thute pen khang tawntung in kitelkhal mahmah hi. Tukul sungteng in, Paul in misite le minungte kikal thu agen ahi hi. Khristiante in Khazih a dingin nungta in zong sihpiah uhhi. Tua thu tawh kisai in eima’ teci panna in “hoihazaw” (*Phil. 1:21*) cihthu in vangnei zaw hi. Mi khatpeuh in ama’ upna a dingin a sihngam nakleh a um taktak kici hi.

Misite pen a si taktak ahihlam i theih kul hi. Amau un “bangmah theilo” uhhi. Thawhkikni mateng hansung ah tawlna uhhi (*Thhsia. 9:5; John 5:28, 29*). Tua hangmah in Zeisu in misipa Lazarus tawh kisai in “I lawmpa Lazarus ihmu zo hi; ahizong in amah phong dingin kapai ding hi” (*John 11:11*) a cihhi. Mite a sih uh ciangun, vantung ah paipahpah lehu, Lazarus koibang hiding cih ngaihsun lecin. Lazarus in Paradise ah nuam asak mahmah laita in, vantung mi hongpai in thusia khat hong puak hi: “Sorry maw Lazarus, Zeisu in leitung ah hong samkik ta ei. Hiteng ah omthei nawnkei niciai” ci ding hi.

A hiding bangkeek ahi thumaanlote khawng i zuihkhak uh ciangun, khial kisalua ta hihang. Sihna cihpen mumang omlo ihmutna hi a, Nihveina Kumkikni ciangin Zeisu in a citak ama’ nungzuite a sapkik ciangin, a nungtalai misiangte tawh, vantung ah kilato ding uh a, Zeisu tawh maangkawm tawntung ding uhhi (*1Thess. 4:16, 17*).

Paul in, hih leitung nunna tawh a “kikhen” in Khazih tawh thuakna le sihna sungah omkhawm cihpen (*2Tim. 4:6*) in, “sihna pan thawhkikna dingin” (*Phil. 3:11*) hong koihna cihhi. Amah sihna sung ah a mit a sitkhit ciangin; a muhkik masapen ding pen, mitphiatkal khat sungin Zeisu mu ding a, Pasion’ mite khempeuh tawh a kibang in ki lato dinguh a, Zeisu in Amah a itte khempeuh a dingin a bawlkholosa innsung ah omkhawm ding uhhi (*John 14:3; 1Cor. 2:9*).

Khazih a dingin sih a utphial tazong in, Paul in, Philippi mite a dingin “a hinlai ding” (*Phil. 1:24*) kisam phazaw hi. Khristian khat in, Khazih a dingin sih le nun koi hoihazaw cihpen genhak mahmah hi. Paul zongin nuntak ding le hansung ah tawlnak ding “tua tegel kikal ah khentat haksa sa hi” (*Phil. 1:23*).

**Kuamah bel si nuamlo uh hitaleh, na sihdang hun na ngaihsut ciangin, na muh kik masak ding pen Khazih hong paikikna hipah cih nathei ding hi. Hibang ngaihsutna in Paul’ ngaihsutna hong telciansak cih na koici muh hiam?**

## Kipumkhat in Dingkip

Nungzuite a dingin Zeisu' thungetna nunungpen a thubulphuh in: pumkhatna hi. Zeisu in singlamteh khengvalna ah Ama' Pa le eite kipumkhatna galmuh a: "Pa aw, Kei na hong itna hangin na hongpiak pianzia a mu dingin, Keimah na hong piak mite zong, Ka omna ah a hong paitheihna ding ka deihsak hi" (*John 17:24*) cih. Pa in Ama' tate kemcing in "Nang le Kei i pumkhat mah bangin amaute zong pumkhat" (*John 17:11*) dingin Zeisu in thungen hi.

Zeisu in kipumkhat lohna sulzui teng zong agen ciangin, mi tampi in umzolo uh cih thei hi. Hih a thungetna tomno sungah, Zeisu in eimah, Amah le A Pa kipumkhatna hangin "leitung in a uptheih na ding" le "Nangmah in Kei na hong sawlna thuleitung in atheih na ding" (*John 17:21, 23*) cih.

### **Simin, Philippi 1:27 le John 17:17–19. Zeisu le Paul anih un pawlpi sungah kipumkhatna omlohphamawh ahihna koici genkop hiam?**

Philippi 1:27 ah Greek pau in *politeuomai*, "a kilawm in gamtat na," "gammi hoih hihna" hi-a,leitung gam hilo vantung gam hizaw hi. Mualtung thuhilhna in van- tunga om i Pa' tate le Ama' gam mite hihna a pulaakna ah: lungsim niamkhiatte, lungnemte, thu maan thu tang ading gilkiante, hehpih theite, lungsim siangthote, mi kitawng kilem saktheite, paang langkhat adawhbeh ngamte, galte a it te, hong samsiate thupha tawh a thukte, hong mudahte tungah na hoih a semte ahi uhhi. Tomgen leng "thumaan thutang sem in, itna kip nei tawn tung le kiniamkhatna tawh Pasian' thu amangte" (*Micah 6:8*) ahi hi.

Tuabang mite tungah kihethei hetlo hiven mataw? Mi hoihluate khawng vang-kiam peuh kisathei zel hi. Tuabang mihoihte thanemna khawng zongin a hoihna khiapsuksak theileng kilungnuam pong maw thei hi. Tua cihliang sangin, itthei zaw leng, thukhual zaw leng, hehpih thei in kiniamkhat zaw leng muhnop huai zawlo ding hiam?

Ellen G. White in "Pasian le a thumaan a it sanginleitung a itzaw te" thu gen hi.—*Testimonies for the Church*, vol. 5, p. 277.

Pawlpi sungah kiphatsakna hangin kipumkhat lohna hong piang hi. "Kiphatsakna leleitung vai luatna lungsim sungah hong om ciang in, Khazih' kha paikhia a, kidem nopna, kithutuah lohna le kikhen nopna lungsim honglut in pawlpi thanem sak hi"—*Testimonies for the Church*, vol. 5, pp. 240, 241.

Zeisu in eite ading honglahsa kiniamkhatna le lungnemna kisin ding thupi hi! Tua hileh i pawlpi hong kilamdang zen si'n cia maw?

## Kipumkhatna le Laulohna

**Simin,** Philippi 1:27–30. “Lungdamnathu tawh kipawl ngiimna kikhat” in omna in kihtaakna omlohna tawh koici kipawl hiam?

Satan’ nasepzia pen khenkham in zawhna hi. Kipumkhat lohna in sihna hi. Zeisu in “Innkuan khat phelnih kisuah in kido leh, tua innkuan kip zolo ding” (*Mark 3:25*) cihi. Satan in eima’ mangngilh theihna pen lungdam tak in a zatpen ama’ ngeina khat ahi hi. Eite kipumkhatna in Lai Siangtho genkholna thu ahi a beibaangte hihna hong kipsak (*Mang. 12:17*) a, “tawntung lungdamnathu pen minam khempueh, beh khempueh, kampau khem peuh leh mihing khempueh tungah hong tangko sak hi” (*Mang. 14:6*).

John 17 sunga Zeisu’ thungetna in “thumaan” a cih Pasion thupiak pen kizeelsak ding pen ki pumkhatna ding in a thupipen tawhtang hi a (*John 17:17, 19*), eima’ thupiak in eima’ nasep leh ki pumkhatna tawh kikhen thei ngeilo ding hi. Tuateng thum in pumkhat in om uhhi. Hiteng thum lakpan khat om keileh ki gualzo theilo hi. Hiteng thum amau’ munciat ah a omnakleh lah bangmah lauding omlo pah hi.

Galte peuhmah “kihtak ding” hilo hi (*Phil. 1:28*). Satan cihpen zawhsa galpa ahi hi. Amah in eite’ upna hangin hong that phial leh zong, “ahoih gamtat ding ut in a hanciamte” kua in bawlsia thei ding hiam? (*1 Pet. 3:13*). Pasion’ thumaan mainawtna a khawlsak ding in dawimangpa in vangneilo hi.

**Anuai-a** Lai Siangtho munte sim inla amau’ thu bulpuhpi tomkaih in: Matthew 10: 38; Sawltak 14: 22; Rome 8: 17; 2 Timothy 3: 12.

A puksa hih leitung ah nuntak nuampen zong haksah mahmah hi. Job pen mi thutang khat hi a; Pasion nangawn in “paubaanglo, a thutang leh Pasion kihta in siatna peel” (*Job 1:1*) cihi. Zankhat sungbek in amah leh a innkuan gim thuak tamai uhhi. Eima phutkhak ahi a, midang tungah a piang ahi zongin, i nuntakna in kendang ah om in, a kiat hun ding theihloh bang ahi ngeilo om ding hiam? A tamzaw in haksatna a kithuak zelmah hilel hi. A nunungpen in thudang te hang sangin Khazih a ding in haksatna thuak hoihazaw tham hi.

**Khristiante in thuaksiatnate sungah bang lam-etna, bang hehnep na neithe i ding ihi hiam?**

**Ngaihsutbeh Ding:** “Tau tungah bawlsiatna, khuam tungah meitawh halna, lei kuahawm thongsung te ah martyr te gualzawh kikona aw Amah’ zathei hi. Honpa in a citak khate’ zawngkhaalna, nenniamna leh bawlsiatna te zong za a, lau hetlo in amau’ upna teci apang a “Ka uppa ka thei hi” cih a kikonate zong zaveve hi. Amaute’ upna a ding in a nunna a piakhiate in, amau’ uppa in a gamlapen a omte nangawn honkhia thei hi ci in tangko uhhi”—EG.White, *The Acts of the Apostles*, p. 512.

“Tuni a Khristian upna a tuamtuam a om neunau bangin cikmah hunin omngeilo hi. Sawltakte, kamsangte, evante, pastorate leh siate (*Eph. 4:11–13*) in pawlpi masate vang kiam hetlo in a kipumkhat sak mahbang in, tuni in zong pumkhat semlai sak ding in hoih hi. Hun nunung pawlpi mahmah a thaksuah sakna ding pen Lai Siangtho genkholsa thu ahi hi. Topa Pasion in Zion hong paipih kik ciangin, kongcingte mahmah in amau’ mittang uh tawh mu ding uhhi. Hun nunung hong tun ciangin zong apilte in thei ding uhhi.

Tuabang hun hong tun ciangin, Pasion in mipil ci in a ciapteh te in upna ah hong kipumkhat ding uh a, amau tekma in aphukhate ahiehleh telcian pah ding uhhi. Hihbang ngaihdante i lungngaih ciangin, pawlpi a picin ding cihpen mailam ah omlai ding cihna ahi hi. Tua silpiakte in zong amau’ ngiimna tangtunzo nailo uhhi”—R. F. Cottrell, “Introduction,” in Ellen G. White, *Early Writings*, p. 140.

### Kikupding Dotnate:

- ① A tunga R.F. Cottrell kammal ombang hileh, Pasion’ pawlpi tungah Kha Siangtho hong tun thei ding in bang kisam hiam? Pawlpi kipumkhatna ding in Lai Siangtho genkholsate zuih ding koibang thupi nasa hiam?
- ② Paul leh Khristian dangte a sisate “*Khazih tawh*” vantunga maang hi cih a um nalawmte khat tungah sihna thu koibang in hilh ding nahiam?
- ③ Hih leitunga a lauhuai thuaksiatna te koibang in telsiam ding ihi hiam? Kidona lianpi in tuate teltheihna ding in hong koici huh hiam? A nunung penin singlamteh tungah Zeisu enin, Pa’ hong itna zong telcian in, hun siatpen laitak nangawn in banghang in umveve thei ding ihi hiam?

# Honghuh Dingin Utongte!

Gul ngawng peek note hong pung ahih man-in India gam Bangalore khua-a SDA huang sung-a Sunshine naupang kepna sang siapipa Beulah Fernandez pen om khong theilo hi.

Tua nu' patauh nading ahang nei hi. Tua ma kum nga lai-in ah pasalno khat pen hai kung nuai ah apaipai laitak-in gul in na tu hi.

Zato kipuak pah hang-in operation tamvei kibawl kha-in dam nading akum-in vei hi.

Tu'n gulte acre 10 huang pi sung ah pung uh hi: lampi, huan, mawtaw nuai, Beulah' inn pua te ah om hi.

Amah'n zong "Topa aw, hih mun pen naupangte aading amuanhuai mun ahi ding hi ve'n, hong huh in" ci-in thu ngen hi.

Gulmante zong sam uh-a amau pen inn sung-a mat bek kisek uh hi. Singgah nam tuamtuam a om huang pi sung-a gul zon ding pen ahaksa thu khat hi.

Siate le naupangte in thu lim nget mahmah uh hi.

Tua leh sia khat in utong khat hong mu hi. Khuapi laizang ah utong hong om pen ahi thei mah ahiam? Utong te pen gunei gulte ne hi ci-in ki thei hi.

Tua khit asawtlo-in zong sia dang khat in utong khat mu beh hi.

Asawtlo-in sang huang sung-a omte in utong nupa kop om lam mu uh hi. Huang sung-a om khempeuh in utong laam mu-in muhnop uh hi. Tua nitak-a kipan gulnote om nawnlo hi.

Gulte a om nawnloh hangin utong te omsuak-in naupangte leh siate cing suak hi.

Tuni dong mah-in zong nisim phial mah "utong" ci-in awng-in naupangte zong utong munuam-in va en uh hi.

Beulah in bel utongte pen athungetna uh kidawn'na hi ci-in um hi. Naupang kepna kum 45 sungah utong hong pai ngeilo hi.

Amah'n "Pasian in utong hong khah hi ci-in um ung. Pasian in atate it, huu-in ka buaina uh alamdang in hong veng sak hi" ci hi.

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*Na Sabbath sang sumpi in leitung kimkot-a SDA pilsinna panpih hi. Nasep nadingin na piak khat man-un ki lungdam hi.*

## **HILHCIANNA**

### **Khen I: A Huamin Etna**

**Thubulphuh:** *Philippi 1:21*

**Lungngaih Ding:** *Philippi 1:19-30; 1Thess. 4:14-16.*

Martin Luther King, Jr. in khatvei “mi khat in asih nading ahang amuh theih kei leh, hin ding-in kilawm kituaklo hi” ci ngei hi — quoted in Mark Water, *The New Encyclopedia of Christiian Quotation* (Alresford, Hampshire, England: John Hunt Publishers Ltd., 2000), p. 404. Paul in tua thu tawh azawitawn khat gen hi “nungta hi leng Khazih aading hi a, asi hi leng a met zaw ka hihi” na ci hi (*Phi 1:21*). Tua pen a mawk gen hilo hi. Paul pen Khazih aading-in si nuam hi (*Rom 14:8*), zong tua ci takpi hi (*2Ti 4:6-8*).

Paul in Late 44:22 man-in Topa kiang ah “Nangma hangin sun thapai in thahna ka thuak uh a, akigo ding tuute bangin hong kingaihsun hi” (*Rom 8:36*) na ci hi. Galati 2:20 sung-a agen zong lamdang i sak ding hilo hi “Khazih tawh kikhailum khawm khin.” Paul in Khazih aadingin kikkham khin ahiah man-in Khazih aading si ngam hi. Paul in “Khazih tawh kikhailum khawm khin ka hih manin kei a nungta hi nawn loin kei sungah Khazih a nungta ahi hi. Pumpi sunga om tulaitak a ka nuntakna in kei hong it in keima tanga amah mah a hong kipia Pasion Tapa ka upna tungtawnin a nungta ka hi hi” ci lai hi (*Gal 2:20*). Tua hangin Paul pen lungdamna thu aadingin nungta-in si-in om hi.

Tu kaal lesson in thugil thum en hi.

1. Pasion in na sepnopna lungsim tawh i om ding hong sam hi. Ama aading-in asi ding-in hong sam hi.
2. Sihna pen ihmudna tawh kibang hi kici-a, pumpi mahmah tawh thawhkikna pen sihna kizawhna hi, asi theilo kha hilo hi.
3. Khazih in Ama’ Kha tawh kipumkhat dingin hong sam hi. Ei khempueh kha galdona ah kihel ih hih man-in galhiam hoih i zat ding cih ciang bek hilo-in do khop ding hilai hi.

### **Khen II: Hilhciaanna**

#### **Tangthu Tom**

1555 kum July 1 ni-a khuam tung ah mei tawh kihallum John Bradford’ thu kigen hi. Bradford pen “England kumpi Edward agukna ii sia hi, ama hun-in Pasion thu gen minthang te lak pan khat hi. Ahiah hangin ama upna hangin thah thuak hi. Amah kihallup nadingin Newgate

lam ki paipih-a, vaikhaknop a om leh ci-in vaikhak khuan pia uh hi, amah zong West London pan Newgate atun dong leeng (wagon) sung pan-in “Khazih, Khazih, Khazih lo kuamah omlo” ci-in kiko hi.” — Paul Lee Tan, *Encyclopedia of 7,700 Illustrations: Signs of the Times* (Garland, TX: Bible Communications, Inc., 1996), p. 787. Bradford zong Paul bang mah-in Khazih aading ahin’, asihna tawh Pasion nasepna ah kipia hi.

### Khazih ading Hin’na le Sihna

Philippi 1:21 sung-a Paul’ kampau pen alaikhak khempeuh lak pan ciapteh huai pen khat hi. Khazih aading-in ahin’ nopna — hih tak ah pelh theihloh dongtuahnate cihna hi — le sihnopna pen aneu 20 sung-a alamet na tawphah sak hi “Maizumna bangmah nei loin ka hansan ngei bangin ka hangsan lai ding a, ka si a ka hing zongin ka pumpi tawh Khazih minthansak ding lunggulh in ka lamen hi” (*Phi 1:20*).

Sihna pen metna hi acih pen thu lamdang khat hi. Bang acih nopna hiam? Mi khat in asihna pan bang met thei ahiam? Philippi 1:23 ah “Khazih tawh omkhawm dingin sih ding ka ut a” ci-a Paul’ lunggulhna bulphuh in-ah pawlkhat in Paul pen asih khit lian teh Khazih tawh omkhawm pah ding-in la uh hi. Ahi zongin tua thulaak pen Lai Siangtho in siangtak-a ahilh kha silo ahil loh lam leh sihna pen ihmudna hi cih thu te tawh kitukalh hi. Paul in sihna pen metna hi acih itel nading-in “metna” cih kammal i et kul hi (Greek kammah *kerdos* hi), verb in-ah “met nadingin” pen (Greek kam ah *kerdainō* hi), gelhna dangte ah zong tua mah hi. Philippi 3:7, 8 sungah Paul in met (*kerdos*) acihsa pen tu’n “Khazih hangin supna” in la ta hi (*Phi 3:7*); ahang pen “Khazih Zeisu ka theih” man hi (*Phil 3:8*). Paul in sianggen beh hi, ama hangin “na khempeuh supna hi ci-in ka ngaihsun hi. Khazih amet-a ka ngah theih nadingin (*kerdainō*) ... ” (*Phi 3:8*). Tua hi-a Paul aading in-ah atawpna teh Khazih nihveina hong paikik ciangin (*2Ti 4:8*) amit tawh mu ding cih na tawh sihna pen metna suak hi.

Philippi 1:21 sung-a “metna” (*kerdos*) ah nasepna kha thu (sense) om hi. Corinth Masa 9:19-23 ah Paul in *kerdainō* pen nasepna lam ah (missionary) na zang hi: “mi atam thei thei ka ngah (*kerdainō*) nading-in mi khempeuh nasem ka kisuak sak hi. Jew mite ka ngah (*kerdainō*) zawh nading-in ... thukham nuai-a om mite ka ngah (*kerdainō*) nading-in ... thukham a neilo mite ka ngah (*kerdainō*) theih nading-in ... thanem mite

ka ngah (kerdainō) nading in thanem mi bangin ka om hi.”

Hih thu ah, Philippi 1:21 hilhciaanna in hong huh hi: “[Paul] pen Khazih minthang sak nuam hi. A Topa in Paul nunzia leh thugenna pen ahoih pen-in amuh leh Paul in tua cih sawm hi. Mi thumaan khat ii sihna pen hehpihna thu lawhcin sakna zong hi thei veve hi. Ama sihna le lamet ding neilo mikhat sihna kikal kibat lohna in Khazih kumpigam aading in huzaap neisak ding hi. Sihna tuah khak laitak-in Pasian tungah lungmuanna in mite’ lungsim lawng-in neemsak hi.” — *The SDA Bible Commentary*, vol. 7, p. 147. Paul in bel asihna zong missionary nasep mah hi ci-in seh hi (Phi 2:17; 2Ti 4:6, 7 tawh saikaak in). Anuntakna akham man-in “Philippi pawlpi mite kipiakkhiat nading-in thapia ... aletkip upna bang hiam cih mi pawlkhatte lungsim alawngkha dingin” ngaihsut tuak hi. — *The SDA Bible Commentary*, vol. 7, p. 160.

Paul in thawhkikni teh atuahding thu pen Khazih mukha ding cih ahih man-in sihna pen hamphatna-in mu hi. Paul in asih hun le nihveina hong pai kik ding kikaal-in han ah lum ding ahih lam zong kithei hi.

### Sihna pen Ihmutna tawh Kibang Hi

Paul in sihna pen ihmutna in teh hi (*1Th 4:14, 15*), khua phawk lo cihna hi. Hih idea pen lungdamna bu sungte-a Zeisu’ hihlte tawh ki zawitawn hi (*Luk 8:52, 53; Joh 11:11-13*). Akitel mahmah khat pen Jairus’ tanu thawhkikna tangthu hi. Matthew le Markte in Zeisu in numeino pen aihmu hi acih ciangin mipite’n na zahpih uh hi (*Mat 9:24; Mak 5:39, 40*) acih laitak un, siavuan Luke gen pen kician zaw hi: “Amaute in numeino a sih khit lam thei uh ahih manin Zeisu zahpih in anuihsan uh hi” (*Luk 8:53*). Tua ban ah Luke mah in agelh Sawltak bu sung ah Stephen sihna kipsakna ah — manglai ah KJV “he fell asleep” (*Sawl. 7:60*) amah ihmuta na ci hi. David thu ah zong tua bang mah-in kici hi (*Sawl. 13:36*).

Pupate sihna thu ah Peter in “fell asleep” na ci hi (2 Pet 3:4). Peter gen “pupate” cih pen akhang khinsa Christiane hiam, taang pupate acihna hiam cih Lai Siangtho siamte kiseelna nei uh hi, hih bang-in khen khat pen matlap omlo hi. Kua kua aci nuam ahi zong-in sihna pen khua phawk lohna-in kigen hi, zan sim-a i ihmut tawh akibang hi. Zeisu athawhkik lai-in “ihmu khinsa mi siangtho tampite kithosak” (*Mat 27:52*) thu zong ciapteh taak hi. Matthew gen hih thu pen thupi hi, tua in sihna pen ihmutna tawh kibang hi cihthu bek ah hilo-in pumpi tawh thawhkik na pen sihna ven’sakna hi cih kaw k hi.

Gen sa bang mah-in Paul in sihna pen ihmu tawh kibang hi ci-a a-up pen Zeisu' thuhilhte sung ah zungthuk khakna hi-in sawltak dangte ngaihsutna te tawh zawitawn khawm hi. Tua bang in-ah Lai Siangtho in mi tampite' ngaihsut dan-in sihna pen khua phawk-in omna hi cilo hi.

### **Khazih Sungah Kipumkhatna**

Paul in Philippi 1:27 pan-in (*Phi 1:27-30*) ama thuakna asuutna pan athu gen angaite Khazih aading na asepnah ah athuak ding te kuppiah hi. Thugil nih Phi 1:27 ah dawkh hi. Khazih asun nunzia leh kipumkhatna hi. Thu umte pen Khazih a up man-un langdona leh thusia atuak zong un gamtat hoih lak-in kipumkhat dingin kihanthawn hi.

Paul in thu ummite lak-a omzia ding thu nih gen hi: tua pen “lungsim khat” le “ngaihsutna khat” te hi (*Phil 1:27*). Hih kammal nih te alaigelh na sung ah om suak hi. Tua thukawng zui-in Paul in Philippi pawlpi te'n amah alungdamna akicin sak nading-in “na ngaihsutna uh kituaksak unla, akibang itna nei-in lungsim kikhual leh tupna kibang in om un” ci hi (*Phi 2:2*). Philippi 4:1-3 sung ah Paul in tua kipumkhatna pen mission lawhcin nading athupi khat hi ci-in na hemgen hi.

Philippi 4:3 in compound mal li na zang-a Greek particle *syn* (“tawh” ahikheileh “pawlkhopna tawh”); *syzygos* (“hakkol puakpiah”); *syllambanō* (“pangkhawm”); *synathleō* (“phu khawm”); *synergos* (“nasep piah”) te tawh na kop hi. Tua bang-in Paul in lungdamna thu ataangkona ah nupite pen “nasem khawm,” nasepnah ah kihel khempeuh “naseppiah” na ci hi.

### **Khen III: Nuntakna-ah Zatpah Ding**

Anuai-a kigen thugilte lungngai in. Tua khith teh Sabbath sang hong paite kiang dong in.

Zeisu in “nungzuipa in a siapa sangin lianzaw lo a, nasempa in a topa sangin lianzawlo hi” ci hi (*Mat 10:24*). Thuhilhna tampite lak ah hih thuhilhna ah kinialna, thuakna, kithah ding thute kihel hi. John 15:20 ah Zeisu in “amaute in kei hong bawlsia uh ahiah leh note zong a hong bawlsia ding uh hi” ci hi (*Joh 15:20*). Khazih aading na sem i hih man-in thuhaksa atuak ding-in kizosa i hih kul hi. Lai Siangtho in Satan pen “hun tomcik bek neilai ahiah lam thei” (*Mang. 12:12*) ahiah manin lungdamna thu mi paunam kim kiang kigen theih loh nadingin kuhkal tak-in na sem hi ci hi. Pasian' mite zong kuhkal tatk-in na seploh phamawh hi.

Khazih in na asem dingin hih angin hong hanthawn nahi hi. Na i sep laitak in i sih khak leh zong ei pen nihveina hong pai kik teh athokik dingin haan ah ihmu-in angak ki hi ding ki cih sa hi. Pasion in vantung mi thumna hun sung-a micitak asite mangngilhlo hi. ““Tu a kipanin Topa thu ah a si mite mi hampaha mahmah ahi hi, cihna gelh in,’ a ci hi. Tua ciangin Kha Siangtho in, ‘Hi takpi hi. Amaute’ nasepna thaman in amaute zui ding hi”” (Kil 14:13). Tu tadih bel thwak zawh keikai ding kisam hi (Kil 14:12). Ei pen singlamteh leh nuntakna lukhu i kheekma dong (Kil 2:10) i singlamteh ciat pua-in Khazih nung zui dingin hong kicial hi (Mat 10:38). Tu tadih bel ei pen i gaalpa dokhop loh phamawh hi. Paul in “Banghang hiam cihleh si le sa tawh kido i hi kei a, a zalianpente, a thuneite, tulai leitung khuamial a ukte le vanlam a dawu gilo honpite tawh a kido i hi hi” ci hi (Eph 6:12). Khazih sung ah kipumkhat in Pasion’ galvante silhkawm lehang agualzote hi ding hi hang.

## Dotnate:

- 1. Biakna thu tawh bawlsiat nathwak khak hun ngaihsun in. Khazih aading na thwak ciangin na upna tha hong koici khauh sak hiam?**

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- 2. Bang ma apang ding-in Khazih in nang hong sam hiam? Ama aadingin nang bang sep sak na hiam?**

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# Kiniamkhiatna Tawh Kipumkhatna



## SABBATH NITAAK

**Tu Kaalsung Simding:** *Phil 2:1–8; Jer. 17:9; Phil. 4:8; 1Cor. 8:2; Rom. 8:3; Heb. 2:14–18.*

**Kamngah:** “Ka lungdamna a kicin nadingin na ngaihsutna uh kituaksak unla, a kibang itna nei in lungsim kihual le tupna kibangin om un.” (*Philippi 2:2, ZSV*)

**P**umkhatna in thahatna hi. Ahihhang thumaan theihna in bawlna tawh kibanglo hi. Kipumkhat in hanciamna ah zong lelna kithuak thei veve lai hi. Ahihhang tuazong pumkhatna suksiat nading zong hituanlo hi. Tua ahih manin Paul in Philippi mite tungah “Khat le khat ki-it in lungsim kituak in om ding” ci in laikhak den hi.

Kipumkhat theihna dingin Zeisu thuhilhna le limlahnate Paul in bulphuh hi. Lai Siangtho Thak sungah a diakin laikhakte sungah thubulphuh hiphadiak hi. Vanmi khatin kiphatsakna tawh munsang leh vang a deihna hangin, a picing vannuai buppi ah kipumkhat lohna hong kizeel hi (*Isa. 14:12–14*). Tua vanmi in Pasian in amah apiakna mun tawh lungkim lelpeuh lo in a sangzawna mun kahto nuam sawn sawn ahih manin Eden huan sungah munkip hong la hi (*Pian. 3:1–6*).

Tu kaalsung, pawlpi sung pumkhat na’ng Lai Siangtho bulphuh in ending hang a, Zeisu in Ama’ vangliatna nusia hiau in hong kiniamkhiat sukna, Amah etna tawh hamphat theihna leh, Amah tawh kibang semsem theihna ding cihte sinding hihang.

\* January 24, Sabbath ading kiginkholhna in tukaal lesson sim in.

## Philippi ah Pumkhatlohna

### **Simin,** Philippi 2:1–3. Pawlpi sung pumkhatlohna in bangthu hih tuak hiam? Bang tawh bawldam ding Paul in ci hiam?

Paul in amah tekin a phuhngiatsa a itmahmah pawlpi sungah vang kidemna peuh tawh hun le tha beisak in hong omuh amuh ciangin lungkiatna lianpi hong nei hi. Tua buaina a pulaakna dingin kammal khauh mahmah zang hi. “Huaiham nopna lungsim” cih pen (Greek, *eritheia*) hi-a, Philippi 1:16 sungah zong khatvei zangkhin a, Paul in zong a lunglut mahmah Rome khua a om ama’ kidempihite in, Khazih adingin mainawtna piangsaklo zaw in, amau mahmah tha kipia zaw uh hi.

“Huaiham nopna lungsim” cihpen cilehsa nasepna hi (*Gal. 5:20*) a, James in zong “eenna le huaihamna a omnakleh, buaina le siatna nam khempeuh tawh kizom pahpah” (*James 3:16*) cih. Greek kammal in “kiliatsakna” cihpen Lai Siangtho Thak sungah kizang mahmah a, Lai Siangtho tawh akizom laidangte sungah, kiliansak, kiphatsakna tawh eimah kiliansak tawm cihte cih. Paul in zong a kibang kammal mah tawh Galati mite a hatthotna ah: “Kuamah kiphask lo in, khatlehkhat kiphin lo in, kuamah i kihaza kei ding hi” (*Gal. 5:26*) cih.

Buaina teng bawldamna dingin Paul in a gualhsuk teng:

1. *Khazih sungah hehnepna*: Khazih in a limlahnate pen hanthot na thahat pen hi Paul in cih.
2. *Itna tawh hehnepna*: Zeisu in vantung itna hong lah in hong thupiakna “Ke’n note kong it mahbang in note khatlehkhat ki it un” (*John 15:12*).
3. *Kha sungah kikhawl*: Khasiangtho hong ompihna in pawlpi masa sungah a lut Khristian kikhawlhna piangsak (*Sawl. 2: 42 le 2Cor. 13: 14 simkak in*)
4. *Ki-it kingaihna*: Hihpen vantung aa hi a, Zeisu nundan sungah kimu hi (*Matt. 9:36; Matt. 20:34; Mk 1:41*) Samaria mihoihpa tangthu (*Lk 10: 33*) le tapa vakthap tangthu (*Lk 15:20*)
5. *Hehpihna*: Hihtawh kisai Zeisu in a pulaakna ah, Ama’ nungzuite’ nundan in lahkha ding cih (*Luka 6: 36*).
6. *Lungsim kibangin itna kibang nei, Lungsim kituak, lungsim khat*: Kipumkhat na a thahat semsem nading Paul in a thupit sakte pen ngaihsut zong haksa mahmah hi. Paul hong lahkhiat nop lungsim pen “Zeisu Khazih sunga om” (*Phil. 2: 5*) cih.

## Kipumkhatna' Bulpi

Phil. 2:2 sungah pumkhatna a pulaak pen ngaihsun lecin, a kibang gige mah namli in hong khensak hi. Paul in lungsim, ngaihsutna le theihna cihte thupi sak hi. Biakna makaite in pualam gamtatna a thu pitsak uh hangun, Zeisu in sunglam ngaihsutna le theihna bulphuh hi. Etpak dingin, khangno mihaupa in thukham kazui den hi cih. Ahih hang neihsa khempeuh zuak, mizawngte pia in, Amah zui ding cih pen, leitung' nate lunggulh lua ahihlam Zeisu in a pulaakna hipah hi.

Tua ahih manin lungsimpan hong paikhia te in mihing niinsak hi: "Lungsim panin mi thahnopna, mi'zi tawh mawhnopna, nungak tawh mawhnopna, guktakna, zuau genna, mi gensiatna le ngaihsutna hoihlo a tuamtuam hong paikhia" (*Matt. 15:19*) a, "Lungsim sungah thu om pen kam in a genkhia hibek hi" (*Matt. 12:34*) cih.

### **Simin, Phil. 2:3, 4. Pumkhatna neihtheihna dingin pawlpi in bangci kalsuan ding ci hiam?**

Paul' kammalte in kiniamkhatna sangkhai hi: lungsim niamkhiat na, eimah sangin midangte hoihzaw sakna, eima' angung bek khual lo-in mi ading ngaihsutsak ding cih. Sepding sangin genkhiat baih zaw mataw! Hibangte pen mi-tawh kikhawlhna sungah a thupi thu khun vive ahi hi. Kiholimna sungah, a langkhat pan thu kisung teng hoihtak in ngai ding hang a, amau thugenna pan bang thubuai omthei ding cih sangin; eima' dawnkik nading peuh kibulphuh zaw thei hi.

Lungsim kituaklohna zong muhna kibatlohna hang hiziau lelthei a, hoihtak ngaihsakna tawh zong kipeel theilel hi. I thukim kei phial zongin, mi' thugen limtak ngai in, ama' cihnopna telcian mah mah leng, kikhawlhna zong hong cidam ding a, upna kepcinna dingin zong kalsuan masakna hipah ding hi.

Paul in Kha Siangtho tawh kipumkhatna gen hi (*Eph. 4:3*). Tua in "hong pumkhat sak kilemna" (*Eph. 4:3*) cih. Pawlpi sungah lung kituaklohna a omleh, Kha Siangtho in tua tui daisak thei ahong pumkhat sakkik in hong thukhat sak ding hi. Tualai mahah Paul mah in, "Pasian' Tapa theihtelna le thu upna ah kithu khat" (*Eph. 4:13*) cih. Tua gel a kizom ahi hi. Upna kibang, Lai Siangtho telcian na kibang cihte in Khazih le Ama' thuhilhna telcianna pan hong piang hi a, eite sungah pumkhatna hong kipsak thei hi.

**Midangte in ei sangin hoihzaw sakttheihna in, bang huaihamna sisak thei ci hiam? Tuabang in koici hihthei ding ihi hiam? Tua bang vive hikhin leng kikhawlh dan koibang in kilamdang thei ding hiam?**

## Ei le Ei Kikhel maw Pasion KiKhel'sak?

Leitung mun tuamtuam ah company tampi pilna nakzat mahmah in miHING' khuak bek hilo computer tawh kikop in nasem ngeingai ta uhhi. Thukhat ah, computer le lungsim kizomsak in, miHING' ngaihsut na tengpen computer tawh huzaap dingin lam-en uhhi. Set khuak kithun le miHING' khuak tawh kigawm in hoihzaw thei tham a, kaih natna, lungkiat natna le ngaihsutna' thagui lam natna cihbang natna lauhuaite muh ding haksa khollo lel hi. Lungsim kepcin theih ding zong gamla nawn khollo ding hi.

Tuabang omkhin zong cihtheih ahi hi. MiHING' khuakpen Computer tawh kibang hi-a, hoihzaw tham pek hi. Nisim in thupiang te in miHING' lungsim sungah hong luangsuk den ahih manin, miHING' khuak sungah kikhum zel in miHING' ngaihsutna, lungsim, khuaphawk na leh tatna hekna hong makaih den hi. Media sungah kidiah luat ciangin, lungsim sungah Leitung ngaihsutna peuh hong lut in, tuabang ngaihsutna peuh kinei toto thei hi. Midang' lungsim peuh hong kiguan ahih keileh hong kihel bang hiliang hi.

Eite in, Zeisu mahbang in “khalam lungsim” (*Rom. 8:6*) neiHding ahi hi. “Pasion' Kha Siangtho bekmaH in Pasion' thu a cingin thei hi” (*1Cor. 2:11, 12*). Eite' sia kua hi a, bangteng kisin ihi hiam?

### **Simin, Philippi 2:5. Khazih' “lungsim” nei cihin bang a cihnopna hiding hiam?**

Eima' ngaihsutna i khelthei ta zongin i lungtang kikhel theilo; Pasion bekin khelthei hi. Kha Siangtho in “Kha Siangtho' tem” tawi in lungtang hong aatsak kul (*Eph. 6:17*) a, “a nungta a vanglian” Pasion' kammal in “kha le lungsim, guhlehtaang kituahna, guh le guhngék dong in khenkhia thei hi” (*Heb. 4:12*). Kha Siangtho tung tawn bekin eimah zong a kitheizo ihi bek a, eima' pianzia eima' lungsim in khem hatpen hi (*Jer. 17: 9*). Khemhat cihpen Hebrew pau in ‘aqov hi a, a phok liaplup leimaitang; zaigen leng, a kawi neunau, a kizial gawp, a kikingkalth cihna ahi hi. Eite in lungsim “thaksuah” in “bangin hoih, bang in Pasion lungkimsak, bang te in kicing, Pasion deihna bang hiam cih thei ding” (*Rom. 12:2*) cih.

**Paul in: “Sanggamte aw, a tawpna ah ka hong gennop thu in, a hoih le a phat taak thute tawh na lungsim uh kidimsak un. Tuate in amaan, adik, atang, a siangtho, a deihhuai le a pahtakhuai thute ahi hi. Hibang thute nalunggulh un” (*Phil. 4:8*) a cihpen banghang in thupi nasa hiam?**

## Khazih' Lungsim

Muhammad Ali in “Kei ka lianbel hi” ci ngei hi. 1963 kum August kha, leitung buppi boxing kitupna ah champion a ngahma kha guk lai in, “Kei ka lianbel hi” cih album khat hong khahkhia khin zo hi. Ali in, kimawlna ah lian takpi ahihhang, Khazih' lungsim zuih ding in a zongmi khat a dingin etteh taakcing hetlo hi.

A langkhat ah, Zeisu in mawh baanglo sitset hi. Amah zong “eite mahbang in... munkim” panin kize-et hi (*Heb. 4:15*). Ngaihsutna neu cik tawh zong mawh deklo hi. Bekthamlo, Hebrew 5:8 sungah “Amah in Pasian' Tapa hi napi in thuakna tawh thumang ahiththeih nading kisin hi.” Zeisu in A Pa' deihna bang a ki-aapna in picingden ding hi. Baih hetlo mah ding ahihhang, ki-aap ding anial hun om ngeilo hi.

**Simin, Philippi 2:5–8. Lai Siangtho sung hoih a kisak pen namun ahi hi. Paul in bang hong gen nuam hiding hiam? Hih kammalte in koibang huzaap nei hiam? A thupipen in hihteng ah a kipulaak teng eima' nunna ah i koici zat hiam?**

Zeisu in, Pasian tawh a kikim, Pasian hipah napi, mihing hong suaksuk bek thamlo, “thaman ngahlo sila” (*doulou*, sila, sal) hong suaksuk in, eite' mawhna adingin Amah hong kipiasuk tawm hi. Mundang khat ah, Zeisu in “ei adingin samsiat thuak” (*Gal. 3:13*) Paul in ci hi. Pasian, hong Piangsakpa in, eimah hong Tankhiapa ahiththeih nadingin, ei ading samsiat thuak ding a kikalhna bangin singlamteh tungah hong sihlawh hi.

A tunga kammalte in koibang in i lungsim hong tuamthei hiam? Tua bek thamlo, hih kammalte in bang hong hihsak nuam a, eimah kiniamkhiat tawmin, midangte phattuum nading lungsim hong puasak nuam cih koibang in hong theisak hiam?

Mundang khatah zong Zeisu in: “Note lakah a lianpenpa in nomau' sila hiding hi. A kiliansakte khempeuh in niamkhiat thuak ding uh a, a kiniamkhiat khempeuh in a lianin kibawl ding hi” (*Matt. 23:11, 12*) cihi. Hih thu tengin, Paul in Phil. 2: 5-8 sunga eima sep ding tengmah hong lahkhiatna ahi hi. Tua sangin a vanglianzaw kammal tawh Paul mahin a gen masakna ah “huaihamna lungsim le kisialh nopna lungsim tawh bangmah hihlo ding” (*Phil. 2:3*) cilai hi.

**Philippi 2:5–8 sunga Khazih in hong hihsaksa acihteng pen eite'n koici dawngthuk thei ding ihiam? Khazih in eite ading hong hih sak sate adingin khukdin in biakpiakna lo adang tawh “a kicing” in thuk theilai ding i hiam? Khazih in hong sepsaksa pen ei' sepna tawh behlap ding cihpen banghangin khial lua thei hiam?**

## Biakpiakna ii Thuthuk

A minthang Lai Siangtho munkhat 1Cor. 8:2 “Mikhat in thuthei in a kingaihsut leh, a taktak in atheih dingin a kilawmzah a thei nailo ahi hi” cih. Eite theihkim subject khat zong omlo hi. Na khatpeuh tawh kisai kisinbeh tawntung lai hi. Thumgawm Pasion le hong Sunglutna in thupiang taktakte ahihna bangzah thumaan hi hiam? Zeisu in Amah mah hong niamkhiat tawm cihthu Paul in zong gen phapha hi. Tuathu mahmah a tawntung in kisin leng zong kicing zonailo ding hi.

### **Simin, Rom 8:3; Heb. 2:14–18 le Heb. 4:15. Zeisu in Amah mah hong kiniamkhiat tawmna bangtawh lim honglak hiam?**

Kha Siangtho’ nasepna tawh (*Lk 1:35*) koibang in tawntung Pasion’ Tapa in Mary’ naubu sungah van-mihing khatin hong omthei hiam? Tawntung Pasion in sihtheihna tawh ciangtan om mihing khat hong suaksuk vat cihpeuhmah lungsim sungah umbang umlo bang hong hisak hi. Tuathu hangmah in Paul in “eite’ biakna pen thuthuk” (*1Tim. 3:16*) cih.

Philippi 2 na sungah la hoih mahmah khat sungah Zeisu in Amah hong kiniamkhiat tawmna thu pen Lai Siangtho mundang sang in zaknophuai zawtham hi.

- “Pasion’ pianzia nei” (*Phil. 2:6*). Hebrew *morphē* (pianlim) cih pen vantung pianzia hi-a, Zeisu in Pa tawh kikim hi (*John 1:1 simkak*).
- “Amah kihawmsak tawm” (*Phil. 2:7*). Zeisu in Amah hong kihawm sak tawm cih pen, eite mahbangin mihing hihna tawh ze-etna thuak dingin vantung ah Ama’ hihtheihna teng nusia cihpen lamdang hi.
- “Amah hong ki niamkhiat tawm” (*Phil. 2:8*). Mihing’ dinmun a laak ciangin, vantung ah a sangpenna khempeuh hemkhia dikdek in sal khat bangle in hong omna pen Lucifer tawh kilehbulh lua hi.
- “Sihna, singlamteh tungah sihna” (*Phil. 2:8*). Pa Pasion tawh vai hawm khawm in, Zeisu in hongteel “kilemna thukhun” (*Zech. 6:13*) omsa sangin a tualniam zawlai simmawh bawlsiatna dang om nawn lo hi. Tuahang mahin tanglai in Moses in gamlak ah gul’lim na khai khinzo hi (*Gam. 21:9; John 3:14*). Tua banah, “Pasion tawh a kibang in midik i suahteih nadingin mawhna aneilo Khazih pen eite’ tang dingin mawhnei mi a suaksak hi” (*2Cor. 5:21*).

**Singlamteh tungah eite a dingin Zeisu in hong hihsaksa thute bulphuh in – singlamteh pen eite kipumpiakna le kiniamkhiatna in muthei in – a kiniamkhiat zawleh Pasion tungah kipiakna koi bangin suaksak thei ding ihi hiam?**

**Ngaihsutbeh Ding:** “Mihing’ lungtang panin akhang akhang in hong luangsuk pa’ itna pen mihing’ kha sungah hong luangsuk lung nemna tuinak bang ahi hi. Ahihhang ciangtan omlo tuipi bang ahi Pasion’ itna tawh etkakna in bel, luino khat hilelbek hi. Kamtawh gen zawhloh, laikung tawh lah zawhloh hi. Nisim in lunggulh tawntung in na neithei ding a; Lai Siangtho zong telcian theihna dingin lungsim taktawh na kisinthei ding hi. Vantung a i Pa’ hong itna le hehpihna telcian theihna dingin Ama’ vangliatna mah nasam thei ding hi. Tuata sangin a sangzaw kanlai tehpih omlo zong omlai hi. Tua itna peuh mah nuntak sungteng kisinsin ta lengzong: leitung adingin sihna thuaksak dingin Pasion in Ama’ Tapa tanghial hong piakkhiat hong itna a sauna, a zaina, a thukna le asaanna pen kitelzo nailo ding hi. Tawntung hunin zong tuathu pulaak khiazo nailo ding hi. Eite in Lai Siangtho simin Khazih’ nundan le hong tatkhiaat na’ng ngiimna teng lungngai ding hileng, hih thukhunte in eima lungsim a zaizawsem in hong honsak sawnsawn lai ding hi”—Ellen G. White, *Testimonies for the Church*, vol. 5, p. 740.

“Moses in Khazih’ sang akah mahbang in eite zong sangkhaat ding hileng, bangpeuh i kisin tammaw? Ki liatsakna peuh, eileh ei ki laptoh ding peuh maw?—Hilo e. Hih sang ah kakhka leng lungnemna leh kiniamkhiatna hong khangto sak ding hi. A theihhuai teng thei khinzo ing ci in ngaihsun kha kei in. Pasion hong piak talent te a hoihpen in zang leng, sihtheihna pan sih theihlohna i galkah khit ciangin, hahkat takin i thalawhsa khempeuh nutsiat kullo in, hua galkhat lamah ki keng theita ding hi. A beitheilo khang tawntung in, Khazih leh Ama’ hong tatkhiaatna nasep tengpen, eima laisimbu hi tawntung ding hi”—Ellen G. White, Manuscript 36, 1885.

### **Kikupding Dotnate:**

- ① Pasion hong itna maan taktak koibang in na tuak kha ngei hiam?
- ② Zeisu in “mihing bangin” (*Phil. 2:7*) hong piang cihthu nang a dingin bang khiatna nei nasa hiam? Rom 8:3 tawh saikak in.
- ③ Nangma omna munah na pawlpi in kipumkhat na’ng bang tona na maingat hiam? Bangbang hitaleh, kiniamkhiatna tawh “huaihamna le kisialh nopna lungsim” (*Phil. 2:3*) neihloh ding bang hangin thupi hiam?

# Sum Kitasam Ngeilo

Kum 11 apha Alvan Harold pen Kenya gam Kisumu khua-ah sang pan inn aciah na ah a ip sung ah sumtang ging azakteh nuamsa hi. Sum nei leh sai-a aduh ice-cream khawng lei zo hi.

Ni khat, tan' nga Lai Siangtho hilh sia nu in Alvan kiang asum ip thu genpilh hi. Sianu-in “na sumte moh leina-in zangbei ken'la, pawlkhat Pasion adingin Sabbath ni ah khia in” cihi. Alvan pen Sabbath sumpi pia hi. Tuapen Sabbath zingsang-a apa' piak hi. Sianu in tua thu genpilh hi.

Sianu in “na pa kiang pan na ngah sum biakinn ah na khat pen na pa' aading apia hi bek-in na sum apia hilo hi” ci hi. Amah'n Malachi 3:8 sim pih hi: “Keimah in note kong dotnop thu pen, mi khatpeuh in Pasion' na guksak ding kilawm ahi hiam? Kilawm lo hi napi-in note in nong guksak uh hi. Ahi zongin note in, ‘Bang hong guksak ka hi uh hiam?’ na ci uh hi. Sawm-ah-khat piakna le biakpiaknate ah nong guksak uh hi.”

Alvan in a sianu in amah gensia sa hi, tua pen deih lo hi. Sianu pen tawm maan mah-in cia ci kik zel hi. Tu'n Thursday hita, Alvan pen tukaal-a zat ding asum teng zang bei khin hi. Mai kaal teh Pasion ading khen ning ci hi. Tua kaal ah zong zang bei veve hi.

Khanh beita, Alvan zong lungkia hi. Sum khol thei mahmah lo hi.

Ni khat, kum 17 apha a u Allan tawh inn ciahkhawm-in ice-cream sai mai tawn uhhi. Alvan in sum pia-20 nei hi, amah'n ice-cream leisawm hi.

A upa in “ice-cream neek kawm-a lampai khawng naupang vai, ice-cream nekawmte tawh lam pai khawm nuam ke'ng” ci hi. Alvan zong heh hi. Amah'n ice-cream ne nuam hi, ahiah hang'n lah nial zolo hi. Tua ahiah man-in leilo hi.

Sabbath ni a tun' ciangin a ip sungah pia-20 omlai hi. Amah'n zong apa' piak sum le pia-20 sumpi-in khia khawm hi. Ama' sum Pasion apiak ciangin ama'n nuamsa hi. Aduh ngawl-in sumpi khia-a sum lua kisalo hi.

Maikaal teh zong Alvan in pia-20 siit-in sumpi khia hi. Nop asak theihna khat pen nuamsa hi. Amah zong Sabbath sim-in pia-20 khat ta hi — tuni dong mah khia suak hi. Sum kitasam ngeiloh lam amah'n zong lamdang sa hi. Tua ma ah bel kaal bei dong asum kicing ngeilo hi. Tu'n bel sum kicing den hi. Gen taktak le hang, pia-20 sang'n tam nei zaw pahpah-a sumvalte apa ap kik hi.



Khat veivei teh Alvan pen ice-cream, moh cihte lei nuam thei hi. Ahi zong-in Sabbath ni teh Pasion a piak dingin amah le amah kiphawk sak hi. Amah'n “Kei lunggulhna sang-in Pasion' na mah hoizaw ci-in kei le kei kiphawk sak ing” ci hi.

**Khen I: A Huamin Etna****Thubulphuh:** *Philippi 2:2***Lungngaih Ding:** *Philippi 2:1-11*

Philippi 2:1-4 in Christian omzia ding (*Phi 2:1-18*) Khazih' kiniamkhiat zia Paul in kuppih hi. Pasion ki ap, it, kithuah dingin Khazih eite' etteh pi ding Pa hi. Khazih in leitung ah na ahong sep laitak-in Apa tawh kizom mahmah-a apumkhat dan uh gen phapha hi (*Joh 5:19; 10:30, 38; 12:45; 14:9, 10; 17:11, 21-24*). Tua bang mah-in Kha Siangtho tawh a ki pumkhat lam zong Zeisu in gen hi (*Joh 14:16, 26; 15:26; 16:7*).

Tothumte pen atawntung in kithuhual, kipumkhat uh-a thu umte etteh dingin lim hong pia hi. Paul in hih thu Philippi sung bek ah hilo-in alai dangte ah zong gen pha mahmah hi. Gentehna-in Corinth masa ah hici gen hi: “Sanggamte aw, tu in i Topa Zeisu Khazih min a kong thum nop in ah note sungah pawl kikhenna a om loh nadingin na vekpi un kithukhat in thugen un. Lungsim kibang, ngaihsutna kibangin hoihtakin kipumkhat un.” (*1Co 1:10; Rom 15:5-7; Gal 3:26-29; Eph 4:1-6; Col 3:12-15 te tawh saikaak in.*)

Tu kaal lesson in thugil thum en hi.

1. Khat le khat ki-it, kipumkhat ding pen Zeisu nung azui Christiante vaipuak le aki lamen luheekzia hi.
2. Christian i hih man-in Khazih bangin ngaihsun ding-in hong kicial hi. Paul in Khazih abang lungsim gen pha mahmah hi.
3. Ciangtan nei i lungsim in ciangtan neilo Khazih mihing-a hong kiniamkhiatna tel zolo hi. Hih kiniamkhiat sukna pen akitel zolo ding thusim hi.

**Khen II: Hilhcianna****Tangthu Tom**

“Tuahsiat loh nading-in mualtung kahte'n khau kikhik khawm uh hi. Tua acih man un khat taal kha leh zong silo thei hi. Midangte in adin' kik theih nading-in na ngak thei hi.

“Pawlpi zong tua dan bat huai hi. Khat tawtaal kha leh adangte in adin kik theih dong let huai hi. Ei khempeuh pen Kha Siangtho tawh a ki khik te hi hang.” — Michael P. Green, *1500 Illustrations for Biblical Preaching* (Grand Rapids, MI: Baker Books, 2000), p. 66.

**Kipumkhatna le Itna**

Philippi 2:1-4 sungah Paul in angsung theihna pen pawlpi kipumkhat

theihlohna ahang pi hici hi. Amah'n hi ci gen hi, “angsong khualna le kisialh nopna tawh bangmah hih kei un” (Phi 2:3). “Angsong” le “kisialhna” cih kammalte Greek kam *eritheia* le *kenodoxia* kilet hi-in Thuciam Thak ah kidawk pahpah lo kammalte hi. *Eritheia* pen sagih vei kidawk-in Paul laikhakte bek ah kimu hi (*Rom 2:8; 2Co 12:20; Gal 5:20; Phi 1:16; Phi 2:3; Jam 3:14, 16*). *Kenodoxia* pen khatvei bek dawh hi. *Eritheia* pen Greek version Septuagint Thuciam Lui ah kidawk loin *kenodoxia* pen thumvei bek dawh-in thukham bu sungah na hilo lai hi. Tua hi-in Paul in Philippi 2:3 ah tua kammalte azat pen Greek lai tawh kigelh Thuciam Lui dappah lo hi ci-in kigen thei hi. Aleh lam pan-in ah tua kammal nihte pen mipilte laite ah kidempilte kona-in zatnate ah kimu hi (Gerald F. Hawthorne, *Philippians*, vol. 43 of *Word Biblical Commentary* [Dallas: Word, Incorporated, 2004], p. 87 en in). *Eritheia* pen 2Cor 12:20 le Gal 5:20 te-a mawhna kikhilte lak ah kidawk hi. Paul in Christiane pelh loh ahamawh omzia sianggenna-in tua kammalte zang hi.

Philippi 2:1-4 in pawlpi sungah kipumkhatna om nadingin mi khat in kidem nopna leh angsong khualna pelh ding bek hilo-in kipumkhat theih nadingte zat dingin hong lak hi. Mun nuam pen kihehnepna, itna, kilawmtakna, lungnemna, lainatna cihte omna mun hi (*Phi 2:1*). Tua dan omna mun ah mite lungsim kituak, ki-it, lungsim kihual, tupna kibang-in na semkhawm uh hi (*Phi 2:2*).

Ahi zongin Paul in puatham kibang khin ding cilo-in kibat lohna teng mah tawh kipumkhat ding na ci zaw hi. “Angsong khualna” leh “kisialh nopna” amawhsakna-in “lungsim niamkhiat” (Phi 2:3) ding thu na gen hi. Hih lungsim puak pen na hilh beh hi “no sangin midangte a thupi zaw in ngaihsun un” (Phi 2:3). Hih ngaihsutna pen thupi mahmah-a Paul in kammal dang tawh na genkik hi, “No met nading bek ngaihsun loin midangte aa ding zong ngaihsutsak un” (Phi 2:4). Paul in thungaita' avei lungsim uh paikhia saklo-in midangte avei ding un na gen pih hi. Hih thu ah Zeisu pen ei etteh pipen ding Pa hi. Hih bangin-ah Paul in ama thugen angaita'n Khazih lungsim kisin dingin hanthawn hi.

### Khazih Lungsimpuak

Philippi 2:1-8 in Greek kambul *phren* (phron) honglak hi. Hih kammal in mi khat ii “thu geel zawhna” zat ding thu gen hi — Johannes P. Louw and Eugene A. Nida, *Greek-English Lexicon of the New Testament: Based on Semantic Domains*, 2<sup>nd</sup> ed., vol.1 (New York: United

Bible Societies, 1996), p. 324. Philippi 2:2 sung ah Paul in thu ngaite tung ah “na ngaihsutna uh [*to auto phronēte*] kituaksak unla, akibang itna nei in lungsim kihual [*to hen phronountes*] le tupna kibangin om un” na ci hi. Hih dan-in kikkaikim theih nadingin “no sangin midangte a thupizaw in *ngaihsun [tapeinophrosyne]*” leh bek piang thei pan hi (Phi 2:3). A thugen pen “Khazih Zeisu lungsim puak bang note sungah om tahen [*phroneite*]” (Phi 2:5) ah akhum dawn tung hi. Paul in Philippi pawlpite Khazih bangin thu ngaihsun dingin hanthawn hi, ahih hang-in hih bangin ngaihsutna bek in Khazih bangin hong tasak zo hi.

Lai Siangtho siamte in Philippi 2:5 sung-a “hih (this)” (hih lungsim (this mind)) pen Philippi 2:1-4 sungte-a kiniamkhiatna agen ahiam, Philippi 2:6-8 sung-a Zeisu lungsim puak kigen bang-in Zeisu’ kiniam khiatna agen ahiam cih kinial uh hi. Athu nih mah-un Zeisu pen etteh ding mah-in koih tek uh hi. Tom Wright in hih bangin ci hi, “Akua maciat in amaulo khat a et loh phamawh hi, tua pen leitung ah thuhoih a puak kumpi, Topa Zeisu Khazih teekteek hipah hi.”—Wright, *Paul for Everyone: The Prison Letters: Ephesians, Philippians, Colossians, and Philemon* (London: Society for Promoting Christian Knowledge, 2004), p. 98.

Eiteng pen Christian i hih man-in Khazih dan-in ngaihsun, gamta dingin kicial hi. Paul in Zeisu pen kua ahih lam kithei hi (*Phi 2:6*), tua pipi mah in Amah pen kipia nuam hi (*Phi 2:7*), kiniamkhiat hi (*Phi 2:8*) ci hi. Paul in (1) Zeisu pen “sila” limla-in hong kipia hi, tua pen “mihing bangin hong paina” tawh hi; (2) sih dongin thuman’na tawh amah leh amah kiniamkhiat hi ci hi. Thu zialkik lehang Zeisu pen sila-in hong om (*Matt. 20:28; Mak 10:45*), Pasian’ deihna zui-in (*Matt. 26:39; Rom 5:19*) mihingte hotkhiatna ngah nadingin amah mah hong kipia (*2Co 8:9; Heb 12:2*). Khazih lungsim aneite’n tua bang mah-in gamta nuam uh hi.

### Sulnung Kankhiat Zawh Ding Hilo

Timothy Masa 3:16 sung ah Paul in Zeisu’ nasep hong tomzial hi. Mihing-in hong pianna, sihna, thawhkikna, vantung ah kahtohna, Gentile te kiang ah lungdamna thu taangkona leh pawlkhat hong kikheel ding lam hemgen hi. Leitung ah Zeisu na hong sepna leh lawhcinnate Pasian’ zia ii thusim dan-in kilak hi.

Greek kammal *mysterion* (“mystery”) pen Thuciam Thak ah 28 vei dawkin Paul laikhak ah tam pen hi (21 vei). Hih pen Paul laite ah Khazih thugenna ah thuluut den hi. Gentehna, Rom 16:25 ah Paul in thusim le lungdamnathu na bulh khawm hi. Eph 3:2-13 ah zong amah’n Gentile te lakah na avasep pen thusim mah tawh nathuah pahpah hi. Paul in “thusim ka tungah pulaak” hici hi (*Eph 3:3*), amah pen tua huhau-in “Khazih tawh

kisai tua thusim” thei tel ing ci hi (*Eph 3:4*). Lai Siangtho siamte in “Khazih tawh kisai thusim” pen “thusim ahi Khazih” ci-in kila thei hi ci-in thukim kim uh hi. Paul in hih thu Colosse sungah azaizaw in na gen hi. Amah’n “tua thusim khang tampi le hun sawtpi sung kiselcip” hi ci hi (*Col 1:26*). Bek thamlo-in “Hih thu kiselsim ... Gentilete lakah ... Tua a kiselsim thu in Khazih note sunga om” na ci beh hi (*Col 1:27; Col 2:2; 4:3 te zong et beh in*). Ephesus 6:19 sung ah Paul in ataangko khiat thu pen “akiselcip lungdamna thu” ahih kei leh “lungdamna thu sung-a akiselcip thu” na ci hi. Rome 11:25 sung ah thusim cih pen lungdamna thu Gentile te kiang ah taangko kul hi na ci hi. Tua ban ah Paul in Pasion’ hehpihna pen thusim hi, asulnung kan khiat zawh ding hilo ci hi (*Rom 11:33*). Kikan theilo takpi mah hi. Zeisu pen “zumna awlmawh loin singlamteh sihna” thuak nuam hi (*Heb 12:2*). Paul in Phi 2:8 ah agen bangmah-in Zeisu pen sihdong-in kiniamkhiat hi, “singlamteh tung ah sihna a hong thuak hi.”

### **Khen III: Nuntakna-ah Zatpah Ding**

Anuai-a thugilte lungngai in. Thu kikuppihte kiang ah thu dong in.

“Laulo, mihaite kithutuak lo” ci-in kidawng hi — Michael P. Green. *1500 Illustrations for Biblical Preaching* (Grand Rapids, MI: Baker Books, 2000), p. 65. Hih tangthu in thu kituah loh man-in khantohna om theih loh lam hong lak hi. Thu kituahlohna pen apatauh huai dinmun hi-in Christiante in ahih theih tawp-in apelh kul thu hi.

Thu umte lak ah thu kituah lohna sangin apatauh huai zaw omlo hi. Tua ahih manin Paul na patau-in lung kituah ding pen Christian zia cih bek na hilo-in thukham hi na ci hi: “ka lungdamna a kicin nadingin na ngaihsutna uh kituaksak un” (*Phi. 2:2*), “no met nading bek ngaihsun loin midangte aading zong ngaihsutsak un” (*Phi. 2:4*).

Midangte i vei theih nadingin Zeisu pen i etteh ding Pa hi. Ama zawn’ na hangin i hauh theih nadingin Amah mizawng in hong om hi (*2Cor. 8:9*). Paul in alaigelh asimte Khazih bangin ahanciam ding agen pen lamdang sak ding hilo hi. Khazih mihing-in hong om sukna thu i tel khit zawh loh hangin kithutuak-in i om ding lam bel thei kim hi hang.

#### **Dotnate:**

- 1. Midangte kin ding cih pen bang acihna hiam? Zat theih dan dingte bangte om hi.**
- 2. Thu umte kikaal ah kithutuahna omding bang hangin thupi mah mah ahiam? Pawlpi sung ah kithutuah theih nading bang sem thei ding i hiam?**

# Zan lai-in Khuavak bangin Taang



## SABBATH NITAAK

**Tu Kaalsung Simding:** *Phil. 2:12–30; Rom. 3:23, 24; Rom. 5:8; 2Tim. 4:6; 1 Cor. 4:17; 2Tim. 4:21, 13; Luka 7:2.*

**Kamngah:** “Na khempeuh phunlo kisel lo-in semun. Tuahileh a kaw’banglo a siangtho khialhna aneilo Pasion tate nasuakding uh hi. Lungsim kaw’i in lam akhial tulai khang mite sungah note in leitung khuavak bangin na tang ding uh hi.” (*Philippi 2:14, 15, ZSV*).

**H**ebrew mite kiangah Pasion in “hih thukhamte khempeuh a zak uh ciangin, ‘Hih minamte pen, a pil, a thuthei taktak hi’ a ci ding uh mite muhna ah hihthu pen nomau’ pilna le theihna hi ding hi” (*Thkna. 4:6*) cih.

Tua khit zalom tampi khit ciangin Zeisu in “Keimah in leitung khuavak kahi hi. Kei hong zuite in, khuavak nuntakna nei ding uh a, khuamial’ gamtatna neilo ding uhhi” (*John 8:12*). “Note in leitung khuavak nahi uhhi. Mualdawn a om khua kiseelcip theilo hi” (*Matt. 5:14*). Koibangin tua khuavak kihi thei ding hiam? Zeisu tawh kizop na nai mahmah neihna bek tawh, “khuavak taktak in mikhempeuh a taan’khia hi” (*John 1:9*). Philippi 2 sungah Pasion in “a lianpen in Amah koih a, min lian dang khempeuh sangin amin lianzaw in akoih hi. Tua ahih manin vantung leitung leinuai a om mikhempeuh in Zeisu pahtawi in khukdin ding uhhi” (*Phil. 2:9–11*).

Zeisu’ tungah amau nuntakna a kipum-aapte bekma in tua vantung khuavak le vangliatna ngahthei ding uhhi. Hinapi, eima’ lam-etna le eima’ geelna bangin Pasion in hong hihsak ding vive lam-en kha den hihang. Tua hang mahin Philippi mite tungah Paul’ laikhak kammalte in tuni ciang dong ei ading zong hithei lailai hi.

\*January 31, Sabbath ading kiginkholhna in tukaal lesson sim in.

## Pasian Sep Nate I Semkhia Hi

Zeisu in eite a dingin Pasian deihna bangin kiniamkhiatna le thumanna etteh huaipa hikhin a, Paul in tu in Philippi mite lamah hong kihei ta hi. Lungdamnathu a ngakhkit uh ciangin amaute in Topa tungah a thumanna uh Paul in kipsak (*Sawl. 16:13–15, 32, 33*) a, thumang zomsuak dingin hanthawn lai hi.

Khazih' nundan le singlamteh pen hotkhiatna lampi hi acihkhit ciangin, Paul in tuate gamtatpih theihna ding hong bulpuh ta hi.

**Simin, Philippi 2:12, 13. Paul in “nomau’ hotkhiatna dinguh ciat semkhia un” a cihpen bang acih nopna hiam? Upna le sepna koibang in na kipawlsak thei hiam?**

Hihmun tegel sungah, Paul in Rome laikhak le adangte sunga lo buang lungdamnathu adang genlo hi. Hiteng ah ama’ thupiak in upna tawh dik kisakna lungdamnathu mah hi-a, Philippi le mundangte ah ahilh thute mah ahi hi. Lai Siangtho in thulu khat tungtawn agen peuh peuh, hotkhiatna thulu ahilh nakleh kitelkhiat hamtang cih phawk ding kismah hi.

**Simin, Rome 3:23, 24; Rome 5:8; le Eph. 2:8–10. Hihteng ah koi mun penin hotkhiatna thu hilh hiam?**

Hotkhiatna cihpen Pasian’ nasep cihpen dot zong kullo lel a, eite kisialhna ding peuh zong hilo hi. Ahihhang, piangthakna tungtawn in, Pasian in khalam thutawh hong bawlsak hi a, nahoih hong sepsak nopman ahi hi. Pasian’ Kha in eite sungah na hongsem in hileh, thumaan hong teelsiam sak, ze-etna hong nangzo sak leh, teelna maan hong teel sak hi.

Tua bangin, Pasian in eite sungah hong septeng eite’n “launa le liinna tawh” a semkhia ihi hi. Tua pen eima’ thanem napi tawh Pasian’ thukhenna mai ah lau in om ding cihna a hiding hiam? Tuabang hilo hi. Tuathu in Pasian hong ompihna (*Late 2: 11*) le thuman kul ahihlam phawkna ahi hi.

**Khazih in nangma sungah koibang in na hongsem cih koi bang in na phawkkha hiam? Pasian in nangma sunga hong sepsak teng pen, nangma pianzia in koibang in langdo a, tua langdona koi bangin nangzo ding nahi hiam?**

## Khuamial Leitung ah Khuavak

Paul in, Philippians 2:14 sungah, “nakhempeuh phunlo thu niallo in sem un” cih. Pawlpi sunga pumkhatna tungah tonate pen suksialua mahmah ahah manin eilampan khatna neimello hahkatna lellel tawh kipuahpha zolo ding hi. Pawlpi pumkhatna cihzong Khazih tawh pumkhat in Ama’ thu upna tungtawn in hong piangkhaia thu ahi hi. Eima teci dingin zong kisampha ahah manin, Paul in “leitung mite lakah khuavak bangin ataangte nahi ding uhhi” (*Phil. 2: 15*) cih.

Kha mang zanin, mei alhliang in a taang khuapi lampite tawh a gamlatna ah, aksi te tam kimuzaw deuh a, a taang zawdeuh bangpeuh ahi uhhi. Etkakna in kilamdang sarpah hi. Van vom semsemleh, aksi te kidawk semsem hi. Eite tecipanna zong tuamah bang ahi hi. I kiim le pam khalam khuamial semsemleh; Pasion’ nungzui taktakte’ nun dan le Leitung mite’ nundan kilangh takin kilamdang hi. Leitung mite bawlsa khuavakte, ngaihsutna le thapiaknate, seplebawlziate khem peuh in; i teci panna teng amau’ nungram ah kidawklo sakzo thei hi.

### **Simin, Philippi 2:15, 16. Pasion’ tate in bangci hih ding a bangci nuntak ding Paul in gen hiam?**

“Paubaanglo” cihpen “mawhneilo, kawkbaanglo” cih. Job nun dan a mawh baang lona tungah kizang phadiak hi (*Job 1:1, 8; Job 2:3; Job 11:4; Job 33:9*). Greekpau in “lauhuailo” cihpen “kihello, siangkikel” cihna hi. Zeisu zong, deihtak in Amah a langdote tungah Ama’ teci pannate zong “vakhu banging gu neilo” (*Matt. 10:16*) dingin hong han-thawn bang ahi hi. Paul in zong eite in “asia peuh mah khentel” (*Rom. 16:19*) ding cih. Tu hun media channelte pen siangthona, laptohna le lungsim puahphat lam in pai mello hi. Tua bang hun ciangin, David’ hihdan pen tuni a ding thukhun bang hiliang hi: “Asia na peuhmah ka mitsuan kei ding hi” (*Late 101: 3*) cih.

Eima’ upna in mi tawh hong kilamdang sak hong khenkhia phial mahleh laulo ding hihang. I mungtuppi in “leitung mite sungah khuavak bangin taang ding” (*Phil. 2:15*) ahi hi. Tuabang hihtheihna dingin “leitung omdan” (*Rom. 12:2*) nial ding a, “nuntakna kammal te lenkip ding” (*Phil. 2:16*) cih. Eima teelsiamna hangin “Khazih’ ni hong tun dong” “a mawkna suaklo in” (*Phil. 2: 16; 1Cor. 9: 24-27*) nungta ding cih.

**Nangma nuntakna sungah “leitung vailua” na kisakna mun a om khak leh, koibang in na kisiansuah thei ding hiam?**

## A Nungta Biakpiakna

**Simin, Philippi 2:17; 2 Timothy 4:6; Roman 12:1, 2; le 1 Corinth 11:1. Hih munteng ah Paul in bangthu gen hiam?**

Paul in ama' nuntakna hong pulaakna ah Khazih a ding nuntak dingleh sih ding zong ut lel in lungsimkaa acihsa ahi hi (*Phil. 1:20–23*). Tu in ahihleh amah pen “mitawh biakpiak na tungah kei hong kibua hileh” (*Phil. 2:17*) ciliang hi. Hih limlahna ahihleh, tanglai in tuikhum tuamtuamte (sathau, lengtui le tui) a dawibiakna tungvuah a buaksukna uh pan hong pai hi a, Pasion biakpiakna ding acihna zong ahi hi (*Pian. 35:14; Pai. 29:40; 2Sam. 23:15–17*). Mary in zong “amanpha mahmah nard paknamtui citak” (*Mark 14:3–9; John 12:3*) pen, Zeisu' lutang leh khe zuutsak in “phengzat” akici pen tawh kibang hi. Dawn ding taktak ahihloh tei hang, kipiakkhiatna lianpi khat hi a, Khazih in eimah hong tatkhiatna dingin tehpih omlo hong kipiakkhiatna hong limlahna zong ahi hi.

Paul in lungdamthu tangkona hangin sihna thuk hileh zong, ama' nuntakna pen Pasion biakpiakna in “a kibua” ahih manin, amah lungdam veve lel hi. Hebrew laibu sunga dawu biakna pen bia lelbek hilo in biakpiakna khat omsak hamtang uhhi (*Gam. 15:1–10, Gam. 28:1–15*). Tua mahbang in, Paul in zong ama' nuntakna a piakkhiat ciangin, Philippi thu um mite mahmah in amau' a dingin a teel ngiatuh ahi Pasion tungah “a nungta biakpiak na” (*Rom. 12:1*) a cih pen lunggulh hi.

Khristian masate Philippi te mahmah in, (*Phil. 1:27–29*) amau' upna hawmsawn ding lawpthei mahmah uhhi. Lungdamnathu tangko in innkhat pan innkhat pai ngiatngiat uh hi (*Sawl. 5:42*). Lai Siangtho kisin nading in mau' innte phal uhhi (*Sawl. 12:12; 1Cor. 16:19; Col. 4:15; Phil. 1, 2*). Amau' upna uh zong Lai Siangtho tawh lahkhaia leklek uhhi (*Sawl. 17:11; Sawl. 18:26, 1Pet. 3:15*). Adventist mi masate in zong tuabang in hih uhhi. Pastor te hizawlo in amau mahmah in a vengte uh tungah thupuak uh in, amau' upna uh hawm sawn in, Lai Siangtho hihlhcian uh in, siate hong pai uh ciangun ki tuiphum thei dingin mite kigingsak khol hi.

Tomgen leng, amau pumpi mahmah a kipiakkhiatna uh pen “a nungta biakpiakna” hi-a, tuabang in lungdamthu kizeelsak uhhi. Eite e le amau sangin niamzaw thei ding ihiamh?

**Nangma nuntakna adingin “a nungta biakpiakna” a hithei dingte ngaihsun in. Pasion' gam ading bangzah na kipiakhia hiam? Nang le nang kidawng in.**

## Omzia Sittelsa

Timothy pen tua laikhakte a buaipihpa ahihna pulaak khin hihang (*Phil. 1:1*). Paul in zong a manpha mahmah ama' naseppih ahihna pulaak nuam hi. Amah pen Evan khat in (*2 Tim. 4:5*) Paul in Macedonia ah sawl (*1Thess. 3:2; Sawl. 18:5; Sawl. 19:22*) a, khatvei vei ciangin Corinth ah zong sawl hi (*1Cor. 4:17; 1Cor. 16:10*). Tua madeuh in zong amah in Paul leh Silas tawh Corinth ah semkhin zo (*1Thess. 1:1; 2Thess. 1:1*) a, tuakhit ciangin Ephesus ah sem hi (*1Tim. 1:2, 3; Sawl. 19:22*). Paul in Timothy pen “*lungsim- kibatpih*” Greek kammal in (*kha kibang*) a cihpen Timothy in Paul tawh a kibatna tam mahmah a, Khazih tungah a ki-aap zia, lungdamthu tangko ding a lawpzia le Philippi mite a ding a veiina cihbang ahi hi.

**Timothy** tawh kisai Paul in a hoihlam in a gensak denkeei bang hang hiding hiam (*Phil. 2:19–23*)? Ama' thu Paul in bangteng gen lai hiam (*1Cor. 4:17; 2Tim. 1:5*)?

Timothy' hoihna a dangkhat Paul in a cihna ah “ahihna kipsak khin” (*Phil. 2:22*) cihhi. Greek kammal tawh bel haksatna tawh a kisit tel sitset (*Rom. 5:4*) cihna hi a, ama' gamtatzia pen hoih hici-in kip saksa hi (*2Cor. 2:9; 2Cor. 9:13*). Paul in lungdamnathu a tangko na mun khempeuh ah Timothy tawh kikhawl khinzo a, ama' hoihna zong mukhin zo ahih manin, hihthu maan taktak cih thei hi.

Nuntak haksatna khawng phutkhak ciangin eima' omna lam panin kisihipan zelzel lel hi. Tuathu Ellen G. White in zong: “Nuntakna pen thukhun nuaiah om hi a, Zuau khempa in hong khem ciangin; lungsim maan taktak tawh aki maingat ciangin Khristian' hoihna khang sak hi. Natsakna le simmawhna peuhmah lungduai takin thuak in, simmawh na kam malte lungnem takin dawng in, nenniamna zong dikna tawh a kidawh leh; tua lungsim sungah Khazih' Kha omtaktak cihna ahi hi”—Ellen G. White, *Testimonies for the Church*, vol. 5, p. 344.

Ellen G. White mahin a genzomna ah “haksatna le buaisakna sung ah dingkip leng, Khazih' nundan hong neihsak banah Khristian le leitung mi hong khentel hi”—*Testimonies for the Church*, vol. 5, p. 344.

**Tu mahmah in na phutkhak ze-etna leh haksatna leh buaisaknate ngaihsun in. Hibangte pen “lungduai takin thuak in na dingkip” hiam? Hibangte in thukhun hong zuisak semsem thei cih na koici theih hiam?**

## “Hibang Mite Zahtak Bawl un”

**Simin,** Philippi 2:25–30. Paul in Epaphroditus tawh kisai koici gen hiam? Hihbang Khristian nasempa in ama’ tatelehekna koibang in kilang sak hiam?

*Epaphroditus* pen hih laikhak sungbek ah kipulak hi napi, tua hong kilatna sunsun panin ama’ thu a khomkhat mah kisin ding hihang. Amin limlim pen amau’ ngeina pasian *Aphrodite* hi a, daw biakna panin hong kikhel ahi hi. Amah pen “naseppih” a nacih mah bang in nasem khat mah hiding hi a, Philippi ah Paul tawh a semkhawm hihtuak kici hi. Amah zong “gal dopihpa” (*Phil 1: 27*) khat mah nahi a, Epaphroditus in aluang khaam in lungdamthu tangko na ah haksatna phu cih (*Phil. 2:30*).

Thu puakpa (Greek, *apostolos*) ahi Epaphroditus pen, thongkia Paul’ kisapna bangbang a vaihawmsak dingin kiese hi (*Phil. 2:25*). Amah pen Paul a dingin sum tawh a panpihna vuah Phhilippi mite in amuan mahmah pa ahi hi (*Phil. 4:18*). Rome a thongkia peuhmah in amau’ sum tawh ahi a innkuan pihte sum tawh ahi zongin annek tuidawn, puansilh nikten, lupna puanlom leh a kizam bangbang leisak kul ahih manin tua sumpite in thupi mahmah hi (*Sawl. 24:23*). Rome ah nihveina thongkiat atawpna lam ciangin, Paul in Timothy kiangah “phalbi tunma in nong patheih na’ng hong hanciam inla, Troas ah Carpus kiana ka nutsiat puanlum hongpuak in” (*2 Tim. 4:21, 13*) cih. Paul omna suang thong sungah vot mahmah ahih manin, a sahmahmah tuumul puanlum kizam kha ding hi. Hih sawltak pa mahmah pen Philippi hong tunpih kik ding pen Epaphroditus mah vaipuak a kipia ahi hi (Ellen G. White, *The Acts of the Apostles*, p. 479).

Philippi ah pen thubuai om ahihmanin (*sinna 4 enin*), Paul in Epaphroditus pen upmawhna sangin a palzaw in aciahkik nading Paul in “kin semsem” a, Philippi mite in zong “Topa sungah lungdamna tawh limtak in bawl ding” (*Phil. 2:29*) hanthawn hi. Paul in thong sungah ama’ dinmun khawng lunghihmawh loh ding hanthawn zaw hi. Paul in Epaphroditus pen Khristiante in a zahtak bawl mahmah ding uh mikhat ahihna, amau’ hauhna manna hang hilo Zeisu’ khe khap sik ngiatngiat in, kipiakkhiatna lungsim a neihna hang hizaw cih (*Phil. 2:6–11; Lk 22:25–27*). Greek kammalin zahtak bawl na le pahtawina pen Lai Siangtho Thak sungah vei tawmkhat bek kipulaak hi: Galkap mangpa in a “it mahmah” silapa (*Lk 7:2*), paw khaamna sungah tutna sangah pahtawina (*Lk 14:8*), Zeisu in a “manpha” innkiu suang ahihna cihte hi. Epaphroditus zongpen mi citak khat ahih man in, tuabang mite lakah hel ding hi a, zong kihel khinzo kha ding hi.

**Ngaihutbeh Ding:** “Khazih tawh a kinaipen in a omkha ding mipa in hih leitung ah Zeisu’ hong kipiak khatna tawh hong itna thuk a tam dawnkha penpen pa ‘hazatna lungsim neilo, kisasheilo, a kilawmlo in gamtalo, heh pakpaklo, mite’ mawhna ciamtehlo hi’ (*1Corinth. 13:4, 5*). Topa in mihing hong tatna dingin na khempeuh nusia in, sihna a thuak dongin hong nuntak pihna leh hong sepsak mahbang in nungzuite zong tuabang ahisak itna ahi hi. Tua lungsim in Paul sungah nungta hi. Amah in ‘Khazih a ding ka nungta hi’ acih ciangin, ama’ nundan in mite tungah Khazih lahkha hi; si taleng zong a hoihzaw hi, Khazih sungah hoih cihi; sihna in Khazih hong hehpihna kilangsak in, kha te zong Ama’ kiangah kaikhawm hi. ‘Ka si in ka hing zongin, Khazih a kiphat theihna ding’ hizaw cihi (*Phil. 1: 21, 20*)—Ellen G. White, *The Desire of Ages*, p. 549.

“Kha khempeuh a ki ze-etna ding sawt nawnlo hi. Sapi’ciaptehna eitung ah hong kisan ngawhta ding hi. Leitung deihna lamah a kalsuan in a hamphat lawhte, leitung ngeina sungah a nungta mite in, tua vangliatna pen simmawhna, bawlsiatna, thongkiat theihna leh sihtheihna nangawn ahilam phawk mello ding uhhi.

“A lamkhial sanggam tampi takte pen a thumaante tawh hong kikhentel ciangin, Khazih’ dialkhai nuai ah hosanna tampi takte tawh hong kilang ding uhhi. A meidawi a amau’ mahmah a kimuanglo mite in zong hangsanna tawh Khazih a dingin hong dingkhia ding uhhi. Pawlpi sungah a thanempen leh a uaikai pente zong David mahbang in hong hangsan ta ding uhhi. Pasion’ mite a ding zanthuk semsem leh, aksi te taang semsem lai hi. Satan in mi citak mahmah te lungsim buaisak mahmah taleh; Zeisu’ min sungah, galzopen te mah hong hiveve ding uhhi”—Ellen G. White, *Testimonies for the Church*, vol. 5, pp. 81, 82.

### Kikupding Dotnate:

**①** A tunga vauna khat ahi “Leitung deihna lamah a kalsuan in a hamphat lawhte, leitung ngeina sungah a nungta mite” cihthu lungngai kikin. Bangteng akihel diam? Mimal bek hilo pawlpi sung mahmah ah koibang in zathuai nasa hiam?

**②** Pasion in “*Kei hong pahtawite Ka pahtawi hi*” (*1 Sam. 2:30*) cihi. Koici bangin Pasion i pahtawi hiam? “*Minphatna piakna*” tawh a kibang tammaw (*Mang. 14:7*)? Ahih le hihloh banghang?

**③** Ngeina sehna sungah thaang-awk hetlo in, eima hotkhatna a ding hahkat ding cihthu koibang in i telcian hiam?

**Dawi tawh Nahvawhlo** *Thupuak:- OLIVIA FAIRFAX*

Marovo Lagoon minamte pen Solomon tuikulh-a teengte lak ah gal uuk, misanete hi phadiak-in kingaihsun hi. Amau pen asisa pupate' luguh kem-in bia uh hi. Amau pen dawu kihta uh hi.

1902 kum pawl-in Marovo hausa pa Tatagu in dawu kihtaak kul mah hiam ci-in lung buai hi. Amah'n nga aben' ciangin gun kuang mailam ah, khau bangmah ok saklo ding ci-in sin sawm hi. Khau pen dawite lungkim sak, nga ngahsak hi ci-in kiciing hi. Khau a awl loh hangin nga tampi hong ngah hi. Inn a ciahteh tapa khat zong na suak hi. Amah'n Kata Ragoso ci-in min phuah hi, "dawi tawh nahvawhlo" cihna hi.

Kata Ragoso pen amite dawu upna nusia-in Pasian amusak ding pa hong suak hi. Kata Ragoso pen Europe mite Solomon tuikulh ah van hoih nono tawh hong neh-in sila ding-a alaak hun te ah hong khang hi. Amah kum 12 aphak hun, 1914 ciangin Advent Herald cih ki-gelh tembawno kang khat Marovo Lagoon ah hong tung hi. Amau pen kuamah mat sawmlo uh hi. Amakaipa Griffiths F. Jones in hausapa Tatagu kiang ah sang hon nading leitang ngen hi. Amah kum ciangin Sasaghana kicihna mun ah sanginn lam-in Kata Ragoso zong sang naupang masa 23 lakah kihel hi. Sang ah, amah'n Zeisu hong sang-in 1918 in Solomon tuikulh-a tuikiphum 10 ah kihel hi. Amah zong missionary sangsia, kam phen, lai khet nasepte ah kihel hi. 1935 teh Adventist sia dingin khutngak ngah hi.

Galpi nihna sung-in Kata Ragoso pen Solomon tuikulh-a Adventist nasep makai ding-in kikoih hi. Japan te hong luut ciangin, mikangte le beelpawlpithe athat dingin amah sawl uh hi. Amah'n mihing sang-in Pasian' thu man' sawm zaw ahil manin thusit, kiasat, kaplup ding thupiak na tuak hi. Thusit mangpipa pen Adventist pawlpi paakta hetlo hi. Khat, nih, thum ci-in asimteh akap ding-in thu pia hi. Amah'n "khat, nih" hong sim-in "thum" pen ci thei hetlo hi. Tamveipi tak kipan kikkik hi. Thong sung ah ni sawm om khit ciangin Kata Ragoso hong taikhia thei hi. Amah zong gal hun sung-in tembawu tuikia, vanleeng kia mangkang galkap tampi hon thei hi. Amah'n vanleeng hawl 27 le Australia le New Zealand galkap 187 hong honkhia zo hi.

Kata Ragoso pen kum 62 acin 1964 kum-in si hi. Pawlpi ading kum 37 na sem hi. Asep sungin Marovo mi nam sungah gal ukna pan Pasian ading na a septe mu hi.

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*Tu quarter Sabbath 13na sumpi pen South Pacific Division ah nasep nading in kizang ding-a Solomon tuikulh omna hi. March kha ciangin cingh tak-in sumpi khat sawm nahih man-un kilungdam hi.*



**Khen I: A Huamin Etna****Thubulphuh:** *Philippi 2:14, 15***Lungngaih Ding:** *Philippi 2:12-30; James 2.*

Christiante pen khuamial leitung ah khuavak ahi dingin kicial hi. Zeisu in “note in leitung mite aa dingin khuavak na hi uh hi” ci hi (*Mat 5:14*). Tua bang mah-in Paul in zong Christiante khuamial in atuamcip leitung ah khuavak ahi ding un deihsak hi. Philippi pawlpi kiang thu ahilhna ah “note in leitung ah khuavak bangin na tang ding uh hi” (*Phi 2:15*) acih pen Ephesus pawlpi tung ahilhna tawh kibang mahmah hi “Nidanglai in khuamial sungah na om uh hangin tu in khuavak sungah na om uh hi. Tua ahih manin khuavak tate bangin gamta un” (*Eph 5:8*).

Khuavak tawh kigenteh pen Thuciam Lui leh athakte sungah Pasion nasepna ding lim khat hi. Isaiah sungah Pasion in asilapa Messiah tung ah “Amah in, ‘En in, nangmah in Jacob suante a lamto ding le, A omlai Israelte a samkik dingin, Keima nasem na hihna pen nang aa dingin a cihak kei hi. Lei mong dongah ka hotkhiatna thu a tun theih nadingin, Gentile mite tungah khuavak a puak dingin nang kong koih ding hi,’ a ci hi” (*Isa 49:6; 42:6 tawh zong saikaak in*). Hih khawk pen Thuciam Thak-a Zeisu tawh kituak hi (*Luk 2:32; Joh 8:12; 9:5; Sawl 26:23 te en in*), ahi zongin pawlpi tawh zong kithuah thei hi (*Saw 13:47*) ahang pen Zeisu’ nasep ahi leitung ah khuavak hih nading pen akizop suak man hi.

Tu kaal lesson in thubul thum en hi:

1. Upna le sepna kikaal kizopna lungngaih ding hi hang (*Phi 2:12, 13*).
2. Christian ihih man-in ei pen leitung ah khuavak ahi dingin hong kicial hi, Zeisu’ khekchap zui-in i thutheihte mi dang ihop ding hi.
3. Christian i hihna ah thuhaksate i tuah ciangin Pasion’ na sepna ah tha hong san’ sak hi. Tuat pen alawhcing nasepna suah theih nading athupi kisin tohtoh nate hi.

**Khen II: Hilhciaanna****Tangthu Tom**

Dwight L. Moody in “tembawte pai nading lamlak mei inn ngak om hi. Lamet loh pi-in aset uh kisia-in mei tang pen kihei theilo hi. Amau zong patau uh a, tembaw hawlte in mei vaang dang khat a etbeh khak ding uh patauh pih uh hi. Amau zong zan hak-in amei uh na pei tawm uh

hi” ci-in mei innpi-a nasem nihte’ tangthu gen hi. Moody in “I khuavakte aom nading mun mah ah koihi ni, tua hi leh Leitung mite Khazih ii biakna pen khemna hilo-in ataktak ahieh lam hong thei ding uh hi” ci-in khup pi — Moody, *Anecdotes, Incidents, and Illustrations* (Chicago, Moody Publishers, 1990), p. 36. Zeisu in upna pen sepkhatna hoieh tung tawn-in “aki muthei” hong suak lam agenna-in khuavak cih thugentehna hong zang hi (Mat 5:16).

### Upna le Sepna

C. S. Lewis in upna le sepna kikaal kizopdan hih dan-in gen hi: “Christiante in Christian innkuan khat gamtat hoieh, Khazih up ding-in bang thu in makaih hiam cih kiseel pahpah uh hi. ... Lai Siangtho in tua thu nih khat-in suah hi. Alangkhat ah “hotkhatna lau le ling kawmin na lakkhia un” hi — hih pen na khempeuh ei hoiehna tung ah kinga hi ci-in hong mu sak hi; a omlai alang lam ah “note sunga na a hong sempa in Pasian ahi hi” ci-a — hih in Pasian in na khempeuh na sepsak-in e’n bangmah semlo ci-in hong musak hi. Christian biakna ah thu hih dan-in hon laan’ man-in patau ing. Ka lungbuai hi, ahieh hang’n lamdang sa ke’ng” — Lewis, *Mere Christianity* (New York: Harper Collins, 2001), pp. 148, 149.

Paul in upna le sepna kizop lam Phi 2:12, 13 ah gen hi. Hotkhatna i ngah nadingin i sepluh peelmawh pipi mah-in sepkhatna in gupna hong pia lo hi. James hong hilh mah bang-in sepkhatna pen gupnakai upna i neih lam kilatna hi (*Jam 2:18; Jam 2:14 tawh saikaak in*). Sepkhatna in azuilo upna pen upna hi peuh mah lo hi. Hih dan upna nam pen James gen dan ah asi hi (*Jam 2:17, 20, 26*).

Paul in “hotkhatna lau le ling kawmin na lakkhia un” acih ciangin upna tungtawn-in angah sa uh hotkhatna tawh kisai Christiante’n supkik loh nading-a aneih uh vaipuk thu agenna hi, tua pen “lau le ling” kawmin in sepkul hi (*Phi 2:12*). Greek Lai Siangtho sungah “lau le ling” cih kammal amasa lam ah kikoih hi: “lau le ling kawmin in hotkhatna ding hanciam un.”

Lai Siangtho siamte kikaal ah “lau le ling” thu kiseel thei uh-a laak dan tuamtuan hong om hi (1) khah suah kha thei hi; (2) Pasian kiangah ki-apna lungsim; (3) kiniamkhat-in Pasian biakna; (4) tua thu teng khempeuh ciing cih te hi. Paul in hih kammal alaikhak dangte ah na zang hi. Corinth Masa 2:3 ah “launa” leh “patauhna” acih ciangin Corin khua ah anasepna akiam khak ding lunghimawhna lak tuak hi. Corinth Nihna 7:15 ah Corin pawl in Paul lamet bangin acinding uh alungmuanna tua kammalte mah in nalak hi (2Co 7:16 en in). Ephesus 6:5 ah cihtak nading

nadingin tua kammalte na zang hi. Phi 2:12 sung-a “lau le ling” cih kammal kitel kheh ciangin thu ummite amau ngah hotkhiatna thu tungah vaipuah aneih lam kawh hi. Asep khiatnate in hotkhiatna thu athusim lam uh alak na hi uh hi.

### **Leitung ah Khuavak**

Khuavak pen Lai Siangtho sung ah Pasion nasepna kawkna-in zong kizang hi. Thuciam Lui sung ah Pasion teekteek mah in khuavak tan' khiatna naak hi kici hi. Laphuakpa in “Topa in ka khuavak hi” na ci hi (*Lat 27:1; Lat 4:6; Lat 89:15; Lat 118:27; Isa 2:5 te zong en in*). Tua tawh akibang-in kamsang Micah in amite aiawh-in agenna ah “Topa in ka khuavak ahi ding hi. ... Amah in khuavak ah hong paipih ding hi” ci hi (*Mic 7:8, 9; Isa 60:1, 2, 19, 20 zong en in*).

Isaiah 42:6 leh 49:6 sungte ah Topa' silapa pen “minamte tungah khuavak” na ci hi. Isa 49:6 sungah “Leimong dongah ka hotkhiatna thu atun theih na ding ... nang kong koih hi” ci beh hi. Thuciam Thak atte in tua gentehna in bang gen hiam cih tel uh-a na bulh denden uh hi (*Luk 2:32; Joh 8:12; Joh 9:5; Saw 13:47; Saw 26:23*).

Mangmuhna bu amasa lamte ah pawlpi agen nop ciangin meivakte tawh agen pen zong lung lut huai hi. Tua thu ah laisiamte in Ephesus pawlpi in itna masa akhahsuaah thu pen Pasion nasepna lawp loh semsem na hi ci uh hi (*Mang. 2:4*). Tua bang-in Zeisu in na kisik kei uh leh “na meivak tunna ka hemkhia ding hi” ci-in vau hi (*Mang. 2:5*).

Gen sa bang mahin, “leimong dong” ci-a Isa 49:6 ah adawk pen khuavak cih gentehna tawh kizopna om hi. Hih pen pawlpi' sep ding vaipuah ahiah lam Sawltak bu sungah nihvei dawh hi (*Saw 1:8; Saw 13:47*). Sawltak 1:8 ah khuavak cih kammal adawk loh hang-in tua mah agen nuam ahiah lam Saw 13:47 dapphah-in kigen thei hi. Tua thu teng in Paul in Philippi pawlpite “leitung ah khuavak bangin na tang ding uh hi” (*Phi 2:15*) cih hanthotna thu hong telsak hi. Thu umte lak ah kipumkhat na alah uh ciang-in (*Phi 2:14*) Paul in thu umte leitung ah khuavak asuah dingun ahanthot pen ciapteh taak mahmah hi (*Phi 2:15*).

Atawpna ah “khuavak ding-in kicialna pen khuavak tate tawh kithuah ding-a cialna zong hi hi. Christiante pen kithutuak le uh khuavak tate hih theih nading-in tha kipia thei tek ding uh hi ci-in Paul in mu hi (*Eph 5:8, 15-20*)” — John M. Terry, Ebbie C. Smith, and Justin Anderson eds., *Missiology: An Introduction to the Foundations, History and Strategies of World Missions* (Nashville, TN: Broadman & Holman Publishers, 1998), p. 26.

## Pasian' Nasepna ah Lawhcin nading Kicinnate

Philippi 2:19-30 sungah Timothy leh Epaphroditus thu kigenna pan-in mikhat in Pasian' na sepna ah lawhcin nading kicinnate mu ding hi. Paul in Timothy pen (1) lungsim kibang "like minded" (*Phi 2:20*), (2) mi deihsak (*Phi 2:20*), (3) Khazih Zeisu tawh kisai nate zong (*Phi 2:21*), (4) mi hoih (*Phi 2:22*), (5) mi aading na sepsak nopna lungsim nei (*Phi 2:22*). Greek kammal *isopsichon* (lungsim kibang — "like minded") pen Thuciam Thak ah hih mun bek ah dawk hi. Septuagint ah (Greek kam tawh kigelh Thuciam Lui bu) Late 55:13 ah khatvei bek dawk-in "ka kikhohlpih" ci-in kilet hi.

Epaphroditus thu ah Paul in asanggampa, naseppih, gal dopihpa na ci hi. Amah pen Paul in Philippi pawlpite kiang kamtaipa zong hi hi (Greek ah *apostolos*) hi-in Paul kisapna ahuh pa hi (*Phi 2:25*). Hih in Epaphroditus pen acitak lawm hoih ahiah lam lak hi. Tua khith ciangin Paul in Epaphroditus leh Philippi pawlpite kizopzia gen hi. Hih thu ah Paul in "amah in note khempeuh hong lunggulh hi" ci hi (*Phi 2:26*). Gen beh le hang Paul in "amah'n note hong phawk hi" hi. Hih thu in, Christian makai ahi Epaphroditus in akep pawlpi vei mahmah hi cihna hi. Epaphroditus pen aki-ap mahmah "sih ding zong phamawh salo in Khazih na asem" makai khat hi (*Phi 2:30*). Amau pen Khazih aadingin na khempeuh kipia hi. Pasian in i neih ahoih pen apia dingin zong hong lamen hi.

## **Khen III: Nuntakna-ah Zatpah Ding**

Anuai-a thugilte lungngai-in. Tua khith teh Sabbath sang hong kah te kiang thu dong in.

Hotkhiatna kingah nadingin e'n Pasian tung ah abuppi-in nga hi hang, tua pen e'n upna tungtawn-in ngah hi hang. Paul in "Banghang hiam cihleh hehpihna thupha hangin upna tawh hotkhiatna na ngah uh hi. Note thu in hotkhiatna a ngah na hi kei uh hi. Hih in Pasian letsong ahi hi" (*Eph 2:8*) sang-in siang gen theilo hi. Ei pen upna tawh hih nuntakna pan hong pai ding nuntakna ah kimanawh hi. Hebrew bu sungah hih thu "upna tawh" (*Heb 11 en in*) cih kammal azat kikkikna tawh hong lak hi. Upna tawh Abraham in "gamdang ah pemta bangun a va teeng hi ... bulkip anei khuapi khat a lamen hi" (*Heb 11:9, 10*).

Hotkhiatna i sin khak ciangin ahoih-in hong tasak hi. Ahoih-in gamtat na in midangte phatuam sak hi (*Gal 6:9, 10*), na hoih sep pen mawh neite

ngeina dan hilo hi (*Jer 13:23*). Tua hi-a na hoih sep theihna pen Pasion in tha hong piak man hi (*Phi 2:13*).

Zeisu in nungzuite kiangah “Tua mah bangin mite in note gamtat phate mu a, vana om na Pa uh a phat theih nadingun mite mai ah na khuavak uh na taangsak un” ci hi (*Mat 5:16*). Hih thukham in khuavak taan’ sak ding le gamtat hoih lahkhiat ding pen kizom mahmah ahil lam hong lak hi. Gamtat pha lahkhiat manin thu um mite’n khuamial leitung ah akhuavak uh taangsak hi. Khuamial pen mawhna (*Joh 3:19, 20; Luk 22:53 te en in*) le agu agau lim la hi (*Lat 82:5; Eph 4:18 te en in*). Christiante pen hih leitung ah “Khazih vangliatna lungdamna thu khuavak” ataangsak dingin kicial hi (*2Co 4:4*), tua hi-in “hih leitung pasian in lungsim amialsak” (*2Co 4:4*) mite tungah ataan’sak uh kul hi.

**Dotnate:**

- 1. Gamtat phate le hotkhiatna ngah hi kicih theihna koi cih kizom hiam?**

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- 2. Khuamial in atuam leitung ah na khuavak taan’sak theih ding bang lampite om hiam?**

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# Khazih Sungbek ah Khamuanna



## SABBATH NITAAK

**Tu Kaalsung Simding:** *Phil. 3:1–16; Rom. 2:25–29; John 9:1–39; Eph. 1:4, 10; 1 Cor. 9:24–27.*

**Kamngah:** “Hih in Khazih mahmah le amah a thokiksak vangliat na ka theihtheih nading, ama thuak banga gimna thuakin ama sih banga ka sih theih nading leh, misite lak pan thawhkikna ka ngah hamtang theih nading ahi hi.” (*Philippi 3:10, 11 ZSV*)

**T**hukham nasepna kihel kilkel lo in upna bekbek tawh hotkhiat ngahna zong a lung hihmawh huai thu pawlkhat omlai hi. Hotkhiatna khawng behlap theihna peuh a omkhak leh ci in, eima’ sepna peuh kimuang kha thei hi. Hotkhiat hihna dingin vun-aatna zong kism lai hi aci mite tawh, a kism ding zah tawh Paul in kam kinalpih hi.

Eima’ lampan zong sepzek kul cih upna, vun-aatna tawh hotkhiat na ngah a cite khawng tawh kisai in, thukham hang hilo, upna tungtawn in Khazih in hongpiak dik kisakna ahihlan Paul in hong hihlcian hi. Tuni in vun-aatna khawng kibuaipih nawnlo ahihteih hang, buaipih ding a thukhun na om veve hi.

Protestant Puahphatna bawl mite in hih buaina mahtawh akipan hi uh a: Khazih’ nungzui khat nuntakna sungah, Khazih mahin upna thubulpi ahi hi. Khazih in “eite’ upna hong cingtaak sakpa” (*Heb. 12:2*) cihi. Eite in i masakte pen a munmaan ah a om nakleh, Pasian’ hong itna sungah i nungta ding uh a, tu mahmah in hotkhiatna thu a hihleh “cilehsa sungah kingalo” (*Phil. 3:3*) ding hihang.

\*February 7, Sabbath ading kiginkholhna in tukaal lesson sim in.

## Topa sungah Lungdamna

**Simin, Philippi 3:1–3. Paul in bang hoihna leh siatna gen khawm a, koibangin kizomsak hiam? Thu ummite koibangin pulaak hiam?**

Paul in thuhoih khat tawh a laikhak kipan in a laikhak buppi tuabang vive ding bang ahi hi. Hi tuanlo hi. Hih laikhakna' thukhunpi khat ahi; Topa sungah lungdam ding ahi hi. Tua tawh kisai hangthu tampi tak zong pia mah ding hi. A thupi pen in, eimah ki muang zawlo in Khazih sungah muanna neizaw ding cihi: “Eite in Zeisu Khazih tawh kipawl in cilehsa sung lungmuangte ihi kei hi” (*Phil. 3:3*). Tua lampite khat peuhpeuh zui in, cilehsa sungah khamuanglo in, ahaksa zaw lampi khat peuh a zui i omkha hiam?

Vauna khauh mahmah “kidawm un” cih thumvei om a, Lai Siangtho mundang ah om ngeilo hi. Tua tungtang a Paul gen lauhuai na pen Philippi mite in naktel mahmah uhhi. Buaina tuamtuam nam thum hizawlo a, zuau kamsang kipawl na khat in zuauthu lampi thum tawh gen uhhi.

Israel sungah biakna mel neilo migilote pen “uite” (*Phil. 3:2; Late 22:16; Isa. 56: 10; Mate 7:6; 2Pet. 2:21, 22*) peuh kici hi. Kamsang zuaute pen “gitloh gamtatte” le “pumpi a susiate” (*Phil. 3:2*) cihi. Galatia le mun dangte ah Nungzuite' ukna Council thutawh kilehbulh in Gentile thu-um thakte pen, vun-aat dingin sawl hamtang uhhi (*Sawl. 15*). Khalam ah tona lian khat mah ahi, zuau thuhilhna hong laan mahmahna tawh kisai, hilhcian theihna zong “Topa tungah lungdamna” thu khat mah ahi hi (*Phil. 3:1; Phil. 4:4*).

Ei' ading lungdamna a piangsak khatpeuh in hong lungnuam sak hi. Pasion in i lungnop ding hong deihsak a, Ama' kammal in zong lungdamna a piangsakna mah ahi hi. Hiteng ah, Pasion hong hehpihna (*Late 31: 7*); Amah muang (*Late 5: 11*); Hotkhiatna tawh kipawl thuphate sang (*Late 9: 14*); Pasion' thukham eima nundan suaksak (*Late 19:14*), tua lakah Sabbath zong kihel (*Isa. 58:13, 14*); Ama' kammal upna (*Ps. 119:162*); le biaknami tate pantah (*Pau. 23:24, 25*) cihte ahi hi.

**Nuntak hun cihteh ahoih mahmah hun zong a om mahbang in, haksat hun zong omding hi. Tu laitak in hoihkei phial mahleh zong, bangte lungdampih ding nahi hiam? Tuabang nahih ding bangin hong khak-hal hiam?**

## Paul' "Nun Lui"

Philippi 3 sungah, Paul mahbang in Khristian te in zong Zeisu sangin a kikhel khit leh a kikhelma vua a omzia uh a kibatna uh omveve uhhi. Leitung dinmun tawh et ciangin Khristian ahilo mi pawlkhat pen "mi hoihte" peuh hi taleh, hikei taleh kici ponglel hi. A langkhat panin, Pasian' lampan enleng, Khristian te nangawn kuamah hoih cilo hi.

**Simin, Philippi 3:4–6. Paul in khatvei lai in ama' kiphatsakpih mah mah tampi pulaak hi. Bangteng hiam? Nangma nunlui le tu laitak nundan ah "ahoih" na pulaak ding bang a omthei ding hiam?**

Paul in upna maanlo a tangko Jew thu ummite leh; vun-aatlo napi, amau hotkhiatna adingin vun-aatna lelpeuh muanglo in, Khazih tung ah a pum ki-aapte kikal ah kilamdanna teng hong pulaak hi (*Heb. 6:1; Heb. 9:14; Rom. 2:25–29*). Paul' nunlui le ama' nampi ahihna a nung thu teng pen, ama' sanggam Jew mite'n pimuh mahmah dinguh hinapi; tuate khempeuh in hotkhiatna bangmah hawm zolo hi. Hawm ding genloh, Khazih a kisapna musaklo zaw in khak-hal zaw cih.

Paul pen vun-aat bekthamlo "nigiat mi" hi-a, thuciamna tawh pianpih Israel minam ahih banah nigiat ni in vun ki-aat hi. Tua banah, Benjamin beh pan hi a, Israel khuapite lak pan a thupipen pawlkhat amau' beh aa ahi hi. Paul in Hebrew lai a theih banah Upa *Gamaliel'* sangnaupang (*Sawl. 22:3; 26:4, 5*), Pharisee zong ahih manin thukham thu thuk tel mahmah a, a niampen in ngeina tawh a kipawlna ciang ciang tel mahmah ding hi.

Paul in thukham it mahmah ahih manin, thukham tungah a kinga mahmah Jew nundan a dingin Khristian pawlpi in gal lauhuai mahmah ci in mu a, pawlpi hong galbawl tahi. Mihing tungah akinga "mawhbaanlohna" zong "thumaan" hilel peuh napi; Paul in, mihing' phuaktawm thuthukte langkhat ah, thukham in hong mawhsakna tepan kidaalna dingin, Khazih in eite maipan hong dinsak cih Paul in mu hi.

**Rom. 7:7–12 le MatT. 5:21, 22, 27, 28 simkak in. Zeisu le Paul in, thukham tawh kisai bang a thupi leh banghang in thukham sangin dikna bulpi ahi "Khazih sungah upna" (*Phil. 3:9*) pulaak hiam? Zeisu in thukham zui ding hong cihbang beek in na zui hiam cih ki entel in.**

## A Thupi Nate

Zanni sinna ah, Paul in a thupitsak a kiphatsakpih mahmah tepen a taktak in Khazih a kisapna hong musaklo upna hong khaktan hizaw cih honglak khin hi. Paul in sumvai kammal zang a, meet le sumh, ci-in, upna a neihma in ama' khalam sazian pulaak hi. En' kithupi seh khollo hibek a, mimalkim in "khalam sazian" kineikim hi. Masang lamin bel Paul' sazian pen Zeisu' thuhilhna tawh kiteh hilo in, Jew' ngeina peuh tawh a kiteh hilel hi.

Amah a kikhel khit ciangin, ama' kha sazian pen a tuampi khat hong suak a, "Judaism sum panin vantung sum" in hong kikhelta hi.

"Vantung pan hong tuaksukpa in vantung thu mah gen in, ama' lim mah a tuang vantung sum thu thumaan takin tangko hi. A tualniam mahmah mizawngte lamto in Ama' kumpi tokhom tung Ama' gei ah munpiak cihpeuhmah lauhuai mahmah cihpen Amah'n thei hi. Tuabang in a lauhuai mi maimaite tungah hong tung ding lauhuainate zong Amah'n veina taktak tawh hilhkhoh lai hi. A mawk na ahi leitung nate tawh amaute' hun, siamna le amau' ngahtheih ding nate a mawk beisak lohna dingin amau' lungsim vantung lamah zol thapai lai hi"—Ellen G. White, in *The Advent Review and Sabbath Herald*, July 1, 1890.

Leitung Judaism biakna kum zalom khatna sungteng ah, Paul in nawhsa takin hong minthang vangvang a, Damascus khua apaina lampi tungah Zeisu' khuavak amuh ciangin hong mittaw ta hi (*Sawl.* 9). A khalam mit hong kihong in muhna siangtak hong neithei ta hi.

**John 9** ah zong, mittaw hinapi Zeisu a mutel sitset mipa khat om hi. Zeisu in Amah leitung hong paisukna pen "mittaw te in khua amuh theihna ding, khua muthei a kineihthe in mittaw a batna dingin leitung ah thukhen dingin ahongpai kahi hi" (*John 9:39*). **Hih thukhun koibang in nuntakpih thei ding nahi hiam?**

Vantung le leitung thak ah tawntung nunna sangin a manphazaw bang omthei mawk ding ahiahiam? Leitung in a thupitsakte in mitampi mittawsak leuleu hi. Leitung in manpha a sakte tawh a kidem ngitngtet te (*Matt. 13:22; Luka 4:5, 6; 1John 2:16*) le van-tung in thupi a sakte – Khazih tawh kibatna le hotkhiat khate ahi hi.

**Khalam thumaante le a thupi taktakte pen leitung in hong musak lo thei hi. A thupi taktak nate i mitsuan theih nading tawhtang in bang ahi hiam?**

## Khazih' Neih Upna

Paul' thubulpi mansuah keini maw. Damascus lampi tungah a lamdang mahmah kikhelna khat neikha hi. Thukham a bulphuh ama' nunlui pen, Khazih teekin a ompihna tawh khek ta a, "Khazih tawh kipawl in Ama' sungah om" (*Phil. 3:8, 9*) cih.

**Khazih tawh kipawl" cihpen lunglut huai phadeuh hi. Eph. 1:4; 2Cor. 5:21; Col. 2:9 le Gal. 2:20 cihte simin. Hiteng bulphuh lecin, Paul in bang ngaihsutna nei dingin na um hiam?**

Paul' kammal 'Khazih tawh kipawl' cihpen kikapna tam ompen hi. A hilhcianna zong Paul' kiangpan mahin kingah kik hi. "Tua ageel thupen a hunhoih atun ciangin Khazih' khutnuai ah vantung le leitung ah a om khempeuh gawm ding ahi hi" (*Eph. 1:10*) cih. Tuamah pen acil apat in Pasion lunggulhna hilimlim hi. Ahihtheihna ding Paul mahin hong hilhcian hi: "Pasion in Zeisu Khazih hangin note tungah nuntakna hongpia a, tua Zeisu Khazih pen eite' pilna, Pasion tawh i kipawl theihna, Pasion' mi siangtho suakin hotkhiatna i ngah theihna ahi hi" (*1 Cor. 1:30*).

"Khazih' sungah" i om ciangin hotkhiatna ngiimna in a huamsa khempeuh kitelcian hi; khalam pilna hong phalvakna (*pilna*), upna tungtawnin diksakna (*thutanna*), vantung tawh kilawmsakna (*siangtho sakna*), le a nunungpen in Nihveina hong Kumsuk ciangin minthan'na (*hotkhiatna*) cihte ahi hi. Hotkhiatna cihpen a kipatna pan a tawpna dongin ei a ding leh eima' sungah Khazih' nasepna vive ahi hi. Tua hi a, Khazih i neih nakleh, akisam khempeuh neikhin hihang.

**Simin, Philippi 3:9. Paul in hong etkak sakzel thunih, tua thunih tegel banghang in thupi thei ding hiam?**

Paul in ama' "aituam dikna" pen dikna taktak hilo, nuntakna zong hong pia theilo (*Gal. 3:21, 22*); Upna tungtawn in Khazih bekin hongpia thei, upna maimai zong hilo cih hong theita hi. A tawpna ah dawigilo te'n zong um in liingkeuhkeuh uhhi (*James 2:19*). Hong honkhia taktak thei upna pen "Khazih' upna" hi. Ama' upna bekin picing takin thu mang thei bek hi. (Upna pen Greek pau in *pistis* hi a, cihtakna zong ahi hi). Eite'n Khazih sungah i om a, Amah zong eite' sungah hong omleh (*Gal. 2:20*), Ama' sungah upna hangin Ama' upna tawh i nungta uhhi.

## Na Khatbek Kisam—Khazih Theihna

**Simin, Phil. 3:10–16.** Hiteng ah Paul in bang a thupi pawlkhat pulaak hiam?

Amantakpi cileng Khazih theihna sangin a thupizaw dang omlo hi. Khazih in ei hong theih manin, a tawpna ah Pa' maiah eite hong thei in aamah hong khaan ding hi (*Matt. 7: 21–23; Matt. 10:32, 33*). Amah koici theih ding? Ama' kammal Lai Siangtho simin nuntak pih ding hi. Nungzuite bangin maitang kimu in kithei theilo hi. Tuabang ciang i theih na- ngawn zong, Ama' kammalte awlmawhlo in hong makaih dingKha Siangtho a kisaplam zong thupi kisalo thei lai hi (*John 16:13*). Ama' "thawhkikna vanglian" (*Phil. 3:10*) tawh "nuntak na thak" (*Rom. 6:4*) ah thokik leng; Amah thei semsem in, Amah naih semsem thei ding hihang.

Zeisu tawh kinaih semsem theihna lampi khat pen zong "Ama' thuak bangin thuak" na ahihi (*Phil. 3:10*). I phutkhak haksatna khempeuh, natna satna khempeuh in, eite adingin Zeisu in hong thuak sakna teng le Amah mahmah le Ama' deihna hong telcian sak hi.

Kinaih theihna lampi a thumna pen "kung lam zuanin" (*Phil. 3:14*) tangtak in paina hi. Kung in bang hiam? Lai Siangtho Thak sungah hiteng bekmah ah a om (*skopos*) ahi hi. Kidemna khat sungah a zote in thaman a ngah theihna ding a tawpna mun ahi hi. Tua pen Paul in "Khazih Zeisu nasepna tawh vantung nuntakna ah Pasian hong sapna" (*Phil. 3:14*) cihi. Khazih in Ama' sihna, thawhkikna le van a kahtoh mahbang in, vantung thaman ahi tawntung nuntakna a ngah dingin, Pasian in eite zong hong sam hi.

Tuabang lianin zosiang nailo hihang. A "tualniam pumpi" pen "a minthang Ama' pumpi bangin hong kheelsak" (*Phil. 3:21*) ding hi. Amah theihna tawh, nisim eima nunna sungah Amah ompihsak in, eima' hih theihna zahzah Zeisu tawh kibang dingin kungbul mainawt tentan ding hihang. Hihpen Paul in a bulphuh mahmah "na khat" a cih pen ahi hi.

Tai kidemna sungah zong (*1Cor. 9:24–27*), eima' tunna le kua'n hong zui cih ki-awlmawh manlo hi. I mungtupna bulpi khat pen i mai a om nakhat bek hi a – ei hong ngak vantung' thaman ahi hi. A khauh pai limlahna khat: tai kidempa in kung bulphuh hi. Thagui thatang saal in kungbul a tun mateng mailam manawh in tai hi.

**Topa tawh tonkhopna ah, nung hei-et loh ding, i mawhna le sup nate peuhmah nung hei-et lo in; mailam en cinten in Khazih sungah kamciam lam manawh ding banghang in thupi hiam?**

**Ngaihsutbeh Ding:** “A thahat mahmah, Khristian nundan tawh a kidim gamtatna in nakhempueh nusia in Khazih a dingin piakhin ding hi; Tankhiapa in lungsim phellang peuhmah sanglo ding hi. Kipumpiakzia nisim in kisin ding hi. Pasion’ kammal sim ding a, akhiatna le thupiakte zuihding zong kisin ding hi. Khristian dinmun hoihipen dong tung ding hi. Pasion tawh na semkhawm ahih manin, sittelna nunungpen ah zong dingtang zo dingin picing sak hi. A puksa lei mite a ding lungdamthu in hong hihsak nate pen; thu ummite in midangte le vanmite’ maiah pulak den ding uhhi”—Ellen G. White, *The Acts of the Apostles*, p. 483.

“Mopipa hong pai ding a ngak mite in, midangte kiangah ‘enun na Pasion’ ci ding uhhi. A nunung peh hehpihna khuavak, leitung a ding a nunungpen hehpihna thupiak pen Amah’ hong itna omzia ahi hi. Pasion’ tate in Ama’ minthanna pulaak ding uhhi. Pasion in amaute a ding a hihsak sa khempueh pen amau’ nundan leh gamtatna tawh lahkhaia ding uhhi.

“Thumaanna Ni (*sun*) in nahoih sepna sungah taang ding a—i kammal hoih leh gamtat hoih a siangtho sungah taang ding hi”—Ellen G. White, *Christ’s Object Lessons*, pp. 415, 416.

### **Kikupding Dotnate:**

① Topa sungah lungdam ding lungngai un. Nomau’ haksatna te sung khawngah lungdam ding cilo; Topa sungah cihi. Eima’ mai ah, Topa, Ama’ hoihna, Ama’ vang liatna, hong itna leh hong hotkhiatna banghang in koihden ding ci hiam?

② Atunga thu kisungte in Khristian te peuhmah “na hoih” hong semsak nuam cih thei in. A sawtlo in Khazih hong pai ding a lam-en mite a ding tua hehpihna in banghang in thupi thei hiam? Eima nasep hoihna tawh hotkhiat ihihloh tei hang, tuate neikei taktak leng hotkhiat ihi thei diam?

③ Cilehsa tungah lungmuanlohna mah lungngai phot in. Bang a cihnopna hiam? Banghang in tua sungah lungmuang lo se ding ihi hiam? Cilehsa zong Pasion hong piak mah hilo maw?

## Lametlohpi Pawlpi Khat ah Pai

Gilbert Fimaka in Sunday zingsang khat biakinn pai nuam mahmah-in hong thokhia hi. Cidamna lam missionary asem kum 22 apha khat in a seppih pa kiangah alunggulh gen hi. Amau nih pen Zambia gam nawl lam ah missionary kaal thum va sem uh hi.

Gilbert in “hihtak-a biakinn khat ah ni sagih ni Sabbath thugen nuam ing” ci hi. Tua khitteh hong nui-in akhanpih pa zong hong nui hi. A ut pen akhiatna omlo tawh kibang hi. Ahih hangin Gilbert lungsim sungah pai nopna nei-in zong pai takpi hi.

Anai pen-a biakinn ah aluut ciang-in hong hi duang hi. “Tuni pen biakpiak ding ni hilo hi” cih phau ding ahih loh lam kithei hi.

Upmawhlo pi-in pawlpi mi khat in na lim dawn-in om nuam sak pah hi. Mi tampi in zong cidamna lam asepnna na thei khin uh-a na dawn kim uh hi. Pawlpi makaite kiangah bang tu sak uh hi.

Tualeh hunpi ding hi ta hi. Lamet loh pi-in Gilbert hun zang sak uh hi. Pulpit akah ciangin lung neu hi, Sabbath thu agen ding kihta hi. Tua ahih man-in Job bu hong lem hi.

Gilbert zong thu agen laitak-in “Sabbath thu gen in” cih aw neu za hi. Amah’n tua aw nawlkhin-in a Sermon zom suak hi. Aw neu a nih veina ging kik hi. Athumveina ciangin Gilbert zong Siampilaibu 23:3 hong lem-in simkhia hi “Ni guk sung na kistem ding a, ahih hangin a ni sagih ni pen Sabbath tawlngak ni hi a, a siangtho kikhopna ni ahi hi. Tua ni in na khat peuhpeuh na sem kei ding uh hi. Note teenna peuhpeuh ah TOPA Sabbath ahihi.” Tua khitciangin Mat 28:1 le Pian 2:1-3te zong simkhia hi.

“Ni sagihna pen Sunday ni ah tulo-in Sani ni ah tu hi, tua hi-a kikhop ding ni taktak pen Sunday hilo-in Sani ni hi” ci hi.

Sermon man’tteh pawlpi siapa hong ding-in Sunday ni ah kikhawm nawn kei ning Sani ni ah kikhawm ta ning” ci hi.

Pawlpi mite biakinn pan apaikhiat ciang un gamlum ngeingai uh hi. Pawl khatte kap hi. Khat in “Ni manlo ah i kikhop khak lam en’ thei kha lo mate” ci hi. Adang khat in “tu-a kipan Sani ni ah kikhawm ta ni” ci hi. Tuakhit asawtlo-in pawlpi makaipa SDA ah tuikiphum-in pawlpi mi dang te zong tuikiphum dingin Lai Siangtho sinta uh hi.



*Hih tangthu in SDA pawlpi’ mungtup “kei pai ning” ah nasep zia ding honglak hi. “Khazih pen mite tawh kikhawl, itna lak, a kisap uh huh, alungsim uh la, tua khitteh a nungzui sak hi.” Deihna mungtup pen mite vei takpi ding, Khazih kiang tunpih ding nungzui asuak sak Khazih’ nungzuite mah bang-in SDA pawlpi ah luut sak ding” cih thu hi. IWillGo.org ah sim beh in.*

## *Khen I: A Huamin Etna*

**Thubulphuh:** *Philippi 3:10, 11*

**Lungngaih Ding:** *Philippi 3.*

Khazih abulphuh gamtat hoihte tawh hih leitung ah thu umte in ataangkha dingin kisawl khit ciangin Paul in gupna ngah nading ah Khazih pen muanpi-in muan kul hi cih lam ah hong paipih hi. Paul in Philippi pawlpi bup lam akhial sak ding-in lungdamna thu akai kawi sia zuaute'n huzaap nei zo ding hi cih gen pih hi. Galati pawlpi-a thupiang dan mah-in Philippi pawlpi ah Gentile Christiante gupna ngah nading-in upding, ciin' ding thu kawi kihilh tuak hi.

Paul in hih vai thupi sim hi. Lungdamna thu pen teipi dawn ah tung ta hi. Paul in siazuaute leh athuhilhte pawlpi sungah hong sim luut ding apatauh pih mah-in tuate pen uite, ahoih lo nasemtet ci liang hi (Phi 3:2). Tua kammalte pen hehna, deihlohna lahna-a kizang kammal khauhte hi. Philippi te tung ah tua thute agen pihna in zuau thu hilhna vai ah bangcih kul hiam cih Paul in thu manpha hong pia hi. Tua thu manphate tuhun-a pawlpi aadingin thupi mahmah hi. Gen taktak le hang i pawlpi khempeuh pen zuau thu ahilh siate toknawina atawm atam-in kituak kim hi.

Tu kaal lesson in thubul thum en hi:

1. Topa sungah lungnopna pen mihing haatna ah kingak ding langlam ah om hi.
2. Kikheel takpina in kheelna lianpi piangsak hi, taksa haatna ah kikhuang khohna pan-in Khazih sungah kikhuang khoh sak hi.
3. Khazih tawh kitheihna pen khan beh tohtoh ding thu hi. Amah tawh kithuah semsem leh ki-itna thuk semsem ding hi. Khazih tawh kitheihna pen Amah tawh maitang-in kimuh theih ma dong khang toto suak loh phamawh hi.

## *Khen II: Hilhciaanna*

### **Tangthu Tom**

“Italy le Bohemia kumpipate in John Huss tuahsiasak lo ding ci-in kham uh hi. Amau ciampeel uh hi, Huss pen kithat hi. Kumpi Charles I in “keimah kumpipa in na nuntakna, pahtawina, ahieh kei leh na mailam ding tuahsia sak lo ding hi’ng” cih kigelhna lai Thomas Wentworth in kem hi. Tua khit asawt loin amah kithat ding-in tua kumpipa mah in amin thuh hi. “Mihing, uliante muan ding sang in Topa belh ding hoih zaw hi’ pen pau nu’nung pen hi.” — Paul Lee Tan, *Encyclopedia of 7,000 Illustrations:*

*Signs of the Times* (Garland, TX: Bible Communications Inc., 1996), p. 1525.

### Topa sungah Lungdam Ding Langah Taksa Muanna

Philippi 3:1-3 sungah Paul in mihing' lawhcinna kiphatsak pih loh dingin hong vau hi. Aneu khat-a hanthotna "Topa sungah lungdam un" pen Late bu sungah aomsa hi. Tua tak ah ciapteh ding pawlkhat om hi: "Topa aw, na thahatna ah kumpipa lungdam ding a, Nangma hotkhatna ah bangzahtakin kipak ding ahi hiam" (*Lat 21:1*); "Topa sungah lungdam unla kipak un" (*Lat 32:11*); "Topa tungah mi dikte lungdam un" (*Lat 64:10; Lat 97:12 tawh saikaak in*); "Na nasempa nuntakna hong lungdamsak in." (*Lat 86:4*); "kei nong lungdamsak hi" (*Lat 92:4*); "Ka lungngaihate ama aa dingin namtui taken. Keimah in Topa tungah ka lungdam ding hi" (*Lat 104:34*); "Topa in eite aa dingin na lianpate bawl ahih manin, i kipak hi." (*Lat 126:3*). Gen taktak le hang, Topa sungah lungdam ding pen Thuhilhikikna bu bup ah kisawl pahpah thukham hi (*Thu 12:7, 12, 18; Thu 14:24; Thu 16:11, 15; Thu 26:11; Thu 27:7*).

Philippi 3:1-3 sung ah mangkam-in kiletna te ah lungdam ding thu nihvei dawk hi — "Topa sung ah lungdam un" (*Phi 3:1*) le "Khazih Zeisu sung ah a lungdam" (*Phi 3:3*). Bang bang hita leh Greek lai ah kammal nih na zang hi. Phi 3:1 ah Paul in *Chairō* zang hi, lungnuam, nuamsa cihna hi. Phi 3:3 leuleu teh Paul in *kauchaomai* na zang-a KJV in "kisial, kipak" ci-in ki let den hi; Rome (*Rom 2:17, 23 en in*) le Corinth Nihna cih tegeel phadiak ah "kisial" ci-in nalet hi (*2Co 5:12; 2Co 7:14; 2Co 9:2; 2Co 10:8, 13, 15, 16; 2Co 1:12, 16, 18, 30; 2Co 12:1, 5, 6, 9, 11*). Verb *kauchaomai* pen *chairō* sang-in lungdam kipak zaw hi.

Tua ahih man-in Phi 3:3 ah "Khazih Zeisu sungah lungdam" ci-a kilet pen "Khazih Zeisu sungah kisial" ci-in kilet thei hi. Paul in Khazih sungah lungdam ding leh mihing hih zawhna ah ki-ngakna kinial tek tuak hi ci hi. Hih thu zui-in Paul' gen pen Galati 6:13, 14 sung-a tawh kibang mahmah hi. Paul in akisial nuamte thuhilh-in (*Gal 6:13*) ama' kisialh pen Khazih singlamteh bek hi ci hi (*Gal 6:14*).

Paul in gupna ngah nading-a mihing hahkatna thu Phi 3:3 ah agen teh "ci le sa" cih kammal na zang hi. Bang bang hita leh New English Translation ah gupna thu ah "mihing hih zawhnate ah suanglo" (*Phi 3:3*) ci hi. Ei pen Khazih hihzawhnate ah suang hi hang. Idea pen Paul in Khazih sungah kipak ding cih na hi. "Topa sungah" lungdam (*Phi 3:1*) le "Khazih Zeisu sungah" lungdam ding pen (*Phi 3:3*) thu aluang khawm hi-in *Lat 34:2* "Ka nuntakna in Topa sungah a kisial ding hi. Mi gentheite in tua thu za in a lungdam ding uh hi" tawh akibang hi.

## Ci le sa ah Muanna pan Khazih Muanna ah

Mihing lawhcinnate ah kiphatsak khak loh ding thu Phi 3:1-3 ah gen-in Phi 3:4-6 ah khup hi. “Ci le sa suang” cih kammal pen Phi 3:1-6 sungah kipigen hi. Thumvei sang’*n* tawm zawlo hi. Paul in ci le sa muan na le Khazih sungah kipakna saikaak hi. Paul in Phi 3:5, 6 sung ah ci le sa ah akisialh theih thu sagih gen hi: (1) “ni giat ni-in vun at,” (2) Israel minam, (3) “Benjamin suan” (4) “Hebrewte lakpan Hebrew,” (5) “Pharisee,” (6) pawlpi abawlsiapa, (7) mawhsak nading omlo.” Vun atna thu gen masa-in mawhsak nading omlo ci-in akhup pen lungluut huai hi. Paul in ahanciam zawhnate gupna kai huai hi aci hileh kilawm hi. Ahi zongin Khazih amuh ciangin gupna ngah nading ahih zawhnate bangmah ahih loh lam hong thei hi.

Phi 3:7-9 sung ah Paul in akikheel khitleh akikheelma thu saikaak hi. “Metna” le “supna” kammalte kimu mahmah hi. Aneu 7 le 8 pen anuai-a dan-in kimu thei hi.

- A. “Keima **metna** khempeuh” (*Phi 3:7a*)
- B. “Khazih hangin **supna** in” (*Phi 3:7b*)
- B. “Thudang khempeuh **supna** hi” (*Phi 3:8a*)
- A. “Khazih a **met-a** ka ngah theih” (*Phi 3:8b*)

Atung-a laigelhdan pen “chiasm” hi ci-in kithei hi, Paul’ lungsim kikheelna agenna hi. “Supna” (Greek ah *zēmia*) ah Paul in verbal form ahi “sup thuak” (Greek *zēmeloo* pan hi) Phi 3:8 ah na zang hi. Hih dan-a muhtheih-in genna pen alungsim kikheelna genna hi-a ciapte taak hi. Asialh theih thu sagihte “Khazih Zeisu theihna” (*Phi 3:8*) tawh ateh ciang-in suptaak sa hi. Khazih atheih khakna in Paul’ nunzia luite hong maan sak hi. Paul in ci le sa suanna pan Khazih hong suang ta hi (*Phi 3:8*), thukham zuihna tawh thumaan mi hihna pan Khazih bulphuh thumaan mi hong suak ta hi, Pasian’ hehpihna ah abup-in kinga ta hi.

## Khazih tawh Kitheihna pen kisin Tohtoh ding Thu Hi

Philippi 3:10 sung ah Paul in ama nunna ii kung tawpna pen Khazih tawh kitheih nading hici hi. Amah’*n* Khazih’ thuakna, sihna le thawhkik nate agenna pen Khazih’ thu theihna pen athu-a atehi bek hilo-in theih beh toto-na hi ci hi (*2Pe 3:18 zong en in*). Hih thukawng Phi 3:10 ah kitel thei zong-in Phi 3:12-16 ah azai-in na gen beh lai hi.

Tua ban ah Paul in thawhkikna thu bek ah (*Phil. 3:10, 11*) Khazih thu acing-in kithei thei hicih thei hi. Hih thukawng pen Phil. 3:12 gen pen hih

tuak hi: “Tuatē ngah khinzo ing, picing khinzo ing a ci ka hi kei hi. Khazih Zeisu in tuatē a ngah dinga kei hong mat bangin kei zong tuatē ka mat zawh nadingin a delhdelh ka hi hi.” Tua khit teh Paul in Phil 3:10, 11 sung-a mungtup nihte koi cih hahkat hiam cih gen hi: (1) amah’n “nung lam a om nate mangngilh,” (2) amah’n “mailam a om nate zam hi” (*Phi 3:13*). Bang bang hita leh akhat in adangkhat nusialo hi. Paul in tua thute khat-in suah hi “ka hih khat om hi” ci hi (*Phi 3:13*). Tua khat pen lungsim siang tawh kalsuan hi “tunglam pan-a Pasion in Khazih Zeisu sunga hong sapna ahi pahtawina” ngah sawm hi (*Phi 3:14*). Pahtawina leh sapna pen Good News Translation dan abat le akibang hi kici thei hi: “Khazih Zeisu tungtawn-a Pasion’ hong sapna ahi pahtawina.” Tua pen thawhkik hun gennopna hih tuak-in tua hun ciang-in Paul in Khazih acing-in tel ding hi. Tua masiah bel thu umte’ pahtawina ngah nading hahkatna ah Khazih atheih beh nading un tha san kul hi (*Phi 3:15, 16*).

### **Khen III: Nuntakna-ah Zatpah Ding**

Anuai-a thute lungngai in. Tua khit teh Sabbath sang hong paite kiangah dong in.

Lai Siangtho in gupna i ngahna pen i sepzawhna ah kingalo hi ci hi. Hih thu pen nisim in Topa sung ah i lungdam ding thu hi. Gupna pen nahoih i septe tungah kinga le i lamet ding bangmah omlo ding hi. Lai Siangtho’ gen dan ah lungdamna cihpen Pasion in Khazih Zeisu tung tawn-in eite aading hong sepsakna i thuhkikna hi ci hi. Thu le late ei deih, ei lamet bangin pianglo mah ding hi. Ahi zongin Habakkuk sung-a gen bang mahin i lungdamna ding ahangte om hi “Topa sungah lungdam in, Ka hotkhatna Pasion sungah ka kipak veve ding hi” (*Hab 3:18*).

Thu um khat ii nunna ah mihing’ lawhcin na hangin kiphatsak nading athu omlo hi. Mi khat in gupna pen khat ii sepzawhna ah kingalo-in Khazih tungtawn-in Pasion in ei aading hong sepsaksate leh hong sepsaklai nate tung ah abup-in kinga ta hi cih atel ciangin, “Khazih Zeisu theihna” (*Phi 3:8*) hangin metna hi ci-a kisaksate supna-in kisata hi. Khazih tawh kisut ding thu pen mikhat ii mungtup hita-in na hoih sep pen ama thu-in nungzuih ta hi. Paul in hih bang-in na ci hi “Banghang hiam cihleh Pasion in eite sep dinga a koihsa na hoithe a sem dingin Khazih Zeisu sunga hong piansak ama bawlsate i hi hi” (*Eph 2:10*).

Christian i hih manin akhangto ding-in ki om hi. Hih thu pen Paul in Philippi pawlpite kiang lai akhakna ah lungdamkohna khawk ah om hi

# HILHCIANNA

“Note sungah nasep hoih hong pankhiapa in Zeisu Khazih ni dongin kicingtakin hong zomsuak ding hi ci in ka lungmuang hi” (*Phi 1:6*). Tua ni atun ma dong ei pen “nung lam-a om nate” mangngilh loh phamawh-in “mai lam-a om nate” zam kul hi (*Phi 3:13*).

## Dotnate:

- 1. Gupna pen i sepkhiat nahoihte tungah kingalo cih thu ngaih sun beh in. Hih thu pen bang hangin thuhoh hong hi ahiam? Hih thu in lamet nading hong huzaap huai hiam?**

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- 2. Mi tampi tak-in apiangsa thute ah ki sungsia uh hi. Khazih' mawh maisakna athu-in atheih hang-in asung uh ah pai lai uh hi. Tua hang-in apiangsa thute pai khin zolo uh hi. “Nunglam a om nate” i mangngilh bawl loh phamawhna leh “mailam a om nate” zam ding thu lungngai beh in (*Phi 3:13*). Hih thukham in bang alamdang thu hong pia hiam? Hih thukham pen mihing lungsim bang hangin hong suakta sak, hong dam sak hiam?**

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# Vantung Gammi-suahna



## SABBATH NITAAK

**Tu Kaalsung Simding:** *Phil. 3:17–4:23; 1Cor. 15:42–44; John 14:27; Late 119:165, Job 1:21; 1Tim. 6:7.*

**Kamngah:** “Bangmah thu ah lunghimawh lo-in na khempeuh ah lungdam ko kawmsa in thungen unla, na kisapnate uh Pasion tungah pulaakin na ngen un.” (*Philippi 4:6, ZSV*)

**T**u kaal sinna pen Philippi mite’ thu sinna thukhupna hi a, a manpha pilna leh nisim nuntakpih ding thuhoih tampi kihel uhhi. Hih laikhak a nunung lamah, Paul nuntakna a makaih den hoihna tampi takmah hiteng ah kihel ding hi. Zeisu’ thuhilhate mahbang in, mihing’ sunglam mah a bulphuh, Paul in hong hawp sawn nate pen, Khristian nuntakna nopna thusim ahi hi.

Na khempeuh ei’ deihbang ahik kholloh hangin, upmawh sang in hoihazaw thei zel ahik manin, lungkiat luat pahpah ding zong hisamlo hi. Nuntak sungah haksatna leh tona te phulzawhna dingin, sunglam thahatna thukhun te hangin, Pasion bekin hong piak theih kilemma leh tawntung daihna hong ngahsak hi. Tuhun leh mailam hun khempeuh in Ama’ khut sungah om ahik manin Amah in eite kisapna khempeuh hong sik ding hi.

A thupi pen panin lungkiatna bek hong piangsak thei, hi leitung ki ukna tungah bang lam-etna mahmah neih ding hilo hi. Khristian tepen Pasion’ gam mite ahi uhhi. Tua gammi hihna in a lamdang mahmah hamphatnate leh vaipuak tampitak mah hong ngahsak thei hi.

\*February 14, Sabbath ading kiginkholhna in tu kaal lesson sim in.

## Etteh Dingte

Mi khempeuh in eima pimuh phatdeuh le etteh nop deuh kinei tek hi. Naupangte phadiak, amau' etteh ding limhoih alak ding kisam phadeuh hi. Tuata pen amau' palehnu zong hikhasop ding hi. Hong khantoh ciangun etteh ding dang peuh zong muzel uhhi. Amau' nuntak na'ng a teelna uhleh, tangthu simna peuh panin muthei uhhi. Lai Siangtho sungpan tona lianpi neite' thu a sinna pan un amau' nundan peuh tawh enkak uh zong hithei uhhi.

Tulai media te sungah siatna lam etteh ding tamlua hi. Thang hong kisiahna tam mahmah hi. Zualzangna lam thapia tangthute in mihoih pipite nangawn siatlauh sak hi. Paul' laisim Philippi mite in, internet khawng neinailo napi'n hihthute mah na phukha khin uhhi.

A mantakin cileng, Paul hunlai a leitung in tuni a eima leitung mahbang in siatna, zualzangna leh gitlohna tawh kidim khin hi. A om tawntung leh a omlai ding gitlohna in a tawpdong in om ding hi. Dotna khat omthei hi: Koibang in dawngthuk ding ihi hiam?

**Simin, Philippi 3:17–19. Hihmun ah apha le asia etteh dingte koibang in pulaak hiam? Tua tegel kikal thu koibang in khentel thei ding ihi hiam?**

Paul in aki thutuah pihloh mite nangawn it in – a kah ngiatngiat na phawkhuai hi. Ama' galte ci hetlo in “Khazih' singlamteh tawh a kilehngat mite” (*Phil. 3:18*) cibek hi. Paul in a zaizaw semin hong pulaak lai a, singlamteh in kikalah kidalna teng sukham in, hong kibang sak a, Honpa kisam mawhneite ihihna hong kilangsak hi (*Eph. 2: 11- 14*).

Philippi mite in, asiate etteh zawlo in limhoihte etteh zaw dingin a hatthotna zong phawkhuai hi. Ama' nundan tawh a kibangte peuhmah awlmawh mahmah dinguh cihi. Amah'n Rom mite a thuhilhna ah “note theihsa thute gensia langpang in, mite upna nawang- kai sakin, pawl akikhensak mite kidawm un. Tuabang mite tawh kikhawl vetkei un” (*Rom. 16: 17*) cihi. Zuau khemthei tua Rome mite pen “tuabang mite in i Topa Zeisu Khazih' nasem hilo in, gilpi vaibek a sem uh ahi hi” (*Rom. 16: 18*).

**Zeisu bekma etteh taakingpa icih teihang, mun khatkhat ah a etteh huai mite zong omthei uhhi. Mi tungah Nang koibang etteh huai nahi thei hiam?**

## “Topa sungah Dingkip un”

**Simin,** Philippi 3:20, 21. Paul in Khristian “*gammi hihna*” koibang hi ci hiam?

Singlamteh tawh a kilehngat mite tawh a kibanglo “leitung nate a lunggulh mite” in, amau’ gilpi sangin a lianzaw pasian dang neilo cih (Phil. 3: 19). Khristian te ahiehleh vatung gammi hi uh a, amau’ Topa in Zeisu Khazih ngiat ahi hi. Tuabang hong hisak thei thu pen Paul in “a ginalo i leitung pumpi pen, Ama’ aa mahbang in a minthang pumpi tawh hong kheelsak ding” (Phil. 3: 21) cih. Natna satna, siatna leh sihna tawh akidim eima pumpi pen; a thokik a minthang Khazih’ pumpi tawh kibang in hong kheelsak ding hi.

**Anuai-a** munte in a minthang pumpi koibang in pulaak hiam?

- Job 19:25-27 \_\_\_\_\_
- Luke 24:39 \_\_\_\_\_
- 1Cor. 15:42- 44 \_\_\_\_\_
- 1Cor. 15:50- 54 \_\_\_\_\_
- Col. 3:4 \_\_\_\_\_

A tawpna ah, Zeisu’ sihna in “gal nunungpen” sihna. susia ding hi (1Cor. 15: 26). Tua in ei a ding lam-etna lianpen, Zeisu’ hong kamciamna lianpen – sihna tawh tawpziau lo in pumpithak khat, a “minthang pumpi” (Phil. 3: 21) hongpia ding hi.

Laibu khat om a, Pasian lotawh “*hotkhiatna*” cih. “*Hotkhiatna*” cihin sihna tungah galzawhna cihpen nial in; laikungpu Luc Ferry in, Khristian’ upna in “mihingte lunggeelna in sihna paltanzo bek thamlo, sihna mahmah satgawp in thuhilh thei hi. Pumpi thu kisinna leh ngaihnutna lel tawh hilo in, mimal khat thu ciaptehna bang hileh, eimah in sithei mi ihinna tungtawn in, a nunungpen khatvei galzawhna tawh nuntak tawntung theihna ding tua lampi bek ahi hi” —Luc Ferry, *A Brief History of Thought* (New York: HarperCollins, 2011, Kindle edition), p. 90. Pasian umlo khat’ upna ahi hi.

Paul a ding ahiehleh, vangtung gammi ihih na’ng pen, tu in lungsim in geelzawhloh, mithak silsel in thawhkikna tawh tawntung nuntak na sung lut ding kamciam omgige hi.

**Thu ummi khempeuh a dingin tawntung nuntakna kamciam in banghangin thupi hiam? Khazih in eite hong kamciamna sangin a hoihzaw bang kamciam leitung in hong piathei ding hiam?**

## Topa sungah Lungdam Tawntung un

**Simin,** Philippi 4:4–7. “Pasian sungah lungnopna” koici kingah hiam?

Kipumkhatna ding kisapna thu a zawhkhit ciangin (*Phil. 4:1–3*), Paul in thukhun dang khat: Topa sungah lungdamna lam ah paikik hi (*Phil. 4:4–7*). Hong om phetleh a tui suakziau pahthei, bang adingin nasia takin na hanciam ngei hiam? Zeisu in lungkham luatloh ding thu hoih tampi tawh hong hanthawn (*Matt. 6:25–34; Matt. 10:19*) a, Peter in zong “Amah in note hong kem ahih manin” (*1Peter 5:7*) na lungkham nate uh Topa kiang ah tunpih ding cihi. Tu a leitung a buai na tuamtuanthe hangin Topa hong pai ding hun nai mahmah ta cih hong lam-en sak hi (*Matt. 24:33; Luke 21:28; James 5:8*).

Na khempeuh le mun khempeuh a lungkhamna teng bawldamna zatui in thungetna puaktohna ahi hi (*Phil. 4:6, 7*). “Lungdam kohna” tawh thungen in, i thungetna hong ki dawnma in zong upna tawh kalsuanpih pah ding hi. Kammal ki behlap khat om a “hehpih ding thuumna” (Greek, *deēsis*), thu-kin phatmawh hun cihna ahihi (*Luke 1:13; Phil. 1:19; 1Tim. 5:5; James 5:16*). Eite’ thungetna peuhmah pen “*thuumna*” vive hiphot a, eite in “Ama’ deihna tawh kituakin” (*1John 5:14*) i ngetleh, i nget khempeuh Pasian in hong pia ding hi. Tua hileh, eima’ ngetna khempeuh Pasian’ khut sungah om ahih manin, lungnuam takin tawlnga hithiat theita hihang.

**Anuai-a** munteng in Pasian sungah lungnopna koibang in hong khangsak thei hiam? *Late 29:11; Isa. 9:6; Luka 2:14; John 14:27; 1Cor. 14:33.*

Pasian’ lungnopna cihpen eite’ Honpa Zeisu Khazih tungtawn in tawntung nunna hong lungmuan sakna hi a, leitung in hong pia theilo hi (*Rom. 5:1; Rom. 6:23*). Tua lungnop na in nuntakzia etkimna hi a “Pasian hong piak lungsim nopna” (*Phil. 4:7*) ahi hi. Mihing’ lungsim Greek pau in *nous* (lungsim) in baan zolo hi.

**“Pasian kiangpan Lungnopna” na neihlam mi khatpeuh kiangah koibang in pulaak thei ding nahiam?**

## Hih Thute Lungngai un...

Mihing' lungsim bat zawhloh lungnopna pen “Khazih Zeisu tawh kipawlna” (*Phil. 4:7*) hang ahi hi. I sunga nuntakna in kepbit kisam hi. *Phil. 4: 7* in Pasion' lungnopna tawh a kipawl galkapte tawh gentehna pia hi. Greek pau in (*phroureō*) pen khuapi a cing galkap honpi a cihnopna ahi hi (*2Cor. 11; 32; Sawl. 9: 24*).

Lungsim sung nopsakna ding a phamawh mahmah khat pen Pasion' deihna bangin nuntakna ahi hi. “Nangma' thu a deihte in lung nopna lianpi ngahuh a, amaute a tuksakzo ding bangmah omlo hi” (*Late 119:165*).

### **Simin, Philippi 4:8, 9. Bang hih ding hong hanthawn tuam hiam?**

Paul in *Phil. 4: 8, 9* sungah “a tawpna ah” ci in hoihna thu guk behlap hi. Tuateng tomlaak in Paul' limlahna bangin zuih ding hanthawn hi. A thukhupna ah Greek leh Rome ngeina tuamtuam te a om Philippi mite a dingin tuathute in lemkek bilbel hi. Lai Siangtho sunga gamtat hoihna tengmah bulphuh hitei napi, Paul in Greek mite hoihna namli a nutsiat sese zong lunglut huai veve hi (ciimna, thutanna, kideekna le hangsanna).

1. *Dik* – hong omvat hilo, sazian gualsuk leng Lai Siangtho thubulpi in Zeisu hi. “A mantakpi kongcih in” cihpen Lai Siangtho Thak in ciden hi. (*Sawl. 26: 25; Rom. 1: 18; 1Cor. 13: 6, 2; 2Cor. 4: 2; Eph. 4: 15; James 1: 18; 1Pet. 1: 22; 1John 2:21*).
2. *Thupi* – Greek pau in mimal acihna hi. (*1Tim. 3: 8, 11; Titus 2:2; zahtakhuai zong kici*).
3. *Thumaan* – Hih hoihna pen Pasion' dikna omzia acihna (*Phil. 1:7*).
4. *Siangtho* – Pasion in hong diksakna panin hong luangsuk ngaihsut na le gamtatna (*1John 3: 3*).
5. *Ithuai* – Melhoihna limlim pen Pasion' piansak lai in ahoihsa in hong bawl hi.
6. *Zahtakhuai* – “lungsim hoihna, phuutzawhna le hehpihna”.

Paul mah in hoihna namnih mah paikhia hi, tua hikeileh milim biate' hoihna tawh kizompah ding hi. “a hoih le aphattaak thute” (*Phil. 4: 8*), hih thute pen vantung hoihna hi ci in lunggulh ding cih. Lunghianna le kitelkhialhna peuhmah hemkhia ding hihang. Paul in eima sinsa, saansa, zaksa le muhsa ama' limlahna bangin gamta dingin hong sam hi (*Phil. 4:9*).

## Lungkim nading Tawhtangte

**Simin, Philippi 4:10–13, 19. Lungkim in lungdam zawh na'ng bang tawhtang teng Paul in hong pulaak hiam?**

Hun haksat mahmah laitak (gilkialna, cinatna, liamna le supna) cihte hongtun ciangin mihing in abeisa hunin a san'sa thuphate phawk kikkik zel thei hi. I 'tualniam' ciangin (*Phil. 4:12*), 'i zawn ciangin' le 'bangmah neihloh' ciangin, eima upna in tualai a tun laitak ahi hi.

A lehlam panin 'i hauh ciangin' tua hauhna tengzong tomno sungin beitheih ahihlam phawk ding hihang (*Pau. 23:5*). Job le Paul te in, leitung ah i pianlai in guaktang in i piang uh a, han sungah guaktang mahin i paidding cih hong phawksak hi (*Job. 1: 21; 1Tim. 6: 7*).

Anuai-a Lai Siangtho' kamciamte phawk in:

- Late 23:1—"Topa in tuu bangin hong cingpa hi a, ka kispang teng kicing hi"
- Matt. 6:32—"Vantung a na Pa in na kispang uh khempueh thei hi"
- 1Peter 5:7—"Pasian in note hongkem ahihmanin na lungkih mawhna khempueh Ama' kiangah tun un"
- Philippi 4:19—"Ka Topa Pasian in Ama' hauhna tawh kizui in Khazih Zeisu tungtawnin na kitangsap khempueh hongpia dinghi"

A lamdangpen panin: "Khazih in hong thahat sakna tawh na khempueh kahih thei hi" (*Phil. 4: 13*). Cihte hang kuamah in 'nakhempueh' baanzo nai samlo hihang. Pasian in hong huh ding leh hong thahatsakna ding pen Ama' deihna bangin ngen ding hihang. Ama' deihna tawh kituak nangawn i ngetloh ni zong pheivei lel hi. Tua ahih manin James 4: 2 sungah, "na deih uh ngenlo nahih manun a ngahlo nahi uhhi" cih.

Anuai ah Pasian' deihna tawh a kituak lungmuang takin nget theih dingte pawlkhat:

- It le ngaih lawm khat adingin hotkhatna (*1Tim. 2:3, 4*).
- Upna hawpsawn zawh na'ng hangsan'na (*Mang. 22:17*).
- Mawhna pulak khialhna nutsia in mawhmaina ngen (*1John 1:9*).
- Pasian' thukhamnate zuihzawh na'ng thahatna (*Heb. 13:20, 21*).
- Hong mudah hong simmawh te ittheih nading (*Mate 5:44*).
- Tona phutna ding pilna (*James 1:5*).
- Pasian' Thu sunga thumaan theihna ding (*John 8:32*).

**Nangma' thunget nate; hong tung nailote le cihmah hunin hong tunglo dingte na koicih hiam?**

**Ngaihsutbeh Ding:** “Hehpihna tawh panpihna a ngahden te bekin, nisim kispna tuamtuamte ngahthei ding uh a, zong zeek siam thei ding uhhi. Amaute un Pasion sungah kipden peuh lehu, nisim in khalam thahatna silpiak tuamte ngah theih ding mailam hun peuh ngakngak kullo in, amau mahmah un Pasion a ding kuangzat keuzat te hong hiding uh a, kha hotkhiatna ah zong kizang thei ding uhhi. Amau batphak zawhna ciangciang Pasion’na semthei ding uhhi. Amau un tualniam mahmah in amau’ innsung ah sempial taleh, mipite lakah ahi zongin Topa a dingin nisim in semthei ding uhhi.”

“Khazih in zong leitung ah a nuntaklai in, Pa’ hehpihna zong ahih manin Pasion tawh kipawl in midangte thapia in thupha zong a piak mahbang in, a ki-aap Pasion’ nasem khat in hehnepna lam-etna nei ding hi. Khazih in hong limlahna bangin a zuite in, leitung ah buh aatna dingin Pasion in a pawlpi tungah hong kamciam sate ngah thei ding hi”—Ellen G. White, *God’s Amazing Grace*, p. 117.

“Pasion in i kispnate thei in hong vaihawmsak hi. Topa in Ama’ tate a dingin van manpha kholna mun nei a, amau’ kisp bangbang in ahunhun in piathe hi. Tua ahihleh banghang in muanzolo ding ihi hiam? Thupiakna tungah a citak a tate a dingin a manpha kamciamte bawlkhin hi. Ama’ hepkhiat zawhloh vangik omlo, Ama hawlkhiat zawhloh khuamial omlo, thahatna in Ama’ kheel zawhloh thanemna omlo, Ama daihsak zawhloh launa omlo, Ama’ makaih zawhloh lunggulh na omlo hi”

“Ei le ei ki-enkei ni. Eima’ kicinlohna tungah kingak semsem ciangin, zawh na’ng tha nem semsem hi”—Ellen G. White, *That I May Know Him*, p. 224.

### **Kikupding Dotnate:**

- ❶ Na thungetna sungah hong kidawnphat pen lungngai photin. Nangma’ pilna a khengval Pasion’ lungnopna koibang in nangah kha hiam? Hong dawn nailoh thu ngetna te eleh? Kamciam lungnopna koibang in nangah hiam?
- ❷ Philippi 4:8 sunga thute koibang in hunla in na ngaihsun hiam? Topa tawh tonkhawm in nangma upna tha hong piak na koici muh hiam?
- ❸ A tunga kammalte ngaihsun in. “Eima gitnatlohna lunggulh semsem leng, tua te zawhna ding tha nem semsem” cih. Zawh zawh nading bangthu om hiam?

## Ahau Adventist Hong Suak

Rene pen SDA te pakta limlim hi. A omna Philippines ah acithei khempeuh pen SDA hi khin uh hi. Amau pen buh lo zaipi nei uh-a cithei uh hi. Rene zong tua dan-in om nuam hi.

Nikhat, SDA naupangte in amau tawh Lai Siangtho sim khawm dingin zawn uh hi. SDA ahi apa' nasep pu' tapa in Sabbath sang akah dingin zawn hi.

Rene zong Sabbath thu azaak cilna hi. Zong man sa hi. SDA naupangte puan akilawm-in asilh lam uh hong mu hi. Kamsia azat loh uh zong paakta hi. Amau tawh kisun nuam hi.

Kum 12 aphak ciangin SDA ah luut-in tuiphum hi. Amah hong hau loin zawn zaw hi. A inn-a te'n lah aupna neumuh-in sang kah nading huh nawnlo uh hi. Sang tawp sak lai uh hi. Kum li khit ciangin amah thu tapi tuak khin hi. Kum 16 aphak-in apa tawh SDA pa' lo ah nasep hi. Asawtlo-in zu ne, za teep, laithai kineih, sa sianglo khempeuh hong ne hi.

Kum 2 hong beita, kum 17 apha Rodel in inn kong hong kiu hi. Amah'n Rene' nu kiangah "kei pen missionary hi'ng. Kong lut thei diam" ci hi.

Innteknu in "Bang missionary dan hiam?" ci hi. Amah'n zong "1000 missionary movement hi" ci hi. "Tua pen bang hiam?" Amah'n zong "SDA missionary hi'ng" ci hi. "Aw, ka tapa zong SDA hi ve'n, tu'n nungtolhta" ci hi. "Amah koi ah om hiam?" "Ihmu." Rene pen lo ah sem ahieh teh gim hi. Anu in Rodel, Rene kiang paipih hi. Rene zong lamdang hong sa-in kilehkik lo ding ci-in theisak hi. "Ka inn-a te'n SDA ka hih man-in hong mudah uh hi." "Biakinn akah ding-in kong zawn thei diam?" "Um ke'ng, pai kei ning."

Rodel zong hong ciah hi. Kum khat le alang khit, Rene kum 20 aphak ciang'n Rodel hong daw k kik hi.



Rodel in "nga beng khawm ni" ci hi. Rodel in Rene biakinn ah pai ding gen pih lo hi. Lawmta ziau hi. Amau nga beng khawm uh hi. Rene pen Sabbath ni ciangin biakinn ah hong paipai ta hi.

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*Rene Tucaldo pen 1996 Sabbath sumpi tawh kilam Silang, Philippines-a 1000 Missionary Movement ah sum lam alen zalian khat hi. Tangthu maikaal ah sim beh in.*

**Khen I: A Huamin Etna****Thubulphuh:** *Philippi 4:6***Lungngaih Ding:** *Philippi 3:7-4:23*

Zeisu le sawltakte in Christian cih pen gam nih sung ah om kawm uh hi cih lak hi. “Amaute in, ‘Caesar kumpipa min le lim ahi hi,’ a ci uh hi. Tua ciangin Zeisu in, ‘Caesar kumpipa neihsate Caesar kumpipa pia unla Pasion neihsate Pasion pia un,’ a ci hi” (*Matt 22:21*). Leitung ah aom hangun, thu umte in van gammi ahihna uh maleep lam atheih loh pha mawh uh hi. Tua ban ah Khazih tawh akipumkhat man-un hamphat nate azon ding uh zong ki vaikhak hi “Tua ahih ciangin Pasion in Khazih tawh note hong thosak khinzo ahih leh Pasion taklam, Khazih tutna mun ahi tunglam a om nate na zong un” (*Col 3:1*).

Van gam mi hih man-in ei pen “tua sapna tawh akilawm akituak in gamtat” loh phamawh hi (*Eph 4:1*). Hih sapna ah Khazih aading i sepna ah haksatna i tuak zongin van khuapi pen i inn taktak hi ci-in thei-a lungnuam-in om ding thu kihel hi (*Heb 13:14*). Abraham pen upna tawh “bulkup anei khuapi khat a lamem hi a, tua khuapi a gelpa le a lampa in Pasion ahi hi” (*Heb 11:10*). Ei adingin “asia theilo, anin theilo, amuat theilo, na gamluah ding khat” om hi (*1Pet. 1:4*).

Tu kaal lesson in thugil thum en hi:

1. Van gam mite lungsim picing tak-in om-in mite’ etteh dingin om uh hi.
2. Christian lungnopna pen thu le la tungah kinga loin Khazin tungtawn in Pasion tawh kithuah khopna ah zungkha hi.
3. Dongtuahnate lakah i om hangin lungkim lungnuam tak-in om ding pen piang thei hi, ahih hangin Lai Siangtho deihdan ahih kul hi.

**Khen II: Hilhcianna****Tangthu Tom**

Ethiopia ah medical missionary ava sem Dr. Thomas Lambie’ thu kigen hi. Hun khat ciangin amah’n missionary phual dingin inn mun lei hi. Ethiopia’ danbupi ah gamdang mite kiang leitang zuak lo ding kici hi. Dr. Lambie pen Khazih leh Ethiopiate it lua ahih man-in America gammi hih na nusia-in Ethiopia gammi hihna hong la hi. Tua khit ciangin nasep nading-a kism inn mun ding hong lei hi. — Paul Lee Tan, *Encyclopedia*

of 7,700 Illustrations: *Signs of the Times* (Garland, TX: Bible Communications, Inc., 1996), p. 1176). Tua bang mah-in thu umte'n Khazih ait man-un amilip in-ah vanmi hih theih nadinigin leimi hihna nusia nuam uh hi. Amau leh amau “leitung ah mikhual le pemta te” (*Heb 11:13*) in kimu uh hi.

### **Vangam Mite**

Paul in Christian makaite pen mite' etteh dingin om kul hi ci hi (*Phi 3:17*). Hih pen “Khazih singlamteh galte” (*Phi 3:18*) akici sia zuau tawh kikeelkii hi. Amau pen siatna atuak ding te, lunggulh bangin abiate, “maizum nading teng uh kisialhna-in nei zawsop uh a, leitung nate bek angaihsunte” na ci hi (*Phi 3:19*). Alehlah ah, Christiane pen “vantung gammi” (*Phi 3:20*) ahihna uh aphawk loh phamawh-in tat kul hi.

Philippi 3:17 “etteh” pen Greek kam *symmimētēs* akilet hi. Hih pen Thuciam Thak bup ah khatvei bek dawka Paul in thu athupiitna alahna-in kammal na teel mahmah hi. Amal-in let le hang “etteh pa,” mi khat in “midang khat etteh ding-a va kikhawl” cihna hi. — William F. Arndt, et al., *A Greek-English Lexicon of the New Testament and other Early Christian Literature* (Chicago: University of Chicago Press, 2000), p. 958. Ataktak ah, Paul in “amah a etteh pawlpi deih hi: ‘kei hong etteh un.’” — Gerald F. Hawthorne, *Philippians*. Word Biblical Commentary, vol. 43 (Dallas, Word, Inc., 2004), p. 217. Hih pen Paul in 1Cor. 11:1 sung-a agen tawh akibang hi: “Khazih ka etteh bangin note in zong kei hong etteh un.” Khazih sungah ki om leh thu umte pen mite' etteh ding piang thei hi. Paul in 1Th 2:14 sung ah “sangganme aw note in zong Judea gam-a Pasion pawlpite tawh kibangin agamtate na hi uh hi” ci hi.

Vantung gam mi i hih manin ei pen mungtup nei-in om loh phamawh-a ei hong gumpa vantung pan hong pai ding-a aginalo i pumpite amin thang pumpi nei ding cih thu len hi hang (*Phi 3:20, 21*). Tua ni atun ma dong e'n Amah ngak loh phamawh (*Phi 3:20*), kiploh phamawh hi (*Phi 4:1*), vangam mi hihna pen leimi hihna sangin hoih zaw tham hi cih hong kikham hi.

### **Lungnopna le Nopsakna**

Paul in Christian lungnopna leh nopsakna pen thupiang lapiangte ah kingalo ci hi. Tua thu “Topa sungah lungdam tawntung un, ka hong cih sa bangin tu-in zong lungdam un, ka hong cikik hi” (*Phi 4:4*) cih kipsak hi. A theih sa bang mah-in mawhna tawh kidim leitung ah veeng hoih ah om

theih det ding pen piang theilo hi. Tua ahieh man-in thupiang lapiangte pan-in koicih nuamsa thei den ding i hiam? Gen taktak le hang nuam i sak theih det ding pen “Topa sung” bek ah piang thei hi. Hih takah “Christian lungnopna taktak kingah theih na mun” mu hi hang — Philippians, Word Bible Commentary, vol. 43, p. 173.

Topa sungah lungdam ding thu pen thapiakna khat hi cih bang hilo-in thukham ahieh lam phawk ding thupi hi. Lungnuam tak-a om ding pen Paul aadingin thupi mahmah-a alai sungah thum vei bang gen hi (*Phi 3:1; Phi 4:4, 10*). Athu angaite’ etteh khat ahieh man-in (*Phi 3:17*) amau zong Topa sungah alungdam thei dingun hanthawn ngam hi (*Phi 3:1; Phi 4:4*), ahang pen amah’n atua cih man hi (*Phi 1:18; Phi 2:17, 18; Phi 4:4*). Lungdam ding pen Philippi te kiang lai akhakna ah thugilpi khat hi. Greek verb *chairo* (lungdam ding) giat vei daw (*Phi 1:18 [nihvei]; Phi 2:17, 18, 28; Phi 3:1; Phi 4:4, 10*); verb *synchairo* (lungdam khawm) pen nih vei (*Phi 2:17, 18*); *chara* (lungdam – “joy”) pen nga vei (*Phi 1:4, 25; Phi 2:2, 29; Phi 4:1*) daw hi. Thong sung ah aom khat in lungnop ding agen pen bangzah-in thupi hiam!

Christian lungmuanna pen lungdamna bang mah-in thupiang lapiangte tungah kingalo hi. Zeisu in “Note tungah keima neih bang lung nopna kong pia ding hi. Tua ka hong piak ding lungnopna pen leitung mite in a piak theih a kip lo lungnopnate pawl hilo hi (*Joh 14:27*) ci hi. Gen kik le hang hih dan lungmuanna pen Topa sung bek ah kingah-a Zeisu in “Keima sungah lungmuanna na neih theih nadingun hih thute kong gen zo hi” ci hi (*Joh 16:33*). Tua mah tawh akibang-in Paul in “Pasian piak lungnopna” acih ciangin Pasian pen lungnopna naak hi cih alahna hi. Tua kampau pen “Pasan in abawl lungnopna,” hiam “Pasian in apiak lungnopna” cihna zong hi thei hi. Bang bang akhiahna nei ta leh thu umte’n “mite tel zawh loh” (*Phi 4:7*) lungmuanna Pasian tawh kithuahna hang bek-in sin thei uh hi. Paul in “Pasian hong piak lungmuanna” (*Phi 4:7*) pen “lungnopna Pasian in note hong ompih” (*Phi 4:9*) man bek-in piang thei pan hi cihnopna hi. Tom kaih le hang van gam mi ahi thu um mite koici om uh hiam? hi. Amau pen lungnuam, lungmuang-in om uh hi.

### **Nuam Tak-in om Theih nading Thute**

Nopsakna pen kaam hang hilo hi. Zuih ding thu om hi, tua hang mah-in Paul in Philippi 4 sung ah thu tampi na pia hi.

“Topa sungah lungdam tawtung un” (*Phi 4:4*), “Khatvei kong gen kikin ah lungdam un” (*Phi 4:4*) cihkikna in hih thukham pen thupi simloh

phamawh hi cih lak hi. “Na lungnemna uh mi khempeuh tungah kilang sak un” (Phi 4:5). “lungnem ci-a kilet Greek kammal *epieikēs* hi-in a khatna tampi nei kammal hi. Midangte tawh kikhohlna ah ih bawl dan ding pen hehpih ding, lungnem ding cihna hi-a, kithuahna ah zia thei ding, zum thute ah khual sakna cihna hi.” — Grant R. Osborne, *Philippians: Verse by Verse, Osborne New Testament Commentaries* (Bellingham, WA: Lexham Press, 2017), p. 167.

“Bangmah thu ah lungnimawh kei in” (Phi 4:6). Hih thukham pen Zeisu hihl “na nuntakna aading un lungnimawh kei un” (Matt 6:25; Mat 6:27, 28, 31, 34 te zong en in) siksian hi ding hi. Hih dan-in om theih ding pen haksa hi, hi mah lo ahiam? Paul in Pasion kiang thu ngen, thu um, lungdamko, deih ngen le hang lungnihmawhna ki zozo ding hi ci hi.

Tua “thute ngaihsutpen in na nei un” (Phi 4:8). Paul in i ngaihsut ding thudik, a pahtawihuai, a thuman, a siangtho, a ithuai, a phathuai thute hong gual hi. Thudik leh a pahtawi huai thute zong behlap hi.

“Keima kiang pan-a na sinsa, na ngahsa, na zaksa uh le na muhsa uh thute na zui un” (Phi 4:9). Etteh hoih te ciing un cihna hi.

Tua thukhunte zuih man-a apiang thute hih dan-in kigen hi, “Pasion hong piak lungmuanna in ... note lungsim ... hong kepsak ding hi” (Phi 4:7). Tua khit zawh aneu nih khit teh Paul in Pasion’ piak lungmuanna pen “note hong ompih” (Phi 4:9) teh bek om thei pan ding ci hi.

### **Khen III: Nuntakna-ah Zatpah Ding**

Anuai-a thugilte lungngai in. Tua khit teh Sabbath sang hong paite kiang ah thu dong in.

J. I. Packer in “lim hoih lak zawh lohna in dinmun kiamsak tha pai hi, lim hoih zong tu-a kum zalom sung ah omlo mawk hi” ci hi. — Packer, “Some Perspective on Preaching,” in *Preaching the Living Word* (Geanies House, Scotland: Christian Focus, 1999), p. 31. Pasion in tua kicin lohna mun adim ding-in ei Christiante tung pan lamen hi (*Mat 5:13, 14*). Vantung gammi ahi eite pen Pasion alungkimsak dingin hong kicial hi, misiangthote’ luah ding i ngah ma dong (*Col 1:12*) “nasep hoih khempeuh ah gahsuh in Pasion theihna ah khan semsem” kul hi (*Col 1:10*).

Tu’n ei pen deih loh thute’n hong vuknelh hangin nuamsa, lungmuang thei hi hang. Tua dan nopsakna, lungmuannate pen Pasion tawh kithuahna bek tawh piang thei bek hi. Leitung ah lungmuan nading

a omloh hangin Khazih sungah lungmuanna ki ngah thei hi (*Joh 14:27*). Lungmuanna leh nopsaknate pen kaam thu hilo hi. Lai Siangtho in Pasion in a tate aading ageelsakna nuntak nuam tun nadingin thu tampi hong pia hi. Ataangpi in gen ziau le hang thukham sawm akhengzo omlo hi. Ellen G. White in hih dan-in gen hi, “i lamzawhna leh nopsaknate pen Pasion’ thukham kuhkal tak-in i zuihna tungah kinga hi. ... Tua sawmte lak pan khat nangawn vantung Pasion tung ah citak lo pi-in palsat zolo ding hi. Ei leh, ei tawh kikhawl khate nopsak nading-in thukham sung-a laimal neu, laimal them dong i zuih ding thupi hi.” — *Signs of the Times*, March 3, 1881.

**Dotnate:**

- 1. Pawlpi leh i veeng ah Christian i hih man-a etteh hoih i hih theih ding bange om hiam?**

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- 2. Thukham zuihna leh lungnuam lungmuan-a om theih na kikaal-a kizopna pen bang hiam?**

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# Khazih Aminthan'na



## SABBATH NITAAK

**Tu Kaalsung Simding:** *Pian. 1:26, 27; Col. 1:15–20; John 1:1–3; Eph. 1:22; 1Cor. 12:12–27; 1Cor. 4:9; Rom. 6:3, 4.*

**Kamngah:** “Tua Tapa in a kimu theilo Pasion lim le mel hi-a, a kipiangsak khempeuh lakpan amasa pen ahi hi. Vantung le leitung a om, a kimu thei le a kimu theilo, kumpi tokhomte ahi a, uknate ahi a, zaliatnate le thuneihnate ahi zongin tua Tapa tung tawnin a kipiangsak ahi hi. Na khempeuh in ama tungtawn le ama aadingin a kipiangsak ahihi. Na khempeuh a om ma in amah om a, ama sungah na khempeuh a om hi.” (*Colosse 1:15–17, ZSV*)

Tu kaal sinna tawh, Colosse mite’ thu ngaihsun zom kik ding hihang (Sinna 1 le 2). Sinna 2, Thursday ni in Colosse 1:9-12 sungah, Paul in Colosse thu um mite ading thunget sak a, Pasion lungdamna dingin a nuntak ding uh ngetsak hi. Taang 12 le 13 sungah kumpi-gam nihte thu tehakna nei a: Khuavak le khuamial; “Khuavak kumpi gam” (*Col. 1:12*) le “khuamial vangliatna” (*Col. 1:13*).

Eite in khuavak gam ah tawntung gamh a ngah thei dingin hong laamto in; khuamial vangliatna tawh hong itna hangin hong kipeel sak a “a it A Tapa’ ukna sungah hong koih a, tua a Tapa in ei hong khah khia a, i mawhna hong maisak khinta hi” (*Colosse 1:13, 14*).

Thukhat leuleu ah Zeisu mahmah in hong Piangsakpa Pasion hi a, hong Tanpa zong ahi hi. Amah in eite hotkhiatna hong sepsak a, Amah upna tungtawn in, khuamial ukna panin Ama’ it a Tapa’ gam sungah hong omsak hi.

Tu kaal sungteng, Lai Siangtho Thak sungah Zeisu’ thu a kicing pen le a sangpen in pulaakna teng en ding hihang. Zeisu in “a kimu theilo Pasion’ lim” ci in; “a kipiangsak khempeuh lakah ta upa” (*Col. 1:15*) lah cizel koibang hiam?

\*February 21, Sabbath ading kiginkholhna in tu kaal lesson sim in.

## A Kimutheilo Pasion' Lim

Limlang ahi a maan ahi zongin enleng eima' lim kimu ahih hang, langnih anei a peek tunga om lim hibek hi. Lim bawl siamte in milim abawl uh ciangun etlawm zawdeuh napi; anungta, ahusang le a gam tangte tawh kibang tuanlo hi. Milim vai pen a limpua hi bek a cihteih uh hang, Lai Siangtho thupiakna ah bel zaizaw thamlai hi.

**Simin, Pian. 1:26, 27; 5:3; 1Cor. 15:49; 2Cor. 3:18; le Heb. 10:1. Hihmun tengin milim a khatna teng tomlaak in. Zeisu in Pasion' lim acihna tawh koibang in kilamdang hiam?**

Mihing limlim pen pumpi, kha, kinaihna le gamtatna limlim ah Pasion a suun thei penpen dingin hong bawl ihi hi. Mawhna in tampitak hong suksiatsak ahih manin, mun pawlkhat pan bekin Pasion kisuun theilai bek hi. Ahi zongin Zeisu in mitmuh theihloh Pasion hong “mu” sak hi. Zeisu in “Kei hong mute in Pa zong a mukhin uhhi” (*John 14: 9*) cih. Amah pen Pasion' omzia “a lim taktak” (*Heb. 1:3*) mah pua cih. Amah pen Pasion' ngaihsutna awzaak le Pasion' omzia mitmuh ahihi.

**Simin, Matt. 11:27 le John 1:1, 2, 14, 18. Banghang in Zeisu in lamdang takin a Pa' lim lakthei hiam?**

Zeisu in a Pa Pasia tawh a kizopna koibang in hong hilhcian lailai cih enin:

- “Ka Pa in tuni dongin nasem tawntung ahih manin Kei zong kasep dingmah ahi hi” (*John 5: 17*).
- “Kei le ka Pa in pumkhat kahi uhhi” (*John 10: 30*).
- “Kei hong suanglo in Pa kiangah kuamah tung theilo ding hi” (*John 14:6*).

Zeisu in Amah mah pen Pasion' min lian mah zangin kipulaak hi: “Keimah” (*Pai. 3: 14*). “Keimah in nuntakna khomun kahi hi” (*John 6:35*); “Keimah in leitung khuavak kahi hi” (*John 8:12*); “Keimah in tuucing hoih kahi hi” (*John 10:11, 14*); “Keimah in thawh kikna le nuntakna kahi hi” (*John 11: 25*); “Keimah in Pa' sungah ka om a, Pa in zong Kei sungah a om hi” (*John 14: 11*); “Abraham omma in Kei ka om khin hi” (*John 8: 58*).

**Zeisu in Pasion mahmah sangin a dangkhat peuh hizaw zen leh; eite hong honkhia dingin Pasion in piansaksa khatpeuh hong sawl ziau cihloh adang bang om hiam? Pasion in Khazih' pumpi tawh eite a ding hong sihsakna in Pasion mahmah hong sihna tawh banghang in kilamdang in thupi thei hiam?**

## Piansak Khempeuh Lakpan Ta-upa

Lai Siangthothak sungah “tacil” le “ta-upa” acihpen Zeisu hidden (*Luke 2:7; Rom. 8:29; Heb. 1:6; Mang. 1:5*) a, Colosse sungah zong om hi. Midang khatpeuh acihna ah ahun ani tawh kizui in a piang masa zong hituanlo hi. Lai Siangtho in “tacil” acihteh, tapa in apa tawh akizopna tuam vilvel hi-a, a pian dungzui zong hituanlo hi. Tapa nauzaw hinapi un amin neizaw zong om hi: Isaac, Jacob le Joseph cihte hi.

David bangpen, tapa giatna hinapi kumpi suak hong hi (*1Sam. 16:10-13*). La phuakpa tungtawn in Pasian in “Keimah in amah ta-upa penin Kabawl ding a, leitung kumpite lakah a lianpen in kabawl ding hi” (*Late 89:27*) cih. Moses kiangah zong “Israel pen Ka Tapa a suakmasa hi” (*Pai. 4:22*) cih. Hihthu ah amasa sangin a vangliatna hizaw hi.

### **Simin, Colosse 1:15–17. Paul in Zeisu pen “a kipiangsak khempeuh lakah tapa upa” acihpen banghang hiam?**

Paul in Zeisu pen a kipiangsak masapen a cihna zong hi tuanlo hi. A taktak in Ama’ nam mahmah in tuabang ding sungah hello hi. Zeisu in na khempeuh bawl cih nihvei tak Paul in thudang tawh kisai in gen hi. Amaute pen Amah in bawl a, Ama’ a ding ahi hi (*Col. 1:16*). A thunih mahin Pasian’ piansakna nasep sungah Zeisu in mapang in sem cih pulak uhhi (*Eph. 3:9; John 1:1–3; Mang. 4:11*).

Paul’ genkhatna pen a zaithei penmah ahi hi. Na khempeuh cihteh vantung leitung, a omteng pan muhtehih le muhmawh, seplebawl lampan kumpi tokhom, ukna gam, uk zawhna le vangliatna cihte khempeuh ahi hi. A nunung zaw ahihleh vanmite hipha diak hi (*Eph. 3:10; 6:12*). Zeisu’ thu a kitelkhiah lohna dingin Paul mahin, Zeisu in “na khempeuh a pianma in omkhin” (*Col. 1:17*) cih. Greek kammal in za liatna le ahun thupi sak phadiak bang ahihhang, Paul in a gelhna ah ahun thupisak zaw hi (*1Cor. 2:7; Gal. 1:17; Eph. 1:4*).

Zeisu’ thupitna dang khat, Paul mahin “Ama’ sungah na khempeuh amau’ mun san sanah omthei” (*Col. 1:17*) cih. Greek kammal (*synistēmi*) pen “kaikhawm, gawmkhawm” cihna hi. Zeisu in vannuai buppi a Piangsakpa bek tawh hilo, Honkhiapa ahihna tawh a gawmkhawmpa zong ahi hi.

**Piangsakpa Pasian ei adingin hong si hi. Ei’ sepna tawh bang behlap thei lai ding ihi hiam? Khazih hong hihsaksa teng eima’ sepna tawh behlap ding cih ngaihndan in banghang in Khazih simmawhna hithei zaw ding hiam?**

## Pumpi' Lutang (Pawlpi)

**Simin**, Eph. 1:22 le Col. 2:10. Hihmun ah “lutang” in bang acihna hiam? Paul in Zeisu in “Pawlpi’ lutang” a cihpen bang a ci nuam hiding hiam (*Eph. 5:23*)?

Makaihna zaa khat peuhpeuh pen lutang tawh a kilimpuaksak zong pen, leitung pau nam tampi te paizia ahi hi. Tuabang mah in Lai Siangtho Lui le a Thak in zong zang hi. Anuai-a munteng in “lutang” a zatdan uh lungngai un.

1. Paikhiatna 18:25—Moses in “Israel mi khempeuh sungpanin, mipil misiamte teel a, mite a tul, a zaa, a sawmnga, a sawmte tungah a ukin mite’ lutang in amaute abawl hi”
2. Gamlakvakna 31:26— “Mihon beh lutangte”
3. Thuhilhikikna 28:13—Pasian in Israel pen thupiakte limtak zuihna tawh “lutang hi ding uh a, amei hilo ding hi” cih.
4. Isaiah 7:8— “Syria’ lutang Damascua hi a, Damascus’ lutang in Rezin ahi hi.”
5. Hosea 1: 11— “Judah mite leh Israel mite in ... a lutang ding mikhat she ding uhhi”
6. Micah 3: 9— “Jacob innkuan lutangte leh Israel innkuan makaite aw”
7. 1 Corinth 11:3— “Mi khempeuh’ lutang in Khazih hi”

Tuabang in, Khazih in pawlpi’ lutang ahih manin, pawlpi ki pumkhat na’ng leh khantohna ding in makaih, lamlah in khangto sak hi (*Col. 2:19*).

**Simin**, 1Corinth 12:12–27. Hiteng ah zong Paul mahin pawlpi pen “pumpi” tawh genteh hi. Hih thu gentehna tawh pawlpi a bang mun ah pulaak lai hiam?

Pumpi in lutang lotawh a nuntak theihloh mahbang in, pumpi in ana khat peuh mansuah liamsuah le zong nundan haksa mahmah tuam hi. Na khat peuhmah aki mansuah mateng a manphatna ki ngaihsun khalo hi.

**Khut, khe le mit khatpeuh piakkhiat kul hileh bang nateel zaw diam? Mimal khat simin pawlpi a dingin bangzah thupi cih hi teng in honghilh hiam?**

## A “Kipatna” (a Pancilpa)

**Simin, Colosse 1:18.** Khazih in lutang ahihnaleh a “kipatna” ahihna in koibang in kizom hiam?

Hebrew pau in lutang pen (*ro'sh*) hi a, a kipatna (*rē'shît*) te-in kizom uhhi. A nunung zaw kammal Lai Siangtho sungah a kimuh cilna pen Piansil 1:1 “A kipatcil in (*rē'shît*) Pasion in vantung le leitung abawl hi”. Zeisu in mihing leh pawlpi' lutang hi a, a sunglut na hang bek hilo Piangsakpa ahihman zong hiding hi.

Greek pau in, a kipatcil in (*archē*) in khatna zaipi nei hi. Hiteng ah “a kipatcil” cih in Zeisu pen pawlpi a pancilpa hi cihi (*Col. 1:18*). Tua ahih manin Amah in Lutang le a kipatcil in piansakna a pancilpa ahi hi. Zeisu in piansakna le pawlpi a pancilpa bek thamlo, sihna pan a thawhkikna hangin (*Rom. 6: 3, 4*) – bawlphat kikna a pancilpa zong ahi hi. Mawhna thaman in sihna ahih manin, sihna tungah Ama' gualzawhna in zong; mawhna tungah Ama' gualzawhna le Ama' lim suunkik in hong bawlphat kikna vanglian hong lahkha hi.

Hiteng khempeuh in Amah “misite lakpan ta-upa” (ta-upa khitna moday ni ennik) ahi hi. Ama' thawhkikna in, a masapen ahilhoh hang, manpha hi (Moses tho masa pen ahih hang, dawil gilote tawh siluang kituhna om hi. Jude 9). Khazih' thawhkikna omlo peuhmah in kuamah sihna pan kithosak lo ding hi.

Zeisu' thawhkikna a thupit'na, Paul pulaakna in hong telciansak mahmah hi:

1. Mitmuhloh Pasion mitmuhna ahi hi.
2. Na khempeuh Amah tawh ki piangsak hi.
3. Na khempeuh a omma in Amah omkhin a; Ama' sungah na khempeuh kigawm khawm hi.
4. Amah pawlpi' lutang hi a, pawlpi in Ama' pumpi hi.
5. Amah in piansakna le piansak-kikna a pancilpa hi.
6. Amah'n mawhna le sihna zogawp khin a, Amah Honpa in a muangmi peuhmah thawhkik theihna hunpha pia hi.
7. Zeisu in om tawntung a, tu in, tua Ama' om tawntungna tawh mihingte lutang leh pawlpi' lutang ahihna minthang vangvang hi.

**Nangma nuntakna sungah Khazih' minthanna na neihtheihna dingin bangteng na kikheel diam?**

## Nakhempeuh Lemtuh Kikding

**Simin, Colosse 1:19, 20.** Singlamteh tungtawnin hongpai kilemtuah na in bang hi-a, bangzah in zai hiam?

Paul in Greek pau in a sangpen in Zeisu a pahtawina hi a, a nung lam heikik in Pa a pulaakna ahihna Colosse 1:12 sungah om hi. Pa in Zeisu sungah a om ding a hun a tun ciangin ahi hi (*Col. 2:9*). Bang hun a “tunna” hiam? John in Pa’ minthanna “itna le thumaan kidim pa” (*John 1:14*) cih.

Ahihhang, hih mun ah “ahun atunna” in tampi huamthei hi. Pasion a om tawntungna, hong bawlphat kikna ding vangliatna cihte huam hi. A thupipen in, kuama’ ngaihsut khakloh singlamteh tawh mawhna le sihna hong zawhsak penmah thupi sak pen hi. A Melhem Ama piansaksate khempeuh pen, Ama’ hong itna teci panna in puahphakik hi. “Pasion in leitung mite hong it mahmah ahih manin, Ama’ Tapa a ummi khempeuh si nawnlo in ahin tawntung theih na ding un, a Tapa neihsun ahongpiak dongin hong itna honglak hi” (*John 3:16*).

Mawhna a kizawhsiang sitset theihna ding, a kilemtuah thei khempeuh a kilemtuah na ding pen; a minthang thumaan sungah om a – Amah in vannuai hong it in, eimah zong hong itluat manin, a Tapa Zeisu Khazih a sih dongin na khempeuh singlamteh tungah hong piakhia ngam hi.

Greek pau in leitung pen *kosmos* hi a, vannuaibup zong huamthei hi. Tuabang in Khazih tawh kisai vannuai ah a pulaak ciangin Paul in “eite pen vantung mi le leitung mi khempeuh in a et dingin, mipi’ maiah thahna a thuak dingin thukhenna a kipia mi bangin Pasion in a zaneu penin hong koih tawntung tawh kibang hi” (*1 Cor. 4:9*) cih.

“Khazih singlamteh tungah akikhai pen vantung in khasiatna leh lamdang sakna tawh engige uhhi. Satan le a pawlte khempeuh in Pasion pen kilempih theih hilo, Ama’ maia om zongpen hong kaang tum thei mei hi ci uhhi. Itna a hipa’ vangliatna in amaute susia ding hi. Kidona lianpi kipatcil lamin vanmite in tuathu telnailo uhhi.”

“Kidona lianpi a tawpna tungta ding hi. Hotkhiat na’ng ngiimna zong kizokhin ding hita a, Pasion’ omzia zong pen piansakpa na khempeuh tungah kilahkhia khinzo ta hi.”

“Tua ciangin, vanmi te in lungdamna tawh Honpa’ singlamteh en uhhi. Khazih mah mah in Calvary ah Ama’ kipiakna a gah zong hoihtak in muthei ta hi. Singlamteh tungah “a zozo hi” ci in a kiko ciangin, hih thu tengmah a lungsim ah koih hi”—Ellen G. White, *The Desire of Ages*, pp. 760–764.

**Ngaihsutbeh Ding:** “Mihing maimai khatin Zeisu’ kampau bangte a paukeei hangin; lungsim hilhcian siapa suak tuanlo ding hi. A haipaupau peuh, a khengval a haipau peuh, Hell mangpa peuh hilel bek ding hi. Eimah’n teel siam ding hihang. Hih mipa in Pasion’ Tapa maw, mihaipa maw bang, cih teel in. Mihai ahihleh hencip thei, cilphih in dawhi hi ci in thatlum thei; Topa Pasion aw ci in a maiah kunin bia thei hiteh. Tuapa in siapipa khat hi ci in, ahilolo tha piakna khawng hih mawkmaw lo ding hihang. Tuabang hih dingin eite hong phallo, zong ngiimlo hi”—C. S. Lewis, *Mere Christianity* (New York, Collier Books, 1952), p. 41.

“Pa Pasion cihpen Lutang Pasion kigawmtuahna hi a sitheimi in mutheilo hi. Tapa in Lutang Pasion hong kilahkhatna ahi hi. Pasain’ kammal in Amah pen ‘Mihing sungah Pa’ lim’ cih”—Ellen G. White, *Evangelism*, p. 614.

“Khazih in, a omngeisa Pasion’ Tapa ahi hi. Ama’ omngeina thu tawh kisai in ni ciangtan hong pialo hi. Amah in tawntung Pasion tawh a kikhawlh lohni omngeilo cih. Amah Pasion tawh akikim hi a, ciangtan omlo in om hi. Amah in a om tawntung Tapa ahi hi”—Ellen G. White, *Evangelism*, p. 615.

### **Kikupding Dotnate:**

**①** Zeisu in a om tawntung Pasion ahihlam lungngai in. Hotkhiat na ngiimna le singlamteh tengah Zeisu hong kipiakna ah, Zeisu in tawntung Pasion hilo, adang khat peuh nahi khaleh; bangmah piangsak a neih ngeiloh hang acil apat in a omveve hileh cih ngaihsun in. Banghang in tuathu thupi thei hiam? Zeisu in a om tawntung hilo in Amah zong a kipiangsak hileh cih kikum un.

**②** Zeisu, lungdamnathu le hotkhiat na’ng ngiimna i ngaihsut ciangin, Zeisu in hong hihsaksa teng khempeuh vannuai buppi in lunglut mahmah ahihlam bang hangin saanhuai hiam? Amau a piangsakpa singlamteh tengah amuh uh ciangun bang a ngaih sun uh diam? Leimi in zong lamdang kisa ziau taleh vanmite in Ama’ minthanna theikhin uhhi. Amaute biak ngiatngiat Pasion in singlamteh tengah a sih ciangin bangci ngaihsun ding uh hiam?

**③** Pa le Tapa om tawntung cihthu a umlote kiangah bangpeuh na genthei ding hiam? Hih thumaan banghang in thupi nasa hiam? Singlamteh tengah “tomvei sungkhat vantung vangliatna tawh a kikken pak” lobuang Pa in Tapa tawh a om khawploh hun om ngeilo cih na koici hilhcian ding hiam (Ellen G. White Comments, *The SDA Bible Commentary*, vol. 7, p. 924)?

## Upna Hangin Nasep Nih Suplawh

Rodel in Rene nga aben' pih man-in Khazih kiang tun hi.

Ellen White in “Khazih sep dan bek in kha ngah sak thei hi. Gumpa pen mite deihsak-in kikhohlpih hi. Amah'n mite hehpih-in, panpih-in alungsim uh ngah hi. Tua khith teh “Hong zui in” ci hi (*The Ministry of Healing*, p. 143). Rodel in Khazih etteh hi: Rene tawh kikhawl, huh, alungsim ngah hi. Rene zong Zeisu hong sang hi.

Rene, Khazih kiang hong kileh ciangin Rodel in a inn ah aom thei diam ci hi. Rene' pate'n bel SDA khangno khat a inn u'ah om ding pen lawplo uh hi. Ahih hang-in pau lo uh hi. Rodel in Rene sang akah kik dingin zawn hi, amah zong sangkah kik hi.

Rodel in “sang na man ding hong ngak gige ing. Tua khith teh 1000 Missionary ah na asem dingin Manila ah hong paipih ning” ci hi.

Rodel pen Rene tawh kimuhma kum khat le alang ma-in Souther Asia-Pacific Division ii SDA pawlpi' nasep 1000 Missionary ah nasep lut hi.

Rene sang akah laidak-in Rodel in alaite bawlpah, buh ciin' pih hi. Rene zong kum 23 aphak teh sang man hi.

Rodel zong Rene Manila, Silang veeng 1000 Missionary Movement phual ah paipih hi.

Tua leh thudang khat hong luut-in Rene kiang ah missionary asepa ma-in sang kah beh lai dingin gen hi. Amau zong Silang-a Adventist University of The Philippines ah sang kah uh hi. Rene in accounting la-in, Rodel in Theology la hi.

Rene sang aman nading kum guk sawt hi. Amah'n inn pan huhna ngahlo hi. Tua hun sung in Love Jhoie tawh kiteeng hi.

Sang aman ciangin company khat ah kha thum accountant sem hi. Tua khith ciangin Friday nitaak na aseplo man-in nasep kitawpsak hi. Amah'n Jer 29:11 sung-a kamciam kal hi “Bang hang hiam cih leh Topa in kong cih in ah, mai lamah lametna kong piak ding, note siat nading hi loin na nopsak nading uh geelna ka neihte kei bek in ka thei hi.” “Pa aw, kei aading in geelna na neih lam thei ing” ci-in thu ko hi. Kha te hong bei-in zato khat in accountant dingin nasep pia hi. Tua leh zato anei pawlpi ah tui kiphum kei leh regular angah loh ding thu theikhia hi. Amah zong nasep hong tawp hi.




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*Rene Tucaldo pen 1996 Sabbath sumpi tawh kilam Silang, Philippines-a 1000 Missionary Movement ah sum lam alen zalian khat hi. Tangthu maikaal ah sim beh in.*

# HILHCIANNA

## Khen I: A Huamin Etna

**Thubulphuh:** *Colosse 1:15-17*

**Lungngaih Ding:** *Colosse 1:15-20*

Lai Siangtho in Zeisu pen na khempeuh ah alian pen hi ci hi (*Col 1:18*). Hih pen bang acihna hiam? Mang kam version tampite in Greek kammal *prōteuō* pen “alian pen” (NRSV, NASB, CSB, CEB cih te en in) sangin “amasapen” ci-in let zaw uh hi. Verb ahi *prōteuō* pen Thuciam Thak ah hih mun bek ah daw-k-a gennop om man-a kammal lim takin teel hi cih hong lak hi. Hih in Zeisu pen tuamdiak ahih lam gen hi. Khut gelh laite sungah Zeisu’ thawhkikna in na khempeuhte’ Topa hisak hi cih gen hi: “Amah in pumpi, pawlpi Lutang ahi hi. Amah na khempeuh ah **a lianpen ahih nadingin a kipatna le a bul hi a, misite lak panin a thokik masa** pen ahi hi” (*Col 1:18*). Adang lam pan gen le hang, Zeisu pen zalen (right) tawh Topa hi hi: tu’n Topa hi takpi ta hi. Sihna agualzawh man-in khuavaan bup ah thu nei dingin kilamen hi. Mangmupa John in hih thu mah na kipsak hi. Zeisu pen “**misite lak pan-a athokik masapa** le kumpite **a ukpa** ahi hi” (*Mang. 1:5*). Zeisu’ sihna leh thawhkiknate in nate khempeuh uk thei sak hi.

Tu kaal lesson in thugil nih en hi:

1. Zeisu’ zate Col 1:15-20 ah kigen-a mihingte aading hotkhiat nasep asepnna genpi-in nei hi. Amah pen Pasion alakkhia lim hi, a kipiangsak khempeuhte’ lakpan amasa pen, pumpi lutang, a kipat na hi.
2. Zeisu pen aphadiak-in Pasion leh mihing alemtuah kik dingin hih leitung ah hong pai-in, azaizaw ah Pasion leh piansak nate kikaal alemtuah dingin hong pai hi.

## Khen II: Hilhcianna

### Tangthu Tom

“Boston khua-a pawlpi pastor khat in biakinn mai ah vasa bawm apua naupang khat tawh kiho hi. Pastor pa in “tua vasate koi ah man na hiam?” ci hi. Naupang pa in “lo zau ah thang tawh man ing” ci hi. “Vasate bang cih sawm na hiam?” “Mawl pih ding, tua khit teh ka inn-a zawhngueu pia ding.”

“Pastor pa in alei sawm ciangin, naupang pa in ‘Pastor aw hih vasate deihi kei in, amau pen haamta, lasa theilo hi’ ci hi.”

“Pastor in ‘avek in dollar nih hong pia ning’ ci hi.”

“Aw leh, leikhial mahmah teh.”

“Kilei kizuak-in naupang pa zong muktum-in sungtang en-in nuam mahmah hi. Pastor pa zong biakinn nung lam ah pai-in vasate khah hi.

“Mai Sunday ni ciangin vasa bawm pulpit ah paipih-in Khazih in — vasate bang mah-in — siatna atuak dingte azong, ahonkhia dingin hong pai hi ci hi. Aki lamdang pen bel Khazih in anuntakna kham-in i suahtaakna ding-in hong lei cih thu hi.” — Michael P. Green, *1500 Illustrations for Biblical Preaching* (Grand Rapids, MI: Baker Books, 2000), pp. 297, 298.

Paul in Colose 1:15-20 sung ah Khazih pen Piangsakpa (*Col 1:15-17*) le Honpa hi (*Col 1:18-20*) ci-in lakam-in agen lam mu ding hi hang. Hih khawk sungah hotkhiatna tangthu limtak-in kigen hi.

### **Zeisu' Zate le Hotkhiat Nasepte**

Colosse 1:15-20 pen Khazih ii hotkhiat nasep phatna lapi hi. Paul in Zeisu' zate man-in Thuciam Lui te tangtungsak hi ci-in lak hi.

**A kimu theilo Pasion lim le mel hi** (*Col 1:15*). “Aki mu theilo Pasion lim le mel” cih kammal in Zeisu mihing taktak ahihna kaww hi. “Lim” ci-a kilet Greek kammal pen *eikōn* hi. Tua pen nakhat kawwina-in Lai Siangtho ah akizang pahpah khat hi. Gentehna, Dan 2:31-3:18 sung-a Nebuchadnezzar lim thu pen Septuagint bu (Greek kam tawh kigelh Thuciam Lui) ah *eikōn* na ci hi. Tua pen Adam pen Pasion lim le mel sun-a kibawl aci Pian 1:26, 27 dong kizuikik thei hi. Hih pen azenzen-in Zeisu hilo-in Pa Pasion mahmah leitung ah hong pai leh zong Amah pen Zeisu mah tawh kibang ding hi cihna hi.

**A kipiangsak khempeuh lak pan amasa pen** (*Col 1:15*). Colosse 1:15-18 sung-a kigen Zeisui' zate pen ama' hotkhiat nasepna ma tuamtuamte ah alian pen ahihna lak hi. Colosse 1:15 sung-a “akipiangsak khempeuh lak pan amasa pen” in Colosse 1:18 sung-a “misite lak pan athokik masa pen” leh thu kisaidangte aading lampi sialsak hi. Paul zat “amasa pen” pen Thuciam Lui ah om hi. “A kipiangsak khempeuh lak pan amasa pen” cih thu ah laakdan nih om hi: (1) Zeisu pen na khempeuh uk hi, tua hi-a amah pen tuamdiak hi, thunei hi, (2) Zeisu pen aom denden, na khempeuh apiangsak Pa, cih dan te hi. “Na khempeuh ama tungtawn le ama aadingin aki piangsak ahi hi” (*Col 1:16*) le “Na khempeuh a om ma in amah om” hi (*Col 1:17*). Thunih pen ki huh tuaktuak ahih manin khat pai-in akhat laak ding hilo hi.

**Pumpi' lutang hi** (*Col 1:18*). Thuciam Thak ah Zeisu' thu genteh dang khat pen "pumpi' lutang hi" cih hi-in Zeisu pen pawlpi' tung ah thu nei hi cih lak-in huu veve hi cih zong lak hi. Pawlpi lutang ahih man-in Zeisu in pawlpi khan nadingin (*Eph 4:5*) vaihawmsak hi (*Col 2:10; Eph 5:29, 30*). Athupi pen ah, Amah'n pawlpi a it man-in (*Eph 5:2, 25*) hon hi (*Eph 5:23*). Lutang ci-a kizang pen tuucingpa' lim tawh kibang hi. Zeisu in pawlpi "nuntakna tuinak ah" (*Mang. 7:17*) avakhak bang mahin; atuu thei in tuute'n zong Amah thei hi (*Joh 10:14*), tawntung nuntakna apiak sawmna tawh (*Joh 10:28*) anuntakna akikham ngam dong-in it hi (*Joh 10:11, 15*).

**Akipatna** (*Col 1:18*). Zeisu pen na khempuhte aadingin akipatna ahih thu pen Thuciam Thak sungah thulam dang hilo hi. Na khempuuh pen tawm-in tam taleh Piancil 1:1 ah kinga hi. Matthew 1:1 in "Akipat" cih kammal azat loh hangin "Hih in Zeisu Khazih khang ciaptehna" acih ciangin Piancil bu agenna mah hi hi (*Pian 5:1 en in; Pian 2:4 zong en in*). Mark bu in "Zeisu Khazih lungdamna thu a kipatna" na ci hi (*Mak 1:1*), tua pen Lai Siangtho siam tampite in Piancil 1:1 tawh kibang hi ci uh hi. John bu in "Akipatcil in Thu om hi" (*IJh 1:1*), "Akipatcil in amah in Pasion tawh a omkhawm hi" na ci hi (*Joh 1:2*). John in alaikhak masa pen ah Piancil bu dan mah-in na pan hi (*IJh 1:1*). "a kipatcil a kipan a ompa thei na hih man un" ci beh hi (*IJh 2:13, 14*). Atawpna ah, Kilaakna bu ah John in Zeisu pen "Pasion piansak khempuuh a Pankhiapa" na ci hi (*Mang. 3:14*). "Akipatna" (*Col 1:18*) in Zeisu pen ei hong piangsakpa, honpa hi cih kawh hi.

**Misite lak panin athokik masa pen** (*Col 1:18*). Paul in "misite lak panin athokik masa pen" (*Col 1:18*) acih pen Mangmuhna 1:5 sung-a John' zat tawh kibang lian hi. Anih un Late 89:27 "Keimah in ka tacil dingin amah ka bawl ding a, Leitung kumpite lakah a sangpenpa in ka bawl ding hi" alungsim uh ah teeng hi ding hi. Late 89 pen David tawh abawl Pasion thuciamna thu agen Samuel Nihna 7:8-16 hilhciaanna hi. Late 89 en cian le hang mihing sang'n athupizaw khat ii thu gen ahih lam hong lak ding hi (*Late 89:29, 36 bang hi pah hi*). Thuciam Thak in Zeisu pen aki lamen David Tapa hi ci hi (*Matt 1:1 en in*). Zeisu pen "amasa pen" (*Col 1:18*) hi acih na hi. Paul in Pasion in David tung ah abawl thuciam tangtunna hi ci-a acih nopna hi.

**Zeisu' sep leptuahna.** Zeisu sep khempeuh in (*Col 1:15-18*) amah pen na khempeuh te mai ah tung sak hi (*Col 1:18*). Paul gen dan ahiehleh "Pasian in ama kicina khempeuh Tapa sunga a om ding deih" (*Col 1:19*) ahieh manin Khazih pen tuate khempeuh hong hi hi. Genkik le hang, Zeisu pen za-ah-za Pasian, za-ah-za mihing hi. Tua ahieh manin mihingte Pasian tawh lepkik theih nading thu masate cinzo sak hi (*Col 1:20-22*). Ephesus 2:14-17 sungah Paul in ei teng lungmuan' theih nadingin leitung ah Zeisu hong paina thu agenna ah kilemna bawl na kammal na zang hi (*Eph 2:14*), lem nading zong bawl (*Eph 2:15*) zong hih hi (*Eph 2:17*). Mihing tawh bek hilo-in "Pasian bawlsa khempeuh hoieh kim kik nading hi." — Grant R. Osborne, *Colossians & Philemon, Verse by Verse, Osborne New Testament Commentaries* (Bellingham, WA: Lexham Press, 2016), p. 46.

### **Khen III: Nuntakna-ah Zatpah Ding**

Anuai-a thute lungngai inla Sabbath sang hong paite kiangah thu dong in.

Colosse 1:15-20 sung ah Zeisu pen akipiangsak nate khempeuhte' Topa hi ci-in kisangkhai hi. Amah pen eite' Topa hi. Zeisu ii Topa za pen sihna pan thokik-a vantung biakinn ah eite kumpi leh hong thumsakpa ahiehna thu ah kinga hi. Amah'n Amah asun kik dingin ei hong bawl ding hi ci-in Amah tung ah kinga, ki-ap thei hi hang. Paul in "Banghang hiam cihleh a Tapa in sanggam tampite lakah ta upapen a suah theih nadingin Pasian in a theihkhohlsa mite mah ama Tapa lim le mel a sun dingin a sehkhoh hi" ci hi (*Rom 8:29*).

Khazih sung ah na khempeuh ahieh-in hong bawlkik ding kamciam nei hi hang. "Singlamteh tung pan a hong luangkha asisan tungtawn in" Pasian tawh kilem thei ta hi hang (*Col 1:20*). Isaiah in kum zalom tampi pek-in agenkhohlsa bang mah-in Zeisu pen kilemna kumpi-in hong pai hi (*Isa 9:6; Eph 2:14 tawh saikaak in*). Tua ban ah Isaiah in "eite lungnop nadingin amah in daan thuak" ci hi (*Isa 53:5*). Rome 5:10 sungah Paul in "Banghang hiam cihleh eite in galte i hih laitakin ama Tapa sihna tawh Pasian in amah le eite hong kilemkiksak zo a, i kilemkik khith ciangin ama nuntakna tawh hotkhatna i ngah lai ding hi" ci hi.

Lai Siangtho in Zeisu pen ei Hongbawlpa, Honpa hi ci hi. Amah ei teng hong tatkik nadingin hih leitung ah hong pai-in singlamteh tungah hong si hi. Ei hong bawl Pa pen (*Joh 1:1-3*) "a nuntakna pia in mi tampi atankhia ding a" (*Matt. 20:28*) mihing hong suak pa mah hi (*John 1:14*).

# HILHCIANNA

Ama sihna, thawhkikna tungtawn-in mawhna leh sihna tungah gualzo-in vantung leh leitung-a om na khempeuhte lak ah alian pen hong suak hi. Tua bangin-ah “Banghang hiam cihleh na khempeuh ama hang le ama tungtawnin a piang hi a, ama aa ding vive ahi hi. Amah in pahtawina ngah tawntung taken. Amen” (*Rom 11:36*).

## Dotnate:

1. Zeisu sun ding cih ciangin bang acihna hiam? Pasion' hehpihna hangin na nuntakna ah bang kikheelna mu na hiam?

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2. Na nuntakna ah Zeisu pen bang ci in-ah Topa hong suak hiam? Na khempeuh a om ma-a aom khitna thu nang aading-in bang akhiatna om hiam? Tua in bang lametna hong pia hiam?

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## Ciaptehdingte:

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## Kilemtuahkikna le Lam'etna



## SABBATH NITAAK

**Tu Kaalsung Simding:** *Col. 1:21–29; Eph. 5:27; Eph. 3:17; Rom. 8:18; Eph. 1:7–10; Eph. 3:3–6; Pau. 14:12.*

**Kamngah:** “Eite in Khazih sungah Pasion dikna i tanh theih nadingin Pasion in mawhna a theilo Khazih eite tangin mawhna a suaksak hi.” (2 Corinth 5:21, ZSV)

Colosse 1:20 sungah, Paul in, kilemtuahna thukhun khatmah hong pulaak kik hi (*sinna 8 Thursday*). Tualai ah Paul in vannuai bup a huamna pan mimal dong hong tunsuk hi. Zeisu in singlamteh tungah hong sihna tawh mikhempeuh leh nakhempeuh, a diakin mihing, mawhna hangin Pasion tawh a kikhenkhia mite khempeuh in upna hangin Zeisu tungtawn in kilemtuah hi.

Mimalsim kilemtuahna thu tukalsung kisin ding hihang. Vannuai huam in, Khazih’ sihna tungtawn in piang hi a; Mimal ciangbek ahihleh singlamteh in, a beisa hun limpua bek hilo in, tu mahmah in zong a piang bangin, Khazih’ lungdamna thu le a minthanna a sangtheite in, Pasion hong itna hangin, hong kikheel ding uhhi.

Paul in “a beisa khang tawntung in a ki-immcip, tu in aki pholak thu” (*Col. 1:26*) ahi hi. Thuthuka ki-immcip in bang hi a, mimal a ding le vannuai adingin – banghong musak hiam? Hih “a ki-imm cip” thu pen, Paul in hahkat takin a tangkoko lungdamthu tawh koi bangin kizom hiam?

\*February 28, Sabbath ading kiginkholhna in tu kaal lesson sim in.

## Git'loh Nasepnate Pan Kilemtuahna

**Simin,** Colosse 1:21, 22. Paul in galte lamah hoi hi cih a hemgen pen bang a hiam? Khazih' sihna hangin a tawpna ah bang ngah dingin kilam-en hiam (*Eph. 5:27*)?

Paul in mihing pen khuamial tawh limpuasak liang hi. A neupen in Khazih' dikna tawh ki gamla limlim hi. Kum tultampi khit tuhun ciangin tuathu a kua in zong nialngam tuan ding hiam? Khatvei mikhat in, Khristian upna thugui up hetloh ding khat pen, mihing in mawhnei hi cihpen hi cihi. Ahihhang, mawhna honglut pan kipan in, bangzah ta in siahuai mahmah hitaleng, kileptuah theihna dingin Pasion mah hong kalsuan masa hi. Mawhna buaina zong singlamteh tungah Ama' sihna bekma tawh kisiansuah thei hitamahleh, a kipat cil limlim panin Pasion in mawhna buaipih mahmah khin hi.

Eden ah, Ama' piansaksa tek ahi Adam samin "Koi-ah om na hiam?" (*Pian. 3:9*) cihi. Tuni in zong eimah Ama' tuu gammang khat hong zonglai hi. Khatkhit khat hong zong ngiatngiat hi. Piansil 3:15 sungah, naugil om tuung bangin lungdamna kamciam hong paikhia a, eite le Satan kikal ah kihuatna omsak hi.

Zalom 21 mite in hotkhiatna thukhun pen kai-awksak nekruk in, mihing lampan hih ding omsak nawn mello hi. Atak takin bel lungdamnathu pen a hamsalua zong hituanlo hi.

Tua lungdamnathu khen thum in kikhen thei hi:

Amasa in, eileh ei kihonkhia zolo ihih manin, Zeisu hong paisuk in eima' mawhna tang' dingin hong si hi (*Rom. 5: 6-8*).

*Anihna*, Upna tungtawn in, kisikkikna, kituiphumna tawh Ama' sihna eima aa dingin sang leng; eima hong siangthosak in mawhna thanman panin hong suahtak hi (*Rom. 5:9-11; Rom. 6:6, 7*).

*Athumna*, Tu in i nuntakna pen Khazih tawh kipumkhatna hangin, Amah'n hong thak-bawl kikna, eite sungah Ama' nuntakna hong nungtasak hi (*2 Cor. 5:17- 21; Gal. 2:20*).

Hih thupiang cialthum tengpen, khenkhiat theih zong hilo hi. Eima' nuntakna sung ah Zeisu i saanphet leh piankhat in zong piangkhawm thei hi. Zingsang simin Ama' kiang ah ki-aapna i bawl simin tuate zong kithaksuah theilai hi. Eima' nuntakna sungah Khazih in hotkhiatna hong seplam phawk selo in ki-om zel taleh; a bul taktak pen, Khazih hong sihna tungah kinga hipeuh hi. Tua sihna sungah ciahkik zel ding hihang.

**Nangmah mah, na gamtatna le nangma sunglam thu na ki-etcian ciangin; tua thu namuh ciangin singlamteh na kisaplam koibang in hong theisak hiam?**

## Upna sungah Na Kippaisuak *uhleh*

**Simin,** Colosse 1:23. Paul in upna sungah “zungkha in bulkip” nei a cihteh bang a cihnop hiding naci hiam? (*Col. 2:5 le Eph. 3:17 enkak*).

Greek pau in “uhleh” cih kammal a kizatna ah khatna namli neithe hi. Colosse 1:23 sungah a kipatna in khuahun hoih acihna ahi hi. Colosse mite in amau’ upna sungah kip paisuak ding a deihsakna tawh Paul in a hanthotna ahi hi. Paul in ama’ limlahsa mahbang in amaute un zong upna sungah kipkho uh cih amuhsa ahi hi (*Col. 2:5*). Hinapi in amaute’ lam-etna in amau’ zuih upna lampi tungah a kip paisuak ding tungah kinga lai hi.

A kip paisuakna dinguh pen Greek pau in “om paisuak” (*Col. 1:23*) ci in kilet hi. Tua kammal mahpen zualzangna tawh akiman numeinu’ tungah nasep ding zia, laitheite le Phariseete in Zeisu kiang pan a ngetna uh in zong zang uhhi (*John 8:7*). Peter in kong-khak a kiuhkuih ciangin, *Rhoda* in ama’ aw telpah ahiah manin kong hon masalo in, midangte kiangah gen dingin a taiphot tadihdih lai in zong zang hi (*Sawl. 12:16*). Paul mahin ama’ thuhilhna omsa upna sungah citak paisuak dingin, Timothy a hanthotna sungah zong zang hi (*1Tim. 4:16*). Ama’ cihnopna khatna in kibang a, thu ummite tungah kinga ahi hi.

Maikaal sinna sungah zong i muhdng pen, Colosse mite in lungdamnathu’ lam-etna sungah dingkip zawlo in mihing tungpeuh ah hong kingah loh ding, Paul’ deihsakna teng hiding hi (*Col. 2:8, 20–22*). “**Bulkip**” cihpen, upna leh itna tawh Pasian’ kammal tungah kingakna a cihna hi (*Mate 7:25; Eph. 2:20; Eph. 3:17*).

Hih tawh a kipawl khatmah Greek panin a letkhat “kipkho” cihpen, a kikhiin theilo inn, banah, “lungdamnathu lam-etna panin a kiinkhia hetlo ding” Khristian mi acihna hi (*Col. 1:23*). Tua tawh a kikim 1Cor. 15: 58 sungah “Topa hangin na nasepna te uh amawkna hi ngei hetlo hi ci in natheih uh manun, Topa a dingin a tawntung in nasem unla, liinghetlo in lungsim kiptak in na omta un” cih.

Tulai in upna laang mahmah “khatvei hotkhat hipeuh leng, hotkhatia hi den” cih tawh a kitukalh in; Paul in thutuampi khat in hong pulaak zaw hi.

**Upna sungah kiptakin om paisuakna a thupitna koibang in na phukha ngei hiam? Tuabang teelsiamna neihna dingin koici hih ding nahiam? Hihkei lecin bang peuh piang thei ding hiam?**

## Pasian in Tawntung ading Geelna

**Simin, Colosse 1:24, 25. Khazih hangin a thuakna teng Paul in bang gen hiam?**

Paul in Colosse laikhak pen Rome ah innsung kikhak khumlai in a gelh hi a, ama' thuaksiatna lianpen in, munkhat pan munkhat, innkhat pan innkhat a paingeisa bangin a paitheih nawnloh hang hilo zaw hi (*Sawl. 20:20*). Tuabang haksatna tepen Khazih in hong genkhol khinzo a (*Matt. 24:9; John 16:33*), “tuate pen, Pasian in a hongpiak ding minthan na tawh kangaihsut khawm ciangin gentham lo” (*Rom. 8:18*) cihi. Philippi a Khristiante tungah Paul' laikhakna ah, Colosse mite hamphatna dingin ama' thuaknate hangin Paul lungdam hi (*Col. 1:24*).

Paul thongkia himah taleh “Pasian' thu ahihleth sikkol kibulh theilo” (*2 Tim. 2:9*) hi. Paul a thongkiat laitak in Philippians, Ephesians le Philemon cihteng gelh hi. A suahtak ciangin, Pasian in humuapna tawh 1Timothy le Titus a gelh hi. Rome ah a thongkiat nunung penlai in 2Timothy gelh hi. Tomgen leng a thongkiat nunung lam hunin, laisiang-thothak sungah a thupi mahmah laikhakte; Hebrew kiheltuak in gelhthei hi.

Pasian' tawntung ngiimna in hibang ciang sangin tamzaw huam hi. *Col. 1: 25* sunga Paul zat Greek kammal pen, letkhiatna ah “neihsa kepna, oikonomia” ahi hi. Ciangtan omdan hi a (*1 Tim. 1:4*), “Pasian' vaihawmna bang” acihna ahi hi—Luke Timothy Johnson, *The First and Second Letters to Timothy* (New York: Doubleday, 2001), p. 164.

Tuasungah Paul' nungzui hihna zong kihel ding hi. Zai-et zawdeuh leng hotkhiat ngiimna sungah Pasian' vaihawmna khempeuh kihel ding hi. Paul' nasepna, nungzui dangte aa le Lai Siangtho Lui kamsangte, Moses a kipan (*Eph. 2:20, Eph. 3:5*), tuate pen “Pasian' thu a kicingna dingin” aki vaihawm hi a (*Col. 1:25*), tuate khempeuh in vantung ngiimna tawh kipawl ahi hi.

Zingciang in tu a sangin thukzaw in kisin ding hihang. Hiteng panin Paul in a phawk khak thukhat in, Pasian a ding ama' khualzinna tepen “leitung a pian ma pekin” (*Matt. 13:35; Eph. 1:4*) Pasian' geelna teng akipan pan ahihna Paul in phawkkha hi.

**Nangma nuntakna ngaihsun in. Lian taleh neu taleh na khensat nate in a zaizaw Pasian ngiimna tawh koibang in kituak thei ding hiam? Khensatna khat peuh 'neu' hi i cithei diam? A nunlam ciangin hongtung ding bang nungthu omthei ding hiam?**

## Pasian' Thuthuk Hong Pholaak

**Simin, Colosse 1:26, 27.** Paul in “thu ipcip” nihvei gen hi. Bang thu ipcip hiam?

Mundang khatah zong Paul in “Pasian' thu ipcip” ci a, “eite minthanna dingin leitung pianma pekin Pasian' geelsa” (1Cor. 2: 7) hi a, hotkhiatna ngiimna hangin hong lahkhiat cihi. Peter in zong hih thumaan pen kamsangte in kanin ngaihsutbel in a neihuh “vanmite nangawn in a theihitel nop uh thute” (1Pet. 1:10–12) ahi hi. “Leitung pianma pek in kigeelzo a” (1Pet. 1:20) “leitung kipat panin a ki immcip” (Rom. 16:25) cihi. Zeisu' nuntakna, sihna leh thawhkikna hangin hong kipholaak ahi hi (2 Cor. 3:14).

**Anuai-a munteng in a ki immcip hotkhiat na'ng ngiimna pen koi bangin pulak khia uhham?**

1. Ephesus 1:7-10 \_\_\_\_\_

2. Ephesus 3:3-6 \_\_\_\_\_

Vantung le leitung a om “na khempeuh” in Khazih sungah ki pumkhat in omkhawm ding uhhi. Hihthu mahin John 17 sunga Khazih thungetna bulpi mah ahi hi. Bangteng hong piang ding cihbel a ki immcip hi a, lungdamthu in hong pulaak khia zo hi.

Pasian in eite hong itluat manin, vantung ah a manphabel Zeisu, eite hong hotkhiat na dingin hong piakna thu in khang tawntung in i kisin dinguh thu ahi hi. Eite theih ciang ciang bel: Khazih in “Ama hangin a nungtate, amau a dingin nungta nawnlo in, amau hang in si in a kihingkik sakpa a dingin a nuntak theihna dingun, mi khempeuh a dingin Amah hong si hi” (2 Cor. 5:15). Tuathu hangin, Khazih a um mi khempeuh, Jew le Gentilete in, lungdamnathu hangin Pasian' kamciam sangkhawm uh a, pawlpi sungah pumkhat in om khawm thei uhhi.

“Khazih tawh akipawlte” (Col. 1:27) a cihpen, “upna hangin Khazih in note sungah hong teeng” cihi (Eph. 3:17; Gal. 2:20). Khazih tawh khalam pumkhatna in thu ummite pen “vantungah hong uk-khawm sak” (Eph. 2:6) in “hong tungding leitung ah ukzawhna” hong ciamkhol sak (Heb. 6:5) hi. Eima' nuntakna sungah Khazih hong teen manin, Amah in van- tung tawh hong gawmkhawm theita hi. Lungdamnathu in thu ummite lungsim sungah na hongsem ahiah manin amau un “khuavak sunga om Pasian' misiangthote tawh nop sakna ngah khawm” (Col. 1:12) sak cihi.

## Lungdamnthu' Vangliatna

**Simin, Colosse 1:28, 29. Paul' in a thubulphuh bang hiam? Bang hang in "mimalkim" thumvei ci hiding hiam?**

Paul' thuhilhna ah a thubulphuhi in Khazih le a kikhai Pa ahi hi (*1 Cor. 1:23*). Ephesus 5:27 sungah, Khazih' hong sihna pen "pawlpi pen paubaanna anei hetlo a siangtho mahmah in Khazih kiangah a kipiak theihna dingin Pasion' thu tawh tui ah akisilsiang khit ciangin Pasion kiangah a aaptheihna dingin pawlpi a dingin Khazih a kipia ahi hi" cih. Paul in lungdamthu tangkona ah a ngiimnapi in "mimalkim Khazih sungah khangcingnak" (*Col. 1:28*) cih. Tuabang ahihna ah thuhilhna le vauna tawh Khristian upna le gamtatna tuamtuan hong hilh hi (*2 Thess. 2:15; 1Tim. 4:11; 1Tim. 5:7; Titus 1:9*). Tuakhit ciangin lungdamthu nialna a sulzui le kamsang zuaute' lauhuaina teng hong hilh hi (*Sawl. 20:29-31; Rom. 16:17*).

Khristian khangcing suahtheih nadingin, thuhilhna sang ding a, Lai Siangtho hilhna ngai ding hi. Khangcingna pen thupi mahmah hi. Nau suaktuung khatin ahieh theih bangbang pen a nulepate lungdam uhhi. A kampau masak, lampai kisin, laisim kisin cih bang ahi hi. Naupang a suahkhith kum tampi khith dong paitheilo pautheilo hileh nu lepa patau lualo ding maw? Naupang hong golna le siamna khantohna pen a ngeina hileh hi. Khristian nuntakna zong tua mah bang ahi hi.

Khangcing cihpen Greek pau in (*teleios*) hi a picing, melhemlo cihna hi. Khristian khantohna lampi tungah, Pasion' thukham a thuk na deihtak in telcian in hong kalhteng zong "zai mahmah" (*Late 119:96*) ahihlam telcian hi. "Mihingte lungsim ngiimna le ngaihsutna zong theithe" (*Heb. 4:12*) hi.

Kidop mahmah ding khat panin, Colosse 1:28 sungah Paul in "vauna" hong piakhoh hi. "Thumaan lampi bang ahite ... sihna lampi hikha thei hi" (*Pau. 14:12*). Kha-makaihna tawh Pasion' Kammal in Khalam khentel siamna hong neisak hi. Thuhilhna maanlo te in zong thumaan themkhat mah neithe veve uh hinapi; Lai Siangtho kammal abehlap le a paihkhith peuh om thei hi (*Isa. 8:20*). Pasion hong thu hilhna tangnialna a hihkei buangleh, eima' hun sungah a piangthei le a piangtheilo cianglel khentatna ahieh; a nunung zaw in gualzo pian zaw hi. Thumaan le thumaanlo khentel ding hun ciangin gul bangin pilvang in vakhu bangin gu neilo ding hihang.

**"Khazih Zeisu sungah khangcing" cihpen koibang in natelthei hiam (*Col. 1:28*)? Singlamteh tungah Zeisu in hong hihsak teng na telcianna in "Khazih Zeisu sungah khangcing" nahihna koi bangin hong telsak tuam hiam?**

**Ngaihstutbeh Ding:** “Thukham in hong kalhnate i dip theihna dingin eimah’n hoihna bangmah kineilo hi. Ahihhang, Khazih in eima suahtakna dingin lampi hong bawlsak hi. Amah ki pumpiak in, nangma Honpa in sang lecin; nangma nundan in mawhna kidim se taleh, Ama’ hangin nangmah in midik nahi ziau lel hi. Nangma gamtatna munah Khazih gamtatna in hong dinsak a, Pasion’ mai ah mawhna bawl ngeilo bang keekin hong kisangta hi.”

“Khazih in lungsim hong kheelsak hi. Upna hangin nangma’ lungsim sungah teeng hi. Khazih tawh kizopna pen upna le Ama’ deihna bangin ki-aap tawtungna tawh kikem cing a; tuabang nahih laiteng, Amah in nang sungah na hong sem ding a, Ama’ deihna le lungdamna bangin na hong semsak ding hi.”

“Eima sungah kisialh na’ng bangmah omlo hi. Eimah kiliatsakna dingin dinmun bangmah nei hetlo hihang. Eima lam-etna bulpi in Khazih’ dikna hong kipia pen hi a, tua in Kha Siangtho tungtawn in ei sungah na hong sem hi”—Ellen G. White, *Steps to Christ*, pp. 62, 63.

“Keitung ah khauhtak in hong kipia khuavak in, dawu gilote’ deihna leh khemnate hangin; mitampi takin eisung panin paikhia ding hita hi. Thumaan a umtakpi mite in thumaan in bang hiam cihpen pilvang takin khentel siam ding Topa’ deihna ahi hi”—Ellen G. White, *Evangelism*, p. 363.

### Kikupding Dotnate:

❶ Kamngah simkik in: “Pasion tawh a kibangin midik i suah theih nadingin, mawhna a neilo Khazih pen eima tangding in Pasion in mawhneimi a suaksak hi”(2 *Cor.* 5:21). Bang a cihnopna hiam? Khazih in ei a ding mawhnei hongsuak cih in bang cinuam a, singlamteh tungah ei hong ai-awhpa’ thu telcian na ding koibang in hong huh hiam? “Pasion’ dikna Ama’ sungah om” cih in zong bang a cihna hiam?

❷ Khristian tampi in a up uh “Khatvei hotkhiat hih nungsang, hotkhiat hiden” cihthu lungngai in. Hihpen upna maanlo ci in banghang in ci ihi hiam? Tuabang a ummite in bang lauhuaina omthei hiam? Tuabang upna nial hinapi hotkhiatna koibang in lungmuang veve thei ding hiam?

❸ Upna sungah bangzah “zungkha in bulkip” (*Col.* 1:23) nanei hiam? Na upna bangzahin telcian in banghangin umthei nahiam? Na upna koibangin telcian semsem ding nahiam? Na upna sungah “zungkha in bulkip” naneih ding banghang in thupi hiam?

## Tawlngak Ni Kikheel

Rene pen SDA ahih man-in nasep nih bang taan khin-a Pasion kiang ah ko hi. “Topa aw, SDA pen mihaute aading bek hih tuak hi. Sani ni-a kikhawl thei nasep mu zo ke’ng. Koici naamtaak ding ka’i hiam?” ci hi.

Amah university degree aneih hangin inn kilamna ah nitha kuan hi. Nitha-in innkuan vak zolo hi. Tu’n ta nih nei ta hi. Amah zong “Pasion aw, innkuan avakzo thei nasep hong musak in” ci-in thungen hi.

Tua leh Middle East lam ah accounting nasep sep theih ding khat hong mu hi. Tua pen innkuan pihte Philippines ah anusiat kul hi. Nasep asiauh leh hong ngah hi. Thu leh late haksa hi.

Nasep na ding gam atun ciangin Thursday leh Friday nite ah na kisep loh lam hong thei hi. Tua pen Sani leh Sunday nite ah na sepkul cihna hi.

Rene zong sani ni-in zum apai kul hang’n na sem lian lo hi. Amah’n Lai Siangtho leh Ellen White lai te sim hi. A nasep pu pen sani zan teh hong pai bek-a Rene pen sun hun-in na sep kullo hi. Ahih hangin nuam salo hi. Amah pen Sabbath ni-in nasepna mun ah om hi. Aupna akhiam suk dan-in kituat hi. Sabbath ni-in biakinn pai nuam hi. Amah zong “Pasion aw Sani ni-in biakinn hong pai thei sak in. Ka sih dong Sabbath tang ning” ci hi.

Tua thu kum nih bang ngen hi. Tua khith teh apu tawh kiho hi. “Sani ni pen ka Sabbath ahih man-in hong tawlnga sak in” ci hi. Apu in zong “kingah lo, kumpipa in Friday leh Sani ni pen tawlngakni acih hun teh tawlnga thei ni teh” ci hi.

Rene zong “ka pu gen za teh, nong huh thei diam” ci-in thu ngen hi.

Kha thum khith teh, Rene’ pu Europe lam apai sungin kumpipa in Friday leh Sani ni te tawlngak ni dingin taangko hi. Thu angen den Rene in tua thu thei khalo in Sani ni zingsang nai kua-in zum pai hi. Atun ciangin bang sep ding kivaikhak tam ci-in email hong en hi. Tua leh apu laikhak hong mu hi. “Rene aw, ka kumpipa thugen na za ing. Nang tung ah ka kumpipa in tawlngak ni ding pen Friday leh Sani ni acih hun teh tawlnga thei kong cih phawk ing” ci hi. Rene zong azum khak-in biakinn pai hi. Amah nuam lua-in hong kap hi.




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*Rene Tucaldo pen 1996 Sabbath sumpi tawh kilam Silang, Philippines-a 1000 Missionary Movement ah sum lam alen zalian khat hi. Tangthu maikaal ah sim beh in..*

**Khen I: A Huamin Etna****Thubulphuh:** *2 Corinth 5:21***Lungngaih Ding:** *Col 1:20-29; Rom 5; 2Co 5:18-21.*

Paul in Colosse te kiang lai akhakna sungah Khazih sungah na khempeuh i neih thu gen hi. Zeisu pen ei Hongbawlpa le Honpa hi. Amah'n tua thu Zeisu in bang hong sep sak hiam cih thu te tawh hong man in gen hi. Zeisu pen pawlpi' lutang, akipatna, misisate lak pan athokik masa pen, na khempeuh lak ah alian pen hong suahna te hong gen hi (*Col 1:18*). Paul in "Pasian in ama kicinna khempeuh Topa sung-a aom ding deih" ci hi (*Col 1:19*). Adang pan in gen lehang Zeisu pen Pasian hi. Abaih in-ah Paul in Zeisu pen bang sem hiam cih pen Amah kua ahiah man hi hong cih na hi. Za-ah-za Pasian ahiah man-in na piangsak thei, hon thei hi. Colosse 1:19, 20 sung ah Paul in Pasian pen thu nih ah lungkim hi ci hi: (1) Zeisu sung-a ama lim acingin om, (2) Zeisu tungtawn in na khempeuh Amah tawh kilemkik ding cihte hi. Tua thu nihte in Zeisu' Pasian hihna leh kilemkik ding nasep pen kikhen theilo cih hong lak hi.

Tu kaal lesson in thugil thum en hi.

1. Ei pen Pasian tawh kilemkik theih nadingin Amah mah in pan masa hi. Tua hangin mihingte Amah lam akaih kik nadingin Zeisu hong sawl hi. Ei lam pan zong "upna ah kip" loh phamawh-a "lungdamna thu pan kihei" loh ding kul ngiat hi (*Col 1:23*).
2. Khazih aading na i sepna-ah Ama sawltak bek i hih lam phawk loh phamawh hi.
3. Lungdamnathu ii vaang in Khazih sung ah gupna ngah nadingin hong picing sak hi.

**Khen II: Hilhcianna****Tangthu Tom**

"Elizabeth Barrett Browning's nu-leh-pa te'n Robert (Browning) tawh kiteen' ding awi lo uh ah tanu-in simlo ta uh hi. Elizabeth zong anu apate kiang kaalsim-in kilem nading thumna lai khak den hi. Kum sawm akhak khith ciangin Elizabeth in laibung gol khat hong ngah hi. Amah'n zong hong hong hi. Laibung sung ah alaikhak khempeuh om-in amah zong lungsim kitam hi. Alaite khat mahmah zong kisim cih bang omlo hi.

"Tua laikhakte pen tu ni in-ah Manglai sinna (literature) ah zaknop pente lak ah khat hong suak hi. Anu apate'n khat beek na sim le uh kilem

kik thei ding hi. Lai Siangtho zong Pasion in kilemna pian nading lai hong khakna hi. Lem-in i sim ciatciat ding kisam hi.” — Michael P. Green. *1500 Illustrations for Biblical Preaching* (Grand Rapids, MI: Baker Books, 2000), p. 297.

**Kilemna, Upna le Lametna**

Pasion in mihingte Amah tawh kilemkik nadingin hong pat masak lam Lai Siangtho in siangtak-in hong lak hi. Adam leh Eve te mawhna abawl ciangun Pasion in tua nupate azong dingin Eden huan ah pai hi (*Pian 3:9*). Paul in “Banghang hiam cihleh eite in galte i hih laitakin ama Tapa sihna tawh Pasion in amah le eite hong kilemkiksak zo a, i kilemkik khit ciangun ama nuntakna tawh hotkhatna i ngah lai ding hi” ci hi (*Rom 5:10*). Hih pen Col 1:21, 22 sung-ah Paul in gen hi. Rom 5:5-11 sung ah kilemkik nading kibawlna ah Pasion in hong pat masakna anuai-a kilak dan-in ciapteh taak hi.

Rom 5:6	“ <b>thanem</b> in i om laitak”	a hun acin ciangin Pasion a thusim lo eite tang in Khazih hong si hi.
Rom 5:8	“ <b>mimawh</b> i hih laitak”	eite tanga Khazih hong si
Rom 5:10	“ <b>galte</b> i hih laitak”	ama Tapa sihna tawh Pasion in amah le eite hong lemiksak zo

Aneu 6, 8 le 10 te ah thu luankhopna om hi (*Eph 2:4, 5 zong en in*). Thanem laitak, mimawh leh galte i hih laitak, eite tang-a Khazih hong si, thu hangin Pasion tawh kilemkik sak hi. Paul in hih thugil mah anuai-a kilak dan mah-in tawmno khat kilaihna bawl-in gen hi.

Amun	Asem pa	gamtatna	micina	hampha	Asem pa
2Co 5:18	Pasion	kilemkiksak	ei	Amah mah	Khazih tungtawn-in
2Co 5:19	Pasion	kilemkikna	leitung	Amah mah	Khazih sungah
Col 1:20	Pasion	kilemna	na khempeuh	Amah mah	Khazih tungtawn-in
Eph 2:4, 5	Pasion	itna in hingsak	ei		Khazih tawh

Kilemkik nading bawlna ah Pasion pen Asemkhia pipa le Apanpa hi

den hi. Gal 4:4, 5 sungah Paul in Pasion in ei teng amah tawh kilemkik nading pan hi cih agenna ah Paul in tapa dingin alaakna kammal na zang hi. John in “Pasion in eite hong it masa ahih manin eite in itna i nei thei hi” na ci hi (*1Jn 4:19*). Kilemkikna pen Khazih hong sihna tungtawn-in piang thei bek hi (*Rom 5:6; 2Co 5:21; Col 1:20; Eph 2:13, 16*), tua pen Pasion sung ah lungmuanna ngah sak hi (*Eph 2:14-19*). Ei pen Pasion’ tapa dingin hong ki la-khin ahih manin (*Rom 8:15; Gal 3:26; Gal 4:4-6; 1Jn 3:1, 2*) Khazih i upna tungtawn-in asangkhaite dinmun i tunna in Amah tawh kimuh theihna piangsak hi (*Rom 5:2; Eph 2:18; Eph 3:12; Heb 10:19-22*).

Pasion’ pat masakna i thukikna-in ei pen “upna ah kip,” “na lamet uh lungdamna thu panin kihei kei un” cih dan-in i om loh phamawh hi (*Col 1:23*). Upna le lametnate pen Christian zia ah akop khawm thu hi (*1Co 13:13; Gal 5:5; 1Th 1:3; 1Th 5:8; 1Pe 1:21*). Hotkhiatna i ngah nadingin mihing lawhcinnate ah kingalo-in Pasion mah um-in lamen hi hang (*1Pe 1:21*).

### Azai mahmah Geelna sungah Mapangte

Colosse 1:25 sung ah Paul in amah pen “Pasion in ... neihsa kem za hong pia ... Pasion thu abukim in note kong hilh theih nading ahi hi” ci hi. Amah pen azai mahmah geelna sungah mapang neu khat hi bek hi. Tua hi keileh athuakna thute ah bangci-in lungdam thei ding hiam (*Col 1:24*)? Pasion in ei aadingin agin “athupi zaw tham tawntung vangliatna” (*2Co 4:17*) tawh saikaak ciangin hih leitung ah thuak khakte pen tawlkhat sung bek ahih lam atheite bek in athuak thute tung ah lungdam zo uh hi. Paul in Pasion thu abukim in a hilh theihna pen “Tua thusim khang tampi le hun sawtpi sung kiselcip a, ahi zongin tu in ama mi siangthote tungah a hong lakkhia ta hi” (*Col 1:26*) tawh nahvawh hi ci hi. Hi mah hi, Paul in azai mahmah thu ah mapang khat-in a om lam kitel hi.

Pasion in ama tawntung ngiimna tangtun nading-in tatkhiatna tangthu ah akhangsim ah mi tampi na zang hi. Et ding ah, Joseph in Messiah hong pai nading minamte asuakta sak dingin Pasion in amah azat lam atungin theilo hi. Thupiangte ah Pasion in na makai hi. Egypt ah apaina hi “Joseph tawlkhat sung lungneu khalauna ah kidiah hi. Ahih hangin **Pasion geelsakna hangin** thusiate ama aadingin thupha suak sak hi. Amah zong nai tom kaal sungin kum tampi tak kihilh loh ding thute hong thei hi.” — Ellen G. White, *Patriarchs and Prophets*, p. 213. Atawpna ah “mitampite nuntak theih nadingin” (*Pian 5:20*) Pasion in thu leh late amakaih lam hunte in Joseph thu hilh hi.

Lai Siangtho sung-a midangte e leh? Gen ding tampi om hi, avek-in kigen khin zolo ding (*Hebrew 11 en in*). Gentehna, Ruth bu e-leh bang a

hiam? Azai-in en le hang Ruth tangthu in Pasion om tuaklo akisak hun lai mah ah na asepan lam hong lak hi. Ruth pen Israel kumpi a hong suak David' pi hong hi hi (*Rut 4:13, 21, 22*). Amah zong tangthu zai mahmah sung-a khat hi lel hi. Pasion in David tung ah asuan leh khakte sung pan "ama kumpi gam tokhom ka kipsak tawntung ding hi" ci hi (*2Sa 7:12, 13*). Hih kamciam, mailam-a apiang ding David' tapa (*Matt 1:1*) Zeisu tungah tangtung hi. Pasion in ama tawntung ngimna Zeisu tungah atangtung sak dingin leitung thupiangte na makaih hi. Hih geelna pen tu'n ki lakkhia ta ahi akiselcip thusim hi (*Col 1:26*).

### **Khazih sungah Picin'tohna**

Christian ihih manin Pasion' thu ah upna le zuihna tawh picing to dingin hong kicial hi. Paul in lungdamna thu ii mungtup pen "Khazih Zeisu sungah mi khempeuh picing" (*Col 1:28*) sak ding thu hi. "Note sungah nasep hoih hong pankhiapa in Zeisu Khazih ni dongin kicingtakin hong zomsuak ding hi ci in ka lungmuang hi" (*Phi 1:6*) cih thei-in Nihveina hong pai na ding ah i kigin kawm-in i khantohtoh ding Pasion in deih hi.

Kha thu picin'na ah atawm pen-in thu thum om hi. Amasa ah, upna khangtoto dinig. Corinth pawlpite kiang lai akhak ciangin Paul in upna ah khantoh ding alamet lam kisiang muh hi (*2Co 10:15*). Tua tawh akibang mah 2Thess. 1:3 ah Paul in Thesalonica pawlpite "upna nakpitak in khang" ahih manin Pasion tungah lungdam ko hi. Anihna ah Peter in "i Topa leh Honpa Zeisu Khazih hehpihna thupha le amah theihtelna ah na khangto un" na ci hi (*2Pe 3:18; 2Pe 1:3 zong en in*). Tua bang mah-in Paul in Colosse pawlpite tungah "Topa tawh akilawm gamtatna nei" ding leh "Pasion theihna ah" akhang dingin na hanthawn hi (*Col 1:10*). Athumna ah, itna ah i khantoh loh phamawh hi. Tua hang-in Paul in 1Thess. 3:12 ah "Kote in note ka hong it zah un, note khatlekhat na ki-itna uh le mi khempeuh na itna uh, hong liansak semsem tahen" ci hi (*Phi 1:9 zong en in*). Kha khantohna zong Pasion kiang pan a hong pai lam siang mahmah hi. Thu ummite pen "Pasion in a khansak bang bang in akhangto" (*Col 2:19; Phi 1:6; 1Co 3:6, 7; 2Co 9:10 te zong en in*) dingin kicial hi.

### **Khen III: Nuntakpih Ding**

Anuai-a thugil te lungngai in. Tua khith teh Sabbath sang hong pai te tung ah dong in.

Hotkhiatna i ngah nading thu ah Pasion in pan masa hi cih thu pen tha hong pia mahmah hilo ahiam? Ama pat masakna loin ei pen ei thu tawh Amah kiang naih thei ding i hiam? Naih theilo lua hi! Wilson Tozer in “mihing in Pasion azon’ theih ma-in Pasion in mi hong zon masak loh phamawh hi.” — Tozer and W. L. Seaver, *Prayer: Communing With God in Everything* — Collected Insights from A. W. Tozer (Chicago: Moody Publishers, 2016), p. 238.

Lai Siangtho in Pasion in leitung bup level hi loin lampial tuu khat, milip level dong ahuu dingin hong pan masa hi cih hong lak hi. Tua pen tuikhuk-a Samari numei Zeisu in a hopihna (*Joh 4:1-42*), Nathanael (*Joh 1:48*), le midangte tawh kihonate pen tua hi pah lo ahiam?

Ei hong hot nadingin Pasion in hong pat lai mah-in Ama itna ama deihna bangin ih thuh kik ding alamet kik lam i phawk loh phamawh hi. Pasion in i cin zawhlohnate om pipi mah-in hong zang thei hi. Ama vaang tawh i ngaihsut theih zah sangin ki hih thei zaw hi hang. Ei pen Pasion hun geelna ah akihel bek i hih lam i theih kul hi. Ni khat ciangin tatkhiatna thu ah milip-in kihelna thu acingzaw in kitel thei ding hi. Tua hun tun ma dong Pasion in kilemna leh lamet apiangsakte ahi thei dingin upna, theihna, itna ah akhangto dingin hong deih hi.

**Dotnate:**

- 1. Abeisa hun-a Pasion in hong koici zon hiam? Na tuah khak thute hawmkhia in.**

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- 2. Gupna thu ah nang banglam ah pang na hiam? Pasion’ hong itna thu kua gen pih ngei na hiam? Na tuah khak thu in midangte tha koici piak hiam?**

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# Khazih sungah Kicinna



## SABBATH NITAAK

**Tu Kaalsung Simding:** *Colosse 2; Hebrew 7:11; Isa. 61:3; 1 Cor. 3:6; Thkna. 31:24–26; Rom. 2:28, 29; Rom. 7:7.*

**Kamngah:** “Tua ahih manin annek tuidawn a kipan, biakna paw, khatdet paw le sabbath nite tawh kisai in note tungah kuamah thu kikhensak kei un. Tuatē in a hong piang lai ding nate liim hi hi a, a taktak pen Khazih ahi hi.” (*Colosse 2:16, 17, ZSV*).

**B** anghangin Sabbath tang cih hong kidong ngei hiam? Tukul kamngah in tuataw a kilehbulh thukhat ahi hi. Ahihhang tua mun pen thukham lina tawh kisai in akigelh zong hituanlo a, pawlpi sungah thuhilhsia zuau pawlkhat in thukhial ahilhna te a dawnthukna ahihi. Tua thukhialte bangteng hiam?

Amasa, thukhial hilhna pen “mihing’ pilna, mihing’ ngeina le leitung mite bawl tawm thukhun” hi a, “Khazih’ thu tawh akituak lopi” (*Col. 2:8*) thute ahi hi.

Tua sungah vun-aatna le Jew mite pawite zong kihel uhhi (*Col. 2:11, 16*). Anihna, Annek tuidawn vai in Jew mite’ kisiangthosakna zehntante (*Col. 2:16, 21*). Vanmite khawng peuh a biakpiakna uh kizeelsakna cihte ahi hi (*Col. 2:18*).

Athumna, “mihing bawltawm thukham le upna”, kideek kidaam in pasian hih ding kisinna cihte om hi (*Col. 2:22, 23*).

Hih thuhilhsiate pen biakna mi taktak vive mah hinapi un, lungdamnathu pen lehlak uhhi. Tukul sungin i kamngah in ni sagihni Sabbath tawh kisailo ahilhna thu kisin ding hihang.

\*March 7, Sabbath ading kiginkholhna in tu kaal lesson sim in.

## Pasian' Thutheihna le Pilna

Job in, “koilai ah pilna om a, thutheuhna mun koi ah om hiam?” (*Job 28:12*) cihi. Paul in dawng a: Khazih sungah, “pilna le thuthuk khempeuh theihtheihna hi” (*Col. 2:3; 1Cor. 1:30*) cihi. Khazih i neih nakleh, na khempeuh kinei pah a, nuntakna ngiimna ahi “thu theihna khempeuh” (*Col. 2:2*) i neita hi. Pasain' thuthuk thu ipcip ahi Hotkhiatna ngiimna khempeuh a kicing in Ama' tungtawn in hong ki pulaak hi.

### **Simin, Colosse 2:1–7. Hih laikhak Paul in bang ngiimna tawh gelh hiam?**

Greek kammal *paraklēthōsin* in “hanthawn, tha dimsak” cihte hi (*Col. 2:2*). Paul' lunggulhna pen Colosse thu ummite un zuau thuhilhna a telcian dinguh le Khristian itna sungah a pumkhat dinguh ahi hi. Tua laikhak sungah Paul in ama' ngiimna mun tungthei ding cih lungmuang ahihna pen a kammal zat in pulaak hi.

Amaute a pahtawina in zong, “Khazih na upna uh hangun, kiptak in na omkhopna uh katheih manin kanuam mahmah hi” (*Col. 2:5*) cihi.

Greek kammal *taxis* pen Lai Siangthothak sungah “guizui” ci in kilet a, siampi Aaron guizui (*Luka 1:8; Heb. 7: 11*) le Melchizedek guizui (*Heb. 5:6; Heb. 6:20; Heb. 7:11, 17*) cihte le, Paul in zong pawlpi sungah akilawm akituak ci in zang hi (*1 Cor. 14:40*). Pawlpi kalsuan zia le kipawlna khawng pen khatveivei ciangin, biakna lam a thupitna teng kihemkhia in, siate kipawlkhopna bangin kingaihsun ziau thei hi.

Biakpiakna sungah a etlawm ding a pulakna ah (*1Cor. 11*) pawlpi upa le deacon kiteelna ah (*1 Tim. 3; Titus 1*), Paul in pawlpi kalsuan zia thupi sak mahmah hi. Hihbang ciang tawh, Pasian' pilna le Lai Siangtho thuhilhna tawh pawlpi kalsuanzia ding hong lah khia hi.

Colosse mite in Paul le a pawlte kiangpan thumaan thutak sang kha uh ahih man un, amaute in upna sungah “kipkho” thei uhhi. Amau' upna in akip Lai Siangtho tungah bul nei uh ahih manun, kiliing zolo bek thamlo, hoihtak in zuihna tawh zuau thuhilhnate pan in kidaalna hi zaw ding hi.

**Nangma mimal kha nundan sungah bang “guizui, etlawmna” kism na kisa hiam?**

## Khazih sungah Zungkha in Khangto

Colosse in a thubulphuhi pen in Khristian nundan hi a: “Zeisu Khazih Topa na saansa uh ahil mahbang in, Amah tawh hoihtak kipawl in nungta un” (*Col. 2:6*) cih. Eite in hotkhiatna i ngahna pen, thuhilhna khat peuh bektawh hilo in a Mi khat saanna hang ahi hi. Zeisu saang cihzong pen nungzuite leh kamsangte’ tungtawn in Lai Siangtho sung Ama’ thuhilhna teng saanna ahi hi (*Eph. 2:20*).

Tuabek thamlo, Khazih saang cihteh eima angsung sihna, a nungta Khazih tungah ki pumiakna ahi hi.

A nungta Thu (Zeisu) pen a Kigelh Thu (Lai Siangtho) tawh khiat theih hilo hi. Dangkatang tungah maitang nih tawh a kibang uhhi. Lai Siangtho tungtawn in Zeisu ki thei hi. “Ama’ sungah nungta in kikalsuan” hi. Cihnopna ah Ama’ thu le Ama’ Kha in eima khentat na le gamtatna teng makaihsak cihna ahi hi.

Colosse 2:7 sungah, Paul in Lai Siangtho limpuakna tawh Khristiante suan hi. Khazih pen eima Honpa in sangin, Ama’ Thu ombang in nuntakna tawh Khazih sungah i zungkha uhhi. Tua in “upna sungah kipkhona” ahi hi.

**Anuai-a Anuai a Lai Siangtho munteng in singno kisuan bangin, thu ummite koibang in hong genteh hiam ?** (*Isa. 61:3; Matt. 3:10; Luke 8:11–15; 1Cor. 3:6*).

Hih i teelsiam ding thunih tegel pen Paul in kician takin thu umte hong lak hi. Akhatna pen, Khazih le Ama’ thuhilhna a lenkip mite pen “Topa sungah a kisuan mite” (*Isa. 61:3*) cih. Anihna pen, bawl tawm singkung hi a, singkung tawh kibang napi nungta lo sese hi. Mihingte’ ngaihsutna leh leitung ngeinate peuh tungah kingakna pen “sila” (*Col. 2:8*) suahna cih. Khazih in eite hong suahtak khit na ngawn in sila va kisuak kik thei lailai cih (*Gal. 5:1; Sawl. 15:10*).

Tomgen leng, Lai Siangtho hihna a hilo thuhilhna i saan ciangin Khazih anial hi a; zuau thuhilhna a saangte in, lungdamna thu tuamdang sangin, Lai Siangtho thuneihna mun ah mihing’ thumeihna khawng akoihte ahi uhhi (*Gal. 1:6–9*). Pawlpi masa hunlai in a lauhuaipen thu ahil mahbang in tuni ciang dong tuabang in om pai suak lai hi.

**Khazih nasaan theihna dingin angkhualna koibang in sisak masa ngei nahi hiam? Tua ngeina in banghang in a omden dingin hoih hiam?**

## Singlamteh tungah Kilhcip

**Simin,** Colosse 2:11–15. Hitengah Paul in bang buaina tawh kisuah hihtuak hiam?

Colosse 2:14 pen ni sagihni Sabbath dona dingin koibang in kizang zel hiam?

Hihmunte telcianna dingin, SDA pawlpi in letkhiat na bulpi namnih nei uhhi: Amasa, Singlamteh tungah a kikilh “khitgelh” lai pen; “eite langkhat ah hongpang” thukhamte kigualsuk diudeu hi a, Pilate in singlamteh tungah Zeisu a khaina mahbang ahi hi (*Matt. 27:37; John 19:19, 20*). Anihna, Pawivai thukham Moses gelh (*Thkna. 31:24–26*) pen ahiehleh singlamteh tungah kikilh zo hi.

Tualai munte a zaizaw in sim leng, zehtanvai pawl thukhamte tungtang a genna ahihlam kician mahmah hi.

Paul in “pumpi tung vun-aatna a hilo” (*Col. 2: 11*), “lungsim vun-aatna” (*Rom. 2: 28, 29 le Thkn. 30: 16*) hi a; pawl thukham sungah a thupi pen in akalh cilesa vun-aatna hi nawnlo hi (*Siam. 12:3; Thkna. 12:48*).

Tua khitteh Paul in, hih sunglam kikheelna pen “mawh nopna lungsim tawh kipelh” in tui sungah kiphum suk cih. Hih kituiphumna pen, Khazih’ sihna le thawhkikna eima pumpi mahmah tawh lahna ci hi (*Col. 2:11, 12*). Hih kikheelna pen “Mawhna sisak in, mawhna khempeuh hong maisak” Khazih sungah nungta cihna hi (*Col. 2:13*).

“Zehtante” (*Col. 2:14*) pen leitung vai hinapi, kumpi thukham zahmah hi a, (*Luke 2:1; Sawl. 17:7*), leh biakna’ ngeinate (*Sawl. 16:4*). Paul in a zat Greek kammal pen biakna zeh vive hi a, Jew mite leh Gentile mite kikal ah kidaalna kawmpi khat hong suak hi (*Eph. 2:14, 15*). Paul in mawh maisakna pen sunglam kikheelna hi a, tuiphumna tawh limpua sak khin ahih manin, Lai Siangtho mundang ah zong tua gentehna ahilo, a kizang ngeilo genteh na dang khatpeuh zang tuan nawn hetlo ding hi.

Ephesus laibu sungah tuatawh akibang gen tehna khat mah om a, Colosse mi ahi, thu hong uppih Gentile mite adingin, vun-aatna a kihel in, amaute un a kamciamsa uh ahi, siangthona’ng zehvai khempeuh zong Paul mah in kiteltak in hilhcian sitset hi (*Sawl. 10:28, 34, 35*).

Thukham sawmteng pen singlamteh tungah a kilh hetlohna pen kitelcian mahmah lel hi. Mawhna pen thukham palsatna hi cizawsop hi (*Rom. 7:7*)

## A Liim maw A Pumpi?

**Simin, Colosse 2:16–19. Jew-Khristiante zat thu Paul in hiteng ah bang pulaak hiam?**

Hiteng ah Paul in hong pulaak thute pen Lai Siangtho siamte in tuni dong mah nial tentan lai uhhi. Jew-Khristiante lungsim kituahlohna peuhmah pen a tamzaw Gentile mi mawlpí mite huzaap hang vive hi cih Paul laikhak in hong lak hi (*Col. 2:13*). A piandan a hihleh, Jew mi thu umte in pawlpí mite' zuih ding a kisamlote khawng zuih dingín a sawl hamtang hang ci hi.

Colosse 2:16 sungah, Jew' biakna pan in Khristian biakna ah hong lutte in a zuih uh Jew' ngeina pawlkhat gualsuk hi. Colosse 2:18 sunga om thute zong tuate mahtawh a kibang hi a; Biakna makai te in kiniamkhiat a kineihna uh Zeisu in a taaina ahi hi (*Matt. 6:1, 5, 7, 16*). *Qumran* laizial sungpan in, Jew mite in vanmite nangawn biakna pia uh cih kithei khia hi. Tua hi a, Paul in Colosse ah a tuahkhak thute pen mundang ah aphutkhak thute mahtawh kibang hi.

Colosse 2:16 pen kitelkhial mahmah ahíh manin, a kim dildel in ngaihsut phat zong kul hi. Hih thu teng zong phawkzel in: Paul in “tua ahíh manin” a cih ciangín, ama' thugensa khat a thukhupna hong lahna ahi hi. Alimlim in, pumpi vun-aatna hi nawnlo in, sunglam lunsim kikheelna thupizaw cihí (*Col. 2: 11-15*).

“Annek le tuidawn” a cih zongpen, Israel mite in biakpiakna ding in biakinn ah hong paipih uh annék tuidawn acihna ahi hi.

“Pawini, khadet ni le Sabbath nite” (*Col. 2:16*) cihte pen Hosea 2:11 sungah zong kihelkhin zo hi (*Siam. 23:11, 24, 32 enkaakin*).

Hih munteng hong telciansak ding pen Paul' letkhiat dan ahi hi: “hihte pen mailam a hong piang ding nate' lim hilel a; a taktak pen Khazih hi” (*Col. 2:17*) cihí. Hih biakpiak hih pawí nite in Khazih sepnate kawh hi (*1Cor. 5:7, 1Cor. 15:23*). Ni sagaih Sabbath pen, mawhna hong lutma Eden huan pekpan in kizangh khinsa biakpiakna khat ahi hi; tua ahíh singlamteh ah a kihemkhia lim'ciing nate lakah kihel lo hi.

**Hiteng ah ni sagih Sabbath in buainapi ahíhloh tei hang, Paul hong ngaihsut piakna bangin midang tungah thukhen loh ding koi bangin na zangthei hiam?**

## Mihing' Bawltawm Thukhamte

**Simin,** Colosse 2:20–23. Hitengah kikap thute le Paul' hanthot nate pen thu dangte tungtawn in na koici telcian hiam?

Galati mite tungah laikhak sung mahbang in, Jew' pawite kepcin theih ding tawh kisai in, Paul in “leitung ki-uknate a bulphuh” (*Col. 2:8, 20; Gal. 4:3, 9*) pawite cihi. Thu khat ah, leitung biakinn mah bangin, hih nate in leitung tawh kipawl hi a, ahilhang eite i hihle vantung gam mite ihi uhhi. Zehtan pawi thukhamte pen a taktak ahi eima nopsakna hong piangsak Khazih' limpua hilel ahih manin van gikpi in puak kullo hi. Pasion tekamah in hong thupiak ahi zongin, hih zehtan'te in amau' mun ciat ah nasep zokhin uh ahih manin tu in kisam nawnlo ta hi.

Biakinn puandaalna pen vantung khutin balkeek khin a, hih thukhamte zong singlamteh tungah kikiilkhin ahih manin (*Matt. 27:51; Dan. 9:27*), Khristian te (Jew-Khristian) in hih thukhamte khutnuai ah om nawnlo uhhi. Tuat' nuai ah omomla leng, leitung tawh kipawl cihna hiding a, Khazih in hong kamciamsa leitungthak tawh kipawlo cihna hipah hi.

Eite in, leitunglui a puahphat kik ziau lel ahilo “thumaan bekma a omna mun vantungthakte leh leitungthak” (*2Pet. 3:13*) a ngak ihi hi.

Moses in hoihtakin a bawlsa thukhamte banah, mihing' lunggull na tawh a behlape (*Mark 7:1–13*), vantung in zong kisam asak nawn loh, Khazih sungah a tangtungsa Lai Siangtho Lui pawite pen Phariseete le laitheite in behlap uhhi. Tuat' in upna adingin vangik hong hileltak in, mai nawt nading khawng hong khaktan sak thei lai hi. Hih thute ahih mite in amau mahmah pen ahih lote sangin a hoih zaw in kingaihsun khak ding baih mahmah hi. Tua sangin a lauhuai zaw semlai thu in, eite'n tuabang kalsuanna hoih i sakloh ahi gamtat hoihna hangin in hotkhiatna ngah bangkeek in om hithiat thei uhhi.

Khristian tangthu sungah Lai Siangtho siamte in, biakna bullam panin thukip a tangko uh thute pen. Lai Siangtho in a cihnopna te sungah Kha Siangtho makaihna peuh suah pongmawk uhhi. Paul pan kipan in Lai Siangtho laikungpote khempueh in hong thuhilh nate khempueh hong luankhiatna tuinak peh Zeisu ahi hi.

**Zeisu in, eima' sepna kihel hetlo in, septuak bawltuak khempueh, Ama' hong hihsakna in, eite' hotkhiatna bulkip ahihlam koibang in i telcian thei ding hiam?**

**Ngaihsutbeh Ding:** “Nungzuite hunlai in mihing in amau’ pilna peuhtawh Lai siangtho upna susia uhhi. Tuni in zong mite in amau’ lunggulhna tungtawn in, mawhzonna lianpipi, mawkpianna, sikha tawh kizopna, ki-aapna, pasian tampi biaknacihte tawh, thumaan’ galpa in, akikhaam lampi tungah khate paipih dingin zol niloh hi. Mi tempi in Lai Siangtho telkhialh bialbualna tawh lungsim buai uh in, upmawh thupeuh tawh, Lai Siangtho pen sathau omlo meivak peuh suaksak uhhi.

Mawhsakna lianpipi tawh, khenkham bialbual in, upmawh thute tawh bawlphatna khawng bawl in, vantung in hong lahsa Lai Siangtho upna nialin suksiak sak hi. Pasian’ Thu in mihing nuntakna a uk zawhna, a laptohna le a humuapna teng buluh hi. Sikha tawh a kizom mite in, mihing lunggulhna in thukhun a sangpen hi ci in mi tampi thu hilh uh a, mihing in amah leh amah omthei ci in um uhhi.”

“Khazih’ nungzui mi in, Colosse thu um mite tungah Paul in a vau na omsa ahi ‘mawh zolna’ mah phukha ngelngel ding uhhi. Sikha umte in a Lai Siangtho khatdan uh zong phukha taleh up ding zong hituanlo hi. Tawntung Lai Siangtho thumaan kipsakna in ama’ aw kician takin kiza ding hi. Khazih mitsuan in lampilui omsa bangun mainawt teta in, Ama’ hong thuhilhna tawh a kituaklo khempeuh hemsiang ding hi. Pasian’ thumaan in ama’ ki-aapna thu hi tawntung ding hi. Lai Siangtho pen ama’ tungah Pasian in a hohpihna hi ci in saang ding hi. Tuaciangin vantung pilna amah’ n muta ding hi”—Ellen G. White, *The Acts of the Apostles*, pp. 474, 475.

### Kikupding Dotnate:

- ① Khazih sungah “Pasian’ pianzia khempeuh akim in om” a, Amah in “huihlak a ukte le aana neite khempeuh tungah lungtangpi” a cihteh bang a cihna hiam? (*Col. 2:9, 10*). John 1:1, Hebrews 1:3, le 1 Peter 3:22 etbeh in.
- ② Colosse 2:14–16 pen ni sagih Sabbath nialna in kizang cih zong i zaksa ahi hi. Tukul sinna pan ahilo, Hih sinna pan ahilo, buaina dang tawh thukham lina zuih kullo cihna omlai hiam?
- ③ Pawi thukham te zong zuih ding mah hi veve aci mite na koicih diam? Khalam le biakna lamah thupha omthei a hihsam hang, tuate zuih ding hanthotna in bang thubuai omsak thei hiam?

## Thongkia ding maw Si ding

Kha guk bang biakinn apai khit teh Rene' nasep pu in amah sam hi. Apu in "Accountant dangte nang bang-in na sem kei uh, thu khat hong thum ning. Sani ni-in nai khat nong sep sak thei diam?" ci hi.

Rene zong kum nih vilvel "Pasian aw, Sani ni-in biakinn nong pai sak theih leh ka sih dong Sabbath asiangtho-in tang ning" athunget phawk hi.

Amah'n zong alu pei-in "sem zolo ding" ci hi.

Apu in "sep kul hi, nai khat bek hi, bang hun-in biakinn pai na hiam?" ci hi.

"Nai giat pan 12." "Asun lam-in nai khat sem ve." "Sani ni mah hi lai hi ve'n." "Lem lel e." "Kei aading lem lo hi."

Rene pu zong amah en in "nang cih bang bang hi ei" ci-in nusia hi.

Kaal guk khit ciaingin apu zong hong tawn' bawl hi. "Koi ci khensat na? Hong pai ding Sani ni na nasep kul ding, na sep kei leh bang kong cih tam cih thei nai ke'ng" ci hi.

Rene in Christiante amudah gam ah na asepp lam ki thei hi. Mipi te'n abiakna uh suakta takin bia theilo hi. A upna hangun thongkia, sihna thuak cih thute amah'n na za khin hi.

Inn atun ciangin "Topaw aw buaina tampi nei ing. Hih tak ah asi dingin deih na hiam" ci hi.

Ni thum khit teh Rene biakinn pai hi. Amah pen azum omna innpi mah ah om hi. A inn pan apaikhiat teh a nasep pih khat in "tuni zum hong pai lo ding maw" ci hi.

"Pai kei ning" ci-in dawng kik.

Rene in zum' phone len-a, power khak hi. Biakinn apai lai-in ki nung zuih ding utlo hi. Tua ni sunlam-in nasepna pupa zum hong pai hi. Amah'n Rene' phone sam hi, kingah lo hi.

Tua nung ah nasep pih khat in Rene kiang ah "I pu pen daw tawh kibang mai, amit san hi, nang hong sial nek nop tuak hi. Thong hong hum nop tuak mai. Hehpihna tawh ko zong hong tuahsia sak kei in" ci hi.



*Rene Tualdo pen 1996 Sabbath sumpi tawh kilam Silang, Philippines-a 1000 Missionary Movement ah sum lam alen zalian khat hi. Tangthu maikaal ah sim beh in.*

## **HILHCIANNA**

### **Khen I: A Huamin Etna**

**Thubulphuh:** *Colosse 2:16, 17*

**Lungngaih Ding:** *Colosse 2.*

Colosse 1 akhupna ah Paul in apawlpi mite Khazih sungah apicing toto ding alunggulhna lak hi (*Col 1:18*). Colosse 2 sung ah tua thu mah gen beh hi. Colosse 2:1-5 pen anung-a kigen ding thu aading lam sialsak hi. Paul in alaikhak asimte “itna ah kikhik khawm ding uh” (*Col 2:2*), “Pasian thusim” (*Col 2:2*) atheih ding uh leh Khazih upna ah akip ding uh deih hi (*Col 2:5*). Atom in-ah, Paul in alaikhak asimte upna, Pasian thusim, Khazih tung leh khat leh khat itnate ah akhangto dingin deih hi. Paul in athu angaite Khazih sungah picing ding-in, ahik kei leh aupna uh ah picin’ lam alak dingin hanthawn hi. Colosse 2:6-23 sung ah hih mungtup koici tung thei ding hiam cih gen hi.

Tu kaal lesson in thugil nih en hi.

1. Khazih sung ah picin’na thu ah Amah thei, Ama sung ah khangtoto ding thute kihel hi. Tua in sizuaute’ kaihkhiatna pan hong dal hi.
2. Khazih sungah picin’na thu ah, gupna thu ah thu ngeina dan hilo-in Amah i muan ngiat ding thu zong kihel hi. Singlamteh in limciing thukhunte kisam sak nawnlo-in thukham sawm ahik loh lam i phawk ding thupi hi. Thuciam Lui-a pawik kikhante pen Khazih in mailam ah bang hong sep sak ding-a, hong kipiakkhiat dingte lak hi. Tua limciin’ nate pen Amah asih ciangin man hi. Thukham sawm leuleu ciangin ni sagih Sabbath zong kihel-in, Christiante ading thu teeng lai hi.

### **Khen II: Hilhcianna**

#### **Tangthu Tom**

“Ohio-a Hiram College sangsiapi ahi ngei James Garfield, America President hong hih ciang in papi khat in atapa hun tomno sungin sang aman theih nadingin alaak dingte aki tawm sak thei diam ci hi. Garfield in zong “ngah mah. Ahik hangin na tapa bang suak sak nuam na hiam cih thu ah kinga hi. Pasian in oak singkung asuah sak nop ciang in kum za val la hi. Singgah tui abawlnop ciangin kha nih bek kisam hi” ci hi. — Michael P. Green, *1500 Illustrations for Biblical Preaching* (Grand Rapids, MI: Baker Books, 2000), p. 356.

Paul in “Note sungah nasep hoih hong pankhiapa in Zeisu Khazih ni dongin kicingtakin hong zomsuak ding hi ci in ka lungmuang hi” ci hi (Phi 1:6). Alan Redpath in David khalam khantohna thu agen na ah “Kikheelna pen mitphiat kaal hi, misiangtho (saint) suah nading pen khantawn vaipuak hi” ci hi. — Redpath, *The Making of a Man of God: Lessons From the Life of David* (Grand Rapids, MI: Fleming H. Revell, 2013), from the Foreword.

### Khazih thei-in Ama sungah Khangto

Colosse i sim ciangin Paul in pawlpi sungah sia zuaute hong sim luut khak ding patau mahmah ci-in gen thei hi hang. Hih thu “note ... aadingin ka hanciam tentanna natheih ding uh ka deih hi” acihna ah dawkh hi (*Col 2:1*). Hih tak ah “hanciam” pen “lungchimawh,” “vei” aci hi thei hi. — William Arndt et al., *A Greek-English Lexicon of the New Testament and Other Early Christian Literature* (Chicago: University of Chicago press, 2000), p. 17. “Hanciam” ci-a kilet Greek kammal pen mi tawh, ahiah kei leh kha gal donate ah zong na zang hi (*1Th 2:2 en in*). Hih thukawng zui-in hih kammal pen Paul in “anasepna ah thu kizeel, khangto, upna ah thahat nading ahanciamna alahna-in zang hi.” — David J. William, *Paul Metaphors: Their Context and Character* (Grand Rapids, MI: Baker Academic, 1999), p. 290.

“Hanciam” cih pen kidemnate pan hong pai kammal hi, thatang kidemnate ah hiphadiak hi. Hahkat mahmah cih na hi. Tua ahiah man-in Paul in thuzuau kihilh pen thuneu-in mulo hi, ei e i tua cih huai hiam? Tua cih huai tham hi, amah Colosse pawlpi aading hanciam ahiah man-in thu anget teh amau aading-in angen hi pah hi. Paul in thuzuau nung azui ahiah khak loh nadingun lungsim hat nading thu ngetsak hi. Paul in bel “itna sungah khat le khat na kikhiah khawm ding uh a, theihna le lungmuanna bukim akicing in nei in, Pasion thusim ahi, Pa leh Khazih thusim na thei ding uh” deih sak hi (*Col 2:2*).

Thu theihna pen Colosse sung ah thupi sak hi. Alai bup ah Paul in pawlpi mite “Pasion hehpihna thupha” (*Col 1:6*); khalam pilna le khalam thutheihna (*Col 1:9*); kiselsim vangliatna kicin’na in bang hiam cih Gentilete lak ah aki theih nadingin; note sunga om Khazih thu (*Col 1:27*); “Pasion thusim ahi, Pa le Khazih thusim” (*Col 2:2*) atheih ding uh deih sak hi. Atom in-ah, thuzuau anang thei ding pen Pasion leh Khazih’ thu theihna hi ci-in Paul in lak hi (*Col 2:1-4, 8*). Hih thutheihna pen Paul in Colosse 3:16 sunga agen bang mahin “Khazih thu in note sungah pilna

namkim tawh dimtakin hong teeng henla, phatna late a kipan, biakna late, kha tawh kipawl late tawh khat le khat thu kihilh tha kipia in na lungsim ah lungdamtakin Topa na phat un.” Pasion’ Thu theihna pan hongpai hi.

### **Gupna Ngah nading ii Lamet khat bek ahi Khazih**

Colosse 2:11-15 sung ah Paul in Khazih ei aading in na hong sepsak na thu lim gen hi. Ei pen Khazih sungah “khut tawh aki-at lo vunatna (*Col 2:11*) nei hi hang. I lungtang ah Khazih nasepna cih nopna hi. Ei pen “tuiphumna ah amah tawh kivuikhawm,” leh “thokik zo” hi hang (*Col 2:12*). Adang lam pan gen le hang, Pasion in Khazih tawh ahing khawm dingin hong bawl khin-in “mawhna khempeuh hong maisak zo hi” (*Col 2:13*). Atom ah, Paul in Khazih pen gupna ngah nadingin ii lamet khat bek hi aci nahi hi.

Bang bang hita leh, Colosse 2 sung-a Paul gente pen adiak-in Col 2:11-23 pen tu hun-a mi tampite’n thukham sawm bei khin ci-in la uh hi, adiak-in ni sagih ni Sabbath bei ta hi Christiante’n tan kul lo ci-in pang uh hi. Tua nahilo-in Colosse 2 in thukham sawm bei cilo hi. Tua thu Paul in Colosse leh alaikhak dangte ah anuai-a Lai Siangtho munte ah akimu thei bangin thukham sawm pen Christiante’n tan kul hi cih gen hi.

Paul in Eph 6:2, 3 ah thukham nga na man hi; Rom 13:9 ah thukham gukna, sagihna giatna te man hi, Rom 7:7 ah (*Rom 13:9 zong hi*) thukham sawm naman hi. Amah’n Col 3:20 ah Eph 5:1 sung-a “Tate aw, na nu na pate uh thu na mang un” pen genkik hi. Ephesus 6:1-3 dapphah-in mi khat in “Tate aw, na nu na pate uh thu na mang un” (*Eph 6:1 le Col 3:20*) pen thukham nga na omlai hi ci thei hi (*Eph 6:2, 3; Pai 20:12 saikaak in*). Tua Lai Siangtho munte ah thukham sawm pen thu umte aadingin kiciamna thak ah omlai hi cih lak hi. Thamlo-in Paul laikhakte sung-a gamtat asia apha kigente pen — Col 3:5-9 ah kimu phadiakte bang — Thukham sawm tawh kisai hi (David W. Pao, *Colossians and Philemon*, Zondervan Exegetical Commentary on the New Testament [Grand Rapids, MI: Zondervan, 2012] p. 220).

Adventist ahilo Lai Siangtho siam te’n “Thukham sawm omlai hi cih thu i up, i mat ding thu tampi om hi. Gentehna, Zeisu in thukhamte acih ciangin alungsim ah thukham sawm mah acih lam siang hi (*Luke 18:20*). Tua bang mah-in Paul in Rom 7:7 ah thukham acih ciangin Thukham Sawm acihna hi” ci uh hi. — Iain D. Campbell, *Opening Up Exodus, Opening Up Commentary* (Leominster, UK: Day One Publications, 2006), p. 83.

Ni sagih ni Sabbath thu Thuciam Thak bu sungah tua thukham pen kiciamna thak nuai-a om thu umte tungah om hi ci hi. Paul zong Zeisu bang mah-in Sabbath tang pa hi (*Luk 4:15; Saw 17:2*). Mangmuhna 4:6, 7 sungah thukham lina thu dawkin Christiane ni sagih ni Sabbath tan kul hi cih lak hi. Tua bang mah-in Paul le Barnabas te'n milim biate'n amau abiak ding-in kiphallo-in “vantung, leitung, tuipi, asung-a omte abawlpa, anungta Pasian” (*Saw 14:15*) abia ding un genpih uh hi (*Pai 20:11 en in*).

Colosse 1:15-20 sung ah Khazih pen alian pen hi ci-in alahna ah Paul in Pincil 1 le 2 le Pai 20:8-11 te ah kigen thute alungsim ah teeng hi thei hi. Tua mun nihte ah Sabbath thu om hi (John K. McVay, “Colossians,” in Angel Manuel Rodriguez, ed., *Andrews Bible Commentary: New Testament* [Berrien Springs, MI: Andrews University Press, 2022], pp. 1745, 1751-1753 en in).

Paul pen Sabbath tangpa ahiah manin Col 2:11-23 ah Sabbath beisak ta hi ci-in gen lo ding hi cih siang mahmah hi. Tua hi-in singlamteh tung ah kikilh khin akici “khut tawh akigelh thukhunte” (*Col 2:14*) pen Thukham sawm agen hilo hi. Limciing thukham ahiah kei leh leiba nei cihna lai thu agen nuam hizaw hi. Tua bang mah-in Col 2:16 in ni sagih ni Sabbath agen hilo hi. Hih Lai Siangtho mun in (1) limciing sabbathte, (2) Jew' pawite-a kigo gangawh biakpiaknate, (3) ni sagih ni Sabbath pen adiklo lam-in zatnate agen hi thei hi. Tel beh theih nading in, John K. McVay, “Colossians,” in Angel Manuel Rodriguez, ed., *Andrews Bible Commentary: New Testament* (Barrien Springs, MI: Andrews University Press, 2022), pp. 1752, 1753 en in.

### **Khen III: Nuntakna-ah Zatpah Ding**

Anuai-a thugilte lungngai in. Tua khittah a tawpna lam-a thute Sabbath sang hong paite kiang dong in.

Philippi 1:6 pen Lai Siangtho sung ah aki thei mahmah mun khat hi. Hih kamciam pakta mahmah hi hang: “Note sungah nasep hoih hong pankhiapa in Zeisu Khazih ni dongin kicingtakin hong zomsuak ding hi ci in ka lungmuang hi.” Khazih sung ah kicina thu ah kigen thute pan amah theih beh semsem ding thu akichel lam phawk ding thupi hi. Ama thu ei sung ah om kei leh Amah sung ah ikip nading thu omlo hi (*Joh 15:7*). Pasian' thu pan in kha khantoh nading an kingah hi (*IPe 2:2*), tua lak ah upna khan ding thu kihel hi (*Rom 10:17*). Laphuak pa in “Nangma min a

## HILHCIANNA

theite in nang hong muang ding uh hi. Banghang hiam cihleh TOPA aw, nang a hong zongte na taisan kei hi” (*Late 9:10*) ci hi. Pasion thei, ama thu theihna in thu zuau kihilhthe pan hong kem ding hi.

Maan tak-in Pasion i theihna in ama kiang ki apna, cihtakna piangsak hi. Tua san tak ah Thukham sawm in Pasion’ zia leh hongdeihsaknate lakkhia ahih man-in mapang pi-in om hi. Tua hita leh zong pawlkhat te’n thukham in lungdamna thu kizelh nading khaktan hi ci uh hi. Thumaan longal bangmah dang omlo hi. Thu taktak pen na keelkii hi. Adventist ahilo laisiam Joe M. Sprinkle in thukham sawm pen “lungdamna thu gen nading thupatna hi” cihnopna hi “Thukham acingsak Khazih kaww hi” ci hi. — Sprinkle, *Biblical Law and Its Relevance: A Christian Understanding and Ethical Application for Today of the Mosaic Regulations*, quoted in Roy E. Gane, *Old Testament Law for Christians: Original Context and Enduring Application* (Grand Rapids, MI: Baer Academic, 2017), p. 4, Footnote 2.

### Dotnate

- 1. Na class sungah na deih Lai Siangtho mun gen tek un. Tua Lai Siangtho munte’n nang koici tha pia, Pasion tawh kizopna ah tha ngahsak ahih kei leh thuzuaute pan hong kem hiam?**

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- 2. Thukham sawm in Zeisu koicih kaww hiam? Zeisu pen koici-in thukham sawm acing sak hi ahiam? Thukham sawm in lungdamna thu kizelh nading kham hi cih pen bang hang-in khial ahiam?**

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# Khazih tawh Nungta Khawm



## SABBATH NITAAK

**Tu Kaalsung Simding:** *Col. 3:1–17; Rom. 1:18; Rom. 6:1–7; Eph. 4:22–24; Thkna. 7:6–8; 1 Sam. 16:23.*

**Kamngah:** “Tu ate khempueh banah note pumkhat a hong suaksak ki-itna bukim na silh thua un.” (*Colosse 3:14, ZSV*)

**V**antung lunsim nei hluat loh ding kihanthawn zel ahih tei hang; leitung lungsim zong nei hluat ding hilo ci uhhi. Hiding bang ahih hang, Colosse 3 sungah Paul in a thupit sak mahmah khat in: leitung’ lungsim i nei hluat le vantungah Topa a ding in zattheih kihilo ci hi.

Paul in vantung tawh suakkik unla, “Zeisu tawh aa thokik” (*Col. 3:1*) mite bekin a teltheihte nuntakpih taktak ding in hong hanthawn hi. Paul in hong hatthotnate pen pawlpi sungbek hilo, kipawl na khat peuh zong a khangto sakthei taktak thukhun ahi hi.

Zeisu in, “Na galte it unla, note hong samsiate thupha pia un, hong mudahte zong phat bawl un. Tua hileh vantungah om na Pa uh tate na hithei ding uhhi; Amah in mihoihte le misiate tungah, a kibang mahin guah zusak hi” (*Matt. 5:44, 45*).

Mihing’ lampan inbel a hitheilo thu hi. Pasian a ding i nuntak kipatma in sihphot kulmasa hi. Vantung i Pa a ding in a kizangtheite ihih nopleh vantung-lungsim neihkul limlim hi.

Tu kaal in Khazih tawh nuntak khawpna sungah, tuleh atawntung ading bang kilamdanna omthei cih kimu ding hi.

\*March 14, Sabbath ading kiginkholhna in tu kaal lesson sim in.

## Vantung-Lungsim Neihna

**Simin, Colosse 3:1–4. Paul in vantung'thute lunggulh ding acihpen koibang dinmun a cihna hiam? Bang acihnopna hiding hiam?**

Mualdawn panin, na kimkot a zaangkuam teng huamin ki enthei hi. Bang hunlai hiam khatpan in, mualte pen Pasion tawh kinai theihna hidden hi (*Late 121:1, 2*). Tanglai Mesopotamia mite bawl tawm kiuli nei taattung *Ziggurats* te zong, amau' pasiante uhtawh a kimuhna dingun a bawl uh ahi hi.

Abraham in a nutsiat dingin a kisapkhatna *Ur* khua ah *ziggurat* sangmahmah khat om a, tua kiim tai tampi panin tua taattung kimuthei hi. Ahih hang, khalam tawh kisai in; mihing khat omna a saantohna hangin vantung tawh kinaina bangmah om tuanlo hi. Mihing thatang in hih theilo hi.

Hepihna sungah thu lamdang pikhat in, Khazih sungah si in Amah tawh thokik hi peuh leng (ki tuiphumna tawh limpua *Col. 2: 12, 13*), vantung tawh kinai theipah hi. *Col. 3* a kipatna panin, a tunglam thu a gengen ciangin, vantung hi a “vantung thute, Khazih om na a tunglam thute, Pasion sungah Khazih tawh omin minthang khawm ding” (*Col. 3:1–4*) cih.

Nial theihloh thukhat panin, Khristian nuntakna sungah a telcian huailo pawlkhat zong omphial hi. Mihing numei leh pasal in mel leh puam kibanglel hi a, nundan-sihdan bangmah thei ngeilo pipi khawng si in hingkik thei ding hiam? Kha Siangtho in a huzaap kei nakleh mi' lungsim in khatna nei mello lel hi. Kha' lungsim neite ahih uhleh, Pasion hong kamciamsa lungtang ngah uh a, mawhna sungah sikhin ahih manun Khazih tawh tho kik taktak uhhi. La in zong a kipsakna ah “Bangci theih nahiam nongcih leh, Ka lung sung ah hing hi.”

Paul in ahihleh, sunglam kha nunna thaksuah dending hong ci hi (*2Cor. 4:16*). Eite in puk in mangthang thei veve lai hihang. Leinun sungah ze-etna peuhmah kipelh thei ngeilo ding hihang. Tua ahih manin nisim in eite in “tunglam nate zongzaw un” (*Col. 3: 1*). Eite tawntung nunna in zong “Khazih tawh Pasion sungah kiseel” (*Col. 3:3*), tua nunna a pualam teng pen a kiseel khinkhian ahi hi.

**Nangma ngaihsutna teng kaw'h om hiam: a tunglam ah maw, a nuai lam? A nunung zaw ahihleh, amau' maingatna koibang in na kheel thei diam?**

## Leitung vaite Beina

Tuhun ciangin gamvai tangkona tampi kiza hi. “Gal bei! Tampi suksiatna bei! Nuclear gal bei!” citek uhhi. Ahih hang “leitung vaite bei!” cih peuhmah kiza ngeilo hi. Tua thu ahihleh leitung mite ngaihsutna tawh kituak phalo hi. Tangko nateleh a thapiate khialhna zong hi tuanlohi. Tawntung hun nai mahmah cih amau’ khuamuhna tomlua hizaw hi. Eite mungtup pen sang semsem, a tawntung in sang semsem ding hi.

**Simin, Colosse 3:5, 6 (Rom. 6:1–7 zong). Angkhualna le leitung vai na sisak dingin “a tunglam nate bek” nuntakpih ding cih koibang in zang taktak thei ding nahi hiam? (Col. 3:1)?**

Eimah Khazih sungah sikhin phial ihih hang, i kipawlpah lungsim sung leh pumpi sunga om ze-etna zong – sihsak kul hi. Ahihhang tua tawh akizom thunih bel phawk kul hi.

Amasa, Colosse 3:1 sungah, Paul in a zat Greek ngeina Khazih sungah thokik cihpen ahi hi. Anihna, Colosse 3:5 in hong thupiak tua thu’ a sulzui “Tua ahih manin” ahi hi. Leitung’vaite sisak thei mah hang (zual zangna, siantholohna, deihluatna, asia lunggulhna, hazat na). Khazih tawh thokik ihih manin Ama Kha nundan leh vangliatna ei sungah hong om manin, tua thute khempeuh eima lungsim sungpan a pualam ah kilawnkhia ta hi.

Tuabang linlian mah in Greek pau tawh hong kihelkha khat pen Colosse 3:6 sungah “Pasian’ hehna” pen Rom. 1:18 ah zong om hi. Pasian in mihingte pen amau’ gitlohna lampi ah paisak a, “Ama’thu a manglote tungah” (Col. 3:6), Ama’ hehna “hongtung” (Mang. 6:16, 17) tahi. Rom. 1:18 sungah, Paul in “a mawhna le a gitlohna” a cihpen zong Colosse 3:5 sunga Greek kammal “siangtho lohna” tawh a kibang hi a, a phadiak in “amau’ lunggulhna bangin amau’ pumpi vangkiamsak” (Rom. 1:24) cih tawh kibang hi.

Amau’ pumpi koibang in vangkiamsak uhhiam? Amasa in amau’ “lunggulhna” masak in Piangsakpa nial uhhi. “A numeite un zong pasal tawh lupkhawp ngeina zanglo in a numeipihte mah uh lunggulh in lumkhawm uhhi. A pasalte zong numei tawh lumkhawm lo in pasal mah lunggulh in lumkhawm in zumhuaipi in gamta uhhi” (Rom. 1:26, 27).

**“Leitung lungsimte sisak un” a cihpen koibang in i zui hiam (Col. 3:5)?**

## Theihna sungah Thaksuahkik

**Simin, Colosse 3:6–11. Hih ngaihsutna kihilhna Paul in bangci hih hiam?**

Colosse 3:8 ah kammal masapen pawl kilak bangin sihna pan nuntakna ah kikheelna ahi hi. “Ahi zongin tu in.” Greek sungah “tu in” pen thupisak phadiak hi. *Tu in*, note in Khazih tawh thokikzo in a tunglam nate zonguh nahih manun, tu a na nundan uh pen a beisa a nundan tawh kilamdanna kician lakkhia un. Nomau’ sunga “leitung lungsimte” (*Col. 3:5*), sisak unla, “hehna, thangpaihna, muhdahna, gensiatna, kam hoihlo pauna cihte nei nawnkei un” (*Col. 3:8*).

Hehna le thangpaihna in, thumaan takin Pasion’ hong dawnthukna peuh piangsak thei (*zanni sinna*) a, Zeisu’ hunlai (*Mark 3:5; Mang. 6:16*) inzong omkhin hi. A langkhat panin “hoihtak in ngai ding, pau pahpah lo ding, heh pahpah lo ding; mihingte’ hehna in Pasion’ sep ding thuhoihte khaktan” (*James 1:19, 20*) cih. Mi’ siat ding vaihawmna in mi kamsia sak thei hi. Kosiatna in zong vangbeisak thei hi. Paul in zong kamkhauh le kihhuai kammal deihlo hi. “Milui ngeina teng suahkhiat khit ciangin” (*Col. 3:9*) khatlehkhat zong kikhem lo ding (*Pai. 19:11, 18*) cih.

**Paul in “milui” le “mithak” a cihpen bang a cinuam ahi diam? Romans 6:6 le Ephesus 4:22–24 simin.**

Paul in milui pan mithak kikheelna pen puanlui puansia pan puakpaak athak tawh kheek ci in genteh hi (*Zech. 3: 4*). Tuabang alui le athak kheekna pen Thuciam Lui le Thak zong om a; a pualam ah lai tawh kigelh thukham le Kha tawh lungtang tunga kigelh (*2 Cor. 3: 4-18*) cih.

Hih thu gentehna te in kikheelna leh hong piang thu pen Paul in “mi thak” (*2 Cor. 5:17*) cih. Mit muh theihloh Pasion’ limlehmel (*Col. 1: 15*) ahi “Khazih’ limlehmel theihna sungah hong thaksuah” (*Col. 3:10*) cih. Ama’ Thu tungtawn mahin Khazih hong theisak in “minthanna khat panin minthanna sangzaw ah” (*2 Cor. 3:18*) hong tungto sak hi. Hih thu in minam khempeuh, lei maitang leh mimal kizopna khempeuh sangin asangzaw (*Col. 3: 11*) ah hong koihto in a sangzaw vantung gammite hong suaksak hi.

## Nunna Thak ii Zialetong

Khazih kiang i zuat ciangin, gamtat hoihlote le siatna tawh a kipawlte peuhmah hepkiat ciangin; Paul in khuamial pan khuavak ah galkah ci in hamphatna in la hi.

**Simin, Colosse 3:12–14. Thu umte pen koibang hi ci a; koibang hoih nate “neilai” ding ci hiam?**

Pasian in Ama’ omzia kilangsak ding a teeltuam minam ahi Israel mite mahbang in Zeisu’ sungah thu ummite zong “Pasian’ teeltuam” (*Col. 3:12*) mah ahi uhhi. Ahih hang tua bangin kuamah’n nuntakpih tuanlo uhhi. Zeisu in “A sapmi tam a, a teel mi tawm hi” (*Matt. 22:14; Matt. 24:22, 24, 31*) cihi. Paul in zong teel tuam a cihna ah a cih nopna kibang hi (*Rom. 8:33, 2 Tim. 2:10*). Israel mah bangin, thu ummite zong Pasian in “*it a, zong siangtho*” (*Thkna. 7:6–8*) uhhi. Hih hamphatna in vaipuak thupi mahmah khat hong neisak a: “khuamial sungpan in a lamdang Ama’ khuavak sungah hong samkhiapa’ nasep na a lamdangte genkhia ding” (*1 Pet. 2:9*) cihi. Tua mahmah pen i nuntakna tawh kilahkhia hi.

Tua hoihna teng zong Paul in hong gualhsuk na ah! “hehpihna, migitna, kiniamkhiatna, dikna, lungduaina; khat le khat kithuaksiam, mawhna kimaisak in, tua khempeuh banah ‘itna’ (*Col. 3:12–14*) nanei un” cihi. Hiteng pen Khazih’ omzia le Amah’n ei hong kizop pih zia teng pulaakna ahih manin; Amah tawh a kipawl lungsimte pan bekin hong luangkha thei hi. “Khazih in hong maisak mahbang in” khatle khat kimaisak ding hihang (*Col. 3:13*). Ki-itna in “kipawlkhop theih na” hi-a (*Col. 3:14*), Ama’ hong itna in Amah tawh hong henkhawm ahih manin midangte zong hong itsak thei taktak hi (*1 John 4:11, 12*).

Hih hoihnate in kikhawlhna nam nih in huzaap thei hi. *Amasa* in, itna, hehpihna, dikna le midangte mawh maisakna in ei le midangte mah thupha hong piaknate hong hawmsawn sak hi. Tua in midangte itna le thupha piakna ahi hi. Mihingte in zong eitung ah dikna tawh hong dawngthuk kik ding a, eite’n Pasian kiangpan hehpihna le maisakna i ngah ding hi (*Matt. 5:7; Matt. 6:14*). *Anihna* le a thupi zaw, Pasian minthangsak a, vantung hehpihna kilangsak ahih manin; midangte zongin Zeisu um in zui dingin thapia hi. “Angkhual lo nun dan sangin midang nundan a huzaapzo nundan dang zong om nawnlo hi. A itthei le a ithuai Khristian in lungdamnathu vangpiak theihna lian pen ahi hi”—Ellen G. White, *The Ministry of Healing*, p. 470.

**Midangte tawh na kikhawlhna ah, a diak in nang tungah a gi-mello te’ tungah koibangin Zeisu na kilangsak hiam?**

## Nunna Thak ah Nungta

Paul in pawlpi sungah lungnopna leh ki thutuahna a omtheihna ding Colosse 3 nunung lamah gelh hi. Sinna 7 sungah Pasion lungnop na sinkhin hihang. Rome te lungnopna *Pax Romana* bang hilo in *Pax Christi* acih Khazih lungnopna pen, apualam pan hilo, asunglam pan hong paikhia hi a, Khazih ukzawhna sung bek ah omthei hi.

**Simin, Colosse 3:16, 17. Bang in Khazih' ukzawhna piangsak a, tunging in koimun pan in panmun la hiam?**

A kammal in limlahna hoih mahmah hi. Khazih' kammalte pen alim tawh ei sungah hong omsak thei hi. Pasion' kiangpan Ama' pilna te ngai in sinna dingin deihtak in Lai siangtho simna panin hong piang thu ahi hi. Greek lai sungah bel om lianlo ahih hang, late in "*pilna tawh khatlehkhat thu kihilhna*" (Col. 3:16) cih.

La maimai bel hi samlo. Paul in kammal kip khat hiteng leh Ephesus 5:19 sungah "biakna late le phatna late le biakna late" cih.

Telcianna taktak a omsamloh hang Lai Siangtholui Psalm late leh Lai Siangthothak phatna late ci in namnih omtuak hi. "*Biakna late*" cihpen pawlpite khalam nuntakna sungah phatna late hihtuak pen hi. Tua late' kammalte in thumaan kihilhna leh Khristian nundan thak nuntak nading lamlah na'ng khutzat pen ahi hi. Zalom tampi lai a lapi te in, lungkiat baih mahmah hun laitak in lam-etna leh khamuanna hong piathei lam-etna kammalte vive ahi uhhi.

La huzaap in vangnei mahmah hi. David in taamngai atum ciangin kumpi Saul cidam in lungnuam sak hi (*ISam. 16:23*). David tawh kidemna hong om ciangin Saul' hehna le thangpaihna khang hi (*ISam. 18:10, 11*). Nuamtak in a kisa hiathiat late in lungkhamna kiam sak, ngaihsutna thahatsak, tawldamna piangsak, natna nuamtuum sak in kikhawlhna zong khangsak ci hi.

La in eima' ngaihsutna le lungsim tungah huzaap hoih leh hoihlo hong nei cih a theilo kua om ding hiam? La hoih in khalam hong lamto thei mahmah hi.

**Sepna bawlana khempeuh ah "Topa' Zeisu min paulam un" (Col. 3:17) cih. Tua bang nahihthei takpi diam? Hihtheih keileh, koici kikheel ding; Topa' min suangin nahih theih keileh bang na hihzel khat khawl ding nahiam?**

**Ngaihsutbeh Ding:** “Pasian’ Kha in ngaihsutna le lungtang hong uk ciangin, tua mi in ama’ tungah Pasian’ kamciam tangtung cih thei in, ama’ palsat mawhna kisiksak, kimaisak cih atheih ciangin; a kikheel kha in la khat pusuah hi. Pasian’ thukham, ama’ diktanna dingin hong sihlawh Khazih sungah upna teng palsatna panin; kisik kikna hong neitheih hi. Upna hangin Pasian tawh kipawlkhintah ihih manin i Topa Zeisu Khazih hangin Pasian tawh a kilemta ihi hi (*Rom. 5:1*).”

Hibang a phukha Khristian khat in, ama’ ading a kisespsak khem peuh lungdamlua in khupzep in omhithiat ding zong hituanlo hi. Kha lam ukna gam sung lut ding khensatna nei mikhat in, ama’ lunggulh nate le a puahphat nailoh pianzia teng tungah, khuamial a uk vangliat nate in galbawl denkeei cih theikhia ding hi. Ama’ ki-aapna pen nisim in thaksuah ding a, nisim in gitlohna gal do den ding hi. Gamtatna luiteng, khialh nopna lungsim in, gualzo nuamin hong do ding uh a; Khazih’ galzawhna tawh tuate khempeuh maingat in do ding hihang.

A sangzaw, a siangzaw nuntakna, vangliatna i kisam hi. Eite in leitung nate tam kingaihsun in, vantung thu ngaihsutna tawmzaw hi.

Khristian in Pasian hongpiak dinmun battheihna dingin lungkiatna ding omlo hi. Nundan leh khalam picinna pen Khazih hehpihna leh vangliatna sungah mi khempeuh in kamciamna ngahkhin uhhi. Zeisu in vangliatna khempeuh leh nuntakna bulpi ahi hi. Vang liatna khempeuh nungta sakin Amah’n nasemsak hi. Kalsuan simin a nungta Ama’ vang liatna kimu thei hi”—Ellen G. White, *The Acts of the Apostles*, pp. 476–478.

### **Kikupding Dotnate:**

❶ “Upna tawh diksakna ngah” nahihna koibang na kithei hiam? Hih a lamdang kamciam in na nundan koibang in hong kheelsak hiam? “Khazih tawh thokik khawm” cihpen tua kamciam tawh koibang in kizom hiam?

❷ Vantung-lungsim in bang a cihnopna hiam? Leitung hoihna bawlna sangin a thupi zaw hiam? Tuagel kikal koibang in enkak thei ding hiam?

❸ Nangma nundan in midang a huzaapdan ngaihsun in. Mimal tungah hong huzaapna kingaihsun zel ahih hang, pawlpi koibang in hong huzaap hiam? Na khuatual pawlpi in na khuaveng uh koibang in gaakcip thei hiam?

❹ Colosse 3:11 simin. Khazih sungah pumkhatna koibang in gen hiam?

## Thu Tuak Taktakta

Rene pen Sabbath ni-in na asepe ding sang-in Biakinn pai zaw-in nitum teh hong ciah pan hi. A naseppih pa in naseppu' lai Rene pia hi. Nasep pan hawlkhiatna lai hi.

Rene zong kilat hi. Bang piang ding hiam cih theilo hi. Christian amudah gam ah om ahih man-in met-leh-thah tuak ding hi leh Pasion tung ah acitak zo mah diam cih lunghimawh hi.

Amah zong “Topa aw, ka gam ah ciah ding hun tung ta ahiam? Hih tak ah asi dingin nong deih leh ki zo ing. Upna ah adin kip lam mi tampi in hong theih pih uh hi” ci-in thu ngen hi.

Azing teh amah zong zum pai-in apu kiang email khak hi “Pu aw, zahtaakna hong pia ing. Nang pen ka lawm, ka sanggam hi. Zum nong pai teh kong nawngkaisak khak thu kong kuppil kul lam ki thei ing.

Khua mui teh apu zum ah hong pai hi. Lung nop tuak lo hi. Rene zong “ka pu’ lungsim daai sak in, Asi dingin nong deih leh zong sang ing” ci-in thu ngen hi.

Tua leh apu in Rene sam hi. Rene zong din sawm-in ding theilo hi. Akhuk zaw hi. Asi ding kisa liang hi.

Amah zong tha la-in atutna pan ding-in apu’ khan va pai hi. Kong akiuh laitak-in “Lau kei in, Kei pen Pasion maan hi. Kamciam pelh lo hi’ng” cih aw za hi.

Tua khith teh kong hong-in apu’ mai gum mu hi. Apai kawm-in “Kei pen Pasion maan hi. Kamciam pelh lo hi’ng” cih aw nihvei za hi.

Apu in lai nih Rene kiang pia-in “khat teel in” ci hi. “Khat pen nasep nading, khat pen vanleeng letmat” ci hi. Rene zong lung hong nuam hi. “Lungdam ing Topa aw, thongkiatna hilo” ci hi. Amah vanleeng letmat teel hi.

Apu in “nasepna lai sim masa in” ci hi. Rene zong Sani ni-in nai khat semleh thaman azah nih ngah ding cih mu hi. Amah’n letmat mah teel kik hi. “Kei pen Pasion maan hi’ng, kamciam pelh lo hi’ng” cih aw za kik hi.



Rene zong Philippines hong ciah kik hi. Amah’n vanleeng tung ah “Kei pen Pasion maan hi’ng, kamciam pelh lo ci teh, kei aading na kamciam bang hiam?” ci-in thu ngen hi. Aw in “na sum na bei ma-in nasep thak mu ni teh” ci hi.

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*Rene Tucaldo pen 1996 Sabbath sumpi tawh kilam Silang, Philippines-a 1000 Missionary Movement ah sum lam alen zalian khat hi. Tangthu maikaal ah sim beh in.*

**Khen I: A Huamin Etna****Thubulphuh:** *Colosse 3:14***Lungngaih Ding:** *Colosse 3:1-17.*

Colosse 3:1-17 sung ah Paul in Christian zia taktak te gen pih hi. Thu umte Khazih tawh kipumkhat ding thu na lim gen hi. Tua kipumkhatna pen thu um khat in Zeisu nunzia, sihna, thawhkikna, minthanna te ah kipumkhat ding cihna hi. Paul in hih thu agen ciangin Khazih pen i nuntakna hi ci hi (*Col 3:4*). Ei pen amah tawh sikhawm. I nuntaknapen Pasion sung ah kiseel (*Col 3:3*). Amah tawh tho khawm (*Col 3:1*). Tua hang-in ei pen “Pasion taklam, Khazih tutna mun ahi tunglam a om nate” zon loh phamawh hi (*Col 3:1*), hih thu ah Amah tawh ei mangkhawm cih thu om hi (*Rom 5:17*).

“Khazih tawh kipumkhat” ding thu pen Thuciam Thak-a mundangte ah zong akigen thu khat hi. Hih kihilhna pen Zeisu’ hilh mah hi (*Joh 15:5*). Paul in thu ummite Khazih tawh agenkop ciangin “Khazih sungah” cih kammal zang hi (mun tampi ah om taleh *Rom 6:1, 2Co 5:17* te en phot in). Paul in thu ummite’ nunzia pen Zeisu nasep alakkik hi hi ci-in zong gen hi. Tua ahih manin Zeisu’ nungzui ihih buang-in Zeisu kalsuan dan mah-in i suan loh phamawh hi (*1Jn 2:6*). I nunzialui pen Khazih tawh sikhawm khin hi (*Rom 6:6; Gal 2:20*). Amah tawh kisikhawm-a (*Rom 6:5*) Amah tawh kivui khawm hi (*Rom 6:4; Col 2:12*). Amah tawh kithokhawm-a (*2Co 4:14; Col 3:1*), vantung ah Amah tawh kitukhawm hi (*Eph 2:6*).

Tu kaal lesson in thugil nih en hi.

1. Thu um taktak mi pen leitung lungsim mun ah vantung lungsim alaih khat hi.
2. Thu um taktak mi in Khazih sung ah nunzia thak tawh anuntak lam lakkhia hi.

**Khen II: Hilhciaanna****Tangthu Tom**

“Rome innlui kawm-a mortar (Bi-lat-myay masala) pen suang bangun sak mahmah hi, innbup pen sakhaat tawh kibang hi. Kawm sukkhap ding cih khawng pen innbup mah satzaan kul hi. Khazih in na khempeuh sungah aom bangun thu um taktak khat in Khazih sungah om ahih manin a bul koi ah kipan hiam cih kizon theih loh zah dong dingin Zeisu tawh

nungta khawm, khang khawm, ama tung ah kingak kul hi.” — Charles H. Spurgeon, “Faith’s Sure Foundation,” in *The Metropolitan Tabernacle Pulpit Sermons*, vol. 24, (London: Passmore & Alabaster, 1878), p. 463.

### **Leitung Lungsim le Vantung Lungsim**

Colosse 3:1-11 sung ah Paul in Khazih sung-a nunzia thak leh ci-leh-sa deihna zui-a nunzia lui hong saikaak hi. Paul in “Khazih tawh note hong thosak khin zo ahieh leh” (*Col 3:1*) cih tawh hong pan hi. Thu umte Khazih tawh thawhkhop ding thu bel muan mawh nading om kei. Tua lai gual pen “Khazih tawh note hong thosak khin zo ahieh leh no pen atho khinsa” ci-in kigen thei hi. Hih laigual pen Col 2:20 sung-a “Khazih tawh sikhawm khin zo na hih uh leh” cih cin’sakna hi. Paul in Colosse pawlpite Khazih tawh asih khop man un (*Col 2:20*) Amah tawh thokik sak khin zo (*Col 3:1*) acih na hi. Amau pen tua dan-in a omloh phamawh uh hi. “Thokiksak” cih pen Mang lai leh Greek lai sung ah Passive tawh kigelh pen ciapteh taak hi. Passive Voice kizatna in Khazih sungah nuntakna thak tawh om pen mihing hih zawhna hang hilo-in Pasion in lungtang ah na ahong sep man hi cih hong lak hi. Hih thuhilhna in mihing in hahkat peuh leh gupna ngah thei hi cih thu ahilhna hi.

Colosse 3 kipatna lamte ah Paul in “tunglam a om nate” (*Col 3:1, 2*, Greek ah *ta anō*) tungtawn-in Khazih sung ah nunzia thak tawh om ding thu gen hi. Aleh lam leuleu ah nunzia lui pen “leitung a om nate” (*Col 3:2, 5*, Greek ah *ta epi tēs gēs*) ci hi. Paul in tunglam a om nate zon’ dingin thu nih ahieh ding uh nak gen mahmah hi. Amau pen zon loh phamawh lim lim (*Col 3:1*), lunggulh ding hi lai hi (*Col 3:2*). “Lunggulh ding” ci-a kilet pen Greek kam ah *phroneō* hi. Hih kammal ah thu ngaihsun ding cih gamtatna kihel hi (*Rom 12:3; 1Co 4:6; Phi 1:7; Phi 3:15*). Adang lam pan gen le hang, Paul in tunglam thute i lungsim laak huai aci nahi hi. Col 3:1-4 ah Khazih tawh kisai thuthak hong gen pih hi: Khazih tawh tho khawm (*Col 3:1*), Khazih pen Pasion’ taklam ah tu (*Col 3:1*), i nuntakna pen Khazih sungah kiseel (*Col 3:3*), Khazih pen i nuntakna hi (*Col 3:4*) cihte hi. Paul aa dingin tunglam nate zong, ngaihsun cih pen Khazih’ minthanna ah i kilang khop (*Col 3:4*) ma dong Khazih tawh nuntak khopna ci-in tuat hi.

Khazih aading nuntakna pen leitung thute nusia ding cihna hi (*Col 3:2, 3*). Hih thu tel muh nadingin Paul in thu umte in anusiat hamtang dingte hong gual hi (*Col 3:5*). “Tua mawhnate hangin a thumang lo mite tungah Pasion hehna atung hi” (*Col 3:6*) ci beh hi. Tua aneu nihte sungah Paul in kikheelma-a nunzia lui gen pak hi. Thu manglote in leitung nate zongin a lungsimte tua thu bek bek ah tu hi. Hih pen amau deihna zuilo-a

asi, Khazih tawh atho khawmte lungsim puakzia tawh hong saikaak hi.

Nunzia lui thu gen behna ah Paul in gualhbehna nihna hong nei hi: hehna, thangpaihna, midangte siatsak nopna, gensiatna, kihhuai kampauna, kikhem (*Col 3:8, 9*). Paul in “leitung a om nate” azuite “milui” ci hi (*Col 3:9*), “atunglam-a nate azuite” mithak ci hi (*Col 3:10*). Tua te geel kikaal kisaikaak kammal pen “paikhia” (Greek ah *apekdyoma*) leh “sit” (Greek ah *endyō*) hi. Paul in Lai Siangtho thumaan agen nop manin kammalte hong pilzat hi: milui pen ama hihzawhna ah kinelhsiah-in (*Col 3:9*) mithak pen “ama lim le mel tawh kituak in theih na lam ah kithak suaksak” ci hi (*Col 3:10*). Thamlo-in Paul in Khazih sung ah nunzia thak pen bang tawh kibang hiam cih hong gen beh hi.

### Khazih sung-a Nunzia thakte

Paul in *Col 3:12-17* ah “Tua ahih manin” cih tawh thu thak hong pan hi. Hih dan-in a hong pat man-in Paul in *Col 3:12-17* sung-a tawsawnnate pen *Col 3:1-1* ah agente ii agah hi peelmawh ding acihna hi. Tunglam nate alungngaite pen *Col 3:1, 2* gen dan abatele (*Col 3:10 ah mithak acih pen kha in alawng khin*) Pasion teel mite, asiangtho leh itna angah mite” kici ta hi (*Col 3:12*).

Paul gen dan abat leh thu um taktak khat pen adang khat asilh dingin — hehpihna, migitna, kiniamkhiatna, lungnemna, lungduaina cih dan te (*Col 3:12*), pawlkhate asuah khia khat hi (*Col 3:8*). Milui nunzia pen “khat leh khat” kikhemte hi-in (*Col 3:9*, Greek ah *allelōn*) mithak nunzia pen “khata le khat kithuak zo” (*Col 3:13*, Greek *allelōn* pan mah hi) leh “mawhna kimaisak” nate hi (*Col 3:13*). Bang bang hita leh Paul in “tua te khempeuh ban ah [*Col 3:12, 13* ah agente hi] note pumkhat a hong suaksak ki-itna bukim na silh thuah un” ci hi (*Col 3:14*). Paul in pawlpi sungah itna om leh bek thudangte piang thei ding ci hi. Paul in i it ciangin hehpihna, migitna, kiniamkhiatna, lungnemna, lungduai nate (*Col 3:12*) lakkhia hi hong ci hi. Zong “kithuak zo, ki maisakzo” lai hi ci hi (*Col 3:13*). Athupi thu hi!

Khazih sungah nunzia thak aom lam Pasion’ lungnopna (*Col 3:15*) aomna tawh zong kithei hi. Pasion in Khazih “singlamteh tung pan-a hong luangkha a sisan” (*Col 1:20*) tungtawn-in na khempeuh amah tawh kilem ding-in asep man-in pawlpi ah lungnopna om thei pan ding hi. Mihing kithuahna ah lungnopna aom theihna pen Pasion tawh kilemna ii agah hi cihna hi.

Atawpna ah Khazih sung ah nunzia thak thu ah Khazih thupiak ah lung hiang loin kipna kihel hi (*Col 3:16*). Khazih thu “note sungah pilna

namkim tawh dimtak in hong teeng hen la ... thu kihilh, tha kipia in” (*Col 3:16*) acih ciangin Paul in Zeisu hilhte i nunzia bup hong tuam hen acihna hi. Hih pen “Khazih Zeisu sungah mi khempeuh a picing a suah theih nadingun pilna namkim tawh mi khempeuh thu ka hilh uh a, kidophuai thute zong theisak in Khazih thu ka tangko uh hi” (*Col 1:28*) tawh kibang hi. Tua Lai Siangtho mun nihte ah athupi thukhun ki la thei hi. Amasa ah Khazih leh athuhilhhte kikhen theih loh dan-pen athuhilh sanglo pi-in Khazih vasan’ ding pen ahi theilo thu hi. Anihna ah, thu taangkona ii mungtup pen “Khazih sungah mi khempeuh picing ding” thu hi (*Col 1:28*). Athumna ah kikheel taktakte Pasion’ nasepna ah kihel uh hi. Paul in *Col 3:1-17* sung-a athuhilhhte hi cih tom zial hi: nunzia thak tawh omte asep abawlna khempeuh ah “Topa Zeisu min in sem, Pa Pasion tung ah lungdam ko” uh hi ci hi (*Col 3:17*).

### **Khen III: Nuntakna-ah Zatpah Ding**

Anuai-a thute lungngai in. Tua khitteh Sabbath hongpaite tungah dong in.

Khazih pen i nuntakna hi (*Col 3:4*) cih pen Lai Siangtho sungah ciapteh huai mahmah kammal khat hi. Khazih pen i nuntakna ahieh ding leh, ei pen Amah loin “bangmah hih theilo ding” (*Joh 15:5*) hi. Khazih pen i nuntakna ahieh ding leh, Ama hehpihna pen ei aadingin kicing hi (*2Co 12:9*), Khazih pen i nuntakna ahiehleh, ei pen Amah tawh “a si khawm khin” ki hi ding-a, ei anungta kihi nawnlo-in Amah ei sungah om hong hi hi (*Gal 2:20*).

Ei pen Khazih tawh nungta, si, thokik, minthang khawm hi ci-in Paul in thupi gen hi. Hih thu abehlapna-in “Khazih tawh” (sagih vei) cih kammal Colosse pawlpi kiang alaikhakna ah na zang hi. Tua bang tawh ei pen “Amah tawh minthang in “i kilat khawm nadingin (*Col 3:4*) Khazih tawh sikhawm (*Col 2:20*), kivui khawm (*Col 2:12*), kithosak khawm (*Col 2:12; Col 3:1*), kihingsak khawm (*Col 2:13*), kisel khawm (*Col 3:3*) ci hi.

Thu um milip ciat pen Khazih tawh kipumkhat man-in ama sihna pen ei aa, akivuina pen ei aa, anuntakna thak pen ei aa, vantung-a aza pen ei a, minthanna tawh hong pai ding pen ei aa hongsuak hi. ...Ei pen Khazih tawh “lungsim kikhat” ciangin i leiba te Ama tungah kitei-in aneihthe ei tungah kitei hi.” — “Christ, Your Life: Colossians 3:4,” in *Devotions on the Greek New Testament: 52 Reflections to Inspire & Instruct*, ed., J. Scott Duvall and Verlyn D. Verbrugge (Grand Rapids, MI: Zondervan, 2012), pp. 102, 103. Khazih tawh i kikhat ding sang-a thupizaw dang omlo hi.

**Dotnate:**

- 1. Khazih pen i nuntakna hi. Hih thu in Khazih tawh bang cih kithuah ngiat ding hiam cih hong gen hiam?**

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- 2. Khazih tawh hing, si, tho, kiminthang khawm ding pen bang acihna hiam? Tu laitak-in bang cih khawm na hiam?**

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**Ciaptehding:**

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## Midangte *tawh* Nungta Khawm



### SABBATH NITAAK

**Tu Kaalsung Simding:** *Col. 3:18–4:6; Eph. 5:22–25, 33; Pau. 22:6, 15; 1 Pet. 2:16; 1 Thess. 5:17.*

**Kamngah:** “Mi khatpeuh hong hopihnte mantakin na dawn’kik theih nadingun note kampauna khempeuh ah ci bangin a al kamhoih na zang un.” (*Colosse 4:6, ZSV*)

**M**ihing in teengkhawm nasepkhawp ciangin haksatna tampi takmah kithuak hi. Ngaihdan tuamtuanthe hangin kiseelna peuh omthei hi. Ki naikhawlh semsem leng, tua a kikhawlh khempeuh ki thutuah ding thupi semsem hi.

Kinaikhawlh penpen na in innkuan sung ahi hi. Innkuan sungzong “innkuan nasep phual” peuh zong kici hi. Nasep khat vaihawm dan leh innkuan vaihawm dan pen kibang lel hi. Manphatna te, ngiimnate leh mungtupe neih ding kisam limlim hi. Na khempeuh a neel dikdek theihna dingin, mimalkim ki thutuak in sepkhawp ding kisam hi. Tua mahbang in thukhunte zong pawlpi sungah zat ding hi a, pawlpi in innkuan lianpi mah ahi hi.

Tu kaal sinna panin, Paul in, Khristian innkuan a hoihsak penpen thukhunte pawlkhat kisin ding hihang. Khristian innkuan pen Lai Siangtho thukhun tetawh ki makaih kul ahiah manin Rome mite innkuan tawh kilamdanna themkhat hong om hi. Paul in innsung innpua lamah lawmlehgual kikhawlhna a dingin hong panpih thei ding a dang amanpha thubulpi te zong hongpia hi.

*\*March 21, Sabbath ading kiginkholhna in tu kaal lesson sim in.*

## Pasalte le Zite

Khristian innkuan a dingin thuhilhinate Lai Siangtho thak sungah zong omsuk diudeu hi (*Eph. 5:21–6:9; Col. 3:18–4:1; Titus 2:1–10; IPet. 2:18–3:7*). “Innkuan vai” a cihcih uh pen, liatna maanna hilo in, kikhawlhna sungah khaklehkhat kipanpih theihna thukhunte ahi hi.

**Simin, Colosse 3:18, 19. Bang kikimna khat namu hiam? Ephesus 5:22–25, 33 sungah bang ngaihsut piakna Paul in hong piakbeh lailai hiam?**

Mi pawlkhat in “Zite aw, na pasalte uh thu naming un” (*Col. 3:18*) ci in khawlziau uhhi. Paul in a zomah “Topa sungah a kilawm bangin” cilai hi. Lai Siangtho Thak sungah numei khempeuh in pasal khempeuh’ thu mang ding cihna mun omlo; mitsi miaimuai in pasal’ deihna bangbang mang ding cihna omlo hi. Paul’ cihnopna pen zi in Topa tungah citak masa ding a, tuakhit ciangin pasal tungah citak ding cihi. Zite khawngpen Pasalte in ut thuthu in bawl ding zong hi tuanlo a, zi’ lungsim a kitheihkhiatna ding zong hituanlo hi.

Khazih in, pawlpi a itna tawh Ama’ pumpi a piakkhiat mahbang in; pasal in zong a tuacih ding ahi hi (*Eph. 5:25*). Bangzah ta in man tam taleh citak ding uhhi. Zi adingin a hoihpen khentatna nei ding uh a, tua khentatna zong sakhat hiding hi. Tuabang itna hangin zi in a pasal a itna ding le Pasian’ thupiak a mantheihna ding baihzaw sak thei hi (*Eph. 5:33*).

A cidam Khristian kiteenna pen khat le khat kithupisak – thu kikum khawm, thu ngaihsun khawm in khensatna bawlkhawm uhhi. Khatveivei innkuan adingin khensatna haksa hong om ciangin, tate tawh zong kikap huai napi, tate’ maiah nu’ le pa’ kinial vatvat loding uhhi. Tuazah kikap khit nangawn in, thukimna a omtheih naikei zenleh, Pasian’ Thu a kipalsat kei nakleh, zi in gamdai takin pasal khentatna zuizaw leh, Lai Siangtho hong lahsa kilemna lampi a tawn hizaw hi. Tua mahbang in pasal tampite in, zi’ thu mangzaw in, zi’ deihna a zuihzawk ciangin a nopsaklel uh zong phawklai ding uhhi. Pasal le zi, na semkhawm semsem le innkuan nuam semsem ding hi.

**Khang tawntung in a kihih khat pen, eite’n koibang in pelhthei ding ihi hiam? A tunga kammal hoih mahmah te la in thukhun hoih mahmah te asia lamin zatzelna koibang pelh thei ding ihi hiam?**

## Nulepate le Tate

Tate in innkuan nasepna ah mun thupi panin pang uhhi. Amaute' a ki itlam thei in, amanpha innkuanpih leh vantung gammi ahihlahm a theih uh kul hi. Innkuan biakpiakna zong thupi mahmah a, zingsang nitak in nuamtak in bawl ding uhhi. Tate in a naupanglai mah un inn sung siangthona pan kipan nadang tuamtuum zong semsak ding hi. A thupi pen in, Paul' thupiakna mangta uh hen: "Tate aw, nulepa' thu mang tawntung ding pen Topa' deihna ahi hi" (*Col. 3:20*) cih.

### **Anuai-a munte ah tate pattahna dingin bang thukhun hong kipia hiam?**

1. *Paunak 22:6, 15* \_\_\_\_\_
2. *Matt. 19:14* \_\_\_\_\_
3. *Thkna 6:6, 7* \_\_\_\_\_
4. *Paunak 1:8, 9* \_\_\_\_\_

Pasian adingin thukhun tawh hoihtak in a kipantah tate in; innkuan, pawlpi leh tuate khengval in thupha hiding uhhi. Nulepa ading le pasal le zi ading zong Paul in lam honglahna pen, thutang in muibun hi: "Pate aw, na tate un a thuakzawhloh ding zah dong dingin thuhilh in tai niloh kei un" (*Col. 3:21*) cih. Nulehpa, a diakin pa in, tate tawh kikhawlhna, thu hihilhna in tate khalam khantohna ding in huzaap thuk nei mahmah hi.

Thukanna khat ah, nulehpa biakinn a paikhawp ciangin, khatbek a paite sangin, tate un zong biakinn paite ahih na'ng uh tamzaw cih. Tua sangin a lamdang zawsemlai khat; nu sangin pa in biakinn a paiden ciangin, tate zong hong khangham ciangin biakinn paite ahih na'ng tamzaw cih. Pa in tate khalam ah a makaihna pen a manphatna genzawhloh ahi hi. Pate in amau' vaipuak a zawhna thupi lua mah mah hi.

**Citateu zongin (kici giapgiap leng) pa khempeuh in tate tungah limhoih lak zolo uhhi. Leitung pate in tuabang siatna lianpите bawl mawk lehu, Pasian in eite' Pa ahihna theih theihna dingin koibang in panpih thei mawk ding uhhiam?**

## Nasepna ah Kizopna

**Simin, Colosse 3:22–25 le 4:1. Silate tungah bang thuhilhna kipia hiam? Nasepna ah kizopna dingin bang thukhun hitengah hiam?**

Tuhun mite in, Lai Siangtho sunga thuhilhna te pen, tanglai a thu piangte hi ci-uh a, Lai Siangtho uploh theih nadingin sila khawina thu gen uhhi. Tuabangin agen uh ciang un, Lai Siangtho Lui Israel mite le Lai Siangtho Thak pawlpite omzia teng phawkkha vetlo in a paupau uh ahi hi. Mihing pen Pasian' lim suun in kipiangsak hi a, Pasian kiangpan in pilna a ngah uh ahiah manun, suakta takin teel theihna nei uh hi. Moses' thukham sungah khang tawntung in sila hihna khaam (*Thkna. 15:12*) a, leiba loh nading hun a sawtpen kum guk (*Pai. 21:2–6; Siam. 25:39–43*) hiding hi. Lai Siangtho sunga sila khawina pen, khang thakte adingin huat'huai mahmah hitaleh; nitum nalam gammite'n zualzangna tawh a sila khawi tawh tehkak leng asia lua zong nahi tuanlo hi.

Lai Siangtho Thak hunlai in, pawlpi in Rome thukham nuai-ah na sem uh in sal khawi uhhi. “Khangthak sila khawi bang hilo in, Rome te thukham in, silate adingin hamphatna pawlkhat zong koihsak ahiah manin, tua thute hepkhiat ding pen, lungdamnathu mainawt nading lauthawanna suakzaw hi.”—Clinton Wahlen, “Culture, Hermeneutics, and Scripture: Discerning What Is Universal,” in Frank M. Hasel, ed., *Biblical Hermeneutics: An Adventist Approach* (Silver Spring, MD: Biblical Research Institute/Review and Herald Academic, 2020), p. 166.

Pawlpi sungah ahiahleh, Rome ki-ukna sung bang hilo in, salte' vaipuak masapen in Topa tungah om masa hi. “Note'n zong vantung ah To khat naneihna uh phawk” (*Col. 4:1*) in thutang in nasem ding uhhi. Tua banah, Paul mah in Philemon kiangah, Onesimus pen sal bekin ngaihsun nawnlo in, ama' sanggam bangin a ngaihsut ding thu hilh hi (*Philem. 16*). Lai Siangtho Lui le Thak sungah, thu umte pen Pasian' sal, sila peuh cih (*Late. 34:22; Luke 17:10; 1Pet. 2:16*).

Lai Siangtho mun pawlkhat a gelhna nunlam thute saantheih ahiah melloh hang, Lai Siangtho thu bel saang thei hihang. Ahiah hang, tua ngeina le Lai Siangtho tungsia ah eimah om tentan lai hihang. Lai Siangtho in apiak thulu khat nuai pan a thukhup na a tunma in, tua thulu in a cihnopna teltak in entel masa leng hoihzaw ding hi.

**Hih thute in nangma nunna sungah koibang in nasemthei cih ngaihsun in. Nasepna topa boss khat nahi a, nasempa khat nahi zongin hih thukhun in koibang in nang hong huhthei ding hiam?**

## Khat le khat Thu Kingetsakna

**Simin, Colosse 4:2–4.** Hiteng ah thungetna thukhun bangteng peuh namu hiam? Paul in bang thunget ding pulaak hiam?

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Thubuai a tuamtuam, innkuan vai, cidamna, sumvai le thu tuam tuam tawh a buaite tungah “thu hong ngetsak ing” cihlelna zong in a thupi mahmah thapiakna khat mah ahi hi. Hihdan cihna pen vantung’ deihna bang a kikhawlhna khat hi a, a langnih tuak a dingin hamphat na omsak hi. “Tua pen eima’ lampan in a kingen nailo na khempueh, eima’ upna tungtawn in hong piaktheihna ding Pasian’ geelna khat mah ahi hi”—Ellen G. White, *The Great Controversy*, p. 525.

Thungetna sungah a vangnei penpen, Paul kammal “lungsim takpi tawh thungen tawntung unla, kidawm kawm in lungdamna tawh thungen un” (*Col. 4:2*) a cihpen upna tawh thungetna lahna ahi hi. “*Tatsatlo*” in thungen ding (*Eph. 6:18*) le thungen “*niloh*” ding (*1Thess. 5:17*). A lamdang penpen khatin “a kilawm bangin thunget ding nangawn i theikei a, ahi zongin Kha Siangtho mahin tauna tawh eite a dingin hong thumsak” (*Rom. 8:26*) cihhi.

**Simin, Colosse 4:3.** Pasian in nangma upna na hawpsawn theih na ding “thu a dingin bang kong” honsak ding ci hiam?

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Paul in, kammal maan zatttheih ding zong ngenlai hi. Ama’ laikhak nate, Sawltak sunga ama’ kampaunate sim leng, Paul pen thu gen siam dangnaal a, a thugen ding peuhmah a lungkham hetlo pa ahi hi. Tua nangawn a “kiteltak” (*Col. 4:4*) in a gentheihna dingin thungen lailai hi. A tawpna lamah Greek kammal *dei* zang a, akhiatna a let ciangin, lung-damthu gen kahih manbang in “kagen ding bangin” ka gentheihna ding cilai hi. Tua lung-damthu in, a sangpen Rome kumpipa *Caesar* innkuan sungdong vapha ding cih aman’ thei gige hi.

“Thunget simin khukdin teitei ding cihzong hituanlo hi. Nangbek na omciang ahi a, na lampaina, nisim nasep na manlah mahmah ciang ahi zongin; Honpa tawh kiho ngeina khat nei in. Na lungsim limlim khuavak, thahatna leh pilna a dingin, gamdai khipkhep in huhna na saanna ding thungen in. Husanna khempueh thungetna hita hen”—Ellen G. White, *The Ministry of Healing*, pp. 510, 511.

## Pilna tawh Kalsuan

Khristian te'n a theihzawh thumaan thupipen in bang ahi diam? Tuapen, Upna tung tawn in, Khazih in ei' mawhna hangin hong sihna saanna tawh tawntung nunna kinei thei cihna ahi hi. Eima' thatang tawh ihih zawhloh thumaan zong ahi hi. Eite tungah hong kilah sa thumaan zong ahi hi. Pasion' Thu sungah hong pulaaksa zong ahi hi.

Pasion in, Ama' thumaan hong lahkha hiki peuhmahleh, i zak ngeiloh ding le i theihngeiloh ding thumaan, theihna le pilna tampi takmah om ding hi. Tua pilna tepen eite' theihnuak pilnate ahah manin hong piak zong hituanlo hi. Hih thumaan, theihna le pilnate pen eima nunna sungah nuntakpih ding ahi hi.

**Simin, Colosse 4:5, 6. Paul in koibang hun ciangin “pilna tawh kalsuan” ding ci hiam? Banghang tua cihtuak thei hiam?**

Khristiante in Khristian hinapi un Khristian bang zong hilo uhhi. Paul in Isaiah 52:5 pan kammal la in, Israel in thu umlote a dingin sui khak ding thaang: “No Jew mite hangin Gentile mite lakah Pasion kigensia” (*Rom. 2:24*) cih. Midang tungah, a diakin thu umlote tung ah i hihdante in muibun mahmah hi (*Titus 2:5; 2Pet. 2:2*). Khristian innkuan in, gitloh na bawl ding kikaikhawp sangin thungen ding a kikaikhawm khangnote, ki itna maan tak tak a neite, lungnem in thuak zawhna neite hangin; eite' upna in maan hiam maanlo hiam cih hong sittel gige te a dingin, nakpi takin paukhia hi.

Colosse 4:6 sungah, i kampau ciangin, Paul in “Kam napau uh ciangun mi ngaih nop, mi zaknop dingin napau un” cih. Mi ngaihnap zaknop ciangbek hilo in, i kampau peuhmah, Kha Siangtho humuapna le Pasion' hehpihna in hong huzaapna tawh hi ham tang ding hi.

“Ci bang in al.” Leitung mite in kampau “ci-al” kampau a cihtawh kilehbulh in, kampau peuhmah mi zaknop ding in pau ding cih.

“Khat le khat na kiteltheih nading un” (*NKJV*). Thu i puak ding mite' lungsim a dingin kammal maante a hun maan leh ngiimna maan tawh a kipuak theihna ding kammal tepen Kha Siangtho bekin hong pia thei hi (Hiteng ah zong *dei* zang hi. Zanni sinna, Col 4: 4).

**Nangma kammal, na tatna hekna le mi'maiah na kalsuanzia lungngai kik in. Nangma upna tawh kisai bang thupiak napuak thei a, Khristian khat hihna in bang khatna neitheh hiam?**

**Ngaihsutbeh Ding:** “Innkuan sung lungnopna a om dimdian theih na cihte pen mimalkim in nisimin a neih tawntung ding vaipuak khat ahihna pen mimalkim in theihkim ding kisam hi. Khatleh khat kilangdo lo ding uhhi. Khatlehkhat tha kipia in, ki pumkhat dimdian a, dikna lungnem na, thuakzawhna tawh lungduai takin awnem awkhum tawh pau ding uh a, buaina peuh mah pelh in, bangkua nubel nasepna khempeuh huh in dawn ding uhhi.”

“Innkuan sung mi khempeuh in kipawl in sepkhawp ding na khempeuh telcian ding uhhi. Tate khempeuh kunguk tungsiah peuh mah in, nuntak haksatna khempeuh tungah vaipuak neikik ding cih thei ding kul hi”—Ellen G. White, *The Adventist Home*, pp. 179, 180.

“Khuavak sung i om noleh, innkuan sung leh lungtang sungah Khazih lutsak un. Innkuan peuhmah pen a kigen bang in omsak ding hi. Innkuan in leitung ah vantung neuzaw hiding a, itna ngah theihna dingin kisawlngawhna mun hizawlo in, ki pattahna mun hizaw ding hi. Innkuan nopsak theihna’ng peuhmah pen; hibang itna, veina le khat-le-khat tungah kidikna tungah kinga hi. Eileh ei kimangngilh zawsop in, mi hong panpihna khempeuh lungdam koh theihna ding lampi zon ding hizaw hi.” Tua banah lungnem in hehpihna tawh itna tawh sepnate tawh midangte thapiakna, vangikte zaangsak, a dah a kapte hehnepna’ng lampi zong ding uhhi. Hibang ngaihdante pen innkuan sungpan in kipan hi a, innkuan pualam dongah kizeel in mite nundan nopna piathe i lai hi. Hih bangte awlmawhlohna in nuntakna sungah dahna kahnate piangsak thei hi”—Ellen G. White, *Testimonies for the Church*, vol. 3, pp. 539, 540.

### **Kikupding Dotnate:**

- ① Nupa te’ kikhawlhna bang thukhun in thapia thei hiam? A kiteeng lo te bang ngaihsutna napia a, kiteenna in hong tun ding tona te a dingin koibang in na kiging saktei hiam?
- ② Nulepa tampi takte in a tate uh Khristian innkuan hoih sung pan pantah hi napi un, a khangcin uh ciangun upna peuh nialkik zanzan thei uhhi. Bang ngaihsut napia thei ding a, gen vetloh ding bang om ding hiam?
- ③ “Pilna sungah kalsuan” ding cih kikum dihun. A langkhat ah “haina” sungah kalsuan na in bang a cihna hiam? Tua tegel sung ah na kalsuan hunte a ki lamdanna koibang om hiam?

## Kaam cih Omlo Hi

Rene zong Philippines atunkik khit asawt loin ADRA te'n sam hi. ADRA ah kum khat leh alang asepe khit teh Adventist Church' Cavite Mission ah kum giat bang sem hi. Nuntaakzia pen nuam hi. Aneu lai-in Adventist suahna pen hauhna zawi hi na ci hi. Tu'n bel haunopna nei nawnlo hi. Zeisu nihveina hong kum dong mite aading na semnuam ta hi.

Ni khat, Rene in Cavite Mission sung Silang-a SSD' nasep khat ahi 1000 Missionary Movement sumkempa pension la tading ahiah man-in tua mun ah na sem ding sapna lai ngah hi.

Rene zong mang man ka hiam kici hi. Amah pen missionary khat hang-in Khazih asan'a kipan 1000 Missionary Movement ah na nasem nuam gige hi.

Tua missionary pa Rodel pen tu'n pastor hita-in Philippines ah sem-in, Rene pen sumkem hong hih lam za leh nuam pih mahmah ding hi. Rene pen accountant bek hi lel ahiah man-in sum kem asem thei mah ding hiam kici hi.

Tua zan-in Rene in 1000 Missionary Movement ah na sem ci-in mang man hi. Tua leh SSD president pa in ama thu laite ngen hi. Asawtlo-in division committee in sang-in nasep ngah hi.

Rene in anung enkik lo hi. Pasion tung ah acihtak man-in amah amudah ngei tanaute khat SDA hong suah lam hong mu hi. Philippines atun kik khit kha nih teh anu apate tui kiphum uh hi. Rene in "hih pen Pasion hong piak letsong hi. Pasion in 'Kei tung ah na cihtak man-in nang aading letsong hong pia ing' aci tawh kibang" ci hi. A sanggamnu nih zong tui kiphum uh hi.

Tu tadih in bel gamdang-a anasep lui company pen COVID 19 hang-in nasep bei hi. Khasum iplah na hi leh na khempeuh sum kha ding hi. Tu'n amah'n "Banghang hiam cihleh keimah in note aa dinga ka ngaihsut gelnate ka thei hi. Siat nading hi loin kilem nading gelna hi a, na mailam ding uh le lametna hong guan ding gelna ahi hi, TOPA in a ci hi" (Jer 29:11) aci Topa tung ah leiba nei ing ci hi. Rene Tucaldo in "kaam cih omlo hi. Pasion in kei aading hong geelsak hi" ci hi.



*Silang, Philippines-a 1000 Missionary Movement pen 1996 Sabbath 13na tawh ki ding hi. Tua sumpi ii agah pen 1000 te nasepna tungtawn-in SSD bup ah kimuthei lai hi. Tu quarter sumpi in zong sawt amang ding hong sem thei ding hi. Mai Sabbath ciangin sumpi cingh takin khia ding na hih man-un ki lungdam hi. Video tomno Rene tawh [bit.ly/Rene-1000MM](http://bit.ly/Rene-1000MM) ah en in.*

## **Khen I: A Huamin Etna**

**Thubulphuh:** *Colosse 4:6*

**Lungngaih Ding:** *Colosse 3:18-4:6.*

Colossian 3:18-4:1 sung ah innsung thukhun tampi om hi. Paul in zi leh pasal, tate leh nu-pate, sila leh to kikaal lungdamna thu tawh kituak-a omzia ding gen pih hi. Paul pen lang kailo ahiah lam mu ding hi hang. Ami zui-in Pasion tungah acihtakna alak dingin lamen in thu hilh hi. Tua bang-in zite'n apasalte' thu man'na pen "Topa sungah a kilawm thu hi" na ci hi (*Col 3:18*); Tate nu le pa thu man' ding pen "Topa a lungkimsak hi" ci hi (*Col 3:20*); silate "ci le sa a na tote uh thu" man loh phamawh, "Pasion kihta in" ci hi (*Col 3:22*).

"Hih tak ah nuaisiah lam te gen masak in aneih pen lungsim la hi. Nuaisiahte tungsiahte' thu man' dingin hilh hi. Paul in thuneite athuneihna uh zangkhal loin ciimtat dingin gen hi. Hih dan in omna in nuaisiah te'n tungsiahte' thu mannopna piangsak hi." — Douglas Mangum, ed., "The Christian to Home ([Col] 3:18-4:1)," *Lexham Context Commentary: New Testament Bellingham, WA: Lexham Press, 2020*. Thute akuppih khit ciangin Paul in pawlpi mite thu ngen, pilvaang, paudan siamna tawh pawlpi nate tungah a-upna uh ahawm dingin hanthawn hi.

Tu kaal lesson in thugil nih en hi:

1. Innsung leh nasepna ah zatding Lai Siangtho thukhunte.
2. Thunget hakkat, pilvang, kamhoih zang ding-a thuhilhate.

## **Khen II: Hilhcianna**

### **Lai Siangtho Dapphah Innkuan le Nasepna-a Kizopzia**

Colosse 3:18-4:1 sung ah Paul in mihing kithuahna nam thum na suah-in namkhat ciat aading hanthotna nei hi. Amasa pen zi leh pasal kikaal hi. Hih bangin agualh pen accident hilo hi, Paul in kiteenna pen mihing kithuahna nam khempeuh aading tawphah ahiah lam pigen nuam hi. Nupa suahna tawh numei leh pasal kithuahna pen Paul in alaite ah tamvei tak gen hi (*1Co 7:1-7, 27-31; 1Co 11:3; Eph 5:21-33*).

### **Pasalte le Zite Kikaal Kizopzia**

Paul in zite apasalte' thu aman'sakna pen (*Col 3:18*) akinial mahmah thu khat hi. "Zite aw, Topa' thu na man uh bang mahin na pasalte uh thu na mang un" (*Eph 5:22*) tawh akibang hi phial hi. Bangbang hileh Paul in

tua acih ma-in “Pasian kihtakna lungsim tawh khat le khat thu na kimang un” na ci masa hi (*Eph 5:21*). Eph 5:22 sung-a “kimang” cih pen Greek Lai Siangtho ah omlo hi, ahiah hang-in Eph 5:21 dapphah-in kilawm takin na guang uh hi. Hih dan in kiguan’ man in Eph 5:22 pen Eph 5:21 tawh kizom hi cih lak-a tua thu zui-a kilet kul hi. Tua hi-in zite pen apasalte’ thu man’ ding bek-a kigen hilo-in pasalte zong “Khazih kihtakna” tawh (*Eph 5:21*) azite’ thu man’ ding in zong gen hi.

Zite in apasalte’ thu mang ding in Paul thupiak pen numeite tualniam hi ci-a laak ding hilo hi. Tua sangin “hih sunga om thu pen zi-in apasal thu amang ding in kipiakna pen Topa tung ah aki ap ci-in zi in amuh ding thu om hi, ahang pen nupa hihna ah apasal pen Topa lim la-in amah pen pawlpi lim alaak man hi.” — Andrew T. Lincoln, *Ephesus*, Word Biblical Commentary, vol. 42 (Dallas, TX: Word, Incorporated, 1990), p. 368.

Pasalte azite’ tung ah abawl dan ding Ephesus le Colosse sung ah kigen pen akibat pen ciapteh taak hi: “Pasalte aw, na zite uh it un” (*Eph 5:25; Col 3:19*). Zite tung ah thupiak pen akibang phial ahiah laitak-in — “Zite aw, Topa’ thu na man uh bang mahin na pasalte uh thu na mang un” (*Eph 5:22*) le “Zite aw, Khristiante gamtat ding in a kilawm ahiah bang mahin na pasalte uh thu na mang un” (*Col 3:18*) — pasalte tung-ah thupiak pen ciapteh taak hi: “Pasalte aw, Khazih in pawlpi it a, pawlpi aa ding in amah mah a kipumpiak bang in note in zong na zite uh na it un” (*Eph 5:25; Eph 5:28 zong en in*) le “Pasalte aw, na zite uh it unla, amaute tungah gamtatah kei un” (*Col 3:19*). Ephesus sung ah Zeisu in pawlpi ading a kipumpiak bang in pasalte azite tungah akiapiakhia itna alak ding in kilamen hi.

Colosse sungah pasalte azite uh it ding thu ah genbehna nei hi “amaute tung ah gamtatah kei un.” Greek kammal pen *pikrainō* hi, tua pen *pikros* tawh kinai-a “akiphasak tote’ tatzia” hi.” — James D. G. Dunn, *The Epistles to the Colossians and to Philemon: A Commentary* (Grand Rapids, MI: Carlisle: William B. Eerdmans Publishing: Paternoster Press, 1996), p. 249. Zite pen Topa thu aman mah bang-un apasalte tungah kiphaltak-in thu amang ding in ki lamen hi.

### **NulePate le Tate Kikaal Kizopna**

Tate le nulepate tung ah thuhilhna ah zi le pasal thu ahilh bang mah-in kithuk diamdiam ding thu ah dapphah hi. Tate nu leh pate’ thu man ding pen (*Col 3:20*) thukham ngana ah om hi. Tua amat lam Ephesus sungah om hi. Paul in thu apiak khit ciangin (*Eph 6:1*) Paikhiatna 20:12 hong man hi (*Eph 6:2, 3 en in*). Tate pen nu le pate thu amang ding bekin kilam

enlo-a amau lungnopna naak ahi dingin zong kilamen hi (Pau 15:20; Pau 23:24 cih te).

Nu le pate lam pan zong tate ahehsak loh ngiat ding thu om hi. Paul in “heh” azatna ah (Col 3:21) bang acihna hiam cih kam kiseelna zong om hi. Bang bang hita leh Ellen G. White in Col 3:21 thu agenna om hi: “Nu leh pate’n atate tung ah phin, heh pau ciangin Satan na nuam hi. Paul in hih thu ah thu hilh hi: ‘Pate aw, na tate uh phin kei un, amau te lungkia kha ding hi.’ Tate khial mahmah kha ding hi, ahiah hangin amau tung ah na heh manin lam maan ah tun pih theilo ding hi teh.” — *Advent Review and Sabbath Herald*, January 24, 1907.

### **Silate le Tote Kikaal Kizopna**

Atawpna ah Paul in silate leh tote’ kikaal thu gen hi. Alang nih un asepe dinge Pasion mai ah asepe kul uh hi. Silate tungah thu nih kipia hi. Amasa ah amau pen tote’ thu “mang ding ... Pasion kihta ding” (Col 3:22). “Pasion kihta ding” cih pen thupiak nihna aading thusialna hi cih kitel tek hi. Silate in atote aading na asepsak uh pen Topa Zeisu aading na sepsak hi ci-in ngaihsut kul uh hi (Col 3:23, 24).

Kum zalom khatna hun-a sila neih dan leh tu hun-a nitumna lam-a sila neih dan kilamdang hi. Akilamdangte pen: Thuciam Thak hun-in minam vai kibuai lo; pilna lam ah tha kipia mahmah (pawlkhath bang pute sang’n pil zaw uh), tua in sila pen man nei sak, sila in gamh nei thei (sila nei sawn thei!); biakna leh minam suahtakna lam ah misuaktate tawh akibang-in ngah; silate mukhawm theilo ding cih thukham omlo; khuapi khuata-a silate kum 30 cingleh suahtakna ngahthei hi.” — S. Scott Bartchy, “Slavery: New Testament,” *The Anchor Yale Bible Dictionary*, ed., David Noel Freedman et al., vol. 6 (New York: Doubleday, 1992), p. 66.

Paul in sila neih ding thapia ahiah loh lam phawk ding thupi hi, tua dan lam thapiakna pen bang thu bang thu ah kimawhsak hi. Paul in kum zalom khatna ii omzia agen hi bek hi. Kum zalom khatna lai-in sila neih ding thu veng sak leh silate teekteek zong cimawh ding uh hi. Eite aadingin atel hak thu hi thei phial ta leh Paul in sila kemte tungah adiktat ding un thu pia hi (Col 4:1).

### **Thunget Hahkat, Pilvang, Kamhoih Zang**

Colosse 4:2-6 sung-a thuhilhate pen Paul gen innkuan thu, nasepna thute nung ah hong zuih lam phawk ding thupi hi. Paul in pawlpi pen mite mai ah teci hoih lak huai hi cih gen hi. Thu paidan pen lungdamna thu pawlpuate kiang thu nei-in gen theih nadingin, asung-a omte, innsung

phadiak kikheel masak loh phamawh hi. Hih Lai Siangtho mun ah Paul in thu ahilhna ah pawlpuate kiang ah thu buntak-in lungdamna thu tun nading-in cial thum zuih loh phamawh sak hi:

**Akhatna ah, Thunget hahkat ding (Col 4:2-4).** Khazih aading mi i ngah nadingin thungetna pen athupi mahmah kipatna hi. Thunget pen na khat kipat nadingin lampi hoih pen hi. Thu gentheihna ding, kong ahon theih nading-un Paul in pawlpi tungah amaute aading bek hilo-in amah leh Timothy aading zong thu angetsak ding-un gen hi.

**Anihna ah, pilvang (Col 4:5).** NIV in “Pilvang takin gamta unla, hun hoihte khahsuah kei un” ci hi. NKJV in “gamta” acih pen Thuciam Thak ah nunzia ding agenna hi. Zelzel ding cihna hi loin “nuntak pih,” “gamta” kici hi (*gentehna Mak 7:5; Rom 13:13; Col 2:6, NIV ah*).

**Athumna ah, kamhoih zang (Col 4:6).** Paul in kamhoih zang ding acih ciangin pawlpuate Zeisu thu atheihnop nading-un omdan siam, kamsiam, mi vei ding cihte genna hi.

### **Khen III: Nuntakna-ah Zatpah Ding**

Anuai-a thute lungngai in. Tua khit teh Sabbath sang hong paite kiangah dong in.

“Innkuan cih pen innkhum khat nuai ah om khawm cih ciang bek hilo hi. Tua dan hi leh hotel, thong-a ome zong kisim thei pah ding hi. Innkuan cih pen min kibangte aci hilo hi. Min kibang tampi om hi, zong kithei ngeilo ding uh hi ... Innkuan cih pen ami cih bek hilo hi, lungsim kikhat ding cihna hi. Lungsim kikhat theihna pen itna, khua-ngaihna, nui khawm, kap khawm, lungnuam, dah, hahkat khawm, kizahtaak, um, citak, thu manphate zong cihte panin apiang hi hi.” — Herschel H. Hobbs, *My Favorite Illustrations* (Nashville, TN: Broadman Press, 1990), p. 98. I’ pawlpite pen i inn dang khat ahih man-in itna, hehnepna, zahtaakna, kipumkhatna omna mun hih huai hi.

Zeisu in “Note Topa le Siapa ahi keimah in na khe uh hong silsak ka hih leh note zong khat le khat na kisilsak ding uh hi. Banghang hiam cihleh note tunga kong hih bangin note in zong na hih theih nadingun na etteh ding uh hong lak ka hi hi” (*Joh 13:14, 15*). Thuciam Thak a-atte in hih thu thuklaak mahmah uh hi (*Rom 13:8; Gal 5:14; 1Th 4:9; Heb 13:1; Jam 2:8; 1Pe 1:22; 1Pe 4:8; 1Jn 3:23; 2Jn 5*). Zeisu bang mah-in Paul le

# HILHCIANNA

James te zong ki-it ding pen thukham zuihna hi ci uh hi (*Rom 13:8, 10; Gal 5:14; Jam 2:8*). I innte pen thu ngen, Topa tawh lam paikhawm, kamhoih paunate tawh akua mah peuh in itna lahna mun hih huai hi.

## Dotnate:

1. Na pawlpi pen bang lam pan-in nang' inn dang khat hi thei hiam? Na pawlpi in pawlpi mite tungah innkuan lungsim neih theih nading bang sem thei hiam?

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2. Khat leh khat ki itna in Khazih' nungzui i hih lam lakkhia hi. I pawlpi leh i innsung in hih itna acingzaw-in lak thei ding ahiam?

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## Ciaptehding:

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# Pasian' Deihna *bangin* Dingtang



## SABBATH NITAAK

**Tu Kaalsung Simding:** *Col. 4:7–18; Eph. 6:21; Sawl. 15:36–40; 2Tim. 4:10, 11; 2Pet. 3:10–14; Isa. 60:1–3.*

**Kamngah:** “Na Khempeuh ah lungdam na ko un; banghang hiam cihleh hih in Khazih Zeisu sungah note aa dinga Pasian hong deihsak ahi hi.” (*1 Thessalonica 5:18, ZSV*).

Colosse laibu a nunung lam ah Paul le a nasep pihte kizopna hong pulaak hi. Sawltak sung ah Barnabas tawh a kikhawlh masak na, tuakhit ciangin Silas tawh a khualzinna thum vei pulaak hi.

Tukaal in, Paul' khualzindan, Rome gam a khuapite a phaktheihna dingin hun le a kul-kisamte a zatsiam mahbang in; Colosse, Laodicea, le Hierapolis khuapite vapha zolo ahih manin, amah'n a pattah ngiatsa pawlpi mite in a vapha thei dingin vaihawm hi.

Paul in ama' naseptheih sungteng, amah ngiatin vapha a; a thongkiat laitak in zong laikhakna mahtawh mite leh a pawlpi mite tawh kizopna nei tawntung hi. Lungdamnathu nasepna sungah Jew mi le Gentile le Khristian; pasal le numei; *Tychichus, Aristarchus, Justus, Epaphras, Luke*, le *Nympha* cihbang mite zang hi. Laodecea ah zong amah'n laikhak khat khak hi kici ahihhang, ei kiang bel hong tung khalo hi. Hih a nununglam munteng ah Paul in thutampi guang hi. *Archippus* a kici pa tungah zong ama' mimal hanthotna khat om hi. Paul in ama' hihtheih tawp in pawlpi a thakhauhna dingin sem hi.

\*March 28, Sabbath ading kiginkholhna in tu kaal lesson sim in.

## Sepkhiatna pan Sinnate

Paul kiangpan in lungdamthu kizelhsakna thu tampi za hihang. Ama' khualzinna pen tai 13,400 kiim pha hi. Lamdang lua mahmah hi. Khe bekbek mahtawh pai a, thongkiat hun zong nei hi.

Paul in sumbawlna phualpi Corinth le Ephesus cihbang khuapite ah sawtpi takmah omkha a, tuakhuapi tepan gamsung khuapite ah thupuak kizeel hi. Ama' phuhsa pawlpite ah zong hong paikikzel in, thu umthakte thapia in hanthawn hi. Maitang kimu in a hawh theihloh ciangin, laikhak hi. Amah'n thu ummite phawk in don ahihna hibang dan tawh theithehi uhhi.

**Simin, Colosse 4:7–9; Ephesus 6:21. Tychicus thu koici pulaak a, ama' omna mun Colosse ah Onesimus a sawlna thu, Paul in bang hang ci hiam?**

Munkhatte ah laikhak sangin kamgen hoihzaw thei hi. Tua gel in Colosse ah bang thuthang hong puak uh cih lung luthuai veve hi. Paul' ngiimna bang ahiehleh tua thuthangte in amaute “lungnuamsak in thahatsak” (*Col. 4:7–9*) ding cihi. Tuate pen Paul in thong sungah ama' omzia tengzong kintak in kihelkha ding hi. Tuabang kizopna pen thu ummite khatlehkhat kizopna a kepcin theihna dingun thupi mahmah hi.

*Tychicus*' min khiatna in, “*Tg, Kampha*” hi a, thukansimpa khat zong ahi hi. Amah pen “a thumaan sawltakpa le naseppihpa” hi a, Paul in a teeltuam Asia mi (*Sawl. 20: 4*), Jerusalem a cimawh te donghu dingin sumpi donna ah a tonkhawm uh ahi hi. Paul' thongkiat anihveina in a tonpihpa zong hi a, nasep a thahatna dingin Ephesus ah kisawl kik hi (*2 Tim. 4:12*). Titus omna *Crete* ah a kipuak zong Paul in ngaihsun hi (*Titus 3:12*). Amah tawh hong kikhawl pen Rome ah Paul in a kikheel sakpa (*sinna 1*) Onesimus hi a, “*citakpa*” zong kici hi.

Colosse ah thu ummite omzia Paul in theihnop tuak mahmah hi. Tychicus ngiat a hikei phial zongin khat peuhpeuh sawl in thu puaksak ding zong a haksalua hi khollo hi. Tua pawlpi ah amah mah hong pai ngeiloh hangin, tua thu ummite a ding itna leh deihsakna tawh a lahkhiatna ahi hi. Amau zong upna lamah thakhauh sak in, midangte zong a vaphak theihna ding hanthotna zong ahi hi.

**Paul' laikhakte sungah mimalvai bek thamloh, a neupen in khualzinna a kipsakna hi koibang in cithei ding hiam?**

## Pawlpí' Kizopna

Internet le mihing kizopna tuamtuam simzawhloh om bialbualna hih leitung ah Paul' phutkhak haksat nate pen ngaihsut haksá mah hi. Tua haksatna pen, khuatual pawlpíte in, amau kipawlna pen khuatual ciangleng sangin lianzaw mahmah ahihna a theih sakna ding ahi hi.

**Simin, Colosse 4:10, 11. Thukansimte tawh thuthang a puakkik loh ngal (Col. 4:7–9), adang koibang danin Paul in thapiakna neitheí lai hiam? Hih laikhak sungah Paul in hong pulaak haksatna teng i et ciangin, a muakna kammalte tungpan bang thupiak kingah thei hiam?**

Hih muakna kammal tungtawn in Paul in thu ummite sungah kizopna khat bawlsak hi. Mark le Barnabas te pen innlak tanau cih kitei khia hi. Tua ciangin, Mark in Colosse ah khual a zintheihna ding Paul in lam honsak hi. Aristarchus in zong Paul tawh thongkia khawm uh ahih manun “thongkiatpih galhangpa” kici liang hi. Amau tegel pen “Pasian' galvan” a tawi galkapte hi uh a (*Eph. 6:10, 11*), Satan' galmat teng Pasian' gam a tuntheihna dingin a honkhia dingte ahi uhhi (*2Tim 2: 1-4*). Jesus/Justus (Jew min le Rome min aw kinai, Greek min in Saul le Paul bang) pen zong lungdamnathu nasepna sung ah a muanhuai naseppihpa ahi hi.

Aristarchus, Mark le Justus cih teng pen Jew thu ummite (vun-aat na tawh) ahihna Paul in kipsak hi. Gentile mi thum teng zong hong pulaak sawn lai hi: Epaphras, Luke le Demas (*Col. 4:12–14*) te ahi uhhi. Pawlpí sungah Jew le Gentile kikal ah thukhauh tampi om mah taleh hih miteng in lung kituak takin nasem khawm thei uhhi. Paul in “bekmah” a cihpen, Jew-Khristian a tamzaw in ama' thuaksiatna sungah dipihlo ahih manin lungkiatna ciangkhat nei hihtuak hi.

A beisa kum tawmno khat lai, Paul le Banabas khualzinna masa lai in, amaute' kiangpan a paikhia John Mark (*Sawl. 13:13*) zong pen Paul tungah citak bek thamlo “lung nuamsak” (*Sawl. 15:36–40*) cihhi.

Kipawlna tungah lauhaina tepen thuthak zong hituanlo hi. A sawt nailo lai in Adventist pawlpí in leitung bup a kizeel ciangin, pumkhat hong suksiat saknuam vang-liatna tampi hong om hi. Tua kipawlna hong nengniam theite pen pawlpí sung ah a omtheilua hi.

**Khuatual pawlpí ciangciang nangawn ah pumkhatna a kiamsak thei dingte, koibang in khiamthei ding na hiam? Khuatual ciang ciang a thukhauhte koici hih thei ding nahiam?**

## Genbaanglo le Kicinna tawh Nungta

Ngiimna-kip nei nundan leh ngiimna nei pawlpi tawh kisai laibu zong kigelh khinzo hi. Ngiimna-kip taktak i neizo kei zongin nasep khat zawh theihna dingin ngiimna bulphuh khatmah neihhuai veve hi. Paul le a naseppihte' nunna leh nasepna in hih thute bulphuh hi (*Phil. 3:13, 14*). A thupiangte in amau mah pulaak khia a – lungdamnathu in Rome gam sungah manlang takin kizeel hi (*Col. 1:23*). Tua thu bulphuh mah tuni in kisam hihang.

### **Simin, Colosse 4:12, 13. Bang ngiimna pulaak a, koibang in zo ding ci hiam?**

A beisa sinna khatna sungah, Epaphras pen Colossae, Laodicea le Hierapolis khuapite ah lungdamnathu kizeelna a vaipuk neite hihtuak uhhi. Ama' muakna kammalte le a thungetsak nate in tua pawlpi mite tha ngahsak mahmah cih kitel hi. Epaphras' thu ngetna in bulphuh kician khat nei a – Colosse mite in “Pasian' deihna bangin nungta in lungsim khangham in kiptak in om” (*Col. 4:12*) cih. Paul' in a huam thungetna sunga thu kihel teng ngaihsun dih in.

*Dingtang:* Kiptak in kikhiiinlo in dingtang ding; lungdamnathu le thumaan sung ah upna tawh “zungkha in kiptak in” (*Col. 1:23*) dingtang ding. Tua kammal mah Paul in tam veipi a zatna pen “dawimangpa' khemna” khempeuh pan nakidalna ding leh; khuamial sungah vantung thahatna tawh nanawk zawhna dingun “Pasian' galvan namkim” (*Eph. 6:10–18; 2 Tim. 2:19*) na silh ding uhhi.

*Cingtaak :* Cingtaakna ah a “tung” (*Phil. 3:12–15*) zolo aci mite a dingin hih kammal pen, a sangpen kipiakna pumpi piakkiat dong a tungsak itna lian neihna ahi hi (*Matt. 5:44, 48*).

*Tangtun :* Hih kammal khauh penbel nakhat peuhpeuh a dawn dong tangtun a cihna ahi hi. Abraham tungah Pasian in Ama' kamciamna pen, mihing hih zawhloh hinapi Pasian in “tangtun” (*Rom. 4:21*) a cihna ah zang hi. Paul zong “Pasian' thu a kicing in a gentheihna dingin” Topa in thahatna pia cih (*2 Tim. 4:17*).

*Pasian' Deihna Khempeuh:* “Khempeuh” cihpen a huampi ahi hi. Paul in Colossae mite in “minthang Ama' vangliatna” tungtawn in “Pasian' deihna bangin nungta in Amah lungkimsak” (*Col. 1:9, 10*) ding cih.

## Lei ah I Nuntak hangin Lei Mi ihi Kei Hi

**Simin,** Colosse 4:14, 15 le 2 Tim. 4:10, 11. Luke le Demas koici kilamdang a, banghang hiam?

Sawltak John in “Hih leitung le leitung’ nate lunggulh kei un. Mi khatpeuh in hih leitung nate a lunggulh luatleh, amah in Pa Pasion it taktak theilo hi” (1 John 2:15). Luke in Zeisu le Ama’ gam a itna in, bangbang apiang zongin atawp dongin Paul tawh kikhawl uh a, Demas in ahihleh hong pai ding leitung sangin hih leitung itzaw hi.

**Anuai-a** tengin nihveina kumkik ding a ngakte bang ngaihsutna pia hiam?

1. *Mark 13:32-37* \_\_\_\_\_

2. *Titus 2:11-14* \_\_\_\_\_

3. *2Peter 3:10-14* \_\_\_\_\_

4. *Mang. 3:17-20* \_\_\_\_\_

Zeisu le a nungzuite in, Topa hong paikik ciangin lamdang i sakvat lohna dingin pilvang in “ngak un” ci in hong hilhkhoh den hi. Nungzui te pawlkhat mah bangin Zeisu hong vaikhakna bangin “pilvang in ngak” (*Mark 14:38*) ding a hih zolote in a kisas bangin kiging theilo pah uhhi. To nih’na kisas theilo ahih manin, amau’ lungsim sunga ombang in na khempeuh hong piang ding hi.

Laodicea tetungah thupiak sungah Zeisu in kitelcian takin a cihna ah: *Amasa*, mawh na kisik ding. *Anihna*, Zeisu tung i lungsim hongin Amah’n uksak ding. *Athumna*, Haksat na sungah a kisittel sitset khit in a gualzo upna leh itna “kham citak” ngah theita ding uhhi.

**Nangma nundan sungah Zeisu in a bang pen hong kisiksak nuam hiam ? Ama’ lamhilhna a koipen in nangma a dingin thupi pen thei ding hiam?**

## Laodicea ading Thupuak Khat

**Simin**, Colosse 4:16–18; le Col. 2:1–3. Laodicea ading Zeisu thupiak lungngai kik inla (*zanni sinna enkik*), Paul' hun a Laodicea pawlpi in Colosse pawlpi tawh koibang kizopna nei hiam?

Khang tawntung in Pasion' mite tungah tuabang buaina temah piang zelzel hi. Israel mite in zong leimite bangin biakna pia nuam hi ci in, a zekai luat maa in kisik kik dingin kamsangte in nakpitak in tai niloh uhhi. Isaiah in tamlawh phial in “A citak ngeisa tua khua in bangei in zualzang thei hiam?” (*Isa. 1:21*) ci in, a mite in mawh maina leh siangthona a ngahna dingin Pasion kiang hong kilehkkik dingin hanthawn hi (*Isa. 1:16–20*). Tuiphumpa John (*Matt. 3:2, 8–10*) le Zeisu (*Matt. 4:17; Matt. 12:33–37*) in Israel mite kisik in, ni nunung thukhen ni in gah hoih a gah dingin sam hi (*Sawl. 2:38; 3:19; 17:30; 2Cor. 7:9, 10*).

**Anuai-a** munteng enkak in: *Isa. 60:1–3; Mang. 18:1–4; Isa. 62:1–5; Mang. 19:7, 8. Tua laibu tegel sungah bang thu kibangte om uh hiam?*

Pasion in vantung leh leitung gawmkhawm ding hi. Hitaleh, kidona lianpi hangmah in, tuathu a cialcial in kistem ding hi:

1. Calvary ah, Satan in ama' tungah vanmite' itna khempeuh man suah khin hi (*John 12:31*).

2. Van-biakbuk sunga Khazih' thukhenna tungtawn in Pasion' mite in “Pasion' deihna bangin na a septheihna dingin a kism thu hoihte khempeuh note tungah hong guan ahih manin” (*Heb. 13:21*) vantung tawh hong kilawmsak hi.

3. Kum-tul sung thukhenna leh kum-tul khit thukhenna nunung khit ciangin, a kidawng nailo dotna khempeuh dawnsa suak dinguh a, mawhna le mawh a kisiklo khempeuh zong tawntung meikuang sung ah kisia siangin, leitung zong kisiansuah tading hi (*Mang. 21:8*).

4. Mawhna a beisiang khit ciang bekin vantung le leitung a nunung pen in kigawm khawm tading hi (*Mang. 21:3*).

**Midangte khawng en selo in Pasion hong piak thumaan sungah kiptak in koici omtheih ding ihi hiam? Nangma' deih teelna in, nangma' lungtang a nei taktakpa' pulaakna kua ci hiam?**

**Ngaihutbeh Ding:** “Khazih tungah lungsim a pum-aap kha a dingin Khazih in kulhpi hongsuak a, hih leitung in tua kulhpi langdo ahiah manin, Khazih in zong tua kulhpi sungah gal pansan hong la in, Ama’ ukzawhna aana lo a dang aana peuhmah omsaklo ding hi. Vantung mite’n a kepcin kha khat peuhmah pen Satan in bangmah lawh theilo ngiat hi. Ahiah hang Khazih in hong uktheih dingin i kipiak keileh gilopa mah in hong ukcip veve ding hi. Leitung ah a sangpen aana neih ding a kituh vangliatna nih lakpan khat teitei’ khutnuai ah i omuh kul ding hi. Khuavak gam tawh kipawl ding mangngilh lelpeuh leng, vantung tawh kizom kei peuhheng, Satan in i lungsim sung hong lutpah in, amah hong ki phual pah ding hi. Gitlohna pan ki galdal theihna khat bek om a, tua pen Khazih in eima upna tungtawn in lungsim sungah hong teenna ahi hi. Pasion tawh kiptak in i kizopkei nak leh, angkhualna, eima’ lunggulhna bang zuihna tawh mawhzolna nasia mahmah te cikmah in daalzolo ding hihang. Satan tawh tonkhawp lohna dingin nundan tampi nutsiat kul ding a; Pasion tawh kizom lopi, hun simin Amah tungah ki-aap lopi in, hong kizogawp lel ding hi. Khazih tawh a mimal in kitheihnelna leh mimal kizopna a om keileh, a tawpna ah galpa hehpihna nuai mah a kitung hita hi” —Ellen G. White, *The Desire of Ages*, p. 324.

### Kikupding Dotnate:

- ① Hitengah Ellen G White kammal enin. Kidona lianpi sungah langnih bek om a; Khazih teel keileng, Satan’ lam hipah hihang (*Luka 11:23*). Tua ngaihdan lungsim buai mah lecin, na buailuat lohna dingin Pasion in nang tungah vaipuah hong nei hi tuanlo hi. Nangma lunggulhna peuhmah Khazih tungah pum-aap ding bangzah in thupi hong ci hiam?
- ② Mangmuhna 14:14–16 simin. Pentecost guah masa in lungdamnathu khaici mawnsak in posak in khangto sak a; guah nunung in leitung anak nunung a dingin kiging sakkhin hi. Mang. 14:12 in hih lam-etna tawh koibang in kizom hiam?
- ③ Thu ummite pawlpi tawh ihi a, mimal ihi zongin, eima kimkot leitung ngeina te in koibang in hong huzaap thei hiam? Pasion’ mite buaina hong pia den leitung’ huzaap hoihlo te khempeuh pan, eileh ei koibang in kidaalzo thei ding ihi hiam?

# A Kigu Lai Siangtho in Pawlpi Phut

*Agelh:* DAVID FLETCHER

2021 kum-in Papua New Guinea-a khuano nga ah minam vai hong buai hi. Kemefa khua ah innte zan mang, neihsate kilaaksak hi. Atawm pen mi 16 bang si hi.

Kibuai laitak-in mi khat Kemefa SDA biakinn ah luut-in Lai Siangtho guksak hi. Tua pa pen Abuni Ane hi-in Laibu akhua Orego ah ciahpih hi. Buaina aven' khit teh Abuni zong Lai Siangtho sim kipan hi. Asim ciangin alungsim lawngkha hi.

Kha tampi khen' khit ciangin SDA pastor khat Abuni omna khua ah hong pai hi. Abuni zong aguuk Lai Siangtho bu hong la-in pastor pa Dicks Neheza kiang ah thupiangte gen hi. Akisik lam, Pasian kiang ah kiap ap lam gen hi.

Pastor pa leh Abuni zong Orego ah house church phuan-in asawtlo-in Abuni zong tui kiphum sawm hi. Tui kiphumna ah Abuni in Lai Siangtho aguukna thu Kemefa pawlpi pan hong uapte tung ah gen hi. Mawh maisakna ngen-in pawlpi upa tung ah Lai Siangtho piakik hi.

Upa pa zong pawlpi ai-awh-in Abuni amaisak lam gen-in Lai Siangtho zong tang suak sak hi. Upa pa in Hymnal labu piak beh lai hi. Upa pa in Lai Siangtho kan beh, Pasian phatna la sa, Orego ah pawlpi aphut ding-in tha pia hi.

Abuni zong kipan pah hi. Azing ciang-in amah zong alawm nih tawh sing peek ding zong uh hi. Pastor Neheza in let-ta-ma vante hong keng hi. Tua ni-in Orego ah mi thum tawh church company phuan uh hi.

Tua pan-in pawlpi mi 18 hong pha uh-a, tua tak ah 2024 kum-a kibawl "PNG for Christ" cialpi pan tui hong phum giat kihel hi.

Pastor Neheza in minam buaina leh akigu Lai Siangtho te pan pawlpi hong din theih lamdang sa hi. Akilam masa biakinn pen tu'n neu ta hi, akipzaw agolzaw khat kigeel hi, ci hi.



*Kaal sim-a na khiat uh sumpite Papua New Guinea leh leitung kiimkot-a om pawlpi phutnate ah kizang ding hi. Tu quarter' nipi 13na Sabbath sumpi Papua New Guinea omna South Pacific Division ah pai ding hi. Tu-a Sabbath ah cingh tak-in sumpi na khiat man-un lungdam mahmah hi.*

## Khen I: A Huamin Etna

**Thubulphuh:** *1 Thessalonica 5:18*

**Lungngaih Ding:** *Colosse 4:7-18*

Colosse pawlpite tungah Paul thu gen tawpnate ah pawlpi ait, aveinate kidim hi. Tychinus le Onesimus te pen **ka it sanggampa** (*Col 4:7, 9*) ci hi. Luke pen **ka it mahmah siavuanpa** ci hi (*Col 4:14*). Paul' lungsim pen itna tawh kidim hi. Aseppihte a it pen pawlpi a itna lim hi. A pawlpi mite ait, aveina pen amau tuah thute thei nuam, hehnam nuam cih lak hi (*Col 4:8*).

Colosse pawlpi tung ah Paul' vei pen “picing tak a na dinkip” ding thu hi (*Col 4:12*). Hih thu hangin amah'n amah tawh kipawl ding mi kaikhawm hi. Colosse 4:7-14 pen Kha gal asim ding Christian galkapte hangtak-in gal kuanna thu hi. Paul in Pasion nasep pen sepkhopna hi ci hi. Colosse pawlpi aading na sepna ah Tychichus leh Onesimus te pen Paul khahkhiat te hi uh-a thu leh la kizaaksak nading-a mailam pan mapangte hi (*Col 4:7-9*). Paul seppih dangte zong Colosse pawlpi aadingin kipia mahmah uh hi (*Col 4:10-14*).

Tu kaal lesson in thugil thum en hi:

1. Pasion' na sep pen sepkhopna hi.
2. Pasion' na sep pen sepkhopna ahih manin pawlpi makaite leh missionary te pen hih thu alungsim uh ah neih kawm-in asep loh phamawh hi, tua hi leh pawlpi mite “picing tak-a” ding kip ding uh hi (*Col 4:12*).
3. Zeisu it takpina in leitung zia-in om na, neih leh lam tawh buaina te niilkhia hi.

## Khen II: Hilhcianna

### **Nasepna ah Sepkhopna Kihel**

Zeisu in na sepkhop thupi hi ci hi. Luke 5 en pak le hang. Gennesaret tuili gei-a Zeisu tangthu en le hang “amah in ngabengte ngen sawp ding-a apai kal un tuili gei a om gunkuang nih amu hi” (*Luk 5:1, 2*). Tua te pen nga man kha lo ahih man-un ngaben' nusiata uh hi. Zeisu in angen uh khuh sak kik hi (*Luk 5:4*). “Tua bangin ngen a khuh uh leh ngasa tampi khuh kha uh a, a ngen uh a kikek hi” (*Luk 5:6*). Tua leh “Tua ciangin gunkuang dang khat a om a lawmte hong pai in a huh nading uh khutvan in sam uh a, a lawmte zong hong pai uh hi. Gunkuang nih a dim tuakin

## HILHCIANNA

ngasa guang uh ahilh manin gunkuangte a tum dektak hi” (*Luk 5:7*). Amau leh ei aading lesson thupi khat hilo ahiam! Zeisu’ zong “tu a kipan in mite na man ta ding hi” ci hi (*Luk 5:10*).

Colosse 4:7-14 in Paul in mite tawh na asepkhopna lak hi (*1Co 3:5-9 zong en in*). Pasion’ na sepna ah amah kia bek hilo hi. Hih Lai Siangtho mun ah Paul in mi kua pha uh ci hi. Tua te Paul in koici gen hiam cih en le hang thu mu thei ding hi hang.

Tychicus	1. Ka it sanggampa 2. A muanhuai nasempa 3. Topa na ka sepkhoppih	Col 4:7
Onesimus	1. A muanhuai (sanggampa) 2. Ka it sanggampa 3. Note mipih khat	Col 4:9
Aristarchus	1. Paul’ thongkiatpih	Col 4:10
Mark	1. Barnabas’ tupa	Col 4:10
Barnabas	Bangmah kigen lo: mi thupi khat	Col 4:10
Zeisu	1. Justus akici	Col 4:11
Epaphras	1. Note mipih 2. Khazih’ sila 3. Nakpi takin thu hong ngetsak den 4. Note aading hanciam takin nasem	Col 4:12, 13
Luke	1. Ka it mahmah siavuanpa	Col 4:14
Demas	Bangmah kigen lo	Col 4:14

Atung-a te pen Paul’ naseppihte hi. Pasion’ nasep pen tol sepna hilo hi. Mi tam semsem, lawhcing semsem zaw hi. Tua tak ah “Justus akici Zeisu” (*Col 4:11*) dan-a aki langh lo missionary zong om hi. Hih pa’ thu Thuciam Thak bup ah hih mun bek ah dawh hi. Paul in Demas’ thu bang mah agen loh zong lungsim la hi (*Col 4:4*). Timothy Nihna 4:10 ah Paul in agen bang mahin Demas pen upna nusia khin ahilh manin phat ding neilo hi ding hi. Paul’ missionary sepna ah Jew leh Gentilete kihel hi cih ciaptehuai hi. Kibat lohnate upna thu sungah tuisuah ta hi.

### Genbeh Theih Pawlkhat:

Akhatna ah, Tychichus le Onesimus te “ka it, acitak” na ci hi.

Anihna ah, Onesimus le Epaphraste “note mipih” ci hi, tua pen Colosse pawlpi mi cihna hi.

Athumna ah, Epaphras pen “Khazih’ sila, nakpi takin thu ngen pa,

pawlpi vei mahmah” kici beh hi. Ephaphras pen Colosse ah a omloh hangin amaute aading “hanciam in nakpi takin” thu ngetsak hi (*Col 4:12*). Hih thu pan lesson kila thei hi: pumpi tawh i huh theih loh hangin, thu kingetsak thei lai, cih thu hi.

Alina ah, Sawltak bu sung-a midawkte pen Paul khualzinpihte hi (*Aristarchus – Saw 19:29; Saw 20:4, 5; Saw 27:2; Tychichus – Saw 20:4; Barnabas – Saw 12:25; Saw 13:1-15; Saw 14:19-28*).

Angana ah, Onesimus ahelna thu hi, hong kikheel thak khat hi (*Phm 10*), tua pen Paul in amah tawh nasem khawm dingte (*Col 4:11*) pantah nuam hi cih lak hi.

Agukna ah, amasa lam-in Paul in atawkik (*Saw 15:38*) Mark kisin kik sak nuam lo hi, anunglam teh bel ngaihsutsak kik-in (*Col 4:10; 2Ti 4:11*), hun hong paipai ciangin naseppih pa na ci hi (*Phm 24*).

Sagihna ah, Pawlpi mite leh pawlpi makaite kikaal kizopna akhauh nadingin Paul in itna alak kamhoih agen dingin naseppihte pawlpi omnate ah khah khia hi.

### **Picing Takin Dingkip**

Christian makaite pen anasepna uh ah mungtup kician khat maingat loh phamawh hi: Pasion’ deihna tawh kituak upna khan’ nading in pawlpi mite panpih ding cih thu hi. Amau pen “picing tak a dinkip theih nading un” (*Col 4:12*) nasem, thu nget loh phamawh uh hi. Amasa ah Paul in mawh baanglo, picing ngiat ding aci hi ding hi ci-in kisa kha thei ding hi, tua dan hilo hi. “Picing” cih pen Greek kammal *teleios* akilet hi-in “picingto (mature)” cihna hi (*1Co 2:6; 1Co 14:20; Phi 3:15*). “Kicing (complete)” cih pen Greek ah *plēroō* hi-in mihing tung ah kizat teh Pasion in mikhat tungah Kha thuphate pia, dim cihna hi (*Saw 2:28; Rom 15:13*). Eph 4:13 ah Paul in “upna le Pasion Tapa theihtelna ah pumkhat” na in “a picing mi (mature [teleios])” suaksak hi ci hi.

Paul in Colosse pawlpite Khazih asut ding uh deihsak hi. Lai agelh tung lam-ah hih thu na gen hi (*Col 2:6, 7*). Khazih sutna ah “ama (Pasion) deihna theitel in Khalam pilna le Khalam thutheihna” kihel hi (*Col 1:9*). Hih pen “Topa tawh akilawm gamtatna,” “nasep hoih khempeuh ah gahsuah in Pasion theihna ah khan semsem” cihte zong acihna hi (*Col 1:10*). Khalam kicinna genbehnate Col 2:2 ah om-in Paul in “theihna akicing in” neih nadingin “itna sungah khat le khat na kikhik khawm” un ci hi. Thu zial pak le hang, Paul in thu taangkona ii mungtup pen “Khazih sung ah mi khempeuh a picing a suah theih nading” ci hi (*Col 1:28, 29*).

## Neih le Lamh Thu Vauna

Lai Siangtho in Christiante leitung mite gamtat bangin gamtat loh ding thu hilh hi (*Rom 12:2*). Hi taleh Demas leitung nate ah awk hi (*2Ti 4:10*). Rom 12:2 leh 2Ti 4:10 ah adawk “leitung” pen Greek kam ah *aiōn* hi. Tua pen “Leitung mite tawh kisai tatziate hi” ci hi. — Johannes P. Louw and Eugene Albert Nida, *Greek-English Lexicon of the New Testament: Based on Semantic Domains*, vol. 1 (New York: United Bible Societies, 1996), p. 507.

*Aiōn* ban ah hih leitung siatna genna-in *kosmos* zong kizang pahpah hi. Et pak ding ah John in hih leitung pen thu thum tawh pai hi ci-in 1Jn 2:16 ah gen hi “Banghang hiam cihleh leitunga om nate khempeuh in, ci le sa lunggulhna, mittang iplahna le nuntak kiphatsak pihmate hi a, tuate in Pa kiang pana hong pai hi loin leitung pan hong pai ahi hi.” Lai Siangtho siamte in tua thu thumte in neih leh lam lunggulh sak hi ci hi. Paul in “tu khang hun a” thu (*Tit 2:12*) Zeisu in “a gilo tuhun khang panin eite hong hotkhiat nadingin i mawhnate hang in amah mah” (*Gal 1:4*) hong kipia hi cih dong-in Paul in agen pen lamdang lo hi. 1Ti 6:17 ah Paul in “Tu hun laitak a mi haute tungah hih thute hilh in. Amaute kiphasak kei uh hen. A kip lo hauhna muang loin nuamtak a i zat ding, na khempeuh kicingtakin a hong pia, a nungta Pasion muang zaw uh hen” ci hi. Tit 2:12 ah Paul in Christiante “Pasion deihna tawh kituak lo gamtatna le leitung lunggulhnate nialin a kilawm a kituak, a dik a man le Pasion mi banga tu khang huna i nuntak nadingin hong hilh hi” ding hong gen hi.

Demas in tu khang leitung ait thu Paul in agen teh “Demas in ... kei hong nusia” ci hi (*2Ti 4:10*), tua in missionary nasep anusiatna lak hi. Mi khat leitung uuk hi cih kitheih theihna pen Pasion’ na sep ding lawplohna tawh kithei thei hi. Hong tung ding leitung alamente pen “akilawm akituak adik amaan-a” omte hi ci hi (*Tit 2:12*). Hih lametna ah Pasion’ na sepna ah kihel ding thu kihel hi.

## **Khen III: Nuntakna-ah Zatpah Ding**

Anuai-a thute lungngai-in. Tua khit teh Sabbath sang hong paite tungah dong in.

“Paul laikhaknate lungsim lawng mahmah hi. Ahang pen angahsate tawh kithuah nopnate akidawk man hi. Paul pen atolten’ khat hilo hi; Amah pen gamlapi-a om atate angai khat tawh kibang hi. ... Alaite sung ah thu ahuam-in ngaih sun ahil lam dawk hi. Ama nasepna pen ama ading

in thupi-a ahi zongin lungdamna thu kizelh nadingin vaipuak hawm sak hi.” — Ben Witherington III, *The Paul Quest: The Renewed Search for the Jew of Tarsus* (Downers Grove, IL: InterVarsity Press, 1998), p. 14.

Atung-a quotation in Paul in lungdamna thu taangkona ah abup-in ki-ap hi cih hong lak hi. Leitung bei kuan-a om eite zong kum zalom khatna lai-a Paul leh anaseppihte sangin tha sial zaw loin sephuai hilo ahiam? Amau pen Pasion kumpigam tangzai nadingin kipumpiak-in sem khawm uh hi. Tua bang mah-in ei zong kipumkhat-in na asem ding-in hong kicial hi. Pasion’ hotkhiat nasep ah mimal kim-in sep ding om hi. Ei pen hong pai ding Leitung aading-in midangte khalam ah apicing sak dingin hong kicial hi. Hong pai ding Leitung i lunggulh tektek teh hih Leitung ah Khazih aading na kistem zaw ding hi. Zeisu i itna in Leitung ah i om hang-in Leitung iplah khak ding pan hong kem ding-a, ei pen Leitung ki iplah ngei lo ding hi (Joh 15:19).

**Dotnate:**

- 1. Mi tawh kitheihna pen Pasion nasep nading ah thupi ahiam? Na meeltheihte lak ah kuate om hiam? Tua te in Pasion ading na nasepna ah nang koici huh uh hiam?**

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- 2. Midangte Kha thu ah khangto-in vantung gam aluut thei dingun Pasion in nang hong koici sap hiam?**

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- 3. Zeisu na itna in Leitung nate a-iplah lo ding-in koici kep hiam? Leitung ah teeng napi Leitung’ mi hih loh ding pen bang acihna hiam?**

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## Thungetna Phawk Ni



- ✦ Kawlgam sung buainate a veng' baih nading ✦
- ✦ Kha thak tampi pawlpi sungah hong kibehlap nang ✦
- ✦ Ih pawlpi ciat ah Kha khanlawhna i ngah theih na ding ✦
- ✦ Pasian na' semding-a a kipia khia i Siate, Upa khempeuh ading ✦
- ✦ Gam sung, gam pua a-om nasem, sum zong i pawlpi mi khempeuh ading ✦

### Zing Biakpiak Hun a Simding

#### January

- 1 Mang. 1:1
- 2 Mang. 1:1
- 3 Mang. 1:1
- 4 Mang. 1:1, 2
- 5 Mang. 1:3
- 6 Mang. 1:4, 5
- 7 Mang. 1:5, 6
- 8 Mang. 1:7
- 9 Mang. 1:8
- 10 Mang. 1:9
- 11 Mang. 1:10
- 12 Mang. 1:11
- 13 Mang. 1:12
- 14 Mang. 1:13
- 15 Mang. 1:14
- 16 Mang. 1:15
- 17 Mang. 1:16
- 18 Mang. 1:17
- 19 Mang. 1:18
- 20 Mang. 1:19
- 21 Mang. 1:20
- 22 Mang. 2:1, 2
- 23 Mang. 2:3
- 24 Mang. 2:4
- 25 Mang. 2:5
- 26 Mang. 2:6
- 27 Mang. 2:7
- 28 Mang. 2:8
- 29 Mang. 2:9
- 30 Mang. 2:10
- 31 Mang. 2:11

#### February

- 1 Mang. 2:12
- 2 Mang. 2:13
- 3 Mang. 2:14
- 4 Mang. 2:15, 16
- 5 Mang. 2:17
- 6 Mang. 2:18, 19
- 7 Mang. 2:20
- 8 Mang. 2:21
- 9 Mang. 2:22, 23
- 10 Mang. 2:24
- 11 Mang. 2:25
- 12 Mang. 2:26
- 13 Mang. 2:27
- 14 Mang. 2:28, 29
- 15 Mang. 3:1
- 16 Mang. 3:2, 3
- 17 Mang. 3:4
- 18 Mang. 3:5, 6
- 19 Mang. 3:7
- 20 Mang. 3:8
- 21 Mang. 3:9
- 22 Mang. 3:10
- 23 Mang. 3:11
- 24 Mang. 3:12, 13
- 25 Mang. 3:14
- 26 Mang. 3:15
- 27 Mang. 3:16
- 28 Mang. 3:17

#### March

- 1 Mang. 3:18
- 2 Mang. 3:18
- 3 Mang. 3:19
- 4 Mang. 3:20
- 5 Mang. 3:21, 22
- 6 Mang. 4:1
- 7 Mang. 4:2, 3
- 8 Mang. 4:4
- 9 Mang. 4:5
- 10 Mang. 4:6
- 11 Mang. 4:7
- 12 Mang. 4:8
- 13 Mang. 4:9, 10
- 14 Mang. 4:11
- 15 Mang. 5:1
- 16 Mang. 5:2, 3
- 17 Mang. 5:4, 5
- 18 Mang. 5:6
- 19 Mang. 5:7, 8
- 20 Mang. 5:9, 10
- 21 Mang. 5:11
- 22 Mang. 5:12
- 23 Mang. 5:13, 14
- 24 Mang. 6:1
- 25 Mang. 6:2
- 26 Mang. 6:3, 4
- 27 Mang. 6:5, 6
- 28 Mang. 6:7, 8
- 29 Mang. 6:9
- 30 Mang. 6:10
- 31 Mang. 6:11